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Local gravitational instability of stratified rotating fluids: three-dimensional criteria for gaseous discs

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ABSTRACT

Fragmentation of rotating gaseous systems via gravitational instability is believed to be a crucial mechanism in several astrophysical processes, such as formation of planets in protostellar discs, of molecular clouds in galactic discs, and of stars in molecular clouds. Gravitational instability is fairly well understood for infinitesimally thin discs. However, the thin-disc approximation is not justified in many cases, and it is of general interest to study the gravitational instability of rotating fluids with different degrees of rotation support and stratification. We derive dispersion relations for axisymmetric perturbations, which can be used to study the local gravitational stability at any point of a rotating axisymmetric gaseous system with either barotropic or baroclinic distribution. Three-dimensional (3D) stability criteria are obtained, which generalize previous results and can be used to determine whether and where a rotating system of given 3D structure is prone to clump formation. For a vertically stratified gaseous disc of thickness h_z (defined as containing $\approx 70\%$ of the mass per unit surface), a sufficient condition for local gravitational instability is $Q_{3D} \equiv (\sqrt{\kappa^2 + v^2} + c_s h_z^{-1}) / \sqrt{4\pi G \rho} < 1$, where ρ is the gas volume density, κ the epicycle frequency, c_s the sound speed, and $v^2 \equiv \rho'_z p'_z / \rho^2$, where ρ'_z and p'_z are the vertical gradients of, respectively, gas density and pressure. The combined stabilizing effects of rotation (κ^2) and stratification (v^2) are apparent. In unstable discs, the conditions for instability are typically met close to the mid-plane, where the perturbations that are expected to grow have characteristic radial extent of a few h_z .

Key words: galaxies: kinematics and dynamics – galaxies: star formation – instabilities – planets and satellites: formation – protoplanetary discs – stars: formation.

1 INTRODUCTION

Rotating gaseous structures confined by gravitational potentials are widespread among astrophysical systems on a broad range of scales. Prototypical examples include gaseous galactic discs, accretion discs, and protostellar and protoplanetary discs, but rotation can be non-negligible also in pressure-supported systems such as stars, molecular clouds, galactic coronae, and hot atmospheres of galaxy clusters. The confining gravitational potential can be due either only to the gas itself or to a combination of the gas self-gravity and of an external potential. Whenever the gas self-gravity is locally non-negligible with respect to the external potential, the evolution of the rotating fluid depends crucially on whether it is gravitationally stable or unstable. For instance, in galactic discs local gravitational instability is expected to lead to fragmentation, growth of dense gas clumps and eventually to star formation (see e.g. section 8.3 of Cimatti, Fraternali & Nipoti 2019). In protostellar discs, gravitational instability can contribute either directly (via gas collapse) or indirectly (via concentration of dust particles) to the process of planet formation (Kratter & Lodato 2016). It is thus not surprising that the study of gravitational instability of rotating fluids has a fairly long history in the astrophysical literature.

Gravitational instability in infinitesimally thin discs has been widely studied with fundamental contributions dating back to more

than 50 years ago (e.g. Lin & Shu 1964; Toomre 1964; Hunter 1972, and references therein). However, the thin-disc approximation is not justified in many cases. In protostellar discs, the vertical extent of the gas can be substantial (e.g. Law et al. 2022). Also gaseous discs in present-day galaxies can have non-negligible thickness (Yim et al. 2014), and there are indications that disc thickness increases with redshift (Förster Schreiber et al. 2006), though dynamically cold disc are found also in high-redshift galaxies (Rizzo et al. 2021). Thick gaseous discs are observed in present-day dwarf galaxies (e.g. Roychowdhury et al. 2010) and expected in dwarf protogalaxies (Nipoti & Binney 2015). Moreover, the observational galactic volumetric star-formation laws (Bacchini et al. 2019) strongly suggest that the three-dimensional (3D) structure of discs has an important role in the process of conversion of gas into stars.

Several authors have tackled the problem of the gravitational instability of non-razor-thin discs, essentially obtaining modifications of the thin-disc stability criteria that account for finite thickness (Toomre 1964; Romeo 1992; Bertin & Amorisco 2010; Wang et al. 2010; Elmegreen 2011; Griv & Gedalin 2012; Romeo & Falstad 2013; Behrendt, Burkert & Schartmann 2015). 3D systems have been studied only under rather specific assumptions: Chandrasekhar (1961) analysed infinite homogeneous rotating systems, while Safronov (1960), Genkin & Safronov (1975), and Bertin & Casertano (1982) considered homogeneous rotating slabs of finite thickness. Goldreich & Lynden-Bell (1965a,b) accounted in detail for the vertical stratification of the gas distribution, assuming polytropic

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equation of state (and thus polytropic distributions) with specific values of the polytropic index (see also Meidt 2022). Mamatsashvili & Rice (2010) studied 3D models of discs with polytropic vertical structure and Keplerian rotation.

In this work, we address the general problem of the local gravitational stability of rotating stratified fluids. Considering axisymmetric perturbations, we derive 3D dispersion relations and stability criteria for baroclinic and barotropic configurations, as well as for somewhat idealized models of vertically stratified discs.

2 PRELIMINARIES

We perform a linear stability analysis of rotating astrophysical gaseous systems taking into account the self-gravity of the perturbations. Here, we introduce the equations on which such analysis is based, and we define the general properties of the unperturbed fluid and of the disturbances.

2.1 Fundamental equations

For our purposes, the relevant set of equations consists of the adiabatic inviscid fluid equations combined with the Poisson equation. As it is natural when dealing with rotating system, we work in cylindrical coordinates (R, ϕ, z) . For simplicity, we consider only axisymmetric unperturbed configurations and perturbations, so all derivatives with respect to ϕ are null. Under these assumptions the fundamental system of equations reads

$$\begin{aligned} \frac{\partial \rho}{\partial t} + \frac{1}{R} \frac{\partial(R\rho u_R)}{\partial R} + \frac{\partial(\rho u_z)}{\partial z} &= 0, \\ \frac{\partial u_R}{\partial t} + u_R \frac{\partial u_R}{\partial R} + u_z \frac{\partial u_R}{\partial z} - \frac{u_\phi^2}{R} &= -\frac{1}{\rho} \frac{\partial p}{\partial R} - \frac{\partial \Phi}{\partial R} - \frac{\partial \Phi_{\text{ext}}}{\partial R}, \\ \frac{\partial u_\phi}{\partial t} + u_R \frac{\partial u_\phi}{\partial R} + u_z \frac{\partial u_\phi}{\partial z} + \frac{u_R u_\phi}{R} &= 0, \\ \frac{\partial u_z}{\partial t} + u_R \frac{\partial u_z}{\partial R} + u_z \frac{\partial u_z}{\partial z} &= -\frac{1}{\rho} \frac{\partial p}{\partial z} - \frac{\partial \Phi}{\partial z} - \frac{\partial \Phi_{\text{ext}}}{\partial z}, \\ \frac{p}{\gamma - 1} \left(\frac{\partial}{\partial t} + \mathbf{u} \cdot \nabla \right) \ln(p\rho^{-\gamma}) &= 0, \\ \frac{1}{R} \frac{\partial}{\partial R} \left(R \frac{\partial \Phi}{\partial R} \right) + \frac{\partial^2 \Phi}{\partial z^2} &= 4\pi G\rho, \end{aligned} \quad (1)$$

where, $\rho, \mathbf{u} = (u_R, u_\phi, u_z), p$, and Φ are, respectively, the gas density, velocity, pressure, and gravitational potential, γ is the adiabatic index, and Φ_{ext} is an external *fixed* gravitational potential.

