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## Echocardiographic values in healthy Pugs: Effect of body weight, age, and sex

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### Abstract

**Background:** Transthoracic echocardiography represents the main noninvasive technique for evaluating cardiac morphology and function in dogs. In dogs with particular somatotypes, such as brachymorphic dogs, breed-specific echocardiographic values are needed for a proper echocardiographic interpretation. Nowadays, the Pug represents one of the most popular brachymorphic canine breeds worldwide. However, data on echocardiographic measurements in this breed are currently limited.

**Aim:** We aimed to determine echocardiographic values in a population of apparently healthy Pugs, and to assess the possible effects of body weight (BW), age, and sex on selected echocardiographic variables, with particular emphasis on those related to the left-sided cardiac chambers.

**Methods:** Apparently healthy Pugs underwent a full physical examination, a 1-minute six-lead electrocardiogram, and a complete transthoracic echocardiography. Twenty-four echocardiographic variables were measured by combining M-mode, two-dimensional and Doppler modalities, and relative values were determined by applying the statistical procedures recommended by the Clinical and Laboratory Standards Institute. Moreover, the effect of selected demographic variables on echocardiographic measurements was tested using a linear mixed model.

**Results:** The investigation included 86 Pugs. Echocardiographic values were provided for each variable and compared with previous veterinary literature. A statistically significant effect of BW, age, and sex was documented for several of the tested variables. Doppler examination demonstrated a trivial pulmonary regurgitation in 24/86 (27.9%) Pugs. Moreover, a persistent left cranial vena cava was suspected in 4/86 (4.7%) dogs.

**Conclusion:** Echocardiographic features of the Pug were addressed and echocardiographic values were made available for clinical use. Because our findings were obtained using a standardized echocardiographic analysis in a population of 86 healthy Pugs, they may act as a reliable guide for an accurate echocardiographic interpretation in this breed.

**Keywords:** Brachymorphic, Persistent left cranial vena cava, Pulmonary regurgitation, Reference interval, Transthoracic echocardiography.

### Introduction

Transthoracic echocardiography represents the main technique for evaluating cardiac morphology and function because it is non-invasive, widely available, and relatively easy to perform. An essential step for a proper echocardiographic interpretation is the analysis of the recorded measurements and their comparison with reference intervals (RIs). In dogs, the most used echocardiographic RIs derive from heterogeneous populations including subjects of different breeds (O'Grady and Bonagura, 1986; Brown *et al.*, 2003; Cornell *et al.*, 2004; Hall *et al.*, 2008; Esser *et al.*, 2020; Wess *et al.*, 2021). Nevertheless, it should be acknowledged that these ranges represent general

cutoffs that may be applicable to many but not all dogs since many variables, including breed as well as somatotype, body weight (BW), age, and sex can result in deviations of cardiac measurements from the normal RIs (Boon *et al.*, 1983; Morrison *et al.*, 1992; Crippa *et al.*, 1992; Bayon *et al.*, 1994; Lonsdale *et al.*, 1998; Della Torre *et al.*, 2000; Cornell *et al.*, 2004; Jacobson *et al.*, 2013; Esser *et al.*, 2020; Patata *et al.*, 2021; Wess *et al.*, 2021). For this reason, studies providing breed-specific echocardiographic RI are needed, especially those involving popular breeds.

Nowadays, the Pug represents one of the most diffuse brachymorphic canine breeds worldwide (American Kennel Club, 2022; Ente Nazionale Cinofilia Italiana, 2022; O'Neill *et al.*, 2022; The Kennel Club,

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2022). Concomitant to this growing popularity, the presentation of Pugs with cardiac diseases seems also to have increased (Koie *et al.*, 2000; Fukushima *et al.*, 2011; Kander *et al.*, 2015; Guglielmini *et al.*, 2016; Winter *et al.*, 2019; Schreiber *et al.*, 2022). Accordingly, Pugs frequently undergo cardiologic examinations. Regrettably, to date, only a single study on echocardiographic variables is available for this breed (Wiegel *et al.*, 2022). Moreover, the number and type of echocardiographic variables addressed in that investigation were relatively limited, and the statistical reliability of RIs provided could be affected by the small sample size (Wiegel *et al.*, 2022). Given the above, additional data obtained from a larger study sample and including additional echocardiographic measurements may be highly useful in the clinical setting.

Therefore, this study aimed to determine echocardiographic values in a large population of apparently healthy Pugs and to assess the possible effects of BW, age, and sex on selected echocardiographic variables, with particular emphasis on those related to the left-sided cardiac chambers.

