# Effects of microencapsulated blend of organic acids and botanicals on growth performance, intestinal barrier function, inflammatory cytokines, and endocannabinoid system gene expression in broiler chickens

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**ABSTRACT** With restricted usage of growth-promoting antibiotics, identifying alternative feed additives that both improve intestinal barrier function and reduce inflammation is the center to improve chickens' health. This study examined the effects of a microencapsulated feed additive containing citric acid, sorbic acids, thymol, and vanillin on intestinal barrier function and inflammation status. A total of 240 birds were assigned to either a commercial control diet or control diet supplemented with 500 g/MT of the microencapsulated additive product. Birds were raised by feeding a 2-phase diet (starter, d 1 to d 21; and grower, d 15 to d 42). Growth performance was recorded weekly. At d 21 and d 42, total gastrointestinal tract permeability was evaluated by FITC-dextran (FD4) oral gavage. Jejunum-specific barrier functions were evaluated by Ussing chamber. Intestinal gene expression of selected epithelial cell markers, tight junction (**TJ**) proteins, inflammatory cytokines, and endocannabinoid system (ECS) markers were determined by RT-PCR. Statistical analysis was performed using Student t test. Results showed significant improvement of feed efficiency

in the birds supplemented with the blend of organic acids and botanicals. At d 21, both oral and jejunal FD4 permeability were lower in the supplemented group. Jejunal transepithelial resistance was higher in the supplemented birds. At d 21, expression of TJs mRNA (CLDN1 and ZO2) was both upregulated in the jejunum and ileum of supplemented birds, while CLDN2 was downregulated in cecum. Proliferating cell marker SOX9 was higher expressed in jejunum and ceca. Goblet cell marker (MUC2) was upregulated, while Paneth cell marker (LYZ) was downregulated in the ileum. Proinflammatory cytokine expressions of *IL1B*, *TNFA*, and *IFNG* were downregulated in jejunum, while anti-inflammatory IL10 expression was higher in jejunum, ileum, cecum, and cecal tonsil. The ECS markers expressions were upregulated in most intestinal regions. Together, these results demonstrated that the blend of organic acids and botanical supplementation reduced inflammation, improved the TJs expression and intestinal barrier function, and thus improved chicken feed efficiency. The activated ECS may play a role in reducing intestinal tissue inflammation.

Key words: botanical, organic acid, gut barrier, tight junction, endocannabinoid

### INTRODUCTION

The intestinal barrier consists of a single layer of epithelial cells that selectively transport dietary nutrients while blocking the diffusion of toxins and pathogens in the lumen. Although the definition of optimal gut health may varies among conditions (Kogut and Arsenault, 2016), the improved gut barrier function is most likely the central 2023 Poultry Science 102:102460 https://doi.org/10.1016/j.psj.2022.102460

goal in the current agricultural animal industry (Broom, 2018). The intestinal barrier includes an extrinsic secreted barrier, such as mucus and antimicrobial peptides, as well as intrinsic epithelial cell lining and tight junction (**TJ**) complexes. The proper development of intestinal epithelium, including absorptive enterocytes and secretory goblet cells, enteroendocrine cells and Paneth cells, dynamically regulates intestinal barrier function. During early posthatch development, the interplay between nutrition and microbiota might regulate intestinal epithelial cell composition and homeostasis (Bayer et al., 2021; Gieryńska et al., 2022). Intestinal inflammation from chronic stress or pathogenic challenges always negatively affects barrier function. Given the breeding selection

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toward traits like high feed intake and rapid growth in modern broilers, a low-grade chronic inflammation due to noninfectious stimuli from feed components has been suggested (Kogut et al., 2018). This type of sterile inflammation may increase intestinal permeability at a basal level, facilitating pathogens' translocation.

The removal of growth-promoting antibiotics from poultry production has pushed the demand for identifying alternative feed additives that improve gut health and animal production. Multiple natural dietary additives have been actively investigated for their beneficial effects on animals' health. Among alternatives, organic acids and botanicals improve intestinal health via antimicrobial activity (Bonetti et al., 2020), antioxidation and enhanced digestive enzymes (Hashemipour et al., 2013), and antiinflammatory and immunomodulatory (Swaggerty et al., 2020b) in pigs (Tugnoli et al., 2020) and chickens (Rossi et al., 2020; Gholami-Ahangaran et al., 2022). Considering multiple modes of actions of these functional additives, the mechanism facilitating the anti-inflammatory effects is of great interests to animal productions. One recently proposed anti-inflammatory property of botanicals is their ability to activate endocannabinoid system (ECS) via modulating either the cannabinoid receptors, or their ligand biogenesis enzymes N-acylphosphatidylethanolamine-specific phospholipase D (NAPE-PLD) and fatty acid amide hydrolase (FAAH) (Bisogno et al., 2005; Johnson et al., 2020). In fact, the activation of ECS system by endogenous, plant-derived, or synthetic cannabinoids and botanicals may exert beneficial effects on intestine via inhibiting intestinal inflammation (Di Marzo and Izzo, 2006; Hryhorowicz et al., 2021). Moreover, a recent study of dietary thymol supplementation in pigs suggested that the modulation of the **ECS** could partially explain the ability of some botanicals to control intestinal inflammation (Toschi et al., 2020b).

