available at www.sciencedirect.com
journal homepage: euoncology.europeanurology.com





EUO Priority Article

EAU-EANM Consensus Statements on the Role of Prostate-specific Membrane Antigen Positron Emission Tomography/Computed Tomography in Patients with Prostate Cancer and with Respect to [177Lu]Lu-PSMA Radioligand Therapy

Stefano Fanti ^{a,b}, Alberto Briganti ^c, Louise Emmett ^d, Karim Fizazi ^e, Silke Gillessen ^{f,g}, Karolien Goffin ^h, Boris A. Hadaschik ⁱ, Ken Herrmann ^j, Jolanta Kunikowska ^k, Tobias Maurer ^l, Steven MacLennan ^m, Nicolas Mottet ⁿ, Declan G. Murphy ^o, Daniela E. Oprea-Lager ^p, Joe M. O'Sullivan ^q, Wim J.G. Oyen ^{r,s,t}, Olivier Rouvière ^{u,v}, Oliver Sartor ^w, Arnulf Stenzl ^x, Hendrik Van Poppel ^y, Jochen Walz ^z, Wim Witjes ^{aa}, Anders Bjartell ^{ab,ac,*}

^a Nuclear Medicine Division, IRCCS AOU Bologna, Bologna, Italy; ^b Alma Mater Studiorum, University of Bologna, Bologna, Italy; ^c Department of Urology, Division of Experimental Oncology, Urological Research Institute, IRCCS San Raffaele Scientific Institute, Milan, Italy; a Department of Theranostics and Nuclear Medicine, St. Vincent's Hospital, Sydney, Australia; e Department of Cancer Medicine, Institut Gustave Roussy, University of Paris Saclay, Villejuif, France; f Institute of Oncology of Southern Switzerland, EOC, Bellinzona, Switzerland; g Università della Svizzera Italiana, Lugano, Switzerland; h Department of Nuclear Medicine, University Hospital Leuven, KU Leuven, Leuven, Belgium; Department of Urology, University of Duisburg-Essen and German Cancer Consortium (DKTK)-University Hospital Essen, Essen, Germany; ^j Department of Nuclear Medicine, University of Duisburg-Essen and German Cancer Consortium (DKTK)-University Hospital Essen, Essen, Germany; *Department of Nuclear Medicine, Medical University of Warsaw, Warsaw, Poland; ¹Department of Urology and Martini-Klinik Prostate Cancer Center, Universitätsklinikum, Hamburg-Eppendorf, Germany; ^m Academic Urology Unit, University of Aberdeen, Aberdeen, UK; "Department of Urology, University Hôpital Nord, Saint Etienne, France; "Division of Cancer Surgery, Peter MacCallum Cancer Centre, University of Melbourne, Melbourne, Australia; PDepartment of Radiology and Nuclear Medicine, Amsterdam University Medical Centers, VU University, Amsterdam, The Netherlands; a Patrick G. Johnston Centre for Cancer Research, Queen's University Belfast, Belfast, UK; Humanitas University and Humanitas Clinical and Research Center, Milan, Italy; Spepartment of Radiology and Nuclear Medicine, Radboud University Medical Centre, Nijmegen, The Netherlands; ^tDepartment of Radiology and Nuclear Medicine, Rijnstate Hospital, Arnhem, The Netherlands; ^uDepartment of Urinary and Vascular Imaging, Hospices Civils de Lyon, Hospital Edouard Herriot, Lyon, France; * Faculty of Medicine Lyon Est, University of Lyon, University Lyon 1, Lyon, France; * Tulane Cancer Center, Tulane University School of Medicine, New Orleans, LA, USA; *Department of Urology, Eberhard Karls University Tübingen, Tübingen, Germany; ^y Department of Urology, Katholieke Universiteit Leuven, Leuven, Belgium; ² Department of Urology, Institut Paoli-Calmettes Cancer Center, Marseille, France; ^{aa} European Association of Urology Research Foundation, Arnhem, The Netherlands; ^{ab} Department of Urology, Skåne University Hospital, Malmö, Sweden; ^{ac} Department of Translational Medicine, Medical Faculty, Lund University, Lund, Sweden

Article info

Article history:
Received 22 April 2022
Received in Revised form
5 May 2022
Accepted 16 May 2022
Available online 11 June 2022

Abstract

Background: Prostate-specific membrane antigen (PSMA) positron emission tomography (PET)/computed tomography (CT) is useful for selected clinical indications in patients with prostate cancer (PCa) but it may have broader clinical utility owing to the emergence of lutetium-177-PSMA-617 ([¹⁷⁷Lu]Lu-PSMA) therapy. However, robust data regarding the impact of PSMA PET/CT on patient management and treatment are lacking, and in many areas, the role of next-generation imaging has not been defined.

^{*} Corresponding author. Department of Urology, Skåne University Hospital, Jan Waldenströms gata 5, SE 205 02 Malmö, Sweden. Tel. +46 40 332685. E-mail address: anders.bjartell@med.lu.se (A. Bjartell).