2.2 Properties of the unperturbed system and of the perturbations

Let us consider a generic quantity $q = q(R, z, t)$ describing a property of the fluid (such as ρ, p, Φ or any component of \mathbf{u}): q can be written as $q = q_{\text{unp}} + \delta q$, where the (time independent) quantity q_{unp} describes the stationary unperturbed fluid and the (time dependent) quantity δq describes the Eulerian perturbation. From now on, without risk of ambiguity, we will indicate any unperturbed quantity q_{unp} simply as q .

We assume that the unperturbed system is a stationary rotating ($u_\phi \neq 0$) solution of the system of equations (1) with no meridional motions ($u_R = u_z = 0$). Limiting ourselves to a linear stability analysis, we consider small ($|\delta q/q| \ll 1$) plane-wave perturbations with spatial and temporal dependence $\delta q \propto \exp[i(k_R R + k_z z - \omega t)]$, where ω is the frequency, and k_R and k_z are the radial and vertical components of the wavevector \mathbf{k} , respectively.

3 LINEAR PERTURBATION ANALYSIS AND DISPERSION RELATIONS

Here, we present the linear analysis of the system of equations (1) for a rotating stratified fluid perturbed with disturbances with properties described in Section 2.2. We derive the dispersion relations for general baroclinic and barotropic distributions, as well as for vertically stratified discs with negligible radial density and pressure gradients.

3.1 Baroclinic distributions

When the unperturbed distribution is baroclinic, surfaces of constant density and pressure do not coincide and $\Omega = \Omega(R, z)$, where Ω is the angular velocity defined by $u_\phi = \Omega R$. Perturbing and linearizing system of equations (1), under the assumption of a baroclinic unperturbed distribution, we get

$$\begin{aligned} -i\omega\delta\rho + i \left(k_R - \frac{i}{R} - i \frac{\rho'_R}{\rho} \right) \rho\delta u_R + i \left(k_z - i \frac{\rho'_z}{\rho} \right) \rho\delta u_z &= 0, \\ -i\omega\delta u_R - 2\Omega\delta u_\phi &= -i \frac{k_R}{\rho} \delta p + \frac{p'_R}{\rho^2} \delta\rho - ik_R\delta\Phi, \\ -i\omega\delta u_\phi + \frac{\partial(\Omega R)}{\partial R} \delta u_R + R \frac{\partial\Omega}{\partial z} \delta u_z + \Omega\delta u_R &= 0, \\ -i\omega\delta u_z &= -i \frac{k_z}{\rho} \delta p + \frac{p'_z}{\rho^2} \delta\rho - ik_z\delta\Phi, \\ -i\omega \frac{\delta p}{p} + i\gamma\omega \frac{\delta\rho}{\rho} + \sigma'_R \delta u_R + \sigma'_z \delta u_z &= 0, \\ - \left(k^2 - i \frac{k_R}{R} \right) \delta\Phi &= 4\pi G\delta\rho, \end{aligned} \quad (2)$$

where $k = \sqrt{k_R^2 + k_z^2}$, $\rho'_R \equiv \partial\rho/\partial R$, $\rho'_z \equiv \partial\rho/\partial z$, $p'_R \equiv \partial p/\partial R$, $p'_z \equiv \partial p/\partial z$, $\sigma'_R \equiv \partial\sigma/\partial R$, $\sigma'_z \equiv \partial\sigma/\partial z$, and $\sigma \equiv \ln(p\rho^{-\gamma})$ is the normalized specific entropy. In deriving the system of equations (2), we did not make any assumption on the wavelength of the disturbance: Assuming now that k is large compared to $1/R$, the system of equations (2) leads to the dispersion relation

$$\begin{aligned} \omega^4 + (4\pi G\rho - \kappa^2 - \nu^2 - c_s^2 k^2) \omega^2 + \mathcal{N}^2 c_s^2 k^2 \\ + c_s^2 k_z \left(k_z \kappa^2 - k_R R \frac{\partial\Omega^2}{\partial z} \right) - 4\pi G\rho \frac{k_z}{k^2} \left(k_z \kappa^2 - k_R R \frac{\partial\Omega^2}{\partial z} \right) \\ + \kappa^2 \nu^2 &= 0, \end{aligned} \quad (3)$$

where $c_s^2 = \gamma p/\rho$ is the adiabatic sound speed squared, κ is the epicycle frequency, defined by

$$\kappa^2 \equiv 4\Omega^2 + \frac{d\Omega^2}{d \ln R}, \quad (4)$$

$$\mathcal{N}^2 \equiv -\frac{1}{\gamma\rho} \left[\frac{k_z^2}{k^2} \sigma'_R p'_R + \frac{k_R^2}{k^2} \sigma'_z p'_z - \frac{k_R k_z}{k^2} (\sigma'_R p'_z + \sigma'_z p'_R) \right] \quad (5)$$

is a generalized buoyancy (or Brunt–Väisälä) frequency squared (see Balbus 1995), and we have introduced the frequency ν , defined by

$$\nu^2 \equiv \frac{\rho'_z p'_z}{\rho^2} = \frac{c_s^2}{\gamma} \frac{\rho'_z}{\rho} \frac{p'_z}{p}, \quad (6)$$

which is related to vertical pressure and density gradients.

