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Evidence of fish and human pathogens associated with doctor fish (*Garra rufa*, Heckel, 1843) used for cosmetic treatment

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1 **Evidence of fish and human pathogens associated with doctor fish (*Garra rufa*, Heckel,**
2 **1843) used for cosmetic treatment**

3 Running title: Zoonotic pathogen detection in fish spa

4
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25

26 **Abstract**

27 Doctor fish (*Garra rufa*, Heckel, 1843) are increasingly used for cosmetic treatment raising
28 particular concerns regarding the potential transmission of infections to clients.

29 Investigations of microbial causes undertaken in two outbreaks of mortality among *G. rufa*
30 used for cosmetic treatment revealed the presence of multiple bacteria, including both fish and
31 human pathogens such as *Aeromonas veronii*, *A. hydrophila*, *Vibrio cholerae*, *Shewanella*
32 *putrefaciens*, *Mycobacterium marinum* and *M. goodii*. This range of bacteria indicates an
33 intense microbial proliferation involving multiple pathogens, most likely induced by the poor
34 health condition of the fish.

35 Most of the detected pathogens are well-known agents of zoonosis. Indeed, *M. goodii* is an
36 emerging nosocomial human pathogen that has never been detected in fish to date, nor in
37 other animals. This first detection of *M. goodii* associated with fish infection points out a new
38 zoonotic potential for this pathogen.

39 These findings point out that handling, poor environmental conditions and the presence of fish
40 pathogens, that can compromise the immune system of fish, can result in a mixed microbial
41 proliferation and increase the spread of water-borne bacteria, including zoonosis agents.

42 Accordingly, the microbiological surveillance of fish used for cosmetic treatment is extremely
43 important, particularly in association with mortality outbreaks.

44

45 **Keywords:** *Garra rufa*; Fish spa; *Mycobacterium* spp.; Public health; *V. cholerae*; Zoonotic
46 bacteria

47 **1. Introduction**

48 The use of doctor fish (*Garra rufa*, Heckel, 1843) for cosmetic treatment is increasingly
49 common in European countries. *G. rufa* is a non-migratory, freshwater species belonging to
50 the family Cyprinidae (Ruane et al., 2013). In particular, this fish species is widely used in
51 pedicures, nibbling off dead skin and offering both aesthetic and psychological benefits to
52 clients. Nevertheless, certain concerns have arisen given that the same water and fish may be
53 used for subsequent customers. Zoonotic agents may be transmitted either directly from the
54 affected fish, or indirectly through the water. Moreover, human pathogens can be transmitted
55 from one person to another through either the water or the fish hosting the pathogen (HPA,
56 2011; Gauthier, 2015). The welfare of fish should also be considered, both for ethical and
57 sanitary reasons. In fact, the maintenance of stress conditions for fish, such as poor water
58 quality, overcrowding and rough handling, can promote the microbial proliferation of both
59 fish and human pathogens (HPA, 2011).

60 Only scattered citations of episodes of mortality affecting this species are available (Baeck et
61 al., 2009; Majtan et al., 2012; Ruane et al., 2013; Lee et al., 2016), and episodes of *G. rufa*
62 mortality indicate bacteria such as *Citrobacter freundii*, *Aeromonas sobria*, *Shewanella*
63 *putrefaciens* and *Streptococcus agalactiae* as potential causative agents (Baeck et al., 2009;
64 Majtan et al., 2012; Verner-Jeffreys et al., 2012; Lee et al., 2016). Furthermore, pathogenic
65 viral agents of the genus *Aquabirnavirus* have been identified in *G. rufa* collected during a
66 mortality outbreak, although no clinical signs of disease attributable to this pathogen were
67 found, with the authors positing that the mortalities were most likely due to transport-related
68 stress, exacerbated by the presence of the pathogens (Ruane et al., 2013).

69 Investigations of the presence of human pathogens in *G. rufa* and/or the water of fish spas are
70 even less common, and those results that do exist contrast significantly (Verner-Jeffreys et al.,
71 2012; Schets et al., 2015; Pennazio et al., 2016). A survey conducted in *G. rufa* batches

72 imported into the United Kingdom showed the presence of several pathogens, including *A.*
73 *veronii*, *Shewanella* spp., *Vibrio vulnificus*, *V. cholerae*, mycobacteria and *S. agalactiae*
74 (Verner-Jeffreys et al., 2012). The authors did not report whether the fish showed any clinical
75 signs, but due to the nature of surveillance on moving batches, the fish were assumed healthy.
76 On the other hand, an Italian survey of fish collected from beauty centres indicated the
77 negativity of all microbiological, parasitological and mycobacterial analyses conducted on
78 each sample (Pennazio et al., 2016). Furthermore, microbial investigations have been
79 conducted on the water in fish spas with *G. rufa*, such as in the Netherlands with the presence
80 of *Aeromonas* spp., *Vibrio* spp., including *V. cholerae*, *Pseudomonas aeruginosa*,
81 *Mycobacterium* spp. including *M. fortuitum*, *M. conceptionense*, *M. abscessus* and *M.*
82 *chelonae* (Schets et al., 2015).

