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Controls over particle motion and resting times of coarse bed load transport in a glacier-fed mountain stream

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Abstract

Coarse bed load transport is a crucial process in river morphodynamics but is difficult to monitor in mountain streams. Here we present a new sediment transport dataset obtained from two years of field-based monitoring (2014-2015) at the Estero Morales, a high-gradient stream in the central Chilean Andes. This stream features step-pool bed geometry and a glacier-fed hydrologic regime characterized by abrupt daily fluctuations in discharge. Bed load was monitored directly using Bunte samplers and by surveying the mobility of PIT (passive integrated transponder) tags. We used the competence method to quantify the effective slope, which is the fraction of the topographical slope responsible for bed load transport. This accounts for only 10% of the topographical slope, confirming that most of the energy is dissipated on macroroughness elements. We used the displacement lengths of PIT tags to analyze displacement lengths and virtual velocity of a wide range of tracer sizes (38-415 mm). Bed load transport in the Estero Morales show to be size-selective and the distance between

steps influences the displacement lengths of PIT tags. Displacement lengths were also used to derive the statistics of flight distances and resting times. Our results show that the average length of flight scales inversely to grain size. This contradicts Einstein's conjecture about the linear relationship between grain size and intervals between resting periods in a steep step-pool stream in ordinary flood conditions.

1. Introduction

Sediment transport, flow resistance, morphological structure and bed texture in rivers are interrelated in complex ways (Church, 2006). Coarse bed load transport in mountain streams is important for civil engineers, geomorphologists, river ecologists and managers, as it determines channel morphology and dynamics, while representing a significant component of flood-related costs (e.g. Badoux et al., 2014). However, monitoring bed load in the field can be logistically onerous, costly, and affected by a number of uncertainties (Dell'Agnese et al., 2014; Schneider et al., 2016; Vericat et al., 2006; Magirl et al., 2015).

Predicting bed load is a difficult task, especially in steep mountain streams, where channel beds are often organized in boulder-cascade and step-pool morphologies (Brardinoni & Hassan, 2007; Buffington & Montgomery, 1997; Comiti & Mao, 2012). Modelling the flow over such bed structures is still very challenging (Saletti et al., 2016; Escauriaza et al., 2017), especially when levels of submergence are low (Comiti et al., 2009; Wilcox et al., 2011). Modeling flow and bedload transport in mountain stream is complex because patches of mobile sediments coexist with immobile structures such as steps or isolated boulders (Laronne et al., 2001; Green et al., 2015; Yager et al., 2012). Furthermore, critical dimensionless shear stress in mountain streams (i.e. Shields stress) is very difficult to model, due to its high variability in time (Masteller et al., 2019) and space (Monsalve et al., 2016), modulated by changes in local channel slope (Lamb et al., 2008) and relative submergence of sediments (Lenzi et al., 2006).

Only part of the flow power in mountain streams is available to entrain and transport sediments (Rickenmann & Recking, 2011; Hohermuth & Weitbrecht, 2018), as some energy is dissipated in various ways, including local hydraulic plunging and jumps

over steps (Comiti et al., 2009; Green et al., 2013; Monsalve et al., 2017). In such complex hydraulic conditions, well known and established flow resistance approaches and empirical bed load formulas are unlikely to be reliable (e.g. Yager et al., 2018). Considering that mountain streams are typically supply limited (Lenzi et al., 2004; Turowski et al., 2009), bed load formulas fail to predict actual transport rates by orders of magnitude in step-pool streams (Nitsche et al., 2011), since not all the energy available is effective in transporting sediments. Because macroroughness can represent up to 90 % of the total flow resistance in step-pool streams (Church & Zimmermann, 2007), accounting for the portion of energy slope or flow resistance associated with macroroughness can substantially increase the predictive power of empirical bed load formulas (Chiari & Rickenmann, 2011). Using a large empirical database, Rickenmann & Recking (2011) adopted Ferguson's approach (2007) for partitioning flow resistance and splitting the friction factor into a base level value associated with small-scale grain size roughness, and total value, which includes macroroughness, such as step-pools. A similar breakdown can be applied to the topographical bed slope (i_b), from which an effective slope value (i_e) representing that part of the slope that plays a role in coarse grain entrainment and movement can be extracted from the remaining part of the slope ($i_b - i_e$) associated with the mechanical power dissipated by flow over immobile bed forms (Nitsche et al, 2011).

Controls on sediment transport processes and dynamics in mountain streams can be explored using tracers. Displacement lengths of tracers depend on particle size and shear stress acting on them (e.g. Church & Hassan, 1992), but also on dimensionless impulse (e.g. Phillips et al., 2013) and antecedent flow conditions (e.g. Mao et al., 2017). Displacement length depends also on channel morphology and especially on the spacing between bedforms (Vázquez-Tarrío et a., 2019). Displacement length is needed to calculate the virtual velocity of sediment, that can be used to assess coarse bed material transport (e.g. Brenna et al., 2019). Velocity is called virtual because it is usually calculated considering the interval between two consecutive surveys of tracers. However, tracers would naturally move through sequences of jumps and rest periods (Einstein, 1950) that are observable in laboratory experiments (e.g. Fraccarollo & Hassan, 2019) but difficult to monitor in the field, with only a few exceptions (e.g.

Habersack, 2001; Maniatis et al., 2017).

In this paper, we use a new dataset of direct bed load surveys in a step-pool stream to calculate the portion of slope effective in transporting sediments. We then use this slope value to analyze sediment transport dynamics, and apply the Einstein (1950) and virtual velocity (Haschenburger & Church, 1998) approaches to characterize bed load mobility. Both approaches are based on a Lagrangian perspective of sediment transport which considers the motion of individual particles, and views moving grains as being almost independent of each other. While sliding, rolling and saltating over the bed, sediments may also experience long resting periods on the surface, or may be temporarily buried as a result of temporal and spatial changes in the bed surface profile (Singh et al., 2009; Wong et al., 2007). Both the Einstein and the virtual velocity formulations allow for predicting bed load transport rates and can be expressed as a function of Shields stress, such as the MPM empirical bed load formula (Meyer-Peter & Muller, 1948; Wong & Parker, 2006). Here we will use field data to infer the predictors of Einstein's statistical approach. The study was conducted at the Estero Morales, a small glacier-fed Andean step-pool stream in central Chile. Coarse sediment mobility and transport rates were monitored in 2014-2015 using Bunte traps and Passive Integrated Transponders (PIT) tagged clasts. The specific aims of the paper are to i) use the competence approach to assess energy dissipation in step-pool morphology by calculating the effective slope of the stream; ii) use the effective slope to assess the increase in the predictive power of a widely applied formula in a system with nearly unlimited sediment supply; iii) use the virtual velocity of PIT tracers to assess sediment mobility; and iv) assess the resting times of PIT tags using both particles that moved during the survey period and those that did not.

2. Study site and monitoring methods

2.1. Study site

The study was conducted in a reach of the Estero Morales, a high-gradient stream in the central Chilean Andes (Figure 1). The basin extends for 27 km^2, with an elevation between 1780 and 4497 m.a.s.l. There are several relatively small glaciers above 2700 m.a.s.l. (Mao & Carrillo, 2017). Mean annual rainfall, as measured in the

lower part of the basin, is around 550 mm. The climate is Mediterranean, with precipitation occurring mainly as snowfall from April to September, with occasional convective summer storms and late summer rain-on-snow events. The catchment is covered by snow for approximately 5 months a year, so discharge mainly results from snowmelt in late spring (from late September to November) and glacier melt from December to March. Bedrock geology of the catchment consists of volcanic metamorphic rock and conglomerate-sand deposits. The stream in the study reach is steep (0.14 m/m) and the channel width is approximately 7 m. The study reach is 760 m long and is located just upstream from the confluence with the El Volcan River (Figure 1). The stream flows through coarse lag deposits and features typical of step-pool sequences (Figure 2). In 2015, we counted 72 step-pool units over the 760 m-long reach, with an average spacing of approximately 10.5 m. The step-pool sequences are stable during ordinary glacial melting floods and are only prone to dislodgement and rearrangement during extreme late summer events. The site was monitored continuously from July 2013 until April 2016, when a high-magnitude event caused considerable channel changes and destroyed the monitoring devices.

2.2. Bed load monitoring and sampling using Bunte traps

The study reach was equipped with a pressure transducer and a multiparameter water quality probe (OTT Hydrolab MS5) to monitor water temperature, electrical conductivity, and turbidity with a 10-min time resolution (see Mao & Carrillo, 2017). A 0.5-m-long acoustic pipe sensor was also installed (Mao et al., 2016). A series of direct bed load samples were collected near the monitoring cross-section using 0.3 m-wide, 0.25 m-high Bunte-type traps (Bunte et al., 2004). Two traps were located at points near the bed load acoustic pipe sensor (Figure 2), located on the sampling site (Figure 1). Samples were collected during the glacier melting season (January to March) in 2014 and 2015 at discharges ranging from 1 to 3 $m^3 s^{-1}$. The highest discharge monitored was roughly the bankfull discharge. The highest discharge in the Estero Morales (approx. 7 $m^3 s^{-1}$) was recorded in April 2016 and was able to destroy and recreate step-pools (Mao & Carrillo, 2017). Samplings was concentrated in a few days to monitor bed load at a wide range of transport rates. Multiple samples were

taken, especially during the rising limb of hydrographs. The duration of bed load sampling ranged from 1 to 120 minutes depending on the discharge. The amount of trapped sediment ranged from 0.1 to 49.7 kg. The sediment collected in the traps was dried, weighed and later sieved in the laboratory.

2.3. Bed load monitoring using tracers

Coarse sediment mobility in Estero Morales was also investigated using natural clasts equipped with 23-mm-long radio frequency identification (RFID) passive integrated transponder tags (Hassan et al., 2013; Liebault et al., 2012). PIT tags are transmitters without batteries that emit an identification codes by radio frequencies, which are detected and recorded. The RFID PIT system uses electromagnetic fields to automatically identify tags. A commercially available mobile RFID system consisting of a reader unit, a battery suppling the system, a screen, and a short-range antenna (0.5 m in diameter), was used to determine the position of PIT tags (Figure 2). The antenna can generally recognize tracers in a range of 0.3 m, although this varies depending on the position of the clast relative to the antenna, the battery charge, and interference among PIT tags (see Chapuis et al., 2014).

