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By David Navarro-Miró, José M. Blanco-Moreno, Corrado Ciaccia, Elena Testani, Ileana Iocola, Laura Depalo, Giovanni Burgio, Hanne Lakkenborg Kristensen, Margita Hefner, Kalvi Tamm, Ingrid Bender, Alessandro Persiani, Mariangela Diacono, Francesco Montemurro, Koen Willekens, Hélène Védie, Martina Bavec, Martina Robačar, Donatienne Arlotti, Pauline Deltour, Stefaan De Neve, Mesfin Tsegaye Gebremikael, Lourdes Chamorro, Berta Caballero-López, Alejandro Pérez-Ferrer, Stefano Canali, Francesc Xavier Sans

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1 The concurrent assessment of agronomic, ecological, and environmental variables
2 enables better choice of agroecological service crop termination management

3
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47

48 Abstract

- 49 1. Although organic farming was originally promoted as an alternative farming system to address
50 agronomic, environmental, and ecological issues, its conventionalisation has led to an
51 intensification and specialisation of production. In light of this, several studies have questioned the
52 environmental benefits of organic farming as well as its agronomic viability. Thus, there is a need
53 to improve organic vegetable systems to reduce their environmental impact without affecting their
54 productivity. To tackle this challenge, European farmers and researchers have recently started to
55 focus on agroecological service crops (ASCs). However, few studies have simultaneously evaluated
56 the agronomic, environmental, and ecological aspects of ASC management under different
57 European pedo-climatic conditions.
- 58 2. We evaluated effects of the ASC management strategies: no-till roller crimping (NT-RC) and green
59 manuring (T-GM) on cropping system performance using agronomic, environmental, and
60 ecological indicators, to exemplify the need for multidimensional analysis to understand
61 management implications for addressing environmental and agronomic challenges. We combined
62 the results from eleven organic vegetable field trials conducted in seven European countries over a
63 period of two years to test for general trends.
- 64 3. Our results provide solid evidence that NT-RC management across different pedo-climatic
65 conditions in Europe enhances the activity density of ground and rove beetles, and improves both
66 the potential energy recycling within the system and weed control. However, in NT-RC plots lower
67 cash crop yield and quality, energetic efficiency of production, and activity density of spiders was
68 observed compared to T-GM.
- 69 4. *Synthesis and applications:* Multidimensional analyses using agronomic, environmental, and
70 ecological indicators are required to understand the implications of agricultural management in
71 agroecosystem functioning. Introducing agroecological service crops combined with the use of no-
72 till roller crimping is a promising strategy for improving agronomic performance (e.g., fewer weeds)
73 and reducing environmental (e.g., increasing the potentially recyclable energy), and ecological (e.g.,
74 enhancing the activity density of beneficial taxa such as ground and rove beetles) impacts. However,
75 our study also indicates a need for agronomic and environmental improvements while promoting a
76 wider acceptance of this strategy.

77 Key words

78 Energetic efficiency; ground beetles; potentially recyclable energy; rove beetles; spiders; weed control;
79 yield

80 1. Introduction

81
82 Agriculture provides multiple ecosystem services that are indispensable for human welfare and these
83 depend on a network of supporting (e.g., soil fertility and nutrient cycling) and regulating (e.g., pest and
84 weed control) services. However, the management of cropping systems can also generate disservices

85 that reduce productivity (e.g., pest damage), generate environmental issues (e.g., nutrient leaching), and
86 affect both the maintenance and functioning of ecosystems and human well-being (Power, 2010; Zhang,
87 Ricketts, Kremen, Carney, & Swinton, 2007).

88 In Europe, 1.9 % of arable land (2.2 million ha) is devoted to vegetable crops and produces
89 approximately 65 million tonnes of fresh vegetables (De Cicco, 2016; EUROSTAT, 2019). Vegetables
90 are the crops that need the highest energy input (Elsoragaby, Yahya, Mahadi, Nawi, & Mairghany, 2019)
91 and, to ensure yields, vegetable production currently requires the greatest agrochemical input (i.e.,
92 fertilisers and pesticides) and the highest irrigation rates of all arable systems. Intensive management
93 of these crops has caused environmental problems, including the notable consumption of non-renewable
94 resources and nutrient leaching (Min, Zhang, & Shi, 2012; Torrellas et al., 2012) as well as health
95 concerns derived from the presence of pesticide residues (González-Rodríguez, Rial-Otero, Cancho-
96 Grande, & Simal-Gándara, 2008).

97 Organic farming was originally promoted as a holistic farming system aimed at improving soil health,
98 and environmental and social aspects of agricultural production (Seufert, Ramankutty, & Mayerhofer,
99 2017). In recent decades, its conventionalisation has led to the intensification and specialisation of
100 organic production (Buck, Getz, & Guthman, 1997; Darnhofer, Lindenthal, Bartel-Kratochvil, &
101 Zollitsch, 2010), and several studies have questioned the environmental benefits and agronomic
102 viability of organic farming (Seufert et al., 2017; Trewavas, 2001, 2004; Tuomisto, Hodge, Riordan, &
103 Macdonald, 2012).

104 There are also agronomic limitations to the widespread implementation of organic farming, of which
105 weed management is identified by organic farmers as one of the main constraints on organic arable
106 vegetable production (Turner, Davies, Moore, Grundy, & Mead, 2007). For example, the dependence
107 on frequent soil tillage for controlling weeds negatively affects the sustainability of soil management in

108 organic systems (Trewavas, 2001, 2004). This is because tillage is very energy-consuming and increases
109 fossil fuel consumption (Alluvione, Moretti, Sacco, & Grignani, 2011). In addition, tillage has a direct
110 impact on soil organisms (i.e., by directly killing or injuring them) and their habitat, and modifies inter-
111 specific relationships (Roger-Estrade, Anger, Bertrand, & Richard, 2010). In particular, ground and
112 rove beetles are known to be sensitive to soil disturbance (Pretorius et al., 2018; Rivers, Mullen, Wallace,
113 & Barbercheck, 2017; Tamburini, De Simone, Sigura, Boscutti, & Marini, 2016). Moreover, the
114 negative impact of tillage on certain groups of soil-dwelling predatory invertebrates also affects the
115 biological pest-control potential of this cropping system (Tamburini et al., 2016). Finally, intensive
116 tillage causes changes in the biological quality of the soil and, for example, affects the activity of
117 enzymes (e.g., beta-glucosidase) that play important roles in organic matter degradation (Ekenler &
118 Tabatabai, 2003).

119 Another important constraint is related to the gap in crop yield between organic and conventional
120 farming systems (Ponisio et al., 2015). Some studies argue that organic farming is less efficient as it
121 requires more land to produce the same amount of food as conventional farming, and that more fossil
122 fuel is required for weed control (Trewavas, 2001, 2004). Additionally, under organic farming, the
123 adoption of less intensive tillage management has been shown to potentially reduce the cash crop yield
124 and fruit quality (i.e., the marketable parameters) (Ciaccia, Montemurro, et al., 2015; Diacono, Persiani,
125 Fiore, Montemurro, & Canali, 2017). Fertilisation strategies based on the application of animal or green
126 manure, as well as the recycling of energy and nutrients within the cropping system, are also argued to
127 have potentially negative impacts on the environment (Trewavas, 2001, 2004). On the one hand, the
128 process of manure decomposition and nutrient release from animal or green manure is not always well
129 synchronised with the cash crop uptake. After the cash crop cycle, the manure remaining in the soil
130 continues to decompose and release nutrients that can lead to nitrate leaching and the eutrophication of

131 natural water bodies (Trewavas, 2001). On the other hand, Trewavas (2004) highlighted the fact that
132 recycling energy and nutrients within the cropping system cannot compensate for the absorption of
133 nutrients by the cash crop. Therefore, this type of management can lead to a progressive depletion of
134 these nutrients in the soil.

135 To overcome some of these constraints, organic vegetable cropping systems need to be re-evaluated
136 and their impacts addressed from an agronomic, environmental, and ecological perspective. The
137 introduction of agroecological service crops (ASCs) (e.g., catch crops, cover crops, and complementary
138 crops) (Canali, Diacono, Campanelli, & Montemurro, 2015) in crop rotations is a widely recognised
139 strategy for improving the environmental performance of cropping systems (Silva, Moore, Silva, &
140 Moore, 2017; Wezel et al., 2014). Nevertheless, several authors have concluded that the environmental
141 and agronomic performance of ASCs depends on the management strategy used to terminate them
142 (Canali et al., 2013; Ciaccia et al., 2016; Navarro-Miró, Blanco-Moreno, et al., 2019; Navarro-Miró,
143 Iocola, et al., 2019).

144 Traditionally, European organic farmers have managed ASCs as green manure (T-GM) by chopping up
145 and incorporating plant material into the soil by tillage (Peigné et al., 2016). However, as stated above,
146 tillage can negatively affect the soil system. In recent years, therefore, the use of no-till roller crimping
147 (NT-RC) for ASC management has attracted the interest of European farmers and researchers
148 (Casagrande et al., 2016; Vincent-Caboud, Peigné, Casagrande, & Silva, 2017) because it can improve
149 weed management and reduce dependence on tillage in organic farming. The roller-crimper flattens the
150 ASC, creating a dense layer of plant residue on the soil surface (i.e., mulch) without soil disturbance.
151 The use of NT-RC for ASC management originated in Brazil (Kornecki, Price, Raper, & Arriaga, 2009),
152 and this approach has been studied and developed mainly in Latin America, Canada, and the USA
153 (Altieri et al., 2011; Carr, Gramig, & Liebig, 2013; Delate, Cwach, & Chase, 2012; Shirliffe & Johnson,

154 2012). The few studies performed in European organic vegetable systems have concluded that NT-RC
155 reduces weed abundance dramatically and requires less fossil fuel than the T-GM approach (Canali et
156 al., 2013; Ciaccia, Testani, et al., 2015; Diacono et al., 2017). Nevertheless, both positive and negative
157 effects have been observed on cash crop yields when NT-RC is implemented under Mediterranean
158 conditions (Canali et al., 2013; Ciaccia et al., 2016; Diacono et al., 2017). In addition, few studies have
159 examined the impact of cover crop termination on beneficial soil fauna (Depalo et al., 2020; Magagnoli
160 et al., 2018), root growth, and soil nitrogen (Hefner, Canali, et al., 2020; Hefner, Gebremikael, et al.,
161 2020).

162 Most studies that have analysed NT-RC have focused on agronomic aspects and, to a much lesser extent,
163 on environmental performance. To our knowledge, no studies have used a multidimensional approach
164 to evaluate different agronomic, environmental, and ecological aspects simultaneously. Furthermore,
165 most studies have been conducted under the particular conditions of specific experimental sites
166 (including crops, weather, and soil), which may have influenced the findings. Given that agroecological
167 patterns can be affected by the nature of the receiving environment, validation of practices must take
168 into account this potential variability. The only studies to have analysed the effect of NT-RC on energy
169 flows and weed control across Europe are, respectively, Navarro-Miró, Iocola, et al. (2019) and
170 Navarro-Miró, Blanco-Moreno, et al. (2019).

171 In this study, we analysed effects of the ASC management strategies (NT-RC vs. T-GM) on organic
172 vegetable cropping system performance by means of agronomic, environmental, and ecological
173 indicators, in different vegetable crops, soils and climatic conditions across Europe. We compared NT-
174 RC and T-GM using a system comparison approach to exemplify the need for multidimensional analysis
175 to address some of the most frequent criticisms and constraints as mentioned above. We also aimed to
176 show the importance of an appraisal of the environmental and ecological implications—as well as the

177 agronomic benefits to the agroecosystem—under different crop, soil, and climatic conditions to evaluate
178 the pros and cons of the different management systems before promoting them to organic vegetable
179 farmers, advisors, and policymakers. To this end, we combined results obtained over a two year period
180 from eleven organic vegetable field trials located in seven European countries as part of the SoilVeg
181 project (ERA-Net CORE Organic Plus).

182

183 **2. Material and methods**

184 **2.1. Locations and field trials**

185 We combined results from 11 organic arable vegetable field trials located in Belgium (BE), Denmark
186 (DK), Estonia (EE), France (FR), Italy (IT), Slovenia (SI), and Spain (ES). In BE, three different trials
187 were set up across the country (BE-ILVO, BE-INAGRO, and BE-CRA-W). These vegetable production
188 trials were located in different climatic zones (Metzger, Bunce, Jongman, Mücher, & Watkins, 2005)
189 and had different soil textures (Table 1).

190 Two parallel field experiment types were carried out during two crop cycles as part of the SoilVeg
191 project. Field experiment type A (FtA) was established at all trial locations (BE-ILVO, BE-INAGRO,
192 BE-CRA-W, DK, EE, ES, FR, IT, SI) and involved the introduction of cold-rainy season ASCs into the
193 crop rotation, followed by a spring-summer cash crop. The first FtA cycle took place during 2015 and
194 2016 and the second, during 2016 and 2017. Field experiment type B (FtB) was performed only at the
195 IT and ES locations where the Mediterranean climatic conditions enabled introduction of the ASCs in
196 the warm-dry season (i.e., summer) with irrigation, followed by the transplantation of an autumn-winter
197 cash crop. The first FtB cycle took place during 2014 and 2015 and the second, during 2015 and 2016.
198 The comparison between ASC management strategies (NT-RC vs. T-GM) was carried out within each

199 trial for both experiment types. In total, results from twenty-two original datasets were analysed (i.e.,
200 from 11 field experiments carried out over two years) (Table 1).

201 **2.2. Trial management**

202 All field trials were newly established. Both experiment types were repeated in the same plots during
203 both years in ES and BE-ILVO, whereas in the other trial locations, new plots were established in
204 adjacent areas of the same experimental field following a planned rotational design for the second year
205 of experimentation. Notwithstanding different weather conditions, soil textures, ASC compositions, and
206 experimental designs (Table 1), a comparison between the two ASC management strategies (NT-RC
207 vs. T-GM) could be made for all trials. The NT-RC strategy involved: (1) ASC flattening by several
208 roller crimper passages (2–4) to obtain a mulch of plant residue, and (2) the creation of a narrow
209 transplanting furrow without disturbing the surrounding mulch using a slower in-line tiller. The T-GM
210 strategy involved: (1) ASC mowing and/or chopping, (2) incorporation of the ASC pieces into the soil
211 by tillage, and (3) preparation of the seedbed. Further information about the experimental design and
212 agronomic management in each trial is provided in Appendix S1 in Supporting Information.

213

214 **2.3. Cropping system performance indicators**

215 We used a set of ecological, environmental, and agronomic indicators with a system comparison
216 approach to compare the performance of NT-RC and T-GM. In addition to a set of common indicators
217 evaluated in all experiments, we selected a number of tailored indicators which were used according to
218 the site-specific aims and conditions of the different experiments.

219

220 2.3.1. Ecological and environmental indicators

221 We investigated the effects of ASC management on the soil system by analysing its impact on soil
222 arthropod fauna and soil enzyme activity. We followed the concept of ecological indicators *sensu*
223 McGeoch (1998) because the functions represented by these indicators are of significance to agriculture
224 (Niemelä, 2000). The impact of the ASC management strategies on the soil fauna was assessed by
225 evaluating the activity density of ground (Carabidae) and rove (Staphylinidae) beetles and spiders
226 (Araneae). These soil taxa have been shown to be sensitive to agricultural input and practices, including
227 tillage, and are often used to typify the effect of agricultural practices on organisms living on the soil
228 surface (Pretorius et al., 2018; Rivers et al., 2017). The activity densities (AD) of the Carabidae,
229 Staphylinidae and Araneae were assessed using pit-fall traps. Specific details of pit-fall trapping,
230 number and duration of sampling periods in each trail are provided in Appendix S2. In each trial, soil
231 arthropod AD was calculated as the mean of the abundance of each taxonomic group in all samples
232 divided by the number of traps and the number of days that traps were operative. The AD was
233 normalised to seven days:

$$234 \text{ AD} = \frac{n}{T} \cdot \frac{7}{d}$$

235 where n is the total abundance of each taxon, T is the number of traps, and d is the number of days that
236 traps were operative.

237 The effect of the ASC management strategy on soil quality was assessed using beta-glucosidase enzyme
238 activity. This enzyme has known sensitivity to soil tillage, irrespective of pedo-climatic conditions, and
239 can, therefore, provide rapid information regarding changes in soil properties (Ekenler & Tabatabai,
240 2003; Knight & Dick, 2004). In BE-INAGRO and DK beta-glucosidase was assessed using the method
241 described in Alef and Nannipieri (1995), while in IT was determined by the procedure described by
242 Fornasier and Margon (2007).

243 In the FtA trials, soil mineral nitrogen was measured by colorimetry at cash crop harvest as an indicator
244 of the nitrogen leaching potential (N leaching). According to Hutchings and Kristensen (1995), it can be
245 assumed that the remaining soil mineral nitrogen at the end of the growing season, which coincides
246 with the beginning of the leaching season, will be leached during the winter. The potential recycling of
247 material and energy within the cropping system was calculated using the concept of potentially
248 recyclable energy (PRE) as an output of the cropping system in the energy-use efficiency indicator
249 (PRE-EUE) (Navarro-Miró, Iocola, et al., 2019). The PRE incorporates all the energy that can
250 potentially be recycled within a cropping system, including the energy contained in ASCs, weeds, and
251 cash crop residues (comprising discarded yield and other plant matter). The PRE-EUE indicator was
252 calculated dividing the PRE by the total energy inputs of the cropping system (human labour, diesel
253 consumption, electricity, water for irrigation, ASC seeds, cash crop plantlets, organic fertilizers and
254 organic soil amendments, crop protection inputs, and the machinery-embodied energy fraction
255 estimated on the basis of the machinery weight and economic life). This indicator provides insight into
256 the capacity of the cropping system to transform inputs into potentially recyclable energy. A description
257 of the agronomic operations carried out in the evaluated trials, and the energy equivalents of the inputs
258 and outputs used is provided in Navarro-Miró, Iocola, et al. (2019).

259 Further details of beta-glucosidase enzyme activity determination and the assessment of soil mineral
260 nitrogen at harvest of the cash crop are provided in Appendix S2.

