



Compact 3-manifolds via 4-colored graphs / Cristofori, Paola; Mulazzani, Michele. - In: REVISTA DE LA REAL ACADEMIA DE CIENCIAS EXACTAS, FÍSICAS Y NATURALES. SERIE A. MATEMÁTICAS. ISSN 1578-7303. - STAMPA. - 110:2(2016), pp. 395-416. [10.1007/s13398-015-0240-8]

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Published:

DOI: <http://doi.org/10.1007/s13398-015-0240-8>

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Cristofori, P., Mulazzani, M. Compact 3-manifolds via 4-colored graphs. *RACSAM* 110, 395–416 (2016).

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Compact 3-manifolds via 4-colored graphs

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Abstract

We introduce a representation of compact 3-manifolds without spherical boundary components via (regular) 4-colored graphs, which turns out to be very convenient for computer aided study and tabulation. Our construction is a direct generalization of the one given in the eighties by S. Lins for closed 3-manifolds, which is in turn dual to the earlier construction introduced by Pezzana's school in Modena.

In this context we establish some results concerning fundamental groups, connected sums, moves between graphs representing the same manifold, Heegaard genus and complexity, as well as an enumeration and classification of compact 3-manifolds representable by graphs with few vertices (≤ 6 in the non-orientable case and ≤ 8 in the orientable one).

2010 Mathematics Subject Classification: Primary 57M27, 57N10. Secondary 57M15.

Key words and phrases: 3-manifolds, Heegaard splittings, Heegaard diagrams, colored graphs, complexity

1 Introduction and preliminaries

The representation of closed 3-manifolds by 4-colored graphs has been independently introduced by S. Lins and by Pezzana's research group in Modena (see [18] and [28]), by using dual constructions. A 4-colored graph is a regular edge-colored graph of valence 4, which represents a closed 3-manifold iff it satisfies certain combinatorial conditions.

The extension of the representation to 3-manifolds with boundary was performed by C. Gagliardi in [19] by using a slightly different class of colored graphs satisfying a notion of regularity weaker than the one required in the closed case. The study of this kind of representation has yielded several results especially with regard to the definition of combinatorial invariants and their relations with topological invariants of the represented manifolds (see [22], [15], [13], [9]).

Unfortunately, Gagliardi's representation is not suitable for a satisfactory computer tabulation of non-closed 3-manifolds.

In this paper we show that any 4-colored graph, with no additional conditions, can represent a compact 3-manifold without spherical boundary components, and the whole class of such manifolds admits a representation of this type. As a consequence, an efficient computer aided tabulation of 3-manifolds with boundary can be performed by this tool.

The construction is described in Section 2 and a set of moves connecting graphs representing the same manifold is given in Section 3. In the closed case, these moves have been proved to be sufficient to connect any two graphs representing the same manifolds (see [5]). In the more general case of manifolds with boundary, this result is no longer true, at least when the boundary is not connected.

Examples of 4-colored graphs representing relevant classes of compact 3-manifolds, such as handlebodies (both orientable and non-orientable) and products of closed surfaces with the compact interval I , are given in Section 5.

In Section 4 we establish the relation between the connected sum of graphs and the (possibly boundary) connected sum of the represented 3-manifolds. In Section 6 we associate to any 4-colored graph a group which is strictly related to the fundamental group of the associated manifold and, therefore, it is a convenient tool for its direct computation (in many cases the two groups are in fact isomorphic). Combinatorial invariants are defined and their relations with (generalized) Heegaard genus and Matveev complexity are discussed in Sections 7 and 8 respectively.

The last section presents some computational results, obtained by means of a C++ program, in terms of the number of non-isomorphic graphs representing compact 3-manifolds with non-empty boundary, up to 12 vertices, and the number of compact 3-manifolds admitting a graph representation up to 8 vertices in the orientable case and up to 6 vertices in the non-orientable one.