83 For these reasons, disease and mortality outbreaks in fish spas must be monitored and
84 controlled in order to improve fish health, prevent microbial dissemination and pave the way
85 to establishing proper legislative rules.

86 In this study, the microbial causes of two mortality outbreaks involving *G. rufa* used for
87 cosmetic treatments are investigated. The study shows that handling and poor water quality
88 can lead not only to outbreaks of disease and mortality among fish, but also to the increase of
89 zoonotic bacteria that are potentially risky to public health.

90

91 **2. Materials and methods**

92 2.1 Clinical history and sampling

93 In the summer of 2016, a disease outbreak occurred in a fish spa located in Italy. *G. rufa* fish
94 were held in 100 L glass tanks with a stocking density of 1.2 fish/L and thermostated at 29°C.
95 The outbreak resulted in a chronic mortality (daily mortality 3-4%) of fish a few days after
96 their arrival, and lasted for several weeks. Cumulative mortality reached 60% in four weeks.

97 Fish, 6 cm in length, were collected from the tank where mortality was observed (batch
98 AUG2016) and were carried alive to the laboratories for diagnostic investigations.
99 After the tanks were emptied, disinfected with hypochlorite and subjected to fallowing, a new
100 stock of fish was placed in the fish spa in April 2017, and the sampling of asymptomatic fish
101 was conducted at the time of placement (batch APR2017). At the same time, a dead fish was
102 collected from a tank (same batch APR2017). Several days following placement, the fish
103 started to die in three of the five tanks, with a daily mortality of 3-7% and a cumulative
104 mortality of 58, 75 and 83% in six weeks in the three tanks involved in the outbreak,
105 respectively. Samples was conducted from the two tanks that showed the highest mortality
106 (batch MAY2017).

107 The fish collected for sampling were euthanised with an overdose of tricaine
108 methanesulfonate (200 ppm) and immediately sampled for diagnostic investigations using
109 clean, sterile dissecting instruments to prevent contamination between the outside and inside
110 of the fish and between the tissues.

111

112 2.2 Gross examination and histopathology

113 Five fish collected during the first sampling (AUG2016), three asymptomatic fish and one
114 dead fish collected in the second sampling (APR2017), and ten fish collected during the third
115 sampling (MAY2017) were fixed *in toto* in 10% buffered formalin and processed for routine
116 histology. Histological sections of 3 µm were cut and stained with hematoxylin and eosin
117 (H&E).

118 When granulomas were evidenced, they were classified on the basis of their histological
119 features and timing of lesions (Antuofermo et al., 2017) as “early stage” granulomas
120 (presence of groups of macrophages with a granular eosinophilic cytoplasm, round to ovoid
121 pale nuclei arranged in a spherical pattern), “intermediate” granulomas (central core of

122 coagulative necrosis surrounded by a thin inner layer of flat cells and externally
123 macrophages), or “late stage” granulomas (several layers of intensely eosinophilic necrotic
124 material surrounded by a layer of fibroblasts).

125 Furthermore, when granulomatous lesions were detected, histochemical staining for the
126 detection of acid-fast bacteria was performed (Zeehl-Neelsen Kit, Histoline Laboratories,
127 Milan, Italy).

128

129 2.3 Immunohistochemistry

130 Immunohistochemistry was carried out on all formalin-fixed paraffin-embedded (FFPE)
131 samples with a polyclonal antibody against *Mycobacterium bovis* (Bacillus Calmette-Guerin,
132 BCG, code no. B 0124 Dako, Denmark). This polyclonal antibody was previously applied
133 successfully to immunolabel *M. marinum* in fish (López et al., 2018). Endogenous peroxidase
134 inhibition was made with 3% H₂O₂ methylene solution. The antigen retrieval was made using
135 a microwave oven at 750W, 2 cycles x5 min. Pre-incubation with a blocking solution (10%
136 Normal Goat Serum and PBS) was performed for 30 min, and then incubated overnight at 4°C
137 with a primary antibody at 1:3000 dilution in a blocking solution. The secondary anti-rabbit
138 antibody was incubated at 1:200 dilution for 30 min, followed by a revelation system with an
139 ABC kit developed with diaminobenzidine (DAB) chromogen for 90 sec and countercoloured
140 with Papanicolau hematoxylin.