3.2 Barotropic distributions

When the unperturbed distribution is barotropic, the isobaric and isopycnic surfaces coincide, and $\Omega = \Omega(R)$ (e.g. Tassoul 1978). The

dispersion relation for the barotropic case, obtained from equation (3) substituting $\partial\Omega^2/\partial z = 0$, is

$$\omega^4 + (4\pi G\rho - \kappa^2 - v^2 - c_s^2 k^2)\omega^2 + \mathcal{N}^2 c_s^2 k^2 + \kappa^2 c_s^2 k_z^2 - 4\pi G\rho \kappa^2 \frac{k_z^2}{k^2} + \kappa^2 v^2 = 0, \quad (7)$$

where, given that $p = p(\rho)$, \mathcal{N}^2 can be written as

$$\mathcal{N}^2 = -\frac{1}{\gamma\rho} \frac{d\sigma}{d\rho} \frac{dp}{d\rho} \left(\frac{k_R}{k} \rho'_z - \frac{k_z}{k} \rho'_R \right)^2. \quad (8)$$

3.3 Vertically stratified discs

A gaseous disc with finite thickness can be approximately described over most of its radial extent by a stationary rotating fluid with negligible radial gradients of pressure and density compared to the corresponding vertical gradients. If we further assume that $\Omega = \Omega(R)$, the dispersion relation describing the evolution of axisymmetric perturbations in such a disc model can be obtained from equations (7) and (8), simply by imposing¹ $\rho'_R = 0$. The resulting dispersion relation is

$$\omega^4 + (4\pi G\rho - \kappa^2 - v^2 - c_s^2 k^2)\omega^2 + N_z^2 c_s^2 k_R^2 + \kappa^2 c_s^2 k_z^2 - 4\pi G\rho \kappa^2 \frac{k_z^2}{k^2} + \kappa^2 v^2 = 0, \quad (9)$$

where $N_z^2 \equiv -\sigma'_z p'_z / (\gamma\rho)$ is the vertical Brunt–Väisälä frequency squared.

4 STABILITY CRITERIA

Here, we derive the stability criteria obtained analysing the dispersion relations of Section 3, starting from the simplest case (vertically stratified discs) and then moving to more general barotropic and baroclinic distributions. The dispersion relations of Section 3 were derived without any assumption on the sign of κ^2 , N_z^2 , and v^2 . However, given that we are interested in the gravitational instabilities, in the following we perform the stability analysis assuming $\kappa^2 > 0$ and $N_z^2 > 0$, to exclude, at least when $\Omega = \Omega(R)$, rotational and convective instabilities (e.g. Tassoul 1978). It is useful to note that

$$N_z^2 = -\frac{p'_z}{\gamma\rho} \left(\frac{p'_z}{p} - \gamma \frac{\rho'_z}{\rho} \right) = v^2 - \frac{(p'_z)^2}{\gamma\rho p} < v^2, \quad (10)$$

so our assumption $N_z^2 > 0$ implies $v^2 > 0$.

The dispersion relations of Section 3 were derived using as only assumption on the perturbation wavenumber that k is larger than $1/R$. Further restrictions on k derive from the requirement that the size of the disturbance must be smaller than the characteristic length-scales of the unperturbed system. Thus, based on the arguments reported in Appendix A, the following stability analysis (with the only exception of Section 4.1.2) will be restricted to modes with

$$k^2 > k_J^2 + \frac{v^2}{c_s^2}, \quad (11)$$

where $k_J = \sqrt{4\pi G\rho}/c_s$ is the Jeans wavenumber. In Section 4.1.2, where the analysis is limited to radial modes in vertically stratified discs, we consider also longer-wavelength modes that do not satisfy the condition in equation (11).

¹For the stationary hydrodynamic equations to be satisfied with $\Omega = \Omega(R)$ and $\rho'_R = 0$, the gravitational potential must be separable in cylindrical coordinates. Though in general this is not the case globally, it can be locally a reasonable approximation for our idealized model.

4.1 Criteria for vertically stratified discs

Using the notation introduced at the beginning of Appendix B, the dispersion relation in equation (9) can be written in the form of equation (B1). Analysing this dispersion relation, in Section B1 we show that for vertically stratified discs a sufficient condition for stability is equation (B6), i.e.

$$4\pi G\rho N_z^2 < (v^2 - N_z^2)(N_z^2 - \kappa^2) \quad (\text{sufficient for stability}). \quad (12)$$

We recall that this criterion refers only to stability against short-wavelength perturbations (i.e. modes satisfying the condition in equation 11), so stability against longer wavelength modes is not guaranteed. In the following, we analyse the behaviour of specific families of modes, which could allow us to obtain sufficient criteria for instability.

4.1.1 Modes with $k_R = 0$

For vertical modes the dispersion relation, obtained substituting $k_R = 0$ in equation (9), is

$$\omega^4 + (4\pi G\rho - \kappa^2 - v^2 - c_s^2 k_z^2)\omega^2 + \kappa^2 c_s^2 k_z^2 - 4\pi G\rho \kappa^2 + \kappa^2 v^2 = 0, \quad (13)$$

which is in the form of equation (B7). In Appendix B2, we show that all vertical modes satisfying the condition in equation (11) are stable.

4.1.2 Modes with $k_z = 0$

Given that our disc model has no density or pressure radial gradients, when studying purely radial ($k_z = 0$) modes we can relax the assumption expressed by equation (11), so we consider here also smaller $|k_R|$ modes, requiring only² that $|k_R|$ is larger than $1/R$. However, as pointed out by Safronov (1960) and Goldreich & Lynden-Bell (1965a), when considering radial modes with $|k_R|$ smaller than $\sim 1/h_z$, where h_z is the disc thickness, care must be taken when perturbing the Poisson equation, to avoid the unphysical divergence for small $|k_R|$ that one would obtain from the last equation of the system of equations (2) when $k_z = 0$. Following Goldreich & Lynden-Bell (1965a), here we consider a perturbed Poisson equation in the form

$$-(k_R^2 + h_z^{-2})\delta\Phi = 4\pi G\delta\rho, \quad (14)$$

which approximately accounts for the finite vertical extent of the disc (see also Toomre 1964; Shu 1968; Vandervoort 1970; Yue 1982, for similar approaches in two-dimensional models). Combining this equation with the first five equations of the system of equations (2), assuming $k_z = 0$ and $\rho'_R = p'_R = \sigma'_R = 0$, for wavenumbers larger than $1/R$ we get the dispersion relation³

$$\omega^4 + \left(4\pi G\rho \frac{k_R^2}{k_R^2 + h_z^{-2}} - \kappa^2 - v^2 - c_s^2 k_R^2 \right) \omega^2 + N_z^2 c_s^2 k_R^2 + \kappa^2 v^2 = 0, \quad (15)$$

which is in the form of equation (B9). In Appendix B3, we show that for this dispersion relation a sufficient condition for instability

²We must also require that $|k_R|$ is larger than $(d\kappa^2/dR)/\kappa^2$, which however is typically of the order of $1/R$.

³When $\rho'_z = 0$ (and thus $N_z = 0$ and $v = 0$), this dispersion relation reduces to a quadratic dispersion relation, which is essentially that obtained by Safronov (1960) for a homogeneous disc of finite thickness.

is given by equation (B14), which can be rewritten as

$$Q_{3D} \equiv \frac{\sqrt{\kappa^2 + \nu^2} + c_s h_z^{-1}}{\sqrt{4\pi G \rho}} < 1 \quad (\text{sufficient for instability}). \quad (16)$$

When this condition is satisfied the instability occurs for intermediate values of $|k_R|$, i.e. those modes that satisfy the condition in equation (B13), i.e.

$$c_s^4 k_R^4 - (4\pi G \rho - \kappa^2 - \nu^2 - c_s^2 h_z^{-2}) c_s^2 k_R^2 + c_s^2 h_z^{-2} (\kappa^2 + \nu^2) < 0, \quad (17)$$

consistent with the general finding that the short-wavelength disturbances are stabilized by pressure and long-wavelength disturbances by rotation⁴ (e.g. Toomre 1964; Goldreich & Lynden-Bell 1965a).