A commercial blend of microencapsulated organic acids and botanicals (OA+B) has shown beneficial effects on modulating gut kinase activities and boosting the immune function of chickens (Swaggerty et al., 2020a), as well as reducing ileal cytokine gene expression in vitro (Toschi et al., 2020a) and in vivo in weaned pigs (Grilli et al., 2015). Whether this blend regulates intestinal epithelium proliferation and maturation in chickens has not been fully evaluated. Moreover, it is of interest to evaluate whether the blend of organic acid and botanicals influence intestinal inflammation as well as the involvement of the ECS system in the fast-growing modern broilers. For this reason, the aim of the present study was to evaluate the effect of a microencapsulated blend of sorbic acid, citric acid, thymol, and vanillin on growth performance, intestinal barrier function, intestinal epithelium cell markers, inflammatory cytokines, and ECS markers on broiler chickens.

# MATERIALS AND METHODS Animals, Housing, and Experimental Design

All animal procedures followed guidelines established by the University of Delaware Institutional Animal Care and Use Committees and were approved by this committee (AUP#101R-2019). The experiments were conducted in accordance with the recommended code of practice for the care and handling of poultry and followed the ethical principles according to the Guide for the Care and Use of Laboratory Animals (NRC, 2011).

Ross 308 eggs were obtained from a local commercial hatchery (Moyer's Chicks, Inc., Quakertown, PA) and incubated at 37.5°C and 60% humidity for 21 d. At the day of hatch, a total of 240 straight-run birds (BW,  $0.0426 \pm 0.003$  kg) were removed from the incubator, and randomly assigned to either a control (Con) or organic acids and botanicals supplemented diet (OA +B), with 15 birds per pen, 8 replicate floor pens per treatment (n = 120). Chickens were given ad libitum access to water and an unmedicated corn and soybean meal-based diet (Supplementary Table 1) that met or exceeded  $_{\mathrm{the}}$ established  $\operatorname{nutrient}$ requirements (NRC, 1994). Two phases of broiler diet (the starter, d 1 -21; and the grower, d 22-42) were manufactured from local feed mill (Gehman Feed Mill, Inc., Denver, PA) in mash form. Those assigned to the OA+B supplementdiet were given free access to the same basal diet supplemented with 500 g/MT of a microencapsulated blend of citric (25%) and sorbic (16.7%) acids, thymol (1.7%), and vanillin (1.0%) (AviPlusP; Vetagro S.p.A., Reggio Emilia, Italy). The birds did not receive any vaccine nor medications during the study. All the birds were raised under the same condition, recommended by commercial broiler industry. Each house was maintained around 32° C for the first week and then decreased by 1.5°C weekly until a final temperature of 21°C was reached. A heat lamp was set up in each pen and removed on d 7. The birds were provided with 24 h of light for the entire length of the trial. The BW and feed intake (**FI**) were recorded weekly. The average daily feed intake (**ADFI**), average daily gain (ADG), and feed conversion ratio (FCR) were calculated. At 21 and 42 d of age, 4 birds from each replicate pen (n = 32 for each group) were euthanized for sample collections.

# FITC-Dextran 4000 (FD4) Oral Gavage

On the d 21 and d 42 of age, 3 birds in each pen were randomly selected for fluorescein isothiocyanate-dextran 4000 (Sigma Aldrich, St. Louis, MO) oral gavage. The oral dose of FD4 was adjusted by bird BW to reach 8.8 mg/kg BW. Blood (1-2 mL) was collected via the brachial vein at 2.5 h postgavage. Serum samples were collected freshly for FD4 measurement. FD4 levels were quantified by using SpectraMax M2e microplate reader (Molecular Devices, Downingtown, PA), using pooled nongavaged serum as blanks.

