



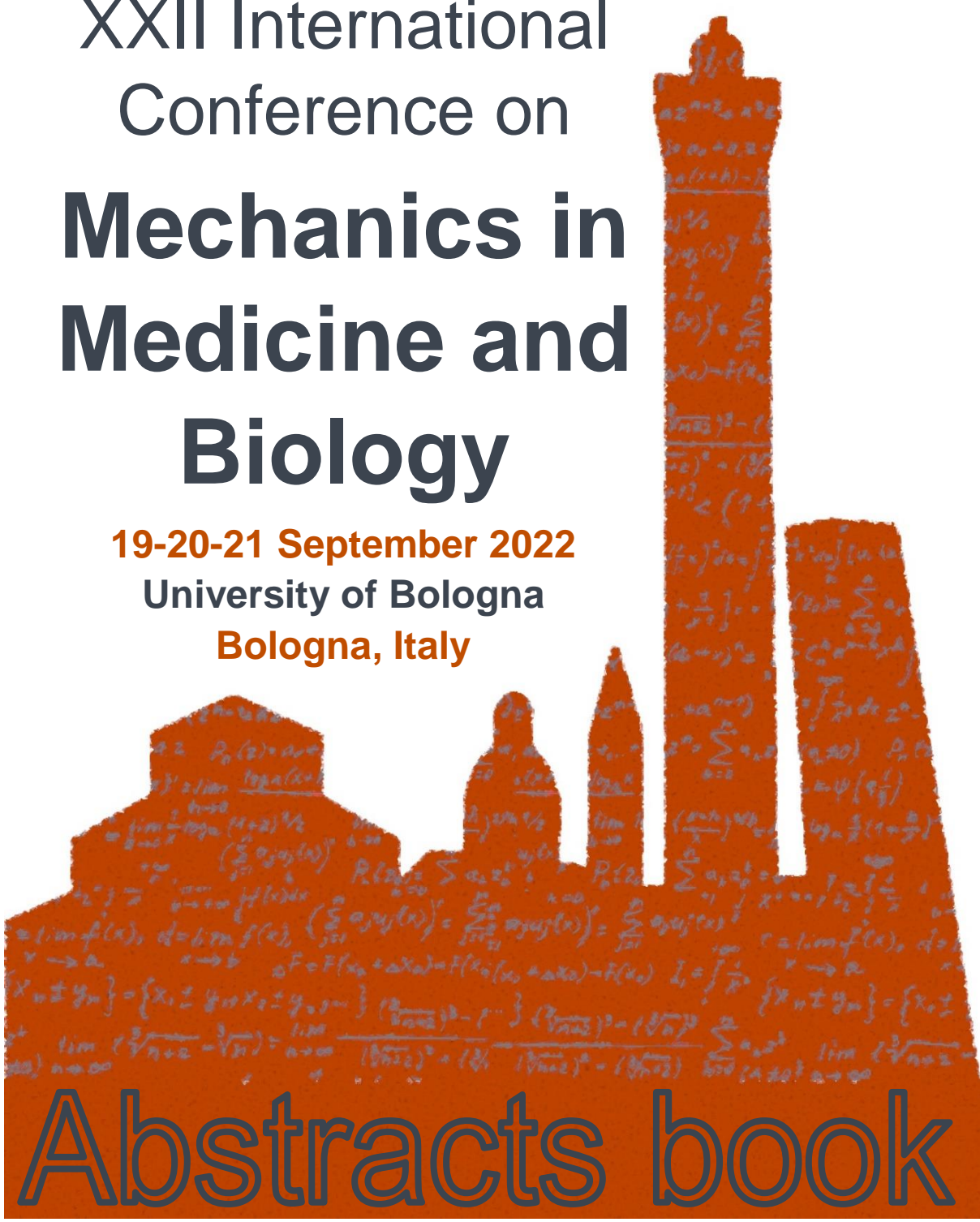
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19-20-21 September 2022

University of Bologna

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Abstracts book

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ABSTRACTS BOOK

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Elena Nardi, Ivan Corazza, Laura Cercenelli, Pier Luca Rossi

