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It's elemental, my dear watson: Validating seasonal patterns in otolith chemical chronologies

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Title: It's elemental, my dear Watson: validating seasonal patterns in otolith chemical
 chronologies
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28 Abstract

Accurate age data is essential for reliable fish stock assessment. Yet many stocks suffer from 29 inconsistencies in age interpretation. A new approach to obtain age makes use of the chemical 30 composition of otoliths. This study validates the periodicity of recurrent patterns in ²⁵Mg, ³¹P, ³⁴K, 31 ⁵⁵Mn, ⁶³Cu, ⁶⁴Zn, ⁶⁶Zn, ⁸⁵Rb, ⁸⁸Sr, ¹³⁸Ba, and ²⁰⁸Pb in Baltic cod (*Gadus morhua*) otoliths from 32 tag-recapture and known-age samples. Otolith P concentrations showed the highest consistency in 33 seasonality over the years, with minima co-occurring with otolith winter zones in the known-age 34 otoliths and in late winter/early spring when water temperatures are coldest in tagged cod. The 35 timing of minima differs between stocks, occurring around February in western Baltic cod and one 36 month later in eastern Baltic cod; seasonal maxima are also stock-specific, occurring in August 37 and October, respectively. The amplitude in P is larger in faster-growing western compared to 38 eastern Baltic cod. Seasonal patterns with minima in winter/late spring were also evident in Mg 39 and Mn, but less consistent over time and fish size than P. Chronological patterns in P, and to a 40 41 lesser extent Mg and Mn, may have the potential to supplement traditional age estimation or to guide the visual identification of translucent and opaque otolith patterns used in traditional age 42 43 estimation.

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45 Key words

46 Age validation, elements, microchemistry, otolith, physiology, seasonal patterns

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For

47 Introduction

Age information is one of the basic input variables in modern stock assessments, from which 48 parameters such as growth, maturation patterns and productivity are estimated. Accurate age 49 estimates are thus crucial for reliable stock assessment and sustainable management of fish stocks. 50 Age has traditionally been determined by counting seasonally recurring growth zones in the fish's 51 otoliths (Campana, 2001). In temperate species, the timing of zone formation in otoliths is 52 generally linked with seasonal cycles, particularly in temperature, leading to clearly defined 53 growth zones and annuli (Beckman and Wilson, 1995; Høie and Folkvord, 2006; Weidman and 54 Millner, 2000). Due to the key role of age in stock assessment models, inconsistencies in the age 55 estimates between readers can fundamentally influence the accuracy of the stock assessment. 56

Previously, to validate the accuracy of age estimates and/or the seasonality of growth zone formation, a suite of methods has been used – see review in Campana (2001). Methods validating the seasonality of zone formation indirectly include marginal increment analysis, date-specific natural markers and length mode progression, while tag-recapture of chemically tagged fish is the best-known direct method. In terms of validating absolute fish age, methods such as numerical integration of daily increments, bomb radiocarbon and radiochemical dating are available (Campana, 2001).

A new promising approach as a tool to validate zone formation, or even estimate absolute age, makes use of the otolith chronological chemical composition. Interest in the chemical composition, often termed "microchemistry", of otoliths has been increasing steadily over the last two decades (see reviews in Campana (1999) and Sturrock et al. (2012)). The primary focus of these studies has been the reconstruction of environmental exposure, notably the use of strontium (Sr), barium (Ba) and manganese (Mn) to infer migrations between areas with different salinities (Kraus and

Secor, 2004; Sturrock et al., 2012) or hypoxia exposure (Altenritter and Walther, 2019; Limburg 70 et al., 2011; Mohan and Walther, 2016) and other elements as tracers of anthropogenic 71 contamination (Ranaldi and Gagnon, 2008). Elements that are under physiological control, such 72 as phosphorus (P) and zinc (Zn), on the other hand, have received far less attention (Campana, 73 1999). Seasonality in fish growth seems to be reflected in some of these elements. In a range of 74 species, otolith Zn correlates with visually-identified seasonal growth zones, with minimum Zn 75 concentrations occurring within translucent winter zones with visibly reduced daily growth rings 76 and check marks (Friedrich and Halden, 2010; Halden and Friedrich, 2008; Halden et al., 2000; 77 Limburg and Elfman, 2010). Higher otolith Sr levels have been observed instead to occur in 78 opaque zones in Atlantic Bluefin tuna (*Thunnus thynnus*) (Siskey et al., 2016), with inverse 79 patterns in sodium (Na) and potassium (K) (Seyama et al., 1991) – while Tomás et al. (2006) 80 observed higher Sr and lower Na in translucent zones in European hake (Merluccius merluccius). 81 Only recently has the use of seasonal patterns in the incorporation of elements under physiological 82 83 control been suggested as an alternative method to derive fish age (Hüssy et al., 2016; Limburg et al., 2018). In a comparative age estimation approach on eastern Baltic cod (*Gadus morhua*), the 84 first study of this kind, "visual" age readers with several decades' experience in traditional age 85 86 interpretation achieved far lower precision than "microchemistry-based" age readers (Heimbrand 87 et al., 2020), despite the fact that the latter had no formal manual to guide their interpretations. In this exercise, magnesium (Mg), and phosphorus (P) in particular, proved promising to be used as 88 89 chemical clocks. However, to date no rigorous validation of such seasonality in element 90 incorporation has been provided for any stock.

91 The present study aims at providing the first validation of the microchemistry-based age estimation
92 approach, focusing on eastern Baltic cod. The eastern Baltic cod stock is a good case study, in that

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this stock is well known for its long-lasting issues with problematic traditional age readings 93 (Berner, 1968; Hüssy et al., 2016; ICES, 2015). The ageing issues eventually resulted in a 94 discontinuation of the traditional age-based stock assessment (Eero et al., 2015; ICES, 2014). Age 95 estimation in this stock is so difficult because the contrast between seasonal growth zones is very 96 small. This lack in contrast is primarily related to a combination of the hydrographic conditions 97 prevailing in the Baltic Sea proper, coupled with the movements of the cod through complex 98 thermal and salinity gradients (Baranova et al., 2011; Hüssy et al., 2010; Hüssy, 2010; Hüssy et 99 al., 2009; Hüssy et al., 2016). Additionally, suitable samples with known age derived from analysis 100 of daily increment analysis (DECODE, 2009; Hüssy et al., 2010; Hüssy et al., 2018) and a tag-101 recapture program with chemically tagged otoliths from the "Tagging Baltic cod" project 102 (TABACOD, http://www.tabacod.dtu.dk/) are available (Hüssy et al. 2020a). 103