# Sample Collection

Birds (n = 32) were euthanized by cervical dislocation on d 21 and 42 of age. The jejunum, ileum, ceca, and cecal tonsil were collected and separated by using landmarks of duodenal loop, the Meckel's diverticulum, and ileo-cecal junction. For jejunum and ileum samples, a 2-cm length segment from the distal end was fixed in 10% neutral buffered formalin (**NBF**) for histological analysis; the next 4-cm segment was saved for Ussing chamber analysis; the next 5 to 7-cm segment was frozen in liquid nitrogen and stored at  $-80^{\circ}$ C until further analysis.

## Histology

Small intestinal segments were fixed into 10% NBF. then transferred to the University of Delaware Comparative Pathology Laboratory (Newark, DE) for paraffin embedding, sectioning into  $5-\mu m$  thickness slides, and H&E staining. Stained slides were scanned onto an imaging analysis software (Leica). The villus height was measured from the tip to the villus-crypt junction. Villus width was measured at one-third and two-thirds of the length of the villus. The villus width is reported as the average between these 2 values. The crypt depth was defined as the base of the villus to the mucosa. A total of 10 to 15 measurements per animal (n = 6) were taken for each trait from intact well-oriented crypt-villus units. Villus height and width were measured at 4-times objective magnification and the crypt depth at 10-times objective magnification. The longitudinal and circular muscle thicknesses were measured at 4 separate locations at 20-times objective on the same sample piece to obtain an average for each section.

### Ussing Chamber Experiment

Electrophysiological parameters and FD4 permeability of jejunum (n = 32) at 21 and 42 d of age were evaluated. Immediately postmortem, a 5-cm piece of jejunum was cut open along the mesentery and rinsed to remove digesta particles, then tissue was immediately put into cold Ringer's solution, which was pregassed with carbogen gas (95%  $O_2$ -5%  $CO_2$ ). The Ringer's solution consisted of the following composition (mmol/L): NaCl, 115; KCl, 5; CaCl<sub>2</sub>, 1.5; MgCl<sub>2</sub>, 1.2; NaHCO<sub>3</sub>, 25; Na<sub>2</sub>HPO<sub>4</sub>, 2.4; NaH<sub>2</sub>PO<sub>4</sub> 1.2, glutamate, 1;mannitol, 20. The opened intestinal sheet was pinned down in Ringer's solution with 10  $\mu$ M of indomethacin, for blunt dissection of the outer longitudinal/circular muscle layers under a dissecting microscope. A piece of  $0.5 \text{ cm}^2$  mucosa was mounted on the Ussing chambers. The tissue was bathed in 5 mL of 40°C Ringer's solution, continuously gassed with carbogen to allow for oxygenation and circulation of the buffer by gas lift. A 10 mM glucose was added to the serosal side as tissue energy source, and 10 mM mannitol was added to the mucosal side for balancing osmotic pressure. The temperature was maintained at 40°C by a circulating thermostatic water jacket. After mounting, tissues were allowed for a 20 min equilibration period, then the tissue was shortcircuited by clamping the voltage to zero. The potential difference (mV), short-circuit current ( $I_{\rm SC}$ ,  $\mu A/cm^2$ ), and transpithelial resistance (TER,  $\Omega \times cm^2$ ) were

continuously measured by the chamber software (Acquire and Analyze 2.3, Physiologic Instruments Inc., Reno, NV). After the TER readings stabilized, FD4 (1 mg/mL) was added to the luminal side to examine the tissue permeability.

#### RNA Isolation and cDNA Synthesis

On d 21 of age, the jejunum, ileum, ceca, and cecal tonsil samples (n = 8) were obtained and the total RNA were isolated via a commercially available kit (RNeasy Mini kit, Qiagen, Germantown, MD) according to the manufacturer's instructions. A NanoDrop (Thermo-Fisher Scientific, Waltham, MA) was used to determine RNA quantity. The RNA quality was checked by formaldehyde denaturing gel electrophoresis. The synthesis of single-stranded complementary DNA (**cDNA**) from 3  $\mu$ g of total RNA was performed using a Maxima First Strand cDNA Synthesis Kit (ThermoFisher Scientific). The DNase treatment was performed to avoid contamination. The resulting cDNA products were stored at  $-20^{\circ}$ C until further analysis.

# RT-PCR

Relative gene expressions were performed using a QuantStudio 3 Real-Time PCR system (ThermoFisher Scientific) and PowerUp SYBR Green Master mix (Applied Biosystems, Waltham, MA). Each reaction was performed in duplicate. Primers are listed in Table 1. The following amplification program was used: a hold stage for one cycle of 95°C for 2 min, a PCR stage for 40 cycles of 95°C for 1 s and 60°C for 30 s. The melt curve was analyzed at the end of the run to determine specific product amplification. The comparative Ct method  $(2^{-\Delta\Delta CT} \text{ method})$  was used to quantify gene expression. The Ct values of each gene were compared to the geometric mean of 3 housekeeping genes (*HMBS, RPL1*, and *TBP*) (Schmittgen and Livak, 2008).

