

Alma Mater Studiorum Università di Bologna  
Archivio istituzionale della ricerca

Effect of hydrodynamic cavitation on flocs structure in sewage sludge to increase stabilization for efficient and safe reuse in agriculture

This is the final peer-reviewed author's accepted manuscript (postprint) of the following publication:

*Published Version:*

Effect of hydrodynamic cavitation on flocs structure in sewage sludge to increase stabilization for efficient and safe reuse in agriculture / Mancuso, Giuseppe; Langone, Michela; Di Maggio, Rosa; Toscano, Attilio; Andreottola, Gianni. - In: BIOREMEDIATION JOURNAL. - ISSN 1088-9868. - STAMPA. - 26:1(2021), pp. 41-52. [10.1080/10889868.2021.1900055]

*Availability:*

This version is available at: <https://hdl.handle.net/11585/827238> since: 2023-06-08

*Published:*

DOI: <http://doi.org/10.1080/10889868.2021.1900055>

*Terms of use:*

Some rights reserved. The terms and conditions for the reuse of this version of the manuscript are specified in the publishing policy. For all terms of use and more information see the publisher's website.

This item was downloaded from IRIS Università di Bologna (<https://cris.unibo.it/>).  
When citing, please refer to the published version.

(Article begins on next page)

This is the final peer-reviewed accepted manuscript of:

2021 Effect of hydrodynamic cavitation on flocs structure in sewage sludge to increase stabilization for efficient and safe reuse in agriculture. In BIOREMEDIATION JOURNAL vol. 26 (1) Pages 41-52.

*Mancuso, Giuseppe; Langone, Michela; Di Maggio, Rosa; Toscano, Attilio; Andreottola, Gianni*

The final published version is available online at:

<https://doi.org/10.1080/10889868.2021.1900055>

Terms of use:

Some rights reserved. The terms and conditions for the reuse of this version of the manuscript are specified in the publishing policy. For all terms of use and more information see the publisher's website.

This item was downloaded from IRIS Università di Bologna (<https://cris.unibo.it/>)

**When citing, please refer to the published version.**



**Effect of hydrodynamic cavitation on flocs structure in sewage sludge to increase stabilisation for efficient and safe reuse in agriculture**

Journal:	<i>Bioremediation Journal</i>
Manuscript ID	BBRM-2020-165-OA.R1
Manuscript Type:	Original Article
Date Submitted by the Author:	n/a
Complete List of Authors:	Mancuso, Giuseppe; Universita degli Studi di Bologna, Department of Agriculture and Food Sciences Langone, Michela; Universita degli Studi di Trento, Civil, Environmental and Mechanical Engineering Di Maggio, Rosa; Universita degli Studi di Trento, Civil, Environmental and Mechanical Engineering Toscano, Attilio; Universita degli Studi di Bologna, Department of Agriculture and Food Sciences Andreottola, Gianni; Universita degli Studi di Trento, Civil, Environmental and Mechanical Engineering
Categories:	Molecular Biology Applications in Bioremediation

SCHOLARONE™  
Manuscripts



1  
2  
3  
4 1           **Effect of hydrodynamic cavitation on flocs structure in sewage sludge to increase**  
5  
6  
7 2                           **stabilisation for efficient and safe reuse in agriculture**  
8  
9

10 3 Giuseppe Mancuso<sup>a,b\*</sup>, Michela Langone<sup>c,d</sup>, Rosa Di Maggio<sup>d</sup>, Attilio Toscano<sup>a</sup>, Gianni

11 4 Andreottola<sup>d</sup>

12 5 <sup>a</sup> Department of Agriculture and Food Sciences, Alma Mater Studiorum - University of

13 6 Bologna, viale Giuseppe Fanin 50, Bologna, 40127, Italy

14 7 <sup>b</sup> CIRI FRAME - Interdepartmental Centre for Industrial Research in Renewable

15 8 Resources, Environment, Sea and Energy, Alma Mater Studiorum - University of

16 9 Bologna, Via Selmi 2, Bologna, 40126, Italy

17 10 <sup>c</sup> Laboratory Technologies for the efficient use and management of water and

18 11 wastewater, Italian National Agency for New Technologies, Energy and Sustainable

19 12 Economic Development (ENEA), Via Anguillarese, 301 - 00123 Roma

20 13 <sup>d</sup> Department of Civil, Environmental and Mechanical Engineering, University of Trento,

21 14 Via Mesiano 77, Trento, 38123, Italy

22 15 \* Corresponding author. Tel. +39 051 20 9 6182

23 16 E-mail addresses: [g.mancuso@unibo.it](mailto:g.mancuso@unibo.it) (G. Mancuso), [michela.langone@unitn.it](mailto:michela.langone@unitn.it) (M.

24 17 Langone), [rosa.dimaggio@unitn.it](mailto:rosa.dimaggio@unitn.it) (R. Di Maggio), [attilio.toscano@unibo.it](mailto:attilio.toscano@unibo.it) (A. Toscano),

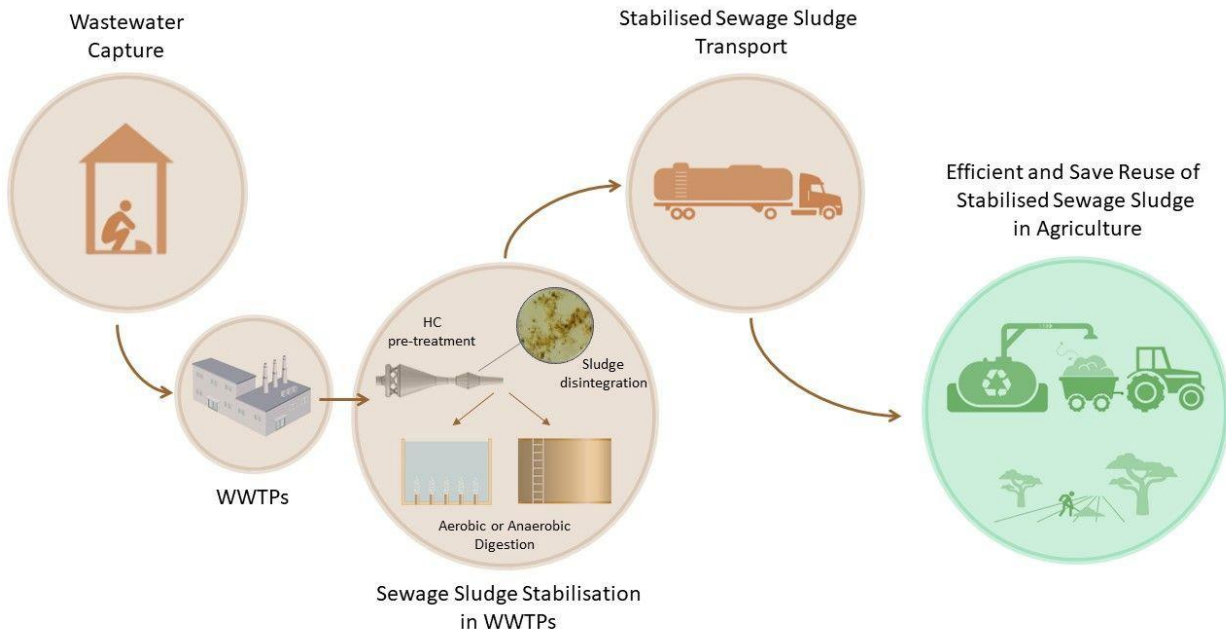
25 18 [gianni.andreottola@unitn.it](mailto:gianni.andreottola@unitn.it) (G. Andreottola)

## 19 Abstract

20 Sewage sludge is the by-product of wastewater treatment processes. Its reuse is central to a  
21 circular economy approach and offers a sustainable alternative to its disposal. Treated sludge  
22 contains a wide range of nutrients (mainly nitrogen, phosphorus, and potassium), which favour its  
23 sustainable employment for agricultural purposes (i.e. land-spreading, compost production) and  
24 environmental requalification interventions (i.e. forestry, silviculture, land reclamation and  
25 revegetation). However, if not properly treated, sewage sludge can contain various contaminants  
26 such as heavy metals, organic pollutants, pathogens, and other emerging contaminants, which  
27 pose a threat for crops production and human health. Hydrodynamic cavitation (HC) is an eco-  
28 friendly and cost-efficient pre-treatment that can enhance sewage sludge stabilisation in both  
29 anaerobic and aerobic digestion units, thereby making safe its management and disposal. In this  
30 study, HC was used for the gradual disintegration of activated sludge (reaching a maximum  
31 disintegration degree ( $DD_{PCOD}$ ) of 19.2% after 8 h of treatment), and the solubilisation of the  
32 dissolved organic matter (increasing the Soluble Chemical Oxygen Demand (SCOD) from 244 to  
33 4,578 mg L<sup>-1</sup> after 8 h of treatment). Then, both dynamic light scattering analysis and stereoscopic  
34 microscope observations proved that HC can also lead to a size reduction of sludge suspended  
35 particles. In addition to evaluate the HC treatment efficiency, in this work was also provided a brief  
36 discussion on the possible procedures to be followed for the safe and efficient sewage sludge  
37 disposal on land after it has been HC-treated.