The trace element composition of otoliths depends on specific mechanisms of incorporation during 104 the biomineralisation process. Elements either substitute for calcium (Ca) in the growing calcium 105 106 carbonate (CaCO₃) crystals, are randomly trapped in the interstitial spaces between crystals, or are bound as co-factors in the organic matrix that provides the scaffolding for otolith crystal growth. 107 108 Sr and Ba are known to substitute for Ca, while Mg, K and Pb are randomly trapped (Doubleday 109 et al., 2014; Izzo et al., 2016; Miller et al., 2006; Thomas et al., 2017). These elements therefore reflect environmental concentrations. P, Cu and Zn on the other hand are co-factors in enzymes 110 111 involved in biomineralisation of the otoliths, or active transport of carbonate across the endolymphatic epithelium (Borelli et al., 2003; Payan et al., 2004), and are thus under strong 112 113 physiological control. Recent evidence suggests that Mn and Mg appear to occur in both crystal and organic fraction of the otolith (Izzo et al., 2016; Thomas et al., 2017; Thomas and Swearer, 114 2019) and therefore presumably are under both environmental and physiological control (Hüssy et 115

al., 2020b). Elements that substitute for Ca (elements of similar size and charge as Ca), or are
randomly trapped in the CaCO₃ crystal lattice, should therefore reflect ambient environmental
conditions in a consistent and predictable manner (Campana, 1999; Hüssy et al., 2020b), while
matrix-bound elements should be regulated by physiological processes (Limburg et al., 2018;
Hüssy et al., 2020b), reflecting seasonal variations in growth.

Based on the respective incorporation mechanisms of different elements, the objectives of this study are to test the hypotheses that i) only elements under physiological control exhibit annually recurring patterns in incorporation, linked to seasonal variations in environment and/or fish physiology, ii) element incorporation is lowest during the coldest time of the year, iii) the number of minima in element concentration corresponds to the fish's true age. Additional objectives of this study are iv) to explore stock-related differences in element patterns, and v) to identify elements that are most suited for age determination.

128

129 Materials and methods

130 Samples

131 The otoliths used in this study are from three different collections: one "test" collection and two132 "validation" collections.

Test collection (TEST): This collection consists of 40 cod otoliths collected in the Kattegat (ICES SD 21, see Fig. 1 for details on areas and sample locations) in December 2016. Otoliths from the Kattegat are characterized by high contrast between seasonal translucent and opaque zones with concurrent high age estimation precision and well established ageing protocols. These samples are used as test group to identify the best approach for the analyses of element profiles. Details of cod size and age are shown in Table 1.

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Validation collection 1 (DECODE): This collection consists of 53 otoliths from Baltic cod in the 139 size range 150 – 350 mm captured in the Bornholm Basin (ICES SD 25) in February of 2001 and 140 2004 (Fig. 1, Table 1). In the otoliths of these cod, patterns in daily increments have previously 141 been analysed in the DECODE project (DECODE, 2009). The DECODE project made use of a 142 technique to estimate the age of young fish based on the width of daily otolith growth increments 143 and has previously been used to identify problems with traditional age estimation (Hüssy, 2010) 144 as well as to estimate changes in growth patterns (Hüssy et al., 2018). The width of daily growth 145 increments is linked to the annual cycle in environmental temperature experienced by the cod 146 (Hüssy et al., 2010). This results in distinct patterns where periods with clearly discernible 147 increments formed during summer are interrupted by zones without regular increment structure 148 149 during winter (DECODE, 2009; Hüssy et al., 2010). Counting these zones without increments thus provides an estimate of the fish's age, while their distance to the core provides a time stamp 150 identifying the coldest time of the year the fish had experienced. These samples thus provide the 151 152 means to validate both seasonality in element pattern formation as well as absolute age of the fish. *Validation collection 2 (TABACOD)*: This collection consists of otoliths from the tag-recapture 153 154 program "Tagging Baltic Cod" – TABACOD – carried out in the Baltic Sea. See Hüssy et al. 155 (2020a) for details on tagging protocols, including release and recapture statistics. Tagged cod were > 250 mm at release and were marked externally using T-bar tags with a unique number 156 157 identifying each fish throughout the years 2016 – 2019 (http://www.tabacod.dtu.dk/) (Fig. 1). 158 Otoliths were marked with an injection of tetracycline-hydrochloride (TET), leaving a fluorescent 159 mark in the otolith when viewed under UV light. Cod were tagged in the western (ICES SD 24) 160 and eastern (ICES SDs 25 and 26) Baltic Sea. Stock identity of the recaptures was determined using a combination of genotyping and otolith shape based methods, the details of which are 161

described in Hemmer-Hansen et al. (2019) and Schade et al. (2019). Days at liberty (DAL) were 162 defined as the days between release of tagged cod and recapture. Since tagging was primarily 163 164 carried out in spring and fall (Hüssy et al., 2020a), the samples used in this study were restricted to fish with DAL > 180 in order to ensure temporal overlap of individuals across all seasons in all 165 years. A total of 143 recaptured cod (123 eastern and 20 western) in the length range 177 - 500166 mm were available. For details on length and DAL between tagging and recapture, see Table 1 and 167 Supplementary Fig. S1. These recaptures thus allow testing for annually recurring patterns in 168 element composition without the need to count daily increments. The tagging experiments were 169 conducted under the following national animal test permissions; Germany: AZ 7221.3.1-029/15; 170 Denmark: 016-15-0201-00929, Poland: no 19/2016, dated 28.06.2016, Sweden: Dnr 5.8.18-171 14823/2018. 172

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174 Otolith preparation

For the TEST and the TABACOD samples, otoliths were soaked in deionized water, cleaned for 10 175 minutes in an ultrasonic bath of deionized water, rinsed under deionized water and left to dry 176 177 overnight under a laminar flow hood in acid-washed trays. Otoliths were embedded in Epoxy resin 178 (Struers[®]) and sectioned through the core using an Accutom-100 multi-cut sectioning machine to 179 obtain a 10 mm wide block containing the rostral part of the otolith with the nucleus exposed at the sectioned surface. The surface of each section was polished with 3 µm abrasive paper mounted 180 on rotating disks (Buehler®) to obtain a smooth surface and cleaned in the ultrasonic bath again 181 182 as described above. Otolith sections were digitized using a Leica DCF290 camera at a magnification of 380 µm pixel⁻¹ with a standard setup (8 bit/channel, 2048 x 1536 pixel frame). 183

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For the *TEST* images, otolith translucent seasonal growth zones (*TZ*) were identified and counted.
The number of *TZ* is assumed to correspond to the age of the fish (Fig. 2).