### Statistical Analysis

Significance was determined using a Student t test. Data are presented as means  $\pm$  SEM. A P value less than 0.05 (\*,  $P \leq 0.05$ ) is considered statistically significant. A P value less than 0.10 (#,  $P \leq 0.10$ ) represents a trend in the data.

#### RESULTS

# Growth Performance

No significant changes in the ADG were observed in the chickens fed OA+B diet from hatch to d 42 of age. A significant reduction of ADFI was shown at the first 3 wk of age in OA+B group (Table 2). During the first 3 wk and the overall 6 wk of growth period, the FCR was significantly improved in the OA+B-treated birds compared with the control (Table 2).

Genes	Accession number	Primer sequence (forward; reverse)	Amplicon (bp)	Concentration (nM)
HMBS	XM_417846	GGTTGAGATGCTCCGTGAGTTT;	153	300
		GGCTCTTCTCCCCAATCTTAGAA		
RPL1	$NM_{205322.1}$	TCTCCACGACGACGAAGTCA;	63	600
		CCGCCGCCTTGATGAG		
TBP	$NM_{205103}$	CTTCGTGCCCGAAATGCT;	82	300
		GCGCAGTAGTACGTGGTTCTCTT		
CLDN1	$NM_{001013611.2}$	AGACCCAGGAGTATGGCGGC;	170	600
		AGACCCAGGAGTATGGCGGC		
CLDN2	NM_001277622.1	GACGTGAACCATTCGCAGTCC;	151	300
		GTTTTGTGAGGGCACAGGCA		
TJP1	XM 015278981.2	TGAAGGACCCCAGTGACACG;	75	600
	—	CACTCATGGCTGGGAGCGTA		
ZO2	NM 204918.1	GCCCCAGCCAAAAGCAGTTA;	126	600
	—	CCAGCAAGTCGCAGACCAAC		
OCLN	NM 205128.1	CGCTACGGCAAAGCCAACAT;	92	600
	—	CCATCCGCCACGTTCTTCAC		
LGR5	XM 046909876.1	ACGTCTTGCAGGAAATGGCT:	159	300
	_	TTGGCATCCAGGCGTAGAG		
SOX9	NM 204281.1	CCCCACCATGTCGGATGACT:	119	600
00110		CCTTCTTCAGGTCCGGGTCG	110	000
CHGA	XM 015287755 2	AAGCCAACACTGATGAAGAAGG	70	300
		CTGAGGTGAGTACTGGGAGC	10	000
MUC2	XM 421035 2	ATTGAAGCCAGCAATGGTGT	125	300
111002	1111_121000.2	TTGTTGGCCTTGTCATCAAA	120	500
LYZ	NM 205281	GACCATCTCACCTCCCAC	225	600
	1001_205201	CCATCTTCCACACCTTCC	220	000
II 1 D	NM 204524 1		170	600
ILID	1111_204324.1		170	000
TNEA	NM 904967 1		150	200
INFA	INIM_204207.1		150	300
IENC	NM 205140.1		195	200
IFNG	NM_205149.1	AIGIAGUIGAUGGIGGAUUI;	135	300
		GCGGCTTTGACTTGTCAGTGT	01	
IL10	NM_001004414.2	CACCGCTTCTTCACCTGCGA;	81	800
		CCCGTTCTCATCCATCTTCTCG	107	202
CNR1	$XM_{015284635.2}$	TTCCAAAGACGTCTGCACCCC;	185	300
		GTTGGAGCCCACGTAAAGGA		
FAAH	$XM_{422450.5}$	TCCCTCGGTGGACATGGTCT;	174	300
		TGGGTCTCGCTTTCCTGC		
NAPEPLD	$NM_{001030730.3}$	GAAGAGGACGGGACTGCTCG;	153	300
		GTCACTGCCCCTGGATCCTC		

**Table 1.** Primers for qRT-PCR assay.

# Intestinal Histology and Intestinal Barrier Functions

No significant difference was found in the histology of jejunum or ileum after OA+B supplementation (data not shown). For intestinal barrier functions, the whole gastrointestinal (**GI**) tract permeability was first

**Table 2.** Effects of dietary supplementation on ADG (average daily gain), ADFI (average daily feed intake), and FCR (feed conversion ratio) in broilers.