To gauge the parameter h_z appearing in equations (14–17), in Appendix C we compare the criterion in equation (16) with those obtained for two specific models by Goldreich & Lynden-Bell (1965a). This comparison suggests adopting $h_{60\%} \lesssim h_z \lesssim h_{80\%}$, where $h_{X\%}$ is the height of a strip centred on the mid-plane containing $X\%$ of the mass per unit surface. $h_z \approx h_{70\%}$ can be taken as reference fiducial value.

4.2 Criteria for barotropic distributions

We consider here the dispersion relation (equation 7) obtained for barotropic distributions. We did attempt to analyse this dispersion relation with an approach similar to that of Appendix B1; however, we did not find simple general stability criteria independent of the wavevector. As in the case of vertically stratified discs (Section 4.1.2), a sufficient criterion for instability can be obtained by considering purely radial perturbations. When $k_z = 0$, the dispersion relation for barotropic distributions (equation 7) becomes

$$\omega^4 + (4\pi G \rho - \kappa^2 - \nu^2 - c_s^2 k_R^2) \omega^2 + N_z^2 c_s^2 k_R^2 + \kappa^2 \nu^2 = 0, \quad (18)$$

which is in the form of equation (B15). In Appendix B4, we show that a sufficient condition for instability is given by equation (B18), which can be rewritten as

$$4\pi G \rho N_z^2 > \nu^2 (\nu^2 - N_z^2) + (\kappa^2/2)^2 \quad (\text{sufficient for instability}). \quad (19)$$

We note that equation (10) implies that the right-hand side of this inequality is always positive, so stratification, as well as rotation, can contribute to counteract the instability.

4.3 Criteria for baroclinic distributions

The dispersion relation found for baroclinic distributions (equation 3) differs from the corresponding dispersion relation for barotropic distributions (equation 7) only for the presence of terms $\propto k_z k_R \partial \Omega^2 / \partial z$. Thus, the behaviour of radial ($k_z = 0$) modes in baroclinic distributions is determined by the dispersion relation in equation (18). It follows that the sufficient criterion for instability given by equation (19) applies also to systems with baroclinic distributions.

⁴For an infinite homogeneous uniformly rotating medium ($h_z \rightarrow \infty$, $\nu = 0$, $\kappa^2 = 4\Omega^2$), condition (17) reduces to $c_s^2 k_R^2 < 4\pi G \rho - 4\Omega^2$, which is the instability criterion found by Chandrasekhar (1961).

5 A CASE STUDY: DISCS IN VERTICAL ISOTHERMAL EQUILIBRIUM

As a case study, we consider here a simple model of a disc with the properties described in Section 3.3, without external potential, assuming that the vertical density distribution is given by the self-gravitating isothermal slab (Spitzer 1942):

$$\rho(z) = \rho_0 \text{sech}^2 \tilde{z}, \quad (20)$$

where $\rho_0 = \rho(0)$ is the density in the mid-plane, $\tilde{z} \equiv z/b$, and $b = c_{s,\text{iso}} / \sqrt{2\pi G \rho_0}$, where $c_{s,\text{iso}} \equiv c_s \gamma^{-1/2}$ is the position-independent isothermal sound speed (in this section we assume $\gamma = 5/3$). For this model we have

$$\nu^2 = 8\pi G \rho_0 \tanh^2 \tilde{z} \quad (21)$$

and

$$N_z^2 = \frac{2}{5} \nu^2. \quad (22)$$

5.1 Sufficient criterion for instability

Using equations (20–22) and $\rho_0 = \pi G \Sigma^2 / (2c_{s,\text{iso}}^2)$, where

$$\Sigma = \int_{-\infty}^{\infty} \rho(z) dz \quad (23)$$

is the surface density, for the isothermal disc the sufficient condition for instability (equation 16) becomes

$$Q_{3D} = \sqrt{\frac{Q^2}{2} \cosh^2 \tilde{z} + 2 \sinh^2 \tilde{z}} + \sqrt{\frac{5}{6} \frac{b}{h_z} \cosh \tilde{z}} < 1 \quad (24)$$

(sufficient for instability),

where

$$Q \equiv \frac{\kappa c_{s,\text{iso}}}{\pi G \Sigma} \quad (25)$$

is the classical two-dimensional (2D) Toomre (1964) instability parameter at a given radius. Fig. 1 shows Q_{3D} as a function of z for representative values of Q when $h_z = h_{60\%} \simeq 1.4b$ (left-hand panel) and $h_z = h_{80\%} \simeq 2.2b$ (right-hand panel), which should bracket realistic values of h_z (see Section 4.1.2 and Appendix C). Q_{3D} is an increasing function of $|z|$, so, at given radius, the disc is more prone to gravitational instability near the mid-plane. For both choices of h_z , the $Q = 1$ model is stable and the $Q = 0.25$ model is unstable; the $Q = 0.5$ model is marginally stable for $h_z = h_{60\%}$ and unstable for $h_z = h_{80\%}$. The overall condition to have instability at any height at a given radius in the considered stratified disc is $Q_{3D,\text{min}} = Q_{3D}(0) < 1$, i.e.

$$Q < Q_{\text{crit}} = \sqrt{2} - \sqrt{\frac{5}{3} \frac{b}{h_z}} \quad (\text{sufficient for instability}), \quad (26)$$

which gives $Q_{\text{crit}} \simeq 0.48$ for $h_z = h_{60\%}$ and $Q_{\text{crit}} \simeq 0.83$ for $h_z = h_{80\%}$, broadly consistent with Toomre's 2D criterion $Q < 1$, given the known stabilizing effect of finite thickness (see Section 5.3).