141

142 2.4 Bacteriological examination

143 Three to five fish for each sampling were examined for the presence of bacteria. The kidney
144 was sampled by loop and immediately streaked onto TSA (Tryptone Soy Agar, Oxoid, UK).
145 In case of skin lesions in batch MAY2017, bacteriological investigation was also conducted in
146 the affected area. Plates were incubated at 28°C for three days. Randomly chosen colonies

147 were purified onto TSA and TSA NaCl 3% respectively, and incubated at 28°C for 24 h to
148 obtain pure cultures for further phenotypic and genotypic characterisations.

149

150 2.4.1 Phenotypic characterisations

151 The following were utilised as screening tests: Gram-stain and cell morphology
152 determination; oxidase production (OXIBIOSWAB, Biolife); glucose fermentation, utilisation
153 of lactose and H₂S (hydrogen sulfide) production on Kligler Iron Agar (Oxoid); motility and
154 indole production on SIM (sulphide–indole-motility) medium (Oxoid); reduction of nitrate
155 (Zen-Yoji et al., 1973). When non-halophilic *Vibrio* sp. was suspected, growth on TCBS
156 (Thiosulfate-Citrate-Bile salts-Sucrose) Agar was also tested.

157

158 2.4.2 Genotyping

159 Molecular identification through 16S rDNA amplification and sequencing was performed. In
160 brief, DNA was extracted from the colonies through the boiling method, and amplification of
161 16S rDNA was performed with primers P0F and P6R using 1 µl of each lysed cell suspension
162 according to the procedure described previously (Caccamo et al., 1999). Polymerase chain
163 reaction products were purified and sequenced to confirm the bacterial identity. When
164 *Aeromonas* sp. was suspected, species identification was conducted by *gyrB* gene
165 amplification and sequencing (Bio-Fab Sequencing Service, Rome, Italy). Sequences were
166 aligned and compared with reference strain sequences using Clustal W in BioEdit software
167 (bioedit.software.informer.com). The percentage of similarity of pairwise distances was
168 calculated with BioEdit software. When *Vibrio* sp. was suspected, species identification was
169 conducted by a multiplex PCR assay targeting species-specific genes for *V. cholerae*, *V.*
170 *parahaemolyticus* and *V. vulnificus* (Passalacqua et al., 2016).

171

172 2.5 Molecular investigation for Infectious pancreatic necrosis virus, Aquabirnavirus,
173 Birnaviridae

174 The presence of *Infectious pancreatic necrosis virus* (IPNV) RNA was investigated in two
175 fish for each sampling. In order to investigate the presence of IPNV, RNA was extracted from
176 approximately 25 mg of tissue (visceral specimens) using NucleoSpin RNA II (Macherey-
177 Nagel, Duren, Germany) according to the manufacturer's instructions. The RNA samples
178 were subjected to reverse transcriptase-polymerase chain reaction (RT-PCR) analysis to
179 detect IPNV with a protocol previously described (Pineiro et al., 2016).

180

181 2.6 Molecular investigation for mycobacteria

182 Due to the presence of granulomas indicated by histopathology investigation, a retrospective
183 survey was conducted on samples stored frozen, if available, or on those formaldehyde-fixed
184 paraffin embedded (FFPE).

185 Visceral specimens stored frozen (-20°C) of batch AUG2016 (n=4) and MAY2017 (n=2)
186 were processed for DNA extraction using the Purelink Genomic DNA kit (Invitrogen,
187 Carlsbad, USA) following the manufacturer's instructions.