In the following we fix some notations and recall some definitions and results about Heegaard splittings/diagrams which will be largely used throughout the paper.

Let S_g be a closed, connected surface of genus g either orientable (with $g \geq 0$) or non-orientable (with $g \geq 1$). A *system of curves* on S_g is a (possibly empty) set of simple closed orientation-preserving¹ curves $\mathcal{C} = \{\gamma_1, \dots, \gamma_k\}$ on S_g such that $\gamma_i \cap \gamma_j = \emptyset$, for $1 \leq i \neq j \leq k$. Moreover, we denote by $V(\mathcal{C})$ the set of connected components of the surface obtained by cutting S_g along the curves of \mathcal{C} . The system \mathcal{C} is said to be *proper* if all elements of $V(\mathcal{C})$ have genus zero, and *reduced* if either $|V(\mathcal{C})| = 1$ or no element of $V(\mathcal{C})$ has genus zero.

Note that a proper reduced system of curves on S_g contains exactly g curves in the orientable case and $g/2$ curves in the non-orientable one, with g even. Of course, in the non-orientable case no proper system can exist when g is odd. In the following \mathcal{C} will be also considered as a subspace of S_g in the obvious sense.

A *compression body* K_g of genus g is a 3-manifold with boundary obtained from $S_g \times I$, where $I = [0, 1]$, by attaching a finite set of 2-handles along a system of curves (called *attaching circles*) on $S_g \times \{0\}$ and filling in with balls all the spherical boundary components of the resulting manifold, except for $S_g \times \{1\}$ when $g = 0$. The set $\partial_+ K_g = S_g \times \{1\}$ is called the *positive* boundary of K_g , while $\partial_- K_g = \partial K_g - \partial_+ K_g$ is the *negative* boundary of K_g . Notice that a compression

¹This means that each curve γ_i has an annular regular neighborhood, as it always happens if S_g is an orientable surface.

body is a handlebody if and only if $\partial_- K_g = \emptyset$ (i.e., the system of the attaching circles on $S_g \times \{0\}$ is proper). Obviously homeomorphic compression bodies can be obtained via (infinitely many) non isotopic systems of attaching circles. Moreover, any non-reduced system of curves properly contains at least a reduced one inducing the same compression body. Operations of reduction correspond to elimination of complementary 2- and 3-handles.

Let M be a compact, connected 3-manifold without spherical boundary components. A *Heegaard surface* for M is a closed surface S_g embedded in M such that $M - S_g$ consists of two components whose closures K' and K'' are homeomorphic to genus g compression bodies. The triple (S_g, K', K'') is called a *generalized Heegaard splitting* of genus g of M . It is a well-known fact that each compact connected 3-manifold without spherical boundary components admits a Heegaard splitting, and at least one of the two compression bodies can be assumed to be a handlebody (in this case the splitting is simply called *Heegaard splitting*).

Since two compact 3-manifolds are homeomorphic if and only if (i) they have the same number of spherical boundary components and (ii) they are homeomorphic after capping off by balls these components, there is no loss of generality in studying compact 3-manifolds without spherical boundary components.

On the other hand, a triple $\mathcal{D} = (S_g, \mathcal{C}', \mathcal{C}'')$, where \mathcal{C}' and \mathcal{C}'' are two systems of curves on S_g , such that they intersect transversally, uniquely determines a 3-manifold $M_{\mathcal{D}}$ corresponding to the Heegaard splitting (S_g, K', K'') , where K' and K'' are respectively the compression bodies whose attaching circles correspond to the curves in the two systems. Such a triple is called a *generalized Heegaard diagram* for $M_{\mathcal{D}}$. In the case of a generalized Heegaard diagram \mathcal{D} of a closed 3-manifold, both systems of curves are obviously proper; if they are also reduced, \mathcal{D} is simply a Heegaard diagram in the classical sense (see [25]).