When the conditions for instability are met, there is a range of unstable radial wavenumbers (satisfying the condition in equation 17) centred at $|k_R| = k_{R,\text{inst}}$ (see Appendix B3). For the discs here considered $k_{R,\text{inst}}$ is largest in the mid-plane, where it can be written as

$$k_{R,\text{inst}}^2 h_z^2 = \frac{3}{5} \frac{h_z^2}{b^2} \left(1 - \frac{Q^2}{2}\right) - \frac{1}{2}, \quad (27)$$

which gives $0.7 \lesssim k_{R,\text{inst}} h_z \lesssim 1.5$ for $h_{60\%} \lesssim h_z \lesssim h_{80\%}$ and $0 \lesssim Q \lesssim Q_{\text{crit}}$. Thus, the typical unstable modes ($|k_R| h_z \approx 1$) have

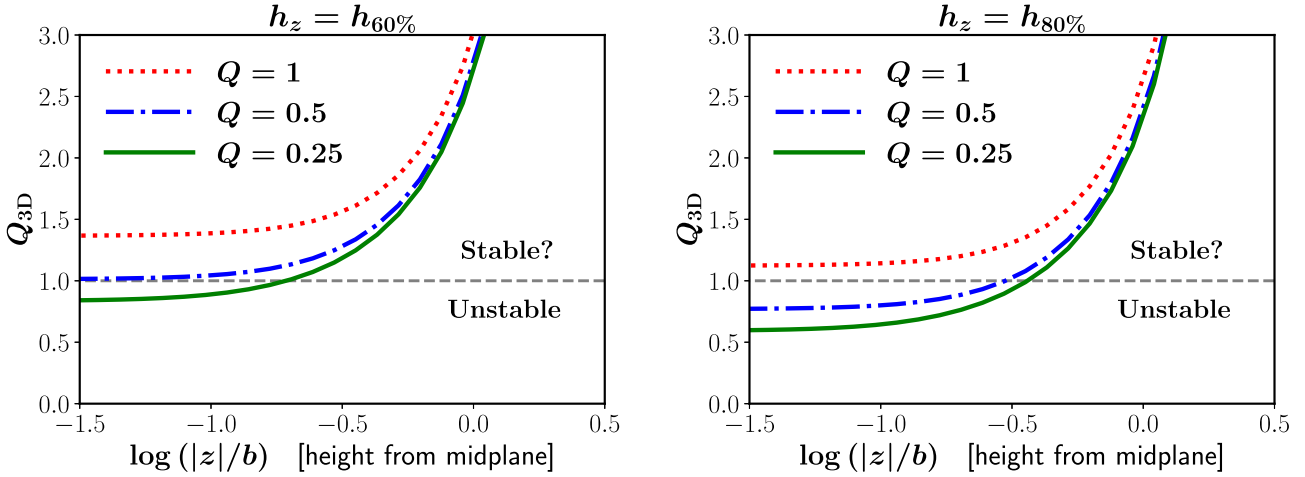


Figure 1. The 3D instability parameter Q_{3D} as a function of height from the mid-plane $|z|$ for a rotating, self-gravitating stratified disc in vertical isothermal equilibrium (equation 20) at a given radius, for different values of Toomre’s 2D instability parameter Q . Q_{3D} is calculated for $\gamma = 5/3$ and either $h_z = h_{60\%}$ (thickness containing 60% of the mass per unit surface; left-hand panel) or $h_z = h_{80\%}$ (thickness containing 80% of the mass per unit surface; right-hand panel). Our sufficient 3D instability criterion predicts instability where $Q_{3D} < 1$, but does not guarantee stability where $Q_{3D} > 1$.

radial wavelength $\approx 2\pi h_z$, consistent with estimates obtained in finite thickness-corrected 2D models (Kim, Ostriker & Stone 2002; Romeo & Agertz 2014; Behrendt et al. 2015, see Section 5.3). We note that, provided that h_z is smaller than R , $k_{R,inst}$ is larger than $1/R$, consistent with our assumptions.

5.2 Sufficient criterion for stability

Combining the condition in equation (12) with equations (21) and (22), we get that for the isothermal stratified disc a sufficient condition for stability is

$$\frac{4}{3 \cosh^2 \bar{z}} \left(\frac{6}{5} \sinh^2 \bar{z} - 1 \right) > Q^2 \quad (\text{sufficient for stability}). \quad (28)$$

The left-hand side of this inequality is an increasing function of $|z|$. When $Q \lesssim 1.27$, this sufficient criterion guarantees stability at $|z| > z_{crit,stab}$, where $z_{crit,stab} > b \operatorname{asinh} \sqrt{5/6} \simeq 0.82b$ is an increasing function of Q .

Fig. 2 shows, for a representative isothermal disc with $Q = 0.4$ at a given radius, stability and instability regions, as a function of height from mid-plane, obtained combining our sufficient criteria for stability (equation 28) and instability (equation 24), taking for the latter as fiducial value $h_z = h_{70\%} \simeq 1.7b$, such that $Q_{crit} \simeq 0.67$ (equation 26). The disc is unstable close to the mid-plane (at $|z| < z_{crit,inst} \simeq 0.25b$) and stable at $|z| > z_{crit,stab} \simeq 0.9b$, while stability is not guaranteed at intermediate heights.

5.3 Comparison with finite-thickness corrected 2D models

Here, we compare our results on the isothermal disc with those obtained with modifications of the thin-disc stability criteria that account for finite thickness, which, as mentioned in Section 1, are a complementary approach to study the local gravitational instability in realistically thick discs. These modified 2D criteria are based on 2D models in which the self-gravity of the perturbation is corrected with a reduction factor \mathcal{F} , depending both on the radial wavenumber of the perturbation and on the disc scale height. Different authors have adopted different functional forms of \mathcal{F} ; however, for given \mathcal{F} , by computing the wavenumber of the most unstable mode, it

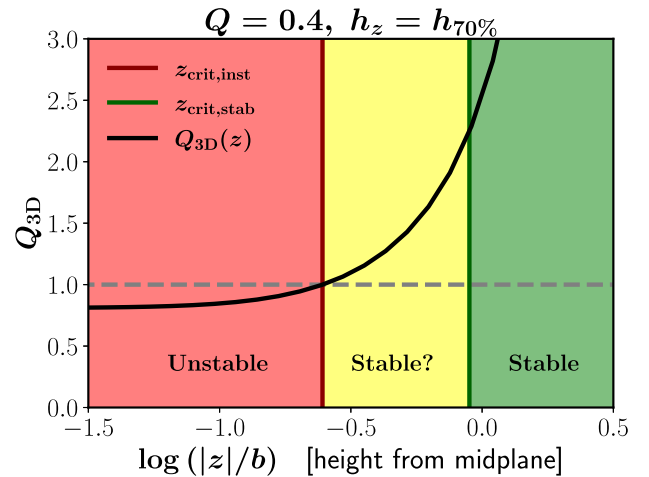


Figure 2. Instability and stability regions as a function of height from the mid-plane $|z|$ at a given radius for a rotating, self-gravitating stratified disc in vertical isothermal equilibrium (equation 20) with 2D Toomre’s parameter $Q = 0.4$ for $\gamma = 5/3$. The instability region ($|z| < z_{crit,inst}$; red) is determined by the criterion $Q_{3D} < 1$ (equation 24) with $h_z = h_{70\%}$. The stability region ($|z| > z_{crit,stab}$; green) is determined by the condition in equation (28). In the yellow region stability is not guaranteed by our criteria.

is always possible to express the condition for instability as $Q < Q_{crit}$, where Q_{crit} depends on the unperturbed vertical density distribution. Focusing on the self-gravitating isothermal disc, we can thus compare the values of Q_{crit} that we find using our 3D criterion ($Q_{crit} \simeq 0.5, 0.7$ and 0.8 for $h_z = h_{60\%}, h_{70\%}$ and $h_{80\%}$, respectively; see Sections 5.1 and 5.2), with those obtained in the literature using modified 2D criteria: $Q_{crit} \simeq 0.65$ (Kim et al. 2002), $0.6 \lesssim Q_{crit} \lesssim 0.65$ (Bertin & Amorisco 2010, considering two different functional forms of \mathcal{F} ; see also Bertin 2014), $Q_{crit} \simeq 0.69$ (Wang et al. 2010), $Q_{crit} \simeq 0.67$ (Romeo & Falstad 2013, based on the calculations presented in Romeo 1992), and $Q_{crit} \simeq 0.70$ (Behrendt et al. 2015). These values of Q_{crit} are consistent with those found with our 3D criterion, with a remarkably good agreement when $h_z \approx h_{70\%}$.