### Material and Methods

For the purpose of this retrospective observational study, medical records of healthy dogs that underwent an echocardiogram as part of their diagnostic evaluation at the authors' institutions between January 2014 and October 2022 were reviewed by a board-certified cardiologist (G. R.). Reasons for echocardiographic examination in an apparently healthy subject could include evaluation preceding operation before elective surgeries (e.g., castration, spaying) or screening for specific cardiac disorders in dogs related to subjects suffering from heart diseases for which a genetic transmission between relatives is known (e.g., in the case of other members of the same litter affected by pulmonic stenosis). To be included, dogs needed to be at least 1 year old and to have a complete case record, including signalment, history, clinical findings, and cardiac investigation. The latter had to include at least a transthoracic echocardiography (details below) and a 1-minute six-lead electrocardiogram (leads I, II, III, aVR, aVL, and aVF), which had to be performed on the same day according to standardized techniques and interpreted as previously described (Thomas *et al.*, 1993; Romito *et al.*, 2022a, 2022b, 2022c). Dogs were not considered if they showed one or more of the following criteria: a) heart murmur, gallop sound, or electrocardiographic abnormality; b) recent or current evidence of systemic illness based on history or physical examination (except brachycephalic obstructive airway syndrome given the predisposition of this breed to such condition); c) ongoing medications affecting the cardiovascular system; d) lack of cooperation during the echocardiographic examination, leading to suboptimal image acquisition; e) females that were in estrus, pregnant, or lactating; or e) significant cardiac

abnormalities identified on two-dimensional (2D), M-Mode, and/or Doppler mode. For this study, trivial valve regurgitations (i.e., barely detectable jets of a few discrete color pixels close to the valvular coaptation point not always detectable throughout systole (in the case of mitral or tricuspid regurgitation) or diastole (in the case of aortic or pulmonary regurgitation) associated neither with audible murmurs on cardiac auscultation nor with any structural valve abnormalities on echocardiography were considered clinically non-significant, and these dogs were not excluded from the study (Rishniw and Erb, 2000a; Quiñones *et al.*, 2002; Zoghbi *et al.*, 2003).

With specific concern to echocardiography, all examinations were performed by a board-certified cardiologist (G. R.) using two ultrasound unites (iE33 ultrasound system, Philips Healthcare, Monza, Italy; Mindary M9, Mindray Medical Italy S.R.L., Milano, Italy) equipped with phased array transducers of various frequencies (1–5 MHz; 3–8 MHz). Echocardiograms were acquired in right and left lateral recumbency in a quiet, dark room while the unsedated dogs were restrained gently on an echocardiographic table. Variables obtained in standard 2D, M-Mode, and Doppler were measured following the published methodology in the veterinary literature (Thomas *et al.*, 1993; de Madron, 2016a, 2016b). Specifically, left ventricular (LV) measurements were obtained using the 2D-guided M-mode from the right parasternal short-axis view at the level of the papillary muscles. Measurements were made of the LV end-diastolic (LVDd) and end-systolic (LVDs) diameters as well as LV free wall and interventricular septum thicknesses at end-diastole and end-systole. LV systolic and diastolic diameters were then used for the respective calculation of end-diastolic and end-systolic volumes (EDV and ESV, respectively) using the Teichholz formula (Borgarelli *et al.*, 2007). Moreover, LVDd and LVDs were also normalized for BW as previously described (LVDdn and LVDsn, respectively) (Cornell *et al.*, 2004). LV fractional shortening (FS%) was calculated from LV diameters using the following formula:  $FS\% = [(LVDd - LVDs)/LVDd] \times 100$ . LV ejection fraction (EF%) was calculated from LV volumes using the following formula:  $EF\% = [(EDV - ESV)/EDV] \times 100$ . The EDV and ESV were indexed to body surface area (EDVI and ESVI, respectively), which was derived from BW using the following equation:  $0.101 \times BW (kg)^{2/3}$ . The LV sphericity index (SI) was obtained by dividing the base-to-apex length at end-diastole measured from the right parasternal four-chamber long-axis view using 2D echocardiography by LVDd (Holler and Wess, 2014). Left atrial (LA) and aortic root (Ao) diameters were measured in 2D echocardiography from the right parasternal short-axis view at the level of the heart base in early diastole, and the left atrium to aorta ratio was calculated (LA/Ao) (Rishniw and Erb, 2000b; Rishniw *et al.*, 2019). Moreover, LA diameter

(LAD) was obtained from the right parasternal four-chamber long-axis view by measuring the distance between the interatrial septum and the free wall using a line parallel to the mitral annulus at the end-systole (Rishniw and Erb, 2000b; Marchesotti *et al.*, 2019). The maximal systolic pulmonary and Ao flow velocities were determined by pulsed-wave Doppler using the right parasternal transaortic short-axis and left apical five-chamber views, respectively. Early and late diastolic mitral inflow velocities (mitral E and A waves) were also measured from the left apical four-chamber view, and the E to A ratio was calculated. Finally, all cardiac valves were assessed using both 2D and color-flow Doppler modes, both in right and left recumbency, to exclude valve diseases. For each variable, a mean of three measurements was determined from three consecutive cardiac cycles on the same frame. Moreover, to assess measurement variability, six dogs enrolled in the study were randomly selected. For each dog, one single echocardiographic study was then chosen; thus, a total of six different echocardiographic studies were analyzed. For interobserver variability, two operators with different levels of experience in echocardiography [i.e., a board-certified cardiologist (GR) and a veterinarian with a 5-year experience in veterinary cardiology (PC)] analyzed echocardiographic images and videos and performed measurements of the aforesaid M-Mode, 2D, and Doppler variables. For this purpose, attention was made to analyze the same cardiac cycle for each loop.