Performance	Con	OA+B	
BW. g			
d 1	$40.21 \pm 0.30$	$40.09 \pm 0.18$	
d 42	$2750.67 \pm 94.41$	$2688.64 \pm 113.15$	
ADG, g			
d 1-21	$44.09 \pm 0.86$	$42.20 \pm 1.32$	
d 1-42	$64.53 \pm 2.25$	$63.06 \pm 2.69$	
ADFI, g			
d 1-21	$59.46 \pm 2.73$	$47.56 \pm 1.83^*$	
d 1-42	$134.01 \pm 6.32$	$122.89 \pm 5.20$	
FCR			
d 1–21	$1.35 \pm 0.06$	$1.13 \pm 0.05^{*}$	
$d \ 1-42$	$2.07\pm0.03$	$1.95 \pm 0.03^{*}$	

<sup>\*</sup>indicates significant difference ( $P \leq 0.05$ ) between 2 groups at each growth period. Dietary treatments were as follows: Con, basal diet; OA +B, basal diet + 500 ppm microencapsulated organic acids and botanicals.

examined by measuring FD4 levels in the serum 2.5-h postoral FD4 gavage. At the age of d 21, OA+B-treated chickens exhibited significant reduction ( $P \leq 0.05$ ) of oral-FD4 leakage to the blood. No differences were observed at d 42 of age (Figure 1A). To examine the intestinal-specific region, jejunum mucosa was isolated and mounted on the Ussing chamber. At d 21 of age, in comparison with the control birds, the jejunum from OA +B-treated birds showed significantly higher TER and significantly lower FD4 flux rate (Figure 1B and C), both indicated an enhanced gut barrier function. There were no significant differences in jejunum of the d 42 birds.

# Intestinal Tight Junction Proteins mRNA Expression

For gene expression analysis of TJ proteins in the intestine, the attention was focused on the d 21 time point. The expression levels of *CLDN1* and *ZO2* tended (P = 0.07 and 0.09, respectively) to be increased by OA +B supplement in the jejunum, while the expression of *OCLN* tended (P = 0.06) to be decreased at d 21 of age (Figure 2A). In the ileum, similar pattern of gene expression was observed. OA+B treatment tended to increase



Figure 1. Intestinal barrier integrity of birds fed with control or supplemented diet. Serum FD4 concentration measured after FD4 oral gavage in birds at d 21 and d 42 of age (A). Transepithelial resistance (TER) of the jejunum mucosa of birds at d 21 and d 42 of age on Ussing chambers (B). Tissue FD4 flux rate of the jejunum mucosa of birds at d 21 and d 42 of age on Ussing chambers (C). Difference between 2 groups at each growth period was labeled. \* indicates significant difference ( $P \le 0.05$ ). Dietary treatments were as follows: Con, basal diet; OA+B, basal diet + 500 ppm encapsulated organic acids and botanicals.

CLDN1 (P = 0.07) ileal expression and significantly increased ZO2 mRNA expression, but significantly reduced OCLN expression in ileum (Figure 2B). A different pattern of expression showed in the cecum, where CLND2 expression tended (P = 0.07) to be reduced but OCLN expression was increased (P = 0.08) in the OA +B-treated birds (Figure 2C). The data indicated that OA+B treatment upregulated certain TJ proteins mRNA expression throughout the intestine.

# Intestinal Epithelium Cell Marker mRNA Expression

At d 21 of age, the expressions of intestinal epithelialspecific marker genes in the isolated intestinal segments were further examined. In jejunum, the proliferating cell marker SOX9 showed a tendency (P = 0.10) of increased expression in the OA+B-treated birds (Figure 3A). In the ileum, marker gene expression for goblet cells (MUC2) was upregulated, but for Paneth cells marker (LYZ) was downregulated the in the OA+B group (Figure 3B). In the cecum, the SOX9 mRNA tended (P = 0.06) to be increased, while the MUC2 mRNA was significantly upregulated in the OA+B-treated birds (Figure 3C). These data indicated OA+B treatment upregulated secretory epithelial cell components and increased proliferation of epithelium throughout the intestine.