1  
2  
3  
4 38  
5  
6  
7 39  
8  
9  
10  
11 40  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35 41  
36  
37  
38 42  
39 42  
40  
41  
42 43  
43  
44  
45  
46  
47 44  
48  
49 45  
50  
51  
52  
53 46  
54  
55  
56  
57  
58  
59  
60

### Graphical Abstract



### Keywords

Mechanical pre-treatment; Granulometric distribution; Particle size; Wastewater treatment.

1  
2  
3 47 **Highlights**  
4  
5

- 6 48 1. Hydrodynamic cavitation (HC) is an eco-friendly and cost-efficient pre-treatment method to  
7  
8  
9 49 enhance sewage sludge stabilisation  
10  
11  
12 50 2. HC is an energy-saving method that increases the efficiency of wastewater treatment plants  
13  
14  
15 51 3. HC favours the safe and efficient reuse of sewage sludge in agriculture  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60



## 1. Introduction

Nowadays, preserving water quality is essential to cope with current water scarcity issues and to ensure sanitation to all the population. If, on the one hand, the development of many domestic and industrial wastewater facilities may be able to treat higher volumes of wastewater, on the other hand, it follows a higher quantity of sewage sludge to be disposed of (Prabu et al., 2020). According to the latest available data, in Europe (EU) approximately 10 million tons of dry mass of sewage sludge are produced on an annual basis (Eurostat, 2020). It is also estimated that one person can generate almost 20 kg of dry mass of sewage sludge per year (Eurostat, 2020).

In the EU, the most common disposal methods for sewage sludge from wastewater treatment plants (WWTPs) includes incineration (18%), landfilling (13%), agricultural use (23%), composting (19%) and others (long-term storage and land reclamation) (Eurostat, 2020). In particular, the direct reuse of sewage sludge in agriculture (Dichtl et al., 2007) or the production of compost (Song and Lee, 2010) are sustainable alternatives to the costly incineration process (Lundin et al., 2004) and the low environmental-friendly landfilling operations (Lewis and Gattie, 2002).

The beneficial effects associated with the land-spreading practice are various: (i) the organic matter in sewage sludge can promote a significant improvement of the soil structure (i.e. water holding capability and cation exchange capability), especially in sandy soils in both arid and semi-arid areas (Graber et al., 2014); (ii) the presence of nutrients (nitrogen, phosphorus, and other micronutrients) in sewage sludge can enhance soil fertility and thus crops production (Usman et

1  
2  
3 71 al., 2012), also limiting pollution issues related to the supplemental application of mineral fertilizers  
4  
5  
6  
7 72 to soils (Kumar et al., 2017); (iii) the costs associated with the implementation of the land-  
8  
9  
10 73 spreading practice are moderate if compared with those required by the other methods mentioned  
11  
12  
13 74 above (Lundin et al., 2004). With similar benefits, treated sewage sludge is also used in forestry,  
14  
15  
16 75 silviculture, land reclamation and revegetation.

17  
18  
19 76 However, the unsustainable production of sewage sludge, in addition to more stringent regulations  
20  
21  
22 77 due to the presence of pathogenic bacteria/viruses (Pourcher et al., 2007), heavy metals (Wang et  
23  
24  
25 78 al., 2008), hydrocarbons (Cai et al., 2008), microplastics (Van den Berg et al., 2020), and other  
26  
27  
28 79 toxic materials from industry in the sludge, have forbidden the use of sewage sludge, if not properly  
29  
30  
31  
32 80 treated, for land applications in many regions in the EU (Hudcová et al., 2019).

33  
34  
35 81 The importance of suitable treatment methods and the definition of safe practices for sewage  
36  
37  
38 82 sludge reuse is also remarked by United Nations within the definition of the Sustainable  
39  
40  
41  
42 83 Development Goal 6 (SDG 6) "Clean Water and Sanitation", which aims to ensure availability and  
43  
44  
45 84 sustainable management of water and sanitation for all the population by 2030 (United-Nations,  
46  
47  
48 85 2018).

49  
50  
51 86 Hence, the need to remove these contaminants from sewage sludge through stabilisation  
52  
53  
54 87 processes and specific treatment methods in WWTPs, before it can be reused again in agriculture.

55  
56  
57 88 The most traditional and widely employed biological wastewater treatment processes to stabilise  
58  
59  
60 89 sewage sludge in WWTPs are aerobic and anaerobic digestion. Aerobic digestion is characterized

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

90 by higher operating costs due to the administration of air to the system; in contrast, anaerobic  
91 digestion shows as main advantages the recovery of energy in the form of biogas, the mass  
92 reduction of sewage sludge, and the improved dewatering properties of the digested sludge (Cao  
93 and Pawłowski, 2012).

94 There is a rising motivation to explore and develop novel technologies to apply as pre-treatments  
95 before the aerobic or anaerobic digestion units, aiming to enhance their efficiency in terms of  
96 sludge stabilisation along with reduction of emerging contaminants, excess sludge production, and  
97 energy consumption during the sludge treatment and disposal phases.

98 With this purpose, different pre-treatments such as thermal (Pilli et al., 2014), chemical (Hai et al.,  
99 2014), mechanical (Houtmeyers et al., 2014; Mancuso et al., 2017), and a combination thereof  
100 (Tyagi et al., 2014) are proposed in the literature. The limits associated with the implementation of  
101 thermal and chemical pre-treatments mainly concern their high energy (Ruffino et al., 2015) and  
102 reagents (Tanaka et al., 1997) consumption. In contrast, mechanical pre-treatments are getting an  
103 increasingly attention, and among them HC is gradually taking a prominent role in the field of  
104 wastewater treatment, mainly due to the ease of operation, moderate energy consumption,  
105 flexibility and capability to vary the required intensities of cavitation conditions (Gogate and  
106 Kabadi, 2009; Mancuso et al., 2020, 2019). The HC process exploits the pressure difference within  
107 a fluid, due to the presence of a constriction in the flow, for the generation of free radicals, namely  
108  $\cdot\text{H}$  and  $\cdot\text{OH}$ , which are very strong and non-specific oxidizing species. If the HC process is applied

1  
2  
3  
4 109 to sludge, the free radicals can be responsible of cell or microbial flocs disintegration (Mancuso et  
5  
6  
7 110 al., 2017).

8  
9  
10 111 Although the effectiveness of HC as pre-treatment is evident, in the literature there is a lack of  
11  
12  
13 112 studies showing its effect on sludge structural composition and rheology. A deeper knowledge of  
14  
15  
16 113 those aspects might not only improve the operating conditions for the treatment of wastewater, but  
17  
18  
19 114 also reduce the costs associated with the operations of sludge pumping, transport and storage in  
20  
21  
22  
23 115 WWTPs (Eftekhazadeh et al., 2007). Also in agricultural practises, sludge characteristics could  
24  
25  
26 116 influence the selection of the most suitable equipment for the sludge application on land (Prasad et  
27  
28  
29 117 al., 2019). Therefore, the main aim of this work was to investigate the effect of HC on sewage  
30  
31  
32 118 sludge flocs structure. For this purpose, a modified swirling jet-induced reactor, named Ecowirl  
33  
34  
35 119 reactor (Mancuso, 2018; Puisseau et al., 2013), was used to generate HC. Sludge characteristics  
36  
37  
38  
39 120 were analysed by investigating the granulometric distribution of sewage sludge suspended  
40  
41  
42 121 particles of HC-treated samples and observing visual changes in sewage sludge by means of a  
43  
44  
45 122 stereoscopic microscope. During the HC test, the investigation aimed also to find a correlation  
46  
47  
48 123 between sludge characteristics and sludge disintegration/solubilisation, to evaluate the energy  
49  
50  
51 124 consumption, and to analyse the influence of flocs structure variation during sewage sludge  
52  
53  
54 125 treatment and disposal.

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## 127 2. Materials and methods

### 128 *Source and characteristic of WAS*

129 For investigations, excess activated sludge of a nitrification/denitrification process was obtained  
130 from the municipal WWTP of Trento, Italy. It was collected downstream the dynamic thickening  
131 unit, in order to get a sludge with a high total solids (TS) content (in the order of 30 g L<sup>-1</sup>).  
132 Thickened sludge was further concentrated by sedimentation in order to obtain the desired TS  
133 content in the experiment (in the order of 50 g L<sup>-1</sup>). Physical and chemical characteristics of the  
134 used thickened sludge were as following: pH 6.8 ± 0.2; TS = 33.4 ± 0.5 g L<sup>-1</sup>; volatile solids (VS) =  
135 27.9 ± 0.4 g L<sup>-1</sup>; total chemical oxygen demand (TCOD) = 38,015 ± 321 mg L<sup>-1</sup>; SCOD = 319 ± 5  
136 mg L<sup>-1</sup>; total Kjeldahl nitrogen (TKN) = 2,856 ± 3 mg L<sup>-1</sup>; ammonia nitrogen (NH<sub>4</sub><sup>+</sup> -N) = 33.7 ± 1 mg  
137 L<sup>-1</sup>; total phosphate (P<sub>TOT</sub>) = 1,062 ± 56 mg L<sup>-1</sup>.