Associate Editor: Gianluca Giannarini

Keywords:

Computed tomography
Consensus
Diagnosis
Lutetium
Patient selection
Positron emission tomography
Prostate cancer
Prostate-specific membrane
antigen
Radioactive tracer
Therapy

Objective: To assess expert opinion on the use of PSMA-based imaging and therapy to develop interim guidance.

Design, setting, and participants: A panel of 21 PCa experts from various disciplines received thematic topics and relevant literature. A questionnaire to assess proposed guidance statements regarding PSMA PET/CT and [¹⁷⁷Lu]Lu-PSMA therapy was developed for completion remotely in a first e-Delphi round. A subsequent panel discussion was conducted during a 1-d meeting, which included a second Delphi round.

Outcome measurements and statistical analysis: Panellists voted anonymously on statements using a nine-point Likert scale from 1 = strongly disagree to 9 = strongly agree. Median scores were calculated and consensus was assessed using methods proposed by the Research and Development (RAND) corporation.

Results and limitations: Statements were developed to cover the following topics: PSMA PET/CT utility, clinical use, and choice of tracer; patient selection; and management of patients receiving [177Lu]Lu-PSMA for metastatic PCa. Consensus was reached for 33/36 statements. In-group bias is a potential limitation, as some statements were rephrased during discussions at the 1-d meeting.

Conclusions: Adoption of PSMA PET/CT as an imaging tool to guide [177Lu]Lu-PSMA therapy should be supported by indications for appropriate use.

Patient summary: A panel of experts in prostate cancer reached a consensus for the majority of statements proposed regarding the role of prostate-specific membrane antigen (PSMA)-based imaging and therapy, particularly the use of PSMA-based imaging in patients suitable for [¹⁷⁷Lu]Lu-PSMA therapy and the need to perform PSMA-based imaging before considering patients as candidates for this therapy.

© 2022 The Author(s). Published by Elsevier B.V. on behalf of European Association of Urology. This is an open access article under the CC BY license (http://creativecommons.org/licenses/by/4.0/).

1. Introduction

Prostate-specific membrane antigen (PSMA) positron emission tomography (PET)/computed tomography (CT) (eg, [⁶⁸Ga]Ga-PSMA-11, [¹⁸F]PSMA-1007, [¹⁸F]DCFPyL; hereafter referred to as PSMA PET/CT) is increasingly used for men with prostate cancer (PCa) in various clinical settings.

International guidelines, including those from the European Association of Urology (EAU) [1], have included PSMA PET/CT as an imaging tool and provided recommendations regarding its use in the management of PCa. For patients with biochemical recurrence (BCR) or persistently elevated prostate-specific antigen (PSA) after local therapy with curative intent, PSMA PET/CT is the recommended imaging modality after both radiotherapy and radical prostatectomy if the results will influence subsequent treatment decisions. PSMA PET/CT may also have a role in the primary staging of patients with high-risk PCa [2], although outcomes data are lacking. In addition, procedural guidelines for performing PSMA PET/CT have been endorsed by the European Association of Nuclear Medicine (EANM) [3].

Expression of the PSMA transmembrane protein on PCa cells makes it a suitable target for imaging as a diagnostic tool and for therapy as part of a theranostic approach. In recent years, several studies have reported promising results for lutetium-177-PSMA-617 ([177]Lu]Lu-PSMA) use in patients with advanced PCa [4–6]. Procedural guidelines for radionuclide therapy with [177]Lu]Lu-PSMA have been published by the EANM [7] but further exploration of the relationship between diagnostic PSMA PET and PSMA-based therapy is needed.

In recognition of the growing importance of PSMAtargeting radiopharmaceuticals in the diagnosis and treatment of PCa, the EAU in collaboration with the EANM recruited a panel of international PCa experts from different specialties to assess the available evidence and provide their collective expert opinion regarding PSMA-based imaging and therapy, with the aim of developing interim guidance on PSMA PET/CT imaging in patients suitable for [177]Lu]Lu-PSMA therapy until better evidence emerges [8].

2. Materials and methods

In August 2021, the EAU and EANM formed a collaboration to produce consensus statements intended as interim guidance on PSMA PET/CT imaging in patients suitable for [177Lu]Lu-PSMA therapy. A steering group (S. Fanti and A. Bjartell) identified and invited a panel of experts from different disciplines (urology, medical oncology, nuclear medicine, radiology, and radiation oncology) on the basis of their knowledge of PCa management and expertise on this specific topic. A PubMed literature search was performed by one author (S. Fanti) using the terms "PET imaging", "PET/CT imaging", and "Lu-PSMA", with results limited to literature published in English between 2016 and 2021. On the basis of findings from this literature search, the steering group developed a series of proposed guidance statements regarding PSMA-based imaging and therapy.

A modified Delphi process was used for all panel members to assess the proposed statements. The first round was an e-Delphi process completed electronically 2 wk before the second Delphi round, which was scored in real time during a 1-d consensus meeting held in January 2022. This meeting was moderated by a specialist in consensus methodology (S. MacLennan).