261 262 2.3.2. Agronomic indicators

263 We evaluated the effects of the ASC management strategies on two indicators: the cash crop marketable
264 yield, and the cash crop quality. The cash crop marketable yield indicator was assessed using the dry
265 biomass of the marketable cash crop yield, whereas the cash crop quality indicator included different
266 measurements of the cash crop marketable parameters, specific to each crop (cabbages - head diameter;

267 pepper - fruit length; butternut squash - fruit weight; tomato - fruit total soluble solids with
268 refractometric index, °Brix; cauliflower - marketable head dry matter weight), as indicated in Appendix
269 S2.

270 The energy efficiency of the marketable production was determined by the energy-use efficiency
271 indicator (M-EUE) (Barut, Ertekin, & Karaagac, 2011). For M-EUE, we considered the marketable
272 yield of the cash crop as the output and was divided by the total energy inputs of the cropping system.
273 Further details of the agronomic operations and the energy equivalent calculations can be found in
274 Navarro-Miró, Iocola, et al. (2019). Weed control was analysed by determining weed density
275 (individuals m⁻²). To account for all the potential competition effects on the cash crop, we included the
276 number of germinated and regrown weed plants and ASC species at an early stage of cash crop growth,
277 before the first weeding operation. Specific details of weed sampling (i.e., the number of samples per
278 plot) and timing are provided in Navarro-Miró, Blanco-Moreno, et al. (2019).

279

280 **2.4. Statistical analysis**

281 Each trial was conducted under its own particular pedo-climatic conditions and experimental design.
282 Thus, instead of pooling the raw data from all the different trials, we fitted a statistical model for each
283 trial and indicator. We used a meta-analytic approach to combine the *P*-values and assess the effect of
284 the ASC management strategies on each indicator for all the trials. This approach is known to be almost
285 as powerful as approaches based on data combination (Zaykin, 2011).

286 Statistical models for each partner were fitted according to the experimental variables evaluated and the
287 experimental layout, and included all the experimental variables evaluated in each trial in order to rule
288 out their effect on the dependent variable. The levels of the experimental variables included in each

289 model are presented in Table 1. Total dry biomass (ASCs and weeds) was used as a covariate, calculated
290 by pooling the different ASCs included in each trial and the weeds present prior to ASC termination.
291 For the BE-ILVO, BE-INAGRO, BE-CRA-W, DK, EE, FR, IT, and SI trials, we used linear mixed-
292 effects models and defined random effects according to the specific experimental layout of each trial,
293 as detailed in Table 1. However, for ES, given that the experimental layout was influenced by the need
294 to facilitate the movement of machinery between plots, we introduced spatial correlation structures in
295 the generalised linear models to account for the lack of independence between samples (Pinheiro &
296 Bates, 2000). Thus, we established the best model for each dependent variable comparing different
297 classes of spatial correlation structures as well as a model with no spatial correlation structure using
298 likelihood ratio tests and Akaike's information criterion. Data were transformed when necessary to
299 ensure the normality and homoscedasticity of the residuals. All statistical analyses were performed with
300 R software (R Core Team, 2018). For linear mixed-effects models, we used the `lme` function of the R
301 `nlme` package (Pinheiro, Bates, DebRoy, Sarkar, & R Core Team, 2017), except for BE-CRA-W and
302 IT-N leaching and IT-beta-glucosidase enzyme activity models, for which we used the `lmer` function
303 of the R `lme4` package (Bates, Mächler, Bolker, & Walker, 2015). For the IT trial, the AD of ground
304 and rove beetles and spiders was analysed using the `glmer.nb` function of the `lme4` package (Bates
305 et al., 2015). For the ES trial, we fitted the models with spatial correlation structures using the `gls`
306 function. Then, the statistical significance of the effect of the management strategy on a specific
307 indicator for all the trials was analysed using the weighted Z-test, which is essentially a weighted version
308 of Stouffer's method, as in Zaykin (2011):

$$309 \quad p_Z = 1 - \Phi \left(\frac{\sum_{i=1}^k w_i Z_i}{\sqrt{\sum_{i=1}^k w_i^2}} \right)$$

310 where $Z_i = \Phi^{-1}(1-p_i)$; p_i is the P -value from the i -th study out of a total of k studies; w_i is the weight
 311 selected for the study; and Φ and Φ^{-1} are the standard normal cumulative distribution function
 312 and its inverse, respectively. For this study, we weighted Z_i using the standardised effect size:

$$313 \quad w_i = \frac{|\mu_i|}{SE_i}$$

314 where μ_i is the coefficient estimate, and SE_i is its standard error. To test for the same alternative
 315 hypothesis, individual P -values were converted to one-sided values before combining as follows:

$$316 \quad p_{one-sided} = \begin{cases} \frac{p_{two-sided}}{2}, & \text{if the direction of the effect coincides with the alternative hypothesis} \\ 1 - \frac{p_{two-sided}}{2}, & \text{otherwise.} \end{cases}$$

317 Independence between P -values is required for the weighted Z -test. Thus, we analysed the data from
 318 the two consecutive years of each trial simultaneously and obtained the average effect of the termination
 319 strategy in each trial after taking into account the effect of the year.

320 **3. Results**

321

322 **3.1. Environmental and ecological indicators**

323 The statistical analysis showed that the ASC management strategy significantly affected soil arthropod
 324 AD and PRE-EUE (Figure 1), whereas it had no significant effect on the beta glucosidase indicators or
 325 N-leaching across the trials, except for the BE-CRA-W trial where the N leaching potential was
 326 significantly affected (Table 2).

327 According to the weighted Stouffer's test, the Carabidae AD was significantly higher under NT-RC
 328 compared to T-GM across the trials (Figure 1) except in SI-FtA under NT-RC where a significantly
 329 lower AD was observed (Table 2). The weighted Stouffer's test showed that Staphylinidae AD was also
 330 significantly higher under NT-RC compared to T-GM (Figure 1). We observed a significantly higher

331 Staphylinidae AD under NT-RC in IT-FtA and IT-FtB whereas in BE-ILVO-FtA and SI-FtA, the
332 Staphylinidae AD was significantly lower (Table 2). Spider AD was lower under NT-RC than T-GM
333 across the trials (Figure 1), but only significantly so in two out of the five evaluated trials (Table 2).
334 The energy recycling efficiency of the ASC management strategies (evaluated using the PRE-EUE
335 indicator) was significantly higher across trials under NT-RC compared to T-GM (Figure 1). The PRE-
336 EUE was significantly higher under NT-RC in four out of eight trials, and was significantly lower only
337 in IT-FtB (Table 2).
338 The ranges (i.e., maximum and minimum) of the environmental and ecological indicators for each trial
339 are presented in Appendix S3.

340 **3.2. Agronomic indicators**

341 All agronomic performance indicators were significantly affected by the ASC management strategy
342 (Table 3). Weed density under NT-RC was lower than under T-GM (Figure 1) and declined significantly
343 in seven out of nine trials (Table 3). According to the weighted Stouffer's test, both yield descriptors
344 (i.e., cash crop marketable yield and quality) were lower under NT-RC compared to T-GM (Figure 1).
345 Similarly, the energy-use efficiency of the ASC management strategies evaluated using marketable
346 yield as the output of the cropping system was lower under NT-RC compared to T-GM (Figure 1), and
347 was significantly lower in four out of eight trials. However, energy use efficiency under NT-RC was
348 significantly higher in ES-FtA and IT-FtA (Table 3).
349 The ranges (i.e., maximum and minimum) of the agronomic indicators for each trial are presented in
350 Appendix S3.

351 **4. Discussion**

352 The system comparison approach between NT-RC and T-GM shows the importance of
353 multidimensional analysis for evaluating the advantages and disadvantages of agricultural practices
354 from an environmental, ecological, and agronomic perspective before they can be promoted by advisors
355 and policymakers, and implemented by organic vegetable farmers. We acknowledge that our study
356 reports only on the overall trend of the differences between management systems. Although we cannot
357 make inference on the distribution or the magnitude of the effects on the different indicators beyond the
358 study locations without further research, we provide a strong support, derived from several experiments,
359 for the trends presented. Our results show that each of the ASC management strategies affected the
360 performance of the agronomic, environmental, and ecological indicators differently. Thus, the
361 multidimensional analysis showed that none of the ASC management strategies analysed can address
362 all the most frequent limitations and criticisms of organic farming.

363 The overall results indicate that, in spite of some differences between trials, NT-RC enhanced weed
364 control in the early growing season, and the AD of ground and rove beetles as well as the potential
365 recycling of energy within the system when compared to T-GM. However, compared to T-GM, NT-RC
366 lowered cash crop yield and quality, the energetic efficiency of production, and the AD of spiders in
367 the vegetable crops and under the different soil and climatic conditions in the representative European
368 countries.

369 The consistent effectiveness of NT-RC on reducing weed density across countries validates this
370 approach as an effective strategy for European organic farmers to manage weeds during the early stages
371 of vegetable growth. It is worth noting that other studies on the reduction of tillage intensity in organic
372 farming analysed the effect of both ASC management strategies on weed density, weed species richness,
373 and community composition (Navarro-Miró, Blanco-Moreno, et al., 2019). Implementation of NT-RC
374 may lead to a decrease in the dependence on tillage for managing weeds, which in turn may result in

375 less soil disturbance in organic vegetable systems. Moreover, the AD of ground and rove beetles were
376 higher under NT-RC plots, which are generally sensitive to soil disturbance (Pretorius et al., 2018;
377 Rivers et al., 2017; Tamburini et al., 2016). Our results agree with previous studies regarding the effects
378 of ASC termination on soil functional diversity (Depalo et al., 2020; Magagnoli et al., 2018). The NT-
379 RC strategy has been shown to reduce the direct impact of tillage (for ASC incorporation and weeding
380 operations) on organisms living in the upper soil layers (Roger-Estrade et al., 2010; Sommaggio, Peretti,
381 & Burgio, 2018) and to create favourable conditions (i.e., physical refuges and prey provision) for these
382 groups during the cash crop cycle (Roger-Estrade et al., 2010; Sunderland & Samu, 2000). These soil-
383 dwelling taxa play an important role in agroecosystem functioning, as they include pest and weed-seed
384 predators and detritivores. For these reasons, their conservation and promotion may enhance the
385 provision of ecosystem services (Pretorius et al., 2018).

386 In our study, spider AD was lower under NT-RC compared to T-GM across trials. This finding
387 contradicts a growing body of work indicating the positive effects on spider abundance of straw mulch
388 (Sunderland & Samu, 2000), and of conservation tillage (Tamburini et al., 2016). The lack of a clear
389 pattern between ASC termination strategy and spider populations calls for further studies to improve
390 knowledge of how flattened mulch may affect macrofauna based on body size, movement, behaviour,
391 guild, and dispersal methods (Baatrup, Rasmussen, & Toft, 2018; Cardoso, Pekár, Jocqué, &
392 Coddington, 2011; Jiménez-Valverde, Baselga, Melic, & Txasko, 2010).

393 Our NT-RC findings do not counter some of the main criticisms of this termination strategy regarding
394 the yield and production efficiency of organic systems. Our results indicate that there is a consistent
395 pattern of decreasing vegetable cash crop yield and marketable fruit quality under certain pedo-climatic
396 conditions and crops. The reduction of the cash crop yield is one of the main drawbacks of no-till
397 management, specifically when organic fertilisers are applied (Pittelkow et al., 2015). Overall, greater

398 variability and lower cash crop yields are one of the factors hindering a more widespread adoption of
399 no-till practices by European organic farmers (Casagrande et al., 2016; Vincent-Caboud et al., 2017).
400 The negative effect of NT-RC on crop yield was related to limited N availability in the DK trial (Hefner,
401 Gebremikael, et al., 2020). Similarly, other published literature links the yield gap and fall in marketable
402 quality under NT-RC in organic vegetable systems to N shortages during cash crop development
403 (Ciaccia, Montemurro, et al., 2015; Diacono, Persiani, Canali, & Montemurro, 2018; Diacono et al.,
404 2017). Therefore, this line of evidence points to the need for improvement of fertilisation strategies to
405 overcome this constraint in combination with the species chosen as the agroecological service crop as
406 shown in the DK trial (Hefner, Canali, et al., 2020). Additionally, NT-RC was less efficient than T-GM
407 in transforming inputs into marketable outputs. A reduction in M-EUE can be related to higher cash
408 crop yields and/or lower energy input consumption (Mohammadi & Omid, 2010). In our study, the
409 greater input consumption required by T-GM for tillage and weeding operations (Canali et al., 2013;
410 Diacono et al., 2018) could be compensated by the higher yield and better quality observed with this
411 management strategy.

412 Implementation of NT-RC improved the environmental performance in terms of the energy that could
413 potentially be recycled within the cropping system. Flattening the ASCs and avoiding tilling prior to
414 cash crop transplantation has been shown to increase the efficiency of the cropping system in terms of
415 the potentially recyclable energy generated per unit of input invested (Navarro-Miró, Iocola, et al.,
416 2019). Although future energy and nutrient input savings might result in the long term due to the higher
417 retention of energy within the agroecosystem, the higher PRE observed in NT-RC plots was mainly
418 caused by a higher non-marketable yield rate, which is not agronomically desirable. Therefore, more
419 research is required to analyse whether the likely input savings would compensate for the higher
420 proportion of non-marketable yield observed under NT-RC in the long term. Regarding beta-

421 glucosidase activity, no clear conclusion could be drawn in the short term from the findings of the
422 present study. Similarly, the leaching of mineral N as a potential environmental indicator was only
423 significantly affected by the ASC management strategies in one of five trials, and there was no common
424 significant pattern across trials.

425 In this study, the response of agroecosystem functioning to the different ASC management strategies
426 was evaluated immediately after their implementation. Similarly to what is found in other agricultural
427 systems (Cooper, Baranski, et al., 2016) the benefits from all forms of reduced and conservation tillage
428 are cumulative and accrue over many years, so a single year of observations is likely to underestimate
429 not only the benefits of these particular approaches, but also the broader ecological consequences.
430 Therefore, longer-term studies are required to improve our understanding of the processes associated
431 with organic NT-RC, and to evaluate whether this strategy is effective as a continuous long-term
432 management approach.

433 **5. Conclusions**

434 In this study, we evaluated the consequences of a change in the management of organic vegetable
435 production, from an agronomic, environmental, and ecological perspective. This study provides the first
436 evidence that NT-RC alleviates some limitations of organic systems, mainly ecological and to lesser
437 extent environmental and agronomic indicators in different vegetable crops and soils, and under
438 different climatic conditions in Europe. However, compared to T-GM, NT-RC affects negatively some
439 ecological and many agronomic indicators. Therefore, our results highlight the need to simultaneously
440 evaluate different agronomic, environmental, and ecological aspects as a means of providing a clearer
441 overview of the effect of ASC management strategies on agroecosystem functioning. Further research
442 is thus required to determine how to reduce the yield gap under NT-RC via the use of new fertilisation

443 strategies during cash crop development or in specific vegetable breeding programs. Additionally,
444 studies performing economic analyses should be run to assess whether the costs associated with NT-
445 RC compensate the reduction in cash crop yield and quality. Therefore, it is clear that for the promotion
446 of any agricultural system it is necessary to undertake a thorough analysis of a multi-faceted set of
447 indicators.

448

449 **Authors contributions:**

450 **David Navarro-Miró** designed the work, collected and analysed the data, interpreted the results, and
451 drafted the article. **Ileana Iocola, Corrado Ciaccia, Elena Testani, Laura Depalo, Giovanni Burgio,**
452 **Hanne Lakkenborg Kristensen, Margita Hefner, Kalvi Tamm, Ingrid Bender, Alessandro**
453 **Persiani, Mariangela Diacono, Francesco Montemurro, Koen Willekens, Hélène Védie, Martina**
454 **Bavec, Martina Robačar, Donatienne Arlotti, Pauline Deltour, Stefaan De Neve, Mesfin Tsegaye**
455 **Gebremikael, Lourdes Chamorro, Berta Caballero-López, and Alejandro Pérez-Ferrer**
456 contributed to the design and management of the experiments and the data collection in each country.
457 **Stefano Canali** (SoilVeg project coordinator) conceived the transnational, multisite, and multi-season
458 dimensions of the whole experiment and contributed to its design. **José M. Blanco-Moreno and F.**
459 **Xavier Sans** played a major role in the conception and design of the work, the data analysis and the
460 interpretation of the results, and also helped draft the article. All authors critically revised the final
461 manuscript.

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467
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471

472 **Data Availability statement**

473 The authors confirm that the data supporting the findings of this study are available within the article
474 and its supplementary materials.

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681
682

Table 1. Environmental conditions, cash crops, ASC and factors analysed in each trial. European Climatic Zones according to Metzger et al. (2005).