### 138 *HC system and HC pre-treatment test*

139 Fig. 1 shows the experimental setup that has been used to perform the HC test (Mancuso et al.,  
140 2017). It consisted of a swirling jet device (Ecowirl reactor), a 50.0 L thermo-regulated feed tank, a  
141 Mohno pump (3.0 kW, nominal power, Netzsch Pumps & Systems GmbH, Germany), an inverter  
142 (Bonfiglioli Vectron - Active) used to control the pump flow rate, a sampling port, a system of  
143 control valves at appropriate places, pressure and vacuum gauges. The feed tank was filled with  
144 50.0 L of excess activated sludge (50 gTS L<sup>-1</sup>) collected from the dynamic thickening unit. The  
145 concentrated sludge was recirculated in the loop by using the by-pass line (V<sub>6</sub>, V<sub>7</sub> opened – V<sub>4</sub>, V<sub>5</sub>

1  
2  
3  
4 146 closed) for about 15 min to homogenise its TS content (50.0 gTS L<sup>-1</sup>). Since the Ecowirl reactor  
5  
6  
7 147 was by-passed, HC did not occur. In the meantime, the temperature of the sludge was adjusted to  
8  
9  
10 148 35.0°C by means of the heating/cooling system (immersion resistances / external cold-water bath)  
11  
12  
13 149 and kept constant throughout the HC test (with a variation of  $\pm 3.0^\circ\text{C}$ ). Then, the by-pass line was  
14  
15  
16 150 closed ( $V_6$ ,  $V_7$  closed), and the flow was conveyed to the Ecowirl reactor ( $V_4$ ,  $V_5$  opened).  
17  
18  
19 151 Thereafter HC was detected. The inlet pressure upstream to the Ecowirl reactor was set to 4.0 bar  
20  
21  
22  
23 152 by adjusting the frequency of the pump inverter. These operating conditions and the duration of the  
24  
25  
26 153 HC test (8 h) were selected on the basis of the optimal values observed in previous experimental  
27  
28  
29 154 campaigns (Mancuso et al., 2017), in which the HC efficiency was evaluated as function of the  
30  
31  
32 155 specific supplied energy. Table 1 summarizes the parameters and the operating conditions for the  
33  
34  
35 156 8h-HC test.

### 38 157 *Analytical methods and calculations*

40  
41 158 Sludge samples were collected by means of the sampling port located at the bottom of the feed  
42  
43  
44 159 tank (Fig. 1) at 0h, 1h, 2h, 4h and 8h of the HC test, respectively, and stored at 4.0 °C for  
45  
46  
47  
48 160 subsequent analysis. VS, TCOD, SCOD, TKN,  $\text{NH}_4^+\text{-N}$  and  $\text{P}_{\text{TOT}}$  were calculated according to  
49  
50  
51 161 standard methods (APHA, 2005). Prior to SCOD and  $\text{NH}_4^+\text{-N}$  determinations, sludge samples were  
52  
53  
54 162 centrifugated at 5000 x g. The obtained supernatant was filtered by means of cellulose nitrate  
55  
56  
57 163 membrane with pore size of 0.45  $\mu\text{m}$  by compression. pH was monitored by means of a Crison 25  
58  
59  
60 164 portable pH-meter. All the analyses were performed in duplicates and the results were expressed

1  
2  
3  
4 165 as average of the obtained values. A reference sample was identified as the SCOD obtained by  
5  
6  
7 166 chemical sludge disintegration in a 1.0 mol L<sup>-1</sup> sodium hydroxide solution for 24 h at 20.0°C  
8  
9  
10 167 (Salsabil et al., 2009).

11  
12  
13 168 The improvement of sludge solubilisation was evaluated in terms of SCOD increase (Eq. 1) (Zhang  
14  
15  
16 169 et al., 2008), and taking into account the ratio of change in SCOD after cavitation to particulate  
17  
18  
19 170 chemical oxygen demand (PCOD<sub>0</sub> = TCOD - SCOD<sub>0</sub>) (Eq. 2) (Bougrier et al., 2006).

$$\Delta\text{SCOD} \text{ (mg L}^{-1}\text{)} = \text{SCOD}_t - \text{SCOD}_0 \quad \text{Eq. 1}$$

$$\text{DD}_{\text{PCOD}} \text{ (\%)} = \frac{(\text{SCOD}_t - \text{SCOD}_0) \times 100}{\text{PCOD}_0} = \frac{(\text{SCOD}_t - \text{SCOD}_0) \times 100}{(\text{TCOD} - \text{SCOD}_0)} \quad \text{Eq. 2}$$

33 171 where:

- 34  
35  
36  
37 172 - SCOD<sub>t</sub> = soluble COD of the treated sludge by using HC [mg L<sup>-1</sup>] at the time t.  
38  
39  
40 173 - SCOD<sub>0</sub> = soluble COD of the untreated sludge [mg L<sup>-1</sup>].  
41  
42  
43 174 - TCOD = total COD of the untreated sludge [mg L<sup>-1</sup>].  
44  
45  
46

#### 47 175 *Dynamic light scattering analyses and microscopic observations*

48  
49 176 The sludge particles diameters, considered as spherical, were monitored at 1h, 2h, 4h and 8h  
50  
51  
52  
53 177 during the HC test by using a dynamic light scattering analyser (Beckman Coulter, Delsa Nano C  
54  
55  
56 178 Particle Analyser, measuring range of 0.6 nm - 7 µm). For each analysed sample, a plastic  
57  
58

59 179 disposable cuvette was filled with 0.2 ml of sludge diluted with distilled water within a 1:10 ratio (the  
60



1  
2  
3  
4 180 total volume of samples was 2.0 ml). During the dynamic light scattering analyses, a beam of laser  
5  
6  
7 181 light incident on cuvette was scattered by the sludge particles and diffused within the sample cell  
8  
9  
10 182 due to Brownian motion, producing fluctuations in the scattering intensity as a function of time.  
11  
12  
13 183 Since the diffusion rate of particles was due to their size, it was possible to correlate it to the  
14  
15  
16 184 fluctuation rate of the scattered light, thereby allowing the determination of the particle size  
17  
18  
19 185 distribution within the sludge sample. The scattered light was measured by a highly sensitive  
20  
21  
22  
23 186 detector.  
24  
25  
26 187 Dynamic light scattering measurements were then coupled with visual changes (by using a  
27  
28  
29 188 stereoscopic microscope Micro-Combi-Tester, NIKON, Japan) on sludge flocs before (raw sludge  
30  
31  
32 189 sample) and after the HC pre-treatment (8h-HC treated sludge sample). For the microscopic  
33  
34  
35 190 analysis, samples were prepared by dropping a 3times-diluted water on a glass plate.  
36  
37  
38  
39 191  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

### 3. Results

In this section, the outcomes of the investigation of HC effects on sludge solubilisation and sludge flocs structure were analysed, and considerations on sludge treatment and land disposal were reported.

#### *SCOD measurements*

Chemical analysis on sludge samples showed that higher HC pre-treatment times were associated with an increase of the dissolved organic matter. The SCOD increased from the initial value of 244 mg L<sup>-1</sup> to 4,798 mg L<sup>-1</sup>, after 8h of HC pre-treatment; the other values of SCOD for the intermediate pre-treatment times (1h, 2h and 4h) are reported in Table 2. Therefore, the sludge DD<sub>PCOD</sub> increased during the HC test, varying from 1.7% to 6.5%, 10.8% and 19.2% after 1h, 2h, 4h and 8h of HC pre-treatment, respectively (Table 2).

Comparing these results with those of other studies reported in the literature where HC was used as pre-treatment, it has emerged that different sludge DD<sub>PCOD</sub> have been reported. This discrepancy was mainly related to the different applied energies, the dissimilar operating conditions (sludge temperature and pH, flow inlet pressure), and the cavitating device typology (Venturi (Hirooka et al., 2009), orifice plates (Lee and Han, 2013), high-pressure jets (Suenaga et al., 2015), swirling jet-induced cavitation (Mancuso et al., 2017), high-pressure homogenizers (Nabi et al., 2019), and rotor-stator type (Kim et al., 2020).

