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The Hopkins Symptom Checklist (SCL-90-R):

A Patient-Reported Outcome Measure in Parkinson's disease

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Abstract

Objective: This is the first study applying Clinimetric Patient-Reported Outcome Measures (CLIPROM) criteria to evaluate the construct validity, sensitivity, and clinical utility of the SCL-90-R in patients with Parkinson's disease (PD). patients. **Methods:** A Rasch analysis was conducted and using a sample of 488 PD outpatients. used. **Results:** Testing for dimensionality revealed that less than 5% of *t*-tests were significant, indicating that the SCL-90-R subscales entailed the property of construct validity. As to the total score, a Person Separation Reliability Index of 0.96 was found. **Conclusions:** The SCL-90-R total score is a sensitive screening measure that can be used not only to differentiate healthy stress reactions from symptoms of psychological distress but also to detect PD patients with an increased risk for psychiatric complications. As to the subscales, the brief versions that did not include misfitting items should be used to assess the severity of specific symptoms of psychological distress affecting PD patients.

Keywords: Clinimetrics, CLIPROM criteria, Parkinson's disease, Patient-Reported Outcome Measures, Psychological distress, SCL-90-R.

Introduction

Patient-Reported Outcome Measures (PROMs), any report coming directly from patients about how they function or feel in relation to a health condition or its therapy,^{1,2} are self-rated scales or self-reported questionnaires that were specifically developed to improve the detection of the subjective burden and impact of symptoms on quality of life, emotional stability, and psychological well-being of patients.³⁻⁵ Since their introduction, there have been an increasing number of studies using PROMs to evaluate symptoms of psychological distress in Parkinson's disease (PD) patients.⁶⁻¹⁴ As the use of these assessment instruments proliferated, Greater attention has also been devoted to the evaluation of their measurement properties.^{9-11,15-18} Several studies were conducted but most of them focused on classical psychometric criteria rather than on clinimetric principles to evaluate the reliability and validity of PROMs in PD patients.^{9,15,17} Clinimetrics is the term originally coined by Alvan R. Feinstein¹⁹⁻²¹ to introduce an innovative assessment method that has been later refined as the science of clinical measurements.²² Clinimetric Patient-Reported Outcome Measures, the CLIPROM criteria, have been recently introduced to evaluate the measurement clinical properties and clinical usefulness of PROMs.²³ Such criteria²³ do not rely on the psychometric assumption of homogeneity of components and represent a step forward to the assessment evaluation of sensitivity, construct validity, and clinical utility of PROMs as they challenge the traditional views of how PROMs these assessment instruments. should be developed, validated, and used.²³ According to CLIPROM criteria,²³ Item Response Theory (IRT) models (i.e., Rasch and Mokken analyses) are used to evaluate the construct validity of PROMs. The clinimetric analysis of construct validity implies the assessment of whether each item provides unique/distinctive clinical information, the evaluation of the extent to which each symptom included in a rating scale belongs to an underlying clinical dimension, and testing if PROMs are statistically sufficient and clinically valid indices of the severity of the clinical condition under examination.²³⁻²⁹

Two studies focused on clinimetric principles to evaluate the validity of the revised version of the Hopkins Symptom Checklist (SCL-90-R), one of the most widely used PROMs for the assessment of self-reported symptoms of psychological distress.^{10,11} These studies showed that the SCL-90-R was found to be a valid measure of a wide range of psychiatric symptoms (e.g., depression, phobic anxiety, somatization) affecting patients with PD.^{10,11} It should be noted, however, that CLIPROM criteria were only partially addressed in the process of assessment of the SCL-90-R: the authors of these studies^{10,11} used the Mokken analysis, which is a weaker test than the Rasch one,²⁴ implying that measurement clinical properties such as the local dependency (i.e., evaluating whether the response to one item was dependent on the response to another item after controlling for the underlying trait) and the differential functioning (i.e., testing whether a certain form of item bias can occur when different groups within the sample respond differently to an item despite equal levels of the underlying trait) or transferability of items (e.g., assessing whether the rating scale continues to measure the same clinical dimension across different groups of patients) were not examined. There is, therefore, a need for a clinimetric reanalysis of the sensitivity and construct validity of the SCL-90-R using CLIPROM criteria.²³ in patients with PD.

