

SUPPLEMENTAL MATERIAL

Table 1 Supplementary.

Criteria for inclusion/exclusion in the study

Inclusion criteria

- Age \geq 18 y and not \geq 75 y
- First episode of proximal DVT of lower limbs and/or PE that was idiopathic or associated with one or more of the following weak risk factors:
 - minor, arthroscopic, or laparoscopic general surgery
 - pregnancy or puerperium
 - contraceptive or replacement hormonal therapy,
 - long trip ($>$ 4 h)
 - minor trauma (not requiring hospitalization, plaster casting, or immobilization)
 - hospitalization in medical hospital
 - reduced mobility (not complete immobilization)
- Ability to provide informed consent

Exclusion criteria

- Age $<$ 18 y or $>$ 74 y
- Duration of anticoagulation $<$ 12 months
- VTE post major surgery, trauma, plasters, or immobilization (within 3 months)
- VTE post bed resting ($>$ 4 d)
- High bleeding risk
- Limited life expectation ($<$ 1 y)
- Increased systolic pulmonary arterial pressure (values $>$ 35 mm Hg [or $>$ 40 mm Hg if BMI $>$ 30] estimated with echocardiography)
- Geographical inaccessibility
- Venous thrombosis in different sites
- $>$ 1 documented VTE episode (proximal DVT and/or PE)
- Active cancer or hematologic disease
- Known serious thrombophilic alterations
- Antiphospholipid antibody syndrome (Sydney criteria)
- PE with shock or life-threatening prolonged hypotension
- Different indications for anticoagulation
- Severe cardiorespiratory insufficiency (NYHA 3 or 4)
- Pregnancy or puerperium (first 6 weeks after birth) at the time of screening examination
- Severe renal (creatinine level $>$ 2 mg/dL [177 mmol/L]) or liver failure (e.g., acute hepatitis, chronic active hepatitis, or cirrhosis; or an alanine aminotransferase level that was 3 times the upper limit of the normal range or higher)
- Inability or refusal to give consent

RESPONSIBLE PARTIES

Promoter	Arianna Anticoagulazione Foundation
	Gualtiero Palareti, President,
Executive Committee	Gualtiero Palareti (Coordinator)
Executive Committee	Daniela Poli (Principal Investigator)
Executive Committee	Walter Ageno
Executive Committee	Sophie Testa
Executive Committee	Vittorio Pengo
Steering Committee	Eugenio Bucherini
Steering Committee	Benilde Cosmi
Steering Committee	Cristina Legnani
Steering Committee	Ida Martinelli
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