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1 **ULTRASOUND EVALUATION OF THE RENAL PELVIS IN CATS WITH**  
2 **URETERAL OBSTRUCTION TREATED WITH**  
3 **SUBCUTANEOUS URETERAL BYPASS (SUB):**  
4 **A RETROSPECTIVE STUDY OF 27 CASES (2010-2015)**  
5

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27 **Keywords:** feline, ultrasound, subcutaneous ureteral bypass, SUB, ureter

28 **Running head:** ultrasound follow-up feline SUB

29 **ABSTRACT**

30 **Objectives** - To measure the pre-operative and post-operative renal pelvic size and describe the  
31 ultrasound findings following successful decompression of a ureteral obstruction using the  
32 Subcutaneous Ureteral Bypass (SUB) device in cats.

33 **Methods** - This retrospective study assessed the measurement of the renal pelvis of twenty-  
34 seven cats with unilateral (n=21) or bilateral (n=6) ureteral obstruction before (pre-t<sub>0</sub>) and after  
35 placement of a SUB during the short (before t<sub>0</sub> + 3 months) and long-term (after t<sub>0</sub> + 3 months) follow-  
36 ups. Several qualitative ultrasound parameters were recorded for each cat. At both intervals, the  
37 last ultrasound examination was used for qualitative criteria and the mean pelvic size was  
38 recorded. The complications observed during follow-up were divided into obstructive and non-  
39 obstructive.

40 **Results** - No qualitative ultrasound parameter was statistically significant. The presence of  
41 retroperitoneal or peritoneal effusion was rarely seen (n=4/25 during short-term and n=1/14  
42 during long-term). Hyperechogenicity of the perirenal adipose tissue decreased in the long-  
43 term. A statistically significant decrease in the width of the renal pelvis was noted in the short  
44 (2.4 mm, range 0 - 7.0 mm) and long-term (1.7 mm, range 0 - 3.5 mm) follow-ups, as compared  
45 to the pre-operative value (11.7 mm, range 0.9 - 41 mm). Three months following SUB  
46 placement, each cat without an obstructive complication had a pelvis width  $\leq$  3.5 mm.

47 **Conclusions and relevance** - Renal pelvic distension is at least partially reversible when  
48 ureteral obstruction is treated by placement of a SUB. Ultrasound monitoring is a useful tool to  
49 detect obstructive complications.

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56 **Introduction**

57 Ureteral obstruction is a potentially life-threatening condition in cats. It leads to  
58 restriction of urine flow, resulting in hydronephrosis and hydroureter. If bilaterally obstructed,  
59 it may cause severe azotemia. In case of unilateral ureteral obstruction and azotemia, decreased  
60 function of the contralateral kidney should be suspected. Ureteral obstruction most commonly  
61 occurs secondary to stones or strictures but may also result from surgical trauma, mucus and  
62 mucopurulent plugs or neoplasia.<sup>1,2</sup> Recently, an association between upper urinary tract stones  
63 and feline chronic kidney disease has been reported.<sup>3</sup> The goal of treating ureteral obstruction  
64 is to relieve the obstruction and improve glomerular filtration in a timely manner as to avoid  
65 permanent nephron loss. Treatment of ureteral obstruction can be divided into medical or  
66 surgical approaches. Surgical options are commonly indicated since initial medical  
67 management is often unsuccessful.<sup>4</sup> Given the high complication rate associated with traditional  
68 surgical techniques (ureterotomy, ureteral resection and anastomosis, ureteronephrectomy),  
69 other surgical options, such as ureteral stenting or subcutaneous ureteral bypass (SUB), have  
70 been explored and resulted in improved outcomes.<sup>5,6,7,8</sup> In the author's practice, SUB placement  
71 has become an important tool in the treatment of feline ureteral obstruction.

72 Complications related to SUB placement include urine leakage from the nephrostomy  
73 or cystostomy tubes, leakage around the SUB port, occlusion of the SUB device catheters or  
74 the port with blood clot, stones, mineral debris or a kink, recurrent urinary tract infections and  
75 sterile cystitis.<sup>9</sup> To the author's knowledge, the renal pelvis size following SUB device  
76 placement and the ultrasound appearance over time of the SUB device and urinary tract have  
77 yet to be reported. In a recent paper,<sup>5</sup> SUB placement was considered successful if short- and  
78 long-term renal ultrasound showed decompression and/or improvement in the renal pelvic  
79 diameter compared with preoperative measurements. In this study, preoperative pelvic dilation  
80 was not a predictor of overall survival. The authors proposed that renal pelvic measurements of  
81 2-7 mm should be expected post-operatively. Renomegaly is not pathognomonic for a ureteral  
82 obstruction, and abdominal palpation is an unreliable method for detection of renomegaly.<sup>10</sup>

83 Ultrasonographically, ureteral obstructions are mainly characterized by hydronephrosis, and  
84 hydroureter proximal to the location of the obstruction.<sup>1,11</sup> A retrospective study reported a  
85 mean maximal pelvic width of 10.9 mm in cats (n=17) and 24.9 mm in dogs (n=6) with urinary  
86 outflow obstruction.<sup>12</sup> Given the lack of available data, a persistent distended renal pelvis  
87 following correction of the obstruction may be interpreted as normal and related to the SUB  
88 device, especially if the obstruction was severe and long-standing prior to placement. In the  
89 author's experience, however, renal pelvic width returns to normal values within 24 hours of  
90 SUB placement. Therefore, persistent pyelectasia post-operatively may be a sign of continued  
91 obstruction. The aim of this study was to measure the pre-operative and post-operative renal  
92 pelvis size and describe the ultrasound findings following successful decompression of a  
93 ureteral obstruction using the SUB device in cats.