All echocardiographic data were collected into electronic spreadsheets (Microsoft Excel, version 2016, Microsoft Corporation, Redmond, WA) and then imported into statistical software packages (MedCalc Statistical Software version 19.5.1, Ostend, Belgium; IBM SPSS Statistics 22, Turkey) for further analysis. All continuous variables were tested for their distribution with a Shapiro-Wilk normality test and assessed by examining the histogram. Initial descriptive statistics included mean  $\pm$  standard deviation for normally distributed data and median and range (minimum to maximum) for data that were not normally distributed. Categorical variables were reported as proportions. Outliers were visualized based on box plots and identified based on Tukey's method (CLSI, 2008; Friedrichs *et al.*, 2012). The fixed effect of sex as well as the effect of covariates BW and age on echocardiographic variables were tested using the following linear mixed model:  $Y = \mu + \text{Sex} + a\text{Age} + b\text{BW} + \varepsilon$ . In this model,  $Y$  is the value of the echocardiographic variable,  $\mu$  is a constant term, sex is the fixed effect of sex divided into two classes (male and female), age and BW are continuous variables,  $a$  and  $b$  are the slope coefficients for age and BW, and  $\varepsilon$  is the residual term. Since BW was already used to normalize/index LVDdn and LVDsn as well as EDVI and ESVI, a reduced model was purposefully used for these variables including age and sex only. A value of

$p < 0.05$  was considered significant. Echocardiographic values of selected variables were determined using the robust method and confidence intervals about their limits were bootstrapped as recommended when the reference sample is between 40 and 120 subjects (CLSI, 2008; Friedrichs *et al.*, 2012). The 2.5th and 97.5th percentiles were defined as the lower and upper limits, respectively. In addition, the 90% confidence intervals around these limits were also calculated. Concerning the inter-observer variability, it was then quantified as the coefficient of variation (CV) by use of the equation  $CV = [(\text{mean difference between measurement/mean of measurements})/100]$  and expressed as a percentage. The degree of variability was defined as follows:  $CV < 5\%$ , very low variability;  $5\%–15\%$ , low variability;  $16\%–25\%$ , moderate variability; or  $>25\%$ , high variability (Baron Toaldo *et al.*, 2017).

#### **Ethical approval**

This was a retrospective study performed on nonexperimental animals that exclusively underwent selected noninvasive diagnostic procedures made necessary by their clinical condition/history (e.g., echocardiography). However, all owners of dogs enrolled in the study gave informed consent for all of the investigations.

#### **Results**

The study sample included 86 apparently healthy Pugs. Thirty-six were females (30 entire and 6 spayed) and 50 males (40 entire and 10 castrated). The median age and BW were 8 years (1–16 years) and 8.1 kg (3–13 kg), respectively. The RIs for the echocardiographic variables included in the study are reported in Table 1. The investigation of outliers revealed outlier dogs for LVDd (i.e., a value of 36.7), LVDdn (i.e., a value of 1.86 and one of 2.01), ESV (i.e., a value of 18 ml/m<sup>2</sup>), and ESVI (i.e., a value of 41 ml/m<sup>2</sup> and one of 44 ml/m<sup>2</sup>). Since echocardiography did not reveal any pathological sign and the aforesaid values were not the results of erroneous measurements, they were not excluded from the determination of echocardiographic values. As shown in Table 2, a statistically significant effect of BW, age, and sex was observed for 7, 13, and 3 variables, respectively. In 24/86 (27.9%) dogs, a trivial pulmonary regurgitation (i.e., a barely detectable jet of a few discrete color pixels on the ventricular side of the valvular coaptation point that persists for a brief time in diastole) was found. Moreover, based on the combination of 2D and Doppler findings, a persistent left cranial vena cava (PLCVC) was suspected in 4/86 (4.7%) dogs. Such a suspect relied on the identification of an accessory vascular structure at the level of the LA lateral wall that clearly entered a subjectively mildly dilated coronary sinus to reach the right atrium (de Fornel *et al.*, 2001; Gonzalez-Juanatey *et al.*, 2004) (Fig. 1). The inter-observer measurement variability was low for the M-Mode and 2D variables, with CV values always below 16%. The inter-observed

