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It's elemental, my dear watson: Validating seasonal patterns in otolith chemical chronologies

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1 **Title:** It's elemental, my dear Watson: validating seasonal patterns in otolith chemical  
2 chronologies

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24

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26

27

**28 Abstract**

29 Accurate age data is essential for reliable fish stock assessment. Yet many stocks suffer from  
30 inconsistencies in age interpretation. A new approach to obtain age makes use of the chemical  
31 composition of otoliths. This study validates the periodicity of recurrent patterns in  $^{25}\text{Mg}$ ,  $^{31}\text{P}$ ,  $^{34}\text{K}$ ,  
32  $^{55}\text{Mn}$ ,  $^{63}\text{Cu}$ ,  $^{64}\text{Zn}$ ,  $^{66}\text{Zn}$ ,  $^{85}\text{Rb}$ ,  $^{88}\text{Sr}$ ,  $^{138}\text{Ba}$ , and  $^{208}\text{Pb}$  in Baltic cod (*Gadus morhua*) otoliths from  
33 tag-recapture and known-age samples. Otolith P concentrations showed the highest consistency in  
34 seasonality over the years, with minima co-occurring with otolith winter zones in the known-age  
35 otoliths and in late winter/early spring when water temperatures are coldest in tagged cod. The  
36 timing of minima differs between stocks, occurring around February in western Baltic cod and one  
37 month later in eastern Baltic cod; seasonal maxima are also stock-specific, occurring in August  
38 and October, respectively. The amplitude in P is larger in faster-growing western compared to  
39 eastern Baltic cod. Seasonal patterns with minima in winter/late spring were also evident in Mg  
40 and Mn, but less consistent over time and fish size than P. Chronological patterns in P, and to a  
41 lesser extent Mg and Mn, may have the potential to supplement traditional age estimation or to  
42 guide the visual identification of translucent and opaque otolith patterns used in traditional age  
43 estimation.

**45 Key words**

46 Age validation, elements, microchemistry, otolith, physiology, seasonal patterns

## 47 **Introduction**

48 Age information is one of the basic input variables in modern stock assessments, from which  
49 parameters such as growth, maturation patterns and productivity are estimated. Accurate age  
50 estimates are thus crucial for reliable stock assessment and sustainable management of fish stocks.  
51 Age has traditionally been determined by counting seasonally recurring growth zones in the fish's  
52 otoliths (Campana, 2001). In temperate species, the timing of zone formation in otoliths is  
53 generally linked with seasonal cycles, particularly in temperature, leading to clearly defined  
54 growth zones and annuli (Beckman and Wilson, 1995; Høie and Folkvord, 2006; Weidman and  
55 Millner, 2000). Due to the key role of age in stock assessment models, inconsistencies in the age  
56 estimates between readers can fundamentally influence the accuracy of the stock assessment.

57 Previously, to validate the accuracy of age estimates and/or the seasonality of growth zone  
58 formation, a suite of methods has been used – see review in Campana (2001). Methods validating  
59 the seasonality of zone formation indirectly include marginal increment analysis, date-specific  
60 natural markers and length mode progression, while tag-recapture of chemically tagged fish is the  
61 best-known direct method. In terms of validating absolute fish age, methods such as numerical  
62 integration of daily increments, bomb radiocarbon and radiochemical dating are available  
63 (Campana, 2001).

64 A new promising approach as a tool to validate zone formation, or even estimate absolute age,  
65 makes use of the otolith chronological chemical composition. Interest in the chemical composition,  
66 often termed “microchemistry”, of otoliths has been increasing steadily over the last two decades  
67 (see reviews in Campana (1999) and Sturrock et al. (2012)). The primary focus of these studies  
68 has been the reconstruction of environmental exposure, notably the use of strontium (Sr), barium  
69 (Ba) and manganese (Mn) to infer migrations between areas with different salinities (Kraus and

70 Secor, 2004; Sturrock et al., 2012) or hypoxia exposure (Altenritter and Walther, 2019; Limburg  
71 et al., 2011; Mohan and Walther, 2016) and other elements as tracers of anthropogenic  
72 contamination (Ranaldi and Gagnon, 2008). Elements that are under physiological control, such  
73 as phosphorus (P) and zinc (Zn), on the other hand, have received far less attention (Campana,  
74 1999). Seasonality in fish growth seems to be reflected in some of these elements. In a range of  
75 species, otolith Zn correlates with visually-identified seasonal growth zones, with minimum Zn  
76 concentrations occurring within translucent winter zones with visibly reduced daily growth rings  
77 and check marks (Friedrich and Halden, 2010; Halden and Friedrich, 2008; Halden et al., 2000;  
78 Limburg and Elfman, 2010). Higher otolith Sr levels have been observed instead to occur in  
79 opaque zones in Atlantic Bluefin tuna (*Thunnus thynnus*) (Siskey et al., 2016), with inverse  
80 patterns in sodium (Na) and potassium (K) (Seyama et al., 1991) – while Tomás et al. (2006)  
81 observed higher Sr and lower Na in translucent zones in European hake (*Merluccius merluccius*).  
82 Only recently has the use of seasonal patterns in the incorporation of elements under physiological  
83 control been suggested as an alternative method to derive fish age (Hüssy et al., 2016; Limburg et  
84 al., 2018). In a comparative age estimation approach on eastern Baltic cod (*Gadus morhua*), the  
85 first study of this kind, “visual” age readers with several decades’ experience in traditional age  
86 interpretation achieved far lower precision than “microchemistry-based” age readers (Heimbrand  
87 et al., 2020), despite the fact that the latter had no formal manual to guide their interpretations. In  
88 this exercise, magnesium (Mg), and phosphorus (P) in particular, proved promising to be used as  
89 chemical clocks. However, to date no rigorous validation of such seasonality in element  
90 incorporation has been provided for any stock.

91 The present study aims at providing the first validation of the microchemistry-based age estimation  
92 approach, focusing on eastern Baltic cod. The eastern Baltic cod stock is a good case study, in that

93 this stock is well known for its long-lasting issues with problematic traditional age readings  
94 (Berner, 1968; Hüsey et al., 2016; ICES, 2015). The ageing issues eventually resulted in a  
95 discontinuation of the traditional age-based stock assessment (Eero et al., 2015; ICES, 2014). Age  
96 estimation in this stock is so difficult because the contrast between seasonal growth zones is very  
97 small. This lack in contrast is primarily related to a combination of the hydrographic conditions  
98 prevailing in the Baltic Sea proper, coupled with the movements of the cod through complex  
99 thermal and salinity gradients (Baranova et al., 2011; Hüsey et al., 2010; Hüsey, 2010; Hüsey et  
100 al., 2009; Hüsey et al., 2016). Additionally, suitable samples with known age derived from analysis  
101 of daily increment analysis (DECODE, 2009; Hüsey et al., 2010; Hüsey et al., 2018) and a tag-  
102 recapture program with chemically tagged otoliths from the “Tagging Baltic cod“ project  
103 (TABACOD, <http://www.tabacod.dtu.dk/>) are available (Hüsey et al. 2020a).

104 The trace element composition of otoliths depends on specific mechanisms of incorporation during  
105 the biomineralisation process. Elements either substitute for calcium (Ca) in the growing calcium  
106 carbonate (CaCO<sub>3</sub>) crystals, are randomly trapped in the interstitial spaces between crystals, or are  
107 bound as co-factors in the organic matrix that provides the scaffolding for otolith crystal growth.  
108 Sr and Ba are known to substitute for Ca, while Mg, K and Pb are randomly trapped (Doubleday  
109 et al., 2014; Izzo et al., 2016; Miller et al., 2006; Thomas et al., 2017). These elements therefore  
110 reflect environmental concentrations. P, Cu and Zn on the other hand are co-factors in enzymes  
111 involved in biomineralisation of the otoliths, or active transport of carbonate across the  
112 endolymphatic epithelium (Borelli et al., 2003; Payan et al., 2004), and are thus under strong  
113 physiological control. Recent evidence suggests that Mn and Mg appear to occur in both crystal  
114 and organic fraction of the otolith (Izzo et al., 2016; Thomas et al., 2017; Thomas and Swearer,  
115 2019) and therefore presumably are under both environmental and physiological control (Hüsey et



116 al., 2020b). Elements that substitute for Ca (elements of similar size and charge as Ca), or are  
117 randomly trapped in the CaCO<sub>3</sub> crystal lattice, should therefore reflect ambient environmental  
118 conditions in a consistent and predictable manner (Campana, 1999; Hüsey et al., 2020b), while  
119 matrix-bound elements should be regulated by physiological processes (Limburg et al., 2018;  
120 Hüsey et al., 2020b), reflecting seasonal variations in growth.

121 Based on the respective incorporation mechanisms of different elements, the objectives of this  
122 study are to test the hypotheses that i) only elements under physiological control exhibit annually  
123 recurring patterns in incorporation, linked to seasonal variations in environment and/or fish  
124 physiology, ii) element incorporation is lowest during the coldest time of the year, iii) the number  
125 of minima in element concentration corresponds to the fish's true age. Additional objectives of  
126 this study are iv) to explore stock-related differences in element patterns, and v) to identify  
127 elements that are most suited for age determination.

128

## 129 **Materials and methods**

### 130 **Samples**

131 The otoliths used in this study are from three different collections: one “test” collection and two  
132 “validation” collections.

133 *Test collection (TEST)*: This collection consists of 40 cod otoliths collected in the Kattegat (ICES  
134 SD 21, see Fig. 1 for details on areas and sample locations) in December 2016. Otoliths from the  
135 Kattegat are characterized by high contrast between seasonal translucent and opaque zones with  
136 concurrent high age estimation precision and well established ageing protocols. These samples are  
137 used as test group to identify the best approach for the analyses of element profiles. Details of cod  
138 size and age are shown in Table 1.

139 *Validation collection 1 (DECODE)*: This collection consists of 53 otoliths from Baltic cod in the  
140 size range 150 – 350 mm captured in the Bornholm Basin (ICES SD 25) in February of 2001 and  
141 2004 (Fig. 1, Table 1). In the otoliths of these cod, patterns in daily increments have previously  
142 been analysed in the DECODE project (DECODE, 2009). The DECODE project made use of a  
143 technique to estimate the age of young fish based on the width of daily otolith growth increments  
144 and has previously been used to identify problems with traditional age estimation (Hüsey, 2010)  
145 as well as to estimate changes in growth patterns (Hüsey et al., 2018). The width of daily growth  
146 increments is linked to the annual cycle in environmental temperature experienced by the cod  
147 (Hüsey et al., 2010). This results in distinct patterns where periods with clearly discernible  
148 increments formed during summer are interrupted by zones without regular increment structure  
149 during winter (DECODE, 2009; Hüsey et al., 2010). Counting these zones without increments thus  
150 provides an estimate of the fish's age, while their distance to the core provides a time stamp  
151 identifying the coldest time of the year the fish had experienced. These samples thus provide the  
152 means to validate both seasonality in element pattern formation as well as absolute age of the fish.