Aims

This is the first study using CLIPROM criteria²³ to analyze the clinimetric properties and clinical utility of the SCL-90-R in the process of assessment of symptoms of psychological distress in PD patients. This is the first study in which a Rasch analysis was conducted according to CLIPROM criteria²³ to evaluate the construct validity testing whether the SCL-90-R and its subscales consisted of locally independent and transferable items providing distinctive clinical information. The Rasch analysis was also performed to assess the dimensionality or construct validity of the SCL-90-R evaluating whether its total score and clinical subscales were valid measures of symptoms of psychological distress. The clinimetric sensitivity^{23,30} of the SCL-90-R a clinimetric property that refers to the ability of the rating scale to differentiate patients from healthy

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2
3 subjects, to discriminate between different groups of patients suffering from the same illness, to
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5 detect changes in clinical (i.e., drug or psychotherapy) trials, to discriminate between an active
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7 treatment and placebo, and to differentiate between wanted and unwanted effects of treatments, was
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9 also assessed, particularly to evaluate whether the SCL-90-R its ability to discriminate between PD
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11 patients displaying different levels of psychological distress.
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17 **Material and Methods**

18 *Sample and procedure*

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21 The sample that is part of the study conducted by Siri et al.⁶ consisted of 488 outpatients
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23 (mean age of 65.86 ± 10.26 years) with a medical diagnosis of PD formulated according to the UK
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25 Brain Bank clinical diagnostic criteria.³¹ Data were collected by mailing a self-reported
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27 questionnaire, the SCL-90-R, to all outpatients who consulted the Parkinson Institute, ASST
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29 “Gaetano Pini CTO”, Milan, Italy. An accompanying letter explaining the aims of the study and
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31 including a sheet for demographic and clinical data was enclosed with the SCL-90-R. Patients had
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33 also the opportunity to call the Institute for further explanations about the study and talk with
34
35 investigators and clinicians involved in the research project. Patients signed a written informed
36
37 consent for study participation, filled out the survey, and mailed it back to the Institution. Demented
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39 patients with PD were excluded, mainly for their inability to fill out self-reported questionnaires.
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41
42 Therefore, only non-demented PD patients according to the DSM-IV criteria were included in the
43
44 present study. (mean disease duration of 12.09 ± 5.98 years)
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49
50 The optimal number of PD patients to recruit was determined using methodological
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52 recommendations, which suggest a sample size of at least 100 respondents for performing
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54 validation studies on PROMs.³² The optimal number of patients to be included in the present study
55
56 was also determined based on a previous research³³ that recommended a sample size ranging from
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58 250 to 500 participants for conducting Rasch analyses. As to the study design, this is a cross-
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3 sectional research study that was conducted according to the Declaration of Helsinki³⁴ and approved
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5 by the Ethical Committee of the Parkinson Institute, ASST “Gaetano Pini CTO”, Milan, Italy.
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7

8 9 *Measure*

10
11 The Hopkins Symptom Checklist is a self-reported questionnaire evaluating symptoms of
12
13 psychological distress.³⁵ The first version of this rating scale was originally developed by Parloff et
14
15 al.³⁶ to be used as an outcome measure in psychotherapy trials with depressed or anxious patients.
16
17 Over the years, a number of revised versions were developed and came into use.³⁷⁻⁴¹ The revised
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19 one, the SCL-90-R, was introduced by Derogatis⁴² and consisted of 90 items rated on a 5-point
20
21 Likert scale ranging from 0 (i.e., “not at all”) to 4 (i.e., “extremely”). The patient is asked to report
22
23 how much a given item (i.e., symptom) distressed or bothered him/her during the last week.⁴² The
24
25 Italian version of the SCL-90-R^{43,44} was used in the present study.
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32 33 *Statistical analyses*

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35 The Rasch analysis was conducted using the Rasch Unidimensional Measurement Models
36
37 (RUMM2030) software.⁴⁵ The following properties were tested:

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39 1. *The overall fit to the Rasch model*, which was evaluated using the chi-square item-trait
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41 interaction statistics.^{46,47} The overall fit provided a summary measure of how the scale under
42
43 assessment conforms to the Rasch model expectations.⁴⁵ A non-significant chi-square probability
44
45 value indicated a good level of overall fit.^{46,47}
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47