Index

19 September	11
Hand Biomechanics and Rehabilitation	11
S1M: ORTHOPEDICS - BIOMECHANICS	11
Finite Element Analysis of Human Knee Joint for Futuristic Customized Knee Implants.....	11
Analysis of Variability in Active Muscle Stiffness with Myoelectric Activity during Incremental Isometric Loading	12
Longitudinal functional assessment of a transfemoral amputee patient treated with osseointegration surgery.....	12
Numerical study for primary stability assessment in osseointegrated transfemoral prostheses	12
Phenomenological approach to human chest modelling	13
S2M: MACHINE LEARNING AND ARTIFICIAL INTELLIGENCE.....	13
AI and AR-based image processing, navigation and robotics in computer assisted cranio-maxillofacial surgery.....	13
Recognition of abnormalities in gastrointestinal tract from endoscopic images using deep learning architectures	14
Interactive visualization of biological network structures in Virtual Reality: a study experience	14
A User-Friendly Tool to Compute the Infection Probability of COVID-19 in Closed Environments	14
S3M: MACHINE LEARNING AND ARTIFICIAL INTELLIGENCE.....	15
Synthetic Data Generation of Histopathological Images	15
Proposal of a Framework for the Analysis of Comorbid Conditions using Intelligent Extraction of Multiple Fluid Biomarkers	15
Evaluation of Machine Learning models for the detection of Antimicrobial Resistance based on Synthetic Data	16
Multi-class Twin SVM with deep features for classification of acute myeloid leukemia cells	16
CYTOFastUrine: An Innovative Integrated Solution For Automated Urine Cytology AI supported Diagnostics	16
S4M: ORTHOPEDICS - BIOMECHANICS	17
Push-Pull Locking Plate VS Standard Locking Plate in Proximal Humeral fractures: a finite element study	17
Combination of functional and morphological data for the mechanics of high-tibial osteotomy	17
Biomechanical analysis of the knee joint during flexion in healthy, cruciate deficient and cruciate substitute conditions	18

Mapping the Young's modulus of cortical bone via atomic force microscopy	18
Design and Biomechanical Analysis of Stand-Alone Posterior Lumbar Cage Implant for Interbody Fusion	18
S1D: ADVANCES IN CARDIOVASCULAR RESEARCH	19
Coronary Physiology Based Diagnosis of Ischemia-Inducing Stenoses: Basics and Clinical Applications	19
Pilot study on photoplethysmographic and electroencephalographic monitoring of candidates to atrial fibrillation electrical cardioversion	19
Personalized configuration for atrial fibrillation external electrical cardioversion to improve acute efficacy.	20
Mathematical Modeling of Myocardial Infarction Treatment with Stem Cells	20
Influence of discordancy in umbilical arteries on the stress distribution in Wharton's jelly ..	21
S2D: WEARABLE AND eHEALTH.....	21
Telemonitoring in ophthalmology, database and eHealth software	21
Optimization and Industrialization of a Metabolic Holter device and Software development	21
Wearable Multiparametric Remote Monitoring: MySIGN	22
S3D: DETECTORS AND DOSIMETRY	22
Sensitivity Analysis of Temperature Distribution Profiles of Breast with Tumors for varied Fat Layer Thickness	22
Medical Applications of Flexible and Large area X- and gamma-Ray Detectors.....	23
Organic thin films as flexible, large area X-ray and proton detectors for medical therapy	23
Target Effects vs. Non-Target Effects in Estimating the Carcinogenic risk due to Galactic Cosmic Rays in Exploratory Space Missions.	24
Pediatric vs adult dosimetry in CBCT: a challenge?.....	24
S4D: PET AND NUCLEAR MEDICINE	24
Role of ^{99m} Tc-DPD scintigraphy in quantification of myocardial uptake of Hereditary Transthyretin-Related Cardiac Amyloidosis	24
PET-derived radiomic applications in breast cancer: State of Art	25
A novel tool for predicting dose distribution of non-sealed ¹⁸⁸ Re resin in NMSC patients..	25
Optimal parameters of a Bayesian-Penalised-Likelihood algorithm for improving the activity distribution accuracy in ⁹⁰ Y trans-arterial radioembolization.	26
S1L: ADVANCED METHODS IN NEUROSCIENCES.....	26
Evaluation of Zernike moments of corpus callosum for discrimination of autism using Random Forest	26
Investigation of brain networks in autism using fractal, non-fractal and pearson correlation methods	27
Detection of Schizophrenia using 4-Dimensional attention based Deep Learning Model.....	27