153 *Validation collection 2 (TABACOD)*: This collection consists of otoliths from the tag-recapture  
154 program “Tagging Baltic Cod” – TABACOD – carried out in the Baltic Sea. See Hüsey et al.  
155 (2020a) for details on tagging protocols, including release and recapture statistics. Tagged cod  
156 were > 250 mm at release and were marked externally using T-bar tags with a unique number  
157 identifying each fish throughout the years 2016 – 2019 (<http://www.tabacod.dtu.dk/>) (Fig. 1).  
158 Otoliths were marked with an injection of tetracycline-hydrochloride (TET), leaving a fluorescent  
159 mark in the otolith when viewed under UV light. Cod were tagged in the western (ICES SD 24)  
160 and eastern (ICES SDs 25 and 26) Baltic Sea. Stock identity of the recaptures was determined  
161 using a combination of genotyping and otolith shape based methods, the details of which are

162 described in Hemmer-Hansen et al. (2019) and Schade et al. (2019). Days at liberty (*DAL*) were  
163 defined as the days between release of tagged cod and recapture. Since tagging was primarily  
164 carried out in spring and fall (Hüssy et al., 2020a), the samples used in this study were restricted  
165 to fish with *DAL* > 180 in order to ensure temporal overlap of individuals across all seasons in all  
166 years. A total of 143 recaptured cod (123 eastern and 20 western) in the length range 177 – 500  
167 mm were available. For details on length and *DAL* between tagging and recapture, see Table 1 and  
168 Supplementary Fig. S1. These recaptures thus allow testing for annually recurring patterns in  
169 element composition without the need to count daily increments. The tagging experiments were  
170 conducted under the following national animal test permissions; Germany: AZ 7221.3.1-029/15;  
171 Denmark: 016-15-0201-00929, Poland: no 19/2016, dated 28.06.2016, Sweden: Dnr 5.8.18-  
172 14823/2018.

173

#### 174 Otolith preparation

175 For the *TEST* and the *TABACOD* samples, otoliths were soaked in deionized water, cleaned for 10  
176 minutes in an ultrasonic bath of deionized water, rinsed under deionized water and left to dry  
177 overnight under a laminar flow hood in acid-washed trays. Otoliths were embedded in Epoxy resin  
178 (Struers®) and sectioned through the core using an Accutom-100 multi-cut sectioning machine to  
179 obtain a 10 mm wide block containing the rostral part of the otolith with the nucleus exposed at  
180 the sectioned surface. The surface of each section was polished with 3 µm abrasive paper mounted  
181 on rotating disks (Buehler®) to obtain a smooth surface and cleaned in the ultrasonic bath again  
182 as described above. Otolith sections were digitized using a Leica DCF290 camera at a  
183 magnification of 380 µm pixel<sup>-1</sup> with a standard setup (8 bit/channel, 2048 x 1536 pixel frame).

184 For the *TEST* images, otolith translucent seasonal growth zones (*TZ*) were identified and counted.  
185 The number of *TZ* is assumed to correspond to the age of the fish (Fig. 2).  
186 For the *DECODE* samples, otolith preparation and imaging was similar to the above samples (for  
187 detailed description see: Hüsey et al., 2010; Hüsey, 2010; Hüsey et al., 2018). For these otoliths,  
188 measurements of the distance from the core to the middle of each successive winter growth zone  
189 (*WZ*) along the dorsal growth axis were measured using ImageJ (Rueden et al., 2017), representing  
190 a chronological age record of each fish (Fig. 3). Each individual element measurement (see below)  
191 was assigned to the chronological age of formation in relation to the *WZ*. It is important to note  
192 that all individuals were sampled in February. Since this is just prior to the coldest time of the year  
193 (occurring in March), daily increment analysis was not able to fully capture the last *WZ*, as this is  
194 just forming at the otolith edge. By definition, the “birthday” of fish is the 1<sup>st</sup> January, and for fish  
195 caught after this date, the edge is also counted when ageing the fish. In the present case, the age of  
196 the fish therefore is the number of complete *WZ* + 1.  
197 The *TABACOD* otoliths were viewed under UV light using a Leica DMLB microscope (with a BP  
198 355-425 excitation filter, magnification of 1.36  $\mu\text{m pixel}^{-1}$ , 3,648 x 2,736 pixel frame) (Fig. 4).  
199 The distance from the TET mark to the otolith edge was measured along the dorsal axis together  
200 with the total axis length from core to edge. Otolith growth ( $G_{\text{oto}}$ ) from TET mark to the otolith  
201 edge was linearly correlated with days at liberty (*DAL*) (eastern:  $G_{\text{oto}} = 1.203 \cdot \text{DAL}$ ,  $df = 255$ ,  $r^2$   
202  $= 0.74$ ,  $p < 0.05$ ; western:  $G_{\text{oto}} = 1.880 \cdot \text{DAL}$ ,  $df = 40$ ,  $r^2 = 0.82$ ,  $p < 0.05$ ). Otolith growth during  
203 the tagging period was thus approximately constant throughout the year. Each individual element  
204 measurement (see below) was assigned to a date of formation calculated from its distance to the  
205 TET mark and the proportional relationship between *DAL* and  $G_{\text{oto}}$ .

206

207 Microchemistry

208 For the *TEST* and *TABACOD* samples, trace element analyses were carried out by Laser Ablation  
209 Inductively Coupled Plasma Mass Spectrometry (LA-ICP-MS) at the Geological Survey of  
210 Denmark and Greenland (GEUS), employing a NWR213 frequency-quintupled Nd:YAG solid  
211 state laser system from Elemental Scientific Lasers (ESI) that was coupled to an ELEMENT 2  
212 double-focusing, single-collector magnetic sector field ICP-MS from Thermo-Fisher Scientific.  
213 Each transect line analysis used a beam diameter of 40  $\mu\text{m}$  and a laser fluence of  $\sim 9.5 \text{ J/cm}^2$ , a  
214 repetition rate of 10 Hz, and a travelling speed of 5  $\mu\text{m sec}^{-1}$ . This study focused on the  
215 measurement of magnesium ( $^{25}\text{Mg}$ ), phosphorus ( $^{31}\text{P}$ ), calcium ( $^{43}\text{Ca}$ ), manganese ( $^{55}\text{Mn}$ ), copper  
216 ( $^{65}\text{Cu}$ ), zinc ( $^{66}\text{Zn}$ ), strontium ( $^{88}\text{Sr}$ ) and barium ( $^{137}\text{Ba}$ ). For a complete overview of analytical  
217 settings, see Table S1a.

218 The *DECODE* collection was analysed at the Department of Geology at Lund University,  
219 employing a Teledyne Photon Machines G2 excimer laser coupled to a Bruker Aurora Elite  
220 quadrupole ICP-MS. The laser equipped with a HelEx 2-volume sample cell. Instrument tuning  
221 was done using the NIST612 glass standard, opting for high sensitivity and stable signal counts on  
222 relevant isotopes, and for a low oxide production (i.e. below 0.5 %). The analyses were set to run  
223 automatically using a standard-sample bracketing and with pre-ablation prior to each transect  
224 analyses. The background level was measured for 30 seconds before each measurement. Transect  
225 line analysis used a scan speed of 12  $\mu\text{m sec}^{-1}$ , circular spots, and laser repetition rate of 7 Hz and  
226 a fluence of 2  $\text{J cm}^{-2}$  on the carbonate phases and 3  $\text{J cm}^{-2}$  on the NIST glass. The following isotopes  
227 were measured:  $^{25}\text{Mg}$ ,  $^{31}\text{P}$ ,  $^{43}\text{Ca}$ ,  $^{55}\text{Mn}$ ,  $^{63}\text{Cu}$ ,  $^{64}\text{Zn}$ ,  $^{66}\text{Zn}$ ,  $^{85}\text{Rb}$ ,  $^{88}\text{Sr}$ ,  $^{138}\text{Ba}$ ,  $^{208}\text{Pb}$ . For a complete  
228 overview of analytical settings, see Table S1b.

229 Concentrations in all collections are reported as element:Ca ratios in ppm, using  $^{43}\text{Ca}$  as an internal  
230 standard element and calibrated to a Ca concentration of 38.3 wt. % to account for any parameters  
231 affecting the ablation yield, such as plasma fluctuations and variation in the amount of ablated  
232 material. Further details on operating conditions, data acquisition parameters, analytical protocols  
233 and data processing techniques are described in Supplementary Table S1a and S1b and Serre et al.  
234 (2018). In the following, element will be called by their abbreviations without their mass number.  
235 The otoliths were analysed along a transect from the nucleus to the dorsal edge of the otolith  
236 following the axis of maximum growth. The data thus represent elemental signatures spanning  
237 from hatch to death of each individual. Values  $> 4x$  standard deviations from the transect mean  
238 were treated as outliers and discarded. For Mg, Mn, P, Sr and Ba less than 1% outliers were  
239 removed, for Cu and Zn 10 – 20% were considered outliers. Signal to noise ratios ( $\mu^2/s^2$ ), where  $\mu$   
240 and  $s$  are the mean and variance of measurements respectively were  $< 5$  in Cu and Zn in most  
241 individual owing to the fact that their concentration is close to the analytical resolution threshold  
242 (Serre et al., 2018). The results of these elements are shown with the others, but results are to be  
243 treated with caution.

244

245 Statistical analyses

246 *Peak detection:* A standardised method for identifying extrema (minima and maxima) in the  
247 elemental profiles was developed by first smoothing the profiles with local polynomial regression  
248 “loess” in “R” (R Development Core Team, 2020). Local extrema, maxima *Max* and minima *Min*  
249 were then identified with the “peaks” function, where a peak/valley is defined as the measurement  
250 in a sequence which is greater/smaller than all other measurements within a window of width span  
251 centred at that measurement (Constantine, 2007). Successful extremum identification depends on

252 the correct settings of the algorithm. The optimal settings of the *TEST* sample were identified using  
253 the profiles of P and Mg, the most promising elements for age estimation (Heimbrand et al., 2020).  
254 Combinations of settings were tested until the approach identified the maximum correspondence  
255 in number of *Min* as the corresponding number of *TZ* (Fig. 2). The distribution of the resulting  
256 differences in *TZ - Min*, of the P profiles show a consistent difference of one (Supplementary Fig.  
257 S2), because the last *Min* in most samples was too close to the edge to be captured by any algorithm  
258 settings (see Supplementary Fig. S3 for explanation). Laser scan speed and subsequent data  
259 treatment differed between the two LA-ICP-MS facilities, designed to optimize data precision of  
260 the respective instruments. The impact of these settings (*TEST* and *TABACOD* samples:  $5 \mu\text{m s}^{-1}$ ,  
261 averaging 4 consecutive measurements; *DECODE* samples:  $12 \mu\text{m s}^{-1}$ , all measurements are  
262 reported) was assessed, but no impact on extrema detection was found (see Supplementary Fig. S4  
263 for explanation). The optimal settings identified were: “loess” with span (degree of smoothing) =  
264 0.3 and degree of polynomials = 2, and “peaks” with span (minimum distance for peaks have to  
265 be counted) = 151 and without threshold value.

266 *Validation 1 (DECODE)*: In the *DECODE* otoliths, element concentrations were analysed as a  
267 function of distance to the core using the smoothing algorithm and minimum detection routine  
268 defined from the *TEST* sample. Along the profile of all elements, the distance of each minimum  
269 (*Min*) to the core was recorded, as well as the loess estimate at each *Min*. The extent to which the  
270 distances from core to *Min* of an element co-occurred with *WZ* from daily increment patterns was  
271 assessed using a Linear Mixed Effects Model (LME) with *Min* as response variable, *WZ* as fixed  
272 effect and minima within individual fish as random effects.

273 *Validation 2 (TABACOD)*: Ideally, data of recaptures with *DAL* > 360 and from different years  
274 should be used for validating seasonality with tag-recapture data. Only few fish fulfil that

275 requirement (Fig. S1). To mitigate for this shortcoming, data from all fish were pooled and treated  
276 as a single-fish analysis. If there are identifiable patterns in such an approach, these are the result  
277 of true seasonal variation in element incorporation across individuals and years. Without a  
278 consistent seasonal element incorporation, the result would consist exclusively of noise. Element  
279 concentrations typically show high inter-individual variation. In order to remove this variation,  
280 relative element concentrations were calculated by dividing each measurement with the mean  
281 value of all measurements from TET mark to otolith edge. Relative element concentrations were  
282 then analysed as a function of date of formation using all measurement of all otoliths in the sample,  
283 regardless of how many days at liberty they had. This dataset was then smoothed and *Min* as well  
284 as *Max* identified with the loess smoothing algorithm and peak detection routine defined from the  
285 *TEST* sample. These analyses were carried out on individuals from the eastern and western stocks  
286 separately.