# Intestinal Cytokines mRNA Expression

The mRNA expression of selected proinflammatory and anti-inflammatory cytokines in the intestine was examined. At d 21 of age, OA+B treatment significantly reduced the relative mRNA of proinflammatory cytokines including IL1B (P = 0.06), TNFA, and IFNG, while tended to increase mRNA of anti-inflammatory cytokine IL10 (P = 0.09) (Figure 4A). In the ileum, the expression of *IL1B* was numerically decreased and expression of *IL10* was significantly increased in the OA +B-treated birds (Figure 4B). A similar expression pattern was shown in the cecum, where *TNFA* mRNA expression was decreased and *IL10* mRNA expression was increased by OA+B supplementation (Figure 4C). In the cecal tonsil, the expression level of *IL1B* and *IL10* both tended to be upregulated (P = 0.06 and 0.08,respectively) in the OA+B-treated birds. Other selected cytokines expression did not show any difference between groups (Figure 4D). The data suggested a



Figure 2. Intestinal tight junction proteins mRNA expression of birds fed with control or supplemented diet. At d 21 of age, gene expressions in jejunum (A), ileum (B), and cecum (C). Difference between 2 groups at each growth period was labeled. \* indicates significant difference ( $P \le 0.05$ ). # indicates trend difference ( $0.05 < P \le 0.1$ ). Dietary treatments were as follows: Con, basal diet; OA+B, basal diet + 500 ppm encapsulated organic acids and botanicals. Abbreviations: *CLDN1*, claudin 1; *CLDN2*, claudin 2; *OCLN*, occludin; *TJP1*, tight junction protein 1; *ZO2*, Zonula occludins 2.



Figure 3. Intestinal epithelial cell markers mRNA expression of birds fed with control or supplemented diet. At d 21 of age, gene expressions in jejunum (A), ileum (B), and cecum (C). Difference between 2 groups at each growth period was labeled. \* indicates significant difference ( $P \le 0.05$ ). # indicates trend difference ( $0.05 < P \le 0.1$ ). Dietary treatments were as follows: Con, basal diet; OA+B, basal diet + 500 ppm encapsulated organic acids and botanicals. Abbreviations: CHGA, chromogranin A; LGR5, leucine-rich repeat-containing G-protein coupled receptor 5; LYZ, lysozyme; MUC2, mucin 2; SOX9, SRY-box transcription factor 9.

robust anti-inflammation tone throughout the intestine in the OA+B-treated birds.

# Intestinal Endocannabinoids System Marker mRNA Expression

To investigate the potential mechanism of the antiinflammatory effect of OA+B supplementation in the intestine, the expression of marker genes that governing 3 fundamental constituents: receptors, signaling molecules, and enzymes involved in ligand biosynthesis and degradation in the ECS system were examined. The mRNA expression of cannabinoid receptor 1 (*CNR1*) was upregulated in the jejunum, ileum (P = 0.10), and cecum of birds treated with OA+B at d 21 of age (Figure 5A-C). The expression of ligand degrading enzyme (fatty acid amide hydrolase, FAAH) was significantly decreased in the jejunum while numerically reduced in the ileum of OA+B birds. These data suggested an activated ECS system throughout the intestine of OA+B birds.

### DISCUSSION

With restrictions in the usage of growth-promoting antibiotics in the poultry industry, identifying effective feed additive alternatives that improves gut health, especially the barrier function, is of significant importance of current poultry health research. In the present study, chickens were fed with a microencapsulated blend of citric acid, sorbic acid, thymol, and vanillin (OA+B) for 42 d; then growth performance and intestinal barrier



Figure 4. Intestinal cytokines mRNA expression of birds fed with control or supplemented diet. At d 21 of age, gene expressions in jejunum (A), ileum (B), cecum (C), and cecal tonsil (D). Difference between 2 groups at each growth period was labeled. \* indicates significant difference ( $P \leq 0.05$ ). # indicates trend difference ( $0.05 < P \leq 0.1$ ). Dietary treatments were as follows: Con, basal diet; OA+B, basal diet + 500 ppm encapsulated organic acids and botanicals. Abbreviations: *IFNG*, interferon gamma; *IL*, interleukin; *TNFA*, tumor necrosis factor alpha.



Figure 5. Intestinal endocannabinoids system markers mRNA expression of birds fed with control or supplemented diet. At d 21 of age, gene expressions in jejunum (A), ileum (B), and cecum (C). Difference between 2 groups at each growth period was labeled. \* indicates significant difference  $(P \le 0.05)$ . # indicates trend difference  $(0.05 < P \le 0.1)$ . Dietary treatments were as follows: Con, basal diet; OA+B, basal diet + 500 ppm encapsulated organic acids and botanicals. Abbreviations: *CNR1*, cannabinoid receptor 1; *FAAH*, fatty acid amide hydrolase; *NAPEPLD*, N-acyl-phosphatidylethanolamine-specific phospholipase D.

function parameters were evaluated. Although the growth rate was not changed in the birds with OA+B supplementation, the feed efficiency was significantly improved throughout the experimental period. Similar improvement in regard to feed efficiency has been shown from other groups as well (Polycarpo et al., 2017). Under nonchallenged condition, the addition of thymol and carvacrol reduced feed intake and improved feed efficiency in broilers (Hashemipour et al., 2013). These phytogenic additives might have multiple mode of action for feed efficiency, such as flavor effect, digestive enzyme and endocrine stimulation, stimulation, etc. (Yang et al., 2018; Su et al., 2021), yet are not under the scope of the present study. Given the fact that the modern broiler breeding selection for a rapid growth often leads to a low-grade of chronic inflammation (Kogut et al., 2018), one would assume such improvement of feed efficiency in the present study could be the result of strengthened gut. This may be achieved by improving the barrier function and anti-inflammatory status, which overall reduced the cost of immune activation and inflammation for the bird.