Each panel member received the following thematic topics and relevant literature 1 mo before the start of the Delphi process: (1) appropriate indications for PSMA PET/

CT; (2) the role of PSMA imaging with respect to [¹⁷⁷Lu]Lu-PSMA-based therapy; (3) the best tracer for performing PSMA PET/CT; (4) methodology for diagnostic and therapeutic PSMA use; (5) patient selection for [¹⁷⁷Lu]Lu-PSMA therapy; (6) PET imaging in patients with PCa who are candidates for [¹⁷⁷Lu]Lu-PSMA therapy; and (7) PET imaging in patients with PCa who are treated with [¹⁷⁷Lu]Lu-PSMA. Panel members were asked if they wished to include any statements in addition to those proposed by the steering group. Each statement was phrased so that panel members could score their level of agreement, except for one descriptive statement (no. 19 in Table 1) that was not considered further for consensus purposes.

The round 1 e-Delphi was managed using Research Electronic Data Capture (RedCap), a web-based software platform [9]. Panellists voted on a nine-point Likert scale, ranging from 1 = strongly disagree to 9 = strongly agree (1–3, disagree; 4–6, uncertain; 7–9, agree). The panellists were then sent the results from the e-Delphi with the other panellists' anonymised scores and a reminder of their own scores.

During the 1-d meeting, results from the e-Delphi vote on each statement were conveyed to participants and the thematic topics were presented and discussed. The panellists were then asked to confirm the relevance of the statements and their wording. A second Delphi vote was then conducted only for statements for which consensus was not reached after the first Delphi vote and for statements for which rewording could result in a different score.

Statistical analysis of the Delphi voting focussed on the level of agreement (median score) for each statement and whether consensus was achieved (dispersion of scores around the median) based on the methods proposed by the Research and Development (RAND)/University of California, Los Angeles (UCLA) Appropriateness Method, which can be used in panels of any size [9]. For each statement, the median score and the 30th and 70th percentiles (which constitute the interpercentile range [IPR]) were calculated. The median score was used to determine the level of agreement: a median of 1-3 indicated that the panel disagreed with the statement, 4-6 indicated that the panel were uncertain, and 7-9 indicated that the panel agreed with the statement. The IPR was used to calculate the IPR adjusted for symmetry (IPRAS) using the formula: IPRAS = $2.35 + (asymmetry index [AI] \times 1.5)$, where the AI is defined as the absolute difference between the central point of the IPR and 5 (ie, the central point on the 1–9 scale). If the IPR was less than the IPRAS, this indicated that there was no extreme dispersion of scores (ie, there was "consensus").

3. Results

There were 21 panel members, all of whom participated in both Delphi rounds. In round 1, there was consensus for 80% (28/35) of the statements, which increased to 92% (33/36) after round 2. One statement was added during round 1 (Table 1, between statements 20 and 21). Fourteen statements were rephrased to improve clarity and precision during the discussion before the scoring in round 2. Despite

rephrasing, consensus was not reached for three statements (Table 1, statements 8, 10, and 35).

Statements included in the questionnaire, grouped into thematic topics, with the corresponding median scores and consensus results are reported in Table 1. In brief, the statements covered appropriate indications for PSMA PET/ CT (statements 1–5; consensus reached for 5/5 statements); the role of PSMA imaging with respect to [177Lu]Lu-PSMAbased therapy (statements 6-7; consensus reached for 2/2 statements); the best tracer for performing PSMA PET/CT (statements 8–19; consensus reached for 9/11 statements; no voting was conducted for statement 19); the methodology for diagnostic and therapeutic PSMA use (statements 20-22; consensus reached for 4/4 statements); patient selection for [177Lu]Lu-PSMA therapy (statements 23-27; consensus reached for 5/5 statements); PET imaging in patients with PCa who are candidates for [177Lu]Lu-PSMA therapy (statements 28-31; consensus reached for 4/4 statements); and PET imaging in patients with PCa who are treated with [177Lu]Lu-PSMA (statements 32-36; consensus reached for 4/5 statements).

4. Discussion

4.1. Appropriate indications for PSMA PET/CT (statements 1–5)

Evidence regarding the value of PSMA PET/CT in terms of long-term outcomes and effects on clinical decision-making is not robust. During the panel discussion on the use of PSMA PET/CT, it was confirmed that such a novel approach should only be used if a change in clinical management is expected from the results, as already emphasised in the EAU guidelines [1]. For most statements, use of the words "in the majority of patients" rather than "every" or "any" was preferred simply because it is very unlikely that any statement could apply to all patients affected by PCa. This was the reason for the rephrasing of many statements (Table 1).

Significant concerns were raised regarding the management of patients with positive PSMA PET/CT and negative conventional imaging results, especially at initial staging, as it remains unclear if use of results from a more sensitive imaging tool to modify treatment has a demonstrable impact on meaningful outcomes, including survival. European Society for Medical Oncology guidelines suggest that patients with localised PCa according to conventional imaging should not be denied radical local treatment solely because metastatic lesions are identified via novel imaging techniques [10]. Nonetheless, there was clear agreement on the use of PSMA PET/CT in staging all high-risk patients and selected patients with unfavourable intermediate-risk disease. As already stated in the EAU guidelines, the panel strongly endorsed the use of PSMA PET/CT in patients with BCR.