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49 2. *Individual item and person fit*: standardized fit residual values for items and subjects were
50
51 examined for any indication of misfit (i.e., values outside ± 2.5).⁴⁸
52

53
54 3. *Construct validity*: to determine whether the SCL-90-R was a valid measure of the
55
56 underlying construct of psychological distress, Principal Component Analysis (PCA) of residuals
57
58 was performed to identify the two most different subsets of items (i.e., the most positively and
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60 negatively factor-loading items on the first component). Paired *t*-tests were then performed to

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3 compare scores on the two subsets of items. If more than 5% of *t*-tests were significant, the SCL-
4
5 90-R was not considered unidimensional.^{25,27,48}

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7
8 4. *Local dependency* as the evidence that the response to any item was dependent on the
9
10 response to another item after controlling for the underlying construct under examination.⁴⁸ A
11
12 residual correlation value of > 0.3 was considered indicative of local dependency between items.⁴⁹

13
14 5. *Differential Item Functioning* (DIF) was examined for each item of the SCL-90-R with
15
16 respect to age (dichotomized in young and old PD patients based on 50% percentile), education
17
18 (dichotomized in short and long duration based on 50% percentile), and sex. We term it *uniform*
19
20 *DIF* when one subgroup (e.g., males) consistently scores differently on an item across all levels of
21
22 the trait under examination and *non-uniform DIF* when the DIF varies across different levels of the
23
24 trait.^{33,48}

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26
27 6. *Person Separation Reliability Index* (PSI) was tested to evaluate the clinimetric sensitivity
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29 of the SCL-90-R and its subscales.^{23,29}

30 31 32 33 34 35 **Results**

36 37 *Sample characteristics*

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40 The sample consisted of 488 PD outpatients, 58.4% ($n = 285$) were males (mean age of
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42 65.19 ± 10.52 years), and 41.6% ($n = 203$) were females (mean age of 66.81 ± 9.82 years). The
43
44 clinical characteristics of patients, including the mean age of the total sample, the age at onset,
45
46 disease duration, the Hoehn and Yahr (H&Y) staging scale, the Unified Parkinson's Disease Rating
47
48 Scale motor score (UPDRS III) and the daily dose of levodopa, are reported in Table 1.

49 50 51 52 53 *Fit to the Rasch model*

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55
56 The initial analysis of the SCL-90-R revealed a significant item-trait interaction statistic (χ^2
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58 = 1434.49, degrees of freedom [df] = 630, $p < 0.001$), indicating misfit to the Rasch model (Table 2,
59
60 Analysis 1). Standardized fit residuals for items (SD = 2.27) were just within acceptable limits.

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3 Standardized fit residuals for persons (SD = 0.74) were found to be within acceptable limits.
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5 Rescoring all items, ordered response categories were achieved but without significantly improving
6
7 the overall fit to the Rasch model (Table 2, Analysis 2). Even after excluding misfitting items
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9 (Table 2, Analysis 14), fit to the Rasch model was not achieved for the SCL-90-R total scale ($\chi^2 =$
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11 709.77, df = 546, $p < 0.001$). Model fit statistics for the SCL-90-R subscales are reported in Table
12
13 3. The analysis of the SCL-90-R subscales of phobic anxiety, interpersonal sensitivity, hostility,
14
15 sleep, and psychoticism revealed a significant item-trait interaction statistic, indicating misfit to the
16
17 Rasch model (Table 3). The initial analysis of the SCL-90-R anxiety subscale showed a significant
18
19 item-trait interaction statistic ($\chi^2 = 174.42$, df = 70, $p < 0.001$), indicating misfit to the Rasch model.
20
21 The fit to the Rasch model was achieved ($\chi^2 = 63.18$, df = 56, $p = 0.24$) after the exclusion of
22
23 misfitting symptoms (items 17, and 33). The initial analysis of the SCL-90-R depression subscale
24
25 showed a significant item-trait interaction statistic ($\chi^2 = 166.14$, df = 105, $p < 0.001$), indicating
26
27 misfit to the Rasch model. The fit to the Rasch model was achieved ($\chi^2 = 100.33$, df = 91, $p = 0.23$)
28
29 after the exclusion of misfitting symptoms (items 19, and 5). Rasch analysis of the SCL-90-R
30
31 somatization subscale revealed a non-significant item-trait interaction statistic ($\chi^2 = 98.47$, df = 84,
32
33 $p = 0.13$), indicating adequate fit to the model, with no misfitting items. The initial analysis of the
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35 SCL-90-R subscale on cognitive performance deficits showed a significant item-trait interaction
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37 statistic ($\chi^2 = 105.40$, df = 63, $p < 0.001$), indicating misfit to the Rasch model. The fit to the Rasch
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39 model was achieved ($\chi^2 = 65.35$, df = 56, $p = 0.18$) after the exclusion of misfitting symptoms (item
40
41 65). Rasch analysis of the SCL-90-R subscale on paranoid ideation revealed a non-significant item-
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43 trait interaction statistic ($\chi^2 = 46.52$, df = 36, $p = 0.11$), indicating adequate fit to the model, with no
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45 misfitting items.
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54 55 Dimensionality