**Table 1.** Descriptive statistics and values for echocardiographic variables in healthy Pugs.

Variable	Mean	SD	Lower interval	90% CI	Upper interval	90% CI
M-Mode and 2D						
Ao (mm)	15.2	1.6	12.4	11.9–13	17.9	17.4–18.4
LA (mm)	19.7	2.8	15.1	14.3–15.8	24.4	23.6–25.1
LA/Ao	1.3	0.1	1.1	1.07–1.15	1.5	1.52–1.59
LAD (mm)	20.6	2.3	16.5	15.6–17.3	24.5	23.4–25.4
IVSd (mm)	7.7	1.3	5.5	5.2–5.9	9.8	9.4–10.2
LVDd (mm)	24.9	2.9	20	18.9–21	29.8	28.8–30.7
LVPWd (mm)	7.3	1.2	5.3	5–5.6	9.3	9–9.6
IVSs (mm)	9.6	1.5	6.9	6.5–7.3	12.1	11.6–12.6
LVDs (mm)	16	2.9	11.1	10.4–11.9	20.8	20–21.5
LVPWs (mm)	9.8	1.5	7.2	6.9–7.6	12.4	11.9–12.7
LVDdn	1.4	0.17	1.06	0.98–1.14	1.65	1.55–1.73
LVDsn	0.9	0.1	0.6	0.5–0.65	1.1	1.06–1.16
EDV (ml)	22.3	5.8	12.5	10.9–14.1	31.9	30.2–33.5
EDVI (ml/m <sup>2</sup> )	57	13.7	30.95	26.5–34.9	78.9	72.9–83.7
ESV (ml)	7.6	3.6	2.8	2–3.15	14.9	13.1–18
ESVI (ml/m <sup>2</sup> )	18.7	8.5	6.3	5–9	36	29–44
FS %	35.8	8.6	20.6	18.6–22.6	49.9	46.9–52.5
EF %	66.2	12	45.9	43–49	86.4	82.9–89.2
SI	1.6	0.4	0.96	0.79–1.15	2.2	2–2.44
Doppler						
Ao vmax (cm/s)	107.2	23.2	68.1	61.9–74.8	145.8	139.3–152.2
PA vmax (cm/s)	75.5	25.8	27.6	20.4–35.5	114.6	105.9–123.8
E vmax (cm/s)	69.2	15.6	41.9	37.8–45.8	94.3	89.3–99.2
A vmax (cm/s)	58.3	11.7	38	34.5–41.6	78.3	74.4–81.9
E/A	1.2	0.3	0.7	0.6–0.7	1.7	1.6–1.7

2D: two-dimensional; A vmax: peak velocity of mitral A wave; Ao: aortic diameter from a right parasternal short-axis view; Ao vmax: aortic peak velocity; CI: confidence interval; E: peak velocity of mitral E wave; EDV: end-diastolic volume; EDVI: end-diastolic volume indexed to body surface area; EF: ejection fraction; ESV: end-systolic volume; ESVI: end-systolic volume indexed to body surface area; E/A: ratio between the peak velocities of mitral E and A waves; FS: fractional shortening; IVSd: interventricular septum thickness at end-diastole; IVSs: interventricular septum thickness at end-systole; LA: left atrial diameter from a right parasternal short-axis view; LAD: left atrial diameter from a right parasternal four-chamber long-axis view; LA/Ao: left atrial-to-aortic root ratio; LVDd: LV end-diastolic diameter; LVDdn: LV end-diastolic diameter normalized for BW; LVDs: LV end-systolic diameter; LVDsn: LV end-systolic diameter normalized for BW; LVFWd: LV free wall thickness at end-diastole; LVFWs: LV free wall at end-systole; PA vmax: pulmonary peak velocity; SD: standard deviation.

measurement variability was very low for Doppler variables, with CV values always below 5%.

### Discussion

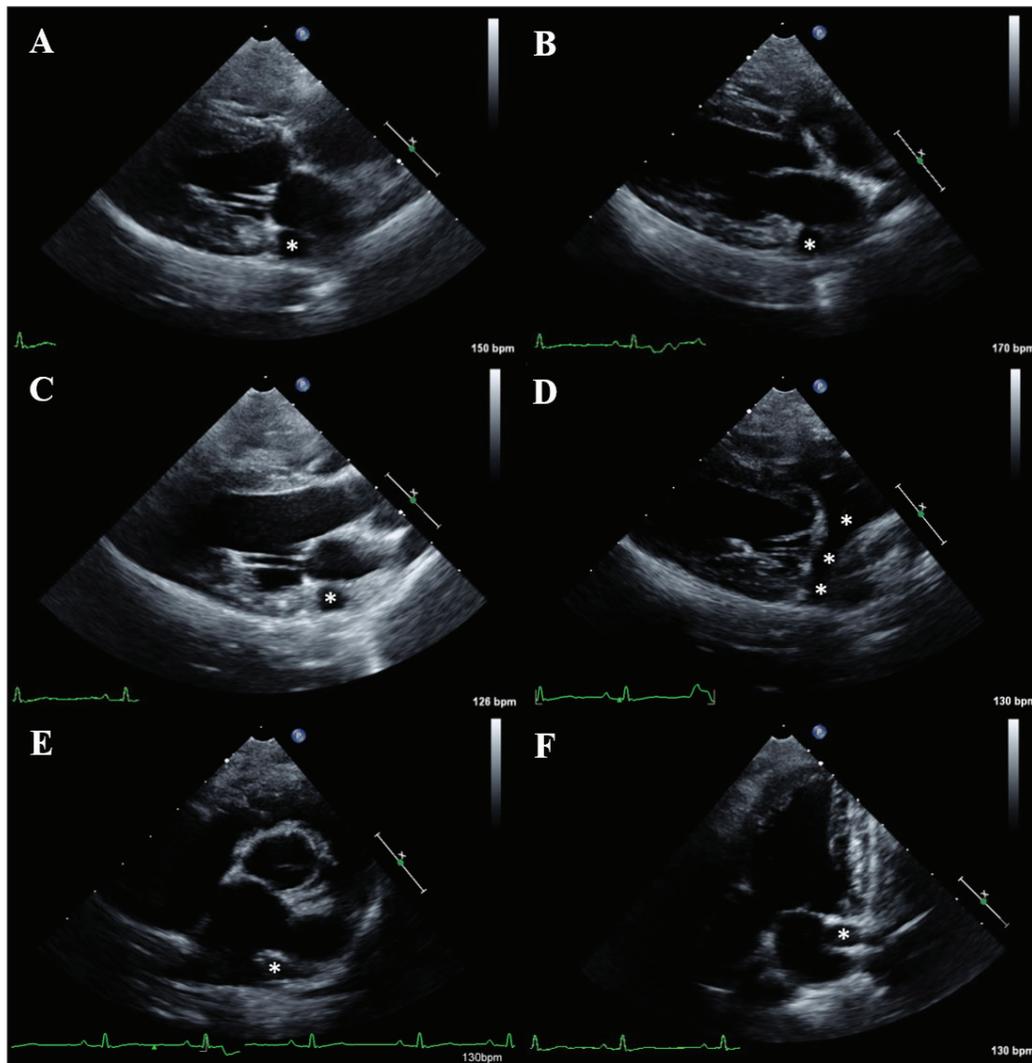
This study represents the largest cardiac investigation in the Pug, with the following findings: (1) some echocardiographic measurements of healthy Pugs diverge from generic RIs; (2) BW, age and sex influence several echocardiographic variables in this breed; and (3) identification of a trivial pulmonary regurgitation and echocardiographic signs consistent with PLCVC appear to be not uncommon in healthy Pugs.