Our results showed a consensus regarding the uncertainty of using PSMA PET/CT in patients with nonmetastatic castration-resistant PCa (nmCRPC), which may be because of several factors, including patient heterogeneity, lack of long-term data regarding the benefit of metastasis-directed therapy in CRPC (as a result of detecting distant

Table 1 - Proposed statements and Delphi voting results regarding the role of PSMA-based imaging and therapy in prostate cancer ^a

No.	Round 1 (original phrasing)	Round 1 (rephrased)	Roun		Rour	
,	DOMA DETICE 1 111 C 11 1 1 DC		MS	CA	MS	CA
1	PSMA PET/CT should be performed in any high-risk PCa patient at staging		8	Yes		
2	PSMA PET/CT should be performed in some intermediate- risk PCa patients at staging	PSMA PET/CT should be considered in unfavourable intermediate-risk PCa patients at staging	7	Yes	8	Yes
3	PSMA PET/CT should be performed in any BCR patients	PSMA PET/CT should be performed in the majority of BCR patients	9	Yes	9	Yes
4	PSMA PET/CT should be performed in nmCRPC patients	PSMA PET/CT should be performed in the majority of nmCRPC patients	5.5	Yes	5	Yes
5	PSMA PET/CT should be performed in any mCRPC patient to evaluate disease progression	PSMA PET/CT should be performed in the majority of mCRPC patients to evaluate disease progression	3	No	3	Yes
6	PSMA PET/CT should be performed in any candidate for [177Lu]Lu-PSMA	nera e panema la crimana disense progression	9	Yes		
7	PSMA-PET/CT should be performed in evaluation of response to [177Lu]Lu-PSMA		7	Yes		
8	All PSMA tracers are equivalent for diagnostic purposes	All PSMA PET tracers are equivalent for diagnostic purposes (staging/BCR)	4	No	4	No
9	PSMA tracers labelled with F-18 and Ga-68 are preferable for PET		8	Yes		
10	Data from trials with PSMA tracers can be extrapolated to any other tracers	Data from trials with PSMA PET tracers can be extrapolated to any other PSMA PET tracers for diagnostic purposes	3	No	3.5	No
11	All PSMA tracers are equivalent if PET is performed for selecting candidates for [177Lu]Lu-PSMA	W 1 1 222	8	Yes		
12	The best PSMA PET tracer is [68Ga]Ga-PSMA-11		8	Yes		
13	The best PSMA PET tracer is [68Ga]Ga-PSMA I&T		5	Yes		
14	The best PSMA PET tracer is [68Ga]Ga-PSMA R2		3.5	Yes		
15	The best PSMA PET tracer is [18F]DCFPyL		7	Yes		
16	The best PSMA PET tracer is [18F]PSMA-1007		4.5	Yes		
17	The best PSMA PET tracer is [18F]rh PSMA 7		5	Yes		
18 19	The best PSMA PET tracer is [64Cu]Cu-PSMA I&T If you feel another PSMA PET tracer not already listed above		NA	Yes NA		
20	is best, please type your answer in here PSMA PET/CT should be performed and reported according		9	Yes		
New	to procedural guidelines -	[¹⁷⁷ Lu]Lu-PSMA therapy should be performed according to guidelines			9	Yes
21	PSMA PET/MRI is at least equivalent to PET/CT and thus is always acceptable	PSMA PET/MRI is equivalent to PET/CT and thus is acceptable in the majority of cases	8	Yes	8	Yes
22	Fully diagnostic CT with contrast media is mandatory as part of PSMA PET/CT	Fully diagnostic CT with contrast media is recommended as part of PSMA PET/CT if not performed previously	4.5	No	8	Yes
23	Only mCRPC patients can be considered for [177Lu]Lu-PSMA	Only mCRPC patients can be considered for [177Lu]Lu-PSMA outside of clinical trials	7	No	8.5	Yes
24	mHSPC with low-volume metastases can be considered for [177Lu]Lu-PSMA	mHSPC with low-volume metastases can be considered for [177Lu]Lu-PSMA outside of clinical trials	3	No	2	Yes
25	mHSPC with high-volume metastases can be considered for [177Lu]Lu-PSMA	mHSPC with high-volume metastases can be considered for [177Lu]Lu-PSMA outside of clinical trials	3.5	No	2	Yes
26	[177Lu]Lu-PSMA outside of its approved indication should only be performed within a clinical trial	Euleu 1514/1 outside of climent datas	9	Yes		
27	Patients with parenchymal metastases (liver, lung) are not suitable for [¹⁷⁷ Lu]Lu-PSMA	Patients with parenchymal metastases (liver, lung) are suitable for [177Lu]Lu-PSMA	3	Yes	8	Yes
28	PSMA PET/CT should be performed in any candidate for [177Lu]Lu-PSMA		9	Yes		
29	[¹⁸ F]FDG PET/CT should be performed in any candidate for [¹⁷⁷ Lu]Lu-PSMA	[¹⁸ F]FDG PET/CT should be performed in any candidate for [¹⁷⁷ Lu]Lu-PSMA	4.5	Yes	4	Yes
30	Choline/fluciclovine PET-CT have no role to select candidates for [177Lu]Lu-PSMA		8.5	Yes		
2.1	No PET/CT scan is strictly mandatory to select patients to be	Demonstration of PSMA expression by imaging is mandatory to be treated with [177Lu]Lu-PSMA	1	Yes	9	Yes
31	treated with [177Lu]Lu-PSMA	and the second of the second o				
31	treated with [177Lu]Lu-PSMA PSMA PET/CT should be performed after every cycle of [177Lu]Lu-PSMA		1.5	Yes		
32	PSMA PET/CT should be performed after every cycle of [177Lu]Lu-PSMA PSMA PET/CT should be performed only at the end of [177Lu]Lu-PSMA therapy		6	Yes		
32	PSMA PET/CT should be performed after every cycle of [177Lu]Lu-PSMA					
32	PSMA PET/CT should be performed after every cycle of [177Lu]Lu-PSMA PSMA PET/CT should be performed only at the end of [177Lu]Lu-PSMA therapy FDG PET/CT should be performed at the end of [177Lu]Lu-	PSMA PET/CT is necessary to monitor patients during follow-up after [177Lu]Lu-PSMA	6	Yes	5	No