188 FFPE samples of the APR2017 (n=4) were processed for DNA extraction using the Purelink
189 Genomic DNA kit (Invitrogen, Carlsbad, USA) following the manufacturer's instructions
190 with minor modifications. Particularly, unstained sections, serial to sections showing
191 granulomas were used to identify the Mycobacteria species associated to tissue showing
192 granulomas. Excess paraffin was removed from samples using sterile scalpels, and 5-10 mg of
193 sliced FFPE tissue was placed in 1 ml of xylene (J.T. Baker, the Netherlands). As a pre-
194 extraction step to remove paraffin from the sample, a described method was applied (Sirri et
195 al., 2018). In brief, the sample was deparaffinised in xylene for 5 min. Following
196 centrifugation, the sample was twice washed with ethanol 100%. The pellet was dried at 37°C

197 for 10 min, and DNA extraction was subsequently undertaken using the aforementioned kit.
198 The DNA was used soon after extraction, or stored at -20°C until use.
199 Mycobacteria presence was investigated through two PCR methods targeting *Mycobacterium*
200 sp. 16S rDNA and HSP65 genes, respectively (Kirschner, et al., 1993; Telenti et al., 1993).
201 The PCR products of at least one sample per batch was sequenced as previously described
202 (see Bacteriological examination paragraph) and subjected to BLAST analysis
203 (<http://blast.ncbi.nlm.nih.gov/Blast.cgi>) for species identification.

204

205 **3. Results**

206 3.1. Gross findings

207 At gross examination, the main macroscopic findings in batch AUG2016 were multifocal
208 petechial cutaneous haemorrhages. Although no significant mortality was reported in batch
209 APR2017, some fish showed the same haemorrhagic cutaneous findings. In the MAY2017
210 batch, more severe gross cutaneous lesions were present, characterised by large erosive-
211 ulcerative lesions in the oral part of the head and in the lateral-caudal part of the body (Figure
212 1a).

213

214 3.2. Histopathology and immunohistochemistry

215 Nineteen animals were available for histopathology evaluation. Granulomatous lesions were
216 observed in 10 fish collected in all three batches (n=4 AUG2016; n=2 APR2017; n=4
217 MAY2017). Granulomas were multifocal expansive lesions that primarily affected the kidney
218 (Figure 1b) and almost totally replaced the perivisceral adipose tissue. All animals in batches
219 AUG2016 and MAY2017 had “late stage” granulomas, whereas fish of batch APR2017
220 revealed “intermediate” granulomas. In the majority of fish (n=2 AUG2016; n=2 APR2017;
221 n=2 MAY2017), the kidney was primarily involved, followed by the perivisceral adipose

222 tissue (n=2 AUG2016; n=1 APR2017; n=3 MAY2017). More rarely, the spleen (n=1
223 AUG2016), liver (n=1 MAY2017) and adipose and subcutaneous tissue infiltrating muscle
224 (n=1 APR2017) were also affected (Figure 1c). A final diagnosis of visceral granulomatosis
225 was formulated.

226 Unexpectedly, Ziehl-Neelsen staining did not reveal the presence of acid-fast bacteria in the
227 sections examined. However, at immunohistochemistry, all of the investigated cases (n=19)
228 showed a granular, intracytoplasmic immunoreactivity to anti-Mykobacterium antibody,
229 particularly centred on the areas of the granulomas (Figure 1d).

230

231 3.3. Bacteriological findings

232 Phenotypic and genetic characterisations (Table 1) of the isolated bacteria showed the
233 presence of *Aeromonas veronii* and *Vibrio cholerae* in batch AUG2016, and *A. veronii* and
234 *Shewanella putrefaciens* in batches APR2017 and MAY2017. From the skin lesion of one fish
235 of batch, MAY2017, *Aeromonas hydrophila* was also isolated.

236 *A. veronii* and *A. hydrophila* colonies appeared white, convex and circular on the TSA
237 medium and were composed of Gram-negative, oxidase positive, glucose fermenting, nitrate
238 positive, motile, indole positive and negative to H₂S production bacteria. Sequencing of the
239 gyrase subunit beta (*gyrB*) gene fragment confirmed the affiliation of the putative *A. veronii*
240 isolates with reference strain *A. veronii* strain ATCC 9071 (GenBank accession number
241 AY101775) on the similarity of > 97.4%, whereas the fragment obtained from the putative *A.*
242 *hydrophila* colony showed 99.3% nucleotide identity with *A. hydrophila* reference strain
243 ATCC 7966 (GenBank accession number AF417622).

244 *V. cholerae* colonies appeared white, convex and circular on the TSA medium and yellow on
245 TCBS (sucrose utilisation). They were composed of Gram-negative, oxidase positive, glucose

246 fermenting, nitrate positive, motile, H₂S negative and indole positive bacteria. *V. cholerae*
247 colonies were positive in the species-specific PCR assay targeting *toxR* gene (Figure 2).
248 *S. putrefaciens* colonies appeared white, convex and circular on the TSA medium and were
249 composed of Gram-negative, oxidase positive, glucose non-fermenting (oxidising), motile and
250 H₂S producing bacteria. Sequencing of the 16S rDNA gene fragment confirmed the affiliation
251 of these isolates with reference strain *S. putrefaciens* ATCC 8071TM (Genbank accession
252 number X82133) on the similarity of >98%.
253 Table 1 reports the results of phenotypic and genetic characterisations of isolated bacteria.
254 The sequence data obtained in this study have been submitted to the GenBank database under
255 accession numbers (NCBI; GenBank accession numbers: MN450803–MN450808).