PIT tags were inserted in holes drilled in the clasts and closed using epoxy glue. The three main dimensions of the clasts (a – long, b – medium, c – short) were measured with a caliper and the clasts were weighed to determine the relationship between b-axis diameter and weight. Only sediments collected in the Estero Morales were used to produce PIT tracers for this study. The tracers were also spray-painted to enhance their visibility in the channel bed. The PIT tags were placed in the upstream end of the study reach and ended up at the confluence with the El Volcan River. As in other studies (e.g. Dell'Agnese et al., 2015), the PIT tags were laid in the channel bed and gently pushed by foot into the surface sediment material to prevent them from protruding abnormally from the bed. PIT tags were always inserted at three transects (spaced 0.5 m apart) at the upstream end of the reach. The operator equipped with the mobile antenna scanned the channel bed surface for tags. When a tag was detected, vertical and horizontal distance were measured from wooden stakes with a laser rangefinder. Overall, 32 wooden stakes were located along the study site, and

all were georeferenced using DGPS. At the beginning of the measuring periods in January 2014 and January 2015, 461 and 395 PITs respectively were placed in the study reach during low-flow conditions. PIT positions were surveyed 20 times in 2014 and 13 times in 2015. Each survey took one to two days, and required intense in-channel surveys, carried out by two operators, who worked until 2 PM, after which increased discharge made the search for PITs unsafe. The flow regime during the monitoring search for PITs was always characterized by daily fluctuations in discharge. The surveys always started from the upstream end of the monitored reach. Due to the rapid increase in water discharge in the early afternoon, it was generally possible to survey only the upper half of the reach. On one occasion, it was possible to survey the entire reach. Figure 3 shows the size distribution of the tracers, and the bed surface and subsurface sediments. A surface grid-by-number sampling revealed that the sediments are coarse and poorly sorted (D_{16} = 20 mm; D_{50} = 59 mm; D_{84} = 318 mm; D_{90} = 448 mm; Figure 3). A volume-by-weight subsurface sampling showed that bed material grain size distribution is finer than that of the surface, demonstrating a certain rate of surface armoring ($D_{50\text{-}sub}$ = 25 mm; Figure 3). The b-axes of tracers range from 27 to 420 mm. The lower value of this range was determined by the length of the PIT tags inserted in the clasts (23 mm), and the upper value by the size of pebbles in which PITs could be inserted and then transported in the study site.

3. Conceptual and theoretical framework: unifying the statistical motion and virtual velocity approaches

In this section, we introduce Einstein's (1950) bed load formula, and present the way field data collected with the PIT tracers was used to back-calculate the predictors that appear in the formula. Einstein's pioneering approach describes the bed load transport rate as a function of two predictors that consider the probabilistic distribution of mean particle displacements $\bar{L}$ and $\overline{T^{-1}}$, being T the resting time. L represents the distance that a particle runs without pausing during its movement from an entrainment to the subsequent deposition. We refer to this as flight distance, whereas in other studies (e.g. Bradley et al., 2010; Habersack, 2001; Nikora et al., 2002) it is termed step or travel distance, quick length step, intermediate trajectories, and travel distance. T is the

resting time, i.e. the time interval from a first deposition to the next entrainment, whereas T^{-1} represents the probability for a single grain at rest to be entrained in a unit of time. The Einstein expression has two further factors, which are constant for a given bed, i.e. the number N of grains paving a unit area and the reference volume V of a single particle. N can be evaluated as the ratio between bed particle concentration c_b (volumetric percentage of solid volumes) and the particle reference cross section A. Following the above notations, the Einstein (1950) formulation for the unit volumetric transport rate q_s (in m^2/s) is expressed as:

$$q_s = \overline{T^{-1}} \forall \frac{c_b}{A} \overline{L} \tag{1}$$

In order to make Eq. 1 applicable to all i^{th} grain size classes of a poorly sorted mixture, we add a factor f_i, which indicates the volumetric frequency of the class size D_i, resulting in:

$$q_{si} = \overline{T_i^{-1}} \forall_i \frac{c_b}{A_i} \overline{L_i} f_i \tag{2}$$

where V_i is the reference volume of a single particle in the ith grain size class. The term $\overline{T_i^{-1}} \frac{c_b}{A_i}$ can be termed E_i, which represents the number of particles entrained per unit of time and unit of bed-surface area. Unless the probability distribution of the resting times is uniform, it holds that:

$$\overline{T_i^{-1}} \neq \frac{1}{\overline{T_i}} \tag{3}$$

The ratio $\forall_i / A_i$ is equal to αD_i, α being a constant. Indeed, for nearly spherical-shaped grains it holds that $\forall_i / A_i = \frac{4}{3}\pi \frac{D_i^3}{8} / \pi \frac{D_i^2}{4} = \frac{2D_i}{3}$. Thus, it is generally true that α is close to unity and depends on the shape of the particle. Eventually, Eq. 2 becomes:

$$q_{si} = \alpha D_i c_b \overline{T_i^{-1}} f_i \overline{L_i} \tag{4}$$

The distribution of T_i can be obtained from the dataset collected in the field using the tracers (see Section 6).

The unit volumetric transport rate q_s (per unit of width of the active channel) in the virtual velocity approach can be calculated for well sorted sediments as follows (Haschenburger & Church, 1998; Liebault & Laronne, 2008; Hassan & Bradley, 2017):

$$q_s = V_v \delta c_b \tag{5}$$

where c_b is the volumetric concentration of the sediments in the bed and δ is the thickness of the active layer of sediments. The virtual velocity of bed load V_v is calculated as the ratio between the total displacement ℓ travelled by a particle in a certain time interval t, and t itself. Because particles are entrained, move and rest several times during a transport event, it holds that t is much longer than the above defined T and that the total displacement ℓ is much longer than the previously defined $\bar{L}$. Virtual velocity V_v is thus the averaged velocity, over both motion and resting periods, of a large ensemble of grains running their trajectory. The transport of each ith grain size fraction of a poorly sorted bed mixture, given its volumetric fraction f_i in the bed mixture, and its representative grain size D_i, is given by:

$$q_{si} = V_{vi}\delta c_b f_i \tag{6}$$

In this paper, we use the data collected with PIT tracers in sequential surveys to calculate the virtual sediment velocity V_v, calculating T_T as the time elapsed from when a trace was inserted in the bed (or the previous survey) until the last time it was detected, and l_T as the distance traveled from the release (or the previous survey) to the position at which it was last recovered (as is usually done in literature, see Vasquez-Tarrio et al., 2019). From Eq. (6) it can be drawn that:

$$V_{vi} = q_{si}/c_b\delta f_i \tag{7}$$

With the aim of establishing a relation between the two approaches, Eqs. 2 and 7 can be combined as:

$$q_{si} = \alpha D_i c_b \overline{T_\iota^{-1}} f_i \overline{L_\iota} = V_{vi}\delta c_b f_i \tag{8}$$

Eq. 8 yields:

$$V_{vi} \approx \overline{T_\iota^{-1}}\ \overline{L_\iota}\,\frac{\alpha D_i}{\delta} \tag{9}$$

which displays a straightforward interpretation of virtual velocity in terms of predictors in Einstein's approach. Interestingly, Eq. 9 applies to both well and poorly sorted bed mixtures.

4. Effective slope and predictive power of empirical bed load formulas

Around two thirds of the total energy in steep streams can be dissipated in the hydraulics generated by step-pool sequences (e.g. Wilcox et al., 2011), and this dissipated energy does not contribute to generating bed load transport. Here we apply

a slope decomposition approach (as in Nitsche et al., 2011), in which the mean topographic longitudinal slope i_b is split into the effective slope involved in sediment transport (i_e) and the component of slope that is absorbed in form and spill drags (i_f):

$$i_b = i_e + i_f \tag{10}$$

To calculate the effective slope i_e, we used the competence approach for incipient sediment motion, which considers the largest particle transported and collected during bed load samplings conducted under different hydrometric conditions (Andrews, 1983; Batalla & Martin-Vide, 2001; Mao et al., 2008). In the case of the Estero Morales, we used the size of the coarsest grain captured with the Bunte traps (D_{100}) and the shear stress acting on the bed calculated using the depth-slope approach (Wilcock, 1993), which involves the use of the water depth at the time of sampling (h), topographical slope (i_b), the acceleration constant due to gravity (g) and water density (ρ). The shear stress associated with sediment transport is calculated as:

$$\tau = h i_b g \rho \tag{11}$$

Here we adopted the flow competence method, which assumes that the local flow conditions at the moment of bedload sampling can be considered critical for the entrainment and transport of the coarsest sediment trapped in the sampler (Andrews, 1983; Lenzi et al., 2006). In other words, the shear stress during a bedload sampling is critical for the coarsest particles found in the Bunte trap (D_{100}), and thus the critical Shields stress (θ_{cr}) can be calculated as:

$$\theta_{cr} = \frac{h \cdot i_b}{\Delta \cdot D_{100}} \tag{12}$$

where $\Delta = \rho_s/\rho - 1$ and ρ_s is the density of sediments. If i_e, rather than i_b, is considered in Eq. 12, the effective slope can be calculated as:

$$i_e = \frac{\theta_{cr} \cdot \Delta \cdot D_{100}}{h} \tag{13}$$

which shows that the ratio D_{100}/h is proportional to i_e, provided that θ_{cr} is assumed to be constant. Figure 4 shows the relationship between transported D_{100} and the water depth at the time of direct bed load sampling conducted in 2014 and 2015. The size of the coarsest transported sediments increases with the flow depth, although the predictive power of a linear regression is very weak ($R^2 = 0.29$). The considerable scatter of data is consistent with previous observations (e.g., Mao et al., 2008). On the one hand, this could be attributed to the reduced trapping efficiency of Bunte

samplers, especially at higher bed load transport rates due to shorter sampling times and the fact that D_{100} approaches the size of the sampler intake. On the other hand, the scatter observable in Figure 4 is also due to the natural grain size variability of upstream sediment delivery sources, dynamics of destruction of sediment clusters, changes in sediment imbrication, and temporal variability of local shear stress. As well, the flow conditions at the bed load sampling point are unlikely to represent the local conditions well in the place where the sediments were entrained, causing further scatter in the relationship between the coarsest clast captured by the sampling basket and the water stage at the site of monitoring.

The effective slope can be calculated by assuming a certain value of the critical Shields parameter θ_{cr} unaffected by grain sorting, particle size interactions, channel slope or high relative roughness. Although the critical Shields parameter can vary locally, ranging from 0.03 to 0.09 (Buffington & Montgomery, 1997), if an intermediate value of 0.05 is assumed, Eq. 13 provides a calculated value of i_e of 0.018 m/m. Interestingly, this value of effective slope is almost one order of magnitude lower than the actual mean topographic channel slope (i_b = 0.14 m/m), revealing that only a small part of the available bed shear stress is actually associated with sediment transport during ordinary daily floods in the Estero Morales. This is well in agreement with the high level of energy dissipation associated with bedforms (Chin & Wohl, 2005; Comiti et al., 2009), which can account for 80 % of the total flow resistance (e.g. Canovaro et al., 2007; Chiari et al., 2010; Wilcox et al., 2011).