287

## 288 **Results**

### 289 Validation 1: *DECODE* samples

290 For cod < 350 mm, the correspondence between daily increment patterns and *Min* in element  
291 signals was analysed. An example of profiles of each analysed element in relation to distance from  
292 the core is shown for a 4-year old cod in Fig. 5. The analysis of correspondence between daily  
293 increment patterns and element signals, shows that the distance of elemental *Min* is linearly related  
294 with the corresponding winter zones *WZ* (Fig. 6). Statistics of each correlation are summarized in  
295 Table 2. An intercept of 0 and slope of 1 would be expected if *Min* and *WZ* corresponded directly.  
296 A *Min* formation before *WZ* would result in a negative intercept, formation after *WZ* in a positive  
297 intercept, while the intercept would not be statistically significant if the two co-occurred. However,



298 both these values are not contained within the confidence intervals of any of the elements (Table  
299 2), where all intercepts are significantly larger than 0 and all slopes differ significantly from 1  
300 (LME, all  $p < 0.05$ ). This suggests that minima in element patterns occur after the middle of the  
301 winter zone identified from daily increment widths. Lowest correlation coefficients occur for the  
302 environmentally regulated elements Sr and Ba (both  $r^2 \leq 0.60$ ), while the elements under  
303 physiological control – notably P and Zn - show the highest correlation coefficients (both  $\geq 0.74$ ).  
304 Also Zn, Pb and the two elements under environmental and physiological control, Mg and Mn,  
305 have correlation coefficients of  $r^2 \geq 0.62$ . By far the strongest correlation between *Min* and *WZ* is  
306 found in P ( $r^2 = 0.80$ ). These results show that in cod  $< 350$  mm, in particular P provides accurate  
307 age estimates, followed by Mg and Zn.

308 In order to explore the variability in these regressions further, histograms of known age derived  
309 from daily increment patterns minus the number of element minima (*WZ* – *Min*) were examined  
310 (Fig. 7). These histograms show that the highest proportion of correct age estimates were obtained  
311 by the physiologically regulated elements Cu (51%), P (49%) and Mg (43%) Zn (47%) – and the  
312 environmentally regulated Sr (55%). The combined results of the two analyses (Table 2, Fig. 7)  
313 thus show that Sr provides the estimate with the highest accuracy (55%), but with a much lower  
314 precision ( $r^2 = 0.57$ ) compared to P (accuracy 49%,  $r^2 = 0.81$ ) and Mg (accuracy 43%,  $r^2 = 0.73$ ).  
315 For P, the chemical method underestimates age by 1 year in a considerable proportion of  
316 individuals (31%), while a smaller proportion of ages are overestimated. Visual inspection of  
317 element profiles and the locations of *WZ* and *Min* found that these discrepancies were largely  
318 attributable to the smoothing and extremum detection functions used, more specifically their lack  
319 of ability to identify *Min* close to the end of the profile at the otolith edge. Including this additional  
320 *Min* at the otolith edge manually in the total *Min* number, resulted in considerably higher

321 accuracies: P – 80%, Mg – 81%, Sr – 77%. Underestimation was thus primarily associated with  
322 insufficient minima detection close to the otolith edge, while overestimation occurred in profiles  
323 with evident sub-seasonal profile patterns (Fig. S3).

324

325 Validation 2: *TABACOD* samples

326 For tagged cod > 250 mm minima and maxima in element signals were identified in order to  
327 identify generic patterns in extrema formation. In Fig. 8 the individual with the longest time at  
328 liberty (*DAL* = 927 days) is shown as an example. The element profiles from TET mark to the  
329 otolith edge of this individual are typical for eastern Baltic *TABACOD* cod. Combining all profiles  
330 of fish with *DAL* > 180 days, the relative element concentrations in relation to date of formation  
331 show conspicuous differences between elements and stocks, which mirrors those of Fig. 8.  
332 Elements under environmental control (Fig. 9) show moderate (Sr) to low (Ba, K) seasonal patterns  
333 with minima in summer and maxima in winter in eastern Baltic cod, while variations in the  
334 concentration of these elements seem random in western Baltic cod. In the elements under both  
335 environmental and physiological control (Fig. 10), Mn and Mg, on the other hand show clear and  
336 highly consistent seasonal patterns in incorporation in both stocks.

337 In the elements under physiological control (Cu, P, Zn,) (Fig. 11), phosphorus in particular exhibits  
338 strong seasonal patterns where *Min* and *Max* occur consistently at approximately 12-month  
339 intervals across all years in both stocks, but with stock-specific timing in extremum formation. In  
340 eastern Baltic cod, minima are formed in March and maxima around October, while for western  
341 Baltic cod, minima are formed around February and maxima in September/October. These patterns  
342 are mirrored in Mn (with the exception of an additional minimum in WBC), and Mg. Notably, the

343 amplitude between *Min* and subsequent *Max* is larger in western than eastern Baltic cod, resulting  
344 in more pronounced seasonal signals (Fig. 11).

345

## 346 **Discussion**

347 The concept of using otolith chemical composition for age estimation is in its infancy (Hüssy et  
348 al., 2016; Limburg et al., 2018) originating from decades of severe issues in age estimation of  
349 Baltic cod. Heimbrand et al. (2020) hypothesized that chronological patterns in specific elements,  
350 in particular Mg and P, may be used for age estimation in fish. The present study is the first of its  
351 kind, providing validation of this hypothesis that certain chemical elements are in fact incorporated  
352 into the otolith in an annually recurring pattern which would make them useful as tool for age  
353 estimation. We provided evidence that the chronological records of otolith P concentrations  
354 showed the highest consistency in seasonal variation over the years, with minima occurring in late  
355 winter/early spring when water temperatures are coldest and a seasonal amplitude which is  
356 considerably larger in western compared to eastern Baltic cod. In the following we will highlight  
357 differences in chronological patterns between elements with different incorporation mechanisms,  
358 discuss these patterns in the context of stock-specific environmental conditions and the elements  
359 usefulness for age determination.

360

### 361 Seasonality in element patterns

362 Elements reflecting environmental concentrations - Sr Ba, Pb and K - do not show strong,  
363 consistent seasonal patterns across fish sizes (reflected in both *DECODE* and *TABACOD* otoliths)  
364 and stocks, with two exceptions: Pb in *DECODE* and Sr in *TABACOD* otoliths. In *DECODE*  
365 otoliths, increases in Pb in summer may be attributable to the juvenile cod's shallower vertical

366 distribution (Oeberst, 2008; Pihl, 1982; Pihl and Ulmestrand, 1993) with associated high  
367 consumption of benthic crustaceans (Hüssy et al., 1997) that exhibit seasonal patterns in Pb, as  
368 well as Cu and Zn (Swaileh and Adelung, 1995). In eastern *TABACOD* cod, there are nevertheless  
369 weak signals that seemingly correspond to seasonal patterns in Sr. Evidence from a range of  
370 species suggests that seasonal peaks in otolith Sr coincides with peak spawning (Clarke and  
371 Friedland, 2004; Granzotto et al., 2003; Kalish, 1991; Sturrock et al., 2015) reflecting a change in  
372 Sr availability in the blood plasma (Sturrock et al., 2015). However, in this study highest Sr  
373 concentrations occur during winter, while the peak spawning time of eastern Baltic cod is in July  
374 – August (Bleil et al., 2009; Wieland et al., 2000). The seasonal pattern in Sr can therefore not be  
375 attributed to spawning as such. Given the Baltic Seas vertical stratification, where bottom water  
376 has a much higher salinity, seasonal migrations may contribute to a seasonal signal in otolith Sr  
377 concentration. Overall this study supports the hypothesis that elements that co-vary with  
378 environmental concentration are generally not useful for age estimation, at least for Baltic cod.

379 Among the elements regulated by physiological processes, P varies consistently over the seasons  
380 in both validation samples with minima co-occurring with otolith zones without visible daily  
381 increments in *DECODE* otoliths or, in the case of the *TABACOD* otoliths, in late winter/early  
382 spring. The amplitude in P is considerably larger in western compared to eastern Baltic cod  
383 corresponding to known stock-specific differences in growth rate (Bagge et al., 1994; McQueen  
384 et al., 2020) and experienced temperature amplitude, apparently with a smaller variation around  
385 the mean values in the western Baltic cod. Throughout the Baltic Sea, phosphate concentrations  
386 are low from April to September, presumably owing to a combination of increased primary  
387 production (Wulff and Rahm, 1988) coupled with a precipitation-related increase in P loading  
388 during fall/winter (Rolff et al., 2008) and recycling in the sediments in hypoxic areas (Viktorsson

389 et al., 2013). The seasonal bio-availability of phosphorus in the environment is thus out of phase  
390 with the P concentrations observed in the otoliths. P does therefore indeed seem to be a consistent  
391 tracer of seasonally varying physiological activity and growth rates in Baltic cod. In Cu and Zn,  
392 element minima also co-occur with winter zones in individual *DECODE* otoliths – but these  
393 signals disappear when profiles of fish are combined suggesting some variation in the timing of  
394 minima among individuals. In *TABACOD* otoliths, there seems to be no relation between minima  
395 and time of the year either. This lack in seasonality in Baltic cod may be related to family-specific  
396 incorporation mechanism, in that no such patterns occur in Osmeridae either (Limburg and Elfman,  
397 2010), while Zn concentrations in families like Salmonidae and Esocidae are at a minimum in  
398 winter (Friedrich and Halden, 2010; Halden and Friedrich, 2008; Halden et al., 2000; Limburg and  
399 Elfman, 2010). Additionally, one should also bear in mind that the concentrations of these elements  
400 are very low, with low signal to noise ratios. Evidently, Cu and Zn are therefore not suitable for  
401 age estimation – at least for Baltic cod.

402 Seasonal signals with minima during winter/late spring are also evident in Mg and Mn for both  
403 *DECODE* and especially *TABACOD* otoliths. While element uptake in marine fish generally  
404 occurs from the water (Doubleday et al., 2013; Walther and Thorrold, 2006), dietary Mg  
405 enrichment results in increased otolith Mg (Shearer and Åsgård, 1992). There is also growing  
406 evidence that otolith Mg is tied to metabolism (Limburg et al., 2018; Thomas and Swearer, 2019).  
407 Variations in Mg therefore may represent dietary and metabolic processes. The present results  
408 support a strong physiological component, presumably related to consumption, in the  
409 incorporation of the two elements as suggested by Limburg et al. (2018) and Limburg and Casini  
410 (2018). Mg was also, together with P, identified as the element with the highest precision among  
411 age readers using chemical profiles for ageing Baltic cod, with an agreement of 74% compared to

412 50% for traditional ageing with coefficients of variation of 10% and 22% respectively (Heimbrand  
413 et al., 2020). Otolith Mn on the other hand, reflects environmental concentrations of  $Mn^{2+}$  made  
414 available during hypoxia, with some additional physiological regulation (Altenritter et al., 2018;  
415 Limburg and Casini, 2018; Thomas and Swearer, 2019). In the Baltic Sea, hypoxia is known to  
416 occur frequently in shallow coastal areas during summer/fall (Conley et al., 2001) in addition to  
417 the persistent hypoxia in the deeper areas of the Bornholm Basin (Viktorsson, 2017). The seasonal  
418 signals, particularly apparent in the eastern Baltic cod otoliths, seem thus to reflect exposure to  
419 higher environmental Mn concentrations during the spawning season in summer (Bleil et al., 2009;  
420 Wieland et al., 2000) spent in the deeper areas of the Bornholm Basin (Nielsen et al., 2013; Hüsey  
421 et al., 2020a). The more irregular patterns in western Baltic cod otoliths may instead reflect  
422 summer-residence in more ephemeral hypoxic areas (Funk et al., 2020).

