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Periarticular histiocytic sarcoma with heart metastasis in a cat

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1	Clinical report
2	Periarticular histiocytic sarcoma with heart metastasis in a cat
3	
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13 Case Description

- 14 A 4-year-old intact female domestic short-haired cat was referred for
- 15 recommendations on adjuvant medical treatment one month after left forelimb
- 16 amputation due to periarticular histiocytic sarcoma (HS).

17 Clinical Findings

At presentation, physical abnormalities were limited to enlarged ipsilateral superficial
 cervical and axillary lymph nodes. Routine blood analysis, abdominal ultrasound and
 thoracic radiology were unremarkable.

21 Treatment and Outcome

- The cat initially received lomustine, without any occurrence of adverse events. Four weeks later, the cat developed severe acute respiratory distress. Results of thoracic radiographs and transthoracic echocardiographic were suggestive of pulmonary and
- 25 heart metastasis. Due to the cat's poor clinical condition and prognosis, the owner
- 26 elected euthanasia and a necropsy was performed. Based on gross pathology,
- histopathology and immunohistochemistry, a HS with nodal, renal, pulmonary and
- 28 heart (right auricular and right ventricular) metastasis was diagnosed.

29 Clinical Relevance

- 30 This case represents the first description of HS with heart metastasis in a cat,
- 31 providing further insight into the clinical course and metastatic behavior of this rare
- 32 malignant neoplasia. Clinicians should be aware of this site of metastasis and
- 33 consider HS in the list of differential diagnoses of secondary heart tumors in cats.

34 Abbreviations list

- 35 HS histiocytic sarcoma
- 36 LN lymph node
- 37

38 A 4-year old 4.7-kg (10.4-lb) intact female domestic short-haired cat with a 39 history of left forelimb amputation due to periarticular histiocytic sarcoma (HS) was 40 referred to the Oncology Unit of the University of Bologna. Seven months prior to referral, the cat had been evaluated by the referring veterinarian for a 1-month history 41 42 of grade 3 left forelimb lameness. Initially the cat had been treated with oral 43 meloxicam^a (0.05 mg/kg [0.02 mg/lb], g 24 h, for 1 weeks) and exercise restriction. 44 Despite an initial clinical improvement, lameness recurred and a mild soft tissue 45 swelling of the left distal radioulnar joint developed within a few weeks. Regrettably, 46 the travel restrictions due to the Coronavirus pandemic delayed the consultation with 47 an oncologist. The cat was reevaluated by the referring veterinarian only 5 months 48 after the first presentation. At that time, initial diagnostic tests included a left forelimb 49 radiograph (latero-medial view), 3-view thoracic radiographs, an abdominal 50 ultrasound, and routine blood analysis (complete blood count, serum biochemistry, 51 and clotting profile). Forelimb radiography revealed severe permeative lysis of the 52 carpal bones extending across the joint space to the distal radial and ulnar epiphysis and diaphysis, as well as to the first metacarpal bone. Destruction of both medullary 53 54 and cortical bone was evidenced at these sites with an ill-defined transition zone, along with moderate adjacent soft tissue swelling. The rest of the diagnostic 55 56 procedures were unremarkable. Due to suspected neoplastic disease, a core biopsy of the bone lesion was submitted for histopathological evaluation. Microscopic 57 58 examination revealed a small aggregate of highly pleomorphic neoplastic cells

59 infiltrating trabecular bone, without any evidence of osteoid matrix. Given the above, 60 a diagnosis of undifferentiated sarcoma was made, leading to the amputation of the left forelimb and ipsilateral prescapular lymphadenectomy. Subsequent histologic 61 62 examination of the resected forelimb revealed complete bone effacement and 63 infiltration of the surrounding soft tissues by a highly cellular and infiltrative neoplasm 64 composed of solid areas and bundles of round to spindle cells (diameter 40 µm) with 65 indistinct cell borders, oval nuclei and a moderate amount of eosinophilic cytoplasm. 66 Multinucleated giant cells occurred frequently. Mitoses averaged 3 per hpf. A 67 moderate amount of slightly eosinophilic amorphous matrix was admixed to 68 neoplastic cells, and severe osteolysis and bone remodeling was present. The 69 prescapular lymph node (LN) was severely infiltrated by the same cell population. 70 Immunohistochemistry with Iba-1 antibody revealed a diffuse positivity of neoplastic 71 cells. Based on these findings, a diagnosis of histiocytic sarcoma (HS) with regional 72 LN metastasis was made. The cat recovered uneventfully, and was referred to our 73 institution for further recommendations on adjuvant medical treatment 1 month after 74 surgery.