256

257 3.4. Molecular investigation for IPNV, Aquabirnavirus, Birnaviridae

258 No PCR products were obtained for *Infectious pancreatic necrosis virus* from batches
259 AUG2016, APR2017 and MAY2017.

260

261 3.5. Molecular investigation for mycobacteria

262 All tested samples of the three batches were positive to the PCR for *Mycobacterium* spp.
263 demonstrating the presence of these pathogens in the frozen visceral specimens and also in the
264 FFPE unstained sections, serial to sections showing granulomas.

265 BLAST analysis of sequences of PCR products obtained from the three batches for 16S rDNA
266 and HSP65 gene revealed the presence of *M. marinum* in all three batches and *M. goodii* in
267 one sample of batch APR2017. In particular, the *M. marinum* strains showed a nucleotide
268 identity of 99.4% and 99.2% for 16S rDNA and HSP65 genes, respectively, when compared
269 with reference strain *M. marinum* ATCC 927 (Genbank accession number AY299134). The
270 *M. goodii* strain detected in batch APR2017 showed a nucleotide identity of 99.1% for 16S

271 rDNA with reference strain *M. goodii* ATCC 700504 (Genbank accession number
272 AY458071). The sequence data have been submitted to the GenBank databases under
273 accession numbers [We are waiting for Genbank numbers].

274

275 **4. Discussion**

276 The use of *G. rufa* for cosmetic treatments in fish spas is becoming increasingly
277 commonplace. Fish must be kept in captivity and managed using appropriate procedures for
278 their health and welfare. Unfortunately, such conditions are often not met, raising issues of
279 fish health. Furthermore, relatively few reports investigating the causes of mortality in this
280 species are present in the literature (Baeck et al., 2009; Majtan et al., 2012; Ruane et al., 2013;
281 Lee et al., 2016), rendering it difficult to prevent and manage health problems that should rely
282 first and foremost on health screening so that fish can be healthy from their arrival at the spas.
283 This study documents the presence of pathogenic bacteria, including zoonotic agents, not only
284 in sick fish during outbreaks of mortality, but also in seemingly asymptomatic carriers that
285 had recently arrived at the spa.

286 In the episodes described, the animals primarily showed multifocal petechial cutaneous
287 haemorrhages, which in some fish evolved into erosive and ulcerative lesions of the skin,
288 followed by sudden death. At histopathology, the main finding was instead represented by a
289 visceral granulomatosis. This is a well-known condition in fish pathology as an aspecific
290 tissue response to numerous etiologic agents, of which *M. marinum*, *M. chelonae* and *M.*
291 *fortuitum* are most recognised and described in the literature (Gauthier and Rhodes, 2009; Puk
292 et al, 2018). In this study, granulomas were detected in all of the batches analysed, including
293 in asymptomatic fish collected immediately following their arrival. Despite no acid-fast
294 bacteria have been detected, *Mycobacterium* antigens have been immunohistochemically
295 labeled in all batches, confirming the presence of Mycobacteria within granulomas. Molecular

296 investigation permitted not only to identify the mycobacterial species, but also to detect the
297 mycobacterial DNA in tissues with granulomas, when conducted on unstained sections, serial
298 to sections showing granulomas. In particular, *M. marinum* was detected in all three tested
299 batches and *M. goodii* in one batch. Mycobacteria and especially *M. marinum* are well known
300 causes of disease in humans through contact with fish and the aquatic environment (Verner-
301 Jeffreys et al., 2012; Thirunavukkarasu, 2017; Sunil et al., 2018). To the best of our
302 knowledge, *M. goodii* has not been detected in fish to date; on the contrary, it is an emerging
303 nosocomial human pathogen (Salas and Klein, 2017).