423

424 Timing of seasonal patterns

425 Small, yet consistent differences between the two Baltic cod stocks are evident in the elemental  
426 minima of P, Mg and Mn in the otoliths of tagged *TABACOD* cod. In eastern Baltic cod, these  
427 minima occur in March, but in western Baltic cod somewhat earlier – in January/February.  
428 Maxima occur in October/November and August/September in western and eastern Baltic cod  
429 respectively. In the following we will examine to what extent these stock-specific differences in  
430 extremum formation are attributable to water temperature or fish growth.

431 *Eastern Baltic cod:* The coldest temperatures experienced by eastern Baltic cod occur during  
432 March and highest temperatures in October – November, as data from archival tags have shown  
433 (Hüsey et al., 2009, 2010; Righton et al., 2010; Hüsey et al., 2020a). Otolith growth modelling  
434 suggests that otolith increment formation apparently ceases at temperatures  $< 5 - 6^{\circ}C$ . in *DECODE*

435 otoliths (Hüssy et al., 2010), occurring in March/April at the depths inhabited by cod at that time  
436 of the year. In eastern Baltic cod, the seasonal temperature experienced is reflected in fish somatic  
437 growth patterns as well. A recent paper examining growth from tagging programs across multiple  
438 decades (1955 – 1970), found minima and peaks in growth rates in March and September  
439 respectively (Mion et al., 2020). However, a corresponding analysis with TABACOD data was not  
440 able to detect seasonal variations in somatic growth (Mion et al., in review), which suggests that  
441 otolith P concentration is not only a function of somatic growth.

442 *Western Baltic cod:* Cod in the western Baltic sea experience the lowest and warmest water  
443 temperatures in January/February and August – October respectively (MARNET, 2020). The  
444 timing of elemental extremum formation thus corresponds with the temporal temperature patterns.  
445 Also in western Baltic cod historic tagging data from 1965 – 1972 found seasonally varying  
446 somatic growth (Borrmann and Berner, 1983; Berner and Borrmann, 1985). Borrmann and Berner  
447 (1983) attributed the difference in winter minimum to the maturation/spawning cycle. Berner and  
448 Borrmann (1985) further noticed that seasonal minima in growth occurred in January in fast  
449 growing cod, but first in mid-April in slow growing cod, attributing the disparity to different stock  
450 origin of the tagged cod. A recent study on cod tagged on two artificial reefs in 2007-2015 found  
451 minima and peaks in somatic growth to occur in May and November, respectively (McQueen *et*  
452 *al.*, 2019). Both minima and peaks in growth of this stock occur approximately 3 months after the  
453 corresponding element and temperature extrema. The reason for this apparent shift in timing over  
454 time are somewhat unclear, but could be related to analytical differences (historic growth not  
455 calculated on length change of individuals but mean sizes at estimated age), tagging of different  
456 stock components (local sub-structuring of cod stocks in coastal areas of the Baltic Sea (Wenne et

457 al., 2020)), or a climate change driven increase in summer temperatures to above-optimal levels  
458 for cod growth.

459 The seasonal growth patterns from tagging studies of the eastern stock thus mirror the elemental  
460 patterns from this study very well, and support a close coupling between seasonal temperature,  
461 consumption and growth (Campana et al., 1995; Mello and Rose, 2005; Pörtner et al., 2001;  
462 Schwalm and Chouinard, 1999) and incorporation of P, Mg and Mn - where minima in elements  
463 occur when water temperatures are coldest and growth slowest. The corresponding information  
464 from the western stock on the other hand indicates that the coupling between these processes may  
465 be influenced by a range of additional, and to date unknown, factors.

466  
467 Correspondence between age and number of element minima

468 The most basic requirement for a new age estimation method to be applicable for stocks where  
469 traditional age estimation is not possible, is that it provides age estimates that are accurate (without  
470 bias) and with high precision. In the present study, the number of chemical minima in P, Zn and  
471 Mg only corresponded with the fish's known age in approximately 45 - 50% of the samples. Under-  
472 estimation of the number of minima was largely attributable to the fact that extremum detection  
473 methods need sufficient measurements on either side of the extremum in order to be able to identify  
474 it correctly. Taking account for these missing minima at the edge of the otolith increased the  
475 correspondence between known age and chemistry-derived age to approximately 80%. One way  
476 to avoid this issue in the future would be to select otoliths sampled just after the main growth  
477 season between summer and early winter (and not at the coldest time of the year as the *DECODE*  
478 samples in this study), giving the otoliths time to add a new growth increment. Over-estimation on  
479 the other hand occurred in fish with sub-seasonal element cycles, even if these are often less



480 prominent compared to the true seasonal signals. It is thus clear that the selection of a single  
481 combination of settings for profile smoothing and extremum detection may lessen the accuracy of  
482 the chemical method. Particularly so in a stock with large variability in behaviour between  
483 individuals that may cause sub-seasonal patterns in temperature experience like the eastern Baltic  
484 cod (Hüssy et al., 2009; Nielsen et al., 2013). In order to obtain an individual's correct age, visual  
485 examination of the element profiles to identify potentially missing/superfluous extrema is  
486 recommended.

487

#### 488 Conclusion and future perspective

489 This study has shown that among the elements that are co-factors in the organic matrix regulating  
490 biomineralisation, only P shows consistent seasonal patterns in concentration across fish size and  
491 stocks. Other elements under physiological control (Cu and Zn) occur at concentrations that are  
492 too low for reliable signal detection. Mg shows similar, albeit much weaker, patterns as P,  
493 suggesting that the physiological regulation is outweighing environmental control. Elements that  
494 substitute for Ca or that are randomly trapped in the otolith crystal lattice (Sr, Ba, K, Pb) are poor  
495 indicators of growth, and by inference, the age of the fish.

496 Chronological patterns in P may thus have the potential to supplant/supplement traditional age  
497 estimation or to guide the visual identification of translucent and opaque otolith patterns used in  
498 traditional age estimation. Particularly in otoliths with discrepancies in interpretation between  
499 readers such as the eastern Baltic cod, the microchemistry-based approach would improve the  
500 accuracy of age estimates.

501 In all elements, inter-individual variation was considerable despite the application of  
502 standardization routines. Studies that explore the environmental and/or biological drivers behind

503 these inter-individual variations in absolute element concentrations as well as sub-seasonal pattern  
504 formations based on targeted laboratory experiments and especially information from electronic  
505 archival tags linked with chemical composition (Morita et al., 2013) are necessary to understand  
506 the physiological processes regulating element incorporation into the otolith and to improve the  
507 reliability of microchemistry as a routine age estimation method. Heimbrand et al. (2020)  
508 highlighted that patterns of P were more pronounced in older individuals, while Mg patterns were  
509 clearer in younger fish. This suggests that sexual maturation may influence the availability of  
510 elements for incorporation into the otoliths. The present study corroborates these results,  
511 suggesting that increased focus should be given to the impact of maturation and spawning on  
512 otolith element concentrations and the impact of reduced seasonal temperature fluctuations in the  
513 future.

514 Otolith biomineralisation is regulated by physiological and kinetic processes that may be expected  
515 to be similar across fish taxa, with similar drivers of element incorporations (Hüssy et al., 2020b).  
516 The extent to which the proposed use of chronological seasonal patterns in otolith P concentration  
517 for age estimation is applicable to other species remains to be explored.

518

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525

526 **Competing interests**

527 The authors declare there are no competing interests.

528

529 **Contributors' statement**

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531 Supervision, Funding acquisition

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551

### 552 **Data availability statement**

553 The data upon which this study is based originate from the TABACOD project. In the Cooperation  
554 Agreement of that project it has been stated that data from TABACOD will be made publicly  
555 available 5 years after the termination of the project (31/05/2025), in order to ensure project  
556 participants sufficient time to publish ongoing work. During the 5-year embargo period, access to  
557 data may be given by contacting the corresponding author.

558

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827



828 **Figure captions**

829

830 **Fig. 1.** Map of the locations of cod from three different samples used in this study. Green symbols:  
831 Known-age samples of Baltic cod from the “Improved methodology for Baltic COD Age  
832 Estimation” (DECODE) project where age was obtained from patterns in daily otolith increment  
833 widths (varying size indicative of sample size). Blue and red symbols: Samples of recaptured  
834 Baltic cod from the international tagging project “Tagging Baltic Cod” (TABACOD), where  
835 symbols show the recapture locations of tagged cod (eastern Baltic cod = blue symbols; western  
836 Baltic cod = red symbols). Black symbols: Samples of cod from the Kattegat, which have a high  
837 contrast between otolith growth zones and therefore are used as test group to identify the best  
838 approach for the analyses of element profiles. Numbers identify ICES Subdivisions (SD), where  
839 SD 21: Kattegat, SD 22: Belt Sea, SD 23: Sound, SD 24: Arkona Sea, SD 25 Bornholm Sea, SD  
840 26: Gdansk Bay and SD 28: Gotland Basin. The area consists of three management areas: Kattegat  
841 (SD 21), western Baltic Sea (SD 22 – 24) and eastern Baltic Sea (SD 25 – 32). Map created using  
842 the “maps” package ver. 3.3.0 of “R”.

843

844 **Fig. 2.** Transversal section of an otolith from a 4-year old cod caught in December 2010 in Kattegat  
845 from the test sample (*TEST*) characterized by high contrast between seasonal translucent and  
846 opaque zones with concurrent high age estimation precision and well established ageing protocols.  
847 *TEST* samples were used to identify the best setting for profile smoothing and peak detection.  
848 Otolith section is viewed under reflected light, with superimposed elemental profile of phosphorus  
849 (as P/Ca ratio) from the nucleus to the dorsal otolith edge and translucent seasonal growth zones  
850 indicated by grey vertical bars.

851

852 **Fig. 3.** Transversal section of otolith of a 3-year old Baltic cod from the first validation collection,  
853 the *DECODE* samples, where age was obtained from patterns in daily otolith increment widths,  
854 viewed under reflected light (bottom right), where the black box indicates the otolith area viewed  
855 under 20x magnification and transmitted light (middle image). In this image, white dots indicate  
856 daily increments prior to and after a zone with no visible increments. The profile of daily increment  
857 widths from core to otolith edge (top left) shows how “winter zones” were identified. Winter zones  
858 (*WZ*) are indicated with arrows, where the distance of the midpoint of each zone to the core is the  
859 measurement used in the present analyses. Note that the last *WZ* has just started to form at the edge  
860 of the otolith and can therefore not be measured. Since the cod was caught in February and new  
861 growth zones are counted from the 1<sup>st</sup> January, this last zone corresponding to the edge, is counted  
862 when estimating the age of the fish. The arrows in the images of otolith cross section and magnified  
863 otolith zone showing daily increments correspond to the *WZ* identified in daily increment profile  
864 (top left).

865

866 **Fig. 4.** Transversal section of a tagged eastern Baltic cod otolith from the second validation sample,  
867 the *TABACOD* samples consisting of tagged and recaptured cod from the from the international  
868 tagging project “Tagging Baltic Cod”, viewed under reflected light with the position of the laser  
869 transect indicated with a broken black line. The same otolith is shown under UV light showing the  
870 green fluorescent TET mark induced at release, where the part of the profile used in this study is  
871 indicated with a solid black line on both images. The cod was released at 54.60 N and 13.42 E on  
872 the 03/11/2017 at a length of 263 mm and recaptured at a length of 462 mm at 54.69N and 13.19E  
873 on the 19/06/2019 after 593 days at liberty.

874

875 **Fig. 5.** Element profiles of a 4-year old, 290 mm long, male Baltic cod from the first validation  
876 collection, the *DECODE* samples, where age was obtained from patterns in daily otolith increment  
877 widths, including an image of the corresponding otolith viewed under reflected light. Profiles show  
878 relative element concentrations (Element:Ca ratios divided by the profile mean for each element)  
879 where data are loess smoothed means and confidence interval bands in relation to distance to the  
880 core along the dorsal growth axis. Grey vertical bars indicate the location of three consecutive  
881 winter zones (*WZ*) identified using daily increment patterns. Element minima (*Min*) = blue  
882 symbols, vertical lines from *Min* to x-axis are shown to facilitate the identification of the timing in  
883 relation to *WZ*. Incorporation mechanisms of the elements, i.e. whether element incorporation is  
884 expected to depend on environmental concentration, physiology or a combination of both, is  
885 indicated above each column. Note that the y-axis was truncated to optimize the visual appearance  
886 of the signals, and that this has excluded some of the highest concentrations in Cu, Mn, Zn and Pb  
887 at the beginning of the profiles.

