

Items excluded from the FMTQ-s:

- 1) People tell me I minimize difficult experiences.
- 2) I was treated badly but I deserved it.
- 3) When I talk about difficult experiences I have lived, I realize I give a lot of attention to details, such as the places, the smells, the sounds.
- 6) I am surprised to notice how sensitive I can be in general, but how cold I am when facing dramatic situations.
- 15) People who were mean to me were well-intended.
- 16) Many people would have been traumatized if they were in my place, but I was strong enough to overcome the difficult experiences I have lived.
- 17) There is nothing else like violence (ex. fighting, arguing with someone, watching violent movies) to vent negative feelings.
- 19) Certain people like me are strong enough to overcome efficiently difficult life experiences alone and without any help.
- 20) The best way to face the difficult experiences I have lived is to avoid thinking about it.
- 21) I tend to be aggressive toward others because it helps to blow off steam.
- 22) Facing difficult life experiences has made me stronger. I am now ready to deal with anything.
- 24) I feel comfortable in relationships where there are open conflicts or some fights.
- 25) I have the strength to cut myself off from undesirable emotions associated with difficult experiences I have lived, as if they never happened.
- 27) Seeing other people suffer makes me feel better.
- 28) If I had been in the shoes of the people that hurt me, I would have acted in the same way.
- 29) People who are abusive or violent are mainly unconscious: they don't really want to hurt people.