Concerning 2D dimensions of Ao and LA obtained from a right parasternal short-axis view, the values documented in our study population were similar to those previously reported in a smaller population of apparently healthy Pugs (Wiegel *et al.*, 2022). Moreover, interestingly, our mean LA/Ao value (1.3) was within the generic RI, and no dog had a LA/Ao above the upper generic cut-off [ $<1.6$  (Rishniw and Erb, 2000b; Rishniw *et al.*, 2019); upper value from the present investigation 1.59]. This finding suggests that the generic rule stating that a  $LA/Ao \geq 1.6$  should be interpreted as a sign of LA dilatation (Boswood *et al.*, 2016) may apply also to Pugs. In addition to

**Table 2.** Slope coefficients for the continuous variables (BW and age) and least square mean for the categorical variable (gender) in the model used for statistical analysis of echocardiographic variables assessed in the whole study population. The slope coefficients and least square mean are only given when the effect is statistically significant.

	BW		Age		Gender	
	Slope coefficient	p value	Slope coefficient	p value	LSM	p value
M-Mode and 2D						
Ao	+0.281	0.005	+0.083	0.03	–	0.404
LA	–	.498	–	0.282	–	0.165
LA/Ao	–	0.496	–	0.936	–	0.849
LAD	+0.409	0.027	–	1.000	F 19.595 M 21.363	0.005
IVSd	+0.169	0.048	–	0.472	–	0.863
LVDd	–	0.064	–	0.213	–	0.196
LVPWd	–	0.059	–	0.269	–	0.801
IVSs	–	0.278	+0.108	0.007	–	0.770
LVDs	+0.381	0.028	–0.251	<0.001	–	0.266
LVPWs	+0.224	0.017	+0.12	0.03	–	0.659
LVDdn	Not tested	–	–	0.37	F 1.445 M 1.344	0.036
LVDsn	Not tested	–	–	0.132	F 0.913 M 0.834	0.043
EDV	–	0.052	–	0.411	–	0.303
EDVI	Not tested	–	–	0.489	–	0.421
ESV	Not tested	–	–0.235	0.011	–	0.564
ESVI	–	0.498	–0.716	<0.001	–	0.305
FS	–	0.234	+0.803	<0.001	–	0.952
EF	–	0.427	+1.097	<0.001	–	0.941
SI	–	0.797	+0.041	0.023	–	0.679
Doppler						
Ao vmax	+3.697	0.01	–1.884	0.001	–	0.586
PA vmax	+3.963	0.009	–2.752	<0.001	–	0.124
E vmax	–	0.216	–1.131	0.007	–	0.425
A vmax	–	0.681	–	0.052	–	0.631
E/A	–	0.594	–0.030	<0.001	–	0.643

2D: two-dimensional; A vmax: peak velocity of mitral A wave; Ao: aortic diameter from a right parasternal short-axis view; Ao vmax: aortic peak velocity; BW: body weight; E: peak velocity of mitral E wave; EDV: end-diastolic volume; EDVI: end-diastolic volume indexed to body surface area; EF: ejection fraction; ESV: end-systolic volume; ESVI: end-systolic volume indexed to body surface area; E/A: ratio between the peak velocities of mitral E and A waves; F: female; FS: fractional shortening; IVSd: interventricular septum thickness at end-diastole; IVSs: interventricular septum thickness at end-systole; LA: left atrial diameter from a right parasternal short-axis view; LAD: left atrial diameter from a right parasternal four-chamber long-axis view; LA/Ao: left atrial-to-aortic root ratio; LSM: least square mean; LVDd: LV end-diastolic diameter; LVDdn: LV end-diastolic diameter normalized for BW; LVDs: LV end-systolic diameter; LVDsn: LV end-systolic diameter normalized for BW; LVFWd: LV free wall thickness at end-diastole; LVFWs: LV free wall at end-systole; M: male PA vmax: pulmonary peak velocity.