6 CONCLUSIONS

In this paper, we have derived dispersion relations for axisymmetric perturbations, which can be used to study the local gravitational stability in stratified rotating axisymmetric gaseous systems with general baroclinic (equation 3) and barotropic (equation 7) distributions, as well as in vertically stratified discs (equations 9, 13, and 15). We have obtained 3D sufficient stability (equation 12) and instability (equations 16 and 19) criteria, which generalize previous results and can be used to determine whether and where a rotating system of given 3D structure is prone to fragmentation and clump formation.

In the case of vertically stratified discs, we have expressed the sufficient instability criterion as $Q_{3D} < 1$ (equation 16), where the dimensionless parameter $Q_{3D} = (\sqrt{\kappa^2 + v^2} + c_s h_z^{-1}) / \sqrt{4\pi G \rho}$ can be seen as a 3D version of Toomre's 2D Q parameter, in which the combined stabilizing effects of rotation (κ^2) and stratification (v^2) are apparent. A shortcoming of this 3D criterion is that the disc thickness parameter h_z is not exactly defined. However, the comparison with previous 2D and 3D models in the literature (Section 5 and Appendix C) suggests using $h_z \approx h_{70\%}$ as fiducial value, where $h_{70\%}$ is the height of a strip centred on the mid-plane containing 70% of the mass per unit surface. Independent of the specific assumed definition of h_z , applying our criteria to discs with isothermal vertical stratification, we have shown quantitatively that the conditions for gravitational instability are more easily met close to the mid-plane, while stability prevails far from the mid-plane. In the mid-plane of unstable discs, the typical perturbations that are expected to grow have radial extent of a few h_z .

When the conditions for gravitational instability are satisfied, the perturbations are expected to grow and enter the non-linear regime, which cannot be studied using the linearized equations considered in this work. Though numerical simulations would be necessary to describe quantitatively the non-linear growth of axisymmetric disturbances, qualitatively we expect that the outcome of the instability would be the formation of thick ring-like structures in the equatorial plane of the rotating gaseous systems, which might then fragment into spiral arms, filaments, and clumps (see Wang et al. 2010; Behrendt et al. 2015). These clumps are likely to be the sites of star formation in galactic discs and possibly of planet formation in protostellar discs. Collapsed overdense rings are not expected to form out of the mid-plane, not only because there the instability conditions are harder to meet (see Figs 1 and 2), but also because in the vertical direction the gravitational instability is essentially Jeans-like, with Jeans length is of the order of the vertical scale height (see Section 4.1.1 and Appendix A), so there is no room to form vertically distinct rings. The 3D structure of filaments formed in the mid-plane of gravitationally unstable plane-parallel stratified non-rotating systems has been studied with hydrodynamic simulations by Van Loo, Keto & Zhang (2014, see their figs 6 and 7). Mutatis mutandis, the results of Van Loo et al. (2014) suggest that, in an unstable rotating stratified disc, the collapsed overdense rings will likely have vertical density distributions similar in shape to that of the unperturbed disc, but with smaller scale height.

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DATA AVAILABILITY

The data underlying this article will be shared on reasonable request to the corresponding author.

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APPENDIX A: RESTRICTIONS ON THE PERTURBATION WAVENUMBER

For the perturbation analysis to be consistent, the size of the disturbance must be smaller than the characteristic length-scales of the unperturbed system. In particular, the properties of the background must not vary significantly over the size of the perturbations, so we must exclude from our analysis perturbations with k smaller than $1/\ell$, where $\ell \equiv |q|/|\nabla q|$ is the characteristic length over which any quantity q varies in the unperturbed configuration at the position of

the disturbance. An estimate of $1/\ell^2$ is $\|\nabla\rho\|/\|\nabla p\|/(\rho p)$. In general, in the presence of rotation, the vertical density and pressure gradients are stronger than the corresponding radial gradients, so we can take $1/\ell^2 \approx |\rho'_z p'_z|/(\rho p)$. Of course, the underlying assumption is that the unperturbed gas distribution is sufficiently smooth, so that ℓ can give a measure of macroscopic gradients and is not affected by small-scale inhomogeneities.

As an additional restriction on the perturbation wavenumber, we also require k to be larger than $1/\mathcal{L}$, where \mathcal{L} is the macroscopic length-scale of the gaseous system.⁵ In order to estimate \mathcal{L} , let us consider a very general argument (e.g. Binney & Tremaine 2008; Bertin 2014): It follows from the virial theorem that an equilibrium self-gravitating gaseous system of mass M and sound speed c_s has characteristic size $\mathcal{L} \approx GM/c_s^2$. This equation, combined with $M \approx \rho\mathcal{L}^3$, where ρ is the mean density of the system, gives $1/\mathcal{L}^2 \approx G\rho/c_s^2 \approx k_J^2$, where $k_J^2 = 4\pi G\rho/c_s^2$ is the Jeans wavenumber squared. So the characteristic size of a self-gravitating gaseous system is of the order of the Jeans length. This has the sometime overlooked implication that, in the case of a gas cloud of finite size, the classical Jeans stability analysis proves that linear perturbations with $k \gtrsim k_J$ are stable, but does not prove that modes with $k \lesssim k_J$ are unstable. For a rotating flattened system the shortest macroscopic scale is the vertical scale height, which is typically of the order $1/k_J$ (see e.g. the case of a vertical isothermal distribution; Section 5).

The above simple arguments indicate that we must exclude from our analysis modes with $k^2 \lesssim |\rho'_z p'_z|/(\rho p)$ and modes with $k \lesssim k_J$. In practice, to approximately implement both these conditions, we find it convenient to limit our analysis to modes with k satisfying the condition given by equation (11). This restriction is adopted throughout Section 4, with the only exception of Section 4.1.2.