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

210 *Dynamic light scattering measurements and optical microscope observations*

211 In order to confirm the capability of HC to disintegrate sludge flocs into smaller particles, it was  
212 used the dynamic light scattering analysis on sludge samples collected at 1h, 2h, 4h and 8h of the  
213 HC test. The measurement range for the particles size was set from 0.6 nm to 7  $\mu\text{m}$ . In Fig. 2 are  
214 reported the recorded maximum diameters of suspended sludge particles, considered as spherical,  
215 in function of the treatment times: the longer the HC pre-treatment the smaller the particles size.  
216 Similar results have been reported in other studies on ultrasonic cavitation (Le et al., 2013). The  
217 highest particle diameters have, in fact, more than halved after 8h as consequence of the HC pre-  
218 treatment if compared with the HC pre-treated sample at 1h (6,25  $\mu\text{m}$  and 3,6  $\mu\text{m}$ , respectively).  
219 Although both cavitation and shear stress can lead to a sludge particles reduction, however, it is  
220 has been reported that, for higher cavitation intensities, cavitation contributes more than shear  
221 stress (Kim et al., 2020). HC pre-treatment has influenced not only the highest dimensions of  
222 suspended particles, but also those intermediate, with a decrease in suspended particles size for  
223 increasing HC treatment times (Fig. 3). This suggests that the sludge could be initially constituted  
224 of aggregates of very small particles, which can separate due to cavitation, acting on the interfacial  
225 surfaces. In particular, for all the HC treatment times (1h, 2h, 4h, and 8h), the granulometric  
226 distributions showed a Gaussian trend, with the maximum of each curve in the range of (0.3 - 0.4  
227  $\mu\text{m}$ ) (Fig. 4). Furthermore, higher HC treatment times involved a progressive narrowing of the

1  
2  
3 228 curves with a remarkable increase in percentage of the smallest particles corresponding to the  
4  
5  
6  
7 229 maximum (Fig. 4).

8  
9  
10 230 A strong breakdown and dispersion of the flocs aspect in the sludge samples were observed by  
11  
12  
13 231 stereoscopic microscope in untreated (Fig. 5a) and 8h-HC treated sludge (Fig 5b), confirming that  
14  
15  
16 232 HC has a direct effect on sludge disintegration. The untreated sludge was characterized by dark  
17  
18  
19 233 coloured flocs with different sizes, most with size higher than 100  $\mu\text{m}$ . Due to the HC pre-  
20  
21  
22  
23 234 treatment, sludge flocs were disintegrated, turning their colour in pale yellow, and reduced to an  
24  
25  
26 235 average value of about 10  $\mu\text{m}$ . These outcomes are in agreement with those of previous studies in  
27  
28  
29 236 which acoustic cavitation has been used as disintegration method (Feng et al., 2009; Tytła and  
30  
31  
32 237 Zielewicz, 2018; Zielewicz, 2016).

### 35 238 *Energetic measurements*

36  
37  
38 239 Sludge temperature, flow inlet pressure and flow rate were kept constant throughout the 8h-HC  
39  
40  
41 240 test (Table 1). Under these conditions, it was observed a gradual reduction in the frequency of the  
42  
43  
44 241 pump inverter over time (from the initial value of 61 Hz to 53 Hz after 8h of HC pre-treatment) (Fig.  
45  
46  
47  
48 242 6). Further, the absorbed power by the pump decreased (Fig. 6), indicating that the same flow inlet  
49  
50  
51 243 pressure to the cavitating system was ensured with a gradual reduction of the resistance of the  
52  
53  
54 244 treated sludge to the flow. These outcomes confirmed the progressive alteration of sludge  
55  
56  
57 245 structure, which then changed its characteristics. This is in accordance with results of the dynamic  
58  
59  
60 246 light scattering analysis and microscopic observations (see previous section).

2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

**247**

**248**

## 4. Discussions

### *Sewage sludge flocs disintegration*

Sludge disintegration caused by HC is certainly a reason why this technique, if applied as a pre-treatment to the anaerobic or aerobic digestion, can enhance their treatment efficiency. In sludge digestion, hydrolysis is considered as the rate limiting step because of the presence in the sludge flocs of numerous constituents such as bacteria, particulate organic matter (polymeric substrates such as proteins, lipids and carbohydrates) and complex macromolecules, such as EPS (extracellular polymeric substances), which are excreted by microorganisms during biological treatment of wastewater (Gianico et al., 2013). Hydrolysis step can be enhanced by sludge pre-treatment methods, which imply the disintegration of macro-molecular organic compounds into low molecular-weight compounds that can be further used by the following either methanogens phase in the anaerobic digestion process or oxidation process in the aerobic process. Indeed, these low molecular-weight compounds are in turn assimilated by the bacteria and used as a source of energy and carbon or nutrients, improving sludge stabilisation and, eventually, biogas production.

The results obtained in this study showed that the HC pre-treatment has led to a gradual disintegration of sludge flocs, resulting in both a progressive reduction of the particles size and a gradual increase in the dissolved organic matter. In accordance with the chemical analyses and laser diffraction measurements, visual observations by optical microscope have confirmed the flocs disintegration mechanism. Variation in EPS may also contribute to the rheology evolution of sludge

1  
2  
3 268 (Liu et al., 2016). Outcomes of this study are in accordance with the literature data; HC acts by  
4  
5  
6  
7 269 destroying bacterial cell walls and membranes, resulting in a modification of the particles size  
8  
9  
10 270 distribution and rheological properties (i.e. viscosity) of the sludge (Garuti et al., 2018; Langone et  
11  
12  
13 271 al., 2017). Furthermore, a linear correlation between the maximum diameter measured in the  
14  
15  
16 272 investigated range and the sludge  $DD_{PCOD}$  has been observed ( $R^2 = 0,9332$ ), suggesting that the  
17  
18  
19 273 variation of sludge particle sizes may provide a valuable monitoring method for the evaluation of  
20  
21  
22  
23 274 the HC effectiveness, in terms of sludge disintegration and solubilisation (Fig. 7).

#### 24 25 26 275 *Considerations on sludge treatment and land disposal*

27  
28 276 The design and management of sludge treatment processes in WWTPs and further operations,  
29  
30  
31  
32 277 such as sludge transport and disposal, require an accurate prediction of the hydrodynamic sludge  
33  
34  
35 278 behaviour, and thus a deep knowledge of its rheology (Prasad et al., 2019). Sludge rheology might  
36  
37  
38 279 indeed influence different sludge operations, namely pumping, mixing, mass transfer rates, and  
39  
40  
41 280 sludge-water separation (settling and filtration) (Ratkovich et al., 2013; Verma et al., 2007). A  
42  
43  
44 281 rheological characterization of sludge is useful for the selection of the best equipment to be used  
45  
46  
47  
48 282 for its treatment, transport and final disposal, particularly when sludge is reused for agricultural  
49  
50  
51 283 purposes (i.e. land-spreading) (Prasad et al., 2019).

52  
53  
54 284 Rheological properties of sewage sludge are mainly described by viscosity, which depends on  
55  
56  
57 285 solid concentration, temperature, particle size (distribution), shape and surface charge. In general,  
58  
59  
60 286 sludge with a solid concentration higher than 2% shows a non-Newtonian behaviour (Ratkovich et

1  
2  
3 287 al., 2013; Sanin, 2002), and the sludge apparent viscosity generally changes with the shear rate  
4  
5  
6  
7 288 (flow velocity). Viscosity tends to increase as the solid concentration becomes higher, while a  
8  
9  
10 289 decrease in sludge viscosity can be detected as the temperature increases (Prasad et al., 2019).  
11  
12  
13 290 Furthermore, the variation of particle size distribution, which occurs after disintegration pre-  
14  
15  
16 291 treatments, also impacts on rheological behaviour of sewage sludge (Ruiz-Hernando et al., 2013).  
17  
18  
19 292 As consequence, sludge with different rheological characteristics can require different amount of  
20  
21  
22  
23 293 energy for its treatment in WWTPs and for its transport and disposal.  
24  
25  
26 294 The results obtained in this study prove that HC is an effective and energy-saving treatment. It can  
27  
28  
29 295 be potentially used at different stages of the sludge treatment in WWTPs (Fig. 8a): as pre-  
30  
31  
32 296 treatment to anaerobic digestion (Elalami et al., 2019), to aerobic digestion (Mancuso et al., 2017),  
33  
34  
35 297 or as treatment of the activated sludge in the sludge recycle line. This involves an increase of the  
36  
37  
38  
39 298 efficiency of sludge treatment processes, due to both an increase in sludge solubilisation and  
40  
41  
42 299 biodegradability that allow the reduction of volumes to treat as well as of retention times in sludge  
43  
44  
45 300 treatment units, thereby optimizing the energy balance in WWTPs. Indeed, HC implies low levels of  
46  
47  
48 301 supplied energy, part of which can also be recovered through the production of biogas in anaerobic  
49  
50  
51 302 digestion, resulting in a reduction of the sludge treatment costs.