Country	Trial	European Climatic Zones	Temperature rainfall (annual mean)	Soil type	Cash crop	ASC composition	Explanatory variables in the models	Experimental design	Repetitions per treatment
BE-CRA-W	FtA	Atlantic Central	1Y: 10.99 °C; 538 mm	Silt loam	Red cabbage	L or G	T; B	S-P	Four
BE-ILVO	FtA	Atlantic Central	1Y: 11.1 °C; 898 mm 2Y: 11.3 °C; 822 mm	Sandy loam	White cabbage	L and G	T; B; Y	SS-P	Four
BE-INAGRO	FtA	Atlantic Central	1Y: 11.0 °C; 860 mm 2Y: 11.3 °C; 697 mm	Sandy loam	White cabbage	L or G	T; Y; A	S-P	Four
DK	FtA	Atlantic North	1Y: 9.3 °C; 614 mm 2Y: 9.1 °C; 673 mm	Sandy loam	White cabbage	L or G	T; B; Y	S-P	Three
EE	FtA	Nemoral	1Y: 6.0 °C; 825 mm 2Y: 5.8 °C; 694 mm	Sandy clay loam	White Cabbage	L or G	T; B; Y; F	ST-P	Three
ES	FtA	Mediterranean North	1Y: 16.5 °C; 406 mm 2Y: 16.1 °C; 409 mm	Loamy	Green pepper	L or G	T; B; Y	R-S-P	Four
	FtB	Mediterranean North	1Y: 16.1 °C; 344 mm 2Y: 16.5 °C; 406 mm	Loamy	Savoy cabbage	L or G	T; B; Y	R-S-P	Four
FR	FtA	Mediterranean North	1Y: 15.5 °C; 521 mm 2Y: 15.3 °C; 558 mm	Clay loamy	Butternut squash	L or G	T; B; Y	R-S-P	Three
IT	FtA	Mediterranean North	1Y: 16.7 °C; 539 mm 2Y: 16.5 °C; 402 mm	Clay	Tomato	L and G	T; B; Y; F	SS-P	Three
	FtB	Mediterranean North	1Y: 16.6 °C; 470 mm 2Y: 16.7 °C; 539 mm	Clay	Cauliflower	L or G and B	T; B; Y	SS-P	Three
SI	FtA	Alpine South	1Y: 10.9 °C; 1009 mm 2Y: 11.1 °C; 961 mm	Loam	Cauliflower	L or G	T; B; Y; F	SS-P	Four

3
4 FtA: Spring-summer cash crop; FtB: Autumn-winter cash crop. BE: Belgium; DK: Denmark, EE: Estonia, ES: Spain; FR: France; IT: Italy, and SI: Slovenia. 1Y: first year; 2Y: second
5 year of experimentation. ASC composition: L: Legumes; G: Grasses; B: Brassicaceae. Explanatory variables: T: Termination; B: Total biomass; Y: Year; F: Fertilization; A: ASC
6 composition. Experimental design: SS-P: Split-split-plot randomized complete block design; S-P: Split-plot randomized complete block design; ST-P: Strip-plot randomized complete
7 block design; R-S-P: Randomized strip-plot.
8

9 **Table 2.** Ecological and environmental indicators. Estimates (\pm standard error) and their statistical significance taken from the models evaluating the environmental
 10 performance that compared T-GM to NT-RC. Variable transformation codes: †: logarithmic; ††: square root; †††: cube root. Significance codes: 'N.S.' $P > 0.05$; '*' P
 11 ≤ 0.05 ; '**' $P \leq 0.01$; '***' $P \leq 0.001$.
 12

Country	Trial	Ecological indicators			Environmental indicators		
		Carabidae AD	Staphylinidae AD	Araneae AD	PRE-EUE	N leaching	Beta-glucosidase
BE-CRA-W	FtA					1.93 \pm 0.91 *	
BE-ILVO	FtA	11.2 \pm 2.63 **	-1.29 \pm 0.43 *		† 0.37 \pm 0.06 ***		
BE-INAGRO	FtA					1.39 \pm 1.27 N.S.	0.06 \pm 0.05 N.S.
DK	FtA	††† 0.58 \pm 0.17 **	-0.92 \pm 1.69 N.S.	-3.58 \pm 1.06 **	0 \pm 0 N.S.	3.43 \pm 1.19 N.S.	-5.4 \pm 6.49 N.S.
EE	FtA				-0.01 \pm 0.01 N.S.	†† -0.2 \pm 0.17 N.S.	
ES	FtA				0.02 \pm 0.01 *		
	FtB			2.82 \pm 2.58 N.S.	0 \pm 0 N.S.		
FR	FtA				† 0.02 \pm 0 ***		
IT	FtA	0.53 \pm 0.23 *	0.79 \pm 0.26 **	-0.17 \pm 0.1 N.S.	0 \pm 0 *	-0.32 \pm 2.51 N.S.	0.34 \pm 0.36 N.S.
	FtB	0.37 \pm 0.13 **	0.71 \pm 0.13 ***	-0.09 \pm 0.1 N.S.	-0.02 \pm 0 **		
SI	FtA	-26.25 \pm 4.95 ***	† -0.66 \pm 0.27 *	-8.97 \pm 3.08 *			

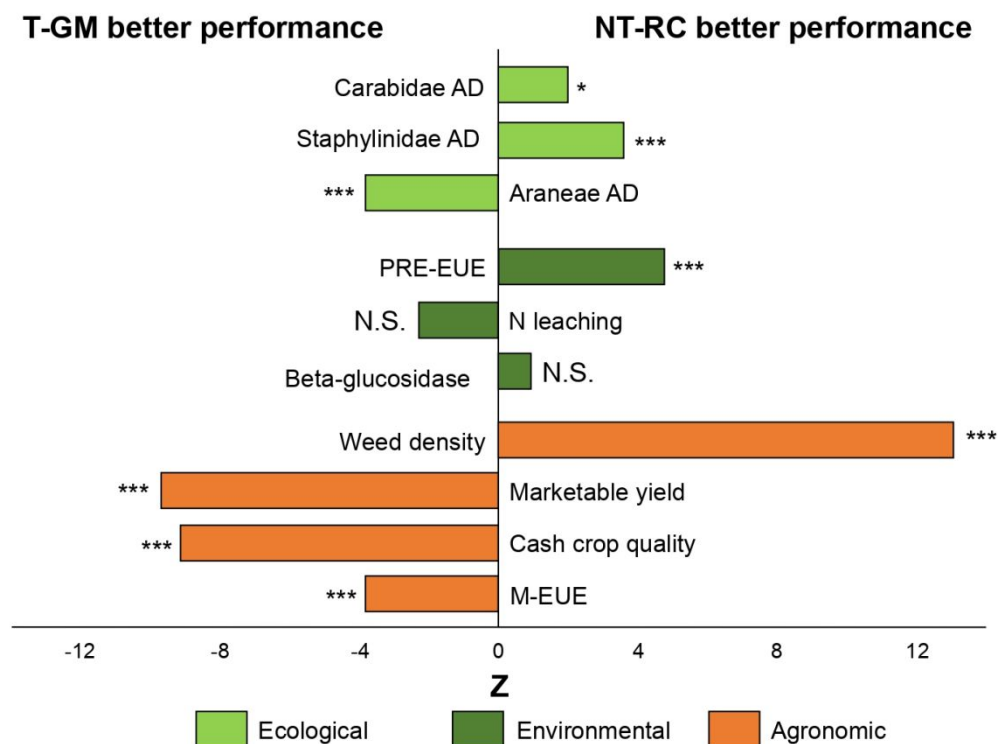
13
 14 Country abbreviations as in Table 1. Ecological indicators: Carabidae AD: activity density of ground beetles; Staphylinidae AD: activity density of rove beetles; Araneae AD: activity
 15 density of spiders; Environmental indicators: PRE-EUE: energy-use efficiency using the potentially recyclable energy as the output of the cropping system; N leaching: nitrogen leaching
 16 potential. The estimate represents the average difference in the response variable (or its transformation) between NT-RC and T-GM. Positive values imply higher value of the response in
 17 NT-RC than in T-GM.

18 **Table 3.** Agronomic indicators. Estimates (\pm standard error) and their statistical significance in the models
 19 evaluating the agronomic performance that compared T-GM to NT-RC. Variable transformation codes: †:
 20 logarithmic; ††: square root. Significance codes: ‘N.S.’ $P > 0.05$; ‘*’ $P \leq 0.05$; ‘**’ $P \leq 0.01$; ‘***’ $P \leq 0.001$.
 21

Agronomic indicators					
Country	Trial	Weed density	Marketable yield	Cash crop quality	M-EUE
BE-CRA-W	FtA	-785.13 \pm 85.32 ***	-0.22 \pm 0.19 N.S.	-44.52 \pm 3.48 ***	
BE-ILVO	FtA				0.04 \pm 0.2 N.S.
BE-INAGRO	FtA		-4.12 \pm 0.15 ***		
DK	FtA	-474.94 \pm 39.13 ***	† -0.2 \pm 0.04 **		†† -0.17 \pm 0.03 **
EE	FtA	-140.08 \pm 41.38 **	†† -0.27 \pm 0.08 **	†† -1.77 \pm 1.14 N.S.	†† -0.19 \pm 0.06 **
ES	FtA	†† -10.98 \pm 5.27 *	0.26 \pm 0.15 N.S.	0.55 \pm 0.43 N.S.	0.14 \pm 0.05 *
	FtB	† -0.77 \pm 0.1 ***	-1.3 \pm 0.4 **	1.37 \pm 1.17 N.S.	-0.34 \pm 0.1 **
FR	FtA	† -1.68 \pm 0.26 ***	-1.91 \pm 0.24 ***	-0.93 \pm 0.15 ***	-0.44 \pm 0.11 **
IT	FtA	† 0.12 \pm 0.16 N.S.	† 0.32 \pm 0.15 N.S.	-0.26 \pm 0.08 **	† 0.37 \pm 0.15 *
	FtB	25.44 \pm 12.79 N.S.	-0.23 \pm 0.12 N.S.	-0.01 \pm 0.4 N.S.	-0.11 \pm 0.07 N.S.
SI	FtA	†† -8.99 \pm 0.34 ***			

22 Country abbreviations as in Table 1. Agronomic indicators: M-EUE: energy-use efficiency using the marketable yield as the
 23 output of the cropping system. The estimate represents the average difference in the response variable (or its transformation)
 24 between NT-RC and T-GM. Positive values imply higher value of the response in NT-RC than in T-GM.
 25
 26
 27

1 **Figure 1.** Graphical representation of the statistical support for the differences in environmental and agronomic performance between T-GM and NT-RC. The
 2 bars represent the Z value obtained from the weighted Stouffer's test across trials for each indicator. Significance codes: 'N.S.' $P > 0.05$; '*' $P \leq 0.05$; '**' $P \leq 0.01$;
 3 '***' $P \leq 0.001$.



4
 5
 6
 8 ASC management strategies: no-till roller crimping (NT-RC) and green manuring (T-GM). Ecological indicators: Carabidae AD: activity density of ground beetles;
 9 Staphylinidae AD: activity density of rove beetles; Araneae AD: activity density of spiders; Environmental indicators: PRE-EUE: energy-use efficiency using the potentially
 10 recyclable energy as the output of the cropping system; N leaching: nitrogen leaching potential; Beta-glucosidase enzyme. Agronomic indicators: M-EUE: energy-use
 11 efficiency using the marketable yield as the output of the cropping system.

1 **Appendix S1. Trial details**

2 This Appendix describes all experiments carried out in all trials located in all seven European
3 countries. Our study compared only the no-till roller crimping (NT-RC) and tilling as green
4 manure (T-GM) of agroecological service crop (ASC) management strategies.

5 **Belgium - Walloon Agricultural Research Center (BE-CRA-W)**

6 **Field experiment type A**

7 **Experimental design**

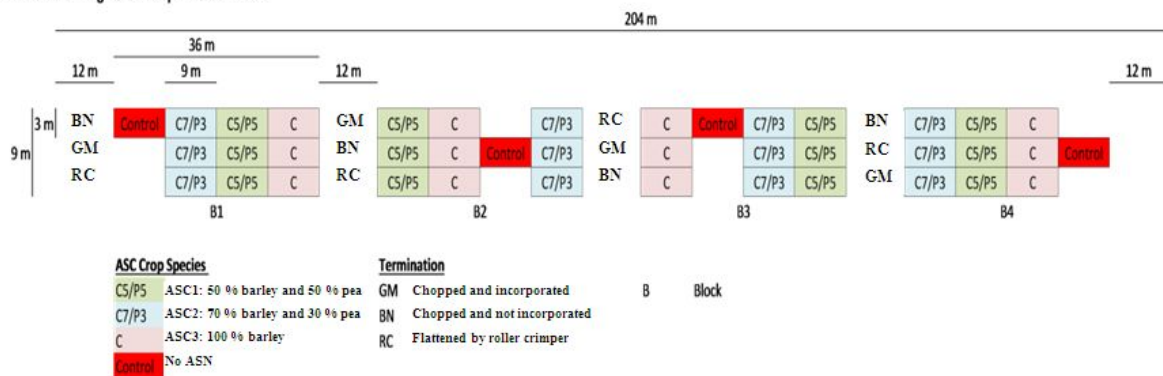
8 The field trial was newly established at the Walloon Agricultural Research Center located in
9 Gembloux, Belgium (BE-CRA-W) (50° 36' 35.45" N and 4° 57' 14.91" E). This location
10 represented the Atlantic Central European climatic zone. During experimentation, the mean
11 annual temperature and rainfall were 10.99 °C and 538 mm, respectively. The trial soil had a silt
12 loam texture and 0.91 % organic carbon content.

13 In this trial, only data from the second cycle (2016–2017) were gathered. During the first cycle
14 (2015–2016), poor weather conditions delayed cabbage planting by 8 weeks which caused a
15 significant decline in the survival and quality of the cabbage seedlings. Owing to the challenge
16 of obtaining new cabbage seedlings quickly, and in consideration of financial loss to the farmer,
17 the first year of the trial was abandoned.

18 The experimental field was located in an area managed according to European organic farming
19 regulations since 1995. The previous crop was a mixture of oat (*Avena sativa* L.) and pea
20 (*Pisum sativum* L.). The trial design was a split-plot with four replications, where ASC
21 composition was the subplot factor, and the whole-plot factor was ASC management (Figure 1).

22

2016-2017 SoilVeg FTA field experiment of CRA-W



23

24 **Figure 1.** Experimental design of Walloon Agricultural Research Center (BE-CRA-W) trial. ASC composition:
 25 C5/P5 (green)- 50 % barley (*Hordeum vulgare* L.) + 50 % pea (*Pisum sativum* L.); C7/P3 (blue)- 70 % barley (*H.*
 26 *vulgare*) + 30 % pea (*P. sativum*); C (pink) – 100 % barley (*H. vulgare*); and Control (red) - No ASC. Termination:
 27 GM - Chopped and incorporated (T-GM); BN - Chopped and not incorporated; RC - Flattened by roller crimper
 28 (NT-RC).

29 The three ASC compositions were ASC1: 50 % barley (*Hordeum vulgare* L.) + 50 % pea
 30 (*Pisum sativum*), ASC2: 70 % barley (*H. vulgare*) + 30 % pea (*P. sativum*), and ASC3: 100 %
 31 barley (*H. vulgare*). The three ASC management strategies were: (1) chopped and incorporated
 32 into the soil by tillage as green manure (T-GM), (2) chopped and not incorporated into the soil
 33 (BN), and (3) flattened by roller-crimping (NT-RC). In parallel, a control treatment without
 34 plant cover (bare soil, BS) was established. The roller crimper was 3 m wide and weighed
 35 1,720 kg (Picture 1.A). In the NT-RC plots, furrows for cash crop transplanting were created
 36 using an in-line tillage (Picture 1.B). Plot size was 3 × 9 m. The cash crop was red cabbage
 37 (*Brassica oleracea* var. *capitata* L. f. *rubra*).

38



39

40 **Picture 1.** Machinery used for NT-RC management in the Walloon Agricultural Research Center (BE-CRA-W) trial.

41 A - Roller crimper; B - In-line tiller.

42 **Agronomic management**

43 On the 25th August 2016, before ASC sowing, 20 t ha⁻¹ of cow manure (82 kg total N ha⁻¹) was
44 applied as fertiliser. The ASCs were sown on the 15th September 2016. In BS plots, four weed
45 control operations, using a rotary harrow, were carried out during the ASC growth period. To
46 simulate farmer practise, ASC termination was carried out on different dates, depending on the
47 ASC management strategy: T-GM on May 5th, CNI on May 23rd, and NT-RC on May 31st,
48 2017.

49 Red cabbage was transplanted on the 31st May 2017, with a row spacing of 0.60 m and a plant
50 spacing of 0.40 m (Picture 2). This cash crop was fertilised during planting, using commercial
51 organic fertiliser containing 60 kg ha⁻¹ of nitrogen and 33 kg ha⁻¹ of phosphorous. Manual weed
52 control was performed during growth of the cash crop on the 14th July 2017 only in T-GM and
53 BS plots. The mulch in CNI and NT-RC plots provided acceptable weed control. The cash crop
54 did not require irrigation and was harvested manually on the 25th and 26th of October 2017.



55

56 **Picture 2.** View of the red cabbage cash crop in the Walloon Agricultural Research Center (BE-CRA-W) trial.

57 More information about this trial can be found in Arlotti, Lakkenborg Kristensen, Canali, De
58 Neve, Huyghebaert, et al. (2019), Arlotti, Lakkenborg Kristensen, Canali, De Neve, Sans Serra,
59 et al. (2019) and Hefner, Canali, et al. (2020).

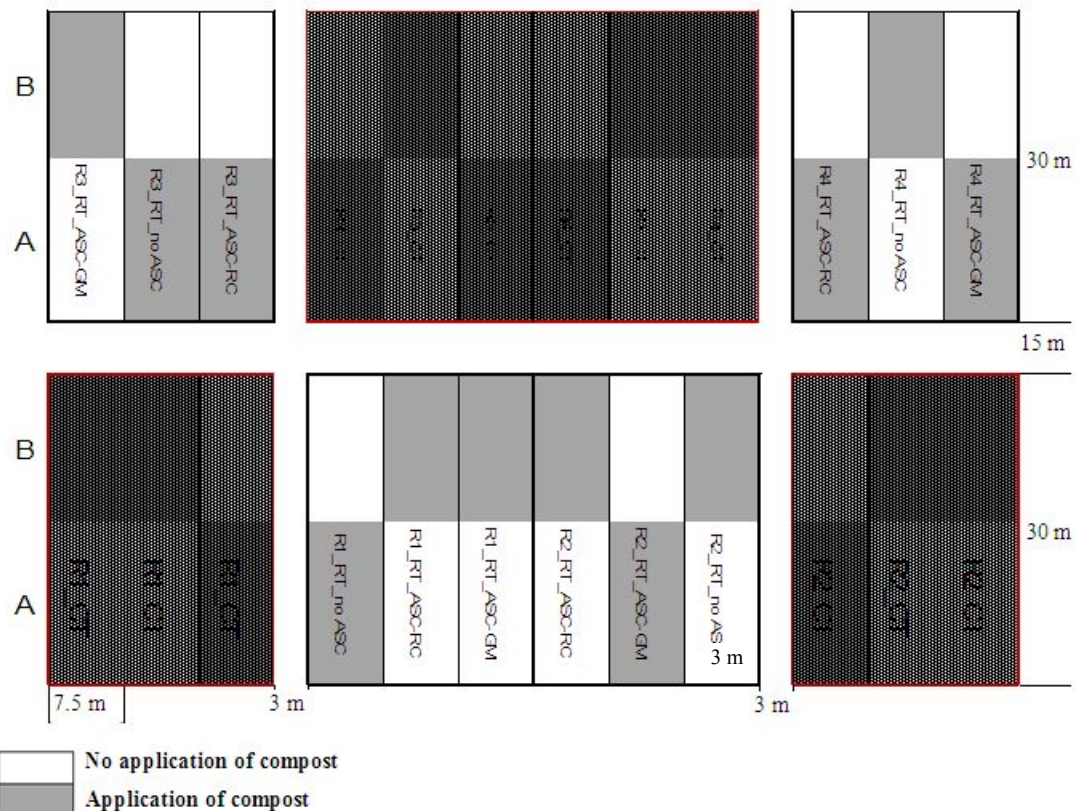
60 **Belgium - Research Institute for Agriculture, Fisheries and Food (BE-**
 61 **ILVO)**

62 **Field experiment type A**

63 **Experimental design**

64 The field trial was newly established at the Research Institute for Agriculture, Fisheries and
 65 Food (ILVO) in Merelbeke, Belgium (BE-ILVO) (50° 59' 38" N and 3° 44' 46" E), located in
 66 the Atlantic Central European climatic zone. During the first (2015–2016) and second (2016–
 67 2017) cycles, the mean annual temperature and rainfall were 11.1 °C and 898 mm, and 11.3 °C
 68 and 822 mm, respectively. The trial soil had a sandy loamy texture.