**Fig. 1.** Two-dimensional images of a Pug from the present study showing echocardiographic signs consistent with a PLCVC. (A) Echocardiographic image obtained from a right parasternal four-chamber long-axis view in systole. (B) Echocardiographic image obtained from a right parasternal four-chamber long-axis view in diastole. (C) Echocardiographic image obtained from a right parasternal five-chamber view. (D) Echocardiographic image obtained from an oblique right parasternal four-chamber long-axis view optimized to observe the longitudinal section of the PLCVC. (E) Echocardiographic image obtained from a right parasternal short-axis view at the level of the aortic root. (F) Echocardiographic image obtained from a left parasternal five-chamber view. In panels (A–F), it is possible to observe the transverse section of the PLCVC. Note this accessory vascular structure appears as a round, anechoic structure adjacent to the lateral LA wall (white asterisks). In panel (D), the optimized view allows to follow the PLCVC along its course. Note that the accessory vessel enters a subjectively mildly dilated coronary sinus to reach the right atrium (with asterisks).

LA/Ao, we also investigated the LAD from a right parasternal four-chamber long-axis view, with the aim of providing echocardiographic values for an alternative/complementary LA parameter that may overcome some of the limitations of LA/Ao. Indeed, potential limitations of LA/Ao include the difficulties in defining the path of aortic measurement relative to valve sinuses, in excluding pulmonary veins from

the LA measurement, and in consistently timing LA measurements during the cardiac cycle. Moreover, if the imaging plane of Ao is not correct, the resulting ratio can under- or overestimate LA size, especially in the case of less experienced operators. Finally, significant inter-operator measurement variability of the LA/Ao has been reported, with possible misdiagnosis of LA enlargement (Rishniw and Erb, 2000b; Hansson *et al.*,

2002; Rishniw, 2016; Strohm *et al.*, 2018). In contrast, LAD is a relatively simple measurement that does not need any ratio, is free from any interference of Ao or pulmonary veins, and is highly reproducible with little intra- and interobserver measurement variability (Marchesotti *et al.*, 2019). Intriguingly, when taking into consideration the median BW from our study population (i.e., 8.1 kg) and we compare our results with the generic RIs previously provided for dogs weighting 8 kg (Marchesotti *et al.*, 2019), we found that our LAD values were overall slightly lower than previously reported. For example, our mean value (i.e., 20.6 mm) coincided with the lower value from the normality range reported by Marchesotti *et al.* (2019) (i.e., 20.6–30.8). Moreover, when we compared LAD values from dogs with a relatively low or high BW, the results tended to diverge from the generic RIs even more clearly. For example, in our study population, a Pug of 5 kg had a LAD of 15.4 mm, whereas the previously reported generic RI for this BW is 17.7–26.5 (Marchesotti *et al.*, 2019). Moreover, 6/86 (7%) Pugs weighting 10–12 kg had a LAD value <22 mm (i.e., 18.1, 18.6, 19.2, 19.5, 20, 21.5 mm), while the generic RI for dogs of 10 kg is 22.1–33.1 (Marchesotti *et al.*, 2019). The reasons for such a divergence are outside the scope of the present study; however, the fact that only 9/330 (2.7%) of the healthy dogs used by Marchesotti *et al.* (2019) for the estimation of generic LAD RIs were Pugs may have played a role. The aforesaid findings suggest that breed-specific cut-off should be preferred for LAD interpretation in Pugs. Concerning the absolute LV dimensions, the mean values of our measurements (i.e., LVDd, LVDs, LV free wall, and interventricular septum thicknesses at end-diastole and end-systole, EDV, ESV) were overall similar to those previously described in this breed (Wiegel *et al.*, 2022) as well as to generic RIs (Cornell *et al.*, 2004; Esser *et al.*, 2020). Concerning the LV diameters normalized to BW, all Pugs had an LVDdn within the upper generic limit of normality [i.e., 97.5th percentile, 1.85 (Cornell *et al.*, 2004)]. In contrast, in the case of LVDsn, 2/86 (2.3%) dogs showed a value above the generic cut-off [i.e., 97.5th percentile, 1.14 (Cornell *et al.*, 2004); upper values detected in our study population: 1.15 and 1.16]. Concerning the LV volumes indexed to body surface area, the mean EDVI and ESVI values were within the upper generic limits of normality [i.e., EDVI < 100 ml/m<sup>2</sup> and ESVI < 30 ml/m<sup>2</sup> (Lombard, 1984)]. However, it should be noted that 8/86 (9.3%) dogs had an ESVI value above the generic cut-off, with a maximum value of 44 ml/m<sup>2</sup>. Concerning SI, our mean value (i.e., 1.6) was below the generic cut-off proposed for the diagnosis of dilated cardiomyopathy in dogs [i.e., <1.65 (Dukes-McEwan *et al.*, 2003)]. However, interestingly, also a previous investigation in the Pug reported an SI median value below the aforesaid cut-off [i.e., 1.62 (Wiegel *et al.*, 2022)]. Moreover, an even lower value of SI than that