52  
53  
54 303 Furthermore, sludge disintegration treatments can also have a positive effect in the optimization of  
55  
56  
57  
58 304 sludge management, transporting, storing, dewatering, landfilling, composting and land-spreading  
59  
60



1  
2  
3 305 operations (Fig. 8b). (Landry et al., 2006) showed that sludge viscosity influenced the  
4  
5  
6  
7 306 performances of handling and land application equipment, and following costs.  
8  
9  
10 307 In addition to those considerations, disintegration sludge treatments can contribute to maximize  
11  
12  
13 308 pathogens and micropollutants removal prior to land application. As reviewed by (Tyagy et al.,  
14  
15  
16 309 2014), acoustic cavitation has been applied to remove hazardous pollutants from sludge. HC  
17  
18  
19 310 treatment has been successfully applied for the removal of toxic carcinogens dyes (Mancuso et al.,  
20  
21  
22 311 2016), pharmaceutical products, toxic cyanobacteria, bacteria and viruses (Dular et al., 2016) from  
23  
24  
25  
26 312 polluted aqueous solutions. Further research, however, is needed to establish the efficiency of HC  
27  
28  
29 313 on pathogens and micropollutants in sludge treatment, which currently are limiting factors for the  
30  
31  
32 314 reuse of sewage sludge for land applications. In the present context of COVID-19 emergency, the  
33  
34  
35 315 role of HC for SARS-CoV-2 inactivation and removal from sludge could be of interest and needs to  
36  
37  
38  
39 316 be examined in depth.  
40  
41  
42 317  
43  
44  
45 318  
46  
47  
48  
49 319  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

## 5. Conclusions

Excess sludge treatment and disposal currently represent a very important challenge for WWTPs due to economic, environmental and regulation factors. Operations such as land-spreading, production of compost, land reclamation and revegetation would seem to provide a sustainable and environmental-friendly solution to the problem. However, sewage sludge from WWTPs needs to be properly treated before its employment for the mentioned applications. In WWTPs, aerobic and anaerobic digestion are used for the sludge stabilisation process. However, this process can be optimized through the application of novel pre- and post-treatment methods, which further contribute to increase remove conventional contaminants, pathogens and other emerging micropollutants from sludge in order to ensure sludge safe disposal. Not by chance, the 2030 Agenda for Sustainable Development Goals has proposed target calls for reducing water pollution, minimizing release of hazardous chemical and increasing treatment and reuse.

In this context, it has been already proved that HC is an effective and energy saving technique, which favours an increase of sludge solubilisation. Further, in this study, it was observed that the HC pre-treatment has led to a gradual disintegration of sludge suspended particles, which were characterized by ever smaller dimensions as the HC pre-treatment time increased, contributing to reduce the volume and the time in the following treatment units as well as the energy required by operations such as sludge mixing, pumping, and disposal.

2  
3 **339**  
4  
5  
6  
7 **340**  
8  
9  
10  
11 **341**  
12  
13  
14 **342**  
15  
16  
17  
18 **343**  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3 344 **Acknowledgements**  
4

5  
6 345 This study was financially supported by the Provincia Autonoma di Trento (PAT), Italy (Program for  
7  
8  
9 346 the development of Small Medium Enterprise, L6/99, Project n.S155/2013/693264/12.1), and  
10  
11  
12 347 Officine Parisi s.r.l.. The second author was funded by a grant from the Fondazione Caritro, Trento  
13  
14  
15  
16 348 (Young Researcher, Grant 2015). The authors gratefully acknowledge the technical support of  
17  
18  
19 349 Officine Parisi s.r.l. (A. Parisi and F. Parisi) and D. C. W. de Puisseau (Econovation, Germany)  
20  
21  
22 350 during the experimental activity.  
23  
24  
25

26 351  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60352 **References**

- 353 APHA, 2005. American Public Health Association (APHA). Standard Methods for the Examination  
354 of Water and Wastewater, twentyfirst ed., Washington DC, USA.
- 355 Bougrier, C., Albasi, C., Delgenès, J.P., Carrère, H., 2006. Effect of ultrasonic, thermal and ozone  
356 pre-treatments on waste activated sludge solubilisation and anaerobic biodegradability.  
357 Chem. Eng. Process. Process Intensif. 45, 711–718.
- 358 Cai, Q.Y., Mo, C.H., Wu, Q.T., Zeng, Q.Y., 2008. Polycyclic aromatic hydrocarbons and phthalic  
359 acid esters in the soil-radish (*Raphanus sativus*) system with sewage sludge and compost  
360 application. Bioresour. Technol. 99, 1830–1836.
- 361 Cao, Y., Pawłowski, A., 2012. Sewage sludge-to-energy approaches based on anaerobic digestion  
362 and pyrolysis: Brief overview and energy efficiency assessment. Renew. Sustain. Energy  
363 Rev. 16, 1657–1665.
- 364 Dichtl, N., Rogge, S., Bauerfeld, K., 2007. Novel strategies in sewage sludge treatment. Clean Soil  
365 Air Water 35, 473–479.
- 366 Dular, M., Griessler-Bulc, T., Gutierrez-Aguirre, I., Heath, E., Kosjek, T., Krivograd Klemenčič, A.,  
367 Oder, M., Petkovšek, M., Rački, N., Ravnikar, M., Šarc, A., Širok, B., Zupanc, M., Žitnik, M.,  
368 Kompare, B., 2016. Use of hydrodynamic cavitation in (waste) water treatment. Ultrason.  
369 Sonochem. 29, 577–588.
- 370 Eftekharzadeh, S., Harrison, D., Marx, J.J., Wilson, T.E., Tech, E., Parkway, B., Forest, L., 2007.  
371 Applying rheological techniques to upgrade anaerobic digesters and handle high solids  
372 concentrations. Water Pract. 1, 1–9.
- 373 Elalami, D., Carrere, H., Monlau, F., Abdelouahdi, K., Oukarroum, A., Barakat, A., 2019.  
374 Pretreatment and co-digestion of wastewater sludge for biogas production: Recent research  
375 advances and trends. Renew. Sustain. Energy Rev. 114, 109287.
- 376 Eurostat, 2020. Eurostat database [website accessed on May 16th, 2020].
- 377 Feng, X., Lei, H., Deng, J., Yu, Q., Li, H., 2009. Physical and chemical characteristics of waste  
378 activated sludge treated ultrasonically. Chem. Eng. Process. Process Intensif. 48, 187–194.
- 379 Garuti, M., Langone, M., Fabbri, C., Piccinini, S., 2018. Monitoring of full-scale hydrodynamic

1  
2  
3  
4  
5  
6  
7  
8  
9  
10  
11  
12  
13  
14  
15  
16  
17  
18  
19  
20  
21  
22  
23  
24  
25  
26  
27  
28  
29  
30  
31  
32  
33  
34  
35  
36  
37  
38  
39  
40  
41  
42  
43  
44  
45  
46  
47  
48  
49  
50  
51  
52  
53  
54  
55  
56  
57  
58  
59  
60

- 380 cavitation pretreatment in agricultural biogas plant. *Bioresour. Technol.* 247, 599–609.
- 381 Gianico, A., Braguglia, C.M., Cesarini, R., Mininni, G., 2013. Reduced temperature hydrolysis at  
382 134°C before thermophilic anaerobic digestion of waste activated sludge at increasing organic  
383 load. *Bioresour. Technol.* 143, 96–103.
- 384 Gogate, P.R., Kabadi, A.M., 2009. A review of applications of cavitation in biochemical  
385 engineering/biotechnology. *Biochem. Eng. J.* 44, 60–72.
- 386 Graber, E.R., Fine, P., Levy, G.J., 2014. Soil Stabilization in Semiarid and Arid Land Agriculture. *J.*  
387 *Mater. Civ. Eng.* 1561, 190–205.
- 388 Hai, N.M., Sakamoto, S., Le, V.C., Kim, H.S., Goel, R., Terashima, M., Yasui, H., 2014. A modified  
389 anaerobic digestion process with chemical sludge pre-treatment and its modelling. *Water Sci.*  
390 *Technol. A J. Int. Assoc. Water Pollut. Res.* 69, 2350–2356.
- 391 Hirooka, K., Asano, R., Yokoyama, A., Okazaki, M., Sakamoto, A., Nakai, Y., 2009. Reduction in  
392 excess sludge production in a dairy wastewater treatment plant via nozzle-cavitation  
393 treatment: case study of an on-farm wastewater treatment plant. *Bioresour. Technol.* 100,  
394 3161–3166.
- 395 Houtmeyers, S., Degrève, J., Willems, K., Dewil, R., Appels, L., 2014. Comparing the influence of  
396 low power ultrasonic and microwave pre-treatments on the solubilisation and semi-continuous  
397 anaerobic digestion of waste activated sludge. *Bioresour. Technol.* 171, 44–49.
- 398 Hudcová, H., Vymazal, J., Rozkošný, M., 2019. Present restrictions of sewage sludge application  
399 in agriculture within the European Union. *Soil Water Res.* 14, 104–120.
- 400 Kim, H., Koo, B., Sun, X., Yong, J., 2020. Investigation of sludge disintegration using rotor-stator  
401 type hydrodynamic cavitation reactor. *Sep. Purif. Technol.* 240, 116636.
- 402 Kumar, V., Chopra, A.K., Kumar, A., 2017. A review on sewage sludge (Biosolids) a resource for  
403 sustainable agriculture 2, 340–347.
- 404 Landry, H., Thirion, F., Laguë, C., Roberge, M., 2006. Numerical modeling of the flow of organic  
405 fertilizers in land application equipment. *Comput. Electron. Agric.* 51, 35–53.
- 406 Langone, M., Soldano, M., Fabbri, C., Pirozzi, F., Andreottola, G., 2017. Anaerobic digestion of  
407 cattle manure influenced by swirling jet induced hydrodynamic cavitation. *Appl. Biochem.*