An effective intestinal barrier could prevent paracellular diffusion of luminal pathogens and toxins into the bloodstream. In the present study, the addition of microencapsulated organic acids and botanicals significantly reduced the leakage of oral FD4 administration at d 21 of age, indicating an improved whole GI tract barrier function. However, there are potential limitations in the FD4 in vivo evaluation of GI permeability (Quigley, 2016; Ilchmann-Diounou et al., 2021), which could be confounded by the amount of feed digesta in the GI tract, mucus thickness, integrity of epithelial cells TJ, and intestinal motility. Moreover, the data from whole GI tract permeability could also mask the various effects among different intestinal segments from duodenum, jejunum, ileum, to ceca. To further reveal the effects of the supplementation on the epithelial TJ barrier function, the Ussing chamber technique was applied. The TER measurement indicated the resistance of free ion

movement across TJs, which reflects integrity of epithelium (Ghiselli et al., 2021). The FD4 flux measurement indicated the paracellular permeability of exogenous molecules. With increased TER and reduced FD4 flux rate shown in the present study, the results of Ussing chamber measurement clearly indicated that OA+B treated birds have improved TJ barrier function in the jejunum up to d 21 of age.

To reveal the potential mechanism by which the blend supplementation improved intestinal barrier function, the gene expression of important TJ proteins throughout the gut was further performed. The expression of major TJs, CLDN1 and ZO2, was upregulated throughout different intestinal regions, while the pore-forming TJ protein, CLND2, was downregulated. These mRNA expressions of TJs were in line with the Ussing chamber measurements of intestinal barrier functions. Interestingly, the expression of another major TJ protein, OCLN, was downregulated in jejunum and ileum, but upregulated in the cecum. With enhanced barrier function supported by Ussing chamber measurements, this disconnection between mRNA expression and protein function of occludin can be explained by different posttranscriptional or post-translational regulations of occludin protein (Rao, 2009). Unlike claudin 1 that serves as a major structural TJ protein of epithelial cells, the occludins are dynamically regulated by physiological conditions via endocytosis (Marchiando et al., 2010). The reduction in mRNA expression of occludin might reflect a reduction of the replenishment demand from occludin endocytosis.

The intestinal epithelium consists of 4 major cell types, including absorptive enterocytes, mucin producing goblet cells, antimicrobial peptide producing Paneth cells, and hormone producing enteroendocrine cells (Grün et al., 2015). The rapid turnover of the entire epithelium is maintained by epithelial stem cell and proliferating cells. It has been suggested that dietary component interplays with microbiota to regulate epithelial cell population and functions (Bayer et al., 2021;

Giervńska et al., 2022). To understand if the addition of organic acids and botanicals to the basal diet can influence the epithelium turnover, the expression of epithelial-specific cell markers gene (Grün et al., 2015) were measured. Although the stem cell marker (LGR5)expression remained unchanged, the proliferating cell marker (SOX9) was upregulated in jejunum and cecum, which indicated a rapid turnover of epithelial cells to replenish the dead cells. It may also explain the upregulated gene expression of TJ protein (*CLDN1*), as the structural component in newly proliferated cells. The goblet cell marker (MUC2) was upregulated in ileum and cecum, which indicated either maturation of goblet cells or increased number of differentiated goblet cells. As the mucus layer is an important extrinsic part of intestinal barrier, such increases suggested a strengthened gut barrier function, especially in the lower gut, where the highest number of microbes resides. The Paneth cell marker (LYZ) expression was downregulated in the ileum. A recent study in enteroids reported continuous secretion of lysozyme granules when exposed to luminal bacteria, as well as the de novo synthesis and replenishment of the granule after secretion (Yokoi et al., 2019). Therefore, a decreased transcription of lysozyme might indicate a reduction of luminal bacteria load in OA+B-treated birds, which could be supported by the well-established antimicrobial activities of organic acids and botanicals in the blend products. Given the rapid turnover rate in the intestinal epithelium, the changes in these epithelial-specific marker genes might also suggest the proportion of epithelial cell types were influenced by the continuous dietary stimulation. Future investigations via cell lineage-specific staining or single cell sequencing are needed to further elucidate these aspects.