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57 Testing for dimensionality revealed significant t-tests outside the critical value of 5%,
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59 suggesting that the total score of the SCL-90-R was multidimensional (Table 2, Analysis 1-14).
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3 Concerning the SCL-90-R subscale on phobic anxiety, less than 5% of t-tests were significant,
4
5 indicating that this subscale was unidimensional. As to the anxiety subscale, after the exclusion of
6
7 items 17 (“trembling”) and 33 (“feeling fearful”), less than 5% of t-tests were significant,
8
9 suggesting that the 8-item version of the SCL-90-R anxiety subscale was a unidimensional measure.
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11 Regarding the depression subscale, after the exclusion of items 19 (“poor appetite”) and 5 (“loss of
12
13 sexual interest or pleasure”), less than 5% of t-tests were significant, suggesting that the 14-item
14
15 version of the SCL-90-R depression subscale was unidimensional. As to the SCL-90-R
16
17 somatization subscale, paired t-tests comparisons revealed that more than 5% of t-tests were
18
19 significant (Table 3), indicating that this subscale was a multidimensional measure. Concerning the
20
21 subscale on cognitive performance deficits, less than 5% of t-tests were significant, suggesting that
22
23 the 9- and 8-item versions of this subscale were unidimensional measures. As to the subscale on
24
25 interpersonal sensitivity, even after excluding the misfitting item (Table 3), more than 5% of t-tests
26
27 were significant, indicating that this subscale was a multidimensional measure. Concerning the
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29 SCL-90-R subscales of hostility, paranoid ideation, and psychoticism, less than 5% of t-tests were
30
31 significant, suggesting that these measures were unidimensional.
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40 *Local dependency*

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42 Indication of local dependency between 18 item-pairs of the SCL-90-R was found with
43
44 residual correlations > 0.30 . The following item-pairs were found to be locally dependent: items 7
45
46 (“the idea that someone else can control your thoughts”) and 35 (“other people being aware of your
47
48 private thoughts”), items 13 (“feeling afraid in open spaces or on the streets”) and 25 (“feeling
49
50 afraid to go out of your house alone”), items 14 (“feeling low in energy or slowed down”) and 56
51
52 (“feeling weak in parts of your body”), items 15 (“thoughts of ending your life”) and 59 (“thoughts
53
54 of death or dying”), items 23 (“suddenly scared for no reason”) and 33 (“feeling fearful”), items 23
55
56 (“suddenly scared for no reason”) and 72 (“spells of terror or panic”), items 25 (“feeling afraid to
57
58 go out of your house alone”) and 47 (“feeling afraid to travel on buses, subways, or trains”), items
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3 36 (“feeling others do not understand you or are unsympathetic”) and 37 (“feeling that people are
4 unfriendly or dislike you”), items 43 (“feeling that you are watched or talked about by others”) and
5
6 61 (“feeling uneasy when people are watching or talking about you”), items 44 (“trouble falling
7
8 asleep”) and 66 (“sleep that is restless or disturbed”), items 48 (“trouble getting your breath”) and
9
10 53 (“a lump in your throat”), items 51 (“your mind going blank”) and 55 (“trouble concentrating”),
11
12 items 61 (“feeling uneasy when people are watching or talking about you”) and 69 (“feeling very
13
14 self-conscious with others”), items 67 (“having urges to break or smash things”) and 81 (“shouting
15
16 or throwing things”), items 68 (“having ideas or beliefs that others do not share”) and 74 (“getting
17
18 into frequent arguments”), items 69 (“feeling very self-conscious with others”) and 70 (“feeling
19
20 uneasy in crowds, such as shopping or at a movie”), items 69 (“feeling very self-conscious with
21
22 others”) and 73 (“feeling uncomfortable about eating or drinking in public”), items 85 (“the idea
23
24 that you should be punished for your sins”) and 89 (“feelings of guilt”).
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33 *Differential Item Functioning*