- 1  
2  
3 408 Biotechnol. 184, 1200–1218.  
4  
5  
6 409 Le, N.T., Julcour-lebigue, C., Delmas, H., 2013. Ultrasonic sludge pretreatment under pressure.  
7  
8 410 Ultrason. - Sonochemistry 20, 1203–1210.  
9  
10 411 Lee, I., Han, J., 2013. The effects of waste-activated sludge pretreatment using hydrodynamic  
11  
12 412 cavitation for methane production. Ultrason. - Sonochemistry 20, 1450–1455.  
13  
14  
15 413 Lewis, D.L., Gattie, D.K., 2002. Peer reviewed: pathogen risks from applying sewage sludge to  
16  
17 414 land. Environ. Sci. Technol. 36, 286A-293A.  
18  
19 415 Liu, J., Yu, D., Zhang, J., Yang, M., Wang, Y., Wei, Y., Tong, J., 2016. Rheological properties of  
20  
21 416 sewage sludge during enhanced anaerobic digestion with microwave-H<sub>2</sub>O<sub>2</sub> pretreatment.  
22  
23 417 Water Res. 98, 98–108.  
24  
25 418 Lundin, M., Olofsson, M., Pettersson, G.J., Zetterlund, H., 2004. Environmental and economic  
26  
27 419 assessment of sewage sludge handling options. Resour. Conserv. Recycl. 41, 255–278.  
28  
29 420 Mancuso, G., 2018. Experimental and numerical investigation on performance of a swirling jet  
30  
31 421 reactor. Ultrason. Sonochem. 49, 241–248.  
32  
33  
34 422 Mancuso, G., Langone, M., Andreottola, G., 2020. A critical review of the current technologies in  
35  
36 423 wastewater treatment plants by using hydrodynamic cavitation process: principles and  
37  
38 424 applications. J. Environ. Heal. Sci. Eng. 18, 311–333.  
39  
40 425 Mancuso, G., Langone, M., Andreottola, G., 2017. A swirling jet-induced cavitation to increase  
41  
42 426 activated sludge solubilisation and aerobic sludge biodegradability. Ultrason. Sonochem. 35,  
43  
44 427 489–501.  
45  
46 428 Mancuso, G., Langone, M., Andreottola, G., Bruni, L., 2019. Effects of hydrodynamic cavitation,  
47  
48 429 low-level thermal and low-level alkaline pre-treatments on sludge solubilisation. Ultrason.  
49  
50 430 Sonochem. 59, 104750.  
51  
52 431 Mancuso, G., Langone, M., Laezza, M., Andreottola, G., 2016. Decolourization of Rhodamine B: A  
53  
54 432 swirling jet-induced cavitation combined with NaOCl. Ultrason. Sonochem. 32, 18–30.  
55  
56  
57 433 Nabi, M., Zhang, G., Zhang, P., Tao, X., Wang, S., Ye, J., Zhang, Q., Zubair, M., Bao, S., Wu, Y.,  
58  
59 434 2019. Contribution of solid and liquid fractions of sewage sludge pretreated by high pressure  
60  
60 435 homogenization to biogas production. Bioresour. Technol. 286, 121378.

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

- 436 Pilli, S., Yan, S., Tyagi, R.D., Surampalli, R.Y., 2014. Thermal pretreatment of sewage sludge to  
437 enhance anaerobic digestion: a review. *Crit. Rev. Environ. Sci. Technol.* 45, 669–702.
- 438 Pourcher, A.M., Françoise, P.B., Virginie, F., Agnieszka, G., Vasilica, S., Gérard, M., 2007.  
439 Survival of faecal indicators and enteroviruses in soil after land-spreading of municipal  
440 sewage sludge. *Appl. Soil Ecol.* 35, 473–479.
- 441 Prabu, S.L., Suriyaprakash, T.K.N., Kandasamy, R., Rathinasabapathy, T., 2020. Effective waste  
442 water treatment and its management 0–24.
- 443 Prasad, M.N.V., Favas, P.J. de C., Vithanage, M., Venkata Mohan, S., 2019. Industrial and  
444 Municipal Sludge: Emerging Concerns and Scope for Resource Recovery. Butterworth-  
445 Heinemann.
- 446 Puiseau, W.D.E., Andreottola, G., Rada, E.C., Ragazzi, M., 2013. Application of a Novel  
447 Hydrodynamic Cavitation System in Wastewater Treatment Plants.
- 448 Ratkovich, N., Horn, W., Helmus, F.P., Rosenberger, S., Naessens, W., Nopens, I., Bentzen, T.R.,  
449 2013. Activated sludge rheology: A critical review on data collection and modelling. *Water*  
450 *Res.* 47, 463–482.
- 451 Ruffino, B., Campo, G., Genon, G., Eugenio, L., Novarino, D., Scibilia, G., Zanetti, M., 2015.  
452 Improvement of anaerobic digestion of sewage sludge in a wastewater treatment plant by  
453 means of mechanical and thermal pre-treatments: Performance, energy and economical  
454 assessment. *Bioresour. Technol.* 175, 298–308.
- 455 Ruiz-Hernando, M., Martinez-Elorza, G., Labanda, J., Llorens, J., 2013. Dewaterability of sewage  
456 sludge by ultrasonic, thermal and chemical treatments. *Chem. Eng. J.* 230, 102–110.
- 457 Salsabil, M.R., Prorot, A., Casellas, M., Dagot, C., 2009. Pre-treatment of activated sludge: Effect  
458 of sonication on aerobic and anaerobic digestibility. *Chem. Eng. J.* 148, 327–335.
- 459 Sanin, F.D., 2002. Effect of solution physical chemistry on the rheological properties of activated  
460 sludge. *Water SA* 28, 207–211.
- 461 Song, U., Lee, E.U., 2010. Environmental and economical assessment of sewage sludge compost  
462 application on soil and plants in a landfill. *Resour. Conserv. Recycl.* 54, 1109–1116.
- 463 Suenaga, T., Nishimura, M., Yoshino, H., Kato, H., Nonokuchi, M., Fujii, T., Satoh, H., Terada, A.,



- 1  
2  
3 464 Hosomi, M., 2015. High-pressure jet device for activated sludge reduction: Feasibility of  
4  
5 465 sludge solubilization. *Biochem. Eng. J.* 100, 1–8.  
6  
7  
8 466 Tanaka, S., Kobayashi, T., Kamiyama, K.I., Bildan, M., 1997. Effects of thermochemical  
9  
10 467 pretreatment on the anaerobic digestion of waste activated sludge. *Water Sci. Technol.* 35,  
11 468 209–215.  
12  
13  
14 469 Tyagi, V.K., Lo, S.L., Rajpal, A., 2014. Chemically coupled microwave and ultrasonic pre-  
15  
16 470 hydrolysis of pulp and paper mill waste-activated sludge: effect on sludge solubilisation and  
17  
18 471 anaerobic digestion. *Environ. Sci. Pollut. Res. Int.* 21, 6205–6217.  
19  
20 472 Tyagi, V.K., Lo, S.L., Appels, L., Dewil, R., 2014. Ultrasonic treatment of waste sludge: a Review  
21  
22 473 on mechanisms and applications. *Crit. Rev. Environ. Sci. Technol.* 44, 1220–1288.  
23  
24 474 Tytła, M., Zielewicz, E., 2018. The impact of temporal variability of excess sludge characteristics on  
25  
26 475 the effects obtained in the process of its ultrasonic disintegration. *Environ. Technol.* 39, 3020–  
27  
28 476 3032.  
29  
30  
31 477 United-Nations, 2018. Sustainable Development Goals (SDGs) in Agenda 2030: Clean Water and  
32  
33 478 Sanitation (SDG 6).  
34  
35 479 Usman, K., Khan, S., Ghulam, S., Khan, M.U., Khan, N., Khan, M.A., Khalil, S.K., 2012. Sewage  
36  
37 480 Sludge: An Important Biological Resource for Sustainable Agriculture and Its Environmental  
38  
39 481 Implications. *Am. J. Plant Sci.* 3, 1708–1721.  
40  
41 482 Van den Berg, P., Huerta-Lwanga, E., Corradini, F., Geissen, V., 2020. Sewage sludge application  
42  
43 483 as a vehicle for microplastics in eastern Spanish agricultural soils. *Environ. Pollut.* 261,  
44  
45 484 114198.  
46  
47 485 Verma, M., Brar, S.K., Riopel, A.R., Tayagi, R.D., Surampalli, R.Y., 2007. Pre-Treatment of  
48  
49 486 Wastewater Sludge – Biodegradability and Rheology Study. *Environ. Technol.* 28, 273–284.  
50  
51  
52 487 Wang, X., Chen, T., Ge, Y., Jia, Y., 2008. Studies on land application of sewage sludge and its  
53  
54 488 limiting factors. *J. Hazard. Mater.* 160, 554–558.  
55  
56 489 Zhang, G., Zhang, P., Yang, J., Liu, H., 2008. Energy-efficient sludge sonication: Power and  
57  
58 490 sludge characteristics. *Bioresour. Technol.* 99, 9029–9031.  
59  
60 491 Zielewicz, E., 2016. Effects of ultrasonic disintegration of excess sewage sludge. *Appl. Acoust.*

2  
3 **492** 103, 182-189.  
4  
5

6 **493**

7

8 **494**

9

10 **495**

11

12 **496**

13

14 **497**

15

16 **498**

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

HC time (h)	T (°C)	P <sub>inlet</sub> (bar)	Q (m <sup>3</sup> h <sup>-1</sup> )	TS (g L <sup>-1</sup> )
0, 1, 2, 4, 8	35.0	4.0	4.1	50.0

Table 1 - Parameters and operating conditions for the 8h-HC pre-treatment test.