186 For the *DECODE* samples, otolith preparation and imaging was similar to the above samples (for detailed description see: Hüssy et al., 2010; Hüssy, 2010; Hüssy et al., 2018). For these otoliths, 187 measurements of the distance from the core to the middle of each successive winter growth zone 188 189 (WZ) along the dorsal growth axis were measured using ImageJ (Rueden et al., 2017), representing a chronological age record of each fish (Fig. 3). Each individual element measurement (see below) 190 was assigned to the chronological age of formation in relation to the WZ. It is important to note 191 that all individuals were sampled in February. Since this is just prior to the coldest time of the year 192 (occurring in March), daily increment analysis was not able to fully capture the last WZ, as this is 193 just forming at the otolith edge. By definition, the "birthday" of fish is the 1st January, and for fish 194 caught after this date, the edge is also counted when ageing the fish. In the present case, the age of 195 the fish therefore is the number of complete WZ + 1. 196

197 The *TABACOD* otoliths were viewed under UV light using a Leica DMLB microscope (with a BP 355-425 excitation filter, magnification of 1.36 μm pixel⁻¹, 3,648 x 2,736 pixel frame) (Fig. 4). 198 199 The distance from the TET mark to the otolith edge was measured along the dorsal axis together with the total axis length from core to edge. Otolith growth (G_{oto}) from TET mark to the otolith 200 edge was linearly correlated with days at liberty (*DAL*) (eastern: $G_{oto} = 1.203 \cdot DAL$, df = 255, r² 201 = 0.74, p < 0.05: western: G_{oto} = 1.880 · DAL, df = 40, r² = 0.82, p < 0.05). Otolith growth during 202 the tagging period was thus approximately constant throughout the year. Each individual element 203 measurement (see below) was assigned to a date of formation calculated from its distance to the 204 TET mark and the proportional relationship between DAL and G_{oto} . 205

206

207 Microchemistry

For the TEST and TABACOD samples, trace element analyses were carried out by Laser Ablation 208 209 Inductively Coupled Plasma Mass Spectrometry (LA-ICP-MS) at the Geological Survey of Denmark and Greenland (GEUS), employing a NWR213 frequency-quintupled Nd:YAG solid 210 state laser system from Elemental Scientific Lasers (ESI) that was coupled to an ELEMENT 2 211 212 double-focusing, single-collector magnetic sector field ICP-MS from Thermo-Fisher Scientific. Each transect line analysis used a beam diameter of 40 µm and a laser fluence of ~9.5 J/cm², a 213 repetition rate of 10 Hz, and a travelling speed of 5 µm sec⁻¹. This study focused on the 214 measurement of magnesium (²⁵Mg), phosphorus (³¹P), calcium (⁴³Ca), manganese (⁵⁵Mn), copper 215 (⁶⁵Cu), zinc (⁶⁶Zn), strontium (⁸⁸Sr) and barium (¹³⁷Ba). For a complete overview of analytical 216 settings, see Table S1a. 217

218 The DECODE collection was analysed at the Department of Geology at Lund University, employing a Teledyne Photon Machines G2 excimer laser coupled to a Bruker Aurora Elite 219 quadrupole ICP-MS. The laser equipped with a HelEx 2-volume sample cell. Instrument tuning 220 was done using the NIST612 glass standard, opting for high sensitivity and stable signal counts on 221 relevant isotopes, and for a low oxide production (i.e. below 0.5 %). The analyses were set to run 222 223 automatically using a standard-sample bracketing and with pre-ablation prior to each transect analyses. The background level was measured for 30 seconds before each measurement. Transect 224 line analysis used a scan speed of 12 µm sec⁻¹, circular spots, and laser repetition rate of 7 Hz and 225 a fluence of 2 J cm⁻² on the carbonate phases and 3 J cm⁻² on the NIST glass. The following isotopes 226 were measured: ²⁵Mg, ³¹P, ⁴³Ca, ⁵⁵Mn, ⁶³Cu, ⁶⁴Zn, ⁶⁶Zn, ⁸⁵Rb, ⁸⁸Sr, ¹³⁸Ba, ²⁰⁸Pb. For a complete 227 228 overview of analytical settings, see Table S1b.

Concentrations in all collections are reported as element: Ca ratios in ppm, using ⁴³Ca as an internal 229 standard element and calibrated to a Ca concentration of 38.3 wt. % to account for any parameters 230 affecting the ablation yield, such as plasma fluctuations and variation in the amount of ablated 231 material. Further details on operating conditions, data acquisition parameters, analytical protocols 232 and data processing techniques are described in Supplementary Table S1a and S1b and Serre et al. 233 234 (2018). In the following, element will be called by their abbreviations without their mass number. The otoliths were analysed along a transect from the nucleus to the dorsal edge of the otolith 235 following the axis of maximum growth. The data thus represent elemental signatures spanning 236 from hatch to death of each individual. Values > 4x standard deviations from the transect mean 237 were treated as outliers and discarded. For Mg, Mn, P, Sr and Ba less than 1% outliers were 238 removed, for Cu and Zn 10 – 20% were considered outliers. Signal to noise ratios (μ^2/s^2), where μ 239 and s are the mean and variance of measurements respectively were < 5 in Cu and Zn in most 240 individual owing to the fact that their concentration is close to the analytical resolution threshold 241 (Serre et al., 2018). The results of these elements are shown with the others, but results are to be 242 treated with caution. 243

244

245 Statistical analyses

Peak detection: A standardised method for identifying extrema (minima and maxima) in the elemental profiles was developed by first smoothing the profiles with local polynomial regression "loess" in "R" (R Development Core Team, 2020). Local extrema, maxima *Max* and minima *Min* were then identified with the "peaks" function, where a peak/valley is defined as the measurement in a sequence which is greater/smaller than all other measurements within a window of width span centred at that measurement (Constantine, 2007). Successful extremum identification depends on

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the correct settings of the algorithm. The optimal settings of the *TEST* sample were identified using 252 the profiles of P and Mg, the most promising elements for age estimation (Heimbrand et al., 2020). 253 254 Combinations of settings were tested until the approach identified the maximum correspondence in number of Min as the corresponding number of TZ (Fig. 2). The distribution of the resulting 255 differences in TZ - Min, of the P profiles show a consistent difference of one (Supplementary Fig. 256 257 S2), because the last *Min* in most samples was too close to the edge to be captured by any algorithm settings (see Supplementary Fig. S3 for explanation). Laser scan speed and subsequent data 258 treatment differed between the two LA-ICP-MS facilities, designed to optimize data precision of 259 the respective instruments. The impact of these settings (TEST and TABACOD samples: 5 µm s⁻¹, 260 averaging 4 consecutive measurements; DECODE samples: 12 µm s⁻¹, all measurements are 261 reported) was assessed, but no impact on extrema detection was found (see Supplementary Fig. S4 262 for explanation). The optimal settings identified were: "loess" with span (degree of smoothing) = 263 0.3 and degree of polynomials = 2, and "peaks" with span (minimum distance for peaks have to 264 be counted) = 151 and without threshold value. 265

Validation 1 (DECODE): In the *DECODE* otoliths, element concentrations were analysed as a function of distance to the core using the smoothing algorithm and minimum detection routine defined from the *TEST* sample. Along the profile of all elements, the distance of each minimum (*Min*) to the core was recorded, as well as the loess estimate at each *Min*. The extent to which the distances from core to *Min* of an element co-occurred with *WZ* from daily increment patterns was assessed using a Linear Mixed Effects Model (LME) with *Min* as response variable, *WZ* as fixed effect and minima within individual fish as random effects.