Our calculation of effective slope can be compared with the effective slope estimated using the power-function relation proposed by Rickenmann and Recking (2011):

$$\frac{i_e}{i_b} = (i_b{}^{-z}p)^e \tag{14}$$

where p = 0.07, z = 0.47 and e = 1.2 are calibrated using a large empirical dataset (Chiari & Rickenmann, 2011; Rickenmann & Recking, 2011). For the Estero Morales, Eqs. 13 and 14 provide an estimates of i_e/i_b, of around 0.13, remarkably similar to the ratio resulting from the use of the value of i_e (0.018 m/m, see above), confirming that the analysis based on competence is sound. Notably, Nitsche et al. (2011) combined several bed load transport and flow resistance equations to account for flow energy dissipation of step-pool morphology in steep streams. They recommended using the

slope decomposition approach (i.e., Rickenmann & Recking 2011) to increase the predictive power of bed load formulas that generally overestimate bed load transport in mountain streams by orders of magnitude (e.g. Vázquez-Tarrío & Menéndez-Duarte, 2015). Here we use effective slope to assess the increase in the predictive power of a widely-applied formula in a system with nearly unlimited sediment supply, and to derive the reference values needed for the later development of the present work. Specifically, we applied the Meyer-Peter & Muller equation (Meyer-Peter & Muller, 1948; Wong & Parker, 2006, hereafter MPM) using both the effective slope i_e and the topographical slope i_b, to calculate the value of the Shields parameter θ_{50} as:

$$\theta_{50(i_e)} = \frac{h \cdot i_e}{\Delta \cdot D_{50}};\ \theta_{50(i_b)} = \frac{h \cdot i_b}{\Delta \cdot D_{50}} \tag{15}$$

where h is the water depth measured in the field at the monitoring station and D_{50} is the median grain size. Figure 5 shows the typical daily fluctuation of θ_{50} over several days during the monitoring season, calculated with the effective slope i_e. The value of θ_{50} calculated with topographical slope would be one order of magnitude higher than shear stress, which is actually responsible for bed load transport. The outcome using topographical slope suggests that bed load even occurs at the lowest discharges at night. In contrast, effective slope provides values of shear stress ranging from 0.030 to 0.075.

The shear stress calculated with Eq. 15 can be then applied to the revised MPM equation (Wong & Parker, 2006) to evaluate sediment transport rates. If applied to well sorted mixtures, the MPM reads as:

$$q_s^{MPM} = 4(\theta - \theta_{cr})^{3/2}(g\Delta)^{1/2}{D_{50}}^{3/2} \tag{16}$$

where q_s^{MPM} represents calculated solid discharge per unit of active channel width. For poorly sorted mixtures, the unit solid discharge can be calculated for each grain size fraction D_i as follows:

$$q_{si}^{MPM} = 4f_i(\theta - \xi_i\theta_{cr})^{3/2}(g\Delta)^{1/2}{D_i}^{3/2} \tag{17}$$

f_i being the volumetric frequency of each ith grain size class and ξ_i the hiding factor calculated as $\xi_i = (D_i/D_{50})^{0.905}$, as previously suggested (Andrews, 1983; Parker et al., 1982). The instantaneous value of q_s^{MPM} is calculated using a value of the Shields stress obtained from Eq. (15), where the flow depth is provided by the local water

stage meter.

Figure 6 shows bed load rates measured using Bunte samplers *vs.* the dimensionless shear stress calculated using the effective slope i_e. As expected, bed load rate increases with shear stress, rising from $5x10^{-8}$ m^2 s^{-1} at Shields of 0.03 to $5x10^{-5}$ m^2 s^{-1} at Shields of 0.06, and also the values of volumetric bed load rates are rather scattered. Figure 7 shows instead the values of bed load rates *vs.* the water stage at the time of sampling. This graph allows plotting the MPM predictions calculated using both i_e and i_b showing that using topographic slope to calculate MPM results in overestimating bed load transport rates by more than one order of magnitude (Figure 7). Conversely, MPM predictive power increases substantially when the effective slope is used, especially at the higher transport rates.

Notably, the application of Rickenmann & Recking's approach (2011) closely overlaps with the MPM formula based on i_e. This suggests that the use of effective slope is a promising way to increase the predictive power of empirical bed load formulas developed in flume experiments, in order to account for energy dissipation due to morphological units, such as step-pools, which are usually associated with high slope (Rickenmann & Recking, 2011). Indeed, the presence of step-pools produces a large apparent increase in Shields stress (Chin & Wohl, 2005; Mao et al., 2008), and can strongly affect bed load prediction (Recking et al., 2016).

It is worth stressing here that the reach-averaged shear stress calculated with Eq. 11 is based on several assumptions (i.e. topographical slope is equal to the water slope and to the energy slope) that are hardly met in steep streams like the Estero Morales (see Yager et al., 2018). In future attempts, better estimates of effective slope and predictions of bed load rates could be achieved by monitoring the slope of the water surface or local flow velocity, or by using 2-D flow models to estimate the near-bed shear stress (e.g. Monsalve et al, 2016).

The analysis also provides further insights into the transport regime of Estero Morales during summer glacial-melting floods. As previously suggested (Capart & Fraccarollo, 2011; Berzi & Fraccarollo, 2013), the Shields value can discriminate between ordinary (low Shields) and collisional (high Shields) bed load regimes for non-cohesive coarse sediments in turbulent flows., Shields stress in the Estero Morales calculated using

effective slope is around 0.1, which suggests the occurrence of an ordinary bed load transport regime in which sediment moves by sliding and saltation, with prolonged rest periods, as was observed in the field. In contrast, the application of the topographical slope i_b suggests an intense collisional regime in which particles also frequently collide.

5. Displacement lengths and virtual velocity of tracers

As previously observed, finer particles in step-pools tend to undergo more displacement than coarser particles (e.g. Church and Hassan, 1992). Figure 8 shows the plotted measured total displacement lengths of single tracers scaled by the mean total displacement of the median grain size ($\ell_{50-surf}$) as a function of the ratio between tracer size (D) and the median subsurface grain size ($D_{50\text{-}sub}$). The average value of dimensionless flight distance for binned classes of dimensionless particles sizes decreases for coarser sediments. Although considerable scatter is observed, the size-dependent trend is confirmed and the field data are plotted around previously derived empirical formulas (i.e. Church & Hassan, 1992; Vasquez-Tarrio et al., 2019). However, the empirical relationship is not statistically significant (R^2=0.095; Figure 8).

Virtual velocity is usually calculated as the ratio between the displacement length and the time between the survey when the tracers were placed in the field and the one when they were retrieved. Because the daily fluctuations in discharges in the Estero Morales are fairly regular in summer (see Figure 5), we consider here that daily hydrographs are only characterized by over threshold flows 30% of the time ($\theta_{50} > \theta_{cr}$). Following this logic, we calculated the average virtual velocity of each PIT tracer using their travelled distance and 30% of the time interval between the two subsequent surveys, irrespective of the survey date.

The virtual velocity of particles of different sizes can be used to quantify the volumetric bed load transport rates using Eq. 6, which mainly requires virtual velocity and the thickness of the active layer δ. The thickness of the active sediment layer generally depends on local hydraulic conditions and bed texture (e.g., Houbrechts et al., 2012). Although δ depends on the shear stress acting locally (Wilson, 1987;

Kumbhakar et al., 2018; Brenna et al., 2019), it can be reasonably assumed that the thickness of the active layer is proportional to the surface grain size $\delta = a\, D_{50}$ (Haschenburger & Church, 1998) with a ranging from 1 to 3 (Hassan & Bradley, 2017). Einstein (1950) originally estimated a as twice the surface grain size. As a first approximation in this paper, we assume that the thickness of the active layer is equal to the median surface grain size. This is reasonable during the ordinary fluctuations of discharge monitored in 2014 and 2015, as only a few tracers were found buried during the surveys. Given that the step-pool remained stable over the two years of observations, this indicates that only minor vertical adjustments occurred in the channel bed. Arguably, the assumption that $\delta = D_{50}$ would not hold true for higher-magnitude events that affect the stability of step-pools sequences, as the thickness of the active layer would become larger and affected by erosion/deposition dynamics. The above considerations on how to evaluate the virtual velocity and the active layer in the field are useful in considering Eq. 7.

If bed load transport rates q_{si} are calculated using the MPM formula based on the effective slope (Eq. 17; Figure 7), Eqs. 7 and 17 are combined to obtain V_{vi} in m/day:

$$V_{vi} = \frac{1}{0.3\, D_{50}} \int_{1day} q_{si}^{MPM}\, dt \qquad (18)$$

Here we assume a value of c_b equal to 1, and a grain size distribution range corresponding to that of the PIT population, thus underrepresenting the finer fractions, to some extent. In Eq. 18 V_{vi} represents the virtual velocity (m/day) averaged over the portion of the day when $\theta_{50} > \theta_{cr}$. The two sides of Eq. 18 are plotted against grain size in Figure 9. As documented elsewhere (e.g. Liebault et al., 2012), despite the high degree of scatter, virtual velocities tend to decrease hyperbolically with grain size. This behavior is reproduced fairly well by the MPM volumes calculated when the hiding effect (see Eq. 17) and effective slope are considered. Interestingly, using topographical rather than effective slope in the calculation of bed load transport rates would result in a major overestimation of virtual velocity, especially of the coarser fractions, consistently with results in Figure 7. The overall reduction of virtual velocities with grain size indicates that the shear stress exerted by the flow over the bed during a daily flood is never high enough to make the size of transported sediment independent of critical Shields stress (e.g. the transport is size-selective), and confirms

that the sediment transport regime belongs to the ordinary bed load mode.

The tracer data show virtual velocities of up to 65 m per day (looking at the binned data in Figure 9) and null values for grain size coarser than 250 mm. These values are representative of the flow conditions obtained by restricting the analysis to intraday sub-periods characterized by $\theta > \theta_{cr}$ (see Figure 5). Clearly, if averaged over an entire day, including periods at $\theta < \theta_{cr}$, when no bed load transport occurs, we would obtain lower virtual velocity.

6. The statistics of sediment resting times and Einstein conjecture

Ordinary tracer studies focus on the mobility and virtual velocity of sediments during floods. Frequent subsequent surveys with the mobile antenna, combined with the natural daily fluctuations in discharge, allowed us to focus on the tracers that remained in the same location over two or more surveys in order to calculate sediment resting times. The field surveys conducted over consecutive days allowed for directly measuring the resting times T_i of the PIT tags of different grain sizes. When a tracer was recovered in the same position in the following survey, the resting time was calculated, representing the time interval elapsing from the first to last retrieval in the same position. Using these direct measurements, the mean resting time obtained by averaging all the PITs is approximately 8.6 days. If the resting times are calculated using the portion of the day when $\theta > \theta_{cr}$ (which represents approximately 30% of the time, see Figure 5), the mean resting time drops to around 2.6 days of continuous over-threshold flow with active bed load transport. Figure 10 reports the values of these directly measured resting times (red dots) as a function of tracer size. The lack of data points for durations of less than 8 hours (30% of a day, when $\theta > \theta_{cr}$) is related to the temporal resolution of field surveys (i.e., at least one day apart from each other), which is an intrinsic limitation of non-continuous tracking. Interestingly, the resting times are not sensitive (R^2 =0.03) to the grain size of tracers, indicating that the probability of a grain in the Estero Morales being entrained is independent of its size (Figure 10).