HC time (h)	TCOD (mg L <sup>-1</sup> )	SCOD (mg L <sup>-1</sup> )	$\Delta$ SCOD (mg L <sup>-1</sup> )	DD PCOD (%)
0	46,423	244	0	0.0
1	45,392	992	748	1.7
2	44,371	1,719	1,475	6.5
4	43,200	2,693	2,449	10.8
8	41,327	4,578	4,334	19.2

Table 2 – Results of chemical analysis and HC efficiencies.

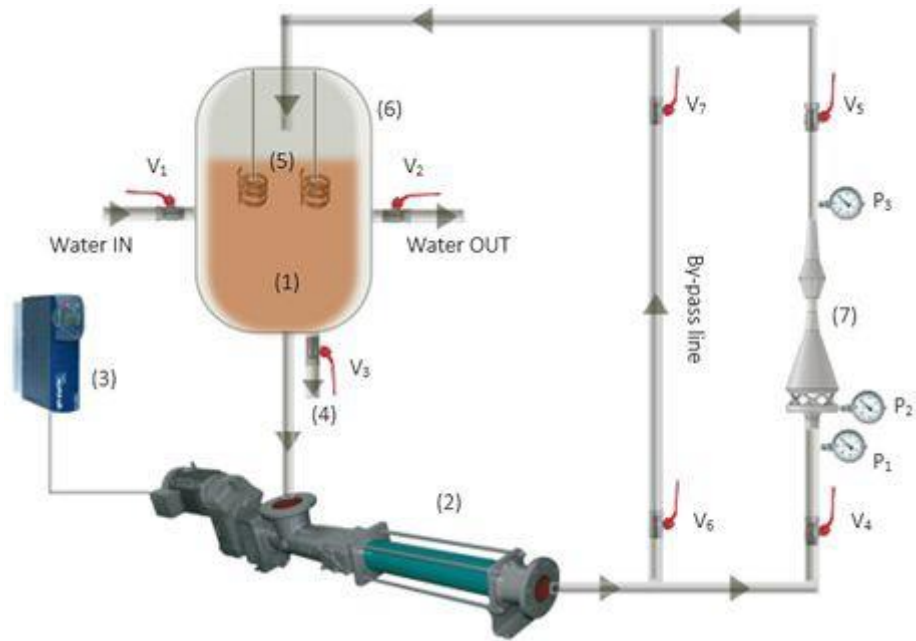


Fig. 1 – Schematic representation of the HC experimental setup: (1) Feed Tank; (2) Screw pump; (3) Inverter; (4) Sampling port; (5) Immersion resistances; (6) External cold-water bath; (7) Ecowirl reactor;  $P_n$  pressure and vacuum gauges;  $V_n$  Control valves.

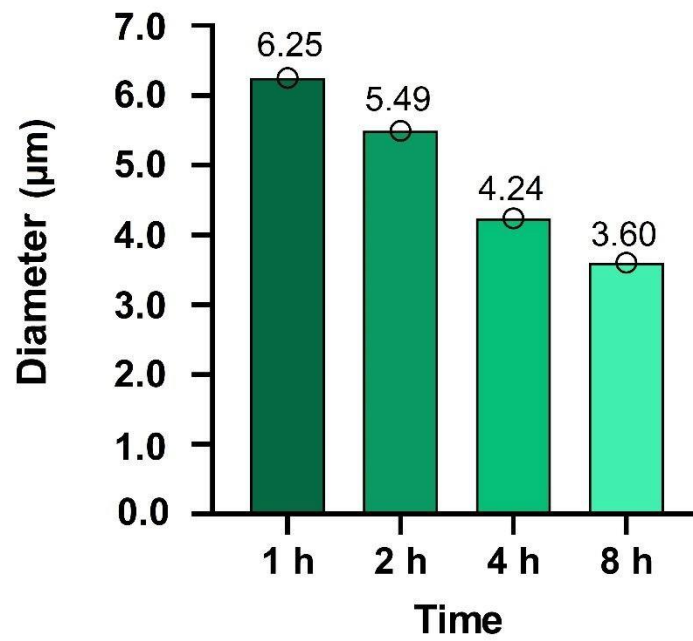


Fig. 2 – Maximum diameter of suspended particles, considered as spherical and recorded by dynamic light scattering analyzer, of HC pre-treated samples at 1h, 2h, 4h and 8h.

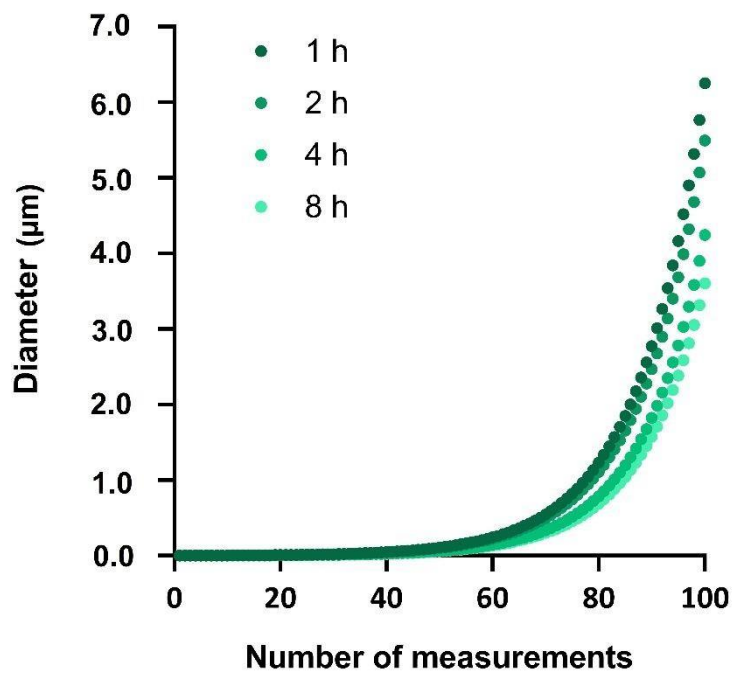


Fig. 3 – Overall size of suspended particles of HC pre-treated samples at 1h, 2h, 4h and 8h vs. number of measurements.

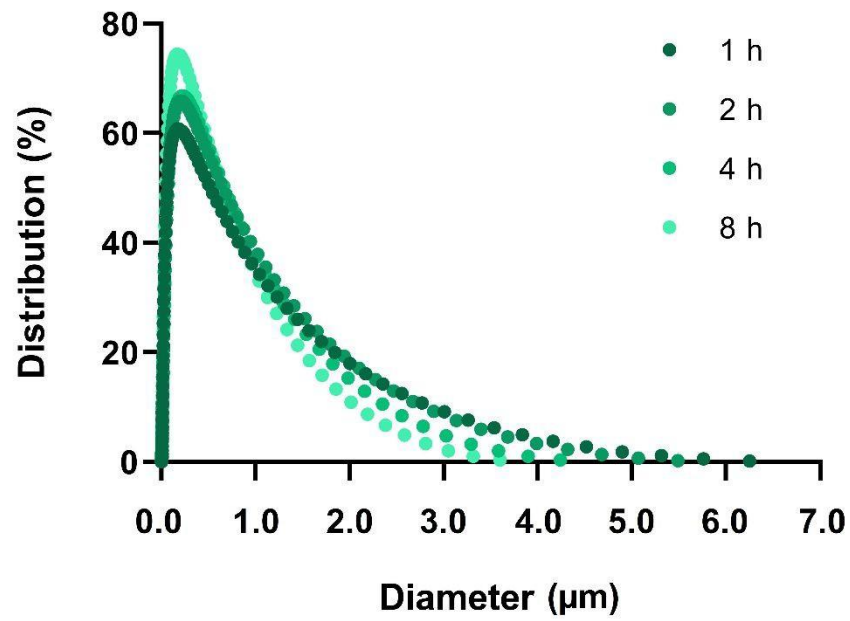


Fig. 4 – Granulometric distribution of suspended particles of HC pre-treated samples at 1h, 2h, 4h and 8h.