69 The experiment was repeated on the same plots during both years. The trial had a split-split-plot
 70 randomised complete block design with two factors and four replications. The main plot was the
 71 ASC management strategy, and the application of compost was the subplot factor (Figure 2).



73 **Figure 2** Experimental design of the Research Institute for Agriculture, Fisheries and Food (BE-ILVO) trial.

74 Termination: R_RT_ASC-GM = ASC chopped and incorporated into the soil (T-GM); R_RT_ASC-RC = ASC

75 flattened by a roller crimper (NT-RC); and R_RT_noASC = Control treatment without ASC. Compost factor: White -
 76 No application of compost; Grey - Application of compost.

77 The ASC termination strategies were: (1) roller-crimped (NT-RC), (2) chopped with a flail
 78 mower and incorporated into the soil by non-inversion tillage (T-GM). The roller crimper was
 79 3.1 m wide, weighed 1,720 kg when filled with oil, and was designed and constructed by ILVO
 80 (Picture 3). In the NT-RC plots, furrows for cash crop transplanting were created with a harrow
 81 tooth. The ASC was a mixture of 40 % rye (*Secale cereale* L.) and 60 % pea (*Pisum sativum*).
 82 Plot size was 7.5×15 m. The cash crop was white cabbage (*Brassica oleracea* var. *capitata* L.).
 83



84
 85 **Picture 3.** The roller crimper flattening the ASC in the Research Institute for Agriculture, Fisheries and Food
 86 (BE-ILVO) trial.

87 **Agronomic management**

88 The ASC was sown on the 5th October 2015, and the 24th November 2016. In T-GM plots, the
 89 ASC was terminated by flail mowing on the 20th April 2016 and the 7th May 2017, and by
 90 superficial tillage on the 4th May 2016 and the 8th May 2017. The NT-RC plots were terminated
 91 on the 26th May 2016 and the 16th June 2017. The cash crop was transplanted and fertilised
 92 using a planting machine on the 27th May 2016, and the 21st June 2017 (Picture 4). Mechanical
 93 weeding was carried out on the 6th June, 6th, 26th, and 27th July 2016, and on the 13th, 17th, and
 94 27th July 2017. Manual weeding was carried out during the periods: 6th to 22nd July, 28th July to
 95 4th August, and 5th to 14th September 2016, and on the 14th, 27th, and 28th July 2017. Cash crop

96 irrigation was only required during the second year and was conducted manually twice during
97 the crop cycle. The cash crop harvest was performed on the 3rd and 4th November 2016, and the
98 7th November 2017.



99

100 **Picture 4.** Transplanted white cabbage in an NT-RC plot in the Research Institute for Agriculture, Fisheries, and
101 Food (BE-ILVO) trial.

102 More information about this trial can be found in Witvrouw (2016), Navarro-Miró, Iocola, et al.
103 (2019) and Hefner, Canali, et al. (2020).

104 **Belgium - INAGRO (BE-INAGRO)**

105 **Field experiment type A**

106 **Experimental design**

107 The field trial was newly established at the INAGRO organic farm station in Roeselare,
108 Belgium (BE-INAGRO) (50° 90' 68" N and 3° 12' 72" E), located in the Atlantic Central
109 European climatic zone. During the first (2015–2016) and second (2016–2017) cycles, the mean
110 annual temperature and rainfall were 11.0 °C and 860 mm, and 11.3 °C and 697 mm,
111 respectively. The trial soil had a sandy loamy texture and a 1.12 % organic carbon content.

112 The experiment was not repeated on the same plots in both years, and was moved to an adjacent
113 area for the 2016–2017 cycle. The INAGRO trial farm has been managed according to organic
114 farming regulations since 2003 and has a rotation over six years (grass-clover, leek,

115 carrot/celeriac, cereals, cabbage, and potato). The trial design was a split plot with four
 116 replications. The experimental design was modified each year (Figures 3 and 4).

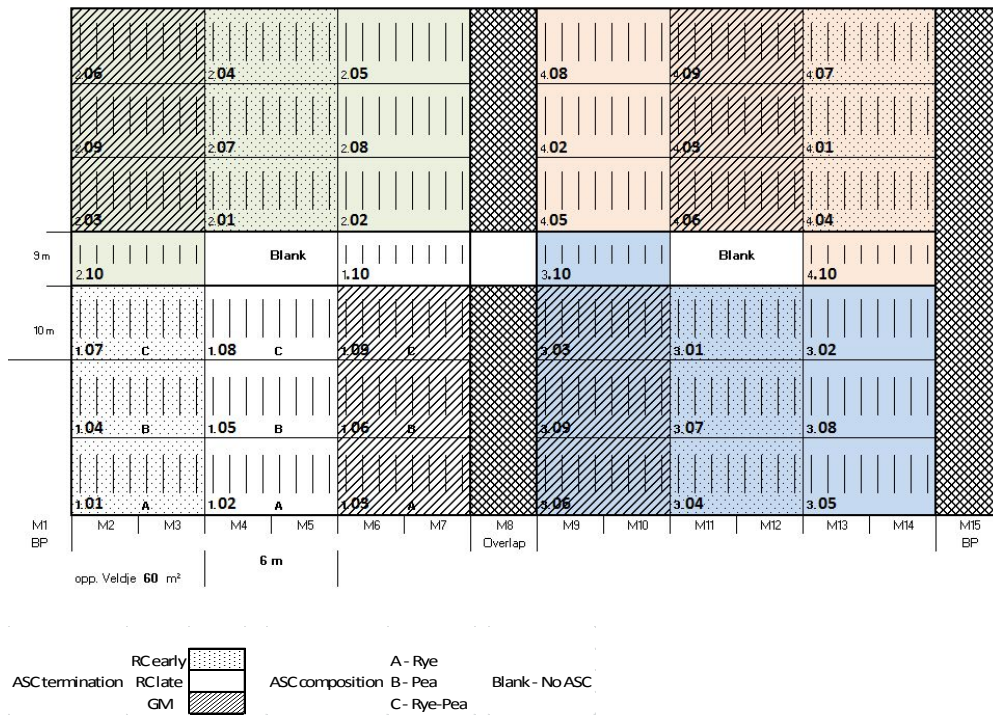
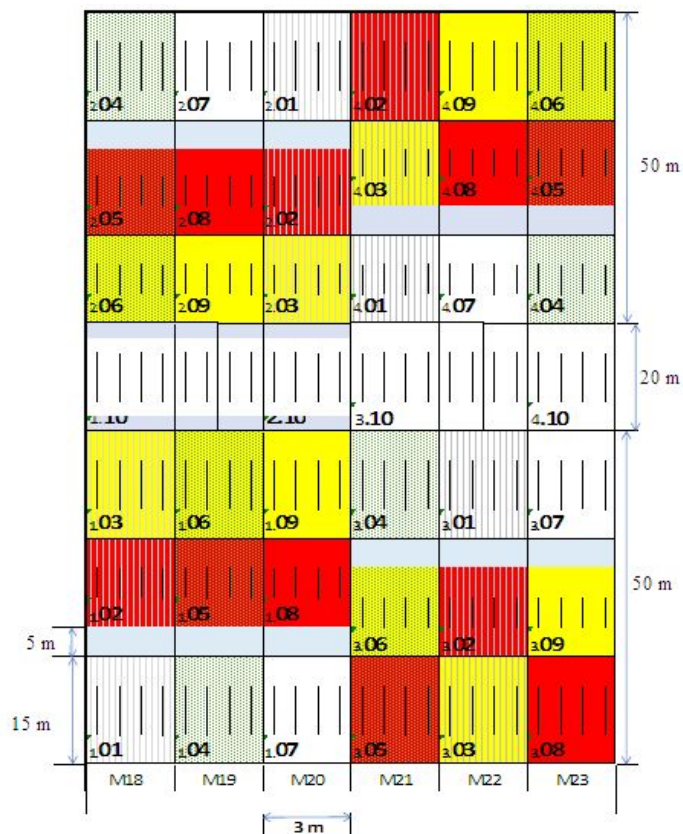


Figure 3. Experimental design at the INAGRO (BE-INAGRO) organic farm station during the first year.

Termination: RC early - Roller crimper early termination; RC late - Roller crimper late termination; and GM - Mill cutting and non-inversion tillage (T-GM). ASC composition: A - winter rye (*Secale cereale*), B - pea (*Pisum sativum*); C - rye-pea mixture; and Blank - No ASC.



124

125

126

Figure 4. Experimental design at the INAGRO (BE-INAGRO) organic farm station during the second year.

127

Termination: GM (white) - Incorporation by mill cutting one month before planting (T-GM); Mulch (red) - Mulching

128

by flail mowing at planting (not-incorporated); and RC (yellow) - Roller crimper (NT-RC). ASC composition: A

129

(vertical lines) - Winter rye (*Secale cereale*); B (small dots) - Winter pea (*Pisum sativum*); and C (no pattern) Rye-

130

pea mixture.

131

The ASC compositions were A: winter rye (*Secale cereale*), B: winter pea (*Pisum sativum*) and

132

C: a rye-pea mixture. The second factor was the ASC management strategy. During the first

133

year, the ASC management strategies analysed were: (1) roller crimper early termination, (2)

134

roller crimper late termination, and (3) mill cutting and non-inversion tillage, one month before

135

planting (T-GM). The roller crimper early termination treatment was scheduled to coincide with

136

the time of pea flowering (i.e., one week before cash crop transplanting) and the roller crimper

137

late termination treatment, at the time of rye flowering (i.e., one day before planting of the cash

138

crop). In the second year, the ASC management strategies studied were: (1) incorporation by

139

mill cutting (MC) one month before planting (T-GM), (2) mulching by flail mowing at planting

140 (not-incorporated), and (3) roller crimping (NT-RC). In this trial, the roller crimper used for
 141 ASC management was the same as in the ILVO trial (Picture 5.A) and furrows for cash crop
 142 transplanting were created by in-line tillage (Picture 5.B). Additionally, during both years, a
 143 control treatment that did not use ASC and standard soil management was set-up. Plot size was
 144 6×10 m (except the fallow plots: 6×9 m) during the first year and 3×15 m during the second
 145 year. The cash crop was white cabbage (*Brassica oleracea* var. *capitata*).



146
 147 **Picture 5.** Machinery used for NT-RC management at the INAGRO (BE-INAGRO) organic farm station. A - Roller
 148 crimper; B - In-line tiller.

149 **Agronomic management**

150 The trial was fertilised with composted farm yard manure (10 ton ha^{-1}) on October 12th, 2015,
 151 and with commercial organic fertiliser (Organic plant feed (OPF) granulate 11-0-5, Plant Health
 152 Cure B.V., Nederland) on March 16th, 2017. The ASC was sown on October 13th, 2015 and
 153 October 28th, 2016. During the first year, the ASC was terminated with the T-GM strategy on
 154 April 28th, 2016 and with the NT-RC strategy on May 23rd, 2016. During the second year,
 155 termination happened on April 18th, 2017 in the T-GM plots, and on May 24th, 2017 in the NT-
 156 RC plots.

157 White cabbage was transplanted, with a row spacing of 0.70 m and a plant spacing of 0.30 m,
 158 using a planting machine on May 25th, 2016 and on May 30th, 2017 (Picture 6). The cabbages
 159 were fertilised with 50 kg N ha^{-1} commercial organic fertiliser (OPF granulate 11-0-5) on July
 160 8th, 2016, during the first cycle, and on May 31st, 2017 during the second cycle. The cash crop
 161 was irrigated on August 24th, and 31st, 2016, and only once at the time of cash crop

162 transplantation in 2017. In NT-RC plots, weeding operations were not required during the cash
163 crop cycle. In T-GM plots, in the first year, weeding operations during the cash crop cycle were
164 carried out by hoeing (June 8th, 2016) harrowing (June 9th, 2016) and manually (July 20th, and
165 22nd, 2016). In the second year, T-GM plots were weeded by mechanical weed control (June
166 15th, 2017) and manually (June 15th, and July 6th, 2017). The cash crop harvest was performed
167 on November 21st, 2016 and November 7th, 2017. More information about this trial can be found
168 in Hefner, Canali, et al. (2020).



169
170 **Picture 6.** Transplanting of white cabbage using a planting machine at the INAGRO (BE-INAGRO) organic farm
171 station.

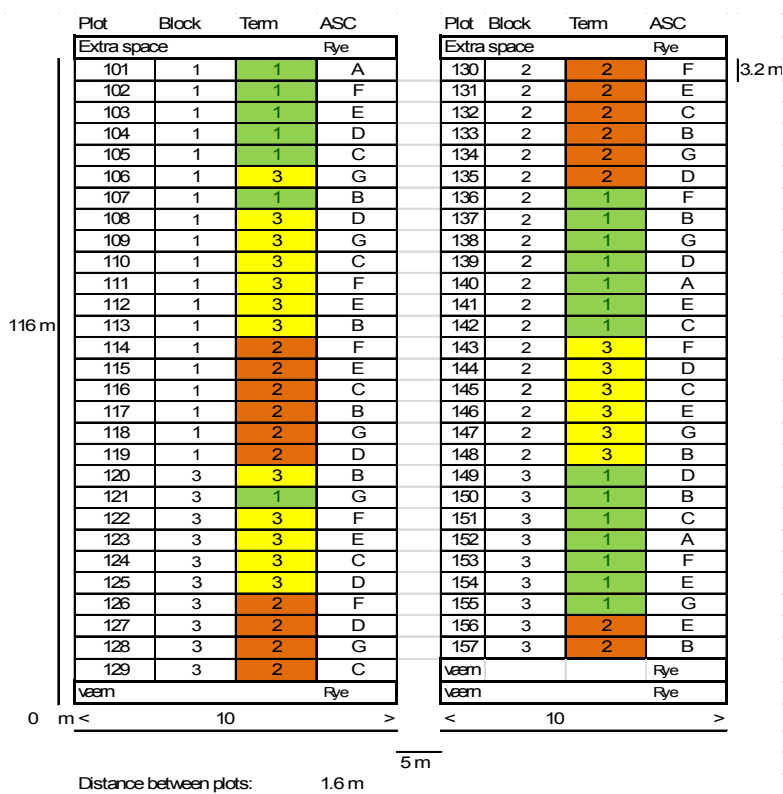
172 **Denmark (DK)**

173 **Field experiment type A**

174 **Experimental design**

175 The field trial was newly established at the Department of Food Science research centre of
176 Aarhus University, located in Årsløv, Denmark (55° 18' N and 10° 27' E), in the Atlantic North
177 European climatic zone. The mean annual temperature was 9.3 °C and the mean annual rainfall,
178 614 mm during the first cycle (2015–2016), and 9.1 °C and 673 mm during the second cycle
179 (2016–2017), respectively. The soil had a sandy loamy texture and a 1 % organic carbon
180 content.

181 The experiment was not repeated on the same plots in both years, and was moved to an adjacent
 182 area for the 2016–2017 cycle. The two locations had been managed according to Danish organic
 183 farming regulations since 1996 and 2014, respectively. The previous crop grown in the area was
 184 barley (*Hordeum vulgare* L.). The trial had a split-plot randomised complete block experimental
 185 design with three replications, where ASC management was the whole-plot factor and ASC
 186 composition, the subplot factor. The experimental design was modified each year (Figures 5 and
 187 6).



188

ASC composition

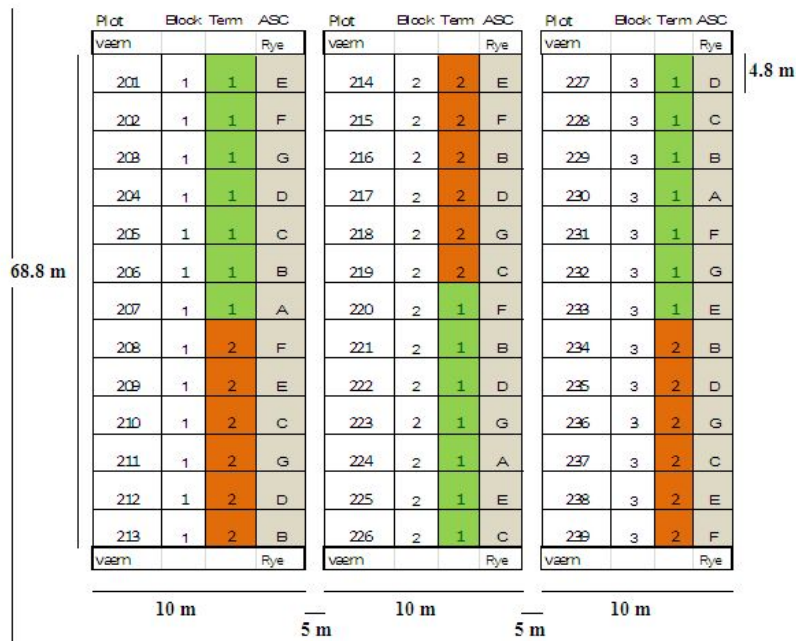
- A No ASC (bare soil)
- B Winter faba bean
- C Winter pea
- D Winter vetch
- E 50/50 mixture of winter faba bean/winter rye
- F 50/50 mixture of winter pea/winter rye
- G 50/50 mixture of winter vetch/winter rye

189

Termination of green manure

- 1 Green Manure
- 2 Roller crimping
- 3 Strip cultivation/strip green manure between rows of crop (additive design)

190 **Figure 5.** Experimental design of the organic farm station of the Department of Food Science research center of
 191 Aarhus University (DK) during the first cycle (2015–2016). Termination: 1 (green) - Chopped with a flail mower and
 192 incorporated into the soil with a cultivator as green manure (T-GM); 2 (orange) - Roller-crimped (NT-RC); and 3
 193 (yellow) - Strip cultivation/strip green manure between rows of crop. ASC composition: A - No ASC, winter fallow
 194 (bare soil); B - Winter faba bean; C - Winter pea; D - Winter vetch; E - 50/50 mixture of winter rye and winter faba
 195 bean; F - 50/50 mixture of winter rye and winter pea; and G - 50/50 mixture of winter rye and winter vetch.