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35 Items 23 (“suddenly scared for no reason”) and 75 (“feeling nervous when you are left
36
37 alone”) showed a uniform DIF for education.
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40 Uniform DIF for sex was observed for items 20 (“crying easily”), 21 (“feeling shy or uneasy
41
42 with the opposite sex”), 27 (“pains in lower back”), 39 (“heart pounding or racing”), 49 (“hot or
43
44 cold spells”), 84 (“having thoughts about sex that bother you a lot”), 88 (“never feeling close to
45
46 another person”), and 90 (“the idea that something is wrong with your mind”).
47
48

49 There was no indication of uniform or non-uniform DIF for age.
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53 *Person Separation Reliability Index*

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55 PSI was 0.96 (Table 2, Analysis 1), indicating that the original SCL-90-R total scale could
56
57 reliably discriminate between respondents displaying different levels of the underlying trait under
58
59 examination. PSI indices of the SCL-90-R subscales of phobic anxiety, hostility, sleep, paranoid
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3 ideation, and psychoticism were found to range from 0.41 to 0.61 (Table 3), suggesting that they
4
5 could not be reliably used to discriminate between different groups of subjects with different levels
6
7 of the underlying construct. PSI indices of the SCL-90-R subscales on anxiety, depression,
8
9 somatization, cognitive performance deficits, and interpersonal sensitivity were found to range from
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11 0.74 to 0.82 (Table 3), indicating that these measures could reliably distinguish between different
12
13 groups but not between different subjects.
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18 19 Discussion