888

889 **Fig. 6.** Relationship between minima in the chemical profiles (*Min*) for all elements separately in  
890 relation to winter zones (*WZ*) identified in the daily increment patterns of Baltic cod from the first  
891 validation collection, the *DECODE* samples, where age was obtained from patterns in daily otolith  
892 increment widths. Colours indicate consecutive number of *Min* and corresponding *WZ* identified.  
893 Black represents the first element *Min* and *WZ*, red and green represent the subsequent second and  
894 third *Min* and *WZ*. Incorporation mechanisms of the elements, i.e. whether element incorporation  
895 is expected to depend on environmental concentration, physiology or a combination of both, is  
896 indicated above each column..

897  
898 **Fig. 7.** Frequency distributions of the difference between known age identified from daily  
899 increment patterns and chemical age from the number of profile minima ( $WZ - Min$ ) by element in  
900 Baltic cod from the first validation collection, the *DECODE* samples, where age was obtained  
901 from patterns in daily otolith increment widths. Incorporation mechanisms of the elements, i.e.  
902 whether element incorporation is expected to depend on environmental concentration, physiology  
903 or a combination of both, is indicated above each column..

904  
905 **Fig. 8.** Element profiles of a tagged and recaptured female eastern Baltic cod from the *TABACOD*  
906 validation samples from the international tagging project “Tagging Baltic Cod” with 927 days at  
907 liberty, including an image of the corresponding otolith view under reflected light (black bar  
908 indicates tagging period). Released on 14/11/2016, 54.574N, 13.825E at a length of 370mm;  
909 Recaptured on 30/05/2019, 55.377N, 15.647E at a length of 471 mm. Profiles show relative  
910 element concentrations (Element:Ca ratios divided by the profile mean for each element), from the  
911 TET mark to the otolith edge. Data are shown with loess smoothed means and confidence interval  
912 bands in relation to distance to the core. Element minima ( $Min$ ) = blue symbols, element maxima  
913 ( $Max$ ) = red symbols, vertical lines from  $Min$  to x-axis are shown to facilitate the identification of  
914 the time of the year corresponding to the extrema. Incorporation mechanisms of the elements is  
915 indicated above each column.  $Min$  in P occur in April in the years 2018 and 2019 and apparently  
916 somewhat earlier in 2017, albeit this minimum is difficult to estimate precisely owing to the limited  
917 data points between profile start and  $Min_{2017}$ .  $Min$  in Mg follow the same pattern but with a delay  
918 of approximately 1 month. Incorporation mechanisms of the elements, i.e. whether element

919 incorporation is expected to depend on environmental concentration, physiology or a combination  
920 of both, is indicated above each column.

921  
922 **Fig. 9.** Elements where incorporation depends entirely on environmental concentration. Profiles  
923 are from the second validation samples, the *TABACOD* samples of tagged and recaptured Baltic  
924 cod with more than 180 days at liberty, from the TET mark to the otolith edge, in relation to date  
925 of incorporation. Left panel = eastern Baltic cod, right panes = western Baltic cod. Data shown are  
926 relative element concentrations (Element:Ca ratios divided by the profile mean for each element)  
927 with loess smoothed means and confidence interval bands. Minima (*Min*) = blue symbols, maxima  
928 (*Max*) = red symbols. Vertical lines from extrema to x-axis are shown to facilitate identification  
929 the time of the year corresponding to the extrema.

930  
931 **Fig. 10.** Elements where incorporation is regulated by an interaction of environmental  
932 concentration and physiological processes. Profiles are from the second validation samples, the  
933 *TABACOD* samples of tagged and recaptured Baltic cod with more than 180 days at liberty, from  
934 the TET mark to the otolith edge, in relation to date of incorporation. Left panel = eastern Baltic  
935 cod, right panes = western Baltic cod. Data shown are relative element concentrations (Element:Ca  
936 ratios divided by the profile mean for each element) with loess smoothed means and confidence  
937 interval bands. Minima (*Min*) = blue symbols, maxima (*Max*) = red symbols. Vertical lines from  
938 extrema to x-axis are shown to facilitate identification the time of the year corresponding to the  
939 extrema.

940

941 **Fig. 11.** Elements where incorporation is regulated entirely by physiological processes. Profiles  
942 are from the second validation samples, the *TABACOD* samples of tagged and recaptured Baltic  
943 cod with more than 180 days at liberty, from the TET mark to the otolith edge, in relation to date  
944 of incorporation. Left panel = eastern Baltic cod, right panes = western Baltic cod. Data shown are  
945 relative element concentrations (Element:Ca ratios divided by the profile mean for each element)  
946 with loess smoothed means and confidence interval bands. Minima (*Min*) = blue symbols, maxima  
947 (*Max*) = red symbols. Vertical lines from extrema to x-axis are shown to facilitate identification  
948 the time of the year corresponding to the extrema.

1 **Table 1.** Overview of samples used in this study. Values of length, age and days at liberty (DAL)  
2 are given as mean  $\pm$  standard deviation with the range of values in brackets.

3

4	Collection	Stock	n	Length (mm)	Age (years)	DAL (days)
5	<i>TEST</i>	Kattegat	40	631 $\pm$ 85 (390-830)	4.2 $\pm$ 0.5 (3 - 5)	na
6	<i>DECODE</i>	Eastern Baltic	53	242 $\pm$ 64 (150-350)	3.2 $\pm$ 0.6 (2 - 4)	na
7	<i>TABACOD</i>	Eastern Baltic	123	438 $\pm$ 53 (282–579) <sup>†</sup>	na	368 $\pm$ 154 (183–927)
8	<i>TABACOD</i>	Western Baltic	20	467 $\pm$ 76 (339–614) <sup>†</sup>	na	316 $\pm$ 13 (186–748)

9

10 Footnote: <sup>†</sup> Length at recapture

11

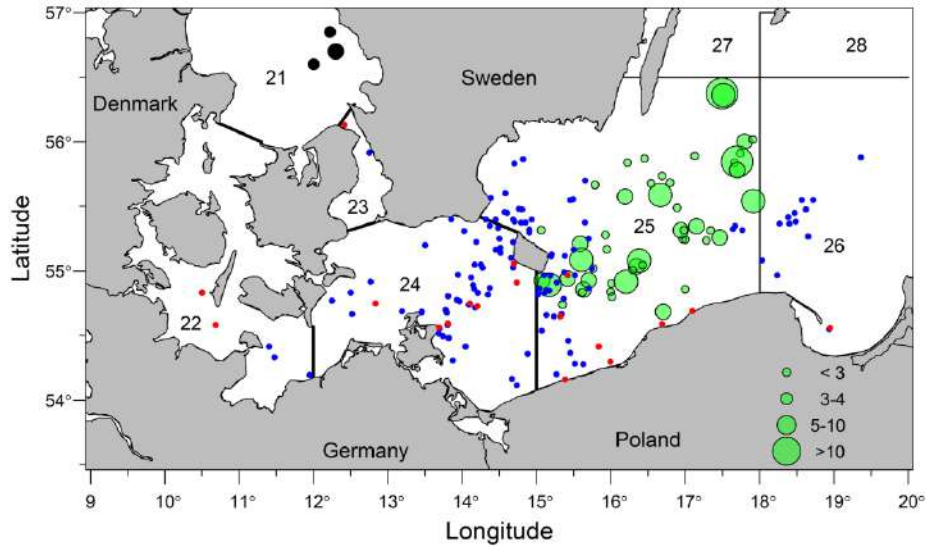
1 **Table 2.** Regression statistics of minima in the chemical profiles (*Min*) in relation to winter zones  
 2 (*WZ*) in *DECODE* otoliths, confidence intervals in brackets.

3

4	Regulation	Element	Intercept	Slope	obs/groups	r <sup>2</sup>
5	Environment	Ba	291 (190 – 392)	0.71 (0.64 – 0.79)	103/53	0.60
6		Pb	104 (9 – 198)	0.82 (0.75 – 0.82)	114/53	0.73
7		Sr	206 (87 – 325)	0.85 (0.76 – 0.93)	99/51	0.57
8	Physiology	Cu	150 (63 – 237)	0.79 (0.72 – 0.86)	105/52	0.67
9		P	110 (26 – 193)	0.84 (0.77 – 0.91)	103/53	0.81
10		Zn	166 (79 – 253)	0.81 (0.74 – 0.89)	110/53	0.73
11	Physiology and Environment	Mg	177 (88 – 267)	0.88 (0.80 – 0.96)	102/53	0.73
12		Mn	305 (183 – 428)	0.76 (0.65 – 0.86)	90/51	0.62

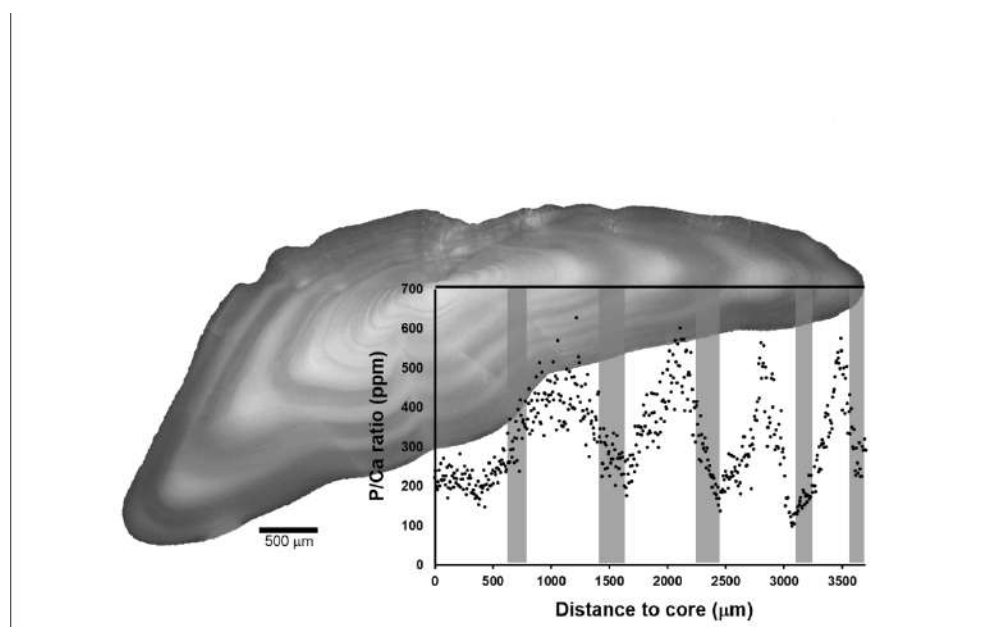
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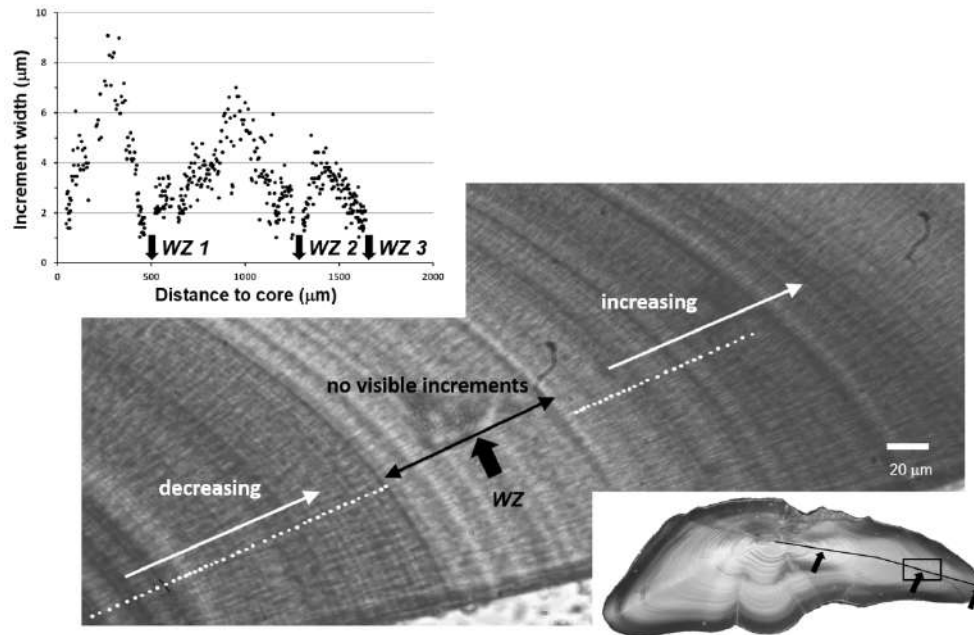
Map of the locations of cod from three different samples used in this study. Green symbols: Known-age samples of Baltic cod from the "Improved methodology for Baltic COD Age Estimation" (DECODE) project where age was obtained from patterns in daily otolith increment widths (varying size indicative of sample size). Blue and red symbols: Samples of recaptured Baltic cod from the international tagging project "Tagging Baltic Cod" (TABACOD), where symbols show the recapture locations of tagged cod (eastern Baltic cod = blue symbols; western Baltic cod = red symbols). Black symbols: Samples of cod from the Kattegat, which have a high contrast between otolith growth zones and therefore are used as test group to identify the best approach for the analyses of element profiles. Numbers identify ICES Subdivisions (SD), where SD 21: Kattegat, SD 22: Belt Sea, SD 23: Sound, SD 24: Arkona Sea, SD 25 Bornholm Sea, SD 26: Gdansk Bay and SD 28: Gotland Basin. The area consists of three management areas: Kattegat (SD 21), western Baltic Sea (SD 22 – 24) and eastern Baltic Sea (SD 25 – 32). Map created using the "maps" package ver. 3.3.0 of "R".