196

ASC composition

- A No ASC (bare soil)
- B Winter faba bean
- C Winter pea
- D Winter vetch
- E 50/50 mixture of winter faba bean/winter rye
- F 50/50 mixture of winter pea/winter rye
- G 50/50 mixture of winter vetch/winter rye

197

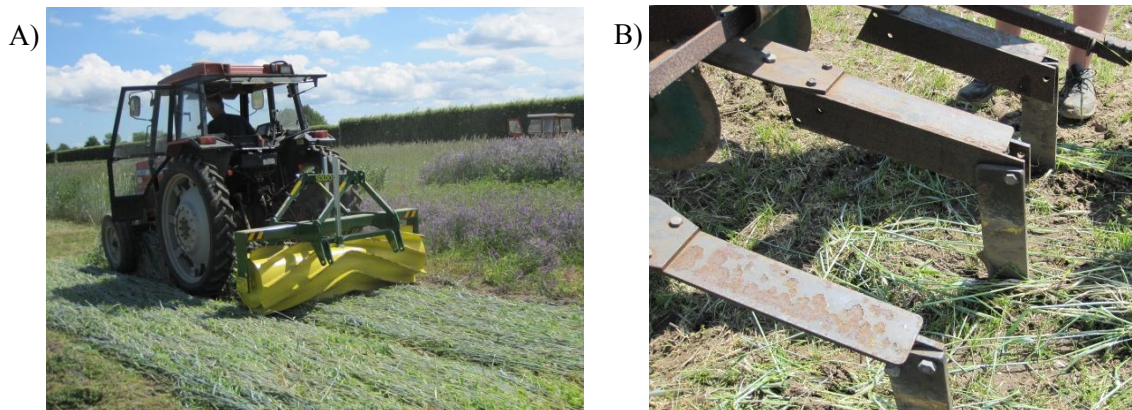
Termination of green manure

- | | |
|---|-----------------|
| 1 | Green Manure |
| 2 | Roller crimping |

198 **Figure 6.** Experimental design of the organic farm station of the Department of Food Science research center of
 199 Aarhus University (DK) during the second cycle (2016–2017). Termination: 1 (green) - Chopped with a flail mower
 200 and incorporated into the soil with a cultivator as green manure (T-GM); 2 (orange) - Roller-crimped (NT-RC). ASC
 201 composition: A - No ASC, winter fallow (bare soil); B - Winter faba bean; C - Winter pea, D - Winter vetch; E -
 202 50/50 mixture of winter rye and winter faba bean; F - 50/50 mixture of winter rye and winter pea; and G - 50/50
 203 mixture of winter rye and winter vetch.

204 The ASC termination strategies were: (1) chopped with a flail mower and incorporated into the
 205 soil with a cultivator as green manure (T-GM), (2) roller-crimped (NT-RC), and (3) strip
 206 cultivation/strip green manure between crop rows (additive design). The roller crimper was 2
 207 wide and weighed 932 kg. It was designed and constructed by Soldo Macchine Agricole
 208 (Grassano, Italy) (Picture 7.A). Furrows for cash crop transplanting in the NT-RC plots were
 209 created with a harrow tooth (Picture 7.B). The ASC species composition was: B: winter faba
 210 bean (*Vicia faba* L.), C: winter pea (*Pisum sativum*), D: winter vetch (*Vicia sativa* L.), E: 50/50
 211 mixture of winter rye (*Secale cereale*) and winter faba bean, F: 50/50 mixture of winter rye and

212 winter pea, and G: 50/50 mixture of winter rye and winter vetch (Picture 8). A control treatment
 213 of winter fallow (bare soil) was also included. Plot size was 3.2×10 m during the first year and
 214 4.8×10 m during the second year. The cash crop was white cabbage (*Brassica oleracea* var.
 215 *capitata*).



216
 217 **Picture 7.** Machinery used for NT-RC management in the DK trial. A - Roller crimper; B - Harrow tooth used to
 218 create the cash crop transplanting furrows.

219 **Agronomic management**

220 The trial was fertilised with 200 kg ha^{-1} of feather meal pellets (N-P-K: 13-0-0.4) (26 kg N ha^{-1})
 221 on September 9th, 2015 and September 28th, 2016. The ASCs were sown on October 5th, 2015
 222 and October 9th, 2016 and terminated on June 10th, 2016 and May 30th, 2017 (Picture 8).



223
 224 **Picture 8.** View of DK field trial before ASC termination.

225 White cabbage was transplanted using a three-row planting machine on July 1st, 2016, and on
 226 June 21st, 2017, with a row spacing of 0.5 m and a plant spacing of 0.5 m. Weed management

227 was carried out in T-GM plots using a weed-brush machine in inter-rows on July 27th–29th and
228 August 19th, 2016, and July 17th–19th, 2017, and manually with a hoe in inter-rows and intra-
229 rows on September 26th–30th, 2016 and August 10th–22nd, 2017. In NT-RC plots, weeding
230 operations consisted of the manual removal of above ground biomass of large weeds. During the
231 first year, cabbages were fertilised with 50 kg N ha⁻¹ feather meal pellets on August 25th, 2016.
232 During the second year, cash crop fertilisation with 100 kg N ha⁻¹ feather meal pellets was
233 carried out a week before cabbage transplantation. Thirty kg N ha⁻¹ lupine seeds (N-P-K: 4.5-
234 0.4-0.9) were applied on June 15th, 2017, and 80 kg N ha⁻¹ feather meal pellets on August 24th,
235 2017. Cash crop irrigation was only required during the first year and was conducted twice (in
236 August and September) with sprinklers. The cabbage crop was harvested on November 11th,
237 2016, and November 2nd, 2017.

238 More information about this trial can be found in Navarro-Miró, Iocola, et al. (2019) Navarro-
239 Miró, Blanco-Moreno, et al. (2019), Hefner, Gebremikael, et al (2020) and Hefner, Canali, et al.
240 (2020).

241 **Estonia (EE)**

242 **Field experiment type A**

243 **Experimental design**

244 The field trial was newly established in an experimental organic research field at Jõgeva in
245 eastern Estonia (EE) (58° 44' N and 26° 24' E), located in the Nemoral European climatic zone.
246 In the first cycle (2015–2016), the mean annual temperature was 6.0 °C and the mean annual
247 rainfall, 825 mm, and in the second cycle (2016–2017) these environmental factors were 5.8 °C
248 and 694 mm, respectively. The trial soil had a clay loamy texture and a 3 % organic carbon
249 content.

250 The experiment was not repeated in the same plots in both years, and was moved to an adjacent
251 area for the 2016–2017 cycle. The trial was established in an area certified organic from 2005.
252 The previous crop grown in the area was red clover (*Trifolium pratense* L.). The trial had a

253 strip-plot design with ASC strips and ASC management strategies crossed with a fertiliser
 254 factor, and three replicates per treatment (Figure 7).

	ASC	Winter triticale	Winter triticale	No ASC	Winter rye	Winter rye	
		Tr	Tr	NoA	Rye	Rye	
Treatment		Roller Crimper	Chop and plough	Plough	Roller Crimper	Chop and plough	
		RC	GM	NoA	RC	GM	
1. repl	No manure						
	Manure	F	F	F	F	F	
2. repl	Manure	F	F	F	F	F	
	No manure						
3. repl	No manure						1.5 m
	Manure	F	F	F	F	F	6 m
							1.5 m 4 m

255

256 **Figure 7.** Experimental design of the research field at the organic farm station at Jõgeva in eastern Estonia (EE).

257 Termination: RC - Roller-crimped (NT-RC); and GM - Chopped by a flail mower, then ploughed and levelled by a
 258 cultivator (T-GM). ASC composition: ASC1 - 100 % Winter rye; and ASC2 - 100 % Winter triticale. NoA - Control
 259 treatment without ASC (No ASC). Fertiliser factor: 1) Application of 30 t ha⁻¹ solid cattle manure; 2) Not fertilised.

260 The two ASC termination strategies were: (1) roller-crimped (NT-RC), and (2) chopped by a
 261 flail mower, then ploughed, and levelled by a cultivator (T-GM). The roller crimper was 2 m
 262 wide and weighed 800 kg during the first year ASC termination, and 1,200 kg during the
 263 second, and was designed and constructed by Soldo Macchine Agricole (Grassano, Italy)
 264 (Picture 9). In the NT-RC plots, furrows for cash crop transplanting were created by in-line
 265 tillage (Picture 9). The ASC species composition was: ASC1 - 100 % winter rye (*Secale*
 266 *cereale*) (180 kg ha⁻¹), and ASC2 - 100 % winter triticale (*× Triticosecale blaringhemii*
 267 *A. Camus*) (155 kg ha⁻¹). The fertilisation factor consisted of: (1) application of 30 t ha⁻¹ solid
 268 cattle manure (153 kg ha⁻¹ N, 57 kg ha⁻¹ P, and 81 kg ha⁻¹ K), and (2) no fertiliser. Plot size was
 269 6 × 4 m. The cash crop was white cabbage (*Brassica oleracea* var. *capitata*).



270

271 **Picture 9.** Machinery used for NT-RC management in the organic research field at Jõgeva in eastern Estonia (EE). A
272 tractor equipped with a roller crimper and an in-line tiller.

273 **Agronomic management**

274 Fertiliser was applied to the fertiliser treatment plots before the ASCs were planted. During the
275 second year, in addition to the fertilisation factor, all plots were fertilised with 12 t ha⁻¹ of horse
276 manure compost (12 kg ha⁻¹ N, 1.2 kg ha⁻¹ P, and 4.8 kg ha⁻¹ K). During the first cycle, the
277 ASCs were sown on August 25th, 2015 and terminated by NT-RC on June, 6th and June 9th,
278 2016, and by T-GM on June 10th, 2016. During the second cycle, the ASCs were sown in
279 September 2016 and managed by T-GM on June 16th, 2017 and by NT-RC on June 19th, 2017.

280 White cabbage was manually transplanted in the first year from the 13th to 16th June 2016, and
281 in the second year on June 19th, 2017, with a row spacing of 0.65 m and a 0.50 m plant spacing
282 (Picture 10). Manual weeding was carried out in all treatments on August 27th, 2016 and July
283 27th, 2017.



284

285 **Picture 10.** View of the organic farm station field at Jõgeva in eastern Estonia (EE) during growth of the cash crop.

286 During the first year, the cash crop was not irrigated, whereas during the second year, all plants
287 were watered once in mid-July with a humic solution (0.0003 kg ha⁻¹ N, 0.0001 kg ha⁻¹ P, and
288 0.0002 kg ha⁻¹ K). The cash crop harvest was performed on October 7th, 2016, and from October
289 4th to 6th, 2017.

290 More information about this trial can be found in Tamm, Bender, Nugis, Edesi, & Võsa, (2018),
291 Navarro-Miró, Iocola, et al. (2019), Navarro-Miró, Blanco-Moreno, et al. (2019) and Hefner,
292 Canali, et al. (2020).

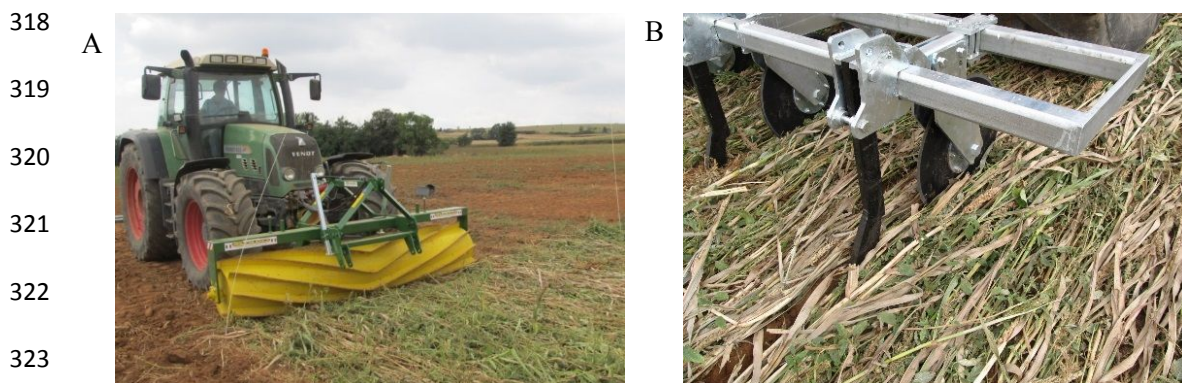
293 **Spain (ES)**

294 **Experimental design**

295 Both parallel field experiments type A (FtA) and type B (FtB) were newly established in the
296 Gallecs Area of Natural Interest, Barcelona, Spain (ES) (41° 33' N and 2° 12' E), located in the
297 Mediterranean North European climatic zone. In FtA, during the first cycle (2015–2016), the
298 mean annual temperature was 16.5 °C and the mean annual rainfall, 406 mm, and during the
299 second cycle (2016–2017), 16.1 °C and 409 mm, respectively. In FtB, during the first cycle
300 (2014–2015), the mean annual temperature was 16.1 °C and the mean annual rainfall, 344 mm,
301 and in the second cycle (2015–2016), 16.5 °C and 406 mm, respectively. The trial soil had a
302 loamy texture and contained an average of 0.95 % organic carbon content.

303 In both trials, the field experiments were repeated in the same area in both years. Conversion of
304 the experimental area to organic farming began in 2005, and the previous crop grown in the area
305 was wheat. The experimental design of the FtA and FtB trials was a randomised strip-plot with
306 two factors (ASC composition and ASC management strategy) and four replicates. The different
307 treatments were defined in randomly distributed parallel bands, and within each band, four plots
308 (6 × 4 m) were established. The experimental layout was designed to facilitate traffic of
309 machinery between plots and to enable the agricultural practices to be performed in the same
310 direction.

311 In FtA and FtB, the two ASC termination strategies were: (1) ASCs flattened by a roller crimper
 312 (NT-RC), and (2) ASCs mown and chopped and incorporated into the soil as green manure
 313 using a chisel plough (T-GM). The roller crimper was 3 m wide and weighed 800 kg when
 314 filled with oil, and was designed and constructed by Soldo Macchine Agricole (Grassano, Italy)
 315 (Picture 11.A). In the NT-RC plots, furrows for cash crop transplanting were created by in-line
 316 tillage (Picture 11.B). Both termination methods were compared to a control treatment without
 317 ASC (bare soil).



324

325

326 **Picture 11.** Machinery used for NT-RC management in the Gallecs Area of Natural Interest, Barcelona, Spain

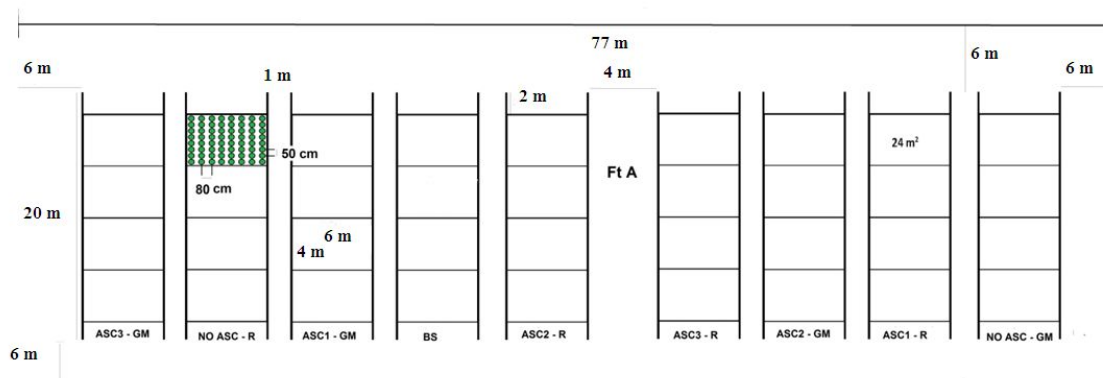
327

(ES). A - Roller crimper. B - In-line tiller.

328

328 **Field experiment type A**

329 In FtA, three ASC compositions and one No ASC treatment were established: ASC1 – 100 %
 330 cereal mixture (81 % *Avena byzantina* K.Koch and 19 % *Hordeum vulgare*) (200 kg ha⁻¹),
 331 ASC2 - 70 % cereal mixture (140 kg ha⁻¹) + 30 % *Vicia sativa* (75 kg ha⁻¹), ASC3 - 50 % cereal
 332 mixture (100 kg ha⁻¹) + 50 % *V. sativa* (125 kg ha⁻¹), and No ASC - spontaneous vegetation
 333 without sowing any ASC (Figure 8) . The cash crop was green pepper (*Capsicum annuum* L.)

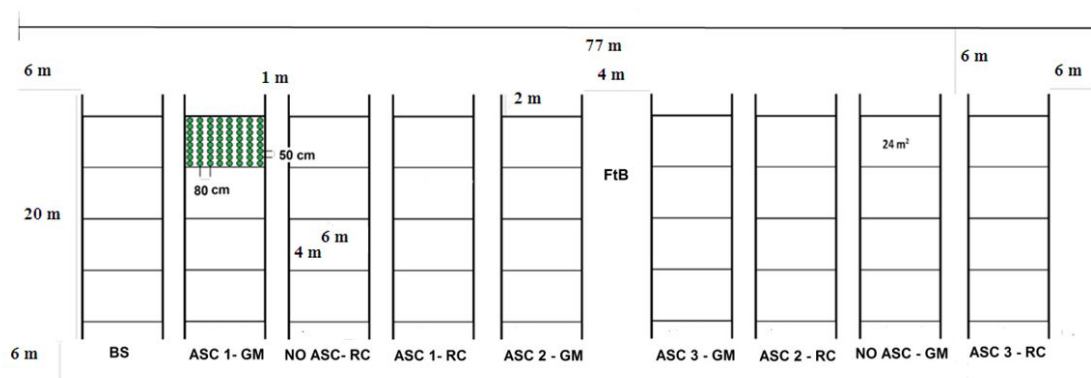


334

335 **Figure 8.** Experimental design of field experiment type A established in the Gallecs Area of Natural Interest,
 336 Barcelona, Spain (ES). Termination: ASC-R - Flattened by roller crimper (NT-RC); and ASC-GM - mowed, chopped
 337 and incorporated into the soil as green manure using a chisel plough (T-GM). ASC composition: ASC1 – 100 %
 338 cereal mixture (81 % *Avena byzantina* and 19 % *Hordeum vulgare*); ASC2 - 70 % cereal mixture + 30 % *Vicia*
 339 *sativa*; and ASC3 - 50 % cereal mixture + 50 % *V. sativa*; and No ASC - spontaneous vegetation without sowing any
 340 ASC. BS - control treatment maintaining the soil without plant cover (bare soil).