Figure 10 also shows a series of resting times calculated indirectly, derived from a re-evaluation of the Einstein approach along with the empirical resting times derived

from repeated field surveys. The method used to calculate this dataset is explained below.

We took advantage of the fact that any measured PIT displacement is the cumulative distance travelled over a known inter-survey time interval, without taking into account that particles tend to move on subsequent jumps that include multiple stops with relative resting times. Conceptually, at least one resting time is associated with any single flight (i.e., a distance > 0) that took place during an inter-survey interval. We developed a method to work with these data and extract one or more resting time from any inter-survey displacement. In Einstein's (1950) bed load formula (Eq. 2), the flight distance $\bar{L}_i$ is assumed to depend on the size of the sediment D_i and on ω, a positive dimensionless constant ($\omega \approx 100$):

$$\bar{L}_i = \omega D_i \tag{19}$$

Given that $\bar{L}_i$ depends only on D_i (see Eq. 19), in Einstein formula (Eq. 1) the bed load intensity depends completely on the other predictor E_i representing the number of particles entrained per unit time and unit bed-surface area. In order to interpret our dataset, we relaxed the Einstein constraint and adopted the following linear relationship:

$$\bar{L}_i = \omega D_i + c \tag{20}$$

The constant c makes it possible, at least theoretically, to obtain a negative value of the coefficient ω, which is always positive in experimental studies (Campagnol et al., 2012). The presence of c also implies that there are parts of the bed surface occupied by stable bed-form structures over which particles do not stop during ordinary events (i.e., floods are not able to destroy bed forms). As in Einstein (1950), Eq. 20 assumes that the coefficients are constant and independent of both grain size and bed load intensity.

By applying a recursive procedure, we obtain L_i and a rich sample of resting times that together contribute to describing the distribution of the directly measured resting times. In the first iteration of the procedure, which started with guess values of ω and c (e.g., the Einstein's values, $\omega = 100$, $c = 0$ m), and we used Eq. 20 to calculate L_i for all grain sizes. Each measured inter-survey displacement was divided by L_i to obtain the number of resting periods the particle underwent during such displacement. The

inter-survey time interval was thus divided by the number of resting periods to calculate the duration of each one. These additional and indirect values enrich the statistics of the resting times, summing to those directly measured in the field.

All the values of resting times, either directly measured and inferred from the displacements, were used to calculate a mean value $\bar{T}$. We then used the measured average values of virtual velocity for each grain size (see Figure 9) to indirectly obtain the average flight distance L_i based on the grain size. This is accomplished by multiplying the virtual velocity, which depends on the grain size (we used the binned values reported in Figure 9), by $\bar{T}$. Based on these values of $L_{i,}$ the parameters ω and c were back-calculated, using Eq. 20, and iterations were repeated until the values of ω and c remained constant.

Figures 10 and 11 illustrate the results obtained at the end of the direct and indirect approaches of the calculation. Neither directly measured data (red dots in Figure 10) nor the indirect data extracted from displacements (blue dots in Figure 10) show significant dependence of resting times on grain size. Figure 11 shows the statistical distribution of resting times of the two datasets. The directly measured resting times displays a shapeless probability-density distribution (Figure 11) which becomes much more outlined when measured and displacement-inferred resting times are merged (Figure 11b). Their overall mean is about 32 hours (1.35 days). The directly measured and the displacement-inferred resting times concur when below-threshold periods (i.e. when the Shields value is below the critical level) have been removed. Because θ exceeds θ_{cr} for approximately 30% of the time, an effective mean period T_r of 32 hours represents on average 4.5 days in the monitored reach of Estero Morales. Figure 11 clearly indicates that the inequality reported in Eq. 3 fully applies, as the probability density distribution of the resting times are far from being uniform.

Our results further show that the relation between L_i and D_i does not confirm Einstein's assumption that ω =100 and c = 0 m. Indeed, the flight distance of single grains decreases with particle size, and we obtained values of ω and c of -200 [-] and 50 m, respectively (Figure 12). Interestingly, ω is negative, revealing that in a naturally structured step-pool channel experiment, sediment mobility is completely different from that in flume runs with well sorted sediments and no bedforms (Campagnol et al.,

2012; Lajeunesse et al., 2010; Lee et al., 2006; Radice et al., 2013; Fraccarollo & Hassan, 2019). Deviations from Einstein conjecture were reported by Habersack (2001) in one of the first reports on step lengths and rest periods using tracers in the field.

It is worth discussing the reason ω has a negative value. Once small particles are dislodged, they are transported for long distances, before coming to rest. This is consistent with what is shown in Figure 10 and with the outcomes of recent works (e.g., Vázquez-Tarrío et al., 2019). The value obtained for c is higher than the average distance between steps in Estero Morales, which is around 10 m. The spacing between pools is a relevant geomorphic dimension of step-pool sequences, given that it is closely related to step formation (Curran, 2007) and flow resistance (Giménez-Curto & Corniero, 2006). During a given ordinary glacier-melting induced flood, the tracer displacements are influenced by the bed morphology and selected according to the grain size. Pools are particularly difficult to pass, and it is where coarse particles are more likely found. The work by Habersack (2001) is one of the few to have dealt with Einstein predictors using field data. This author radio-tracked gravel particles in a large braided river and gathered hundreds of direct measurements of resting times and flight distances. Interestingly, although working in a different bed form setting (i.e., dunes, gravel sheets and bars), Habersack (2001) also found a negative relationship between the dimensionless step lengths L_i/D_{50} and scaled particle size (D_i/D_{50}). Through flume experiments, Pyrce and Ashmore (2003) showed that the distribution of mean flight length is related to pool-bar spacing and that only a small proportion of particles are able to move beyond the first bar downstream from the entrainment site. Present and previous results confirm the dependence of grain flights on morphological features, in particular the control that bed forms can exert on coarse particles, preventing long flights, which support the need for a negative value for the proportionality parameter ω in our generalization of the Einstein relation (Eq. 20).

It is worth stressing that all results presented here derive from field measurement conducted during ordinary daily floods generated by the glacial melt. Larger events (i.e. intense rainfall events in early autumns in the case of the Estero Morales) would result in disruption of the step-pool morphology, deeper sediment active layer, and

large erosion/deposition processes in the channel and banks. Under these conditions, the statistical features of sediment displacement lengths and resting times would be likely quite different, and the very premise of the present analysis, i.e. the decomposition of the topographic slope, would be affected. It would be interesting to corroborate the Einstein's contention under higher magnitude events in the Estero Morales when, as in laboratory flume experiments, most of the bed would be mobile.

7. Conclusions

In this work, we presented and analyzed a new dataset collected over two years of sediment transport monitoring, including PIT-tracer displacements and direct volumetric sampling with Bunte traps, in Estero Morales (Chile). The latter data allowed us to assess the effective slope of the study reach, at least for ordinary floods, and to apply the relation proposed by Meyer-Peter and Müller to successfully predict sediment discharge. This physically based method of breaking down the total (or geometric) slope yielded results that are in good agreement with previous formulations and can be tested straightforwardly in other streams, provided a meter gauge is installed in the reach and volumetric samples of bed load are taken in a range of discharges. We further presented the link between Einstein's predictors and virtual velocity. Frequent tracking of tracer positions, along with the regularity of daily floods in Estero Morales, allowed us to collect a first sample of resting times. Then, by adopting a generalized version of Einstein's fundamental law, we inferred additional resting times and flight distances from inter-survey data of tracer displacements. Our results contradict Einstein's assumption and show a surprising decrease in flight distances with larger grain sizes, as opposed to a linear increase. This finding is conceptually consistent with the notion that bed macroroughness, which is responsible for slope decomposition, plays a prominent role in processes that characterize sediment transport, like entrainment and deposition. We also observed that resting times do not depend significantly on tracer size.

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FIGURE CAPTION

Figure 1. Location and map of the Estero Morales basin.

Figure 2. Views of the Estero Morales (a) at the monitored cross-section; (b) at the upstream end of the reach where the PIT tracers were placed and surveyed; (c) during a PIT survey conducted with a portable antenna; and (d) during bed load sampling using Bunte traps. The channel width is about 7 m.

Figure 3. Surface and sub-surface grain size distribution in the monitored reach of the Estero Morales, and size distribution of PIT tracers.

Figure 4. Relationship between the coarsest clast (D_{100}) collected with the Bunte sampler and the water depth at the time of sampling, as measured at the monitoring site during events recorded in 2014 and 2015). The filled black dots represent the average values of D_{100} for binned classes of water depth. The regression plots as $D_{100} = 0.2436h\text{-}0.0056$ ($R^2 = 0.29$).

Figure 5. Temporal trend of the dimensionless shear stress over three exemplary weeks of January 2014 in the Estero Morales calculated with Eq. 15 using the effective slope i_e. The horizontal line refers to the assumed critical value of shear stress ($\theta_{50(ie)} = 0.05$), which corresponds to a value of Shields of almost 0.40 if calculated using the topographical slope i_b.

Figure 6. Bed load transport rates as measured with the Bunte traps in 2014 and 2015, plotted against the Shields parameter calculated using the effective slope. The filled black dots represent the average values of q_s for binned classes of shear stress.

Figure 7. Bed load transport rates plotted against the water depth water depth at the time of sampling. The filled black dots represent the average values of q_s for binned

classes of water depths. The figure shows that the Meyer-Peter Mueller equation predicts the order of magnitude of bed load rates if the Shield stress is calculated using i_e, but overestimates actual transport rates by more than two orders of magnitude if calculated using i_b.

Figure 8. Dimensionless displacement $\ell_*$of individual particles (scaled by the averaged travel distance of particles similar to the surface size D_{50}) as a function of dimensionless particle size D^* (scaled by the subsurface median size). The best fit regression is $\ell_* = -0.296\, D_* + 2.389$ (n=517; P<0.001; R^2=0.095). The filled dots represent the average values of dimensionless displacements for binned classes of dimensionless particles sizes. Empirical equations of Church & Hassan (1992) and Vasquez-Tarrio et al. (2019) are plotted as well.

Figure 9. Virtual velocities plotted against the size of tracers used in the Estero Morales. The filled dots represent the average values of virtual velocity for binned classes of particles sizes. The solid line represents Eq. 17.

Figure 10. Resting times of coarse particles directly measured or computed through displacement surveys of PIT tags.

Figure 11. Histograms of the rest periods from direct surveys (left panel), and all rest periods including those calculated through displacement surveys (right panel).

Figure 12. Experimental data of flight displacement versus grain size, including the best fit of Eq. 20. Einstein's line represents $L_o = 100D_i$. The empirical equation of Habersack (2001), applied using D_{50} of the Estero Morales is plotted as well.

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Figure 1.