241x170mm (300 x 300 DPI)



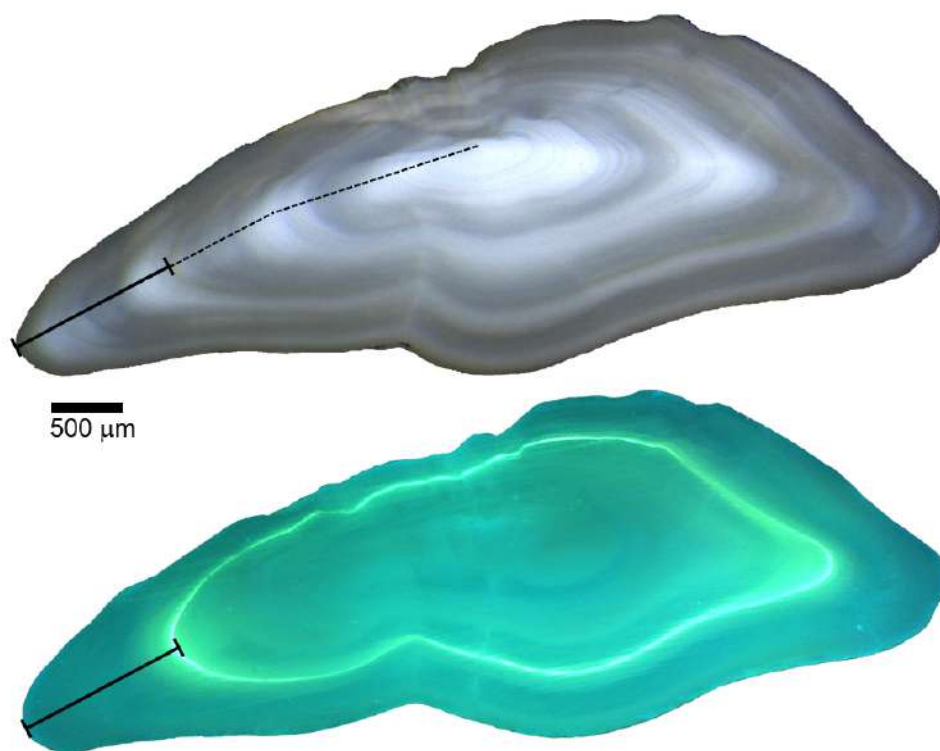
Transversal section of an otolith from a 4-year old cod caught in December 2010 in Kattegat from the test sample (TEST) characterized by high contrast between seasonal translucent and opaque zones with concurrent high age estimation precision and well established ageing protocols. TEST samples were used to identify the best setting for profile smoothing and peak detection. Otolith section is viewed under reflected light, with superimposed elemental profile of phosphorus (as P/Ca ratio) from the nucleus to the dorsal otolith edge and translucent seasonal growth zones indicated by grey vertical bars.

290x179mm (150 x 150 DPI)



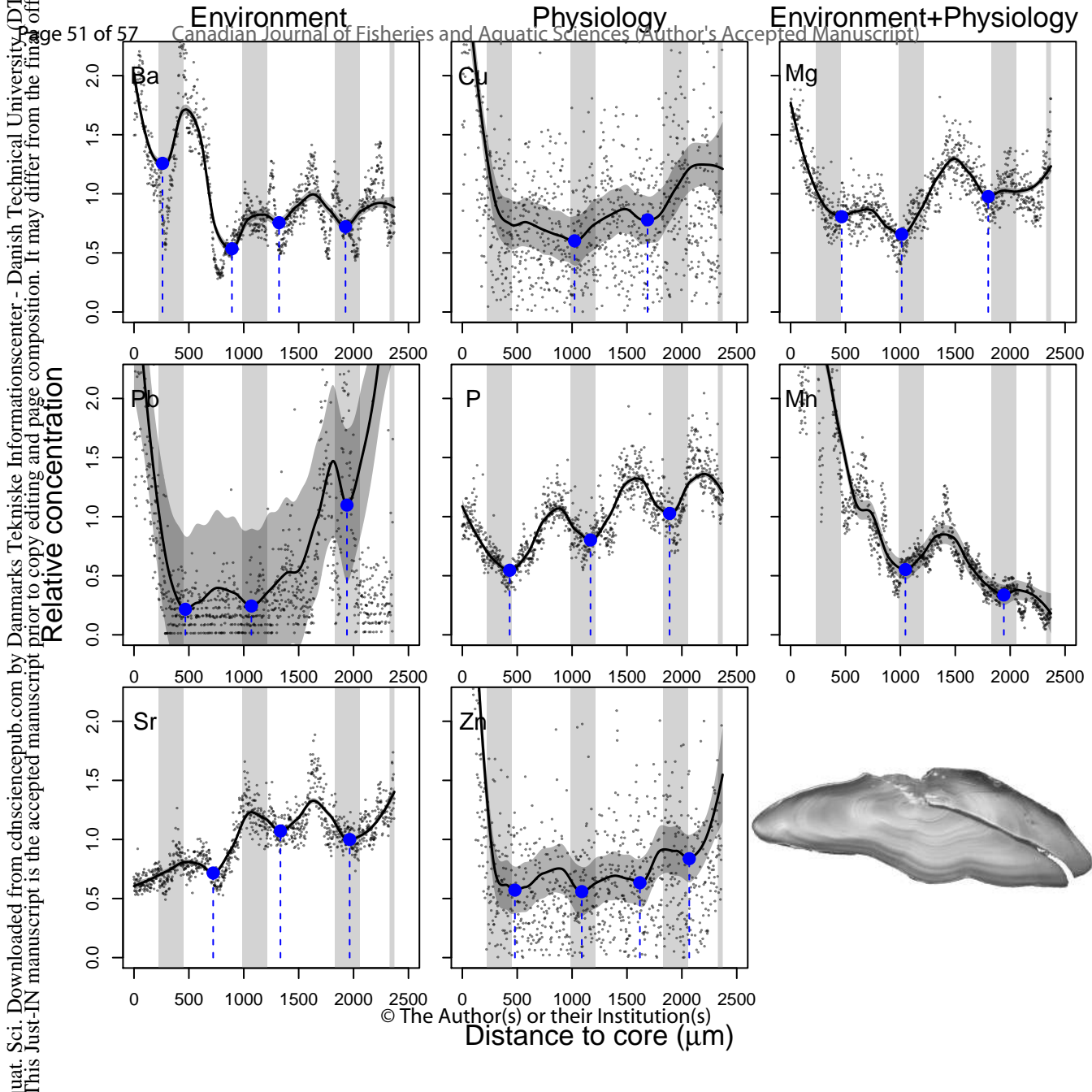
Transversal section of otolith of a 3-year old Baltic cod from the first validation collection, the DECODE samples, where age was obtained from patterns in daily otolith increment widths, viewed under reflected light (bottom right), where the black box indicates the otolith area viewed under 20x magnification and transmitted light (middle image). In this image, white dots indicate daily increments prior to and after a zone with no visible increments. The profile of daily increment widths from core to otolith edge (top left) shows how "winter zones" were identified. Winter zones (WZ) are indicated with arrows, where the distance of the midpoint of each zone to the core is the measurement used in the present analyses. Note that the last WZ has just started to form at the edge of the otolith and can therefore not be measured. Since the cod was caught in February and new growth zones are counted from the 1st January, this last zone corresponding to the edge, is counted when estimating the age of the fish. The arrows in the images of otolith cross section and magnified otolith zone showing daily increments correspond to the WZ identified in daily increment profile (top left).

276x180mm (150 x 150 DPI)