documented in the present study has recently been reported in healthy English Bulldogs [i.e., 1.31 (Patata *et al.*, 2021)]. Combining our findings and those from previous studies in Pugs and English Bulldogs, it can be hypothesized that healthy brachymorphic dogs may have a physiologically more rounded heart than mesomorphic and dolicomorphic breeds. Concerning the LV functional parameters, our mean EF% and FS% values were within the generic limits of normality [i.e., >50% and >25%, respectively (Dukes-McEwan *et al.*, 2003)]. However, it should be noted that 9/86 (10.5%) dogs had an EF% value below the generic cut-off, with a minimum value of 43%. Similarly, 6/86 (7.2%) dogs had an FS% value below the generic cut-off, with a minimum value of 21%. Collectively, the aforesaid M-Mode and 2D findings suggest that generic RIs may be appropriate for interpretation of the LV dimensions and function in many, but not all Pugs, and that breed-specific cut-offs should be preferred to avoid misdiagnosis (e.g., erroneous diagnosis of LV systolic dysfunction).

Concerning Doppler variables, the mean values of mitral E and A wave, Ao, and pulmonary peak velocities were within previously reported RIs (Misbach *et al.*, 2014; Wiegel *et al.*, 2022). Moreover, it should be noted that no dog showed an Ao or pulmonary peak velocity above the cut-off that is generically used to diagnose stenotic diseases [i.e., in all cases, the Ao and pulmonary peak velocities were <2 m/s (Bussadori *et al.*, 2000)]. Concerning the E/A, our mean value (i.e., 1.2) was within the expected physiologic range [i.e., 1–2 (Schober and Fuentes, 2001; Misbach *et al.*, 2014; Wiegel *et al.*, 2022)]. Nevertheless, 17/86 (19.8%) dogs showed an E/A < 1, with a minimum value of 0.6. Intriguingly, all these dogs were older than nine years. This finding is in line with previous literature and should not be necessarily interpreted as a pathological sign of diastolic dysfunction. Indeed, it has been demonstrated that the aging heart has increased ventricular stiffness and delayed relaxation, and that the critical age of physiologic change from normal filling to a delayed relaxation pattern is approximately at around 10 years in dogs (Schober and Fuentes, 2001). An additional interesting finding from the Doppler analysis of our study population, is the relatively frequent identification of a trivial pulmonary regurgitation. Indeed, we documented such an echocardiographic sign in 24/86 (27.9%) dogs with otherwise normal pulmonary valve. This finding suggests that the identification of trivial pulmonary regurgitation in healthy Pugs should not be systematically interpreted as a pathological finding. Moreover, this result appears overall in line with previous studies on subjects from different breeds, documenting a high prevalence of trivial and mild pulmonic regurgitations in healthy dogs [i.e., 54%–93% (Brown *et al.*, 1991; Yuill and O’Grady, 1991; Nakayama *et al.*, 1994; Rishniw and Erb, 2000a)].

Concerning the effects of demographic variables on echocardiographic measurements, we demonstrated that BW has an effect on several LA and LV parameters. Interestingly, an effect on many LV echocardiographic variables was demonstrated also for age. Moreover, sex influenced LVDdn, LVDsn, and LAD. Overall, these results agree with previous echocardiographic studies in different breeds (Rishniw and Erb, 2000b; Misbach et al., 2014; Giraut et al., 2019; Visser et al., 2019; Stack et al., 2020; Vatne et al., 2021; Vurucu et al., 2021).

Concerning inter-operator variability, our analysis demonstrated that the measurements analyzed in this study were reproducible even when two operators with different levels of expertise in cardiology were compared. Although clinically useful, this result is not completely surprising as the echocardiographic variables selected for the present research are conventional ones (i.e., they represent the measurements that are evaluated during a standard echocardiographic examination in dogs). Therefore, the low values of inter-operator variability could be explained by the familiarity that operators have with the echocardiographic measures analyzed herein.

A last intriguing finding from this study concerns the identification of echocardiographic signs typical for PLCVC in 4/86 (4.7%) dogs. Indeed, in these dogs, an accessory vascular structure adjacent to the LA lateral wall that entered a subjectively mildly dilated coronary sinus to reach the right atrium was documented. The coronary sinus is the main cardiac vein and normally opens in the right atrium between the caudal vena opening and the tricuspid valve. The dilation of the coronary sinus always raises the suspicion of PLCVC, as, normally, the coronary sinus is not identified via echocardiography. It is important to consider that the dilation of the coronary sinus is not an exclusive feature of the PLCVC. The list of differential diagnoses for this echocardiographic finding includes conditions leading to a pathological increase in right atrial pressure (e.g., pulmonary hypertension/stenosis). However, when the aforesaid echocardiographic signs are detected in a healthy patient with an otherwise normal heart, the PLCVC represents the main differential diagnosis (de Fornel et al., 2001; Gonzalez-Juanatey et al., 2004). The PLCVC derives from a failure of the obliteration of the left anterior cardinal vein and is usually an incidental finding in dogs (Buchanan, 1963; de Fornel et al., 2001; Choi et al., 2016). When this accessory vascular structure drains into the right atrium and is not associated with additional cardiac abnormalities (as in the cases described herein), no hemodynamic consequences are expected (this explains why we decided to maintain Pugs with suspected PLCVC among healthy dogs for RI analysis). Therefore, the life quality and life expectancy are typically not influenced by this heart malformation when it is isolated (de Fornel et al., 2011; Choi et al., 2016). In dogs, a breed

