## Supplementary information Orbital-overlap-driven hybridization in 3d-transition metal perovskite oxides LaMO<sub>3</sub> (M = Ti-Ni) and La<sub>2</sub>CuO<sub>4</sub>

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Fig. S1. Strain and temperature effects on the La  ${}^{3}D_{1}$  state observed with resonant inelastic X-ray scattering (RIXS). (a) RIXS spectra of LaCoO<sub>3</sub> single crystal and thin films on different substrates. STO = SrTiO<sub>3</sub> substrate (tensile strain), LAO = LaAlO<sub>3</sub> substrate (compressive strain). (b) RIXS spectra of LaMnO<sub>3</sub> at two temperatures. rt = room temperature.

Table S1. **Fitted result of all compounds.** The model fit is composed of two Voigt profiles representing RIXS  ${}^{3}D_{1}$  and  ${}^{3}D_{2}$  atomic terms. The gamma ( $\gamma$ , Lorentzian parameter) is fixed to the values from LaAlO<sub>3</sub> ( $\gamma_{D1} = 0.103 \text{ eV}$ ,  $\gamma_{D2} = 0.169 \text{ eV}$ ). The Gaussian parameters  $\sigma_{D1}$  and  $\sigma_{D2}$ , representing combined chemical broadening factors, are coupled. The energy separation of the two peaks is fixed to 0.212 eV. The two-Voigt peaks' intensity ratio is fixed to 1. The rest parameters are set free. The standard errors are evaluated based on best model fit with least-squares method.

$^{3}D_{1}$ center (eV)	$\sigma_{D1} (eV)$	$^{3}\text{D}_{2}$ center (eV)	$\sigma_{D2}(eV)$
18.798±0.003	$0.268 \pm 0.004$	19.010±0.003	$0.268 \pm 0.004$
$18.818 \pm 0.002$	$0.195 \pm 0.004$	19.030±0.002	$0.195 \pm 0.004$
$18.820 \pm 0.003$	$0.175 \pm 0.004$	19.032±0.003	$0.175 \pm 0.004$
$18.835 \pm 0.003$	$0.208 \pm 0.004$	19.047±0.003	$0.208 \pm 0.004$
$18.855 \pm 0.002$	$0.215 \pm 0.004$	19.067±0.002	$0.215 \pm 0.004$
$18.876 \pm 0.002$	$0.199 \pm 0.003$	19.088±0.002	$0.199 \pm 0.003$
18.813±0.003	$0.239 \pm 0.004$	19.025±0.003	$0.239 \pm 0.004$
18.716±0.002	$0.239 \pm 0.003$	$18.928 \pm 0.002$	$0.239 \pm 0.003$
$18.956 \pm 0.001$	$0.027 \pm 0.003$	19.168±0.001	$0.027 \pm 0.003$
	$\begin{array}{r} {}^{3}\text{D}_{1} \ \text{center} \ (eV) \\ 18.798 {\pm} 0.003 \\ 18.818 {\pm} 0.002 \\ 18.820 {\pm} 0.003 \\ 18.835 {\pm} 0.003 \\ 18.855 {\pm} 0.002 \\ 18.876 {\pm} 0.002 \\ 18.813 {\pm} 0.003 \\ 18.716 {\pm} 0.002 \\ 18.956 {\pm} 0.001 \end{array}$	$\begin{array}{c c} {}^{3}D_{1}\ center\ (eV) & \sigma_{D1}\ (eV) \\ \hline 18.798\pm 0.003 & 0.268\pm 0.004 \\ 18.818\pm 0.002 & 0.195\pm 0.004 \\ 18.820\pm 0.003 & 0.175\pm 0.004 \\ 18.835\pm 0.003 & 0.208\pm 0.004 \\ 18.855\pm 0.002 & 0.215\pm 0.004 \\ 18.876\pm 0.002 & 0.199\pm 0.003 \\ 18.813\pm 0.003 & 0.239\pm 0.004 \\ 18.716\pm 0.002 & 0.239\pm 0.003 \\ 18.956\pm 0.001 & 0.027\pm 0.003 \end{array}$	$\begin{array}{c ccccccccccccccccccccccccccccccccccc$