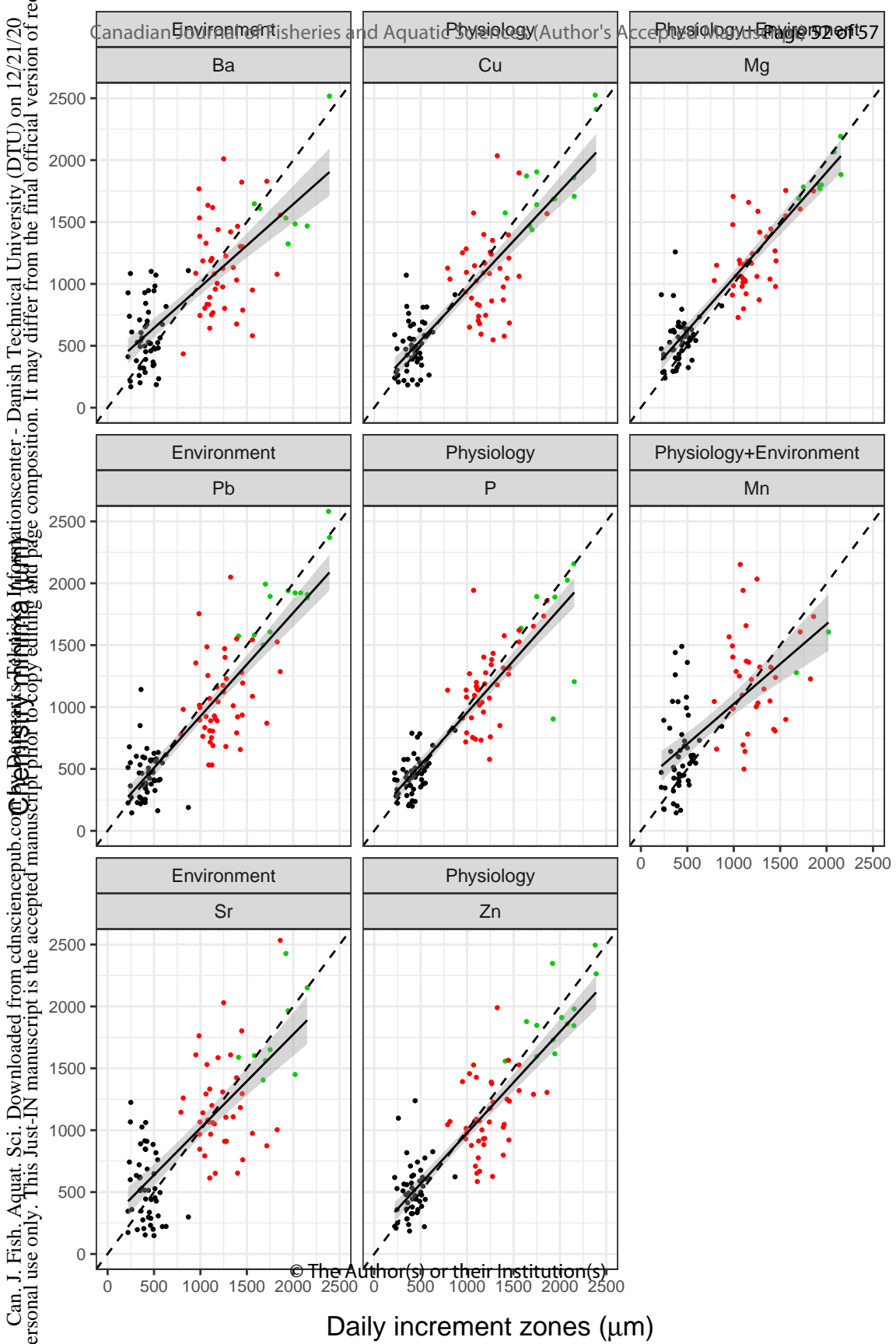


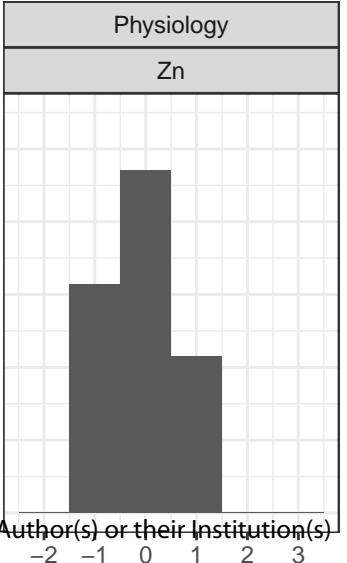
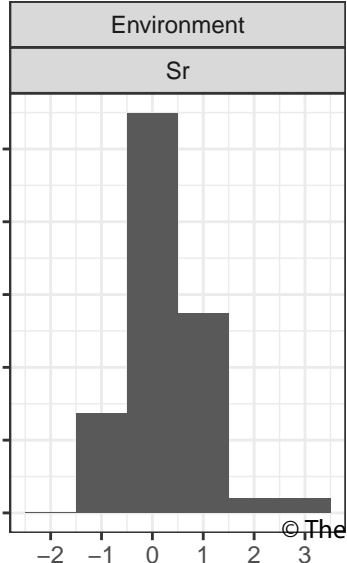
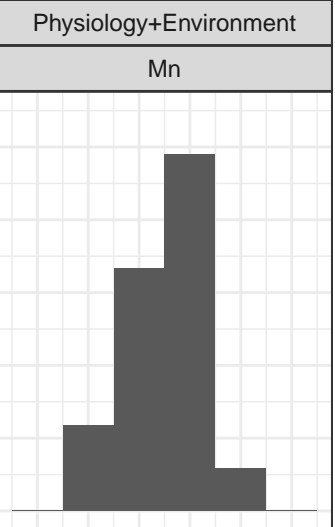
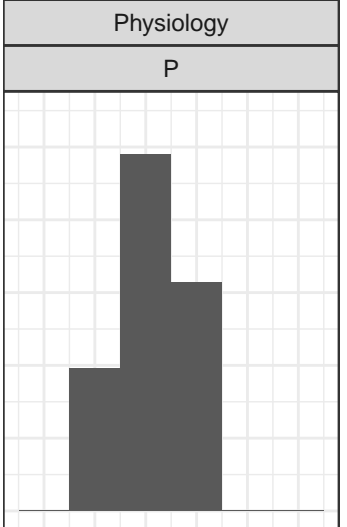
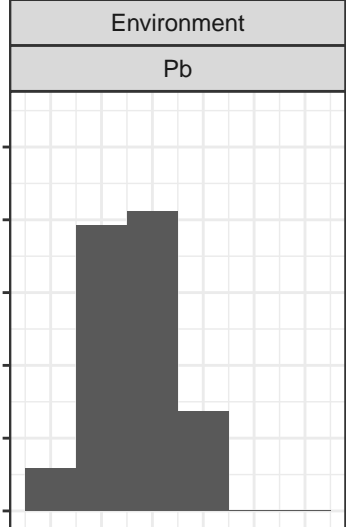
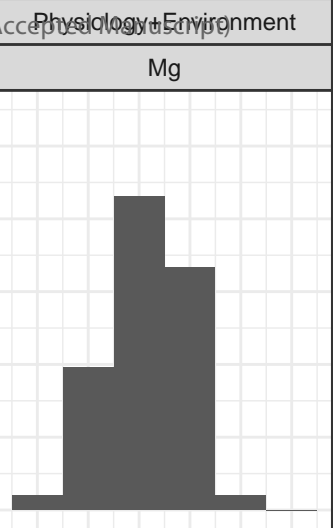
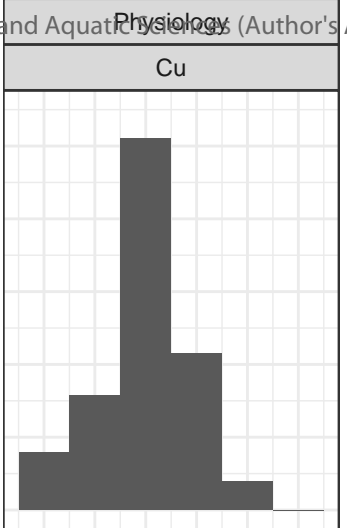
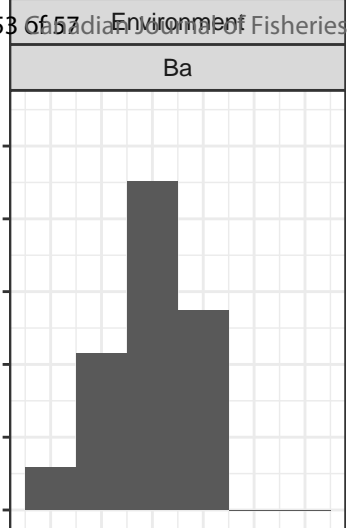
Transversal section of a tagged eastern Baltic cod otolith from the second validation sample, the TABACOD samples consisting of tagged and recaptured cod from the international tagging project "Tagging Baltic Cod", viewed under reflected light with the position of the laser transect indicated with a broken black line. The same otolith is shown under UV light showing the green fluorescent TET mark induced at release, where the part of the profile used in this study is indicated with a solid black line on both images. The cod was released at 54.60 N and 13.42 E on the 03/11/2017 at a length of 263 mm and recaptured at a length of 462 mm at 54.69N and 13.19E on the 19/06/2019 after 593 days at liberty.

164x125mm (150 x 150 DPI)



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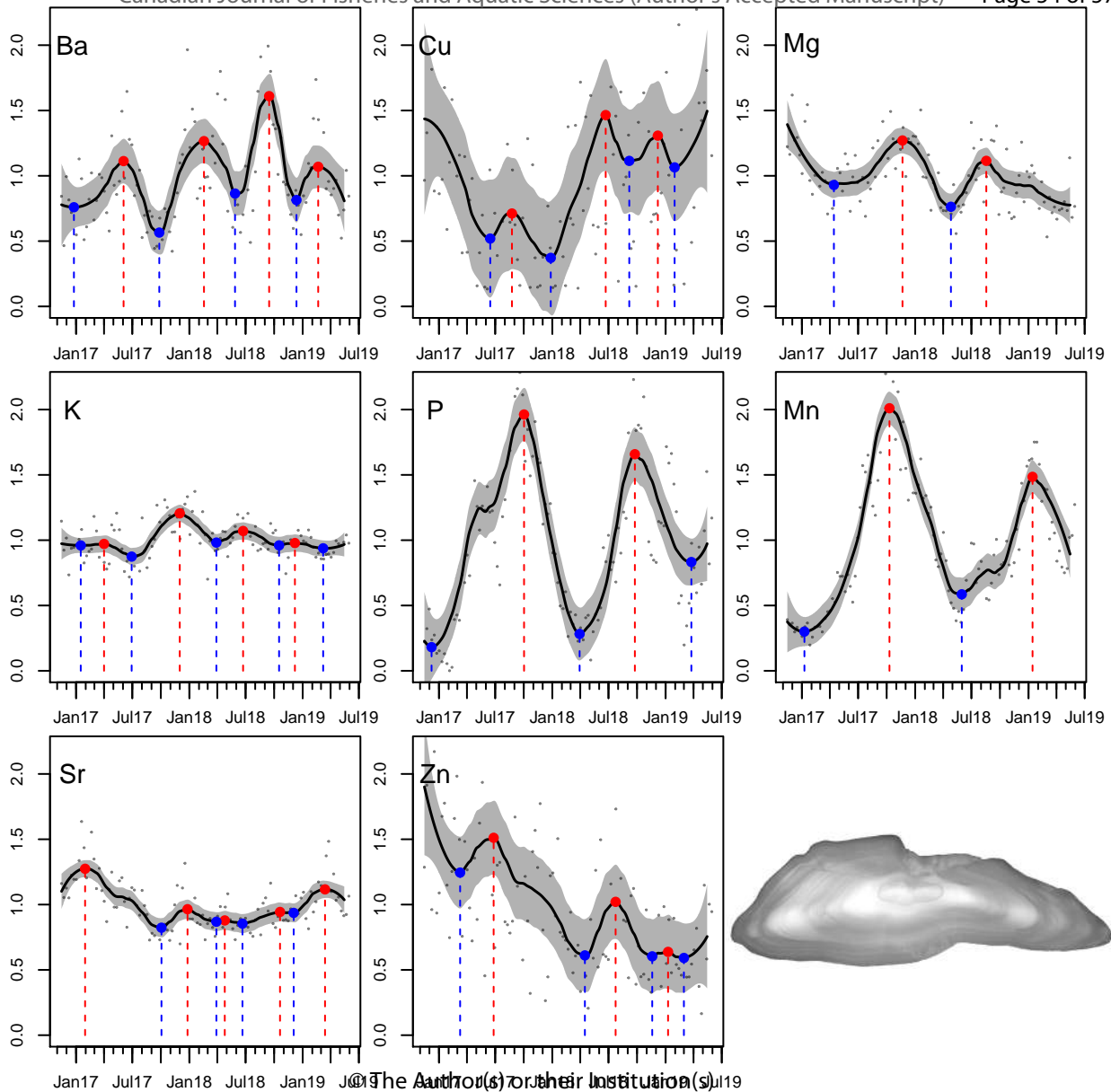