predisposition has previously been suspected for the Shi-tzu (Choi et al., 2016); however, no prior studies have hypothesized a predisposition to PLCVC in Pugs. This study has some limitations. First, the study was retrospective and the intra-observer measurement variability was not assessed. However, we have analyzed the inter-operator variability, demonstrating that the echocardiographic variables selected for this study can be acquired with a clinically acceptable variability (i.e., CV always <16%). Second, the study did include neither numerous centers nor numerous operators; therefore, our results may be not completely representative of the actual measurements that could be acquired by operators with different levels of expertise worldwide. This explains why some cardiologists believe that large, multi-center studies should be preferentially used for generating RIs. Third, although the number of healthy dogs we enrolled was higher than that of many previous canine studies aimed at defining echocardiographic RIs (Lombard, 1984; Yuill and O'Grady, 1991; Crippa et al., 1992; Morrison et al., 1992; Bayon et al., 1994; Lonsdale et al., 1998; Della Torre et al., 2000; Rishniw and Erb, 2000b; Hansson et al., 2002; Brown et al., 2003; Jacobson et al., 2013; Strohm et al., 2018; Patata et al., 2021; Wiegel et al., 2022), we did not reach the recommended sample size when defining RIs [i.e.,  $\geq 120$  subjects (Friedrichs et al., 2012)]. Fourth, we did not evaluate right ventricular echocardiographic variables, which might have been useful in Pugs because right-sided heart diseases have been reported in this breed (e.g., double-chambered right ventricle, pulmonic stenosis, cor triatriatum dexter) (Fukushima et al., 2011; Kander et al., 2015; Schreiber et al., 2022). Fifth, we did not evaluate the possible relationship between the presence/severity of brachycephalic syndrome and the echocardiographic variables in our study population. However, it should be noted that a previous investigation found no significant effects of clinical symptoms of upper airway disease on echocardiographic measurements in Pugs (Wiegel et al., 2022). Sixth, we not considered the possible effect of the neutered/spayed status on echocardiographic variables. Seventh, our analysis of aortic flow did not include the subxiphoid approach. Similarly, our analysis of pulmonic flow was simply obtained from the right recumbency, whereas the left one was not used for further analysis. Eighth, only the LA/Ao and LAD were used for the echocardiographic analysis of LA. The use of complementary measurements, such as the LA size normalized on BW (Visser et al., 2019) or on aortic diameter (Rishniw and Erb, 2000b; Rishniw et al., 2019) could have provided additional useful information. Ninth, we calculated LV volumes and EF% using a M-Mode technique (i.e., the Teichholz formula), not the Simpson's modified 2D method, and this may represent a further source of bias. Currently, a conclusive consensus on which technique should be preferred for EDV, ESV, and EF% in dogs is not

available. However, it is important to underline that, although in dogs with left-sided heart diseases, the values obtained with the Teichholz formula and the Simpson's modified method significantly diverge, in healthy dogs these techniques tend to provide often similar results (Meyer *et al.*, 2013; Smets *et al.*, 2014; Scollan *et al.*, 2016). Additional potential confounding factors may be represented by the way we normalized LVDd and LVDs for BW. Indeed, we used the method proposed by Cornell *et al.* (2004). However, different research groups have provided different exponentials for the normalization of LV dimensions (Esser *et al.*, 2020; Rishniw and Brown, 2022). As different results can be obtained according to the exponential employed, our results should be cautiously interpreted in the light of the methodology we used. Lastly, as previously done in several other canine publications (Lonsdale *et al.*, 1998; Jacobson *et al.*, 2013; Stack *et al.*, 2020; Vurucu *et al.*, 2021), we did not evaluate the possible effect of heart rate on the echocardiographic values. This was primarily due to the fact that not all Pugs tolerated the electrocardiographic clips during the echocardiographic examination.

In conclusion, this study provides echocardiographic RIs in a cohort of healthy adult Pugs and explores the effect of BW, age, and sex on several echocardiographic variables. Because our findings were obtained using a standardized echocardiographic analysis in a large population of healthy Pugs, they likely represent a reliable and broadly applicable guide for echocardiographic interpretation in this breed.

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#### Author contributions

The study was co-authored by all authors. The final manuscript was read and approved by all authors.

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#### Conflict of interest

The authors have nothing to disclose.

#### Data availability

The datasets generated and/or analyzed during the current study are not publicly available due to the potential to compromise participant consent or confidentiality but are available from the corresponding author upon reasonable request.

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