273 *Validation 2 (TABACOD)*: Ideally, data of recaptures with DAL > 360 and from different years 274 should be used for validating seasonality with tag-recapture data. Only few fish fulfil that

requirement (Fig. S1). To mitigate for this shortcoming, data from all fish were pooled and treated 275 as a single-fish analysis. If there are identifiable patterns in such an approach, these are the result 276 277 of true seasonal variation in element incorporation across individuals and years. Without a consistent seasonal element incorporation, the result would consist exclusively of noise. Element 278 279 concentrations typically show high inter-individual variation. In order to remove this variation, 280 relative element concentrations were calculated by dividing each measurement with the mean value of all measurements from TET mark to otolith edge. Relative element concentrations were 281 then analysed as a function of date of formation using all measurement of all otoliths in the sample, 282 regardless of how many days at liberty they had. This dataset was then smoothed and *Min* as well 283 as *Max* identified with the loess smoothing algorithm and peak detection routine defined from the 284 285 *TEST* sample. These analyses were carried out on individuals from the eastern and western stocks 286 separately.

288 **Results**

287

289 Validation 1: *DECODE* samples

290 For cod < 350 mm, the correspondence between daily increment patterns and *Min* in element 291 signals was analysed. An example of profiles of each analysed element in relation to distance from the core is shown for a 4-year old cod in Fig. 5. The analysis of correspondence between daily 292 293 increment patterns and element signals, shows that the distance of elemental *Min* is linearly related 294 with the corresponding winter zones WZ (Fig. 6). Statistics of each correlation are summarized in 295 Table 2. An intercept of 0 and slope of 1 would be expected if *Min* and *WZ* corresponded directly. 296 A Min formation before WZ would result in a negative intercept, formation after WZ in a positive 297 intercept, while the intercept would not be statistically significant if the two co-occurred. However,

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both these values are not contained within the confidence intervals of any of the elements (Table 298 2), where all intercepts are significantly larger than 0 and all slopes differ significantly from 1 299 300 (LME, all p < 0.05). This suggests that minima in element patterns occur after the middle of the winter zone identified from daily increment widths. Lowest correlation coefficients occur for the 301 environmentally regulated elements Sr and Ba (both $r^2 \leq 0.60$), while the elements under 302 303 physiological control – notably P and Zn - show the highest correlation coefficients (both ≥ 0.74). Also Zn, Pb and the two elements under environmental and physiological control, Mg and Mn, 304 have correlation coefficients of $r^2 \ge 0.62$. By far the strongest correlation between *Min* and *WZ* is 305 found in P ($r^2 = 0.80$). These results show that in cod < 350 mm, in particular P provides accurate 306 age estimates, followed by Mg and Zn. 307

In order to explore the variability in these regressions further, histograms of known age derived 308 from daily increment patterns minus the number of element minima (WZ - Min) were examined 309 (Fig. 7). These histograms show that the highest proportion of correct age estimates were obtained 310 by the physiologically regulated elements Cu (51%), P (49%) and Mg (43%) Zn (47%) - and the 311 environmentally regulated Sr (55%). The combined results of the two analyses (Table 2, Fig. 7) 312 thus show that Sr provides the estimate with the highest accuracy (55%), but with a much lower 313 precision ($r^2 = 0.57$) compared to P (accuracy 49%, $r^2 = 0.81$) and Mg (accuracy 43%, $r^2 = 0.73$). 314 For P, the chemical method underestimates age by 1 year in a considerable proportion of 315 316 individuals (31%), while a smaller proportion of ages are overestimated. Visual inspection of 317 element profiles and the locations of WZ and Min found that these discrepancies were largely attributable to the smoothing and extremum detection functions used, more specifically their lack 318 319 of ability to identify *Min* close to the end of the profile at the otolith edge. Including this additional 320 Min at the otolith edge manually in the total Min number, resulted in considerably higher

accuracies: P = 80%, Mg = 81%, Sr = 77%. Underestimation was thus primarily associated with insufficient minima detection close to the otolith edge, while overestimation occurred in profiles with evident sub-seasonal profile patterns (Fig. S3).

324

325 Validation 2: *TABACOD* samples

For tagged cod > 250 mm minima and maxima in element signals were identified in order to 326 identify generic patterns in extrema formation. In Fig. 8 the individual with the longest time at 327 liberty (DAL = 927 days) is shown as an example. The element profiles from TET mark to the 328 otolith edge of this individual are typical for eastern Baltic TABACOD cod. Combining all profiles 329 of fish with DAL > 180 days, the relative element concentrations in relation to date of formation 330 show conspicuous differences between elements and stocks, which mirrors those of Fig. 8. 331 Elements under environmental control (Fig. 9) show moderate (Sr) to low (Ba, K) seasonal patterns 332 with minima in summer and maxima in winter in eastern Baltic cod, while variations in the 333 334 concentration of these elements seem random in western Baltic cod. In the elements under both environmental and physiological control (Fig. 10), Mn and Mg, on the other hand show clear and 335 336 highly consistent seasonal patterns in incorporation in both stocks.

In the elements under physiological control (Cu, P, Zn,) (Fig. 11), phosphorus in particular exhibits strong seasonal patterns where *Min* and *Max* occur consistently at approximately 12-month intervals across all years in both stocks, but with stock-specific timing in extremum formation. In eastern Baltic cod, minima are formed in March and maxima around October, while for western Baltic cod, minima are formed around February and maxima in September/October. These patterns are mirrored in Mn (with the exception of an additional minimum in WBC), and Mg. Notably, the amplitude between *Min* and subsequent *Max* is larger in western than eastern Baltic cod, resulting
in more pronounced seasonal signals (Fig. 11).

345

346 **Discussion**

The concept of using otolith chemical composition for age estimation is in its infancy (Hüssy et 347 348 al., 2016; Limburg et al., 2018) originating from decades of severe issues in age estimation of Baltic cod. Heimbrand et al. (2020) hypothesized that chronological patterns in specific elements, 349 in particular Mg and P, may be used for age estimation in fish. The present study is the first of its 350 kind, providing validation of this hypothesis that certain chemical elements are in fact incorporated 351 into the otolith in an annually recurring pattern which would make them useful as tool for age 352 estimation. We provided evidence that the chronological records of otolith P concentrations 353 showed the highest consistency in seasonal variation over the years, with minima occurring in late 354 winter/early spring when water temperatures are coldest and a seasonal amplitude which is 355 356 considerably larger in western compared to eastern Baltic cod. In the following we will highlight differences in chronological patterns between elements with different incorporation mechanisms, 357 358 discuss these patterns in the context of stock-specific environmental conditions and the elements 359 usefulness for age determination.