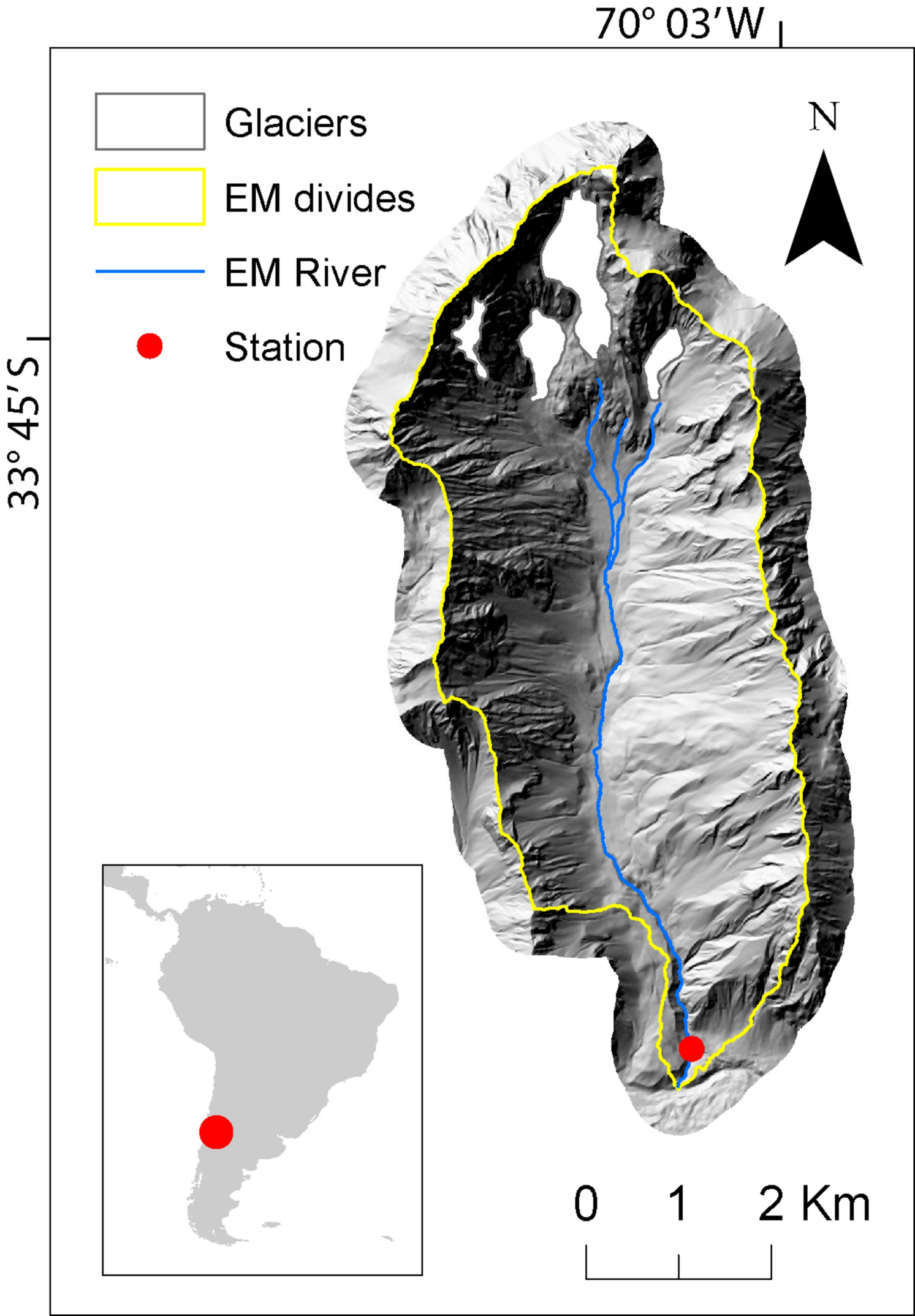

70° 03′W
33° 45′S
Glaciers
EM divides
EM River
Station
N
0 1 2 Km

Figure 2.

B1
B2

Figure 3.

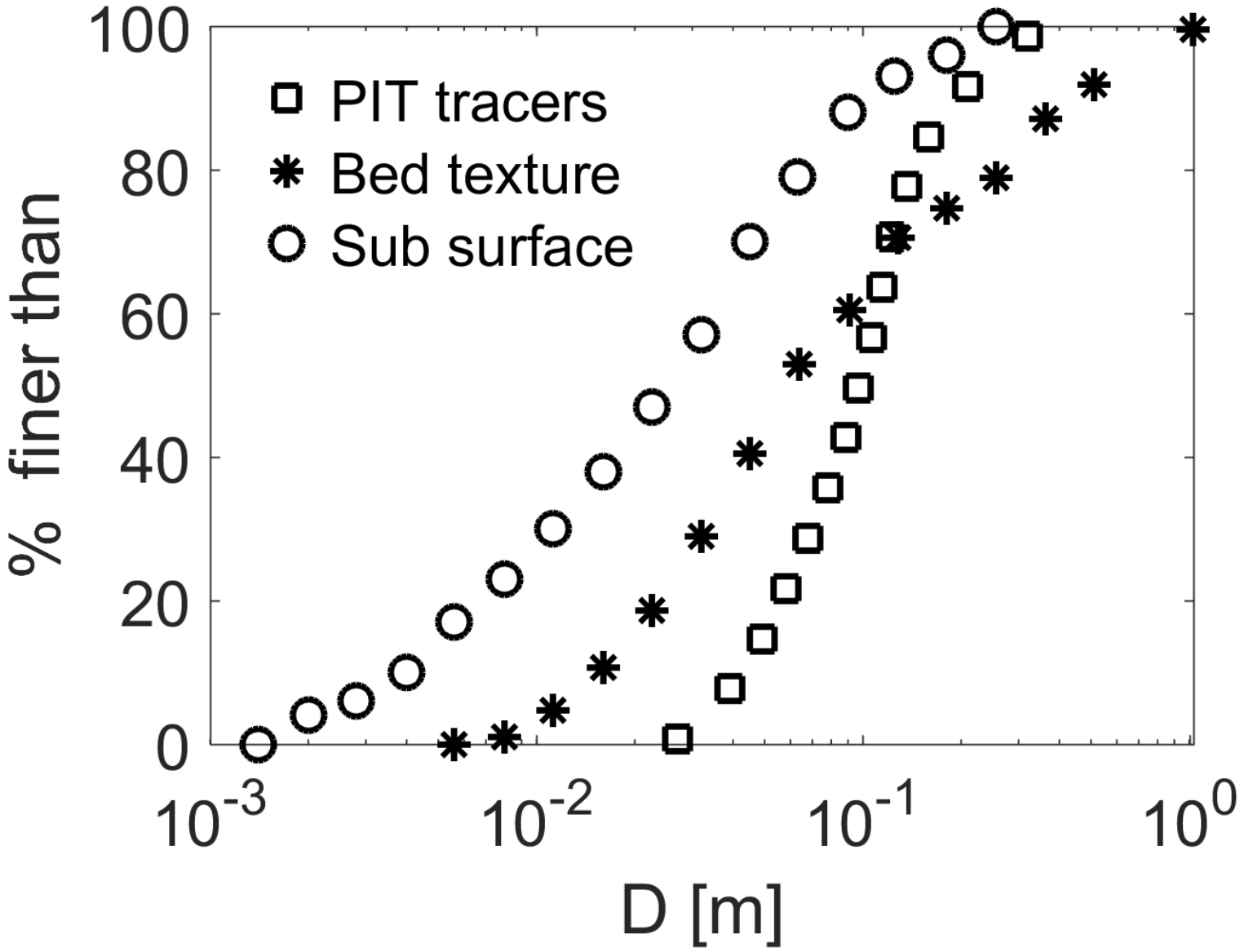

100
80
60
40
20
0
% finer than
PIT tracers
Bed texture
Sub surface
10^{-3}
10^{-2}
10^{-1}
10^{0}
D [m]

Figure 4.

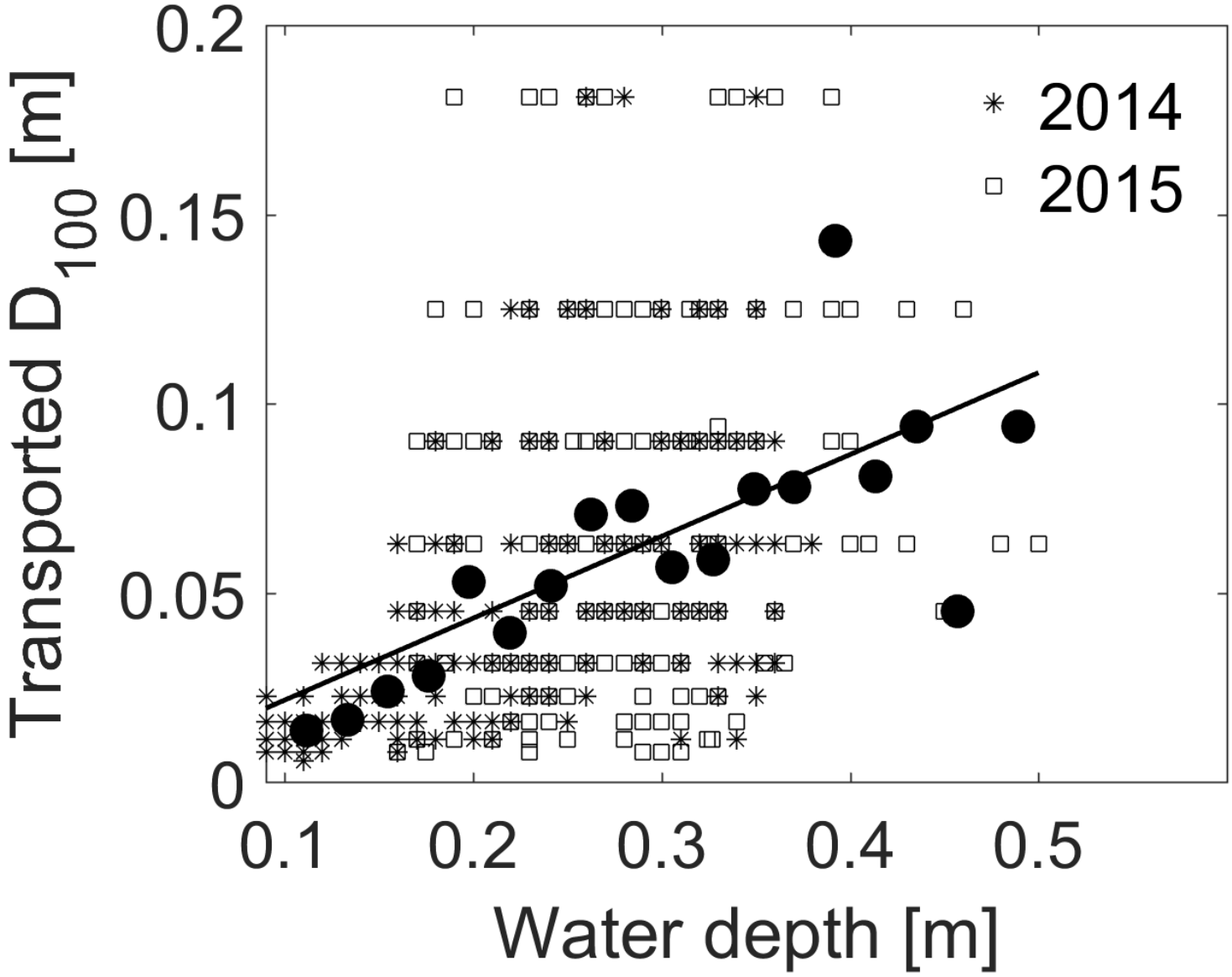

0.2
0.15
0.1
0.05
0
0.1
0.2
0.3
0.4
0.5
Transported D_{100} [m]
Water depth [m]
2014
2015

Figure 5.

