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Rare Single Nucleotide and Copy Number Variants and the Etiology of Congenital Obstructive Uropathy: Implications for Genetic Diagnosis

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#### **Abstract:**

Background: Congenital obstructive uropathy (COU) is a common cause of developmental defects of the urinary tract, with heterogeneous clinical presentation and outcome. Genetic analysis has the potential to elucidate the underlying diagnosis and help risk stratification.

Methods: We performed a comprehensive genomic screen of 733 independent COU cases, which consisted of individuals with ureteropelvic junction obstruction (UPJO; n=321), ureterovesical junction obstruction/congenital megaureter (UVJO; n=178), and congenital hydronephrosis not otherwise specified (COU-NOS; n=234). We identified pathogenic single nucleotide variants (SNVs) in 53 (7.2%) cases and genomic disorders in 23 (3.1%) cases. No significant differences in the overall diagnostic yield among COU sub-phenotypes nor pathogenic SNVs in several genes were associated with any of the three categories.

Discussion: Although COU may appear phenotypically heterogeneous, COU phenotypes are likely to share common molecular bases. However, mutations in *TNXB* were more often identified in COU-NOS cases, demonstrating the diagnostic challenge in discriminating COU from hydronephrosis secondary to vesicoureteral reflux, particularly when diagnostic imaging is incomplete. Pathogenic SNVs in only six genes were found in more than one individual, supporting high genetic heterogeneity. Finally, convergence between data on SNVs and genomic disorders suggest *MYH11* as a dosage-sensitive gene possibly correlating with severity of COU.

Conclusion: We established a genomic diagnosis in 10.0% of COU individuals. The findings underscore the urgent need to identify novel genetic susceptibility factors to COU to better define the natural history of the remaining 90% of cases without a molecular diagnosis.

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#### **Significance Statement:**

Congenital obstructive uropathy (COU) is a prevalent human developmental defect with highly heterogeneous clinical presentations and outcomes. Genetics may refine diagnosis, prognosis, and treatment, but the genomic architecture of COU is largely unknown. Comprehensive genomic screening study of 733 cases with three distinct COU sub-phenotypes revealed disease etiology in 10.0% of them. We detected no significant differences in the overall diagnostic yield among COU sub-phenotypes, with characteristic variable expressivity of several mutant genes. Our findings therefore may legitimize a "genetic first" diagnostic approach for COU, especially when burdening clinical and imaging characterization is not complete or available.

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# **Rare Single Nucleotide and Copy Number Variants and the Etiology of Congenital Obstructive Uropathy: Implications for Genetic Diagnosis**

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## **ABSTRACT**

Background: Congenital obstructive uropathy (COU) is a common cause of developmental defects of the urinary tract, with heterogeneous clinical presentation and outcome. Genetic analysis has the potential to elucidate the underlying diagnosis and help risk stratification.

Methods: We performed a comprehensive genomic screen of 733 independent COU cases, which consisted of individuals with ureteropelvic junction obstruction (UPJO; n=321), ureterovesical junction obstruction/congenital megaureter (UVJO; n=178), and congenital hydronephrosis not otherwise specified (COU-NOS; n=234). We identified pathogenic single nucleotide variants (SNVs) in 53 (7.2%) cases and genomic disorders in 23 (3.1%) cases. No significant differences in the overall diagnostic yield among COU sub-phenotypes nor pathogenic SNVs in several genes were associated with any of the three categories.

Discussion: Although COU may appear phenotypically heterogeneous, COU phenotypes are likely to share common molecular bases. However, mutations in *TNXB* were more often identified in COU-NOS cases, demonstrating the diagnostic challenge in discriminating COU from hydronephrosis secondary to vesicoureteral reflux, particularly when diagnostic imaging is incomplete. Pathogenic SNVs in only six genes

were found in more than one individual, supporting high genetic heterogeneity. Finally, convergence between data on SNVs and genomic disorders suggest *MYH11* as a dosage-sensitive gene possibly correlating with severity of COU.

Conclusion: We established a genomic diagnosis in 10.0% of COU individuals. The findings underscore the urgent need to identify novel genetic susceptibility factors to COU to better define the natural history of the remaining 90% of cases without a molecular diagnosis.