94

## 95 **Materials and methods**

96 **Case selection** - Medical records of all cats treated with a SUB for either a partial or  
97 complete ureteral obstruction at the University of Montreal from 2010 to 2015 were reviewed  
98 using a computerized medical record search. The terms bypass, SUB, ureteral obstruction and  
99 port were used for patient screening. Cats were included if they had a diagnosis of benign  
100 ureteral obstruction and underwent placement of a SUB by one of the authors (M.D.) at the  
101 Centre Hospitalier Universitaire Vétérinaire (CHUV) of the University of Montreal or at the  
102 Centre Vétérinaire Rive-Sud (n=1). The diagnosis of ureteral obstruction was established by  
103 clinician (M.D.) based on the concomitant presence of clinical signs, azotemia and ultrasonound  
104 evidence of hydronephrosis, and ureteral distension proximal to the location of the obstruction.  
105 The surgical procedure was referred as  $t_0$ . Relevant information including signalment, history,  
106 imaging findings, and clinical biochemistry (including creatinine values) data were recorded  
107 preoperatively, short-term (within the first three months following  $t_0$ ) and long-term (after the  
108 first three months following  $t_0$ ) for each cat. To meet the inclusion criteria, one ultrasound exam  
109 performed by a radiologist with images available for review had to be recorded for each cat

110 before surgery (pre- $t_0$ ) and at least one during the short (between  $t_0$  and  $t_0 + 3$  months) and/or long-  
111 term (after  $t_0 + 3$  months) follow-up periods. This time threshold of 3 months between short and  
112 long-term was arbitrarily decided by the authors based on usual clinical follow-up  
113 recommendations given at the institution. Typically, cats are followed closely in the immediate  
114 post-operative period and rechecked at 1 and 3 months following the procedure. Long-term  
115 follow-up frequency is based on clinical signs and usually performed every 3 to 6 months. At  
116 each ultrasound follow-up, urine was taken from the SUB for culture and the device was flushed  
117 under ultrasound guidance to ensure patency. The port sites were surgically prepared and a  
118 Huber needle, connected to an extension, 3 way valve and 2 syringes one empty and one  
119 containing agitated sterile 0.9% saline, was inserted into the subcutaneous port and 1-2 mL of  
120 urine was collected for culture. One ml of agitated saline was then injected into the port with  
121 the ultrasound probe over the kidney. Patency was established by seeing saline microbubbles  
122 fill the pelvis. The one mL of urine was then aspirated and the procedure repeated this time with  
123 the ultrasound probe over the bladder to ensure patency of the cystotomy tube. Perioperative  
124 complications were recorded and classified as obstructive or non-obstructive. This was  
125 established depending on the patency of the SUB device when flushed with saline during  
126 ultrasound follow-up. If a second surgery had to be performed due to obstruction, this was  
127 recorded as  $t_0'$  and the same classification for post-operative ultrasound exams was respected.  
128 In the case of bilateral obstruction and bilateral SUB placement, kidneys were considered  
129 independent to each other and parameters were analyzed separately. Pelvic dilation and  
130 ultrasound parameters were recorded separately.

131 **SUB placement** – A standard commercial SUB (SUB TM 100IK kit, Norfolk Vet  
132 Products) kit was placed in all cats of this study. This kit is specifically designed for cats and  
133 consists of a 6.5 French locking loop catheter inserted into the caudal pole of the renal pelvis  
134 and a 7 French bladder catheter both connected to a subcutaneous shunting port. The surgical  
135 placement of the SUB was performed through a ventral midline laparotomy, as previously  
136 described.<sup>13</sup> An 18-gauge intravenous catheter was advanced through the caudal pole of the

137 renal pelvis until urine was obtained; a sample was collected for culture. Diluted 50/50  
138 iodinated contrast was injected through the catheter into the renal pelvis under intraoperative  
139 fluoroscopy. A hydrophilic angled guidewire (Infiniti Medical) was placed through the catheter  
140 and looped in the renal pelvis or directed into the ureter. The catheter was removed and the  
141 nephrostomy tube was advanced over the wire into the renal pelvis under fluoroscopic guidance.  
142 Once in place, the guidewire was removed, the loop of the nephrostomy tube was made by  
143 securing the string and the tube and disc were glued to the caudal pole of the kidney with sterile  
144 cyanoacrylate glue. A purse string suture was placed at the bladder apex, a stab incision using  
145 an #11 blade was made at the center of the purse-string and the 7 French cystotomy catheter  
146 with a hollow trocar was advanced into the bladder. Four additional simple interrupted sutures  
147 were placed full thickness through the bladder wall and the dacron disc. Sterile cyanoacrylate  
148 glue was also used to secure the catheter. Stab incisions through the abdominal wall on the side  
149 of the obstruction allowed passage of the nephrostomy tube caudally and cystotomy tube  
150 cranially. The tubes were connected to the port placed in a small subcutaneous pocket and the  
151 port was sutured to the abdominal wall. The entire system was flushed with iodinated contrast  
152 diluted 50/50 under fluoroscopic guidance to ensure patency of the system and identify any  
153 leaks.