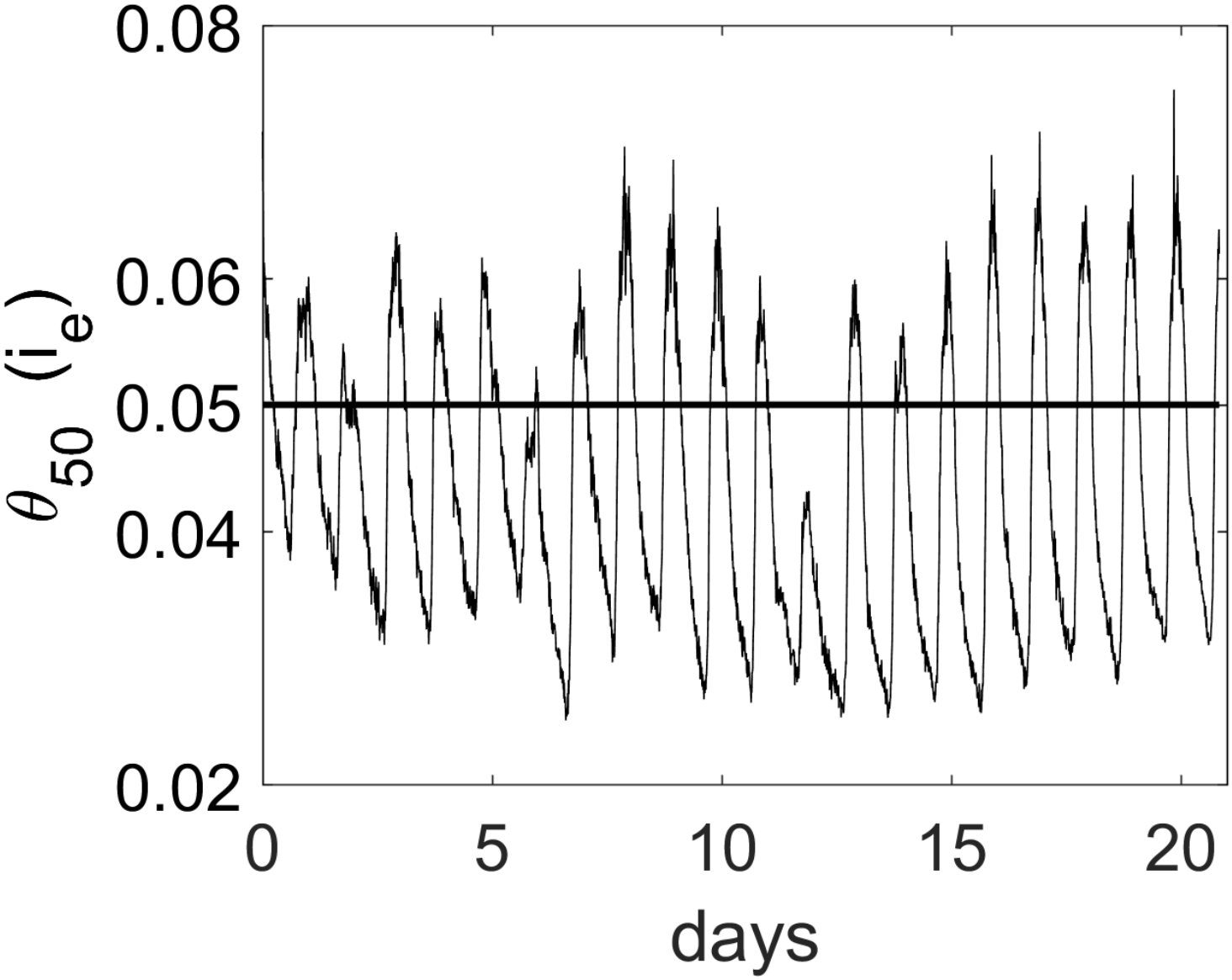

0.08
0.06
0.05
0.04
0.02
θ_{50} (i_e)
0
5
10
15
20
days

Figure 6.

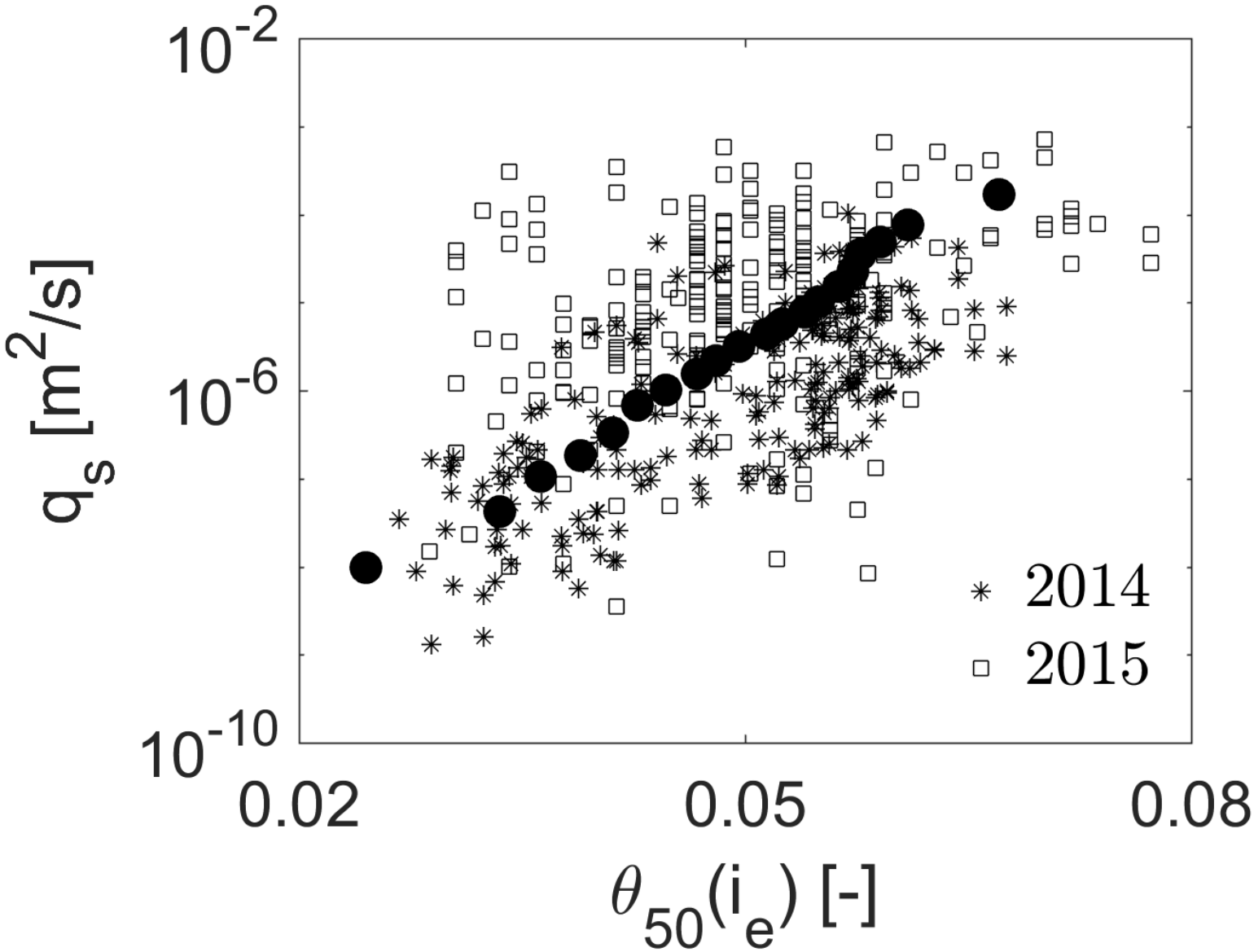

10^{-2}
10^{-6}
10^{-10}
q_s [m^2/s]
0.02
0.05
0.08
$\theta_{50}(i_e)$ [-]
2014
2015

Figure 7.