75 At presentation, abnormal physical exam findings were limited to enlarged left 76 superficial cervical and axillary LNs. A fine-needle aspiration of both LNs was 77 obtained. The smears were highly cellular, with numerous single or aggregated round cells, having a diameter up to 30 µm, admixed with resident lymphocytes. Cells had 78 79 large indented nuclei and abundant blueish cytoplasm containing numerous small 80 vacuoles. Many nucleated giant cells and mitotic figures were observed (Figure 1). 81 Additionally, complete blood cell count, serum biochemistry, serological tests for FIV and FeLV viruses were unremarkable. To rule out distant metastasis, 3-view thoracic 82 83 radiographs and abdominal ultrasound were repeated, revealing no abnormalities.

84 Lymphadenectomy of both affected metastatic LNs and adjuvant chemotherapy with 85 lomustine were recommended. However, the owner declined further surgery due to financial restrictions. At that time, lomustine^b was administered orally (45 mg/m²) 86 87 without any occurrence of adverse events. At the following recheck, occurring 4 88 weeks after the first dosing, the cat appeared dyspneic and tachypnoic (60 89 breaths/minute). Moreover, the left superficial cervical and left axillary LNS were 90 markedly increased in size compared to the prior evaluation. Given the clinical 91 worsening, thoracic radiography was repeated revealing a complex lung pattern, 92 consisting of mixed bronchial and interstitial unstructured with thick peribronchial 93 cuffing, causing a diffuse severe increase of the lung opacity. Mild bilateral pleural 94 effusion was also present. The cardiac silhouette was interpreted as subjectively 95 enlarged (Figure 2). Differential diagnoses included disseminated pulmonary 96 metastases or, less likely, an atypical presentation of congestive heart failure. 97 Accordingly, a cardiac consultation was requested. On 2-D echocardiography, mild 98 pericardial and pleural effusion were evident. Moreover, a large (12 x 6 mm) 99 homogenous, hyperechoic structure protruding from the right auricle into the right 100 atrium was visualized (Figure 3). Additionally, the right ventricle was mildly dilated 101 and hypokinetic (end-diastolic and end-systolic diameters 11.5 mm and 9.5 mm, 102 respectively; tricuspid annular plane systolic excursion 4 mm), and its free wall 103 appeared heterogeneously hyperechoic. The rest of the echocardiographic 104 examination was considered normal. Based on the patient's medical history, the 105 echocardiographic abnormalities were primarily interpreted as metastatic lesions. 106 Due to the cat's poor clinical conditions and prognosis, the owners elected 107 euthanasia and gave consent to a post-mortem examination (Figure 4). On gross 108 examination, ipsilateral superficial cervical and axillary LNs were markedly increased

109 in size, and a moderate amount of serous exudate filled the thoracic cavity. Lungs 110 showed bilateral multifocal to coalescing, flattened white areas. On cardiac 111 inspection, the right auricle was enlarged and its wall was thickened. On right 112 auricular section, the parenchyma was completely infiltrated by multifocal-to-113 coalescing greyish tissue and a focal white protruding lesion of 1 mm was present in 114 the right ventricular free wall. Both kidneys showed multifocal 1 mm white foci. All the 115 lesions observed macroscopically corresponded microscopically to tissue infiltration 116 by the same tumor cells previously described. The same tumor cells were identified 117 within the pleural effusion sediment (Figure 5). Immunohistochemistry revealed 118 diffuse positivity of neoplastic cells for anti-CD18 and Iba-1 antibodies, whereas there 119 was no Cad-E immunostaining. Based on these results, a diagnosis of HS with LNs, 120 renal, pulmonary and heart metastasis was made.

121

122 Discussion

123 Histiocytic proliferative disorders are uncommon in cats and include HS 124 (i.e., localized and disseminated), hemophagocytic HS, feline progressive histiocytosis and feline pulmonary Langerhans' cell histiocytosis.^{1,2} Histiocytic 125 126 sarcomas are rare, malignant and aggressive neoplasms which carry a poor 127 prognosis in cats.¹⁻¹⁵ Histiocytic sarcomas originating at a single tissue site or in a single organ (with solitary or multiple foci) are referred to localized HS.¹⁻² In cats, 128 129 reported primary sites include the nasal cavity, eye, spleen, brain, trachea, mediastinum, femur, tarsus, skin, periarticular tissues and vertebral canal.⁴⁻¹⁴ 130 131 Interestingly, in the present case HS appeared to arise originally from the left forelimb 132 involving metacarpal, carpal, radial and ulnar bones. In cats, localized HS typically 133 progresses rapidly. Once the lesions spread beyond the local draining LN, the

disease acquires the definition of disseminated HS.¹⁻² Reported metastatic sites of 134 135 feline HS include lungs, liver, skin, bone marrow, LNs (peripheral, intra-abdominal and thoracic), brain, and kidney.^{7-9,11,13,15} Heart metastasis have not been previously 136 reported. Even in other species, secondary cardiac involvement from HS represents 137 138 an exceptionally unusual condition, with only a few case reports published in dogs¹⁶⁻ ¹⁹ and humans.²⁰⁻²² Accordingly, this report appears to be unique since it documents 139 140 for the first time a HS affecting the heart of a cat. Another intriguing finding was the 141 specific location within the heart tissue, namely the right auricle and right ventricular free wall. Indeed, in cats, primary and secondary cardiac tumors (i.e., carcinoma, 142 143 lymphoma, hemangiosarcoma, osteosarcoma) have been predominantly identified in the interventricular septum, left ventricular free wall and pericardium.²³⁻²⁵ In contrast, 144 145 no previous reports describe a concomitant right auricular and right ventricular 146 neoplasia in the feline species.