154 **Images analysis** - Ultrasound examination was performed by board certified  
155 radiologists. Images were acquired with two different devices (ATL HDI 5000, Phillips  
156 Medical and Aplio 400, Toshiba Medical) used at the University of Montreal between 2010 and  
157 2015. All cats were positioned in dorsal recumbency, the hair was clipped from the ventral  
158 aspect of the abdomen, and scanning was performed with 5-8 MHz curvilinear or 5-11 MHz  
159 linear transducers with the aid of acoustic gel. Images were retrospectively reviewed by two  
160 board certified radiologists (P.P. and S.S.) and analyzed concurrently with the original report.  
161 Pelvic distension was measured according to the method described by D'Anjou et al. (Figure  
162 1.A.).<sup>12</sup> Multiple qualitative parameters were also recorded. The presence and appearance  
163 (echogenicity) of free fluid in the retroperitoneal and peritoneal spaces were recorded. The

164 echogenicity of the adipose tissue surrounding the kidney (Figure 1.B.), the ureter and the  
165 urinary bladder were noted. The echogenicity of the adipose tissue surrounding the kidney,  
166 especially at the caudal pole, surrounding the ureter and the urinary bladder were noted. The  
167 appearance, orientation and position of the access port were recorded. The appearance of the  
168 Dacron nephrostomy tube disc at the level of the caudal pole of the kidney, as well as, the site  
169 where the tube passed through the abdominal wall were evaluated (presence of free fluid,  
170 thickening of the wall, hyperechoic adipose tissue). The appearance and path of the bladder and  
171 kidney catheters (visualization of two continuous echogenic double parallel lines) were  
172 recorded. Ureteral wall thickness, appearance (smooth or irregular), its degree of distension  
173 (entire ureteral diameter measured in a transverse plan) and content (anechoic, echogenic,  
174 mineralized) were recorded. The subcutaneous tissues surrounding the access port were  
175 evaluated for their echogenicity (Figure 1.C.). For cats that underwent multiple abdominal  
176 ultrasound examinations prior to surgery, the images immediately prior to surgery were  
177 reviewed. When several ultrasound examinations were available in the same follow-up time  
178 period (short or long-term), mean pelvic size was calculated, whereas the last ultrasound  
179 examination was used for qualitative criteria. A binary coding of qualitative parameters (0 or  
180 1) was assigned for statistical purposes (Table 1).

181 **Statistical analysis** - Outcomes of interest included age, body weight, sex, cause of the  
182 ureteral obstruction, pelvic size, and the previously described qualitative ultrasound parameters.  
183 A repeated-measures linear model was used to assess pelvic dilation over time (pre-t<sub>0</sub>, short-  
184 term and long-term) followed by a Tukey's post-hoc tests to compare pairs of means. For the  
185 analysis of creatinine values, a repeated-measures linear model on the log<sub>10</sub> transformed data  
186 was used with time as a within-subject factor and type of SUB device (unilateral or bilateral)  
187 as a between-subject factor. This was followed by a priori contrasts to compare pairs of means  
188 using the Benjamini-Hochberg sequential procedure to adjust the alpha level downward. A  
189 linear mixed model with the individual as a random effect was used to evaluate the  
190 linear relationship between log<sub>10</sub> transformed renal pelvis size and creatinine values over all



191 time points. McNemar's test was used to compare the binary coded quantitative parameters of  
192 each group with each other. The level of statistical significance was set at 0.05 throughout.

193

## 194 **Results**

195 **Cats** - Twenty-seven cats met the inclusion criteria. Thirty-three kidneys were recorded,  
196 as six cats had bilateral ureteral obstruction with bilateral SUB placement. In cats with unilateral  
197 obstruction, the left ureter was obstructed in 10 cats and the right in 11 cats. The population  
198 consisted of neutered males (n=8) and spayed females (n=19). Breeds represented included  
199 domestic shorthair (n=19), Siamese (n=3), Burmese (n=2), Persian (n=1), Tonkinese (n=1), and  
200 domestic long hair (n=1). The average age at the time of ureteral obstruction was 7.4 years (3 -  
201 17 years) and the average body weight was 5.0 kg (2.3 - 10 kg). In total, 90 ultrasound  
202 examinations were reviewed.