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Known age – chemical minima

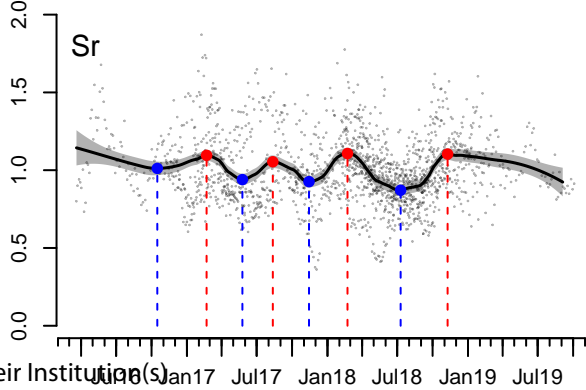
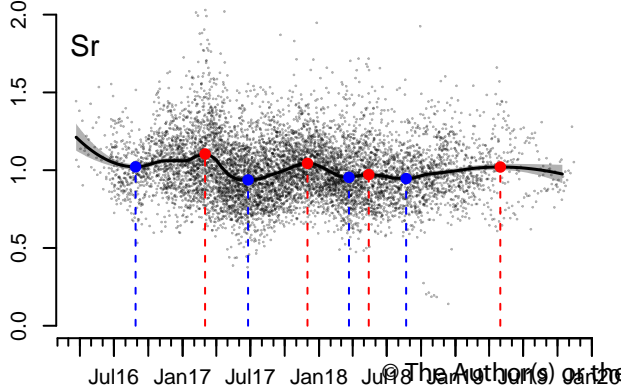
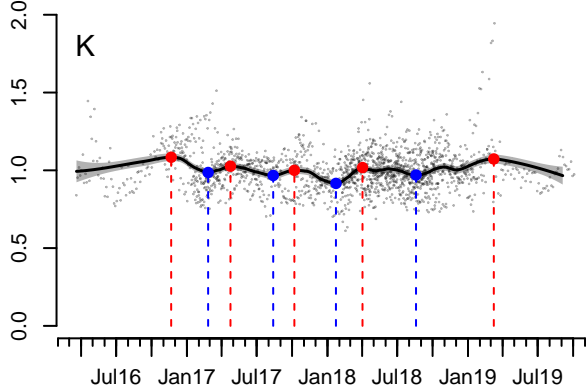
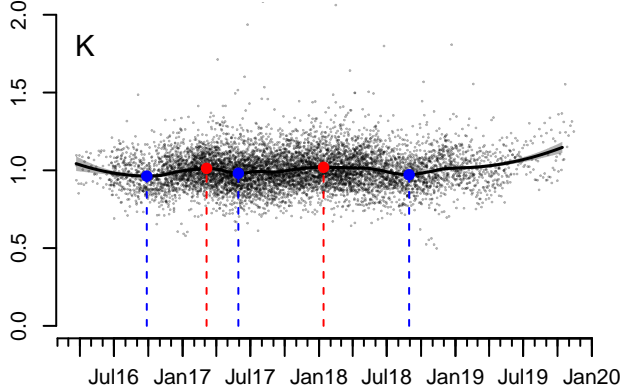
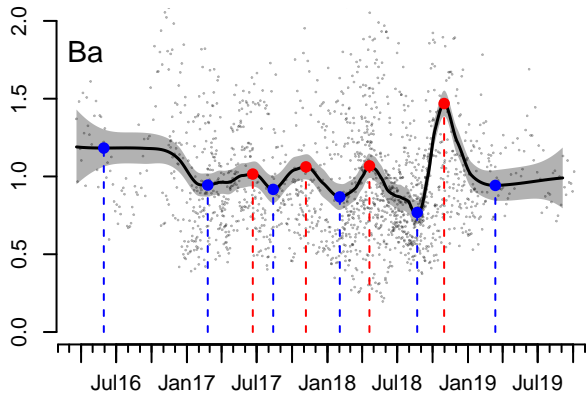
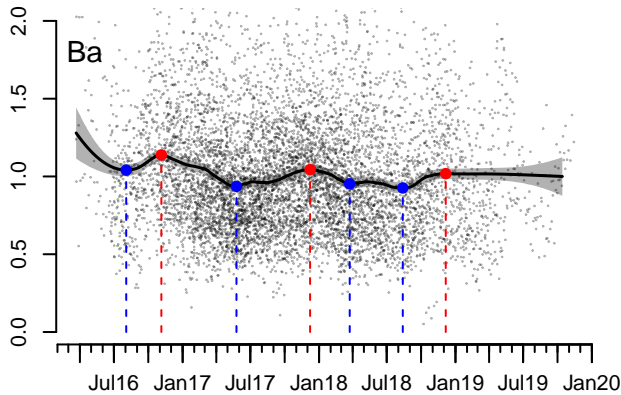
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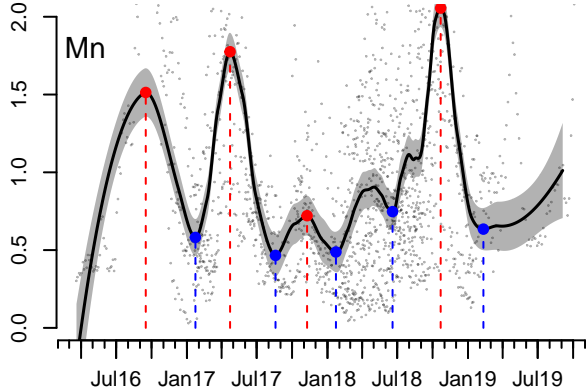
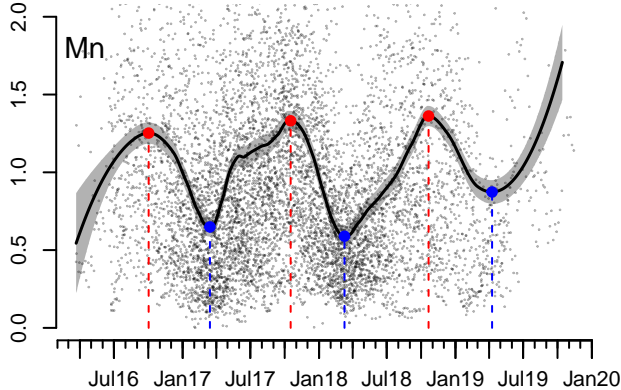
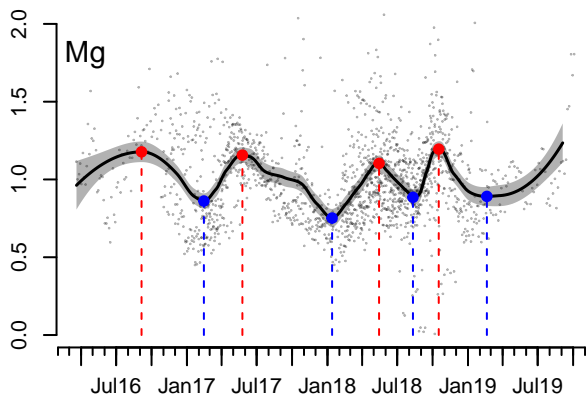
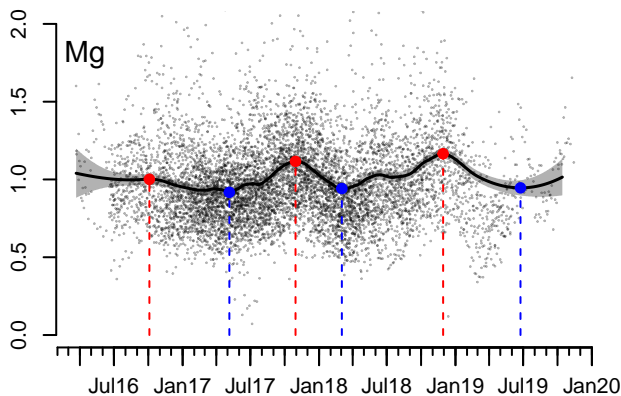


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Eastern Baltic cod

Western Baltic cod

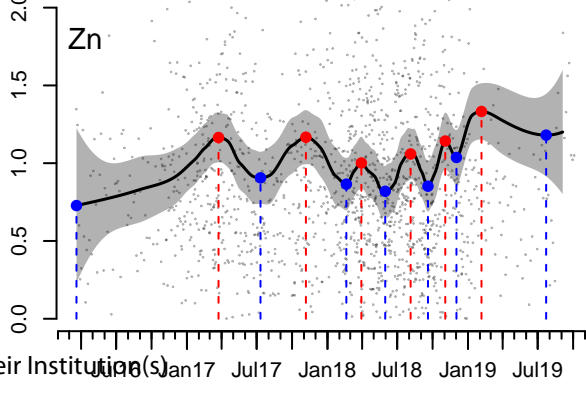
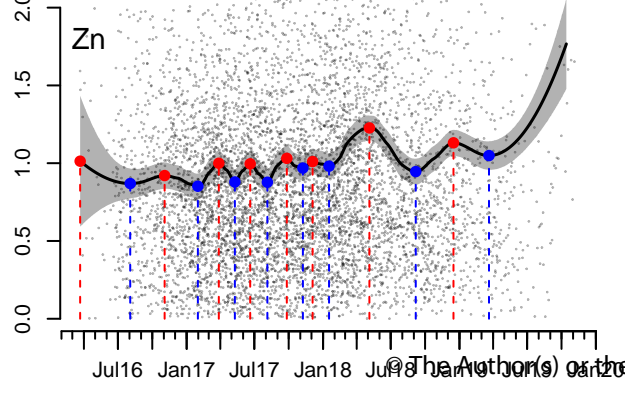
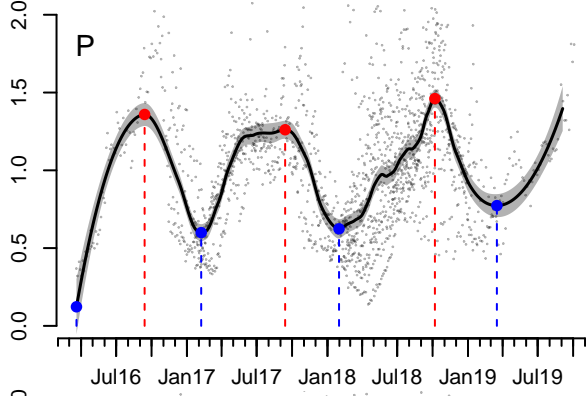
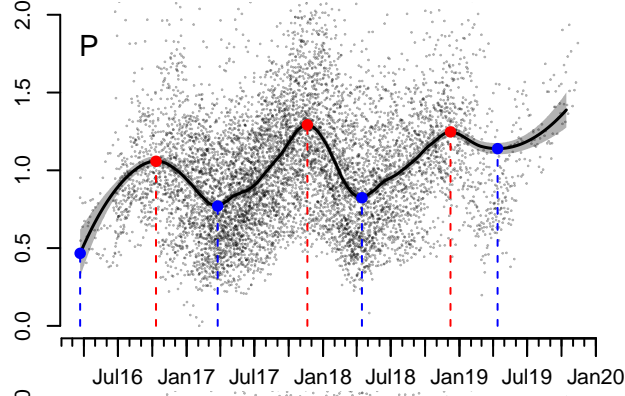
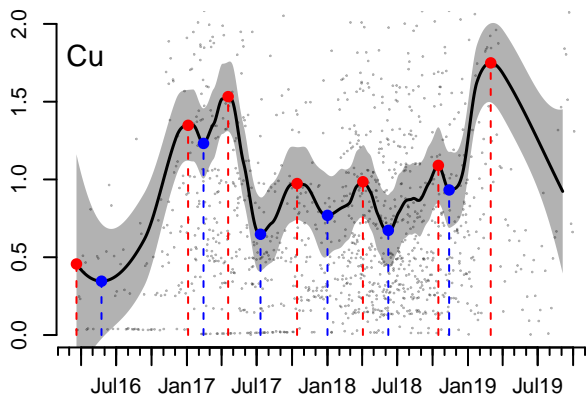
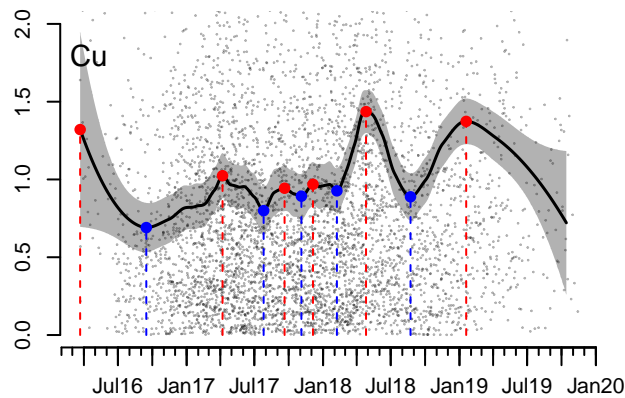


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