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361 Seasonality in element patterns

Elements reflecting environmental concentrations - Sr Ba, Pb and K - do not show strong, consistent seasonal patterns across fish sizes (reflected in both *DECODE* and *TABACOD* otoliths) and stocks, with two exceptions: Pb in *DECODE* and Sr in *TABACOD* otoliths. In *DECODE* otoliths, increases in Pb in summer may be attributable to the juvenile cod's shallower vertical

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distribution (Oeberst, 2008; Pihl, 1982; Pihl and Ulmestrand, 1993) with associated high 366 consumption of benthic crustaceans (Hüssy et al., 1997) that exhibit seasonal patterns in Pb, as 367 368 well as Cu and Zn (Swaileh and Adelung, 1995). In eastern TABACOD cod, there are nevertheless weak signals that seemingly correspond to seasonal patterns in Sr. Evidence from a range of 369 species suggests that seasonal peaks in otolith Sr coincides with peak spawning (Clarke and 370 Friedland, 2004; Granzotto et al., 2003; Kalish, 1991; Sturrock et al., 2015) reflecting a change in 371 Sr availability in the blood plasma (Sturrock et al., 2015). However, in this study highest Sr 372 concentrations occur during winter, while the peak spawning time of eastern Baltic cod is in July 373 - August (Bleil et al., 2009; Wieland et al., 2000). The seasonal pattern in Sr can therefore not be 374 attributed to spawning as such. Given the Baltic Seas vertical stratification, where bottom water 375 376 has a much higher salinity, seasonal migrations may contribute to a seasonal signal in otolith Sr concentration. Overall this study supports the hypothesis that elements that co-vary with 377 environmental concentration are generally not useful for age estimation, at least for Baltic cod. 378 379 Among the elements regulated by physiological processes, P varies consistently over the seasons in both validation samples with minima co-occurring with otolith zones without visible daily 380 381 increments in *DECODE* otoliths or, in the case of the *TABACOD* otoliths, in late winter/early 382 spring. The amplitude in P is considerably larger in western compared to eastern Baltic cod corresponding to known stock-specific differences in growth rate (Bagge et al., 1994; McQueen 383 384 et al., 2020) and experienced temperature amplitude, apparently with a smaller variation around 385 the mean values in the western Baltic cod. Throughout the Baltic Sea, phosphate concentrations 386 are low from April to September, presumably owing to a combination of increased primary 387 production (Wulff and Rahm, 1988) coupled with a precipitation-related increase in P loading 388 during fall/winter (Rolff et al., 2008) and recycling in the sediments in hypoxic areas (Viktorsson

et al., 2013). The seasonal bio-availability of phosphorus in the environment is thus out of phase 389 with the P concentrations observed in the otoliths. P does therefore indeed seem to be a consistent 390 391 tracer of seasonally varying physiological activity and growth rates in Baltic cod. In Cu and Zn, element minima also co-occur with winter zones in individual DECODE otoliths - but these 392 signals disappear when profiles of fish are combined suggesting some variation in the timing of 393 394 minima among individuals. In TABACOD otoliths, there seems to be no relation between minima and time of the year either. This lack in seasonality in Baltic cod may be related to family-specific 395 incorporation mechanism, in that no such patterns occur in Osmeridae either (Limburg and Elfman, 396 2010), while Zn concentrations in families like Salmonidae and Esocidae are at a minimum in 397 winter (Friedrich and Halden, 2010; Halden and Friedrich, 2008; Halden et al., 2000; Limburg and 398 Elfman, 2010). Additionally, one should also bear in mind that the concentrations of these elements 399 are very low, with low signal to noise ratios. Evidently, Cu and Zn are therefore not suitable for 400 age estimation – at least for Baltic cod. 401

402 Seasonal signals with minima during winter/late spring are also evident in Mg and Mn for both 403 DECODE and especially TABACOD otoliths. While element uptake in marine fish generally occurs from the water (Doubleday et al., 2013; Walther and Thorrold, 2006), dietary Mg 404 enrichment results in increased otolith Mg (Shearer and Åsgård, 1992). There is also growing 405 evidence that otolith Mg is tied to metabolism (Limburg et al., 2018; Thomas and Swearer, 2019). 406 407 Variations in Mg therefore may represent dietary and metabolic processes. The present results support a strong physiological component, presumably related to consumption, in the 408 409 incorporation of the two elements as suggested by Limburg et al. (2018) and Limburg and Casini 410 (2018). Mg was also, together with P, identified as the element with the highest precision among age readers using chemical profiles for ageing Baltic cod, with an agreement of 74% compared to 411

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50% for traditional ageing with coefficients of variation of 10% and 22% respectively (Heimbrand 412 et al., 2020). Otolith Mn on the other hand, reflects environmental concentrations of Mn²⁺ made 413 414 available during hypoxia, with some additional physiological regulation (Altenritter et al., 2018; Limburg and Casini, 2018; Thomas and Swearer, 2019). In the Baltic Sea, hypoxia is known to 415 occur frequently in shallow coastal areas during summer/fall (Conley et al., 2001) in addition to 416 the persistent hypoxia in the deeper areas of the Bornholm Basin (Viktorsson, 2017). The seasonal 417 signals, particularly apparent in the eastern Baltic cod otoliths, seem thus to reflect exposure to 418 higher environmental Mn concentrations during the spawning season in summer (Bleil et al., 2009; 419 Wieland et al., 2000) spent in the deeper areas of the Bornholm Basin (Nielsen et al., 2013; Hüssy 420 et al., 2020a). The more irregular patterns in western Baltic cod otoliths may instead reflect 421 422 summer-residence in more ephemeral hypoxic areas (Funk et al., 2020).

424 Timing of s

Timing of seasonal patterns

Small, yet consistent differences between the two Baltic cod stocks are evident in the elemental minima of P, Mg and Mn in the otoliths of tagged *TABACOD* cod. In eastern Baltic cod, these minima occur in March, but in western Baltic cod somewhat earlier – in January/February. Maxima occur in October/November and August/September in western and eastern Baltic cod respectively. In the following we will examine to what extent these stock-specific differences in extremum formation are attributable to water temperature or fish growth.

Eastern Baltic cod: The coldest temperatures experienced by eastern Baltic cod occur during
March and highest temperatures in October – November, as data from archival tags have shown
(Hüssy et al., 2009, 2010; Righton et al., 2010; Hüssy et al., 2020a). Otolith growth modelling
suggests that otolith increment formation apparently ceases at temperatures < 5 - 6 °C. in *DECODE*

otoliths (Hüssy et al., 2010), occurring in March/April at the depths inhabited by cod at that time
of the year. In eastern Baltic cod, the seasonal temperature experienced is reflected in fish somatic
growth patterns as well. A recent paper examining growth from tagging programs across multiple
decades (1955 – 1970), found minima and peaks in growth rates in March and September
respectively (Mion et al., 2020). However, a corresponding analysis with TABACOD data was not
able to detect seasonal variations in somatic growth (Mion et al., in review), which suggests that
otolith P concentration is not only a function of somatic growth.