20
21 This is the first study applying CLIPROM criteria²³ to evaluate the clinimetric sensitivity,
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23 construct validity, and clinical usefulness of the SCL-90-R in PD patients. The findings of the
24
25 present study indicate that the SCL-90-R is a multidimensional measure of psychological distress.
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27 This is in line with previous studies showing that the total score of this rating scale was found to
28
29 cover both bodily and emotional components of psychological distress.^{10,38,44} It should be also noted
30
31 that excellent PSI indices were found, indicating that the SCL-90-R sensitively discriminated
32
33 between PD patients with different levels of psychological distress. This implies that the total score
34
35 of the SCL-90-R can be used as a screening measure ~~not only~~ to differentiate healthy stress
36
37 reactions from symptoms of psychological distress ~~but also~~ and to identify PD patients with an
38
39 increased risk to develop psychiatric complications. Important sources of information may therefore
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41 derive from the use of this rating scale in patients with PD. The findings of the present study also
42
43 indicate that the SCL-90-R consisted of clinical subscales that were found to entail the clinimetric
44
45 property of construct validity. Such measures were the SCL-90-R subscales of phobic anxiety,
46
47 anxiety, depression, cognitive performance deficits, hostility, paranoid ideation, and psychoticism.
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49 However, caution should be paid when administering these subscales to PD patients as locally
50
51 dependent, and non-transferable items were detected. As to the SCL-90-R subscale on phobic
52
53 anxiety, findings demonstrate that the item 75 (“feeling nervous when you are left alone”) showed a
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55 uniform DIF with PD patients with a higher education scoring significantly higher than those with a
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3 lower one despite equal levels of the underlying trait of psychological distress. Another major
4
5 problem of the SCL-90-R phobic anxiety subscale has to do with local dependency or redundancy
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7 of items.²³ This measure was found to include locally dependent items (i.e., “feeling afraid in open
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9 spaces or on the streets”, “feeling afraid to go out of your house alone”, “feeling afraid to travel on
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11 buses, subways, or trains”, “feeling uneasy in crowds, such as shopping or at a movie”) that
12
13 evaluate parallel forms of the same symptom, implying that only a narrow part of the clinical
14
15 condition under examination can be detected by the use of the SCL-90-R subscale of phobic
16
17 anxiety. The same problem was observed with the SCL-90-R subscales of anxiety, depression,
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19 cognitive performance deficits, hostility, paranoid ideation, and psychoticism, which were found to
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21 include a large number of inter-correlated items providing clinically redundant information. The
22
23 evidence that the SCL-90-R consisted of locally dependent items is not surprising since this
24
25 measure has been originally developed according to psychometric criteria.⁵⁰ In the psychometric
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27 model, a statistically significant correlation between items is often required to increase the internal
28
29 reliability of the rating scale.^{51,52} However, as has been widely demonstrated, the redundant nature
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31 of items may increase the internal consistency of the rating scale but is likely to decrease its
32
33 sensitivity.^{23,26,28,51-53} This is the main reason why previous studies^{10,11,54} suggested using the SCL-
34
35 90-R subscales in conjunction with highly sensitive clinician-rated scales such as the revised
36
37 version of the Diagnostic Criteria for Psychosomatic Research (DCPR-R),⁵⁵ which was found to be
38
39 a valid measure of symptoms of psychological distress (i.e., demoralization) in patients with PD.⁵⁶⁻
40
41 ⁵⁸ Findings of the present study also indicate that the SCL-90-R subscales of anxiety, depression,
42
43 cognitive performance deficits, interpersonal sensitivity, and psychoticism included misfitting
44
45 items. As to the SCL-90-R anxiety subscale, in particular, caution should be paid with the use of the
46
47 misfitting item 33 (i.e., “trembling”), which may reflect motor symptoms of PD rather than pure
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49 symptoms of anxiety. This implies that the 8-item version of the SCL-90-R anxiety, which did not
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51 include misfitting items, rather than the traditional one consisting of 10 items should be used to
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53 detect the subjective burden of pure symptoms of anxiety affecting patients with PD. For the same
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3 reason the 14-item version of the SCL-90-R depression subscale, the 8-item version of the SCL-90-
4 R cognitive performance deficits subscale, and the 6-item versions of the SCL-90-R hostility,
5 paranoid ideation, and psychoticism subscales should be preferred to assess the severity of peculiar
6 specific symptoms of psychological distress in PD patients since these measures were found to not
7 include misfitting items.
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10 *The spectrum of psychiatric disorders in PD and the clinical utility of the SCL-90-R*

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Psychiatric disorders, particularly depression and anxiety, are part of non-motor symptoms
of PD and are highly prevalent in this clinical population.⁵⁹⁻⁶³ Psychiatric disturbances represent a
significant source of suffering⁶⁴ that is so subjective that, as Parloff et al.³⁶ noted, no one can judge
it but the patient. The SCL-90-R and its subscales are easy-to-use and no-time consuming
clinimetric indices that can be used not only to detect vulnerability to depression and anxiety in
patients with PD but also to support clinicians in the process of assessment of this subjective state
of distress. It is, however, important to note that the use of PROMs such as the SCL-90-R should be
constantly guided by the clinical reasoning of experienced clinicians. This implies that the SCL-90-
R and its subscales can be used jointly with observer-rated scales and clinical judgment to provide a
comprehensive assessment of psychiatric disorders affecting patients with PD.

44 *Limitations*

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The present study has some limitations. First, the cross-sectional design, precluding the
evaluation of the incremental and predictive validity of the SCL-90-R. Future studies, using a
longitudinal design, are needed. The second limitation is the lack of a control group of healthy
subjects, which is useful to further evaluate the clinimetric sensitivity of the SCL-90-R, particularly
to test the ability of this rating scale to discriminate PD patients from healthy controls. Third, only a
self-reported measure was used, precluding the assessment of the concurrent and clinical validity of

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2
3 the SCL-90-R. Future studies, making use not only of other self-reported questionnaires but also of
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5 clinician-rated scales, are highly encouraged.
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10 **Conclusions**