#### **INTRODUCTION**

Obstructive uropathy is caused by structural or functional defects of the urinary tract that constrain urinary flow from the kidneys to the bladder<sup>1,2</sup>. Congenital hydronephrosis is the main presenting indicator for urinary tract obstruction, which is diagnosed in 2 to 29 cases per 10,000 live births<sup>3</sup>. Because hydronephrosis if clinically silent in most cases and neonates and children do not undergo screening by imaging studies, this incidence is vastly underestimated. In humans, kidney and urinary tract development starts at the fifth gestational week, when protrusion of the ureteric bud into the metanephric mesenchyme enables the formation of a patent ureter and fetal urinary flow from the metanephros to the embryonic bladder<sup>4,5</sup>. At the same time, the bladder and urethra are formed from the urogenital sinus<sup>6,7</sup>. Unilateral or bilateral perturbations in these tightly regulated processes may therefore affect every level of the kidney and urinary tract, resulting in obstructive uropathy categorized into four main phenotypic groups based on their anatomical localization: (1) uretero-pelvic junction obstruction (UPJO), (2) ureterovesical junction obstruction (UVJO) leading to a (non-refluxing) megaureter, (3) dysfunction of the bladder e.g. caused by either neurogenic (e.g. spina bifida) or nonneurogenic causes, and, (4) lower urinary outflow tract obstruction caused by posterior urethral valves (PUV), urethral atresia or prolapsing ureterocele<sup>8,9</sup>. Based on a clinical perspective, UPJO and UVJO are often considered as congenital obstructive uropathy (COU) phenotypes, whereas bladder dysfunction and PUV are conditions stratified under lower urinary tract obstruction (LUTO). Depending on their severity and/or cooccurrence of other perturbations in development, all of the above mentioned diagnoses can lead to significant morbidity and mortality after birth<sup>10-12</sup>, and the potential requirement for early surgical interventions to prevent progression of kidney failure<sup>13</sup>. Genetics has the potential to aid in the ascertainment of diagnosis, prognosis and treatment of COU patients<sup>2,14</sup>. However, despite the fact that COU is a common human developmental defect, its molecular etiology remains largely elusive<sup>15</sup>. Notwithstanding a clear familial occurrence for COU phenotypes, genetic discoveries of monogenic causes or copy number variants (CNV, i.e. large deletions or duplications within the genome) lag behind when compared to other congenital anomalies of the kidney and

urinary tract (CAKUT) such as kidney hypodysplasia<sup>14,16,17</sup>. One major explanation is that relatively small and heterogeneous cohorts of individuals with COU have been subjected to genetic testing until now <sup>2,14,18</sup>. Nevertheless, our current genetic knowledge for COU shows strong overlap with other CAKUT phenotypes, as Mendelian forms caused by rare pathogenic single nucleotide variants (SNVs) or genomic disorders caused by pathogenic CNVs have both been identified in individuals with COU as well as congenital kidney hypodysplasia<sup>16,17,19,20</sup>. As such, this hallmark of variable expressivity within the complex etiology of CAKUT may hamper our ability to ascertain risk and prognosis, thus resulting in suboptimal clinical management and genetic counseling of patients.

In this study, we aimed to elucidate the genetic etiology of upper urinary tract obstruction by performing a large clinical genomic screen of individuals with UPJO, UVJO and congenital hydronephrosis not otherwise specified (COU-NOS), by using a combined approach of exome sequencing for single nucleotide variants (SNVs) and copy number variation (CNV) analysis. Given the common embryonic background of a disturbed outgrowth of the ureteric bud, we hypothesize that the genetic backgrounds of COU subcategories display strong molecular overlap.

## **METHODS**

## **Study participants**

The study involving human subjects was conducted in accordance with the Declaration of Helsinki. All participants and/or guardians provided written informed consent, and the study was approved by the Institutional Review Board (IRB) of Columbia University Irving Medical Center (CUIMC) and the local ethics committees of participating recruitment sites.

The COU study participants consisted of 733 unrelated and affected individuals recruited from 24 participating sites in 7 countries, Italy (n=296), Poland (n=204), Macedonia (n=118), United States (n=61), Croatia (n=47), The Netherlands (n=4), and Turkey (n=3). Diagnosis was based on the ICD10 –code provided by the recruiting physician. The inclusion criteria included individuals who have been clinically ascertained for UPJO, UVJO or COU-NOS. Individuals with a primary hierarchical

diagnosis of other CAKUT phenotypes including kidney anomaly (KA), duplicated collecting system, vesicoureteral reflux (VUR), horseshoe kidney/ectopic kidney (HK-EK) and LUTO/PUV, in isolation or in addition to COU were excluded, as well as individuals with neurogenic obstructive uropathy (e.g. spina bifida) or non-neurogenic neurogenic bladder. 21,498 population controls with available DNA microarray data describe in our prior publication were used for comparisons of CNV frequencies<sup>16,17,19-22</sup>. An in-house 11,818 multiethnic population controls dataset from the Institute for Genomic Medicine (IGM) was used for allelic frequency estimation of our prioritized  $\textsf{SNVs}^\textsf{23}$ 