The minimum g such that a manifold M admits a generalized Heegaard splitting (resp. a Heegaard splitting) of genus g is called the *generalized Heegaard genus* (resp. the *Heegaard genus* of M), denoted by $\overline{\mathcal{H}}(M)$ (resp. by $\mathcal{H}(M)$). Of course the two notions coincide in the case of connected boundary. The only 3-manifold of (generalized) Heegaard genus zero is the 3-sphere, possibly with some deleted balls. Examples of compact non-closed 3-manifold of generalized Heegaard genus one are $\mathbf{S}^1 \times \mathbf{S}^1 \times I$ and the orientable handlebody of genus one H_1 . Of course $\overline{\mathcal{H}}(M) \leq \mathcal{H}(M)$, for every manifold M and it is easy to find examples where the two genera differ: for example $\overline{\mathcal{H}}(\mathbf{S}^1 \times \mathbf{S}^1 \times I) = 1$ by construction but $\mathcal{H}(\mathbf{S}^1 \times \mathbf{S}^1 \times I) > 1$ since the Heegaard genus of an orientable manifold can not be less than the sum of the genera of its boundary components.

For general PL-topology and elementary notions about graphs and embeddings, we refer to [27] and [36] respectively.

2 Construction

Let Γ be a finite connected graph which is 4-regular (i.e., any vertex has valence four), possibly with multiple edges but with no loops. A map $\gamma : E(\Gamma) \rightarrow \Delta = \{0, 1, 2, 3\}$ is called a *4-coloration* of Γ if adjacent edges have different colors. An edge of Γ colored by $c \in \Delta$ is also called a *c-edge*.

A *4-colored graph* is a 4-regular graph equipped with a 4-coloration. It is easy to see that 4-colored graphs have even order, but not all 4-regular graphs of even order can be 4-colored. Easy examples of 4-colored graphs are the graph of order two and the complete bipartite graph $K_{4,4}$. Two 4-colored graphs Γ' and Γ'' , with coloration γ' and γ'' respectively, are (color-)isomorphic if there exist a graph isomorphism ϕ between Γ' and Γ'' and a permutation σ of Δ such that

$\gamma'' \circ \phi = \sigma \circ \gamma'$. If $\Delta' \subset \Delta$, any connected component of the subgraph $\Gamma_{\Delta'}$ of Γ containing exactly all c -edges, for each $c \in \Delta'$, is called a Δ' -*residue* as well as a $|\Delta'|$ -*residue*. Of course 0-residues are vertices, 1-residues are edges and 2-residues are bicolored cycles with an even number of edges.

We can associate a compact connected 3-manifold M_Γ without spherical boundary components to any 4-colored graph Γ via the following construction.

First of all consider Γ as a 1-dimensional cellular complex. By attaching to Γ a disk for each 2-residue we obtain a 2-dimensional polyhedron P_Γ , which is special in the sense of [32]. The vertices (resp. points of the edges) of Γ have links in P_Γ homeomorphic to a circle with three radii (resp. with two radii). Each 3-residue of Γ , with the relative associated disks is a closed connected surface S . If S is a 2-sphere the residue is called *ordinary* and otherwise *singular*. By attaching a 3-ball to S when the residue is ordinary, and just thickening it by attaching $S \times I$ along $S \times \{0\}$ when the residue is singular, we obtain a compact connected 3-manifold M_Γ with non-spherical boundary components. We will say that Γ *represents* M_Γ . Obviously isomorphic 4-colored graphs represent homeomorphic 3-manifolds.

For closed 3-manifolds the construction reduces to the one introduced by Lins (see [28]), and it is dual to the one introduced by Pezzana and others (see [18]). Pezzana's construction was also studied by Bracho and Montejano [4] in the more general context of "colored complexes", but still within the closed case. So, the novelty of our construction is that it works also in case of 3-manifolds with (non-spherical) boundary. Actually, a graph representation for manifolds with boundary has been introduced by Gagliardi in [19], by using colored graphs which are not 4-regular. So, our idea is to give, for the whole class of compact 3-manifolds, a unitary representation by 4-colored graphs, which seems to be more efficient than Gagliardi's for a computer aided tabulation and classification of 3-manifolds with boundary.