304 The development of mycobacterial granulomatosis is typically a chronic process. The
305 classification of granulomas using the method described by Antuofermo et al., (2017)
306 permitted the lesions to be timed and indicated that the granulomas were initially staged as
307 “intermediate”, before rapidly progressing to the “late” stage. The presence of “late” stage
308 lesions could explain the absence of acid-fastness at Ziehl-Neelsen staining and a weak
309 immunohistochemical staining. Previous studies have indicated that Ziehl-Neelsen stains only
310 “perfectly preserved” organisms, whereas IHC detects mycobacterial antigens, fragments and
311 living or dead organisms, even with “defective” cell walls (Gutiérrez Cancela & García
312 Marín, 1993; Sarli et al., 2005).

313 Furthermore, other bacteria such as *A. veronii*, *V. cholerae* and *S. putrefaciens* have been
314 isolated from the same fish in which granulomas were detected.

315 *Aeromonas* spp. are common pathogens in fish that can induce ulcerative and hemorrhagic
316 cutaneous lesions (Sreedharan et al., 2013; Jagoda 2014). The role of *Aeromonas* sp. has been
317 highlighted as a cause of mass mortality in *G. rufa* (Majtan et al, 2012). Indeed, *Aeromonas*
318 spp. are responsible for human gastroenteritis, soft-tissue and muscle infections, septicaemia
319 and skin diseases (Igbinosa et al., 2012). Furthermore, particular strains of *A. veronii*-*A.*
320 *sobria* have been related to water-to-human transmission (Khajanchi et al, 2010).

321 In this study, the presence of multiple bacteria co-infecting the fish was demonstrated. In
322 particular, *A. veronii* was found in all batches, alongside the mycobacterial granulomas. In the
323 batch of 2016, *V. cholerae* was isolated. In both batches of 2017, *S. putrefaciens* was detected
324 in addition to *A. veronii* and *M. marinum*. Moreover, *A. hydrophila* was isolated from a skin
325 lesion of a fish in the MAY2017 batch. This variety of bacteria is indicative of an intense
326 mixed microbial proliferation, most likely induced by the poor health condition of the fish.
327 This scenario suggests that the most probable cause of mortality outbreaks comprised the
328 association between stress conditions (movement, captivity) and bacterial co-infections. In
329 particular, the poor management of fish debilitated by mycobacterial infection may have
330 triggered a bacterial septicaemia due to opportunistic bacteria such as *A. veronii* and *S.*
331 *putrefaciens*. These agents have in fact been associated with fish haemorrhagic septicaemia
332 outbreaks (Sreedharan et al., 2013; Jagoda 2014; Lee et al., 2016). *A. veronii* especially
333 resulted in the most frequent *Aeromonas* spp. associated with freshwater ornamental fish
334 showing signs of septicaemia (Jagoda 2014).

335 Moreover, the isolation of *V. cholerae* and *S. putrefaciens* denotes the poor hygienic
336 conditions of the fish tanks used for cosmetic treatment. Both these bacteria raise a concern
337 for human health. *V. cholerae* isolates were not characterised to the toxigenic level, and even
338 if this aspect requires further investigation, it should be noted that *V. cholerae* O1 and O139,
339 the agents of epidemic cholera, are not alone in being harmful to humans. Indeed, serogroups
340 other than O1 and O139 have been identified as responsible for human infection (Dutta et al.,
341 2013).

342 *S. putrefaciens* was isolated on media without NaCl, confirming this halophilic marine
343 species' adaptability to a large variety of environments. Indeed, it plays an important role in
344 the spoilage process of food products, and is also considered an opportunistic pathogen for
345 freshwater fish and humans (Paździor, 2016). *S. putrefaciens* human infections are

346 additionally reported worldwide, affecting the soft tissue, ear, abdominal and biliary tract, and
347 are frequently associated with underlying conditions and complications (Vignier et al., 2013).
348 Although our investigation aimed to clarify the causes of fish mortality, most of the bacteria
349 detected in the fish are also zoonotic pathogens and present serious issues for public health.
350 Accordingly, our findings indicate the extent of the risk posed to public health related to
351 cosmetic treatments that use fish, at least in the case of people with underlying medical
352 conditions or who are immunocompromised. In fact, the use of fish for pedicures has already
353 been associated with zoonotic infection (Sugimoto et al., 2013; Veraldi et al., 2014).
354 However, in spite of the widespread use of fish for cosmetic treatment, few surveys have been
355 conducted to investigate the presence of human pathogens in fish, and these have produced
356 widely contrasting results. Accordingly, to our results Verner-Jeffreys et al. (2012) and Schets
357 et al. (2012) also showed the presence of several zoonotic pathogens in *G. rufa* and in fish spa
358 water respectively.