Western Baltic cod: Cod in the western Baltic sea experience the lowest and warmest water 442 temperatures in January/February and August – October respectively (MARNET, 2020). The 443 timing of elemental extremum formation thus corresponds with the temporal temperature patterns. 444 Also in western Baltic cod historic tagging data from 1965 – 1972 found seasonally varying 445 somatic growth (Borrmann and Berner, 1983; Berner and Borrmann, 1985). Borrmann and Berner 446 (1983) attributed the difference in winter minimum to the maturation/spawning cycle. Berner and 447 448 Borrman (1985) further noticed that seasonal minima in growth occurred in January in fast growing cod, but first in mid-April in slow growing cod, attributing the disparity to different stock 449 origin of the tagged cod. A recent study on cod tagged on two artificial reefs in 2007-2015 found 450 451 minima and peaks in somatic growth to occur in May and November, respectively (McQueen et al., 2019). Both minima and peaks in growth of this stock occur approximately 3 months after the 452 453 corresponding element and temperature extrema. The reason for this apparent shift in timing over 454 time are somewhat unclear, but could be related to analytical differences (historic growth not calculated on length change of individuals but mean sizes at estimated age), tagging of different 455 456 stock components (local sub-structuring of cod stocks in coastal areas of the Baltic Sea (Wenne et

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al., 2020)), or a climate change driven increase in summer temperatures to above-optimal levels for cod growth.

The seasonal growth patterns from tagging studies of the eastern stock thus mirror the elemental patterns from this study very well, and support a close coupling between seasonal temperature, consumption and growth (Campana et al., 1995; Mello and Rose, 2005; Pörtner et al., 2001; Schwalme and Chouinard, 1999) and incorporation of P, Mg and Mn - where minima in elements occur when water temperatures are coldest and growth slowest. The corresponding information from the western stock on the other hand indicates that the coupling between these processes may be influenced by a range of additional, and to date unknown, factors.

467 Correspondence between age and number of element minima

The most basic requirement for a new age estimation method to be applicable for stocks where 468 traditional age estimation is not possible, is that it provides age estimates that are accurate (without 469 470 bias) and with high precision. In the present study, the number of chemical minima in P, Zn and Mg only corresponded with the fish's known age in approximately 45 - 50% of the samples. Under-471 472 estimation of the number of minima was largely attributable to the fact that extremum detection 473 methods need sufficient measurements on either side of the extremum in order to be able to identify it correctly. Taking account for these missing minima at the edge of the otolith increased the 474 475 correspondence between known age and chemistry-derived age to approximately 80%. One way 476 to avoid this issue in the future would be to select otoliths sampled just after the main growth 477 season between summer and early winter (and not at the coldest time of the year as the DECODE 478 samples in this study), giving the otoliths time to add a new growth increment. Over-estimation on 479 the other hand occurred in fish with sub-seasonal element cycles, even if these are often less

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prominent compared to the true seasonal signals. It is thus clear that the selection of a single combination of settings for profile smoothing and extremum detection may lessen the accuracy of the chemical method. Particularly so in a stock with large variability in behaviour between individuals that may cause sub-seasonal patterns in temperature experience like the eastern Baltic cod (Hüssy et al., 2009; Nielsen et al., 2013). In order to obtain an individual's correct age, visual examination of the element profiles to identify potentially missing/superfluous extrema is recommended.

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488 Conclusion and future perspective

This study has shown that among the elements that are co-factors in the organic matrix regulating biomineralisation, only P shows consistent seasonal patterns in concentration across fish size and stocks. Other elements under physiological control (Cu and Zn) occur at concentrations that are too low for reliable signal detection. Mg shows similar, albeit much weaker, patterns as P, suggesting that the physiological regulation is outweighing environmental control. Elements that substitute for Ca or that are randomly trapped in the otolith crystal lattice (Sr, Ba, K, Pb) are poor indicators of growth, and by inference, the age of the fish.

496 Chronological patterns in P may thus have the potential to supplant/supplement traditional age 497 estimation or to guide the visual identification of translucent and opaque otolith patterns used in 498 traditional age estimation. Particularly in otoliths with discrepancies in interpretation between 499 readers such as the eastern Baltic cod, the microchemistry-based approach would improve the 500 accuracy of age estimates.

501 In all elements, inter-individual variation was considerable despite the application of 502 standardization routines. Studies that explore the environmental and/or biological drivers behind

these inter-individual variations in absolute element concentrations as well as sub-seasonal pattern 503 formations based on targeted laboratory experiments and especially information from electronic 504 505 archival tags linked with chemical composition (Morita et al., 2013) are necessary to understand the physiological processes regulating element incorporation into the otolith and to improve the 506 reliability of microchemistry as a routine age estimation method. Heimbrand et al. (2020) 507 508 highlighted that patterns of P were more pronounced in older individuals, while Mg patterns were clearer in younger fish. This suggests that sexual maturation may influence the availability of 509 elements for incorporation into the otoliths. The present study corroborates these results, 510 suggesting that increased focus should be given to the impact of maturation and spawning on 511 otolith element concentrations and the impact of reduced seasonal temperature fluctuations in the 512 513 future.

Otolith biomineralisation is regulated by physiological and kinetic processes that may be expected to be similar across fish taxa, with similar drivers of element incorporations (Hüssy et al., 2020b). The extent to which the proposed use of chronological seasonal patterns in otolith P concentration for age estimation is applicable to other species remains to be explored.

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526 Competing interests

527 The authors declare there are no competing interests.

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529 Contributors' statement

- 530 KH: Conceptualization, Formal analysis, Writing Original Draft, Project administration,
- 531 Supervision, Funding acquisition
- 532 MKJ: Methodology, Investigation, Data curation
- 533 TBT: Methodology, Data curation, Writing Review & Editing
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552 Data availability statement

The data upon which this study is based originate from the TABACOD project. In the Cooperation Agreement of that project it has been stated that data from TABACOD will be made publicly available 5 years after the termination of the project (31/05/2025), in order to ensure project participants sufficient time to publish ongoing work. During the 5-year embargo period, access to data may be given by contacting the corresponding author.