341 Field experiment type B

342 In FtB, the ASC compositions were: ASC1 - 100 % *Vigna unguiculata* (L.) Walp., ASC2 - 70 %
 343 *V. unguiculata* + 30 % *Sorghum bicolor* (L.) Moench, ASC3 - 50 % *V. unguiculata* + 50 % *S.*
 344 *bicolor*, and No ASC - spontaneous vegetation without sowing any ASC (Figure 9). The cash
 345 crop was savoy cabbage (*Brassica oleracea* L. var. *sabauda*).



346

347 **Figure 9.** The experimental design of the FtB field experiment established in the Gallecs Area of Natural Interest,
 348 Barcelona, Spain (ES). Termination: ASC-R - Flattened by roller crimper (NT-RC); and ASC-GM - mowed, chopped
 349 and incorporated into the soil as green manure using a chisel plough (T-GM). ASC composition: ASC1 - 100 %
 350 *Vigna unguiculata*; ASC2 - 70 % *V. unguiculata* + 30 % *Sorghum bicolor*; ASC3 - 50 % *V. unguiculata* + 50 %

351 *S. bicolor*; and No ASC - spontaneous vegetation without sowing any ASC. BS - control treatment maintaining the
352 soil without plant cover (bare soil).

353 **Agronomic management**

354 **Field experiment type A**

355 The ASCs were sown on November 19th, 2015 and January 9th, 2016. In the NT-RC plots, ASC
356 management was carried out on May 4th, 2016 and May 18th, 2017, and creation of the
357 transplanting furrows was carried out along with the NT-RC by in-line tillage on June 24th, 2016
358 and June 13th, 2017.

359 In the T-GM plots, ASC chopping was carried out on May 4th, 2016 and May 18th, 2017, and the
360 incorporation of the plant material into the soil was performed on May 18th, 2016 and June 1st,
361 2017. The green pepper crop were transplanted on May 26th, 2016, and on June 20th, 2017, with
362 a row spacing of 0.80 m and a 0.50 m plant spacing (Picture 12). The cash crop was fertilised
363 just after transplantation with 170 kg ha⁻¹ N using commercial organic fertiliser and the green
364 pepper plants were drip-irrigated according to their needs. During the first year, T-GM plots
365 were weeded four times, whereas NT-RC plots only required two weeding operations. During
366 the second year, all plots required three weeding operations. In the first year, the cash crop
367 harvest was performed weekly from July 18th to October 3rd, 2016, whereas in the second year
368 the harvest took place from August 21st to October 2nd, 2017.



369

370 **Picture 12.** View of the FtA field experiment established in the Gallecs Area of Natural Interest, Barcelona, Spain

371

(ES) during growth of the cash crop.

372 Field experiment type B

373 The ASCs were sown on April 30th, 2015 and on May 4th, 2016, and irrigated with sprinklers
374 during their development. During the first cycle, the ASCs were managed by two passes of NT-
375 RC on July 23rd and 27th, 2015 and one operation combining NT-RC and in-line tillage on July
376 29th, 2015. In the T-GM plots, the ASCs were chopped on July 23rd, 2015 and incorporated into
377 the soil using a chisel plough on July, 28th, 2015. During the second cycle, NT-RC management
378 was carried out on August 26th, 2016, and the creation of the transplanting furrows was carried
379 out along with the NT-RC by in-line tillage on September 6th, 2016. In the T-GM management
380 plots, chopping of the ASC was carried out on August 26th, 2016, and incorporation of plant
381 material into the soil was performed on September, 6th, 2016. The savoy cabbages were
382 transplanted on August 4th, 2015, and September 20th, 2016, with a row spacing of 0.80 m and a
383 0.50 m plant spacing (Picture 13). The cash crop was fertilised with 100 kg ha⁻¹ N in both years.
384 During the first year, the commercial organic fertiliser was split into two applications: (1) just
385 after savoy cabbage transplantation and (2) during savoy cabbage development. During the
386 second year, the commercial organic fertiliser was applied just after the savoy cabbage was
387 transplanted. The cabbages were drip irrigated according to the crop needs. In the first cycle, all
388 plots were weeded only once during the cash crop development, whereas in the second year,
389 two weeding operations were required. The savoy cabbages were harvested on December 2nd,
390 2015, and February 22nd, 2017.



391

392 **Picture 13.** Transplanted savoy cabbage in a NT-RC plot in the FtB field experiment established in the Gallecs Area
393 of Natural Interest, Barcelona, Spain (ES).

394 More information about this trial can be found in Navarro-Miró *et al.* (2017), Navarro-Miró,
395 Iocola, *et al.* (2019), and Navarro-Miró, Blanco-Moreno, *et al.* (2019).

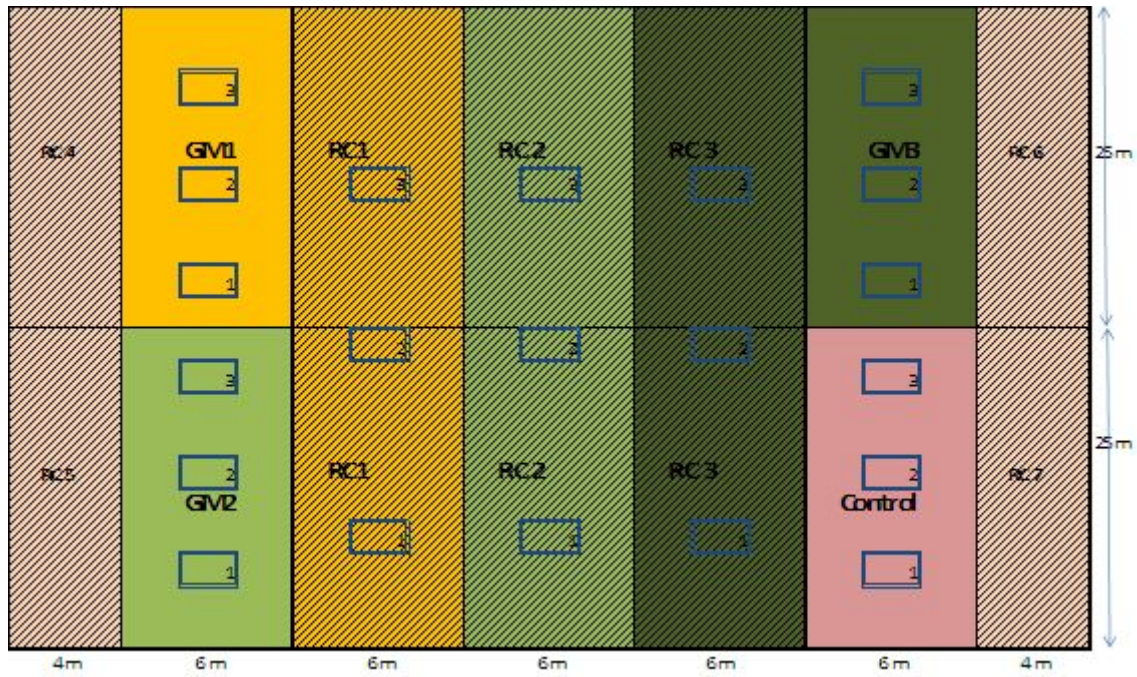
396 **France (FR)**

397 **Field experiment type A**

398 **Experimental design**

399 The field experiment was newly established at the experimental organic research centre of the
400 Groupe de Recherche en Agriculture Biologique (GRAB) in Avignon, southern France (FR)
401 (43° 54' 23.8" N and 4° 53' 06.4" E). This location represented the Mediterranean North
402 European climatic zone. During the first cycle (2015–2016), the mean annual temperature was
403 15.5 °C and the mean annual rainfall, 521 mm, and in the second cycle (2016–2017) these
404 environmental factors were 15.3 °C and 558 mm, respectively. The trial soil had a clay loam
405 texture and a 1.86 % organic carbon content.

406 The experiment was repeated on the same plots in both years, but with some changes in the
407 second year. The selected experimental field had been under organic farming management from
408 2000. The previous crops grown were diversified varieties of squash (*Cucurbita* sp.). The trial
409 had a randomised strip-plot experimental design with three replicates during the first year and
410 four during the second year, where ASC management strategy (*i.e.*, NT-RC or T-GM) was the
411 strip factor, and the ASC composition was the subplot factor (*i.e.*, six different ASC
412 compositions). The experimental design was modified each year (Figures 10 and 11).



413

414

	Border		Cover crop 1- Rye + Pea
	Dry zone		Cover crop 2- Rye + Faba + Vetch
	GVI- Green manure termination		Cover crop 3- Barley + Faba + Pea
	RC- Roller crimper termination		C- Control - no cover crop

415 **Figure 10.** First cycle (2015–2016) experimental design of the trial established at the experimental organic research
 416 centre of the Groupe de Recherche en Agriculture Biologique (GRAB) in Avignon (FR). Termination: RC - Cover
 417 crop flattened by a roller crimper + in-line tillage to create the transplanting furrows (NT-RC); and GM - Termination
 418 as a green manure by mowing, chopping, and incorporation of the cover crop into the soil (T-GM). ASC composition:
 419 ASC1 - 50 % *Secale cereale* + 50 % *Pisum sativum*; ASC2 - 30 % *S. cereale* + 40 % *Vicia faba* + 40 % *Vicia villosa*;
 420 ASC3 - 50 % *Hordeum vulgare* + 37 % *V. faba* + 40 % *P. sativum*; and Control - Control treatment maintaining the
 421 soil without plant cover (bare soil).

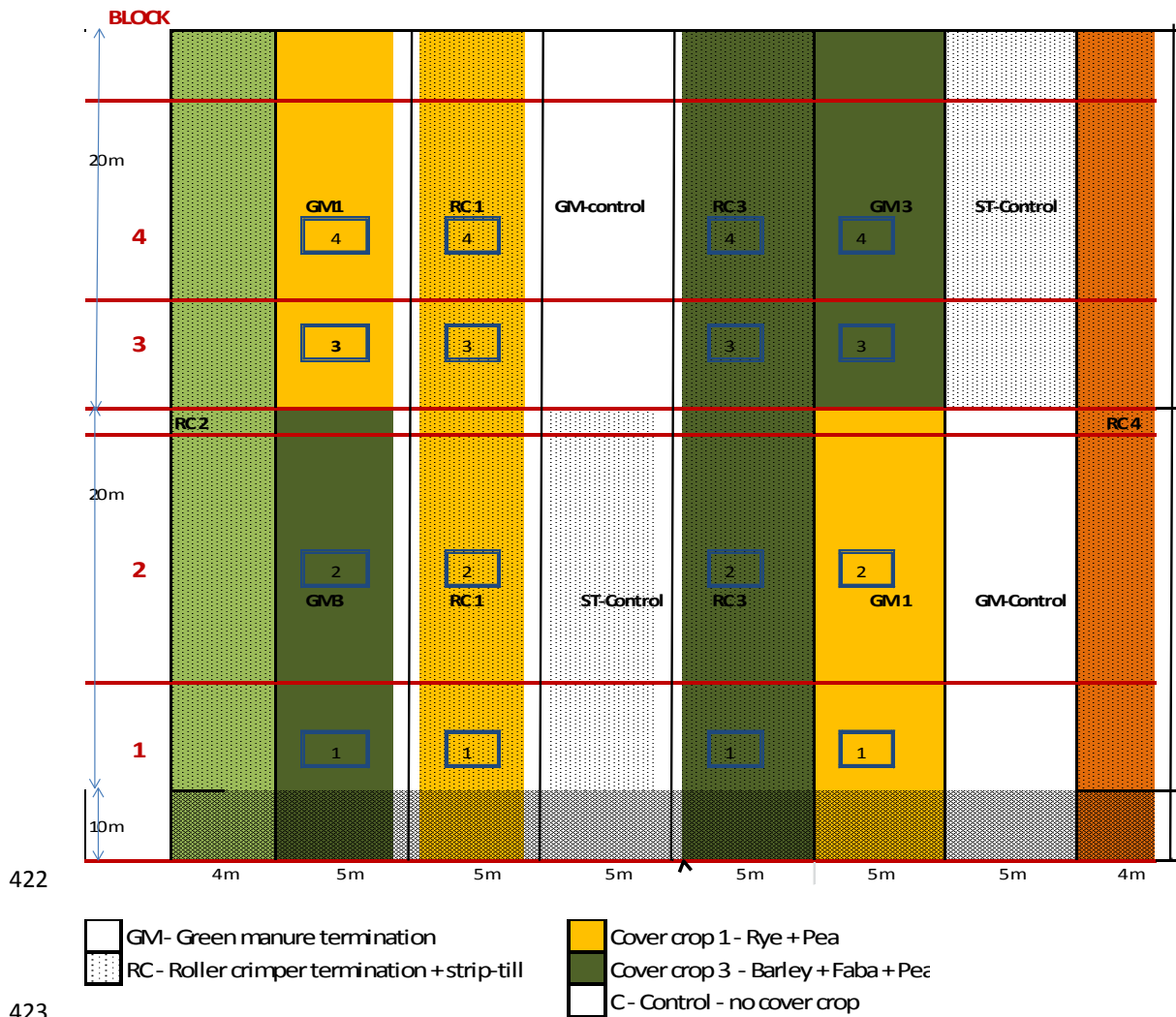


Figure 11. Second cycle (2016–2017) experimental design of the trial established at the experimental organic research centre of the Groupe de Recherche en Agriculture Biologique (GRAB) in Avignon (FR). Termination: RC - Cover crop flattened by a roller crimper + in-line tillage to create the transplanting furrows (NT-RC); and GM - Termination as a green manure by mowing, chopping, and incorporation of the cover crop into the soil (T-GM). ASC composition: ASC1 – 50 % *Secale cereale* + 50 % *Pisum sativum*; and ASC3 - 50 % *Hordeum vulgare* + 37 % *Vicia faba* + 40 % *P. sativum*. Additionally, two Control treatments maintaining the soil without plant cover (bare soil) were established: ST-control - Strip tillage before cash crop transplantation; and GM-control.

The two ASC termination strategies were: (1) cover crop flattened by a roller crimper (NT-RC) + in-line tillage to create the transplanting furrows, and (2) termination as a green manure by mowing, chopping, and incorporation of the cover crop into the soil (T-GM). The roller crimper was 2.21 m wide and weighed 600 kg. During the second cycle, four blocks of concrete (i.e. 70 kg each) were added to increase the weight of the roller to 920 kg (Picture 14). The roller crimper used in the FR trial was self-built in co-operation with *L'atelier Paysan*. During the

437 first year, the ASC species composition was: ASC1: 50 % *Secale cereale* (60 kg ha⁻¹) + 50 %
 438 *Pisum sativum* (80 kg ha⁻¹), ASC2: 30 % *S. cereale* (40 kg ha⁻¹) + 40 % *Vicia faba* (80 kg ha⁻¹) +
 439 40 % *Vicia villosa* Roth (20 kg ha⁻¹), and ASC3: 50 % *Hordeum vulgare* (50 kg ha⁻¹) + 37 % *V.*
 440 *faba* (73 kg ha⁻¹) + 40 % *P. sativum* (67 kg ha⁻¹). In the second year, only two of the previous
 441 ASC compositions were sown: ASC1 - 50 % *S. cereale* (60 kg ha⁻¹) + 50 % *P. sativum* (80 kg
 442 ha⁻¹), and ASC3 - 50 % *H. vulgare* (50 kg ha⁻¹) + 37 % *V. faba* (73 kg ha⁻¹) + 40 % *P. sativum*
 443 (67 kg ha⁻¹). Plot size was 10 × 6 m during the first year and 10 × 5 m during the second year.
 444 The cash crop was butternut squash (*Cucurbita moschata* Duchesne cv. 'Ariel').



445
 446 **Picture 14.** Machinery used for NT-RC management at the experimental organic research centre of the Groupe de
 447 Recherche en Agriculture Biologique (GRAB) in Avignon (FR). A tractor equipped with a roller crimper and an in-
 448 line tiller.

449 **Agronomic management**

450 The trial was fertilised with 2 t ha⁻¹ of organic commercial fertiliser (AB'Flor, N-P-K: 6-7-10)
 451 and 6 t ha⁻¹ of compost (with approximately 65 % green waste and 35 % horse manure). ASCs
 452 were sown on October 1st, 2015 and October 11th, 2016. ASCs were terminated on April 26th,
 453 2016 in the T-GM plots and April 28th, 2016 in the NT-RC plots, and on April 18th, 2017 in the
 454 T-GM plots, and on April 19th, 2017 in the RC3 plots and May 16th, 2017 in the RC1 plots.
 455 The butternut squash were manually transplanted on June 9th, 2016 and June 8th, 2017, with a
 456 row spacing of 2 m and a 0.5 m plant spacing (Picture 15). The cash crop plants were fertilised
 457 with commercial organic fertiliser (Dix® 9.2.2+1 MgO Italtollina). In the first year, 80 kg ha⁻¹

458 N was applied with the commercial organic fertiliser on June 6th, 2016. In the second year, 72
459 kg ha⁻¹ N was applied with the commercial organic fertiliser on May 31st, 2017 (i.e., before soil
460 tillage and cash crop transplantation) in the T-GM treatments, and localised in the strip-till lines
461 on June 6th, 2017 in the NT-RC treatments. During both years, butternut squash was irrigated by
462 drip irrigation according to crop needs.



463

464 **Picture 15.** View of the field trial during growth of the cash crop at the experimental organic research center Groupe
465 de Recherche en Agriculture Biologique (GRAB) in Avignon (FR).

466 In the first year, weeding operations were performed in the inter-rows of the T-GM1 and T-
467 GM2 plots using a rototiller on June 22nd, 2016, and manual weeding was performed three times
468 in all treatments on the 23rd of June, 12th of July and 9th of August, 2016. During the second
469 year, manual weeding was performed twice in all treatments on the 23rd of June, and 5th of July
470 2017. The cash crop was manually harvested on September 7th, 2016, and September 11th, 2017.
471 More information can be found in Navarro-Miró, Iocola, et al. (2019).