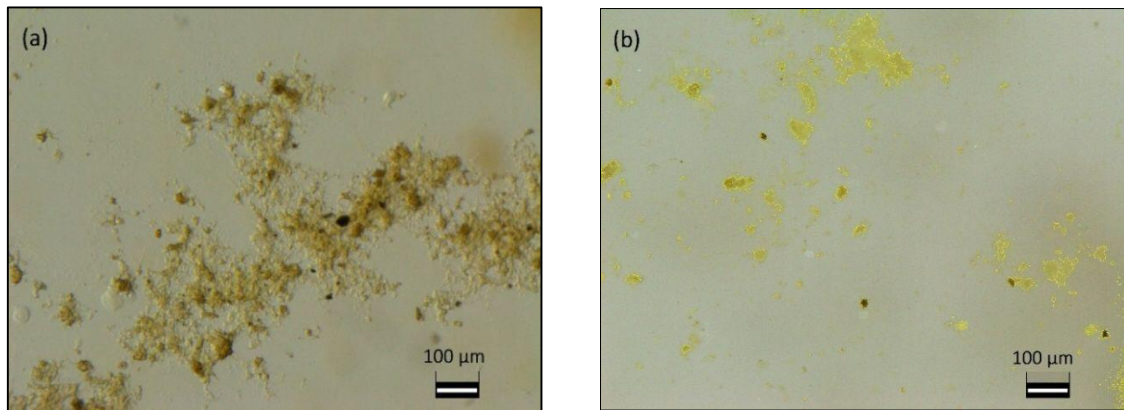


Fig. 5 – Observation by stereoscopic microscope of sludge flocs in a) raw sludge and b) 8h HC pre-treated sludge.

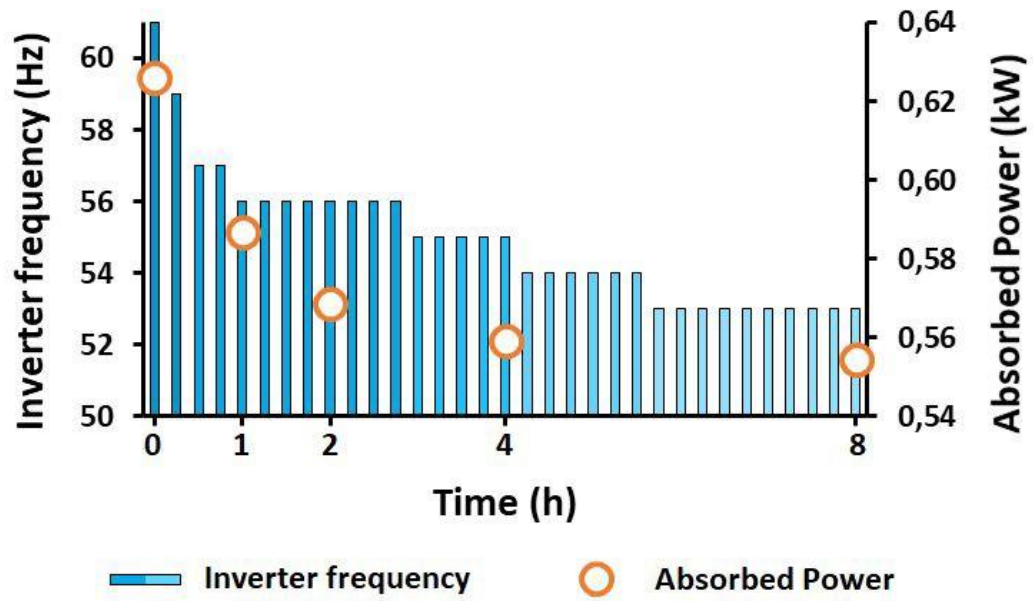


Fig. 6 – Pump inverter frequency and absorbed power at 1h, 2h, 4h and 8h.

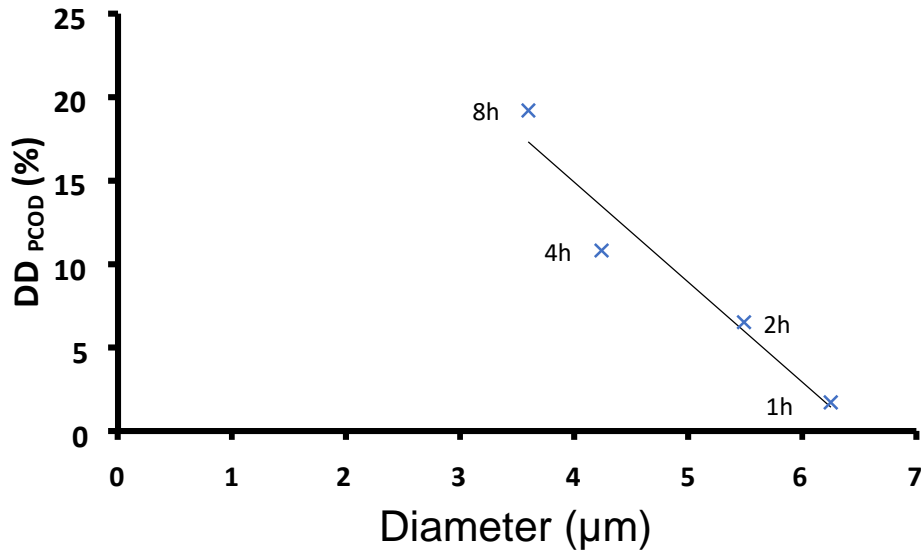


Fig. 7 – Correlation between the maximum diameter measured in the investigated range and the sludge disintegration degree. The width of the spheres depends on the applied HC pre-treatment time.

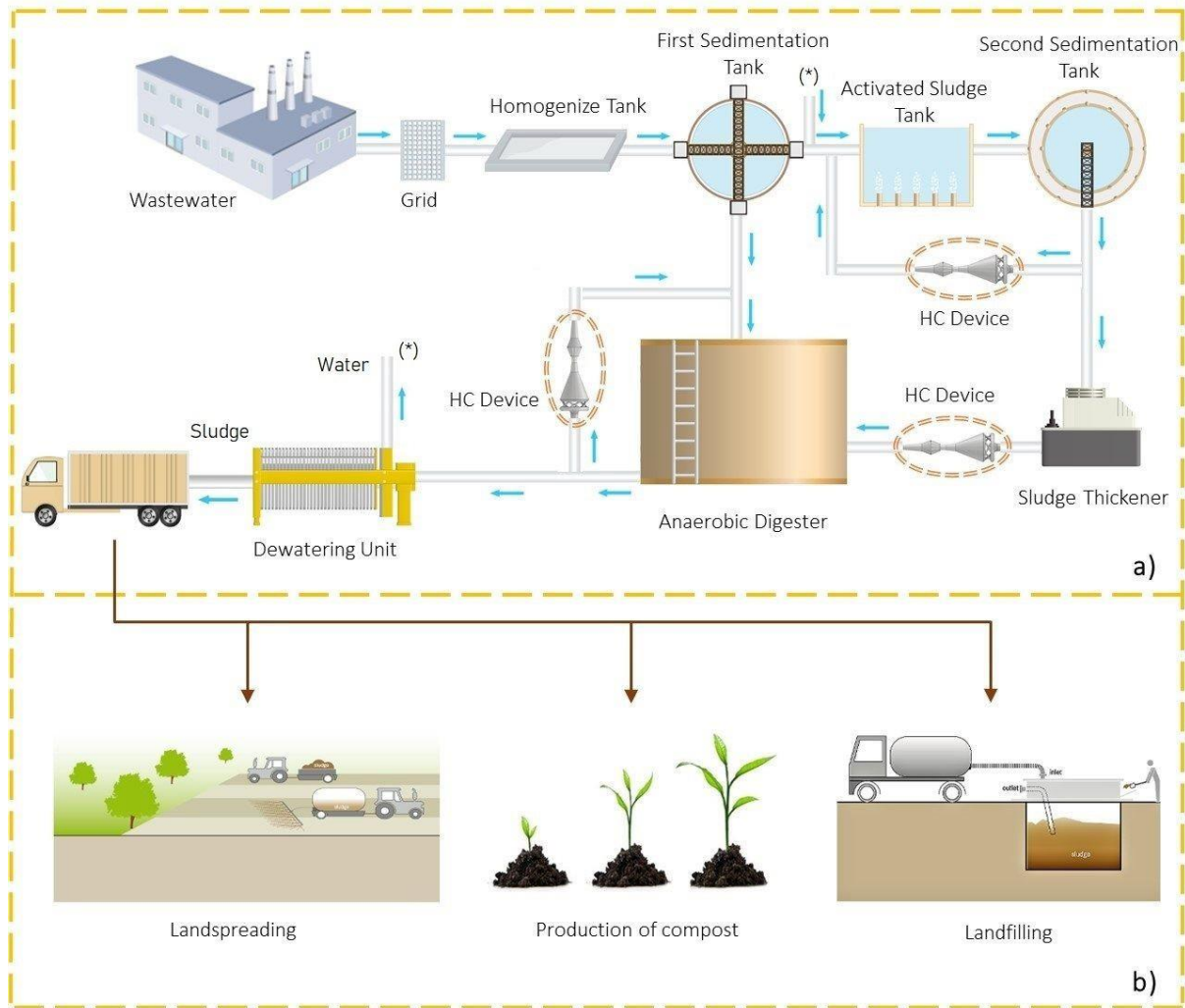


Fig. 8 – a) Application of HC for the improvement of rheological features in WWTPs; b) environmental-friendly solutions for the safe disposal of stabilised sludge.