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828 Figure captions

Fig. 1. Map of the locations of cod from three different samples used in this study. Green symbols: 830 Known-age samples of Baltic cod from the "ImproveD mEthodology for Baltic COD Age 831 Estimation" (DECODE) project where age was obtained from patterns in daily otolith increment 832 widths (varying size indicative of sample size). Blue and red symbols: Samples of recaptured 833 Baltic cod from the international tagging project "Tagging Baltic Cod" (TABACOD), where 834 symbols show the recapture locations of tagged cod (eastern Baltic cod = blue symbols; western 835 836 Baltic cod = red symbols). Black symbols: Samples of cod from the Kattegat, which have a high contrast between otolith growth zones and therefore are used as test group to identify the best 837 approach for the analyses of element profiles. Numbers identify ICES Subdivisions (SD), where 838 839 SD 21: Kattegat, SD 22: Belt Sea, SD 23: Sound, SD 24: Arkona Sea, SD 25 Bornholm Sea, SD 26: Gdansk Bay and SD 28: Gotland Basin. The area consists of three management areas: Kattegat 840 (SD 21), western Baltic Sea (SD 22 - 24) and eastern Baltic Sea (SD 25 - 32). Map created using 841 the "maps" package ver. 3.3.0 of "R". 842

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Fig. 2. Transversal section of an otolith from a 4-year old cod caught in December 2010 in Kattegat
from the test sample (*TEST*) characterized by high contrast between seasonal translucent and
opaque zones with concurrent high age estimation precision and well established ageing protocols. *TEST* samples were used to identify the best setting for profile smoothing and peak detection.
Otolith section is viewed under reflected light, with superimposed elemental profile of phosphorus
(as P/Ca ratio) from the nucleus to the dorsal otolith edge and translucent seasonal growth zones
indicated by grey vertical bars.

Fig. 3. Transversal section of otolith of a 3-year old Baltic cod from the first validation collection, 852 853 the DECODE samples, where age was obtained from patterns in daily otolith increment widths, viewed under reflected light (bottom right), where the black box indicates the otolith area viewed 854 under 20x magnification and transmitted light (middle image). In this image, white dots indicate 855 856 daily increments prior to and after a zone with no visible increments. The profile of daily increment widths from core to otolith edge (top left) shows how "winter zones" were identified. Winter zones 857 (WZ) are indicated with arrows, where the distance of the midpoint of each zone to the core is the 858 measurement used in the present analyses. Note that the last WZ has just started to form at the edge 859 of the otolith and can therefore not be measured. Since the cod was caught in February and new 860 growth zones are counted from the 1st January, this last zone corresponding to the edge, is counted 861 when estimating the age of the fish. The arrows in the images of otolith cross section and magnified 862 otolith zone showing daily increments correspond to the WZ identified in daily increment profile 863 864 (top left).

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866 Fig. 4. Transversal section of a tagged eastern Baltic cod otolith from the second validation sample, the TABACOD samples consisting of tagged and recaptured cod from the from the international 867 tagging project "Tagging Baltic Cod", viewed under reflected light with the position of the laser 868 869 transect indicated with a broken black line. The same otolith is shown under UV light showing the 870 green fluorescent TET mark induced at release, where the part of the profile used in this study is indicated with a solid black line on both images. The cod was released at 54.60 N and 13.42 E on 871 872 the 03/11/2017 at a length of 263 mm and recaptured at a length of 462 mm at 54.69N and 13.19E 873 on the 19/06/2019 after 593 days at liberty.

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Fig. 5. Element profiles of a 4-year old, 290 mm long, male Baltic cod from the first validation 875 876 collection, the DECODE samples, where age was obtained from patterns in daily otolith increment 877 widths, including an image of the corresponding otolith viewed under reflected light. Profiles show relative element concentrations (Element: Ca ratios divided by the profile mean for each element) 878 879 where data are loess smoothed means and confidence interval bands in relation to distance to the core along the dorsal growth axis. Grey vertical bars indicate the location of three consecutive 880 winter zones (WZ) identified using daily increment patterns. Element minima (Min) = blue 881 symbols, vertical lines from Min to x-axis are shown to facilitate the identification of the timing in 882 relation to WZ. Incorporation mechanisms of the elements, i.e. whether element incorporation is 883 expected to depend on environmental concentration, physiology or a combination of both, is 884 indicated above each column. Note that the y-axis was truncated to optimize the visual appearance 885 of the signals, and that this has excluded some of the highest concentrations in Cu, Mn, Zn and Pb 886 at the beginning of the profiles. 887

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889 Fig. 6. Relationship between minima in the chemical profiles (*Min*) for all elements separately in relation to winter zones (WZ) identified in the daily increment patterns of Baltic cod from the first 890 validation collection, the DECODE samples, where age was obtained from patterns in daily otolith 891 892 increment widths. Colours indicate consecutive number of *Min* and corresponding *WZ* identified. 893 Black represents the first element *Min* and *WZ*, red and green represent the subsequent second and third *Min* and *WZ*. Incorporation mechanisms of the elements, i.e. whether element incorporation 894 895 is expected to depend on environmental concentration, physiology or a combination of both, is indicated above each column.. 896

Fig. 7. Frequency distributions of the difference between known age identified from daily increment patterns and chemical age from the number of profile minima (WZ - Min) by element in 900 Baltic cod from the first validation collection, the DECODE samples, where age was obtained from patterns in daily otolith increment widths. Incorporation mechanisms of the elements, i.e. 901 902 whether element incorporation is expected to depend on environmental concentration, physiology or a combination of both, is indicated above each column...

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Fig. 8. Element profiles of a tagged and recaptured female eastern Baltic cod from the TABACOD 905 validation samples from the international tagging project "Tagging Baltic Cod" with 927 days at 906 liberty, including an image of the corresponding otolith view under reflected light (black bar 907 indicates tagging period). Released on 14/11/2016, 54.574N, 13.825E at a length of 370mm; 908 Recaptured on 30/05/2019, 55.377N, 15.647E at a length of 471 mm. Profiles show relative 909 element concentrations (Element: Ca ratios divided by the profile mean for each element), from the 910 911 TET mark to the otolith edge. Data are shown with loess smoothed means and confidence interval 912 bands in relation to distance to the core. Element minima (Min) = blue symbols, element maxima (Max) = red symbols, vertical lines from Min to x-axis are shown to facilitate the identification of 913 the time of the year corresponding to the extrema. Incorporation mechanisms of the elements is 914 915 indicated above each column. Min in P occur in April in the years 2018 and 2019 and apparently somewhat earlier in 2017, albeit this minimum is difficult to estimate precisely owing to the limited 916 data points between profile start and Min₂₀₁₇. Min in Mg follow the same pattern but with a delay 917 918 of approximately 1 month. Incorporation mechanisms of the elements, i.e. whether element

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919 incorporation is expected to depend on environmental concentration, physiology or a combination920 of both, is indicated above each column.