## **Exome sequencing, variant and base calling**

Genomic DNA was isolated from whole blood according to standard protocols. Probandonly exome sequencing was performed at three sequencing facilities using either the Illumina Hiseq2500 sequencing platform (Yale Mendelian Genomics Center, YMGC; Columbia Institute for Genomic Medicine, IGM) or the Illumina HiseqX10 sequencing platform (New York Genome Center), on the following capture kits: IDT Exome Enrichment Panel, Agilent V4, and Roche NimbleGen SeqCap Exome EX v3.0. The DRAGEN v3 platform was utilized to map sequenced reads to the reference genome (hs37d5.fa, Ensembl -GRCh37.73), GATK 3.6 was subsequently used for base quality recalibration, indel realignment and variant calling. ClinEff was used for variant annotation with Ensembl (version GRCh38), EVS-v.0.0.30, ExAC  $0.3^{24}$ , gnomAD Exome and gnomAD Genome version 2.1<sup>25</sup>, dbNSFP 4.1a, HGMD 2021.4, Clinvar 2022-01-10<sup>26</sup>, ACMG v3, and REVEL 2016-06-03. Resulting variant calls, sample-level site coverages data and annotations were stored in the ATAV centralized database and queried<sup>23</sup>.

## **Variant-level quality control and prioritization**

We first used a manually curated list of 625 nephropathy-associated genes<sup>27</sup>, from which we further prioritized 382 genes that, when mutated, are known to cause Mendelian forms of isolated or syndromic CAKUT **(Supplementary Table S1)**.

Variants-level data from the 733 COU individuals within the 382 prioritized genes were queried using the variant annotation function implemented in the Analysis Tool for Annotated Variants (ATAV) $^{23}$ , the analysis variant engine that powers our exomegenome sequencing warehouse (**Supplementary Figure S1)**. Variant filtering was performed to require a quality score > 50, quality by depth score >= 2, genotyping quality score >=20, mapping quality score >=40, coverage >= 10, alternate read percentages was within the range of 0.3 and 0.7 for heterozygous genotypes. To further ensure the removal of sequencing artifacts, variants that occurred >=20 within the COU cohort and variants that appeared >=500 within the internal ATAV controls cohort were removed. For variant prioritization, we used the Diagnosticator

[\(https://diagnosticator.com\)](https://diagnosticator.com/) and Varsome [\(https://varsome.com/\)](https://varsome.com/) web-based platforms that implement the American College of Medical Genetics (ACMG) guidelines<sup>28</sup> as a first-pass screen to predict an ACMG verdict for each uploaded variant for further clinical variant interpretation and genotype-phenotype correlation for all 382 genes. We used the following criteria to define a positive genetic finding for our clinical research variant adjudication. First-tier positive findings were considered if the genotype was already reported as pathogenic or likely pathogenic in ClinVar $^{26}$  or classified as pathogenic or likely pathogenic by strict ACMG criteria via individual variant curation in Varsome. Since missense variants and variants never observed in public databases such as gnomAD rarely meet ACMG P/LP criteria and are often classified as US (unknown significance), in order to define our second-tier positive genetic finding we used the following criteria: absent of exceedingly rare in public databases as well as in our in-house 11,818 multiethnic population controls from the Institute for Genomic Medicine (IGM)<sup>23</sup>; a Revel score  $>=0.5^{29}$ ; plausibility of the genetic mutation to be associated to the observed COU phenotype. Additionally, variants with the PVS1 classifier (i.e. null variant in a gene where loss-of-function is a known mechanism of disease) were classified as positive findings even if other criteria were not fulfilled. We next confirmed prioritized variants through Sanger sequencing in the patient DNA and, when available, in family members for segregation analysis in order to add support to our pathogenicity adjudication.

### **Exome CNV calling and prioritization**

For robust analysis of CNV using exome sequencing data, we first divided our COU exome-sequencing (ES) cohort into four batches grouped by exome-capture kits. GATK DepthOfCoverage (v3.6) and exome Hidden Markov Model, XHMM (v1.0) were used for exome CNV discovery<sup>30</sup>. CNVs were called based on hg19 coordinates. For each batch, we computed coverage statistics from the base-recalibrated and indel realigned, "analysis-ready" bam files restricting coverage computations to the exome-captured intervals in each kit. Raw coverages were merged, outlier targets and samples were removed, and mean centered-data were normalized with PCA to construct a normalized read depth for CNV calling. A subset of 434 COU cases have also been analyzed using chromosomal microarray data. The identification of pathogenic genomic disorders in 162 out of these 434 individuals has been previously published(**Supplementary Figure**  S1)<sup>16</sup>. The DNA array CNV calls were detected using PennCNV as described<sup>16,17,19-21</sup>, and the results used for comparison, calibration, and validation of the exome CNV calls. After DNA array and exome-based CNV analysis we used the bedtools intersect function to compare the putative start and end breakpoints of the XHMM-derived CNV against the putative start and end breakpoints of the PennCNV-derived CNV as an orthogonal method to test for congruency. CNVs were annotated with overlapping RefGenes, Known CNVs with reported association with a genomic disorder and curated gene sets. Using the same criteria for CNV prioritization as previously described, CNVs were classified as "pathogenic" (GD-CNV) or "likely pathogenic"<sup>16,17,19-22</sup>. Burden of rare CNVs and pairwise comparisons were conducted using Fisher's exact or Chi Square, as appropriate.