472 **Italy (IT)**

473 Both parallel field experiments Type A (FtA) and Type B (FtB) were newly established at the
474 Experimental Farm of Metaponto belonging to the Consiglio per la Ricerca in Agricoltura e
475 l'Analisi dell'Economia Agraria (CREA) in southern Italy (IT) (40° 24' N and 16° 48' E). This
476 location represented the Mediterranean North European climatic zone. In FtA, during the first
477 cycle (2015–2016), the mean annual temperature was 16.7 °C and the mean annual rainfall, 539

478 mm, and during the second cycle (2016–2017) these environmental factors were 16.5 °C and
479 402 mm, respectively. In FtB, during the first cycle (2014–2015) the mean annual temperature
480 was 16.6 °C and the mean annual rainfall, 470 mm, and during the second cycle (2015–2016),
481 these environmental factors were 16.7 °C, and 539 mm, respectively. The trial soil had a clay
482 texture and contained on average 1.1 % organic carbon content.

483 In both trials, the field experiments were not repeated on the same plots in both years and were
484 moved to an adjacent area for the second cycle. Plot size was 6 × 4 m. The two ASC
485 management strategies were: (1) roller-crimped (NT-RC) + in-line tillage to create the
486 transplanting furrows, and (2) chopped and ploughed under and incorporated into the soil by
487 milling (T-GM). The roller crimper was 2.25 m wide and weighed 550 kg and was designed and
488 constructed by Soldo Macchine Agricole (Grassano, Italy) (Picture 16). In the NT-RC plots,
489 furrows for cash crop transplanting were created by in-line tillage (Picture 16).



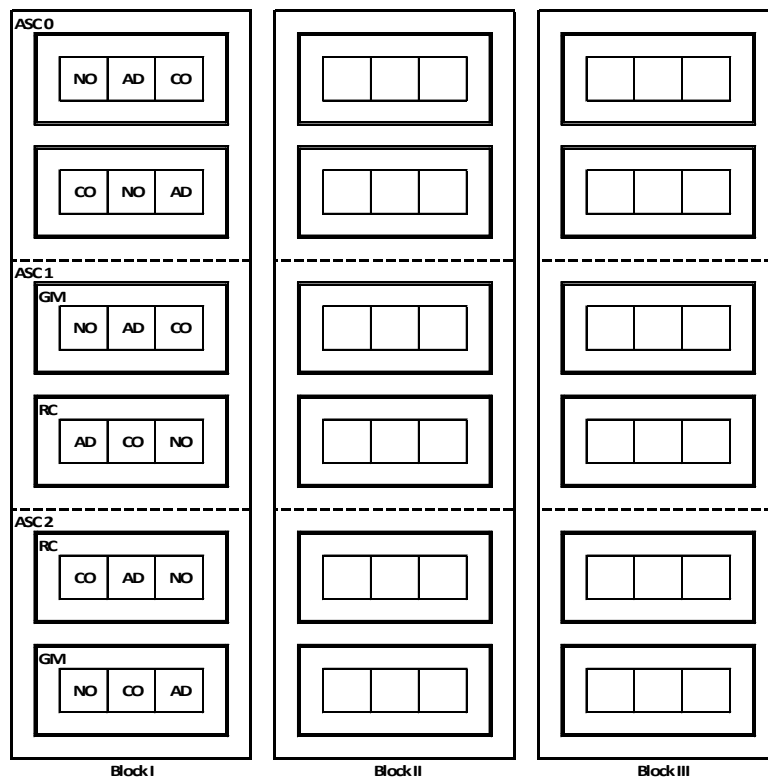
490
491 **Picture 16.** Machinery used for NT-RC management at the Experimental Farm of Metaponto belonging to the
492 Consiglio per la Ricerca in Agricoltura e l'Analisi dell'Economia Agraria (CREA) in southern Italy (IT). A tractor
493 equipped with a roller crimper and in-line tiller.

494 **Experimental design**

495 **Field experiment type A**

496 The previous crop grown in the area was fennel (*Foeniculum vulgare* Mill.). The experimental
497 layout consisted of a split-split-plot with main plots arranged as a randomised complete block
498 design, with three factors and three replications. The main plot was the ASC factor, and the

499 subplot was assigned to the ASC management strategy, and the split-plot to the fertilisation
 500 factor (Figure 12).



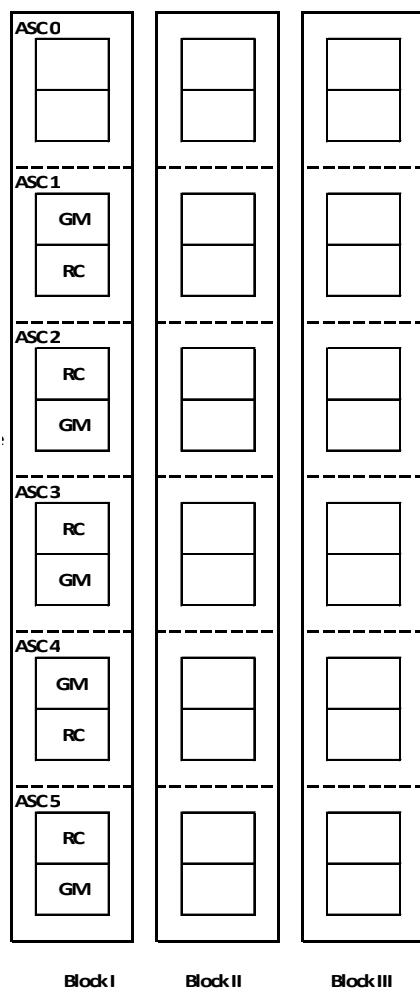
501

502 **Figure 12.** The FtA experimental design at the Experimental Farm of Metaponto belonging to the Consiglio per la
 503 Ricerca in Agricoltura e l'Analisi dell'Economia Agraria (CREA) in southern Italy (IT). Termination: RC - Roller
 504 crimper + in-line tillage to create the transplanting furrows (NT-RC); and GM - ASC chopped, ploughed under and
 505 incorporated into the soil by milling (T-GM). ASC composition: ASC0 - Control treatment maintaining the soil
 506 without plant cover (bare soil); ASC1 - 20 % *Hordeum vulgare* + 80 % *Vicia sativa*; and ASC2 - 20% *H. vulgare* +
 507 80 % *Vicia faba* var. *minor*. Fertilisation factor: NO - no fertiliser; CO - Commercial organic mineral fertiliser
 508 allowed in organic farming; and AD - Anaerobic digestate from cattle residues.

509 The ASC species composition was: ASC1 - *Hordeum vulgare* 20 % + 80 % *Vicia sativa*, and
 510 ASC2 – *H. vulgare* 20 % + 80 % *Vicia faba* var. *minor*. The fertilisation factor consisted of: (1)
 511 no fertiliser (NO), (2) commercial organic mineral fertiliser allowed in organic farming (CO),
 512 and (3) anaerobic digestate from cattle residues (AD). The cash crop was tomato
 513 (*Solanum lycopersicum* L.).

514 **Field experiment type B**

515 The previous crop was wheat (*Triticum aestivum* L.). The trial had a split-plot with the main
 516 plots arranged as a randomised complete block design, with two factors and three replications
 517 (Figure 13). The main plot was assigned to the ASC composition and the subplot to the ASC
 518 management strategy.



519

Block I

Block II

Block III

520 **Figure 13.** The FtB experimental design at the Experimental Farm of Metaponto belonging to the Consiglio per la
 521 Ricerca in Agricoltura e l'Analisi dell'Economia Agraria (CREA) in southern Italy (IT). Termination: RC - Roller
 522 crimper + in-line tillage to create the transplanting furrows (NT-RC); and GM - ASC chopped, ploughed under and
 523 incorporated into the soil by milling (T-GM). In 2015, the ASC compositions were: ASC1 – 100 % *Vigna*
 524 *unguiculata*; ASC2 - 70 % *V. unguiculata* + 30 % *Pennisetum glaucum*; ASC3 - 50 % *V. unguiculata* + 50 % *P.*
 525 *glaucum*; and ASC4 - 40 % *V. unguiculata* + 30 % *P. glaucum* + 30 % *Raphanus raphanistrum* subsp. *sativus*. In
 526 2016, the ASC compositions were: ASC1 - 100 % *V. unguiculata*; ASC2 - 100 % *Vigna radiata*; ASC3 - 100 %
 527 *Fagopyrum esculentum*; and ASC4 - 35 % *V. unguiculata* + 35 % *V. radiata* + 30 % *F. esculentum*. Additionally, a
 528 control treatment (ASC0) maintaining the soil without plant cover (bare soil) was established.

529 In 2015, ASC compositions were: ASC1 - 100 % cowpea (*Vigna unguiculata* (L.) Walp.),
530 ASC2 - 70 % cowpea + 30 % pearl millet (*Pennisetum glaucum* (L.) R.Br.), ASC3 - 50 %
531 cowpea + 50 % pearl millet, and ASC4 - 40 % cowpea + 30 % pearl millet + 30 % radish
532 (*Raphanus raphanistrum* subsp. *sativus* (L.) Domin). In 2016, ASC compositions were: ASC1 -
533 100 % cowpea, ASC2 - 100 % mung bean (*Vigna radiata* (L.) R.Wilczek), ASC3 - 100 %
534 buckwheat (*Fagopyrum esculentum* Moench), and ASC4 - 35 % cowpea + 35 % mung bean +
535 30 % buckwheat. The cash crop was cauliflower (*Brassica oleracea* var. *botrytis* L.).

536 **Agronomic management**

537 **Field experiment type A**

538 ASCs were sown on November 4th, 2015, and December 29th, 2016. Fertiliser was applied to
539 plots belonging to the fertilisation treatments on April 8th, 2016 and April 26th, 2017 as follows:
540 12 t ha⁻¹ of anaerobic digestate from cattle residues in the AD plots and 3.5 t ha⁻¹ of commercial
541 organic mineral fertiliser allowed in organic farming in the CO plots (Figure 12). In the T-GM
542 treatments, ASCs were chopped on April 8th, 2016 and April 26th, 2017 and ploughed under and
543 incorporated into the soil by milling on the 18th and 19th of April 2016 and April 28th, 2017. In
544 the NT-RC treatments, the ASCs were flattened by roller crimper on April 15th, 2016 and April
545 26th, 2017. The tomato crop was manually transplanted on April 28th, 2016 and May 5th, 2017,
546 with a row spacing of 1 m and a 0.40 m plant spacing (Picture 17). In the NT-RC system, ASC
547 re-growth was mowed twice on May 10th, and 23rd, 2016. No further weed management was
548 carried out during growth of the cash crop, whereas in the second year, inter-row weed control
549 by mowing was carried out on the 12th of July 2017. The cash crop was drip irrigated weekly.
550 The cash crop harvest was performed from July 7th to August 25th, 2016, and from July 18th to
551 August 25th, 2017.



552

553 **Picture 17.** View of the FtA trial during growth of the cash crop at the Experimental Farm of Metaponto belonging to
554 the Consiglio per la Ricerca in Agricoltura e l'Analisi dell'Economia Agraria (CREA) in southern Italy (IT).

555 **Field experiment type B**

556 ASCs were sown on April 21st, 2015 and April 19th, 2016, and were irrigated on emergence.
557 Commercial organic fertiliser (150 kg ha⁻¹ N, 450 kg ha⁻¹ P₂O₅, and 150 kg ha⁻¹ K₂O) was
558 applied just before the ASC termination, whereas in the second year, fertiliser was applied
559 during cash crop development. ASC management was carried out on July 29th, 2015, whereas in
560 the second year, the ASC was terminated by T-GM on July 27th, 2016, and by NT-RC on July
561 28th, 2016.

562 The cauliflower crop was transplanted on August 3rd in both years, with a row spacing of 1.0 m
563 and a 0.45 m plant spacing. During the first year, the NT-RC plots were mowed every two
564 weeks to reduce ASC regrowth biomass, whereas only two weeding operations were carried out
565 in the T-GM plots. During the second year, only two ASC regrowth mowing operations were
566 required, whereas no weed control was carried out in the T-GM plots. The cash crop was
567 irrigated by micro-sprinklers according to crop requirements. The cash crop harvest was
568 performed from November 23rd to December 15th, 2015, and November 28th, 2016.

569 More information about this trial can be found in Navarro-Miró et al. (2017), Navarro-Miró,
570 Iocola, et al. (2019) and Navarro-Miró, Blanco-Moreno, et al. (2019).

571 **Slovenia (SI)**

572 **Field experiment type A**

573 Experimental design

574 The field trial was newly established at the University of Maribor (Pivola), Faculty of
575 Agriculture and Life Sciences (UM), Slovenia (SI) (46° 30' N and 15° 37' E). This trial
576 represented the Alpine South European climatic zone. During the first cycle (2015–2016), the
577 mean annual temperature was 10.9 °C and the mean annual rainfall, 1,009 mm, and during the
578 second cycle (2016–2017) these environmental factors were 11.1 °C and 961 mm, respectively.

579 The trial soil had a loam texture with an average 2.66 % organic carbon content.

580 The experiment was not repeated in the same plots in both years, and was moved to an adjacent
581 area for the 2016–2017 cycle. The previous crop grown in the area was barley. The trial had a
582 split-split-plot design with plots arranged in a randomised complete block design, with three
583 factors and four repetitions (Figure 14).

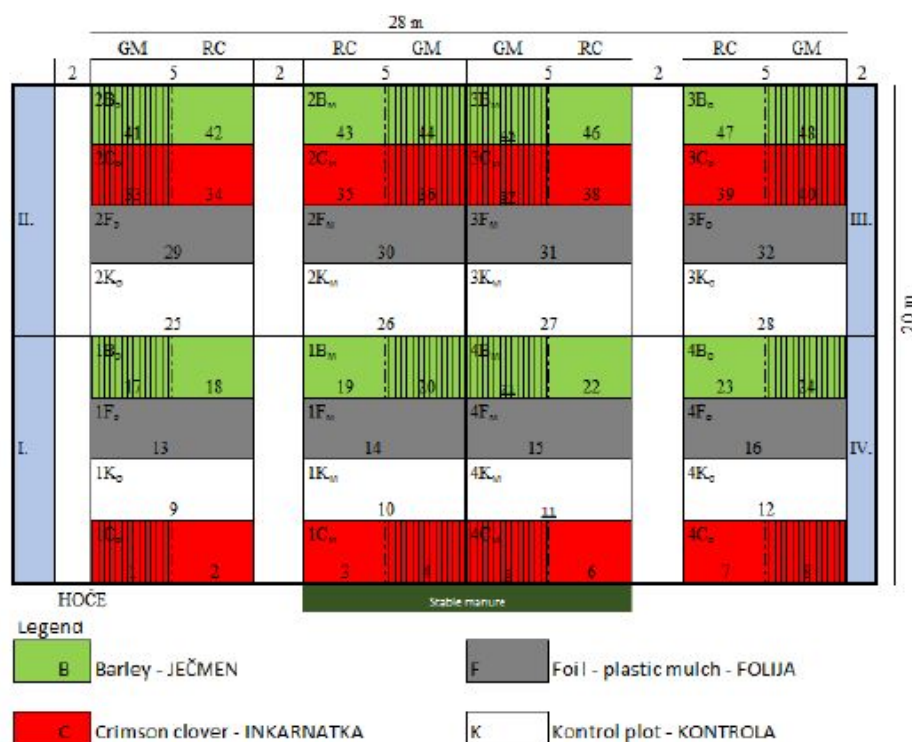


Figure 14. Experimental design of the trial established at the University of Maribor (Pivola), Faculty of

Agriculture and Life Sciences (UM), Slovenia (SI). ASC compositions were: ASC1 (green) - 100 %

Hordeum vulgare; and ASC2 (red) - 100 % *Trifolium incarnatum*; and two different controls: 1) No ASC (white) and 2) Black foil (grey). The two ASC termination strategies were: RC - ASC terminated with a roller crimper + in-line tillage (NT-RC); and GM - ASC mulched and incorporated into the soil and seedbed prepared with a rotary harrow (T-GM). Fertilisation factor: M - Application of livestock manure (30 t ha⁻¹) before sowing ASC; and O - Without manure application.

584 The ASC species composition was: 100 % *Hordeum vulgare* (220 kg ha⁻¹), ASC2: - 100 %
 585 *Trifolium incarnatum* L. (35 kg ha⁻¹), and two different controls: (1) no ASC and (2) black foil.
 586 The two ASC termination strategies were: (1) cover crop terminated with a roller crimper + in-
 587 line tillage (NT-RC), and (2) ASC mulched and incorporated into the soil and seedbed prepared
 588 with a rotary harrow (T-GM). The roller crimper was 2.5 m wide and weighed 700 kg and was
 589 created through co-operation between the Faculty of Agriculture and Life Sciences, Department
 590 of Organic Agriculture, Crops, Vegetables and Ornamental Plants and Gorenc d.o.o. from
 591 Spodnji Brnik in Slovenia (Picture 18). In the NT-RC plots, furrows for cash crop transplanting
 592 were created by in-line tillage (Picture 18). The fertilisation factor had two levels: M application

593 of livestock manure (30 t ha⁻¹) before sowing the ASCs, and O - no manure application. Plot
594 size was 2.5 × 2.5 m. The cash crop was cauliflower (*Brassica oleracea* var. *botrytis* L.).



595

596 **Picture 188.** Machinery used for NT-RC management in the trial established at the University of Maribor (Pivola),
597 Faculty of Agriculture and Life Sciences (UM), Slovenia (SI). A tractor equipped with a roller crimper and in-line
598 tiller.

599 **Agronomic management**

600 The fertilisation treatment was performed using livestock manure (30 t ha⁻¹) on August 27th,
601 2015 and on August 24th, 2016. ASC1 was sown on August 31st, 2015 and on August 25th, 2016,
602 whereas ASC2 was sown on October 26th, 2015 and October 25th, 2016. The ASCs were
603 managed in the T-GM plots on May 19th, 2016 and on May 20th, 2016 in the NT-RC plots.
604 During the second cycle, all plots were managed on May 18th, 2017.