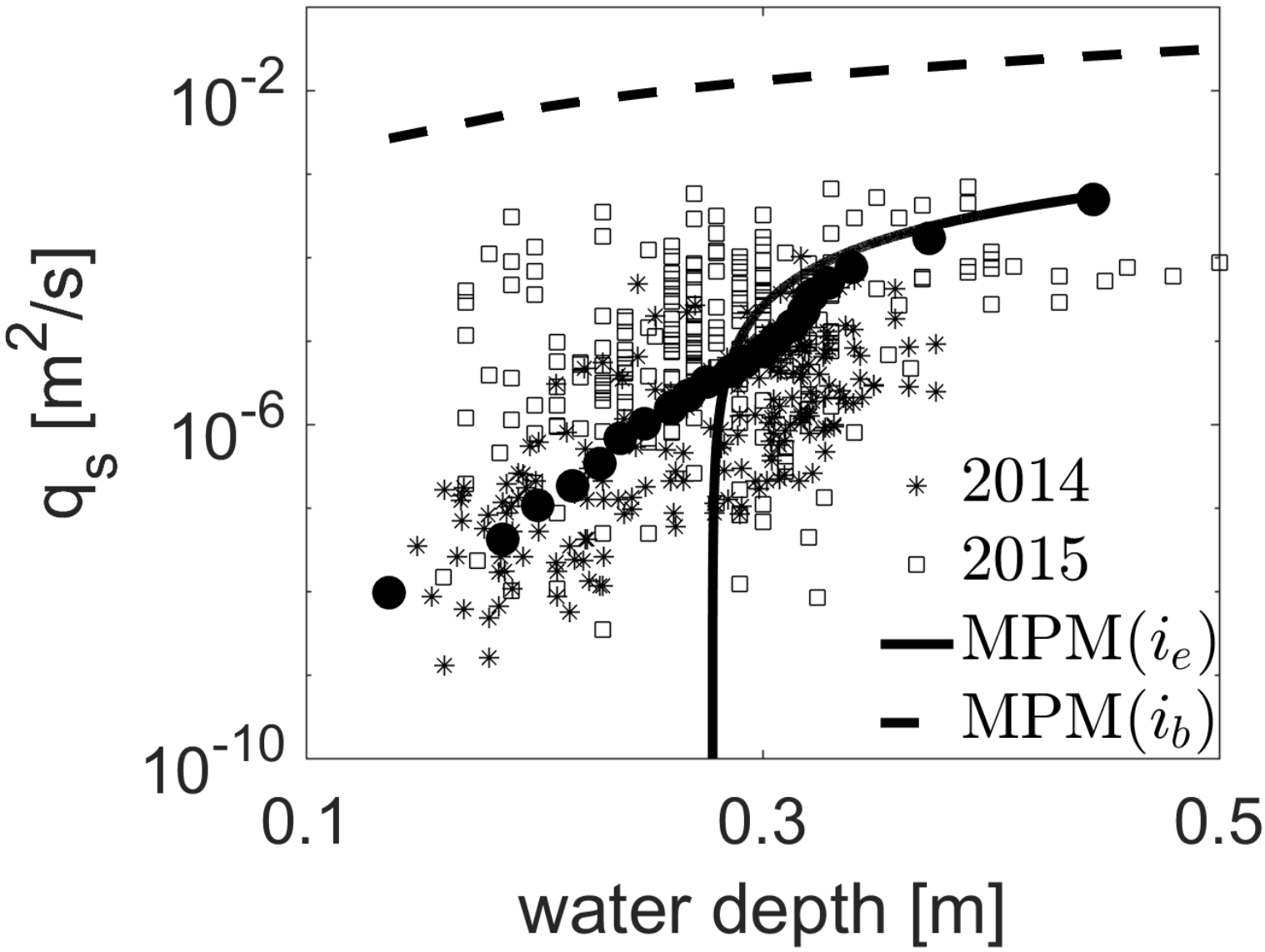

10^{-2}
10^{-6}
10^{-10}
q_s [m^2/s]
0.1
0.3
0.5
water depth [m]
2014
2015
MPM(i_e)
MPM(i_b)

Figure 8.

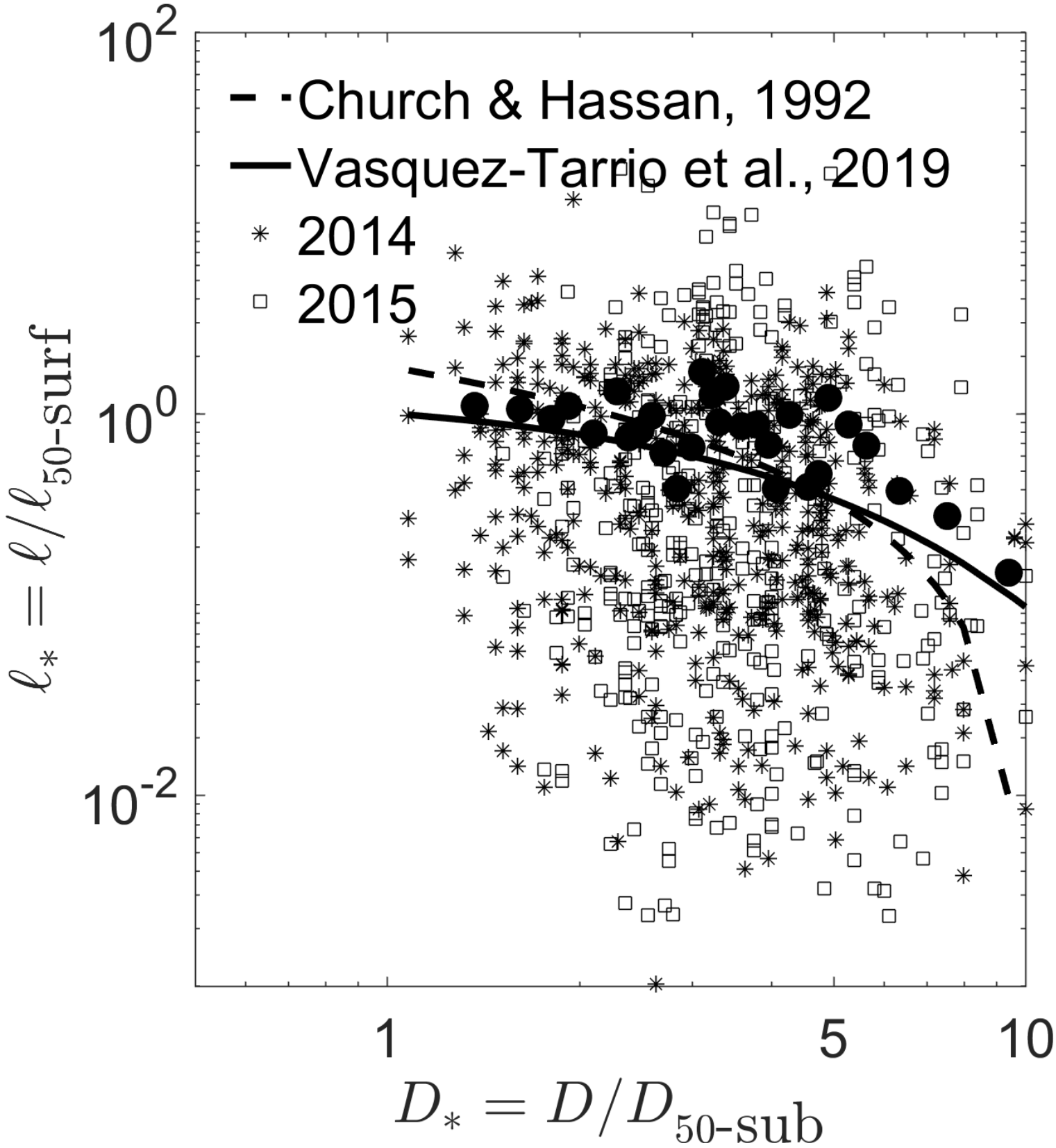

Church & Hassan, 1992
Vasquez-Tarrio et al., 2019
2014
2015
10^2
10^0
10^{-2}
1
5
10
$\ell_* = \ell/\ell_{50\text{-surf}}$
$D_* = D/D_{50\text{-sub}}$

Figure 9.

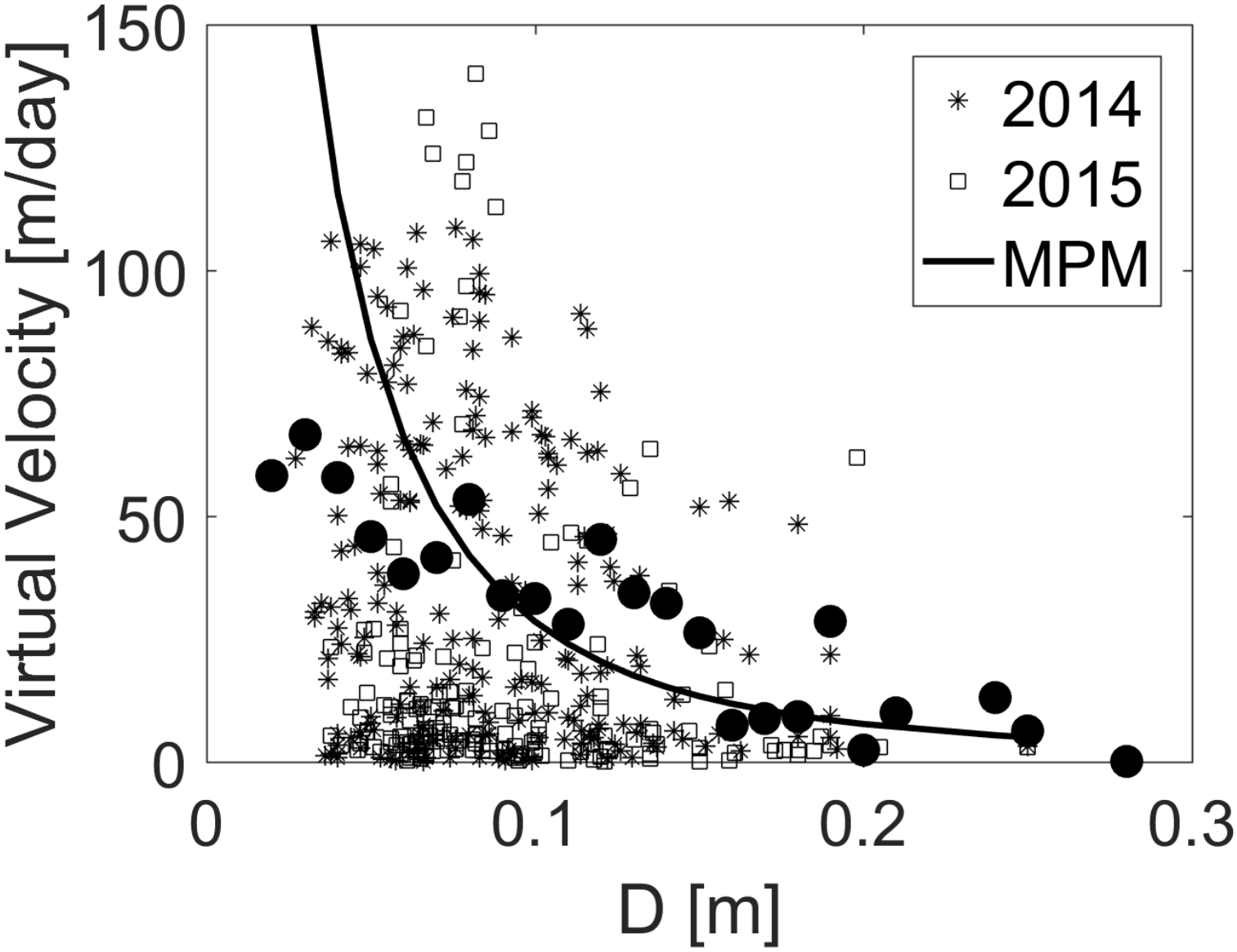

Virtual Velocity [m/day]
150
100
50
0
0
0.1
0.2
0.3
D [m]
2014
2015
MPM

Figure 10.