BCR = biochemical recurrence; CA = consensus achieved; CRPC = castration-resistant prostate cancer; CT = computed tomography; FDG = fluorodeoxyglucose; HSPC = hormone-sensitive prostate cancer; m, metastatic; MS = median score (1–3 = disagreement, 4–6 = uncertainty, 7–9 = agreement); nm = nonmetastatic; PCa, prostate cancer; PET = positron emission tomography; PSMA = prostate-specific membrane antigen.

a Text in red indicates changes to the original proposed statement.

lesions via PSMA PET/CT), and a lack of data on appropriate sequencing of treatment.

Finally, there was a consensus against the systematic use of PSMA PET/CT to evaluate disease progression in patients with confirmed metastatic CRPC (mCRPC) based on a lack of data, possible lack of cost-effectiveness, and limited PSMA PET/CT availability in some countries.

4.2. The role of PSMA imaging with respect to [177Lu]Lu-PSMA therapy (statements 6–7)

There was consensus regarding the need for PSMA PET/CT before considering patients as candidates for [177Lu]Lu-PSMA therapy (Table 1, statements 6 and 28–31) [11]. However, PSMA imaging is not perfect for selecting patients for [177Lu]Lu-PSMA treatment, as PSMA may be expressed but not detected; access to PSMA PET/CT may also be limited in some countries worldwide. Despite this, the consensus in favour of PSMA PET/CT use was strong.

Regarding PET/CT imaging (Table 1, statement 6), although PET tracers are used almost universally for imaging, the panel members noted that in exceptional circumstance (ie, when logistical issues may prevent the use of PET/CT) imaging with technetium-99m-labelled PSMA could be considered.

It was agreed that PSMA-based imaging should be used to evaluate the response to [¹⁷⁷Lu]Lu-PSMA-based therapy. The use of lutetium-177 post-therapy imaging with single-photon emission computed tomography (SPECT)/CT was also suggested as an adjunct or potential alternative, which would permit dosimetry calculations [12].

4.3. The best tracer for PSMA PET/CT (statements 8–19)

The choice of PSMA tracer to use in PET imaging depends on various factors, including diagnostic performance, logistics, regulatory approval, availability, and cost. Therefore, ranking of tracers was not possible; rather, the goal was to simply provide guidance regarding when tracers might be beneficial for clinical use. Furthermore, the list of tracers was not exhaustive; only those with relevant published data were included in the Delphi voting.

Our results showed a clear preference for the use of gallium-68- and fluorine-18-labelled radiotracers, particularly [68 Ga]Ga-PSMA-11 and [18 F]DCFPyL. However, for several statements a relevant number of panel members (n = 5, 6, 4, 6, and 5 for statements 13, 14, 15, 17, and 18, respectively) noted that they were unable to assign a score owing to the very limited data on these radiopharmaceuticals. It is worth noting that careful choice of the radiopharmaceutical and the aforementioned preferences were significant when considering a tracer for diagnostic purposes in potentially curative scenarios, whereas there was agreement on the equivalence between tracers for imaging undertaken to select candidates for [177 Lu]Lu-PSMA therapy.

4.4. Methodology to use for diagnostic PSMA imaging (statements 20–22)

As expected, there was strong agreement regarding the need to follow procedural guidelines for performing and reporting PSMA PET/CT.

PET/magnetic resonance imaging (MRI) has much lower availability worldwide in comparison to PET/CT, mainly because of costs and other limitations. However, the two imaging methods were considered equivalent [13] despite some acknowledged differences, such as for evaluation of the lungs and liver and for local staging [14].

After the second Delphi round there was agreement regarding the need to perform full diagnostic CT with intravenous contrast as part of the PET/CT examination, if not performed previously. Unsurprisingly, this statement was delicate and required careful articulation as it is influenced by multiple factors, including regulatory issues (in many countries, two different specialists are required to co-sign the imaging examination report), patient workflow (in many cases, a diagnostic CT would have been performed immediately before the referral for PET/CT), reimbursement issues, and other factors. Nevertheless, the panel reached a clear consensus on the usefulness of diagnostic contrastenhanced PET/CT over low-dose non-enhanced PET/CT, if not performed previously.