APPENDIX B: ANALYSIS OF THE DISPERSION RELATIONS

In this appendix, we analyse dispersion relations in the form $P(\omega, s) = 0$, where ω is the frequency and $s \equiv c_s^2 k^2$ with k the wavenumber, which are biquadratic in ω . For given s , we indicate the zeros of P as ω_1^2 and $\omega_2^2 \geq \omega_1^2$, and the discriminant of P as Δ_ω . In the analysis, when dealing with a quadratic polynomial of s , we indicate its discriminant as Δ_s and its zeros as s_1 and $s_2 \geq s_1$. When ω^2 is real, the condition for stability is $\omega_1^2 > 0$. Modes such that ω^2 is not real are unstable (overstable), because there is at least one solution with positive $\text{Im}(\omega)$.

To simplify the notation we define the positive quantities $A \equiv 4\pi G\rho$, $B \equiv \kappa^2$, $C \equiv v^2$, $D \equiv N_z^2$, and $E \equiv c_s^2 h_z^{-2}$, all with dimensions of a frequency squared, as well as the dimensionless quantity $\zeta \equiv k_z^2/k^2$, which is a measure of the relative contribution of the vertical component of the wavevector. The coefficients of the dispersion relations depend in general on A , B , C , D , E , and ζ . By definition $0 \leq \zeta \leq 1$; we further assume $A > 0$, $B > 0$, $C > 0$, $D > 0$, and $E > 0$ (see Section 4). We recall that $C > D$ (see equation 10) and that in all the following sections, with the only exception of Appendix B3, we limit our analysis to modes with $s > A + C$ (see equation 11).

⁵ $k > 1/\ell$ does not necessarily imply $k > 1/\mathcal{L}$: e.g. $\ell \rightarrow \infty$ where $\|\nabla q\| \rightarrow 0$.

B1 Dispersion relations in the form ‘ABCD ζ ’

We consider here dispersion relations in the form

$$\omega^4 + (A - B - C - s)\omega^2 + (1 - \zeta)Ds + \zeta Bs - \zeta AB + BC = 0. \quad (\text{B1})$$

The discriminant of the dispersion relation is

$$\begin{aligned} \Delta_\omega &= (A - B - C - s)^2 - 4(1 - \zeta)Ds - 4\zeta Bs + 4\zeta AB - 4BC \\ &= s^2 - 2[A - B - C + 2(1 - \zeta)D + 2\zeta B]s \\ &\quad + (A - B - C)^2 + 4\zeta AB - 4BC, \end{aligned} \quad (\text{B2})$$

which is positive for $s \rightarrow \infty$. The discriminant of $\Delta_\omega(s)$ is

$$\begin{aligned} \Delta_s &= 4[A - B - C + 2(1 - \zeta)D + 2\zeta B]^2 - 4(A - B - C)^2 \\ &\quad - 16\zeta AB + 16BC \\ &= 16(1 - \zeta) [(A - B - C + D)D + BC - \zeta(B - D)^2]. \end{aligned} \quad (\text{B3})$$

ω_1^2 is given by

$$2\omega_1^2 = s - (A - B - C) - \sqrt{\Delta_\omega}. \quad (\text{B4})$$

When $\Delta_\omega > 0$, given that $s > A + C > A - B - C$, the condition for stability $\omega_1^2 > 0$ can be written as

$$s > \frac{A - \zeta^{-1}C}{1 + \zeta^{-1}(1 - \zeta)(D/B)}, \quad (\text{B5})$$

which is always satisfied. It follows that there is never monotonic instability.

When $(A - B - C + D)D + BC < 0$, i.e.

$$AD < (C - D)(D - B) \quad (\text{sufficient for stability}), \quad (\text{B6})$$

$\Delta_s < 0$ (and thus $\Delta_\omega > 0$) $\forall \zeta$. Thus, the condition in equation (B6) is sufficient for stability.

B2 Dispersion relations in the form ‘ABC’

We consider here dispersion relations in the form

$$\omega^4 + (A - B - C - s)\omega^2 + Bs - AB + BC = 0. \quad (\text{B7})$$

The discriminant of the dispersion relation is

$$\begin{aligned} \Delta_\omega &= (A - B - C - s)^2 - 4Bs + 4AB - 4BC \\ &= [s - (A + B - C)]^2 \geq 0, \end{aligned} \quad (\text{B8})$$

so ω^2 is always real. For stability $\omega_1^2 > 0$, i.e. $s - (A - B - C) - \sqrt{[s - (A + B - C)]^2} > 0$, which, for $s > A + C > A - B - C$ becomes $[s - (A - B - C)]^2 > [s - (A + B - C)]^2 > 0$. If $s > (A + B - C)$ the latter inequality reduces to $B > 0$, which is always satisfied; if $s < A + B - C$ it reduces to $s > A + C$, which is always satisfied. Thus all modes are stable.

B3 Dispersion relations in the form ‘ABCDE’

We consider here dispersion relations in the form

$$\omega^4 + \left(\frac{As}{s + E} - B - C - s \right) \omega^2 + Ds + BC = 0, \quad (\text{B9})$$

with $C > D$. Different from the rest of Appendix B, here we consider also modes with $s < A + C$. The discriminant of the dispersion relation is

$$\Delta_\omega = \left(\frac{As}{s + E} - B - C - s \right)^2 - 4Ds - 4BC, \quad (\text{B10})$$

whose sign is determined by the sign of a third order polynomial in s . However, we can derive useful instability conditions even without determining the sign of Δ_ω . When $\Delta_\omega < 0$ we have overstability. When $\Delta_\omega > 0$, the condition to have monotonic instability is $\omega_1^2 < 0$, i.e.

$$-g(s) < \sqrt{g^2(s) - 4Ds - 4BC}, \quad (\text{B11})$$

where

$$g(s) \equiv A \frac{s}{s+E} - B - C - s. \quad (\text{B12})$$

The inequality is satisfied only when $g(s) > 0$. Thus, if $g(s) > 0$ and $\Delta_\omega > 0$, we have monotonic instability. If $g(s) > 0$ and $\Delta_\omega < 0$, we have overstability. This implies that a sufficient condition for instability is $g(s) > 0$, i.e.

$$s^2 - (A - B - C - E)s + E(B + C) < 0 \quad (\text{sufficient for instability}), \quad (\text{B13})$$

whose discriminant is $\Delta_s = A^2 - 2(B + C + E)A + (B + C - E)^2$. The larger root s_2 of the polynomial is given by $2s_2 = A - B - C - E + \sqrt{\Delta_s}$. We have instability when $\Delta_s > 0$ and $s_2 > 0$. Imposing these two conditions we get

$$\frac{\sqrt{B+C} + \sqrt{E}}{\sqrt{A}} < 1 \quad (\text{sufficient for instability}), \quad (\text{B14})$$

which is thus a sufficient condition for instability. We note that, when combined with $s_2 > 0$, $\Delta_s > 0$ implies $s_1 > 0$: The interval of unstable wavenumbers $s_1 < s < s_2$ is centred at $(A - B - C - E)/2 > \sqrt{E(B+C)}$.