203 **Post-operative ultrasound follow-up** - An average number of 2.2 ultrasound  
204 examinations were recorded for each cat post-operatively. Twenty-four cats (30 kidneys) had  
205 at least one ultrasound examination in the short-term period. Thirteen cats (15 kidneys) had at  
206 least one ultrasound examination in the long-term period. Ten cats (12 kidneys) had at least one  
207 ultrasound examination in the short and long-term periods. Fourteen cats (18 kidneys) had at  
208 least one ultrasound examination in the short-term period with no long-term evaluation and  
209 three cats (3 kidneys) had at least one ultrasound examination in the long-term period with no  
210 short-term evaluation. The mean post-operative time to the short-term examination was 1.6  
211 months. The mean post-operative time to the long-term examination was 8.8 months.

212 **Creatinine values** - Mean  $\pm$  SD creatinine value among the entire cat population was  
213  $438 \pm 261$   $\mu\text{mol/L}$  (range 145 - 1035  $\mu\text{mol/L}$ , n= 26 cats) at pre-t<sub>0</sub>. In the short and long-term  
214 periods, mean  $\pm$  SD creatinine value was  $236 \pm 120$   $\mu\text{mol/L}$  (range 112 - 730  $\mu\text{mol/L}$ , n= 26  
215 cats) and  $210 \pm 42$   $\mu\text{mol/L}$  (range 112 - 304  $\mu\text{mol/L}$ , n= 21 cats). Among cats with unilateral  
216 obstruction and unilateral SUB device, mean  $\pm$  SD creatinine value was  $406 \pm 270$   $\mu\text{mol/L}$   
217 (range 145 - 1035  $\mu\text{mol/L}$ , n= 20 cats) at pre-t<sub>0</sub>. In the short and long-term periods, mean  $\pm$  SD

218 creatinine values was  $209 \pm 63 \mu\text{mol/L}$  (range 112 - 351  $\mu\text{mol/L}$ , n= 20 cats) and  $202 \pm 39$   
219  $\mu\text{mol/L}$  (range 112 - 267  $\mu\text{mol/L}$ , n= 17 cats). Among cats with bilateral obstruction and  
220 bilateral SUB device, mean  $\pm$  SD creatinine value was  $545 \pm 219 \mu\text{mol/L}$  (range 337 - 868  
221  $\mu\text{mol/L}$ , n= 6 cats) at pre- $t_0$ . In the short and long-term periods, mean  $\pm$  SD creatinine value  
222 was  $328 \pm 209 \mu\text{mol/L}$  (range 176 - 730  $\mu\text{mol/L}$ , n= 6 cats) and  $243 \pm 46 \mu\text{mol/L}$  (range 198 -  
223 304  $\mu\text{mol/L}$ , n= 4 cats). These results are summarized in Table 2. Annex 1 shows the creatinine  
224 value pre- $t_0$  for each of the 27 cats, the average creatinine value over the short-term follow-up  
225 and the average creatinine value over the long-term follow up. Among all cats treated with a  
226 SUB device (including unilateral and bilateral SUB devices) and no obstructive complication  
227 over the follow-up period, the creatinine value at pre- $t_0$  was significantly higher compared to  
228 the short (p=0.0009) and long-term (p=0.0004) mean values. However, no significant difference  
229 was present between the short and long-term mean values (p=0.50). Among cats treated with a  
230 unilateral SUB device and no obstructive complication, the creatinine value at pre- $t_0$  was  
231 significantly higher compared to the short (p<0.0001) and long-term (p<0.0001) mean values.  
232 However, no significant difference was present between the short and long-term mean values  
233 (p=0.92). No significant difference was present between cats treated with unilateral or bilateral  
234 SUB devices, for any time period.

235 **Ultrasound appearance of the urinary tract and SUBs** - The echogenicity of the urine  
236 was the only qualitative parameter with statistical significance between the two time periods.  
237 The urine in the bladder was anechoic in 48% cats preoperatively and in 20.8% during the short-  
238 term period (p=0.025). Therefore, 79.2% of the cats had urine either echogenic or with  
239 mineralized content in the post-operative short-term period. No other qualitative ultrasound  
240 parameter showed statistical significance throughout the time periods. Throughout the three  
241 time periods, a retroperitoneal or peritoneal effusion was rarely seen. It was present in less than  
242 16% of cats. Loss of corticomedullary distinction was noted in more than 70% of cases  
243 throughout all three time periods. Perirenal fat was noted as hyperechoic in 70.5% at pre- $t_0$  and  
244 in 51.8% in the short-term and 42.8% in the long-term. The fat surrounding the subcutaneous

245 port was hyperechoic in 18.5% of cats in the short-term however was not recorded in the long-  
246 term. The bladder wall was considered normal in 87.5% of cats at pre-t<sub>0</sub>. Thickening or irregular  
247 aspect of the bladder wall was noted in 25% of cats in the short-term and in 22.2% of cats in  
248 the long-term. The qualitative parameters are summarized in Table 3.