4.5. Selection of patients for [177Lu]Lu-PSMA therapy (statements 23–27)

All panel members emphasised that the topic of patient selection must be considered with particular care since it is related to approval registrations, which are changing rapidly and are different around the world. The theranostics concept was strongly endorsed in statement 26.

There was a strong consensus that, outside of clinical trials, only patients with mCRPC can be considered for [177Lu] Lu-PSMA therapy since this is the only setting for which [177Lu]Lu-PSMA therapy is supported by level 1 evidence after initial hormonal therapy and after taxane use. Therefore, it was agreed that patients with metastatic hormonesensitive PCa (mHSPC), with either low-volume or high-volume metastases, should not be considered for [177Lu] Lu-PSMA therapy outside of a clinical trial.

The VISION trial reported a lower rate of success in patients with liver lesions [6]; however, there was agreement that patients with PCa and parenchymal lesions who are suitable for [177Lu]Lu-PSMA therapy should not be excluded from treatment since good results have been observed.

4.6. PET imaging in patients with PCa who are candidates for [177Lu]Lu-PSMA therapy (statements 28–31)

There was a clear consensus that PSMA PET/CT must be performed in every patient who is a candidate for [177Lu]Lu-PSMA therapy, whereas PET/CT with [18F]F-choline [15] or [18F]F-fluciclovine has no role for this indication.

There was also consensus regarding the uncertain role of [18F]FDG PET/CT, which has been suggested in some trials (mainly those carried out in Australia [5]) but not used in others (including the VISION trial, in which CT with media contrast was used in addition to PSMA PET/CT [6]). While it may be desirable to develop a strategy to better select patients who will benefit from [177Lu]Lu-PSMA therapy, the added value of [18F]FDG imaging, which is associated with greater costs, radiation exposure, and patient discom-

fort, is unclear. There is also a possibility that such a strategy could inadvertently exclude some patients who might derive clinical benefit from [177Lu]Lu-PSMA therapy.

4.7. PET imaging in patients with PCa treated with [177Lu] Lu-PSMA (statements 32–36)

The panel members agreed on the usefulness of dosimetric evaluation, eventually performed via SPECT/CT, although this is not strictly mandatory for patient selection before and during therapy. There was a consensus against performing PSMA PET/CT after every course of therapy and against [18F]FDG PET/CT after completion of treatment. There was also consensus regarding the uncertain role of performing additional PSMA PET/CT at the end of planned therapy. It is worth noting that there is a minor discrepancy between statements 33 and 7 regarding the use of PSMA PET/CT imaging to evaluate response to [177Lu]Lu-PSMA therapy. Unlike statement 33, which stipulates that PSMA PET/CT should be performed only at the end of [177Lu]Lu-PSMA therapy, statement 7 does not include a specific timing for imaging when evaluating the response, which is probably why consensus was achieved for this statement (in contrast to statement 33, which was scored as uncertain), as it is currently unclear when the response evaluation scan should be performed. Furthermore, a posttreatment scan could have different scopes or objectives: in cases where a PSMA PET/CT is performed when considering further PSMA therapy, this would be recommended (as per statement 28).

4.8. Procedure to use for [177Lu]Lu-PSMA therapy

As with PSMA PET imaging, there was strong agreement regarding the need to follow procedural guidelines for performing [177Lu]Lu-PSMA therapy.

4.9. Limitations

A full systematic review of the evidence base was not performed before the consensus process, so there is a possibility that some important literature was missed. However, given that this clinical area is relatively novel, with only a limited number of publications reported to date, and that the panel members are experts in this area, it is unlikely that any clinically relevant literature was missed.

A criticism of the RAND consensus methodology is that as the 30th and 70th percentiles are used to calculate consensus, outliers (ie, divergent views) may be dismissed. However, panel members were shown the anonymised scores given by all other panel members, and they all had an opportunity to voice their opinion during the 1-d meeting. Thus, in cases where divergent views existed, there was an opportunity for these to be considered.

5. Conclusions

The introduction of radiolabelled PSMA ligands has the potential to have an important impact on the management of patients with PCa, and the volume of data on PSMA-based imaging and therapy is growing rapidly. An increasing num-

ber of trials are being completed and reported, making the PSMA theranostic landscape very active.

For PSMA-based imaging, the major challenge is to demonstrate the real impact of this tool on major clinical outcomes such as overall and progression-free survival, and its potential use for successful selection of patients for life-prolonging systemic or local therapies. For PSMA therapy, major efforts are directed at optimal patient selection and sequencing, and at extending the current indication to earlier stages of PCa.

The EAU and EANM endorse and promote high quality standards in performing diagnostic and therapeutic procedures. In the absence of clinical trials clearly answering open research questions, high-level consensus events (including the Advanced Prostate Cancer Consensus Conference) are very important in providing expert opinion. With respect to the questions raised in this consensus meeting, our results provide indications and suggestions regarding the appropriate use of PSMA imaging and therapy in various clinical situations.