Fig. 9. Elements where incorporation depends entirely on environmental concentration. Profiles 922 are from the second validation samples, the TABACOD samples of tagged and recaptured Baltic 923 cod with more than 180 days at liberty, from the TET mark to the otolith edge, in relation to date 924 of incorporation. Left panel = eastern Baltic cod, right panes = western Baltic cod. Data shown are 925 926 relative element concentrations (Element: Ca ratios divided by the profile mean for each element) with loess smoothed means and confidence interval bands. Minima (Min) = blue symbols, maxima 927 (Max) = red symbols. Vertical lines from extrema to x-axis are shown to facilitate identification 928 929 the time of the year corresponding to the extrema.

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931 Fig. 10. Elements where incorporation is regulated by an interaction of environmental concentration and physiological processes. Profiles are from the second validation samples, the 932 TABACOD samples of tagged and recaptured Baltic cod with more than 180 days at liberty, from 933 the TET mark to the otolith edge, in relation to date of incorporation. Left panel = eastern Baltic 934 cod, right panes = western Baltic cod. Data shown are relative element concentrations (Element:Ca 935 936 ratios divided by the profile mean for each element) with loess smoothed means and confidence interval bands. Minima (Min) = blue symbols, maxima (Max) = red symbols. Vertical lines from 937 extrema to x-axis are shown to facilitate identification the time of the year corresponding to the 938 939 extrema.

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Fig. 11. Elements where incorporation is regulated entirely by physiological processes. Profiles 941 are from the second validation samples, the TABACOD samples of tagged and recaptured Baltic 942 943 cod with more than 180 days at liberty, from the TET mark to the otolith edge, in relation to date of incorporation. Left panel = eastern Baltic cod, right panes = western Baltic cod. Data shown are 944 relative element concentrations (Element: Ca ratios divided by the profile mean for each element) 945 946 with loess smoothed means and confidence interval bands. Minima (Min) = blue symbols, maxima (Max) = red symbols. Vertical lines from extrema to x-axis are shown to facilitate identification 947 the time of the year corresponding to the extrema. 948

Table 1. Overview of samples used in this study. Values of length, age and days at liberty (DAL)
 are given as mean ± standard deviation with the range of values in brackets.

4	Collection	Stock	n	Length (mm)	Age (years)	DAL (days)
5	TEST	Kattegat	40	631±85 (390-830)	$4.2 \pm 0.5 (3 - 5)$	na
6	DECODE	Eastern Baltic	53	242±64 (150-350)	$3.2 \pm 0.6 (2 - 4)$	na
7	TABACOD	Eastern Baltic	123	438±53 (282-579) [†]	na	368±154 (183–927)
8	TABACOD	Western Baltic	20	467±76 (339–614) [†]	na	316±13 (186–748)

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10 Footnote: [†] Length at recapture

Table 2. Regression statistics of minima in the chemical profiles (*Min*) in relation to winter zones (*WZ*) in *DECODE* otoliths, confidence intervals in brackets.

4	Regulation	Element	Intercept	Slope	obs/groups	r ²
5	Environment	Ba	291 (190 - 392)	0.71 (0.64 – 0.79)	103/53	0.60
6		Pb	104 (9 - 198)	0.82 (0.75 - 0.82)	114/53	0.73
7		Sr	206 (87 - 325)	0.85 (0.76 - 0.93)	99/51	0.57
8						
9	Physiology	Cu	150 (63 – 237)	0.79 (0.72 – 0.86)	105/52	0.67
10		Р	110 (26 – 193)	0.84 (0.77 – 0.91)	103/53	0.81
11		Zn	166 (79 – 253)	0.81 (0.74 - 0.89)	110/53	0.73
12						
13	Physiology and	Mg	177 (88 – 267)	0.88 (0.80 - 0.96)	102/53	0.73
14	Environment	Mn	305 (183 - 428)	0.76 (0.65 - 0.86)	90/51	0.62

1 2



Map of the locations of cod from three different samples used in this study. Green symbols: Known-age samples of Baltic cod from the "ImproveD mEthodology for Baltic COD Age Estimation" (DECODE) project where age was obtained from patterns in daily otolith increment widths (varying size indicative of sample

size). Blue and red symbols: Samples of recaptured Baltic cod from the international tagging project "Tagging Baltic Cod" (TABACOD), where symbols show the recapture locations of tagged cod (eastern Baltic cod = blue symbols; western Baltic cod = red symbols). Black symbols: Samples of cod from the Kattegat, which have a high contrast between otolith growth zones and therefore are used as test group to identify the best approach for the analyses of element profiles. Numbers identify ICES Subdivisions (SD), where SD 21: Kattegat, SD 22: Belt Sea, SD 23: Sound, SD 24: Arkona Sea, SD 25 Bornholm Sea, SD 26: Gdansk Bay and SD 28: Gotland Basin. The area consists of three management areas: Kattegat (SD 21), western Baltic Sea (SD 22 – 24) and eastern Baltic Sea (SD 25 – 32). Map created using the "maps" package ver. 3.3.0 of "R".

241x170mm (300 x 300 DPI)



Transversal section of an otolith from a 4-year old cod caught in December 2010 in Kattegat from the test sample (TEST) characterized by high contrast between seasonal translucent and opaque zones with concurrent high age estimation precision and well established ageing protocols. TEST samples were used to identify the best setting for profile smoothing and peak detection. Otolith section is viewed under reflected light, with superimposed elemental profile of phosphorus (as P/Ca ratio) from the nucleus to the dorsal otolith edge and translucent seasonal growth zones indicated by grey vertical bars.

290x179mm (150 x 150 DPI)

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Transversal section of otolith of a 3-year old Baltic cod from the first validation collection, the DECODE samples, where age was obtained from patterns in daily otolith increment widths, viewed under reflected light (bottom right), where the black box indicates the otolith area viewed under 20x magnification and transmitted light (middle image). In this image, white dots indicate daily increments prior to and after a zone with no visible increments. The profile of daily increment widths from core to otolith edge (top left) shows how "winter zones" were identified. Winter zones (WZ) are indicated with arrows, where the distance of the midpoint of each zone to the core is the measurement used in the present analyses. Note that the last WZ has just started to form at the edge of the otolith and can therefore not be measured. Since the cod was caught in February and new growth zones are counted from the 1st January, this last zone corresponding to the edge, is counted when estimating the age of the fish. The arrows in the images of otolith cross section and magnified otolith zone showing daily increments correspond to the WZ identified in daily increment profile (top left).

276x180mm (150 x 150 DPI)



Transversal section of a tagged eastern Baltic cod otolith from the second validation sample, the TABACOD samples consisting of tagged and recaptured cod from the from the international tagging project "Tagging Baltic Cod", viewed under reflected light with the position of the laser transect indicated with a broken black line. The same otolith is shown under UV light showing the green fluorescent TET mark induced at release, where the part of the profile used in this study is indicated with a solid black line on both images. The cod was released at 54.60 N and 13.42 E on the 03/11/2017 at a length of 263 mm and recaptured at a length of 462 mm at 54.69N and 13.19E on the 19/06/2019 after 593 days at liberty.

164x125mm (150 x 150 DPI)









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