11
12 Time has come to apply CLIPROM criteria²³ for assessing the clinimetric sensitivity,
13
14 construct validity, and clinical utility of PROMs to be used in patients with PD. The findings of this
15
16 study indicate that the SCL-90-R is a highly sensitive **clinimetric** index that should be considered as
17
18 an item bank including valid PROMs that can be used to evaluate a wide spectrum of symptoms of
19
20 psychological distress. It should be noted, however, that the SCL-90-R total score and its subscales
21
22 were found to entail different clinimetric properties. The total score appears to be particularly useful
23
24 to discriminate between PD patients displaying different levels of psychological distress. It can be,
25
26 therefore, used as a first-line screening measure not only to differentiate healthy stress reactions
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28 from symptoms of psychological distress but also to detect PD patients with an increased risk for
29
30 psychiatric complications. As to the SCL-90-R subscales, these measures, particularly the brief
31
32 versions that did not include misfitting items, should be used to assess the severity or subjective
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34 burden of specific symptoms of psychological distress affecting the quality of life and
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36 psychological well-being of PD patients.
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Table 1. Sample characteristics (n=488)

| | Mean | SD |
|------------------|--------|--------|
| Age | 65.86 | 10.26 |
| Age at onset | 53.45 | 10.88 |
| Disease duration | 12.09 | 5.98 |
| H&Y | 2.33 | 0.72 |
| UPDRS III | 20.63 | 11.35 |
| L-Dopa (mg/day) | 521.06 | 278.51 |

H&Y: Hoehn and Yahr staging scale; L-Dopa: levodopa; SD: standard deviation;

UPDRS: Unified Parkinson's Disease Rating Scale motor score.

Table 2. Model fit statistics for SCL-90-R items (n=488)

| Action | Analysis | Model fit (overall) | Item fit residual, mean (SD) | Person fit residual, mean (SD) | PSI | Dimensionality, significant t-tests (%) |
|---------------------|----------|------------------------------------|------------------------------|--------------------------------|------|---|
| Original sample | 1 | $\chi^2(630)=1434.49$, p<0.001 | -0.15 (2.27) | -1.20 (0.74) | 0.96 | 28.69 |
| Rescoring all items | 2 | $\chi^2(630)=1056.88$, p<0.001 | -0.38 (1.72) | -2.04 (1.11) | 0.95 | 26.02 |
| Delete item 19 | 3 | $\chi^2(623)=1024.11$, p<0.001 | -0.39 (1.69) | -2.03 (1.12) | 0.95 | 27.46 |
| Delete item 27 | 4 | $\chi^2(616)=1009.19$, p<0.001 | -0.37 (1.69) | -2.06 (1.13) | 0.95 | 25.61 |
| Delete item 60 | 5 | $\chi^2(609)=971.82$, p<0.001 | -0.37 (1.67) | -2.07 (1.14) | 0.95 | 25.61 |
| Delete item 17 | 6 | $\chi^2(602)=936.44$, p<0.001 | -0.35 (1.67) | -2.09 (1.16) | 0.95 | 25.61 |
| Delete item 5 | 7 | $\chi^2(595)=889.88$, p<0.001 | -0.36 (1.63) | -2.10 (1.16) | 0.95 | 25.41 |
| Delete item 84 | 8 | $\chi^2(588)=850.21$, p<0.001 | -0.37 (1.58) | -2.11 (1.17) | 0.95 | 25.00 |
| Delete item 9 | 9 | $\chi^2(581)=801.31$, p<0.001 | -0.36 (1.56) | -2.13 (1.18) | 0.95 | 25.20 |

| | | | | | | |
|----------------|----|------------------------------------|--------------|--------------|------|-------|
| Delete item 40 | 10 | $\chi^2(574)=800.65,$ $p<0.001$ | -0.38 (1.53) | -2.12 (1.19) | 0.95 | 25.20 |
| Delete item 44 | 11 | $\chi^2(567)=775.64,$ $p<0.001$ | -0.38 (1.48) | -2.14 (1.20) | 0.95 | 23.98 |
| Delete item 8 | 12 | $\chi^2(560)=753.05,$ $p<0.001$ | -0.40 (1.46) | -2.13 (1.21) | 0.95 | 25.61 |
| Delete item 12 | 13 | $\chi^2(553)=725.89,$ $p<0.001$ | -0.42 (1.41) | -2.12 (1.21) | 0.95 | 23.77 |
| Delete item 1 | 14 | $\chi^2(546)=709.77,$ $p<0.001$ | -0.43 (1.38) | -2.12 (1.22) | 0.95 | 23.36 |