### **RESULTS**

## **Study cohort**

The total cohort included 733 independent COU cases, of whom 321 (43.8%) individuals had UPJO, 178 (24.2%) had UVJO, and 234 (31.9%) individuals were diagnosed with COU-NOS (**Table 1**). The majority of cases were of European ancestry (599, 81.7%; **Supplementary Figure S2**). There was a strong male predominance in COU cases (male 502 (68.5%) vs female 231 (31.5%)). Additional kidney and urinary

tract defects were present in 123 (16.7%) cases, of which reflux nephropathy was most prevalent (6.4% of cases). Extrarenal phenotypes were identified in 127 (17.3%) COUcases, with abnormalities in musculoskeletal system (n=18, 2.5%), central nervous system (n=14, 1.9%) and cardiac defects (n=19, 2.6%) as predominant conditions. One in five patients had a family history of kidney disease, which was higher in cases with COU-NOS than in individuals with UPJO or UVJO (**Table 1**; OR 2.74, 95% confidence interval (CI) 1.91 – 3.92; Fisher's exact *P*-value = 3.1 x 10-8 *vs* combined group of UPJO/UVJO).

**Exome sequencing identifies rare pathogenic SNVs in 7.2% of COU cases** We queried ES data for 382 manually-curated genes in 733 COU cases using ATAV (**Supplementary Table S1, Supplementary Figure S1**) <sup>23</sup>. Of these 382 genes known to be associated to CAKUT when mutated, 127 were associated with dominant inheritance (119 autosomal and 8 X-linked), 240 with recessive inheritance (225 autosomal, 1 digenic, and 14 X-linked), and 15 genes associated with both dominant and recessive inheritance (10 autosomal, 5 X-linked). We retrieved 8,525 raw variants from the ATAV database and annotated them using Diagnosticator. After standard quality control, 1,677 variants were removed. Additional 1,181 variants were further removed because affecting non coding regions (ex 5' or 3' UTR) or classified as "Benign", "Likely Benign" or "Benign/Likely Benign" in ClinVar at the time of analysis. We next analyzed the remaining 5,667 variants based on the reported mode of inheritance for all CAKUT disorders associated with the genes. To further prioritize rare variants, we removed variants with more than 0.05% minor allele frequency and more than 1% allele frequency for dominant and recessive genes, respectively, in all populations from the public repositories  $ExAC^{24}$  and gnomAD v2.1.1 genomes<sup>25</sup>. Finally, we individually curated the remaining variants using Diagnosticator and VarSome as decision support tools and applied the first- and second- tier criteria to adjudicate positive findings as described above. Finally, we identified positive genetic findings in 53 (7.2%) COU cases. Of these, 40 (75.4%) individuals had an autosomal dominant genetic cause of COU, 6 (11.3%) individuals harbored pathogenic SNVs in genes with an autosomal dominant or recessive mode of inheritance, and 7 (13.2%) individuals had

an autosomal recessive form of COU, demonstrating a significantly skewed distribution towards genes with an autosomal dominant mode of inheritance in our study cohort. Comparison of COU subcategories did not reveal statistically significant differences in proportions of identified disease-associated SNVs between the three diagnosis groups (Chi square 2x3, *P* = 0.57; **Figure 1)**. An overview of all identified SNVs is summarized in **Table 2**.