Author contributions: Stefano Fanti and Anders Bjartell had full access to all data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.

Study concept and design: Bjartell, Fanti, MacLennan.

Acquisition of data: MacLennan.

Analysis and interpretation of data: All authors.

Drafting of the manuscript: Bjartell, Fanti, MacLennan.

Critical revision of the manuscript for important intellectual content: All authors.

Statistical analysis: MacLennan.

Obtaining funding: Bjartell, Witjes.

Administrative, technical, or material support: Witjes, MacLennan.

Supervision: Fanti, Bjartell.

Other: None.

Financial disclosures: Stefano Fanti and Anders Biartell certify that all conflicts of interest, including specific financial interests and relationships and affiliations relevant to the subject matter or materials discussed in the manuscript (eg, employment/affiliation, grants or funding, consultancies, honoraria, stock ownership or options, expert testimony, royalties, or patents filed, received, or pending), are the following: Stefano Fanti reports personal fees from ANMI, Astellas, Bayer, Blue Earth Diagnostics, GE Healthcare, Janssen, Novartis, and Sofie Biosciences, and nonfinancial support from Advanced Accelerator Applications (AAA), Bayer, GE Healthcare, Curium, Tema Sinergie, Sanofi, and Telix, outside the submitted work. Alberto Briganti reports fees from Astellas, Janssen Cilag, Bayer, AstraZeneca, Telix, miRScientific, and Merck. Louise Emmett reports fees from Astellas, Amgen, Janssen, Bayer, Telix, and AstraZeneca. Karim Fizazi reports personal fees for advisory board participation from CureVac and Orion, and institutional fees for advisory board participation and presentations from Amgen, Astellas, AstraZeneca, Bayer, Clovis, Daiichi Sankyo, Janssen, Merck Sharp & Dohme (MSD), Novartis/AAA, Pfizer, and Sanofi. Silke Gillessen reports personal honoraria for advisory board participation from Amgen, MSD, and Orion; other honoraria from Radio-televisione Svizzera Italiana and the German-speaking European School of Oncology; invited speaker for ESMO, Swiss Group for Clinical Cancer Research, Swiss Academy of Multidisciplinary Oncology, Orikata Academy Research Group, and China Anti-Cancer Association Genitourinary Oncology Committee; speaker bureau participation for Janssen Cilag; a travel grant from

ProteoMEdiX; institutional honoraria for advisory board, independent data monitoring committee, or steering committee participation from AAA International, Amgen, Bayer, Bristol-Myers Squibb (BMS), Modra Pharmaceuticals, MSD, Novartis, Orion, Pfizer, Roche, and Telixpharma Tolero Pharmaceuticals; other honoraria from Silvio Grasso Consulting and WebMD-Medscape; and patent royalties and intellectual property rights for a research method for biomarker WO2009138392. Karolien Goffin reports personal fees from Bayer, Blue Earth Diagnostics, GE Healthcare, and Lightpoint Medical, outside the submitted work. Boris A. Hadaschik reports personal fees from ABX, Amgen, Bayer, Lightpoint Medical, Janssen R&D, Novartis, BMS, and Astellas; research funding from German Cancer Aid, German Research Foundation, Janssen R&D, BMS, Novartis, Pfizer, and Astellas; and travel fees from AstraZeneca, Janssen R&D, and Astellas. Ken Herrmann reports personal fees from Bayer, SIR-TEX, Adacap, Curium, Endocyte, BTG, Ipsen, Siemens Healthineers, GE Healthcare, Amgen, Novartis, and Y-mAbs; stock options in Sofie Biosciences; nonfinancial support from ABX; and grants from BTG, outside the submitted work. Jolanta Kunikowska reports consulting fees from Telix and Novartis, outside the submitted work; and an unrestricted grant from Janssen for meeting attendance. Tobias Maurer reports personal fees from Astellas, Bayer, Blue Earth Diagnostics, Janssen Cilag, ROTOP, and Phillips, and grants from Acelity, outside the submitted work. Steven MacLennan reports no conflicts of interest. Nicolas Mottet reports personal fees from Astellas, Janssen Cilag, BMS, Bayer, Ipsen, Sanofi Aventis, Steba Biotech, AstraZeneca, Carrik, and Arquer Diagnostics. Declan G. Murphy reports consulting fees from AstraZeneca, Ipsen, Ferring, Janssen, Bayer, and Astellas. Daniela E. Oprea-Lager reports unrestricted grants from Janssen for meeting attendance. Joe M. O'Sullivan reports personal fees from AAA, Astellas, AstraZeneca, Bayer, Janssen, Novartis, and Sanofi. Wim J.G. Oyen reports personal fees from Bayer and Novartis. Olivier Rouvière reports no relevant conflicts of interest. Oliver Sartor reports receipt of grants and/or consulting fees from AAA, Amgen, Astellas, AstraZeneca, Bayer, Blue Earth Diagnostics, Bavarian Nordic, BMS, Clarity Pharmaceuticals, Clovis, Constellation, Dendreon, EMD Serono, Fusion, ITM Oncologics, Janssen, Merck, Myovant, Myriad, Noria Therapeutics, Novartis, Noxopharm, PSMA Therapeutics, Progenics, POINT Biopharma, Pfizer, Sanofi, Tenebio, Telix, and Theragnostics, and equity in Noria, Ratio, Abbvie, Telix, and Lantheus. Arnulf Stenzl reports no relevant conflicts of interest. Hendrik Van Poppel reports no conflicts of interest. Jochen Walz reports personal fees from Astellas, Ipsen, Janssen, Takeda, Blue Earth Diagnostics, Telix, AAA, and Lightpoint Medical. Wim Witjes reports no conflicts of interest. Anders Bjartell reports personal fees from Astellas, Bayer, Ferring, Ipsen, and Janssen; and institutional research grants from Astellas and Ferring, outside the submitted work.