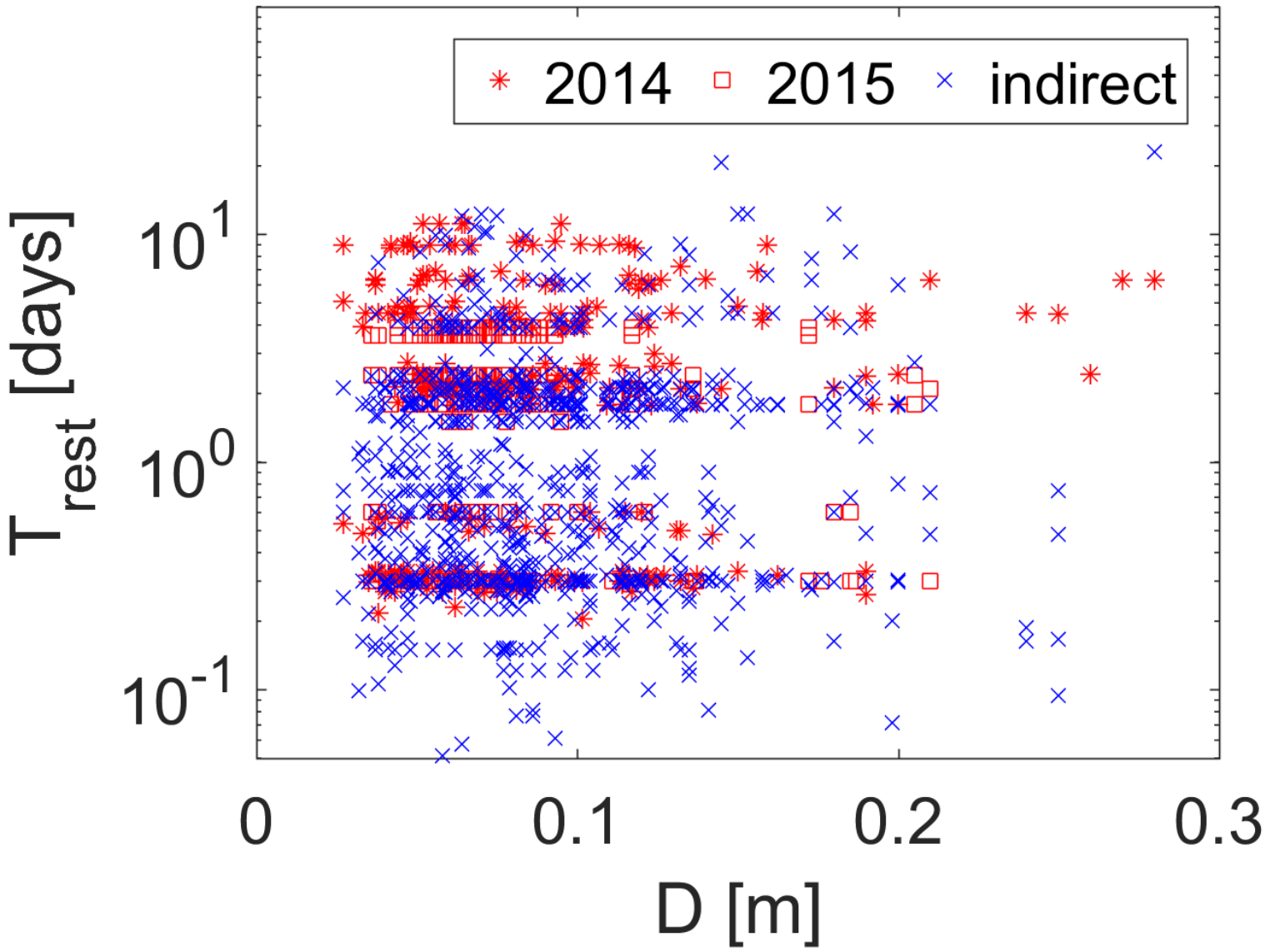

2014
2015
indirect
10^1
10^0
10^{-1}
T_{rest} [days]
0
0.1
0.2
0.3
D [m]

Figure 11.

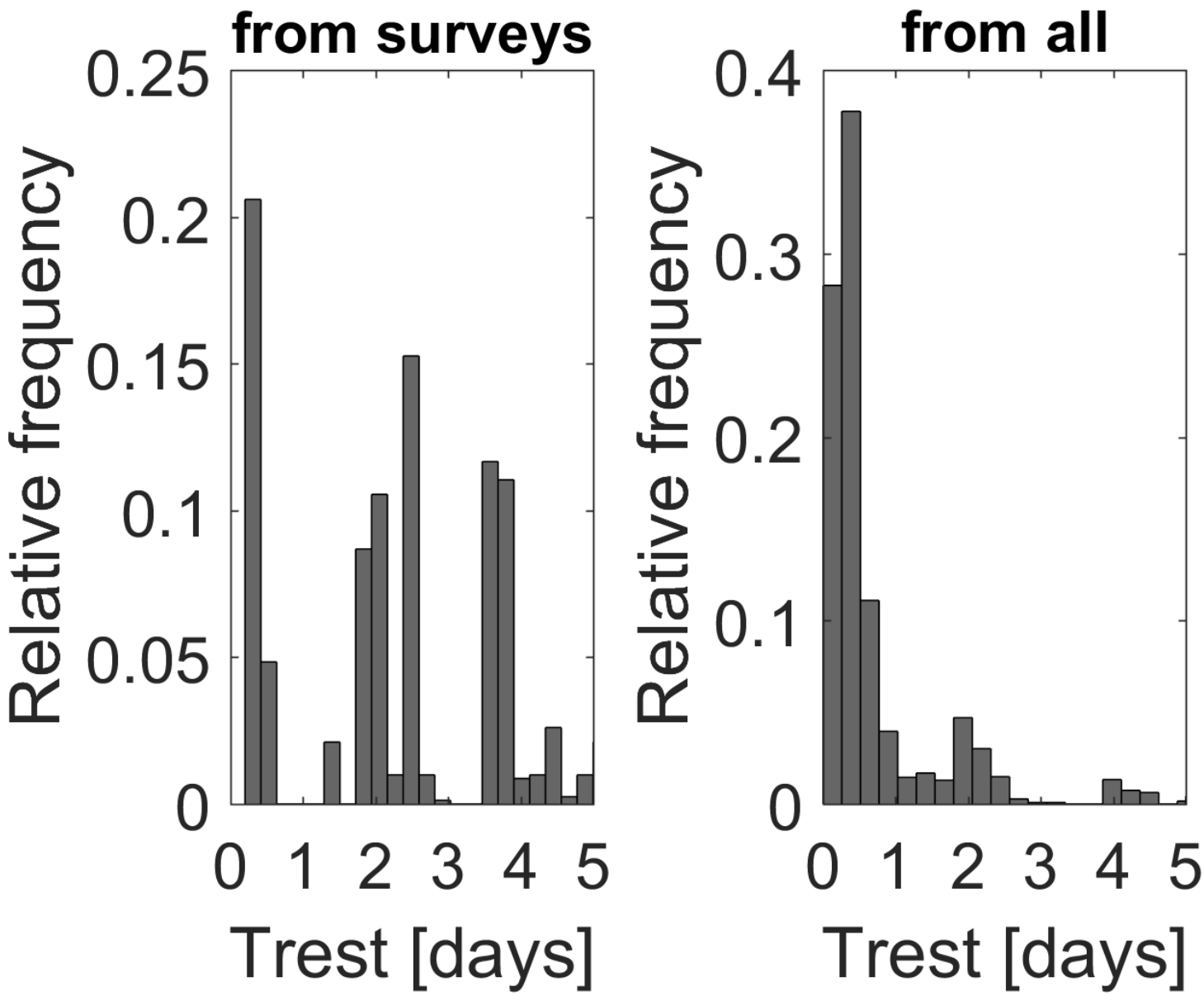
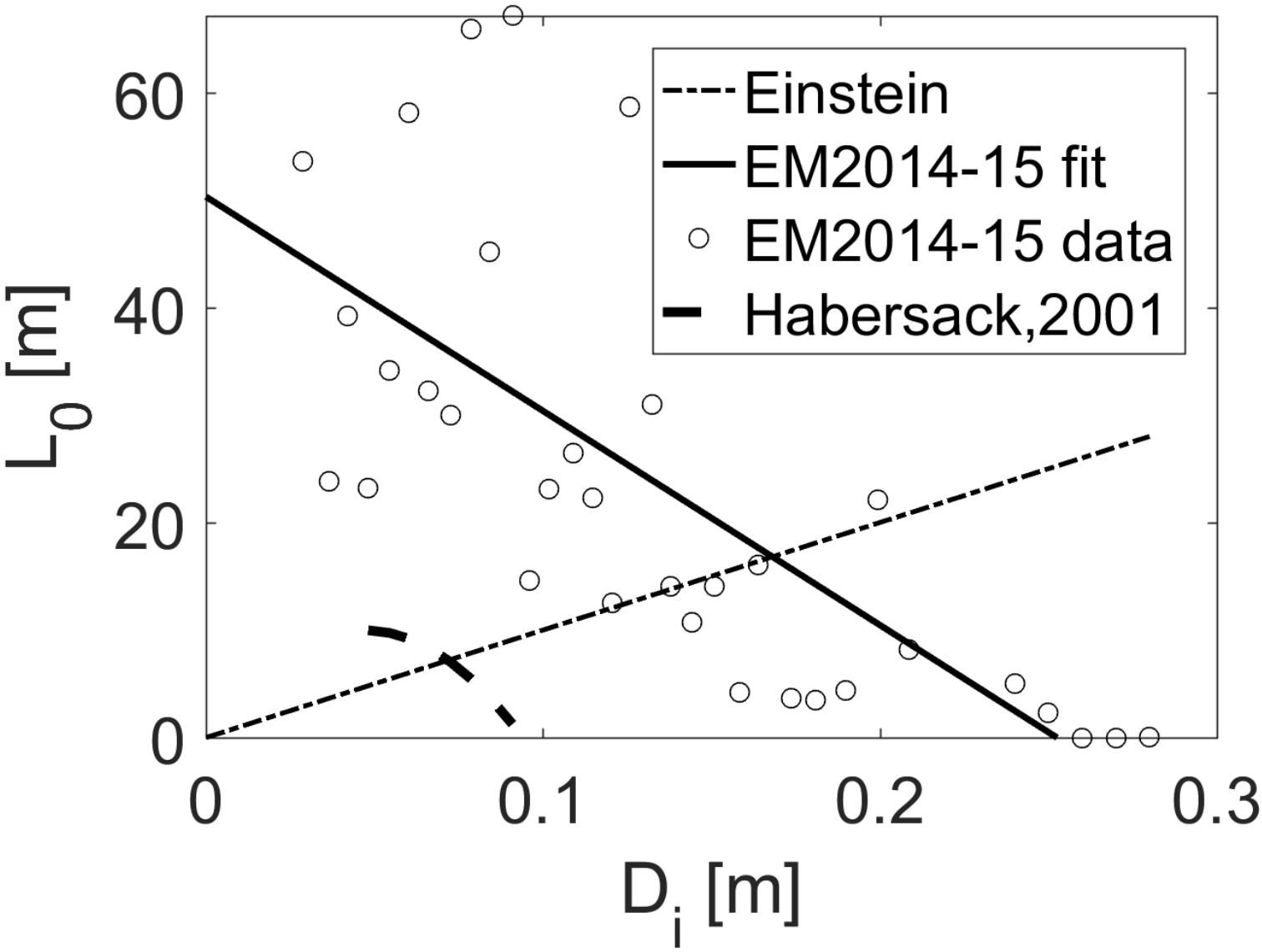

from surveys
from all
Relative frequency
Relative frequency
0.25
0.2
0.15
0.1
0.05
0
0.4
0.3
0.2
0.1
0
0 1 2 3 4 5
0 1 2 3 4 5
Trest [days]
Trest [days]

Figure 12.


Einstein
EM2014-15 fit
EM2014-15 data
Habersack,2001
60
40
20
0
0
0.1
0.2
0.3
L_0 [m]
D_i [m]