Inflammatory cytokines are believed to be major mediators that regulate intestinal barrier function (Al-Sadi et al., 2009). Proinflammatory cytokines such as IL-1 $\beta$ , IFN- $\gamma$ , and TNF- $\alpha$  increase permeability by inducing disruption of TJs, whereas anti-inflammatory cytokines such as IL-10, tend to protect the epithelial integrity. In the present study, the expression pattern of cytokines was similar across different regions in the intestine. The addition of microencapsulated organic acids and botanicals significantly reduced expression of proinflammatory cytokines (IL1B, TNFA, and IFNG), while upregulated expression of anti-inflammatory cytokine (IL10). Interestingly, although a higher level of inflammation was expected in the ileum region, the antiinflammatory effects of the OA+B blend were more robust in the jejunum and cecum than in the ileum. The breeding selection of modern broilers pushed the traits toward high feed intake and high growth rate, both of which could increase the basal level of inflammation without pathogen challenge (Kogut et al., 2018). This low grade, chronic sterile inflammation has been proposed from high level of feed immune stimulation factors, such as mannose in the soybean meal (Kogut et al., 2018). Therefore, under a nonchallenged condition, a higher basal inflammation level in the jejunum could be

expected. In the cecal tonsils, which are considered as the largest gut associated lymphoid tissue, the IL10 and IL1B mRNA expression was upregulated. A previous study reported that broilers supplemented with this combination of organic acids and botanicals exhibited the upregulated immune activities, indicated by increased IL10 and IL1B mRNA expression in the isolated heterophils and monocytes (Swaggerty et al., 2020b). In the present study, with no pathogen challenges and improved intestinal barrier in the OA+Btreated birds, less pathogenic or commensal bacteria stimulation was expected in the gut lymphoid aggregated tissue. Therefore, the upregulated IL1B may also indicate enhanced immune activity that would rapidly respond to pathogen challenges.

Another partial explanation of the positive effects of the blend in modulating intestinal barrier and immune function could be related to the modulation of ECS. In fact, the ability of the ECS to mitigate the inflammatory status has been widely investigated in human medicine, arousing growing interest in veterinary medicine as well (DiPatrizio, 2016). The ECS has long been known for its effects on comforting abdominal pain and GI stress. Accumulating evidence indicated that ECS plays key modulatory role in GI pathophysiology (Ambrose and Simmons, 2019; Lian et al., 2022). Briefly, the function of ECS relies on the activation of main cannabinoid receptors (CB1 and CB2), and the endogenous enzymatic reactions for the ligand synthesis (NAPE-PLD or DGL) and degradation (FAAH or MGL) (Lee et al., 2016). A recent study in pigs indicated that thymol modulated ECS system and the inflammatory status in small intestine (Toschi et al., 2020b), suggesting that botanical components of the blend could drive the activation of the ECS. In the present study, interesting results were obtained from the analysis of gene expression of ECS markers, as mRNA of *CNR1* (CB1 analogue in chickens), NAPE-PLD and FAAH were detected. This is the first study assessing the presence of cannabinoid markers in the GI tract of chickens, confirming the presence of this system in the mucosa of poultry. Moreover, consistently upregulated expression of CNR1 was observed across the gut in jejunum, ileum, and cecum of broilers. This increased activation of *CNR1* receptor could be related with the reduction of FAAH enzyme expression in ileum. In fact, a recent study found that increased activation of CB1 receptors possibly reflect the augmented concentration of endocannabinoid ligands after FAAH inhibition in mice (Moreira et al., 2008). Moreover, the activation of cannabinoid receptors partially regulates feeding behaviors, GI contractility and enzyme secretion (DiPatrizio, 2016).

### CONCLUSIONS

In conclusion, our data showed that dietary supplement of a blend of organic acids and botanicals activated the ECS system and reduced inflammatory gene expressions throughout the intestine of broilers. Moreover, the supplementation improved intestinal epithelial barrier functions including upregulated secretory mucus and antimicrobial peptide barrier, as well as upregulated the TJ expressions and epithelial barrier, eventually improved growth performance and feed efficiency in broiler chickens.

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## DISCLOSURES

Ester Grilli serves as an advisor of Vetagro S.p.A. Andrea Toschi is an employee of Vetagro S.p.A. All other authors declare no conflicts of interest.

# SUPPLEMENTARY MATERIALS

Supplementary material associated with this article can be found, in the online version, at doi:10.1016/j. psj.2022.102460.

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