Funding support and role of sponsor: The EAU/EANM PSMA-based imaging and therapy consensus meeting was supported by an unrestricted educational grant from Novartis. The sponsor played no direct role in this study. Medical writing support was funded by the European Association of Urology Research Foundation.

Acknowledgements: The authors acknowledge Emily Spieker (Management Assistant, European Association of Urology) for project manage-

ment. Medical writing support was provided by Angela Corstorphine of Kstorfin Medical Communications Limited.

References

- [1] Mottet N, Cornford P, van den Bergh RCN, et al. EAU-EANM-ESTRO-ESUR-ISUP-SIOG guidelines on prostate cancer. Arnhem, The Netherlands: European Association of Urology; 2022. https://d56bochluxqnz.cloudfront.net/documents/full-guideline/EAU-EANM-ESTRO-ESUR-ISUP_SIOG-Guidelines-on-Prostate-Cancer-2022.pdf.
- [2] Hofman MS, Lawrentschuk N, Francis RJ, et al. Prostate-specific membrane antigen PET-CT in patients with high-risk prostate cancer before curative-intent surgery or radiotherapy (proPSMA): a prospective, randomised, multicentre study. Lancet 2020;395:1208-16.
- [3] Fendler WP, Eiber M, Beheshti M, et al. ⁶⁸Ga-PSMA PET/CT: joint EANM and SNMMI procedure guideline for prostate cancer imaging: version 1.0. Eur J Nucl Med Mol Imaging 2017;44:1014–24.
- [4] Rahbar K, Ahmadzadehfar H, Kratochwil C, et al. German multicenter study investigating ¹⁷⁷Lu-PSMA-617 radioligand therapy in advanced prostate cancer patients. J Nucl Med 2017:58:85–90.
- [5] Hofman MS, Emmett L, Sandhu S, et al. [177Lu]Lu-PSMA-617 versus cabazitaxel in patients with metastatic castration-resistant prostate cancer (TheraP): a randomised, open-label, phase 2 trial. Lancet 2021;397:797–804.
- [6] Sartor O, de Bono J, Chi KN, et al. Lutetium-177-PSMA-617 for metastatic castration-resistant prostate cancer. N Engl J Med 2021;385:1091-103.
- [7] Kratochwil C, Fendler WP, Eiber M, et al. EANM procedure guidelines for radionuclide therapy with ¹⁷⁷Lu-labelled PSMAligands (¹⁷⁷Lu-PSMA-RLT). Eur J Nucl Med Mol Imaging 2019;46:2536-44.
- [8] Vogl UM, Beer TM, Davis ID, et al. Lack of consensus identifies important areas for future clinical research: Advanced Prostate Cancer Consensus Conference (APCCC) 2019 findings. Eur J Cancer 2022:160:24–60.
- [9] Harris PA, Taylor R, Thielke R, Payne J, Gonzalez N, Conde JG. Research electronic data capture (REDCap)—a metadata-driven methodology and workflow process for providing translational research informatics support. J Biomed Inform 2009;42:377–81.
- [10] Parker C, Castro E, Fizazi K, et al. Prostate cancer: ESMO clinical practice guidelines for diagnosis, treatment and follow-up. Ann Oncol 2020;31:1119–34.
- [11] Herrmann K, Kraus BJ, Hadaschik B, et al. Nuclear medicine theranostics comes of age. Lancet Oncol 2021;22:1497–8.
- [12] Violet J, Jackson P, Ferdinandus J, et al. Dosimetry of ¹⁷⁷Lu-PSMA-617 in metastatic castration-resistant prostate cancer: correlations between pretherapeutic imaging and whole-body tumor dosimetry with treatment outcomes. J Nucl Med 2019;60:517–23.
- [13] Kaufmann S, Kruck S, Gatidis S, et al. Simultaneous whole-body PET/MRI with integrated multiparametric MRI for primary staging of high-risk prostate cancer. World J Urol 2020;38:2513–21.
- [14] Martin O, Schaarschmidt BM, Kirchner J, et al. PET/MRI versus PET/CT for whole-body staging: results from a single-center observational study on 1,003 sequential examinations. J Nucl Med 2020;61:1131–6.
- [15] Schwenck J, Rempp H, Reischl G, et al. Comparison of ⁶⁸Ga-labelled PSMA-11 and ¹¹C-choline in the detection of prostate cancer metastases by PET/CT. Eur J Nucl Med Mol Imaging 2017;44:92–101.