249 **Size of the renal pelvis** – Mean  $\pm$  SD pelvis size on the obstructed side was  $11.7 \pm 8.4$   
250 mm (range 0.9 - 41 mm, n= 33 kidneys) at pre-t<sub>0</sub>. In the short and long-term periods, mean  $\pm$   
251 SD pelvis size was  $2.4 \pm 1.8$  mm (range 0 - 7.0 mm, n= 30 kidneys) and  $1.7 \pm 0.9$  mm  
252 respectively (range 0 - 3.5 mm, n= 15 kidneys). When mean values and 95% Confidence  
253 Intervals (CIs) were evaluated for the scanned population, there was a distinct difference over  
254 various time intervals (Figure 2). A significant effect of time on this value was observed  
255 ( $p < 0.0001$ ). A significant difference was found between renal pelvis size at pre-t<sub>0</sub> and the short-  
256 term ( $p < 0.0001$ ) as well as between pre-t<sub>0</sub> and the long-term ( $p < 0.0001$ ). However, no  
257 significant difference was present between the short and long-term mean values. Among the  
258 cats without obstructive complication, 93% of kidneys had a pelvis size  $\leq 5$  mm in the short-  
259 term and all of them had a pelvis size  $\leq 3.5$  mm in the long-term. Annex 2 shows the pelvic  
260 size pre-t<sub>0</sub> for each of the 27 cats, the average pelvic size over the short-term follow-up and the  
261 average pelvic size over the long-term follow up.

262 **Relationship between the renal pelvis size and creatinine** – When an individual was  
263 assessed as a random effect, a positive and statistically significant relationship ( $p = 0.002$ ) was  
264 noted between the renal pelvis size and creatinine value.

265 **Complications/concurrent disease** - Eleven cats (40.7%) did not have any  
266 complications during the post-operative follow-up. Nine cats (33.3%) had non-obstructive  
267 complications, including hematuria (n=3), urinary tract infection (n=3), uremic gastritis (n=1),  
268 inflammatory reaction around the port (n=1) and multicentric lymphoma (n=1). Urinary tract  
269 infection was diagnosed based on a positive urine culture obtained from the SUB port during a  
270 routine flush procedure. Uremic gastritis was suspected in one cat based vomiting, azotemia,  
271 and hyperechoic thickened gastric wall on ultrasound exam. The diagnosis of multicentric

272 lymphoma was based on histopathological analysis following necropsy of the cat. The mean  
273 time to a non-obstructive complication was 6.4 months (0.5 - 21 months). Eight cats (29.6%)  
274 had an obstructive complication. This was evidenced by non-patency (inability to see  
275 microbubbles and drain either the renal pelvis, bladder or both) of the SUB device during the  
276 ultrasound-guided flush procedure. The mean time between the detection of an obstruction and  
277 the previous normal ultrasound examination was 2.6 months. In cats without obstruction, the  
278 mean time between ultrasound examinations was 2.1 months. There was no statistical  
279 difference between these two means. Five of those cats had a kinked catheter. Successful  
280 surgical repositioning or replacement of the device was done in the 5 cats. The three remaining  
281 cats had respectively a partial SUB-obstruction of unknown origin (suspected mineral debris,  
282 n=2) and suspected renal carcinoma with secondary carcinomatosis (n=1). One of the partial  
283 SUB-obstructions spontaneously resolved six months after diagnosis; the other was euthanized  
284 because of progressive azotemia but had no ultrasound examination follow-up available. The  
285 suspicion of renal carcinoma with secondary carcinomatosis in the third cat was based on  
286 ultrasound evaluation two months after the placement of the SUB device. Humane euthanasia  
287 was elected and necropsy was declined by the owners. The mean time to appearance of an  
288 obstructive complication was 3.7 months. At the time of obstruction, the mean  $\pm$  SD creatinine  
289 value was  $283 \pm 97$   $\mu\text{mol/L}$  (range 176 - 407  $\mu\text{mol/L}$ , n= 4 cats). The mean  $\pm$  SD pelvic size  
290 was  $7.2 \pm 3.6$  mm (4 - 15 mm, n= 6 kidneys). When mean value and 95% CIs were evaluated  
291 for the cats with obstructive complication, there was a distinct difference with short and long-  
292 term intervals (Figure 2). Two of the 5 catheter replacements or repositionings were performed  
293 during the immediate or short-term post-operative period (2 and 15 days post-t<sub>0</sub>). Three of the  
294 five catheter replacements or repositionings were performed during the long-term period (mean  
295 time period of 8.7 months post-t<sub>0</sub>, 4 - 18 months). The renal pelvis measurements for the 5  
296 obstructed cats are presented in the Annex 2.

297

298 **Discussion**

299           When assessed over the long-term, the renal pelvis measured less than 3.5 mm in the  
300 absence of an obstructive complication in all of our cats. In the short term, 93% of kidneys from  
301 cats without an obstructive complication had a renal pelvis that measured less than or equal to  
302 5 mm. Whether in the short or long term periods, free fluid was rarely noticed and not associated  
303 with a complication, although a larger number of cases would be necessary to further evaluate  
304 this. The decrease over time in hyperechogenicity of the perirenal and periureteral adipose  
305 tissue was not statistically significant and likely reflected decreased perioperative inflammation  
306 over time.