Optimization of preprocessing routines in Speech Imagery based EEG Signals	27
Entropy analysis of EEG patterns for effective classification of Huntington’s Disease	28
S2L: CO2 ANGIOGRAPHY	28
Biomechanical aspects involved in CO ₂ Angiography	28
Radioprotection in CO ₂ Angiography	29
Optimization of gas injection in CO ₂ Angiography	29
CO ₂ Computed Tomography	29
S3L: BIOMATERIALS AND PROSTHESIS	30
Emerging technologies in Green biocomposites for orthoses and external prostheses	30
Bioactive polymer grafting impacts on silicone breast implants’ mechanical properties and cell responses.	30
Grafting phosphonic acid polymers onto titanium implant for craniofacial prostheses	30
Micro-CT and uniaxial loading to reveal the 3D microstructure under increasing strain of tendon-ligament scaffolds	31
The choice of hernia meshes according to age of the patients	31
S4L: ADVANCED METHODS IN NEUROSCIENCES.....	32
Deep-learning framework for ECG based categorical emotional states assessment.....	32
Characterization of seizure subtypes using time-frequency features from scalp EEG signals	32
Classification of emotional states using electrodermal activity and random forest	33
Detection of Seizure Types using EMD-based Feature Fusion of Scalp EEG.....	33
Evaluation of fractality of brain cognition in young children using task-based EEG signals.	33
20 September	35
Emerging methods in Biosignal Processing.....	35
S5M: BIOSIGNAL PROCESSING	35
Analysis of surface electromyography signals under fatiguing conditions using fuzzy recurrence plot and GLCM features.....	35
Surface electromyography based analysis of muscle fiber type characteristics during fatigue using frequency domain features.....	36
Complexity Analysis of Surface Electromyography Signals Under Fatigue Using Hjorth Parameters and Bubble Entropy	36
Design of Biosignal Controlled Hand Exoskeleton for Assistive Purposes.....	36
Comparison of Machine Learning Tools for the Differentiation of Fatiguing Contractions in Biceps Brachii Muscle using Time Frequency Decomposed sEMG Signals.....	37
S6M: VIRTUAL MODELING AND 3D PRINTING	37
3D Printing in Hospitals.....	37

Additive Manufacturing of a cranial implant with bioactive energy-absorbing polymer via Arburg Plastic Freeforming.....	38
Fabrication of a patient-specific 3D printed multi-material simulator for Endoscopic Sinus Surgery	38
Analysis of different geometrical features to achieve close-to-bone stiffness material in medical device: a feasibility numerical study	39
Design and development of an augmented reality intraoperative guide system with stereoscopic visualization for robotic surgery.....	39
How Additive Manufacturing can improve Healthcare?	40
S7M: MAGNETIC RESONANCE IMAGING	40
Static and Dynamic breast DCE-MRI radiomics in quantifying the neoadjuvant chemotherapy treatment response.....	40
Implementation of patient-specific dielectric models from MR acquisitions	40
A web-based TableTop MRI scanner for remote and automated acquisitions	41
Radiomics from DCE MRI and BRCA1/2 mutations in triple-negative invasive ductal carcinoma of the breast	41
S8M: CELL AND MOLECULAR BIOPHYSICS AND BIOMECHANIC	42
Mechanoluminescence of Walker-256 carcinosarcoma cells in vitro by magneto-mechanochemical effects	42
PEDOT:PSS OECTs as versatile devices for real-time monitoring cytotoxicity and viral infection.....	42
<i>CometAnalyser</i> : a user-friendly, open-source deep-learning microscopy tool for quantitative comet assay analysis	43
Ratiometric Analysis of Structural Changes in Microscopic Cellular Images for Drug-Induced Cytotoxic Assessment	43
Analysis of Phenotypic Changes in Cell Painted Suborganalles Using Cell Ratiometric.....	44
Hospitex International: The Cytology Company	44
S9M: ORTHOPEDICS – DEVICES AND TECHNOLOGIES	44
Influence of pedicle screw thread depth on skeletal anchorage in osteoporotic and normal bones – Finite element study.....	44
Biomechanical analysis of femoral stem-design features in physiological and osteoporotic bone during static loading conditions.....	45
Effects of Finger Fine Motor Training with Various Music on Brain Activation of the Elderly	45
Experimental Analysis of Knee Joint Kinematics and Kinetics under Different Boundary Conditions	46
S5D: ORTHOPEDICS – DEVICES AND TECHNOLOGIES.....	46