359 In order to meet the welfare needs of fish and to limit the risks to public health, several
360 procedures are suggested (Wildgoose et al., 2012; Höller et al., 2013; Sirri et al., 2013;
361 Bhattacharya, 2016). Some countries have defined standards for the management of public
362 health risks from the cosmetic use of fish pedicures (HPA, 2011), whilst other countries have
363 opted to ban this practice (Sugimoto et al., 2013). Nevertheless, in most countries this practice
364 remains unregulated.

365

366 **5. Conclusions**

367 In conclusion, this study has highlighted the presence of several bacterial pathogens,
368 including zoonotic agents, associated with *G. rufa* used for cosmetic treatments. Pathogens
369 were detected in both asymptomatic and sick animals during two mortality outbreaks. The
370 handling of the animals, which was probably inadequate, led to the progression of already-

371 extant pathological processes and to intense mixed microbial proliferation. Most of these
372 pathogens have a zoonotic potential and presented a severe concern for public health. The
373 presence of these pathogens associated with the water and fish used for cosmetic treatment
374 could represent a serious risk to clients, especially those with underlying health conditions or
375 those who are immunocompromised. In order to protect human health and fish welfare, the
376 use of fish for cosmetic treatment should be regulated by rules that must include at the very
377 least: 1) the use of disease-free fish; 2) good husbandry practices; and 3) periodic analysis of
378 the water and fish kept in the spa.

379

380 **Conflict of interest statement**

381 The authors declare that the research was conducted in the absence of any commercial or
382 financial relationships that could be construed as a potential conflict of interest.

383

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545 **Table 1.** Results of phenotypic and genetic characterisations of isolated bacteria.

546

547

Isolates	Batch	Phenotypic characterizations							Genetic identification
		GRAM	oxidase	glucose utilization	nitrate reduction	motility	indole	H ₂ S [†] production	
<i>Vibrio cholerae</i>	AUG2016	negative	positive	fermenting	positive	motile	positive	negative	Positive to the species-specific PCR assay targeting <i>toxR</i> gene.
<i>Aeromonas veronii</i>	AUG2016 APR2017 MAY2017	negative	positive	fermenting	positive	motile	positive	negative	<i>gyrB</i> gene > 97.4% with ATCC 9071 (GenBank accession number AY101775)
<i>Shewanella putrefaciens</i>	APR2017 MAY2017	negative	positive	oxidizing	positive	motile	negative	H ₂ S [†] production	16S rRNA gene >98% with ATCC 8071TM (Genbank accession number X82133).
<i>Aeromonas hydrophila</i>	MAY2017 (skin lesion)	negative	positive	fermenting	positive	motile	positive	negative	<i>gyrB</i> gene 99.3% with ATCC 7966 (GenBank accession number AF417622)

548 [†] Hydrogen sulfide production

549 **Figure legends**

550

551 Figure 1. (a) Large ulcerative lesions in the lateral-caudal part of the body (bar = 1 cm). (b)
552 Multifocal expansive granulomas that partially replaced the kidney tissue. Some initial
553 granulomas (arrow heads) and intermediate stage granulomas (arrows), 20x magn. (c)
554 Granuloma (necrotic core, asterisk) infiltrating the skeletal tissue, 40x magn. (d) Granular,
555 intracytoplasmic immunoreactivity to anti-Mycobacterium antibody centred on the areas of
556 the granulomas, 40x magn.

557

558 Figure 2. Results of the multiplex PCR assay targeting species-specific genes for *V. cholerae*,
559 *V. parahaemolyticus* and *V. vulnificus*. Lane 1: 100 bp molecular marker (Invitrogen). Lane 2
560 *V. cholerae* positive control. Lane 3 *V. parahaemolyticus* positive control. Lane 4 *V.*
561 *vulnificus* positive control. Lane 5-6 PCR products obtained from isolated colonies of batch
562 AUG2016. Lane 7 negative control.