307           The creatinine value of cats treated with a SUB device decreased post-operatively  
308 compared to pre-operative values. This is consistent with previous reports.<sup>5,7</sup> When separately  
309 assessed, there was no significant difference between the creatinine values of cats treated with  
310 bilateral SUB devices over time. No significant difference was noted between cats treated with  
311 unilateral or bilateral SUB devices. It is difficult to draw conclusions given the low number of  
312 cats treated with bilateral SUB devices in our population (n=6). The wide range of individual  
313 values presented in Annex 1 is likely the result of dehydration, variable subcutaneous or  
314 intravenous fluid administration but most importantly varying severity of the underlying renal  
315 disease.

316           The mean preoperative renal pelvic measurement in cats with ureteral obstruction was  
317 11.7 mm. This is similar to values reported by previous retrospective study with a mean value  
318 of 10.9 mm in obstructive cats.<sup>12</sup> Another retrospective study reported that complete resolution  
319 of obstructive pyelectasia should not be expected in cats, with renal pelvic measurements of 2-  
320 7 mm being expected post-operatively.<sup>5</sup> A similar observation was also published based on nine  
321 cats whose ureteral obstruction was treated with the placement of ureteral stents.<sup>14</sup> In a recent  
322 paper,<sup>15</sup> 6 of 13 dogs stented with double pigtail ureteral stents for obstructive pyonephrosis  
323 were ultrasonographically followed at short (14-30 days after the procedure) and long-term  
324 (>30 days) intervals. The authors noted a median post-operative pelvic transverse measurement  
325 of 6.5 mm and considered this to be minimal pelvic dilation and successful pelvic

326 decompression. Such values have yet to be published in cats. As duration of the ureteral  
327 obstruction could not be determined, no correlation can be made here regarding the length of  
328 obstruction and pelvic size pre and post-operatively.

329         Renal pelvis size in cats with normal renal function has been reported. In a previous  
330 study,<sup>12</sup> a group of 10 cats with normal renal function had a mean pelvis size of  $1.8 \pm 0.8$  mm.  
331 This study also reported a mean pelvis size of  $2.3 \pm 0.9$  mm in cats with normal renal function  
332 and evidence of diuresis. In our study, pelvis sizes close to normal were observed in many cats  
333 within a short post-operative time period and in the majority of cats during the long-term period.  
334 The mean post-operative renal pelvic measurement in cats with ureteral obstruction at the short  
335 and long-term periods were  $2.4 \pm 1.8$  and  $1.7 \pm 0.9$  mm respectively. These values were both  
336 significantly lower than pre-operative values. Our results show that the distension of the renal  
337 pelvis is at least partially reversible when ureteral obstruction is relieved. A positive correlation  
338 between the renal pelvis size and the creatinine values were observed. This may be explained  
339 by a greater degree of obstruction causing a greater renal pelvis distension and decreased  
340 function in that kidney. Successful treatment of feline ureteral obstruction with a SUB device  
341 is thus associated with decreased post-operative azotemia and pelvic renal size. Post-operative  
342 renal pelvic measurements in our study showed that a dilated pelvis in cats may decrease  
343 considerably following decompression.

344         In women, one pregnancy in 500 is complicated by urinary calculi. Clinical  
345 manifestations secondary to ureteral obstruction caused by stones mostly occur during the  
346 second trimester. Ultrasound is the imaging modality of choice and severe hydronephrosis ( $> 2$   
347 cm) is often observed.<sup>16</sup> Conservative medical treatment is often sufficient but a double pigtail  
348 stent may be placed. The renal pelvis returns to normal size within 6 to 12 weeks following  
349 medical or interventional management.

350         Although this study does not provide an absolute pelvic size confirming obstruction, a  
351 pelvic size  $> 5$  mm following SUB placement could suggest an obstructive complication. If an  
352 obstruction is suspected, ultrasound-guided saline flush or contrast-flush under fluoroscopic

353 guidance can be used to confirm and identify the site of the obstruction. Following pelvic size  
354 over time in an individual cat can also aid in the early identification of an obstruction. One of  
355 our cases illustrates this well as an obstruction was diagnosed with a renal pelvis measuring 4  
356 mm. During each of the previous follow-up ultrasound examinations, the pelvis measured 1mm.  
357 It was not possible from our data to determine whether SUB flush frequency had an effect on  
358 the incidence of obstruction.

359 Ureteral measurements may be important in the assessment of obstructive complications  
360 and may be as or more important than renal pelvis size. The authors have observed mildly  
361 dilated renal pelvises with markedly distended ureters in ureterally obstructed cats. This was  
362 however a recent observation in the author's practice. It was still unknown at the time most of  
363 the ultrasound examinations were performed. Therefore, only a few ultrasound evaluations had  
364 ureteral images available for retrospective evaluation. Since then, the authors routinely evaluate  
365 ureters in cats treated with SUB devices. In our clinical experience, some cats with concurrent  
366 ureteral obstruction and chronic kidney disease do not show marked pelvic distention despite  
367 severe ureteral obstruction.<sup>11</sup> Capsular and parenchymal fibrosis may explain the lack of  
368 distention in these cats.