Dynamic Finite element analysis of malposition in mobile and fixed bearing UKA prosthesis during gait	46
Dynamic Analysis of different levels of constraint in Total Knee Arthroplasty during Gait and Squat.....	46
Development and Validation of a Device for the Acquisition of Kinematics of Barbell during Training	47
Biomechanical analysis of use of porous meta-diaphyseal custom-made cones in knee revision surgery	47
S6D: CELL AND MOLECULAR BIOPHYSICS AND BIOMECHANICS	48
AC amplification gain in organic electrochemical transistors (OECTs) for impedance-based single cell sensors.....	48
Relationship between blood and blood cells microrheological and micromechanical characteristics and flow and oxygen transport parameters.....	48
Nanopore long read DNA sequencing allows for higher accuracy in brain cancer analysis...	48
Development of an electrospun patch for the treatment of myelomeningocele	49
Applications of tissue-engineered plant scaffolds and introduction of a novel model for cardiovascular research	49
Deep learning models for segmenting brightfield images of cancer multicellular spheroids used for radiomics analysis	50
S7D: WEARABLE AND eHEALTH.....	50
Blood Pressure Prediction using Real-world ambulatory Photoplethysmography (PPG)	50
Smart bandage with textile chemical sensors for wearable healthcare	51
Building a framework for handleless Hw/Sw open modular data assistant	51
S8D: WEARABLE AND eHEALTH.....	51
Revolutionary Wearable Technologies	51
The YOUCARE textile system by Accyourate Group Spa.....	51
Wearable Devices: Challenges and Opportunities in Disease Monitoring	52
Agreement between ECG and PPG in HRV analysis during provocative tests in healthy adults	52
Vision-guided autonomous robotic system for pick and place tasks in healthcare settings....	53
HOWDY SENIOR: Single lead ECG recording and long term monitoring during medium-high intensity exercise.....	53
HOWDY SENIOR: A comfortable, user-friendly and accurate ECG monitoring wearable device	53
S9D: MACHINE LEARNING AND ARTIFICIAL INTELLIGENCE	54
Semi-supervised active learning in automated wound image segmentation via smartphone mobile App.....	54

Fully automated estimation of glomerular basement membrane thickness via active semi-supervised learning model.....	54
Preliminary Detection of COVID-19 using Hybrid Deep Learning Approach.....	54
Explainable Machine Learning Framework for Age Prediction using Brain Complexity Features.	55
S5L: SPORT SCIENCE	55
Effects of a 3-month outdoor training program on physical performance and quality of life. 55	
A 3-month exercise program performed in a green-blue space: the “Parco del Mare” pilot study	56
Surface electromyography based analysis of fiber type characteristics using reassigned morlet scalogram	56
Electromyography investigation of the upper extremity muscles in 9-ball break shot between skilled and less-skilled players	56
Reliability of Video-Based Running Gait Analysis in Recreational Runners.....	57
S6L: BIOSIGNAL PROCESSING	57
Preterm Birth Detection based on Decision Fusion and Stationary Segments of Multichannel Uterine EMG signals.....	57
Prediction of lag time for multiple infusion environments using regression methods	58
EEG-EMG wavelet coherence analysis between C1, C4, CZ and TA muscle	58
EG-EMG wavelet coherence analysis during ramp descent, level walking, stair ascent, no movement, stair descent, ramp ascent.....	58
Assessment of emotional states using Electrodermal activity signals and variable frequency spectral estimation.....	59
S7L: SPORT SCIENCE	59
Effects of muscle rub application on physical performance in athletes	59
Simulation of the upper-limb cueing movement in 9-ball	59
Anterior cruciate ligament force during landing from different block jumps techniques in volleyball players	60
S8L: ADVANCES IN CARDIOVASCULAR.....	60
Feasibility of the novel IntraValvular Impedance sensing applied to biological heart valves: design and in vitro evaluation	60
The use of mixture theory to potentially help in the understanding arterial wall de-stiffening therapy.....	61
A pneumatic simulator of the venous system of a human arm for testing and tuning a novel noninvasive device for home monitoring of venous pressure	61
In vitro modelling of respiration-induced movements of the renal arteries for implant investigation in EVAR	62
Fabrication of compliant vascular models for in-vitro implant investigation	62