147 The histopathologic appearance of the neoplastic cells was consistent with the 148 histiocytic lineage. Additional immunohistochemistry with ionized calcium-binding 149 adapter molecule 1(lba-1; a marker for cells of histiocytic lineage)²⁶, CD18 (a 150 leukocyte marker, including histiocytes)², and E-cadherin (a marker of Langerhans cells)² was performed to further characterize this tumor, to confirm the histiocytic 151 152 origin of the neoplastic cells and to rule out feline pulmonary Langerhans' cell 153 histiocytosis. Neoplastic cells expressed Iba-1 and CD18, whereas they did not stain 154 with E-cadherin. Thus, feline pulmonary Langerhans' cell histiocytosis was excluded. 155 Based on the clinical presentation (i.e., absence of solitary or multiple skin nodules), 156 feline progressive histiocytosis was considered unlikely. Based on the clinical, 157 histopathologic, and immunohistochemical findings in this case, a diagnosis of HS 158 with distant metastasis was made.

159 Chemotherapy was considered to be the best adjuvant treatment in the 160 present case. Lomustine has shown efficacy against HS in dogs, with a response 161 rate ranging from 29% to 46%.²⁷ In light of this, lomustine was administered to the cat at a dose of 45 mg/m² orally one month after amputation. Chemotherapy was well 162 tolerated. Unfortunately, progressive disease was observed 4 weeks following 163 164 lomustine administration, and the cat died 7 weeks after surgery. While dogs with 165 localized HS receiving a multimodal treatment consisting of surgery and 166 chemotherapy may live longer than one year,²⁸⁻³⁰ adjuvant lomustine did not provide any survival benefit in this cat. Currently feline HS has a poor prognosis and 167 diagnosis often leads to euthanasia.⁴⁻¹⁴ Further studies are required to determine 168 169 effective treatments for feline HS.

In conclusion, the present case represents the first description of HS with heart metastasis in a cat, providing further insight into the clinical course and metastatic behavior of this rare malignant neoplasia. Clinicians should be aware of this site of metastasis and add HS to the list of differential diagnoses of secondary heart tumors in cats. Furthermore, this report further highlights that the site of cardiac metastasis of feline tumors is not limited to the ventricular myocardium and pericardium, but also to the right auricle and the right ventricle.

177

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182

183 Footnotes

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- 185 b. CeeNU, Bristol-Myers Squibb, Baar, Switzerland

186

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264 Figure legends

265

Figure 1— Fine-needle aspirate from <u>affected metastatic</u> axillary lymph node. Cells with indented and multiple nuclei are admixed with the resident lymphoid population. <u>May Grunwald-Giemsa, x40 objective.</u>

269

Figure 2— Right lateral radiographic projection of the thorax showing a severe diffuse peribronchial interstitial pattern. There is also soft tissue opacity within the pleural space associated with pleural retraction, consistent with pleural effusion.

273

Figure 3— Two-dimensional transthoracic echocardiographic images. Right 274 275 parasternal long axis four-chamber (A) and five-chamber (B) views, left parasternal 276 oblique view optimized for right auricle visualization (C). All views show mild 277 pericardial (asterisks) and pleural (section indicators) effusion, and a hyperechoic 278 structure within the right auricle (white stars). The mass invades the right auricular 279 lumber and protrudes into the right atrium (white dotted lines highlight the mass size 280 and location). Ao = Aorta. LA = left atrium. LV = Left ventricle. RA = Right atrium. RV 281 = Right ventricle.

282

Figure 4— Lungs with a mottled appearance due to multifocal to coalescing greyish metastatic lesions (A). The wall of the right auricle is markedly expanded by a neoplastic proliferation (black arrow) and a focal white protruding lesion of 1 mm was present in the right ventricular free wall (white arrow) (B). Histologic evaluation of the right auricle. Myocardiocytes are separated and massively infiltrated by round to spindle neoplastic cells; many mitotic figures are observed (H&E stain; bar = 50 µm)

- 289 (C). Immunohistochemistry (Iba-1) of the right auricle. Variable cytoplasmic positivity
- of the neoplastic cells (DAB stain and hematoxylin counterstain; bar = 50 μ m) (D).
- 291
- 292 Figure 5— Pleural effusion, smear from sediment. Aggregates of round cells with
- 293 marked anisocytosis and anisokaryosis, multiple nuclei and mitoses are admixed with
- 294 rare mesothelial cells. May Grunwald-Giemsa, x40 objective.

295