B4 Dispersion relations in the form ‘ABCD’

We consider here dispersion relations in the form

$$\omega^4 + (A - B - C - s)\omega^2 + Ds + BC = 0, \quad (\text{B15})$$

with $C > D$. The discriminant of the dispersion relation is

$$\begin{aligned} \Delta_\omega &= (A - B - C - s)^2 - 4Ds - 4BC \\ &= s^2 - 2(A - B - C + 2D)s + (A - B - C)^2 - 4BC. \end{aligned} \quad (\text{B16})$$

The discriminant of $\Delta_\omega(s)$ is

$$\begin{aligned} \Delta_s &= 4(A - B - C + 2D)^2 - 4(A - B - C)^2 + 16BC \\ &= 16[(A - B - C + D)D + BC]. \end{aligned} \quad (\text{B17})$$

When $\Delta_\omega > 0$, the condition for instability $\omega_1^2 < 0$ gives $Ds + BC < 0$, which is never satisfied, so there is no monotonic instability. The conditions to have overstability are $\Delta_s > 0$ and $s_2 > A + C$. Given that $s_2 = A - B - C + 2D + s\sqrt{(A - B - C + 2D)D + BC}$, these conditions jointly lead to

$$AD > C(C - D) + (B/2)^2 \quad (\text{sufficient for instability}). \quad (\text{B18})$$

When this condition is satisfied there are unstable (overstable) modes.

APPENDIX C: COMPARISON WITH CRITERIA FOR VERTICALLY STRATIFIED DISCS WITH POLYTROPIC EQUATION OF STATE

In order to gauge the disc thickness parameter h_z appearing in our instability criterion (equation 16) for vertically stratified discs, here we compare our criterion with those found by Goldreich & Lynden-Bell (1965a) for uniformly rotating self-gravitating discs with polytropic equation of state $p \propto \rho^{\gamma'}$, considering in particular values of the polytropic index $\gamma' = 1$ and $\gamma' = 2$. Our linear stability

analysis, performed for adiabatic perturbations, can be adapted to the case of a polytropic equation of state simply imposing $\gamma = \gamma'$, when the unperturbed distribution is stratified with $p \propto \rho^{\gamma'}$. As a measure of the thickness h_z , we can take the height $h_{X\%}$ of a strip centred on the mid-plane containing a fraction $\xi = 0.01X$ of the mass per unit surface: $h_{X\%} = 2z_\xi$, with z_ξ such that

$$\frac{1}{\Sigma} \int_{-z_\xi}^{z_\xi} \rho(z) dz = \xi, \quad (\text{C1})$$

where Σ is given by equation (23). The following analysis of the $\gamma' = 1$ (Appendix C1) and $\gamma' = 2$ (Appendix C2) cases suggests that a good range of values of h_z should be $h_{60\%} \lesssim h_z \lesssim h_{80\%}$.

C1 Self-gravitating isothermal disc with equation of state $p \propto \rho$

In the case of an isothermal disc, the vertical density distribution is $\rho(z) = \rho_0 \text{sech}^2(z/b)$, where $\rho_0 = \rho(0)$ and $b = c_{s,\text{iso}}/\sqrt{2\pi G \bar{\rho}_0}$ (Spitzer 1942; see also Section 5), so

$$h_{X\%} = 2b \operatorname{atanh} \xi. \quad (\text{C2})$$

Goldreich & Lynden-Bell (1965a) found that a uniformly rotating ($\kappa^2 = 4\Omega^2$), self-gravitating isothermal disc is unstable against isothermal perturbations when $\pi G \bar{\rho}/\kappa^2 > 0.73$, where

$$\bar{\rho} \equiv \frac{1}{\Sigma} \int_{-\infty}^{\infty} \rho^2(z) dz = \frac{2}{3} \rho_0 \quad (\text{C3})$$

is the mean gas density. It is straightforward to show that for this disc model, at given radius, the parameter $Q_{3D}(z)$ defined in equation (16) attains its minimum at $z = 0$, so a sufficient condition to have instability at any height in the disc at the considered radius is $Q_{3D,\text{min}} = Q_{3D}(0) < 1$. For this model, imposing $\gamma = 1$, the instability condition $Q_{3D,\text{min}} < 1$ can be rewritten as

$$\frac{\pi G \bar{\rho}}{\kappa^2} > \frac{1}{6} \left(1 - \frac{1}{\sqrt{2}} \frac{b}{h_z} \right)^{-2} \quad (\text{sufficient for instability}). \quad (\text{C4})$$

Using $h_z = h_{X\%}$ and equation (C2), the right-hand side of the above equation equals 0.73 for $\xi \simeq 0.59$, i.e. $h_z \approx h_{60\%}$.

C2 Self-gravitating polytropic disc with equation of state $p \propto \rho^2$

In this case, the vertical density distribution is given by (Goldreich & Lynden-Bell 1965a)

$$\rho(z) = \rho_0 \cos\left(\frac{\pi z}{2a}\right), \quad (\text{C5})$$

for $|z| \leq a$ and $\rho = 0$ for $|z| > a$, where $\rho_0 = \rho(0)$ is the density in the mid-plane, $a = \sqrt{\pi} c_{s,0}/(4\sqrt{G \bar{\rho}_0})$ is a characteristic scale-length, and $c_{s,0} = \sqrt{2p_0/\rho_0}$ is the sound speed at $z = 0$ with p_0 the pressure in the mid-plane. For this model $\bar{\rho} = (\pi/4)\rho_0$ and

$$h_{X\%} = \frac{4a}{\pi} \arcsin \xi. \quad (\text{C6})$$

Goldreich & Lynden-Bell (1965a) found that this model is unstable against polytropic $\gamma' = 2$ perturbations when $\pi G \bar{\rho}/\kappa^2 > 1.11$. As for the isothermal disc (Appendix C1), also in this case, the

⁶Recently, Meidt (2022) claimed a lower threshold for instability $4\pi G \bar{\rho}_0/\kappa^2 > 1$, i.e. $\pi G \bar{\rho}/\kappa^2 > 1/6$, which is the limit of equation (C4) for $h_z \rightarrow \infty$. However, as far as we can tell, this threshold derives from including modes with $|k_z| < k_j$, which should instead be excluded for consistency (see equation 11 and Appendix A).

condition to have instability at any height at a given radius in the disc is $Q_{3D,\min} = Q_{3D}(0) < 1$, which, imposing $\gamma = 2$, can be rewritten as

$$\frac{\pi G \bar{\rho}}{\kappa^2} > \frac{\pi}{16} \left(1 - \frac{2a}{\pi h_z}\right)^{-2} \quad (\text{sufficient for instability}). \quad (\text{C7})$$

Using $h_z = h_{X\%}$ and equation (C6), the right-hand side of the above inequality equals 1.11 for $\xi \simeq 0.76$, i.e. $h_z \approx h_{80\%}$.

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