369 Among our cats with obstructive complications, one was suspected of having a renal  
370 carcinoma with secondary carcinomatosis two months following placement of the SUB device.  
371 At the time of the pre-t<sub>0</sub> ultrasound evaluation, there was no suspicion of any underlying renal  
372 neoplastic disease, even on retrospective review of available images. A subcutaneous fluid port  
373 associated with a poorly differentiated soft tissue sarcoma has recently been reported in a cat.<sup>17</sup>  
374 In this case report, a 20-year-old male castrated domestic longhair was evaluated for assessment  
375 of chronic kidney disease diagnosed 10 years prior. A non-healing ulcerated mass was noted at  
376 the site of a GIF tube, which was previously placed over a 5-year period. Histopathological  
377 analysis following necropsy revealed a fibrosarcoma. To the author's knowledge, a renal  
378 neoplasia associated with the SUB device has not been reported. Although this possibility was  
379 not ruled out, it was considered less likely by the authors, given the short period of time between

380 the two ultrasounds. The authors believe it is likely that renal changes were too minor to be  
381 detected on pre-operative ultrasound evaluation and therefore missed.

382 This study outlines ultrasound as an effective tool for the evaluation of renal pelvic  
383 distension. In cats treated with a SUB device, pelvic size post-operatively is often close to  
384 previously reported pelvic sizes in cats with normal renal function. Therefore, the detection of  
385 an increased pelvic size should alert the clinician to the risk of obstruction and the need for an  
386 ultrasound-guided flush. Ultrasound allows assessment of patency of the SUB device by  
387 visualization of saline microbubbles filling the renal pelvis and the urinary bladder during a  
388 flush procedure.

389 This study has a number of limitations, many related to its retrospective nature.  
390 Retrospective reviewing of the still images by another radiologist may have led to differing  
391 descriptive interpretations. The ureter has not been consistently assessed in most cats. A  
392 relatively small number of cats met the inclusion criteria. Inter-operator variability likely  
393 affected ultrasound measurements of the renal pelvis. The number of examinations and  
394 examination frequency was not standardized. Available long-term follow-ups were limited in  
395 our population. Fourteen cats (18 kidneys) had no long-term ultrasound follow-up. Although a  
396 small range of pelvis sizes (0 – 3.5mm) was noted on long-term evaluation, these values were  
397 recorded in only half of our total population (13/27 cats, 15/33 kidneys). This may explain, in  
398 part, the loss of power and the lack of statistically significant results, especially for the  
399 qualitative criteria. Given its retrospective nature, duration of obstruction and renal function  
400 prior to presentation for a ureteral obstruction was not available in the majority of cats.

401

## 402 **Conclusions**

403 Ultrasonography appears to be an effective tool in the monitoring of cats following SUB  
404 placement. Ultrasound allows for both qualitative and quantitative assessment of the urinary  
405 tract, which may help detect complications. Our study revealed that pelvic distention secondary  
406 to ureteral obstruction is at least partially reversible following decompression with a SUB. Our



407 study also showed that ultrasound is an important tool in the detection of obstructive  
408 complications and a renal pelvis width of  $\leq 3.5$  mm 3 months post-operatively is expected in  
409 feline cats following SUB placement.

410

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413

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421

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468

469

## 470 **Figures**

471 **Figure 1.A.** Sonographic image of a feline kidney in a transverse section with a pre-operative  
472 pelvis distension of 8 mm.

473

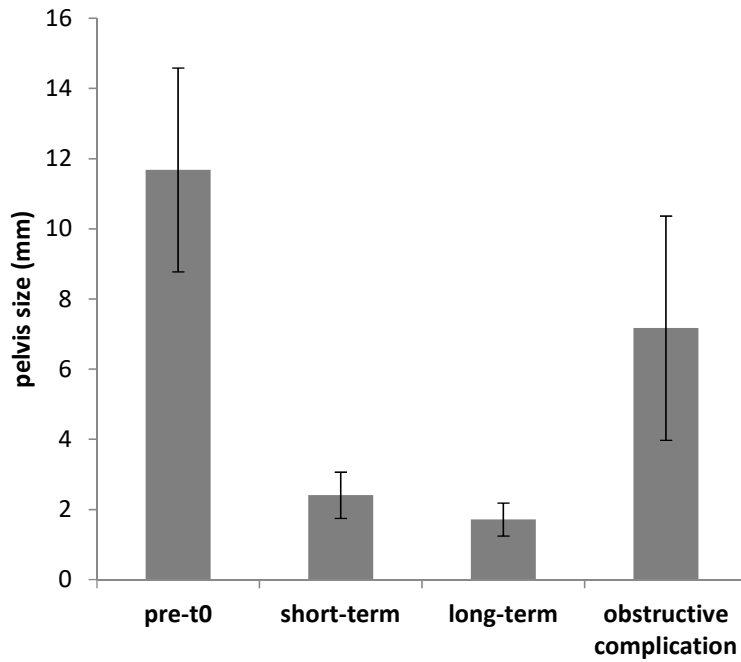
474 **Figure 1.B.** Sonographic image of a feline kidney in a longitudinal section 2 months after SUB  
475 placement with a pelvis distension of 1.7 mm. Note the nephrostomy catheter (white arrowhead)  
476 and the perirenal steatitis (black arrowhead) at the caudal pole of the kidney.