When zooming in at the contribution of each single gene to the etiology of COU, we identified a striking genetic heterogeneity (33 distinct genes affected in 53 cases) with only a handful of genes harboring pathogenic variants in more than one individual (**Table 2**). The latter included *TNXB* (n=6), *HNF1B* (n=4), *TBX18* (n=3), *PAX2* (n=2), *ALDH18A1* (n=2) and *TP63* (n=2). Genes with an autosomal dominant mode of inheritance predominantly encoded for transcription factors or proteins with a pivotal role in transcription (13/30, 43%; e.g. *HNF1B, PAX2, TBX18, SALL1, EYA1, FOXC1, BMP4, BMP7* and others). Interestingly, variants in these genes were identified across all three COU sub-phenotypes, indicating the highly variable expressivity within the genetic etiology of urinary tract malformations, and suggesting that, at least for a fraction of genes involved in COU etiology, the underlying sub-phenotype has no predictive value for the underlying molecular cause. Other important subgroups of autosomal dominant genes known to be associated with COU encode signaling molecules that play a role in multiple developmental processes and cell fate decisions, such as *BRAF, NOTCH2* and *SHH31-33*. This is in contrast with the variants found in genes with an autosomal dominant/recessive or autosomal recessive mode of inheritance, where the molecular action of genes was much more heterogeneous, including genes that encode for extracellular matrix proteins (*TNXB, FREM1*) 34,35 , muscle proteins (MYH11)<sup>36</sup>, nuclear factors (SDCCAG8)<sup>37</sup>, and transmembrane proteins (DYNC2H1)<sup>38</sup>. In addition to the aforementioned genetic pleiotropy of genes underlying the different COU phenotypes, we observed mutations in *TNXB* mostly in cases with COU-NOS (4 out of 5 individuals). As variants in *TNXB* have been previously predominantly associated to  $VUR^{35,39}$ , this specific finding most likely reflects the challenging diagnostic interpretation of hydronephrosis and its distinction from VUR when a voiding cystourethrogram (VCUG) has not been performed or available.

Segregation analysis using in a subset of affected cases for whom parental DNA was available for analysis **(Table 2)** identified *de novo* pathogenic SNVs in two cases. In another two individuals with COU, we could establish familial segregation of the variant in affected individuals. Finally, 10 variants were either maternally or paternally inherited from parents with an unknown urinary tract phenotype. Due to the retrospective nature of the study and the different infrastructure at individual recruitment sites, parental DNA was not available for most cases, thus preventing complete assessment of the variants' inheritance patterns in our cohort.

Further annotation of variants identified additional 8 COU cases (UPJO n=3, UVJO n=2, COU-NOS n=3) that carried a heterozygous SNV in 8 distinct genes with an autosomal dominant mode of inheritance that were completely absent in public repositories and were also predicted to be deleterious according to different publicly accessible prediction tools but did not fulfill our first- or second- tier criteria (**Supplementary Table S2**). These 8 SNVs were classified as variants of uncertain significance pending additional genetic or segregation support.

# **Rare pathogenic CNVs make up the genetic architecture of an additional 3.1% of COU cases**

Under the hypothesis that a fraction of the 680 "unsolved" COU cases might be attributable to CNVs associated to genomic disorders, we conducted an exome-wide CNV analysis using GATK DepthOfCoverage and exome Hidden Markov Model (XHMM) using ES data from the entire cohort (**Supplementary Figure S1)**. Out of 733 cases, 468 (63.8%) had also an available Illumina DNA microarray that was used to call CNVs as previously described<sup>16,17,19-22</sup> and results used for cross-validation of the CNV calls from ES. Using this combinatorial approach, we identified 18 distinct genomic disorders in 23 (3.1%) unique COU cases (**Table 3**). When compared to 134 (0.6%) genomic disorders in 21,498 in controls, this represented a highly significant burden excess of GD in COU (OR 5.16, 95% CI 3.14-8.14; Fisher's exact  $P = 2.09 \times 10^{-9}$ ). Similar to what is observed for the SNVs above, the landscape of CNVs showed high genetic heterogeneity with 18 pathogenic CNVs at 15 chromosomal loci in 23 independent COU cases. In fact, we observed only four loci that were copy number

variable in more than one individual: the chr.1q21.1 TAR syndrome region (one deletion and one duplication; both UVJO); the chr.16p13.11 locus (four deletions, one duplication; four UVJO, one COU-NOS); the 17q12 RCAD syndrome region (three deletions; two COU-NOS, one UPJO); and the chr.22q11.2 microdeletion syndrome region (i.e. DiGeorge/Velocardiofacial Syndrome), for which one UVJO case carried a 22q11.2 microdeletion between low-copy-repeats (LCR) B-D, while one individual with UPJO carried a 22q11.2 microdeletion between LCR A-D (**Table 3**). Taken together, these 4 genomic disorders loci explained nearly half (11/23, 47.8%) of the GD carriers in our COU cases. Although cases with UVJO had a higher burden of GD (8/178, 4.5%) as compared to UPJO or COU-NOS cases (9/321, 2.8%; 6/234, 2.6%, respectively), this difference was not statistically significant **(**Chi Square 2x3, *P* = 0.48; **Figure 1)**. Larger sample size cohorts are required to verify if indeed the UVJO subcategory is more frequently caused by GD as compared to the other classes of COU. Interestingly, COU cases were enriched for deletions compared to duplications (16 deletions vs. 7 duplications), implicating reduced gene dosage via haploinsufficiency as the main molecular mechanism that underlies obstructive uropathies.