605 The cauliflower crop was transplanted on June 3rd, 2016, and May 24th, 2017 with a row spacing
606 of 0.6 m and a 0.40 m plant spacing (Picture 19). During the cash crop cycle, all plots were
607 fertilised using commercial organic fertilisers when the cash crop was transplanted
608 (70 kg ha⁻¹ N), and during cash crop development (70 kg ha⁻¹ N). During the second year, the
609 cash crop was irrigated twice using micro-sprinklers. Weed management was performed
610 manually in all treatments. During the first cycle, three weeding operations were carried out in
611 the T-GM and control plots on June 29th, 2016, July 19th, 2016, and August 11th, 2016. In the
612 NT-RC plots, only one operation was required (August 12th, 2016). During the second cycle,
613 four weeding operations were carried out in the T-GM and control plots (June 19th, 2017, July

614 5th, 2017, July 26th, 2017, and August 17th, 2017), whereas in the NT-RC plots, two operations
615 were required (July 5th, 2017 and August 9th, 2017). The cash crop harvest was performed on
616 September 29th, 2016 and September 5th, 2017.



617

618 **Picture 19.** The cauliflower cash crop in the trial was established at the University of Maribor (Pivola), Faculty of
619 Agriculture and Life Sciences (UM), Slovenia (SI).

620 More information can be found in Bavec, Robačar, Bavec, et al. (2017), Bavec, Robačar, Lisec,
621 et al. (2017) and Navarro-Miró, Blanco-Moreno, et al. (2019).

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674

1 **Appendix S2.** Details of sampling procedures for Carabidae, Staphylinidae and Araneae, N
2 leaching, beta-glucosidase, marketable yield and cash crop quality carried out in each trial.
3

4 **1. Carabidae, Staphylinidae and Araneae trapping methodology**

5 The activity densities of the Carabidae, Staphylinidae and Araneae were assessed using pit-fall
6 traps.
7

8 **Belgium - Research Institute for Agriculture, Fisheries and Food (BE-ILVO)**

9 **Field experiment type A**

10 The pit-fall traps were placed in the middle of each sub-plot to avoid interference between
11 treatments. Pit-fall traps contained diluted formaldehyde. All traps were emptied every two
12 weeks over a five-month period, starting two weeks after the cabbage was planted and
13 continuing until just before harvesting. After collection, arthropods were conserved in alcohol in
14 the laboratory at room temperature until determination.

15 **Denmark (DK)**

16 **Field experiment type A**

17 The pit-fall station consisted of two pit-fall traps connected with a 10-cm-wide and 1-m- long
18 metal barrier. In both years, two sampling periods (from August–October) of 14 days each were
19 carried out. Pit-fall traps were filled with propylenglycol (40 %). After collection, biological
20 material was rinsed and stored in 70 % alcohol until determination.

21 **Italy (IT)**

22 **Field experiment type A and type B**

23 Each trap consisted of two collecting cups (600 mL; 10-cm diameter) connected by a 10-cm-
24 high and 1-m-long Plexiglas barrier. Cups were filled with 40 % aqueous solution of propylene
25 glycol as a killing and preservative agent.

26 In FtA, traps were active for seven out of 21 days from early June to late July in 2016 and 2017.
27 Trapped arthropods were collected four times.

28 In FtB, traps were continuously active for the whole growing season, i.e. from early September
29 to the end of December in 2015 and 2016. Traps were checked every three weeks and
30 arthropods were collected four times.

31 **Slovenia (SI)**

32 **Field experiment type A**

33 The pit-fall station consisted of two pit-fall traps connected by a 10-cm-wide and 1-m- long
34 metal barrier. In the first year, five sampling periods (end of June to end of August) of two
35 weeks each were performed. In the second year, there were six sampling periods (beginning of
36 June to end of August) of two weeks each with the exception of the first sampling after 15 days.
37 Pit-fall traps were filled with propylenglycol (40 %). After collection, biological material was
38 rinsed and stored in 70 % alcohol and checked and identified in the laboratory.

39 **Spain (ES)**

40 **Field experiment type B**

41 In Spain, we only studied the activity density of spiders in the FtB trial. The pit-fall station
42 consisted of two pit-fall traps connected by a 10-cm-wide and 1-m-long plexiglas barrier. In the
43 first year, eight sampling periods (from August to December) of 13–18 days each were carried
44 out. In the second year, we carried out seven sampling periods (from September to December)
45 of 12–22 days. Pit-fall traps were filled with propylenglycol (40 %). After collection, biological
46 material was rinsed and stored in 70 % alcohol and checked and identified in the laboratory.

47

48 **2. Beta-glucosidase**

49 The effect of the ASC management on soil quality was assessed using beta-glucosidase enzyme
50 activity as an indicator.

51

52 Belgium - INAGRO (BE-INAGRO)**53 Field experiment type A**

54 The activity of beta-glucosidase was assessed using the method described in Alef and
55 Nannipieri, (1995). In short, 4 ml of modified universal buffer (pH 6.0) and 1 ml of 25 mM p-
56 nitrophenyl- β -D-glucospyranoside solution was added to one gram of the pre-incubated moist
57 soil. The soil suspensions were incubated for 1 h at 37 °C. After incubation, 1 ml of CaCl₂ and 4
58 ml of Tris buffer (pH 12.0) were added. If needed, soil suspensions were diluted twice with Tris
59 buffer (pH 10.0) to make the filtrates fit the range of the p-nitrophenol standard series. The
60 colour intensity of the filtrates and standard series was measured at 400 nm with a Cary 50 UV-
61 Visible spectrophotometer (Varian Inc., Palo Alto, United States).

62 Denmark (DK)**63 Field experiment type A**

64 Beta-glucosidase activity was measured by adding 1 ml of 25 mM p-nitrophenyl- β -D-glucoside
65 solution and 4 ml of modified universal buffer to two technical replicates of 1 g of sieved soil
66 (fresh weight). The samples were incubated at 37 °C for 1 h. P-nitrophenyl- β -D-glucoside
67 solution was added to the control samples after incubation. Subsequently, 1 ml of 0.5 M CaCl₂
68 and 4 ml of Tris-buffer pH 12 were added to the samples, which were then filtered immediately
69 using Whatman n°. 5 papers. Released p-nitrophenol in the extract was determined by
70 measurement of the optical density with a Varian Cary 50 spectrophotometer at 400 nm. Beta-
71 glucosidase activity was determined as the difference between experimental and control
72 samples.

73 Italy (IT)**74 Field experiment type A**

75 The activity of beta-glucosidase was determined by a heteromolecular exchange procedure
76 described by Fornasier and Margon (2007).

77

78 **3. N leaching**

79 The nitrogen leaching potential (N leaching) was measured using as an indicator the soil mineral
80 nitrogen at harvest of the cash crop (Hutchings & Kristensen, 1995).

81

82 **Belgium - Walloon Agricultural Research Center (BE-CRA-W)**

83 **Field experiment type A**

84 The mineral nitrogen content was assessed using a soil depth of 0.3 m because the dry weather
85 did not allow us to sample more deeply. Six samples were collected per plot area and mixed into
86 one composite sample. Soil mineral nitrogen, measured when the cash crop was harvested, was
87 extracted by 0.5 M KCl (1:5, w/v) and measured by continual flow colourimetry according to
88 QuickChem® Method 12-107-06-3-B and QuickChem® Method 12-107-04-1-B for $\text{NH}_4^+\text{-N}$
89 and $\text{NO}_3^-\text{-N}$, respectively.

90 **Belgium - INAGRO (BE-INAGRO)**

91 **Field experiment type A**

92 Soils were sampled with a hand-driven auger with a 13-mm inner diameter to depths of 0–0.3
93 m, 0.3–0.6 m and 0.6–0.9 m. Four subsamples were taken per plot and combined into one
94 composite sample per soil layer. Soil N_{min} was determined by the extraction of nitrate and
95 ammonium in 1-M KCl for 1 h and by analysis of the supernatant using standard colourimetry.

96 **Denmark (DK)**

97 **Field experiment type A**

98 Soil samples for N leaching were taken to a depth of 2.5 m in November. Ten sub-samples were
99 randomly taken in each subplot by a machine-driven soil piston auger with a 14-mm inner-
100 diameter at depths of 0–0.25 m, 0.25–0.5 m, 0.5–1 m, 1–1.5 m, 1.5–2 m and 2–2.5 m and then
101 mixed into a composite sample for each depth. Soil samples were frozen until mineral N
102 analysis. After thawing, the subsamples (each 100 g fresh weight) were extracted in 1-M KCl
103 for 1 h (1 soil: 2 solution). The soil extract was centrifuged and the supernatant was subjected to

104 NH_4^+ and NO_3^- analyses using standard colorimetric methods with an AutoAnalyzer 3
105 (Bran+Luebbe, Germany).

106 **Estonia (EE)**

107 **Field experiment type A**

108 For soil mineral nitrogen, measured when the cash crops were harvested, four subsamples were
109 taken per plot and mixed into one composite sample. Soil N_{min} was determined by the extraction
110 of nitrate and ammonium in 2-M KCl (1:10, w/v) for 1 h and by analysis of the supernatant
111 using standard colourimetry. The analysis of the supernatant was performed twice to control for
112 intra-laboratory variability.

113 **Italy (IT)**

114 **Field experiment type A**

115 Soil mineral nitrogen, measured when the cash crop was harvested, was extracted in 2-M KCl
116 (1:10, w/v) and measured using continual flow colourimetry according to Krom (1980) and
117 Henriksen and Selmer-Olsen (1970) for NH_4^+ -N and NO_3^- -N, respectively. All the soil
118 laboratory tests were carried out in triplicate to control for intra-laboratory variability.

119

120 **4. Marketable yield**

121 The indicator of the cash crop marketable yield was assessed using the dry biomass of the
122 marketable yield of the cash crop.

123

124 **Belgium - Walloon Agricultural Research Center (BE-CRA-W)**

125 **Field experiment type A**

126 The cabbage marketable yield was estimated on two days (October 25th and 26th, 2017) by
127 evaluating 21 cabbages per plot selected in the centre of the plot along three central lines. The
128 marketable heads was assessed by measuring the dry matter (t ha^{-1} ; 60 °C until constant weight).

129 The minimum diameter of the cabbage head considered as marketable was 130 mm.

130 **Belgium - INAGRO (BE-INAGRO)**

131 **Field experiment type A**

132 Cabbage yield at harvest was obtained by hand-harvesting two rows \times 2 m. Plant samples were
133 divided into marketable yield; crop residues and fresh and dry weights were calculated.

134 **Denmark (DK)**

135 **Field experiment type A**

136 Cabbage marketable yield was assessed by harvesting 16–18 plants (two crop rows \times 4.5 m) per
137 plot at harvest (October).

138 **Estonia (EE)**

139 **Field experiment type A**

140 In both years, we estimated the cabbage marketable yield by sampling five randomly chosen
141 plants per plot.

142 **Spain (ES)**

143 **Field experiment type A**

144 In the first year, we estimated the pepper marketable yield by analysing eight random plants per
145 plot during twelve weekly samplings. In the second year, we assessed five random plants per
146 plot during five biweekly samplings. In both years, we calculated the accumulated yield per
147 plot.

148 **Field experiment type B**

149 In both years, we estimated the cabbage marketable yield by assessing five randomly chosen
150 plants per plot.

151 **France (FR)**

152 **Field experiment type A**

153 In both years, we measured the yields of 10 plants per plot \times 4 plots per treatment.

154 **Italy (IT)**

155 **Field experiment type A**

156 At harvest, in the first year, tomatoes were collected from three randomly selected plants (in the
157 centre of the rows in each elementary plot) at three different times in July and August 2016, and
158 marketable and total yields (t ha^{-1}) were recorded. In the second year, tomatoes were collected
159 from three different plants at four different times in July and August 2017, and marketable and
160 total yields (t ha^{-1}) were recorded.

161 **Field experiment type B**

162 At harvest, in both years, cauliflower heads were collected from three randomly selected plants
163 (in the centre of the rows in each elementary plot), and marketable and total yields (t ha^{-1}) were
164 calculated.

165

166 **5. Cash crop quality**

167 The cash crop quality indicator included different measurements of the marketable parameters
168 of the cash crop depending on the crop and trial.

169

170 **Belgium - Walloon Agricultural Research Center (BE-CRA-W)**

171 **Field experiment type A**

172 To assess the marketable yield, the cash crop quality was estimated measuring the head
173 diameter (mm) of 21 cabbages collected from the centre of the selected plot. The minimum head
174 diameter considered as marketable was 130 mm.

175 **Estonia (EE)**

176 **Field experiment type A**

177 In both years, cabbage quality was assessed by measuring the head diameter of five randomly
178 chosen plants per plot.

179 **Spain (ES)**

180 **Field experiment type A**

181 In the first year, we estimated the cash crop quality by measuring the length of each pepper
182 when harvesting of eight random plants per plot in twelve weekly samplings. In the second year,
183 we used the same procedure, except that we chose five plants at random per plot and five
184 biweekly samplings.

185 **Field experiment type B**

186 In both years, cabbage quality was assessed by measuring the head diameter of five randomly
187 chosen plants per plot.

188 **France (FR)**

189 **Field experiment type A**

190 The cash crop quality of butternut squash was measured by calculating the average weight of
191 the fruit.

192 **Italy (IT)**

193 **Field experiment type A**

194 At harvest, in both years, tomato quality was assessed by measuring the total soluble solids
195 (refractometric index, °Brix) of the fruits.

196 **Field experiment type B**

197 At harvest, in both years, cauliflower head quality was assessed by measuring the dry matter
198 weight ($t\ ha^{-1}$; 70 °C until constant weight) of marketable heads.

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1 **Appendix S3.** Minimum and maximum value of each variable in each trial.

2 This Appendix shows the minimum and maximum value of each variable in each trial. Our study compared the no-till roller crimping (NT-RC) and tilling as green manure (T-
3 GM) of agroecological service crop (ASC) management strategies. We combined results from 11 organic arable vegetable field trials located in Belgium (BE), Denmark (DK),
4 Estonia (EE), France (FR), Italy (IT), Slovenia (SI), and Spain (ES). In BE, three different trials were set up across the country (BE-ILVO, BE INAGRO, and BE-CRA-W). Two
5 parallel field experiment types were carried out: FtA - Spring-summer cash crop and FtB- Autumn-winter cash crop.

Country	Trial	Termination	Ecological indicators			Environmental indicators			Agronomic indicators			
			Carabidae AD	Staphylinidae AD	Araneae AD	PRE-EUE	N leaching	Beta-glucosidase	Weed density	Marketable yield	Cash crop quality	M-EUE
BE-CRA-W	FtA	T-GM					4.8 - 8.2		1 - 4	0 - 0.9	59.5 - 144.3	
		NT-RC					5.1 - 9		0 - 5	0 - 0	40.8 - 109	
BE-ILVO	FtA	T-GM	2.2 - 9	0.1 - 1.4		0.03 - 0.03						0.54 - 1.22
		NT-RC	1.8 - 14.2	0.2 - 1.3		0.05 - 0.08						0 - 0.54
BE-INAGRO	FtA	T-GM					7.7 - 27.8	67 - 236.4		3.4 - 5.4		
		NT-RC					6.4 - 32.6	75.9 - 186.3		0 - 4.3		
DK	FtA	T-GM	0.3 - 41.5	0 - 4.5		0.05 - 0.14	5.1 - 20.9	86.5 - 116.9	309 - 1498	0 - 6.6		0 - 2.56
		NT-RC	6.3 - 55.5	0 - 2.5		0.04 - 0.14	7.4 - 21.9	77.1 - 123.9	89 - 665	0 - 6.1		0 - 2.49
EE	FtA	T-GM				0.04 - 0.16	8.6 - 19.5		108 - 341	0 - 1.1	582.6 - 777.9	0 - 0.58
		NT-RC				0.06 - 0.14	5.8 - 22.5		31 - 101	0 - 0.5	461.6 - 765.2	0 - 0.22
ES	FtA	T-GM				0.13 - 0.18			95 - 1090	2.2 - 3.7	17.1 - 20	0.7 - 1.05
		NT-RC				0.1 - 0.21			0 - 605	2.5 - 4.2	15 - 22	0.81 - 1.31
ES	FtB	T-GM			10.8 - 23.6	0.04 - 0.14			110 - 1440	0.3 - 3.5	5 - 18.2	0.07 - 0.96
		NT-RC			10.8 - 31.8	0.05 - 0.18			10 - 2585	0 - 3.5	6.5 - 17.6	0 - 0.81
FR	FtA	T-GM				0.06 - 0.12			44 - 1078	2.9 - 5.3	1 - 1.5	1.19 - 2.32
		NT-RC				0.08 - 0.16			8.5 - 164	1.3 - 3.2	0.9 - 1.3	0.65 - 1.68
IT	FtA	T-GM	0 - 12.7	0 - 3.7	0 - 52.2	0.04 - 0.14	0.5 - 44.4	0.9 - 4.6	4 - 124	0.6 - 5.5	3.6 - 6	0.18 - 2.48
		NT-RC	0 - 25.2	0 - 5.2	0.7 - 22.5	0.04 - 0.13	2.4 - 36.9	1.4 - 4.9	4 - 146	1 - 10.9	3.8 - 5.8	0.48 - 3.91
IT	FtB	T-GM	2.1 - 42.7	0.7 - 14.9	3 - 20.7	0.06 - 0.17			24 - 220	0.3 - 1.9	7.4 - 13.7	0.17 - 1.06
		NT-RC	18.3 - 45.3	0.7 - 23.4	3.8 - 23.8	0.05 - 0.15			64 - 339.2	0 - 1.5	6.7 - 14.8	0 - 0.96
SI	FtA	T-GM	8.9 - 91.9	0.3 - 10	20.3 - 55				74 - 880			
		NT-RC	7 - 42.9	0.1 - 8.8	10.9 - 43.1				16 - 352			

6 Ecological indicators (Carabidae AD, Staphylinidae AD, Araneae AD) (individuals per 7 days); Environmental indicators: PRE-EUE: energy-use efficiency using the potentially recyclable
7 energy as the output of the cropping system; N leaching: nitrogen leaching potential (BE-CRA-W: kg N ha⁻¹; BE-INAGRO, DK, EE and IT: mg N kg⁻¹); Beta-glucosidase (BE-INAGRO and

8 DK: $\mu\text{g PNP g}^{-1} \text{ h}^{-1}$; IT: $\text{nmol 4-MUF g}^{-1} \text{ h}^{-1}$). Agronomic indicators: Weed density (individuals m^{-2}); Marketable yield (t ha^{-1}); Cash crop quality (cash crop quality indicator included
9 different measurements of the cash crop's marketable parameters, given in Appendix 2); M-EUE: Energy-use efficiency using the marketable yield as the output of the cropping system.