477

478 **Figure 1.C.** Sonographic image of a subcutaneous port (P). Note the adjacent subcutaneous  
479 steatitis (black arrow heads).

480

481 **Figure 2.** Mean pelvis size at the various time intervals in the scanned population. Error bars  
482 represent 95% CI of the mean.



483

484 **Tables**

485 **Table 1.** A binary code was attributed to the qualitative ultrasound parameters (0 or 1) observed  
 486 in the various time periods.

Qualitative parameters	Binary code	
	0	1
Renal corticomedullary distinction	normal	ill-defined or loss
Free fluid (RP & P)	absence	presence
Perirenal adipose tissues echogenicity	Normal echogenicity	hyperechoic
Discs and port appearance	normal	abnormal
Catheters appearance	normal	abnormal
Ureteral wall	smooth	irregular or thickened
Ureteral content	anechoic	echoic or mineralized
Pelvis content	anechoic	echoic or mineralized
Bladder wall	normal	thickened or irregular
Distribution of bladder wall thickening	focal	diffuse
Urine in the bladder	anechoic	echoic or mineralized

487 RP = retroperitoneal space; P = peritoneal space.

488

489

490

491 **Table 2.** Mean  $\pm$  SD creatinine values ( $\mu\text{mol/L}$ ).

SUB device	pre-t0	short-term	long-term
all	438 $\pm$ 261	236 $\pm$ 120	210 $\pm$ 42
unilateral	406 $\pm$ 270	209 $\pm$ 63	202 $\pm$ 39
bilateral	545 $\pm$ 219	328 $\pm$ 209	243 $\pm$ 46

492

493

494

495 **Table 3.** Summary of the qualitative parameters at the various time intervals in the scanned  
 496 population.

Qualitative parameters	pre-to	short-term	long-term	OC
Loss of renal corticomedullary distinction (bc = 1)	24/33	16/18	9/10	4/4
Absence of free fluid RP & P (bc = 0)	24/27	21/25	13/14	4/5
Hyperechogenicity of perirenal adipose tissues (bc = 1)	24/33	14/27	6/14	3/7
Hyperechoic adipose tissue around the port (bc = 1)	-	5/27	0/13	3/7
Normal appearance of the catheter (bc = 0)	-	21/23	9/9	2/5
Irregular or thickened ureteral wall (bc = 1)	17/33	4/9	1/2	2/2
Mineralized or echoic appearance of the ureter (bc = 1)	21/32	5/8	1/1	2/2
Mineralized or echoic appearance of the renal pelvis (bc = 1)	13/31	13/23	5/10	4/4
Normal bladder wall (bc = 0)	21/24	18/24	7/9	1/2
Diffuse distribution of bladder wall thickening (bc = 1)	3/3	2/6	0/2	0/1
Anechoic urine (bc = 0)	13/25	19/24	8/9	1/2

497 bc = binary code; RP = retroperitoneal space; P = peritoneal space; OC = obstructive  
498 complication.

499

## 500 Annexes

501 **Annex 1.** Creatinine values ( $\mu\text{mol/L}$ ).

Cat	pre-to	short-term*	long-term*	OC
1	277	224	228	
2	259	n/a	192	
3	172	188	191	
4	n/a	181	193	
5	158	112	145	
6	145	139	n/a	
7	383	253	239	
8	749	730	n/a	
9	598	321	247	
10	196	225	249	
11	405	211	194	
12	469	209	248	
13	339	197	198	298
14	337	176	221	176
15	211	273	224	
16	162	210	208	251
17	1035	144	n/a	
18	188	140	n/a	407
19	242	196	176	
20	528	180	180	
21	284	174	204	
22	763	351	n/a	
23	868	358	304	
24	923	217	192	
25	508	151	112	
26	679	285	267	

27	507	298	n/a	n/a
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502 \*mean pelvis size over the follow-up period; OC = obstructive complication. n/a = non-  
503 available.

504

505 **Annex 2.** Pelvis size (mm).

Cat	Kidney	pre-t <sub>0</sub>	short-term*	long-term*	OC
1	L	21.5	5	1	
2	R	20		2	
3	R	10	3	2	
4	L	15.5	2	1	
5	R	11	3	2	
6	R	13	3		
7	L	18	0	1.2	
8	R	6.8	3		
8	L	8.1	2.1		
9	L	9	7		
10	R	15	1		
11	R	9.4	2.7		
12	R	17	4.7		
12	L	12.3	2.5		
13	R	8.1	6.9	3.5	
13	L	5.5	4.6	2	15
14	R	11	0	1	
14	L	5	0	3	6
15	R	11	3.6	2.5	
16	R	14	1	1	4
17	L	16	1	1	
18	L	41	2		7.2
19	R	7		0	
20	L	5	0.6		
21	R	8	2		
22	R	10	2.6		
23	R	4.2	0		
23	L	35	2.6		
24	L	3.3		2.5	
25	L	0.9	0.6		
26	L	3.1	1.9		
27	R	6.9	1.5		4.8
27	R	3.7	2.2		6

506 L = left; R = right; \*mean pelvis size over the follow-up period; OC = obstructive complication.