Additional annotation of CNVs identified 4 microdeletions and 1 microduplication in 5 COU individuals that all were <100 kb in size, intersected with known CAKUT genes in humans or mice, and were completely absent in 21,498 controls (**Supplementary Table S3**). Since these CNVs have not (yet) been linked to a known genomic disorder that includes CAKUT, we defined these additional CNVs as variants of unknown significance.

Importantly, pathogenic CNVs were identified in three individuals with a pathogenic or likely pathogenic SNV or genotype (and vice versa) (**Table 3**), supporting a correct causality attribution in the two independent analyses for the majority of patients. Of these cases carrying a potentially pathogenic SNV as well as a CNV, one subject with UVJO (P74) carried two ultrarare and potentially pathogenic SNVs in FGFR3 (with a autosomal dominant or recessive mode of inheritance) or *TBX6* (a driver of the CAKUT phenotypes in the chromosome 16p11.2 microdeletion syndrome<sup>16</sup>) as well as a 349 kb deletion at the incompletely penetrant chromosome 1q21.1 susceptibility locus for TARsyndrome. Another subject (P30) with UPJO carried a very rare ClinVar pathogenic

SNV in *TBX18*, a known gene associated to ureter maldevelopment<sup>40</sup>, as well as a 919 kb deletion at chromosome 1q21.1, a locus shown to display incomplete penetrance and variable expressivity<sup>41</sup>. Finally, in the last subject, affected by COU-NOS (P04), we identified another very rare SNV in *TBX1*8 and the typical 1.4 Mb RCAD deletion at chromosome 17q21. Interestingly, these 3 COU cases did not present with a more severe urinary or extra-urinary phenotype as compared to the rest of the cohort. Hence, in order to dissect the exact pathomechanisms leading to COU in these individuals, additional genetic and functional studies need to be performed.

# **The overall genomic architecture of COU indicates a diagnosis in about one in 10 individuals, identifies both commonalities and differences among COU subphenotypes, and supports convergence between SNVs and CNVs on COU genetic drivers**

In our cohort of individuals with COU, the diagnostic yield of candidate pathogenic SNVs and CNVs in cases was 73/733 (10.0%) cases **(Figure 1)**. As expected, the overall diagnostic yield of 127 individuals with COU and an extrarenal, syndromic, phenotype (30/127 (23.6%)) was much higher than in 606 individuals with isolated, nonsyndromic, COU (43/606 (7.1%)) (OR 4.05, 95% CI 2.42 – 6.77; Fisher's exact *P*=3.16 x  $10^{-7}$ ). In contrast, the presence of a positive family history was not different between cases with a genomic diagnosis (16/73, 21.9%) and cases without a genomic diagnosis (148/660, 22.4%; OR 1.03, 95% CI 0.57-1.85; Fisher's exact *P*=1.00). The genomic landscape across COU sub-phenotypes show remarkable overlap in molecular etiologies, but also differences between categories were observed. First, the distribution of the overall diagnostic yield among phenotypes was n=30 (9.4%), n=23 (12.9%) and n=20 (8.6%) for UPJO, UVJO and COU-NOS, respectively (**Supplementary Figure S3)**. Comparison between COU phenotypes did not show differences in the distribution of diagnostic yield (2 x 3 Chi-square *P*= 0.3). Another example of the overlap between COU-subcategories is the well-known pleiotropic phenotype that is related to haploinsufficiency of *HNF1B*. In fact, we identified pathogenic SNVs in *HNF1B* across all COU-phenotypes. In addition, we detected chr.17q12 microdeletions (*HNF1B* locus) in 2 cases with COU-NOS and 1 case with UPJO. These findings are in accordance

with the fact that the *HNF1B*-related diseases play a role throughout urinary tract development resulting in anomalies across the entire CAKUT spectrum. Convergence of SNV and CNV data also provides remarkable lead points into the potential pathomechanistic pathways of candidate genes for CAKUT. We identified 5 COU cases (4 deletions and one duplication) harboring microdeletions within the chr.16p13.11 locus, encompassing *MYH11,* as well as one case affected by severe bilateral obstructive megaureters, additional urinary tract anomalies and extrarenal developmental defects, with biallelic mutations in this gene. *MYH11* encodes a heavy chain of myosin expressed in the kidney and the musculature of the urinary tract and bladder. Interestingly, recessive mutations in *MYH11* cause megacystis-microcolonintestinal hypoperistalsis syndrome 2 (MMIHS2, OMIM 619351), in which affected individuals manifest, among other phenotypes, megabladder, dilated ureters and hydronephrosis<sup>36,42</sup>. Conversely, heterozygous mutations in *MYH11* have been associated to visceral myopathy-2 (VSCM2, OMIM 619350), a less severe form of smooth muscle myopathy with variable phenotypic expression, which also feature urinary tract obstruction<sup>43,44</sup>. Taken together, our findings support the implication that *MYH11* is a key dosage-sensitive gene in the urinary tract with its expression possibly correlating with the severity of COU.