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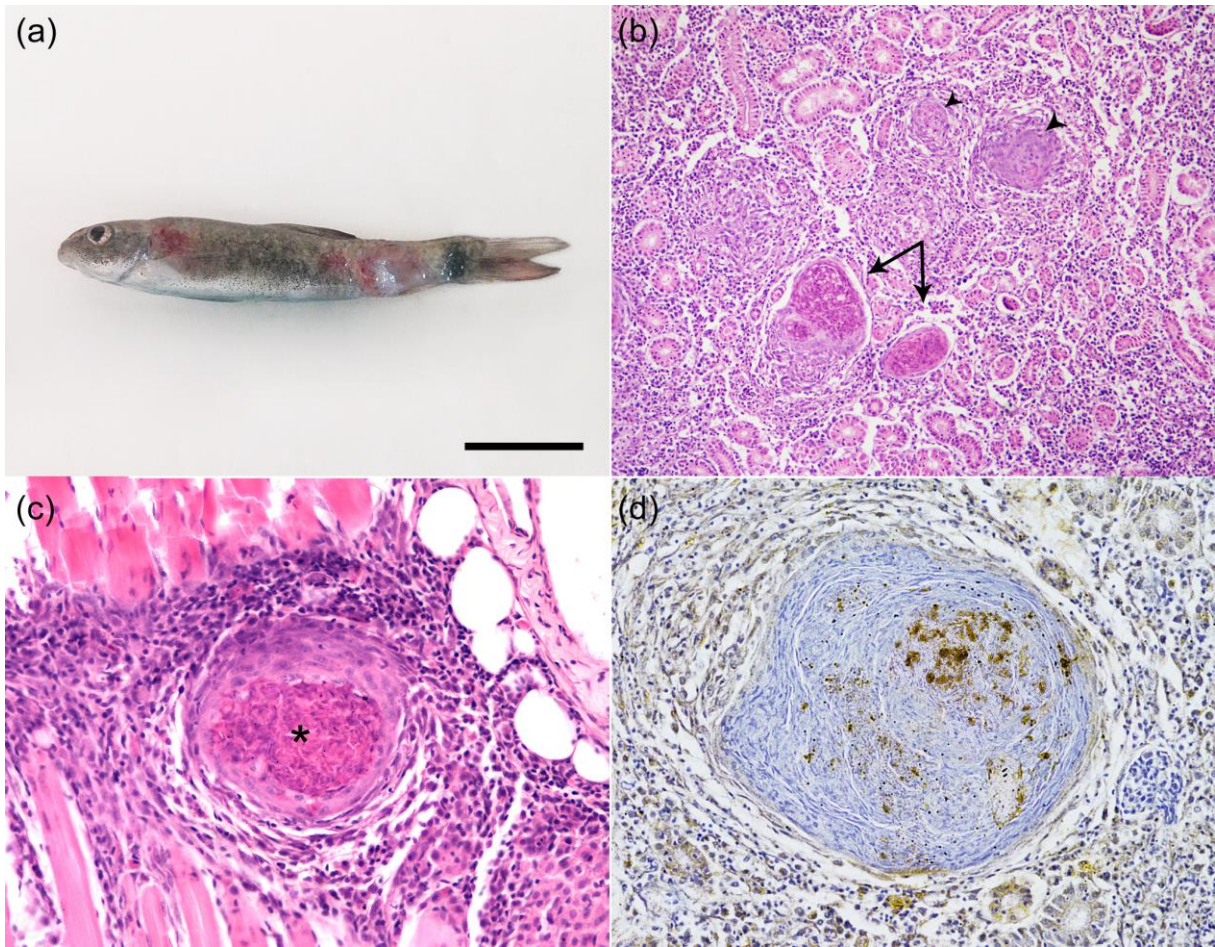
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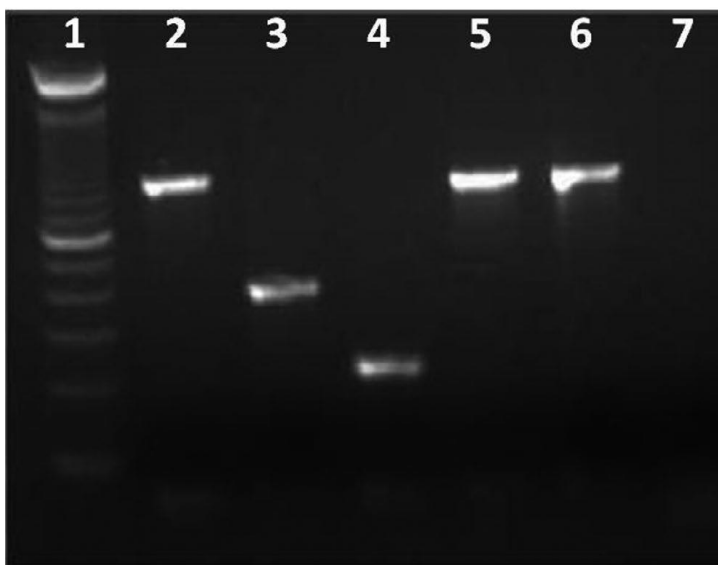
574 Figure 1



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576

577 Figure 2



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