χ^2 : chi-square; p: probability; SD: standard deviation; PSI: person separation index (with extremes)

Table 3. Model fit statistics for the SCL-90-R subscales (n=488)

| SCL-90-R subscales | K | Model fit (overall) | Item fit residual, mean (SD) | Person fit residual, mean (SD) | PSI | Dimensionality, significant t-tests (%) |
|--------------------------------|----|----------------------------------|------------------------------|--------------------------------|------|---|
| Phobia | 7 | $\chi^2(42)=67.22$ p=0.008 | -0.24 (0.99) | -2.35 (1.41) | 0.54 | 2.26 |
| Anxiety | 10 | $\chi^2(70)=174.42$, p<0.001 | -0.84 (1.93) | -1.91 (1.55) | 0.76 | 6.17 |
| - Item 17 | 9 | $\chi^2(63)=114.23$, p<0.001 | -0.69 (1.56) | -2.14 (1.72) | 0.76 | 5.97 |
| - Item 33 | 8 | $\chi^2(56)=63.18$, p=0.24 | -0.53 (1.26) | -2.06 (1.70) | 0.73 | 4.32 |
| Depression | 16 | $\chi^2(105)=166.14$ p<0.001 | -0.54 (2.06) | -1.84 (1.41) | 0.81 | 6.37 |
| - Item 19 | 15 | $\chi^2(98)=126.65$, p=0.027 | -0.62 (1.92) | -1.79 (1.47) | 0.81 | 7.19 |
| - Item 5 | 14 | $\chi^2(91)=100.33$, p=0.236 | -0.75 (1.47) | -1.86 (1.56) | 0.81 | 4.11 |
| Somatization | 12 | $\chi^2(84)=98.47$, p=0.134 | -0.23 (1.22) | -1.69 (1.44) | 0.78 | 6.97 |
| Cognitive performance deficits | 9 | $\chi^2(63)=105.40$, p<0.001 | -1.37 (1.71) | -1.56 (1.54) | 0.74 | 3.90 |
| - Item 65 | 8 | $\chi^2(56)=65.35$, p=0.184 | -1.57 (1.53) | -1.39 (1.60) | 0.72 | 2.67 |

| | | | | | | |
|---------------------------|----|------------------------------------|--------------|--------------|------|------|
| Interpersonal Sensitivity | 18 | $\chi^2(126)=209.08,$ $p<0.001$ | -0.45 (1.77) | -2.83 (1.49) | 0.82 | 6.37 |
| - Item 8 | 17 | $\chi^2(119)=161.09,$ $p=0.006$ | -0.45 (1.59) | -2.82 (1.53) | 0.82 | 5.54 |
| Hostility | 6 | $\chi^2(30)=78.34,$ $p<0.001$ | -1.27 (1.41) | -3.76 (1.64) | 0.45 | 1.64 |
| Sleep | 3 | $\chi^2(14)=29.88, p=$ 0.007 | -1.16 (0.52) | -0.71 (1.64) | 0.41 | NA |
| Paranoid ideation | 6 | $\chi^2(36)=46.52,$ $p=0.113$ | -0.09 (1.17) | -2.48 (1.45) | 0.48 | 2.91 |
| Psychoticism | 10 | $\chi^2(70)=173.02,$ $p<0.001$ | -0.92 (1.83) | -3.07 (1.32) | 0.61 | 2.87 |
| - Item 90 | 9 | $\chi^2(54)=160.28,$ $p<0.001$ | -1.01 (1.66) | -3.14 (1.26) | 0.53 | 2.47 |
| - Item 87 | 8 | $\chi^2(48)=110.47,$ $p<0.001$ | -0.31 (1.81) | -3.43 (1.24) | 0.41 | 1.24 |
| - Item 84 | 7 | $\chi^2(42)=89.79,$ $p<0.001$ | -0.22 (1.25) | -3.68 (1.29) | 0.35 | 1.03 |
| - Item 7 | 6 | $\chi^2(30)=57.53,$ $p=0.002$ | 0.09 (0.79) | -3.16 (1.25) | 0.24 | 0.41 |

K: number of items; χ^2 : chi-square; p: probability; SD: standard deviation; PSI: person separation index (with extremes)