#### **DISCUSSION**

COU is a subcategory of CAKUT that includes highly heterogeneous phenotypes with a variable clinical presentation and a virtually unpredictable outcome. The major reason for this is related to the fact that the molecular architecture of COU is characterized by high genetic heterogeneity, incomplete penetrance and variable expressivity, which both hamper personalized prognostication and treatment, as well as genetic discovery. Our current study incorporates individuals with developmental ureteral defects who have been subjected to a comprehensive genetic screen that includes whole exome sequencing for SNV as well as CNV analyses. In our hands, this genomic evaluation demonstrated a diagnostic yield of 10.0% of cases. Despite restricting our analysis to only upper urinary tract obstruction phenotypes and conducting subgroup investigation, we found significant overlap between COU's genetic background and other CAKUT

phenotypes such as kidney hypodysplasia and VUR<sup>16,17,19-22,45</sup>. Our findings alone are yet another confirmation that developmental defects of the kidney and urinary tract are part of a spectrum of congenital malformations that, at least in part, arise from similar molecular alteration. This in turn intimates that even with detailed clinical and imaging workup, our ability to predict the underlying genetic defect is marginal. In fact, the strong variable expressivity of these genetic defects underlies the clinical observation that multiple CAKUT phenotypes occur within individual families, and even within the same individual, notwithstanding the fact that all members carry the same genetic mutation<sup>46-</sup> <sup>48</sup>. The finding that the molecular aetiology of COU subcategories shows strong similarities is important because the exact clinical definition of COU phenotypes, and CAKUT at large, is often challenging. Therefore, if our capability to ascertain diagnosis, prognosis, and treatment at the individual level is currently limited, this observed genetic heterogeneity and variable expressivity of COU legitimize a "genetic first" diagnostic approach to these developmental defects, even when extensive (and potentially burdening) clinical and imaging characterization is not completely available or uniform. The same therefore might be true for genetic discovery studies: while there is an obvious value to obtain detailed clinical phenotyping for studies targeted at specific CAKUT subcategories, the aggregation of large cohort of kidney and urinary tract defects at large is likely to lead to the identification of novel susceptibility genes and variants that predispose to CAKUT in its more broad manifestations. Our study also demonstrates that the genetic architecture of COU is likely less welldefined and more complex as compared to other CAKUT subgroups. In fact, congenital kidney anomalies usually show a higher yield of pathogenic SNVs and CNVs<sup>49-53</sup>, indicating a "more Mendelian" nature of kidney parenchymal defects as compared to ureteric conditions. One explanation for this observation can be traced back to selective pressure: while kidney malformations significantly affect early life morbidity and mortality and hence are likely to be enriched in highly deleterious mutations that are classified as pathogenic in a clinical genetic diagnostic framework, COU, showing more variable and, on average, more benign course, is likely to be characterized by a more complex genetic determination. Another explanation for this difference with other CAKUT subgroups is the fact that not all COU phenotypes originated from aberrant urinary tract

development by definition, as for example UPJO may also be caused by ectopic vasculature compression or dynamic dysfunction of the ureteral smooth muscle cells<sup>54</sup>. In our cohort, we could not make a clear distinction between these non-developmental causes of COU purely based on clinical and imaging grounds. Although the genomic diagnostic yield is strongly dependent on cohort characteristics and enrolment criteria, our findings are in line with the clinical observation that COU-related phenotypes show different incidence and severity as compared to kidney hypodysplasia<sup>55</sup>. In this study we provide evidence that, by simultaneously assessing SNVs and CNVs with large effect size, we can deliver a genetic diagnosis in up to one in 10 COU cases. The diagnostic yield should be interpreted in the context of a predictive algorithm to implicate pathogenicity, which, in order to favour accuracy, maybe penalizing for the interpretation of missense variants of variants that escape the clear-cut definition of Mendelian mutations and may incorporate inconsistencies<sup>56</sup>. Our findings particularly indicate that genetic testing has high-yield when extrarenal manifestations are present in individuals with COU, which is in line with recent clinical practice recommendations for genetic testing in CAKUT <sup>57</sup>. At the same time, our study points out that a molecular etiology cannot be identified in about 90% of patients. This large unsolved fraction of COU might be attributable to yet undiscovered Mendelian genes or structural variants, common variants with small effect size and a complex polygenic background, low-frequency variants with moderate effect size that are more difficult to assess, and/or a combination of all of the above. Epigenetic, environmental and stochastic factors are also likely to play a significant role. As large sequencing and genotyping efforts are being undertaken, all these different modes of genetic determination will be tested.