S9L: CONVENTIONAL RADIOLOGY AND COMPUTED TOMOGRAPHY.....	62
MicroCT Contrast and Imaging Protocol Optimization for Analysis of Microstructure in Ligaments and Tendons	62
A Monte Carlo calibration approach for a dual-energy CT system	63
Avio-TC: a suite to provide diagnostic examinations by state-of-the-art equipment in remote African areas	63
Association of Chest Radiographic Geometric Changes in Mediastinum with COVID-19 Conditions	64
21 September	65
AI and imaging frontiers applied to human biological system in medical physics	65
S10M: COMPUTERS METHODS IN RADIOTHERAPY	65
Dosimetric characterization of a mobile accelerator for Intraoperative Radiation Therapy ...	65
Finite element biomechanical modeling of parotid glands morphing for H&N adaptive radiotherapy.....	66
New techniques of radiotherapy treatment plan verifications: Radcalc 3D Monte Carlo and dosimetric ML tools	66
Heartbeat cardiac motion model to evaluate intra-fraction dosimetric variations in radiotherapy treatments	66
An automatic tool for LATTICE radiotherapy treatment optimization	67
S10D: ADVANCED METHODS IN NEUROSCIENCE.....	67
Comparative analysis of the three-dimensional chromatin conformation changes occurring in patients affected by prion disease.....	67
Analysis of 3D Morphometric Alterations in Ventricular Brain Structures for Differentiation of MCI Subtypes in MR Images	68
Classification of Schizophrenia using Voxel based Morphometry and Recurrent Neural Network.....	68
Diagnosis of Neurodegenerative Disorder in Brain Images using Hybrid Machine Learning Methods.....	69
Detection of Tonic-clonic seizures from the band power ratio of Scalp EEG	69
Research in Total Knee Arthroplasty Biomechanics: to close the gap between surgeons and engineers.	69

radiological examination. These images are obtained from QaTa-COV19 dataset. In the proposed study, segmentation is attempted with hybrid U-Net architecture with two Transfer Learning (TL) techniques such as VGG16 and VGG19 to quantify the lung anomalies for clinical evaluation. Hybrid architecture such as U-Net VGG16 and U-Net VGG19 are executed by replacing the conventional U-Net encoder path. These TL techniques improve the learning instances of U-Net using smaller kernel size and reduced number of convolution layers. The segmentation is validated with various performance measures. The result shows that hybrid architecture such as U-Net VGG16 and U-Net VGG19 outperform conventional U-Net methods. Also, U-Net VGG19 shows a higher Dice coefficient and accuracy of 94.36% than U-Net VGG 16 for considered images. Hence, this approach will allow the radiologist to provide better decision making.

Keywords: *Hybrid architecture, Transfer Learning, COVID-19*

Explainable Machine Learning Framework for Age Prediction using Brain Complexity Features.

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SHAP (SHapley Additive exPlanations) is a framework for Explainable Artificial Intelligence (AI) that makes explanations locally and globally. In this work, we propose a general method to obtain representative SHAP values within a repeated nested cross-validation procedure and separately for the training and test sets of the different cross-validation rounds to assess the real generalization abilities of the explanations. We applied this method to predict individual age using brain complexity features extracted from Magnetic Resonance Imaging (MRI) scans. In particular, we used various implementations of the fractal dimension (FD) of the cerebral cortex - a measurement of brain complexity. Representative SHAP values highlighted that the recent implementation of the FD had the highest impact over the others and was among the top-ranking features for predicting age. SHAP rankings were not the same in the training and test sets, but the top-ranking features were consistent. In conclusion, we propose a method that allows a rigorous assessment of the SHAP explanations of a trained model in a repeated nested cross-validation setting.

Keywords: *Brain complexity, explainable AI, fractal dimension, machine learning, SHAP.*

S5L: SPORT SCIENCE

Effects of a 3-month outdoor training program on physical performance and quality of life

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A growing number of studies suggests that the practice of outdoor training in blue and green spaces induce beneficial effects on quality of life. However, several exercise programs were proposed, and different health parameters were evaluated in younger and elder people. The aim of the preset study is to evaluate the effects of outdoor high-intensity interval training (HIIT) on younger adults' health outcomes, using innovative technology assessment such as wearable devices. Younger adults with no contraindication to practice high intensity training were recruited and divided into two groups: the experimental group (two training session per week for three months) and the control group (no intervention). Direct parameters and indirect cardio-respiratory parameters efficiency as ECG, respiratory rate, body temperature, HR and HRV, and stress factors will be evaluated using an innovative wearable device produced by ACCYOURATE®. Also, many parameters physical performance (VO_{2peak} , Strength and Speed) and QoL related will be detected at baseline (T_0) and follow-up (T_1). We expected the intervention to be feasible and effective in improving direct and indirect health parameters, quality of life and physical performance in younger healthy adults.

Keywords: *physical exercise; outdoor; wearable device.*