### **AUTHOR CONTRIBUTIONS**

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#### **DATA SHARING STATEMENT**

All authors approve adherence to the FAIR data principles. There are some restrictions for this data as follows: Data sharing is possible on the basis of anonymity Exome

sequencing data is available in dbgap submitted as part of the Yale Center for Mendelian Genomics (YCMG)

# **SUPPLEMENTARY MATERIAL**

Supplementary Figure S1. Analytical workflow for SNV and CNV analyses of the study cohort

Supplementary Figure S2. Genetically-determined ancestry proportions of the study cohort

Supplementary Figure S3. Overall diagnostic yield in each COU subcategory

Supplementary Table S1. List of 382 prioritized genes for developmental defects of the

kidney and urinary tract (Excel File)

Supplementary Table S2. Ultrarare SNVs of uncertain significance identified in genes with an autosomal dominant inheritance (Excel File)

Supplementary Table S3. Rare structural variants of uncertain significance. (Excel File)

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SDC Table ---[-http://links.lww.com/JSN/E404](http://links.lww.com/JSN/E404)

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# **TABLES**





Presented as n (%). \* Other syndromes include Currarino syndrome and Beckwidth-Wiedemann. COU-NOS, congenital obstructive uropathy – not otherwise specified; DCS, duplex collecting system; KHD, kidney hypodysplasia, UPJO, ureteropelvic junction obstruction; UVJO, ureterovesical junction obstruction.



# **Table 2. Identified rare and potentially pathogenic single nucleotide variants**

















\*Individual also carries a genomic disorder. <sup>#</sup>This individual with a PKD variant was screened and presented one simple cortical cyst at age 32 detected by abdominal CT scan. AF, allele frequency, B. bilateral, COU-NOS, congenital obstructive uropathy – not otherwise specified; F, female; FHX, family history; KHD, kidney hypodysplasia; M, male; (L)P, (likely) pathogenic; N, no; NA, not available; U, unknown; UPJO, ureteropelvic junction obstruction; US, uncertain significance, UVJO, ureterovesical junction obstruction; VUR, vesicoureteral reflux; Y, yes.



# **Table 3. Identified genomic disorders and likely pathogenic copy number variants**



\*Individual also carries a single nucleotide variant. CAKUT, congenital anomalies of the kidney and urinary tract; COU-NOS, congenital obstructive uropathy – not otherwise specified; CNV, copy number variants, DEL, deletion; DUP, duplication; GD, genomic disorder; F, female; FHX, family history; KHD, kidney hypodysplasia; M, male; N, no; RCAD, renal cysts and diabetes; U, unknown; UPJO, ureteropelvic junction obstruction; UVJO, ureterovesical junction obstruction; VUR, vesicoureteral reflux; Y, yes.

## **FIGURE LEGENDS**

**FIGURE 1. Diagnostic yield of genomic screen in 733 individuals with congenital obstructive uropathy.** Differences between COU sub-groups for diagnostics SNV and CNV yield were all *P* > 0.05 by using 2x3 Chi square test. A) The overall *in-silico* diagnostic yield of candidate pathogenic SNV and CNV in the COU cohort is 10.0% (73 of 733 patients). This proportion of genomic contribution to the etiology of COU is in accordance with other congenital kidney and urinary tract phenotypes. B) Distribution of COU cases carrying candidate pathogenic/likely pathogenic SNVs based on mode of inheritance. SNVs in genes with an autosomal dominant mode of inheritance were vastly predominant for all COU subtypes. C) Distribution of genomic disorders, likely pathogenic CNVs, and candidate microdeletions and microduplications covering known genes in COU exome cases. As pathogenic deletions were much more frequently found than duplications in all COU subtypes, our data implicates that haploinsufficiency or dominant negative effects are the main molecular mechanisms leading to congenital obstructive uropathy.

AD, autosomal dominant; AR, autosomal recessive; COU, congenital obstructive uropathy; CNV, copy number variants; Del, deletion; Dup, duplication; NOS, not otherwise specified, SNV, single nucleotide variants, UPJO, ureteropelvic junction obstruction; UVJO, ureterovesical junction obstruction.