Remark 1 *Let $i, j \in \Delta$ be different colors and let $\Delta - \{i, j\} = \{h, k\}$, then by removing from P_Γ the interior of any disk bounded either by an $\{i, j\}$ -residue or by an $\{h, k\}$ -residue, we obtain a closed connected surface $S_{i,j}$ which is a Heegaard surface for M_Γ . Moreover, both the $\{i, j\}$ -residues and the $\{h, k\}$ -residues are two systems of curves \mathcal{C}' and \mathcal{C}'' on $S_{i,j}$ such that the triple $(S_{i,j}, \mathcal{C}', \mathcal{C}'')$ is a generalized Heegaard diagram of M_Γ . So, any 4-colored graph Γ defines three different generalized Heegaard diagrams for M_Γ .*

Example 1 *Let us consider the 4-regular graphs Γ_1 and Γ'_1 of Figure 1. By Remark 1, if we consider the pairs of colors $\{i, j\} = \{1, 3\}$ and $\{h, k\} = \{0, 2\}$, we obtain the generalized Heegaard diagrams \mathcal{D}_1 of M_{Γ_1} and \mathcal{D}'_1 of $M_{\Gamma'_1}$ whose planar realizations are depicted in Figure 2(a) and Figure 2(b), respectively. Each diagram consists of the two systems of curves $\{C'_0, C'_1\}$ and $\{C''_1\}$ on the genus one surface $S_{1,3}$, which is orientable in the case of Γ_1 , non-orientable in the case of Γ'_1 .*

Let H_1 be the genus one orientable (resp. non-orientable) handlebody whose 1-handles are attached along the curves C'_0 and C'_1 of \mathcal{D}_1 (resp. \mathcal{D}'_1). Then M_{Γ_1} (resp. $M_{\Gamma'_1}$) is simply obtained from H_1 by adding a trivial 2-handle whose attaching curve is C''_1 , i.e it is still homeomorphic to H_1 .

Therefore Γ_1 (resp. Γ'_1) is a 4-colored graph representing the genus one orientable (resp. non-orientable) handlebody.

A 4-coloured graph, with 8 vertices, representing the genus one orientable handlebody was already constructed in [17]. Actually, it can also be obtained from the above graph Γ_1 , which is minimal with regard to the number of vertices, by "adding a 2-dipole" (see Section 3).

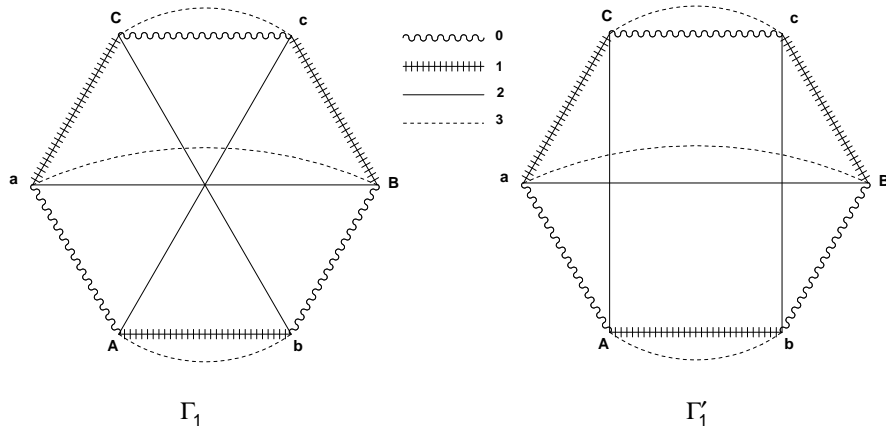


Figure 1: The 4-colored graphs Γ_1 and Γ'_1 , representing the genus one orientable and non-orientable handlebodies, respectively

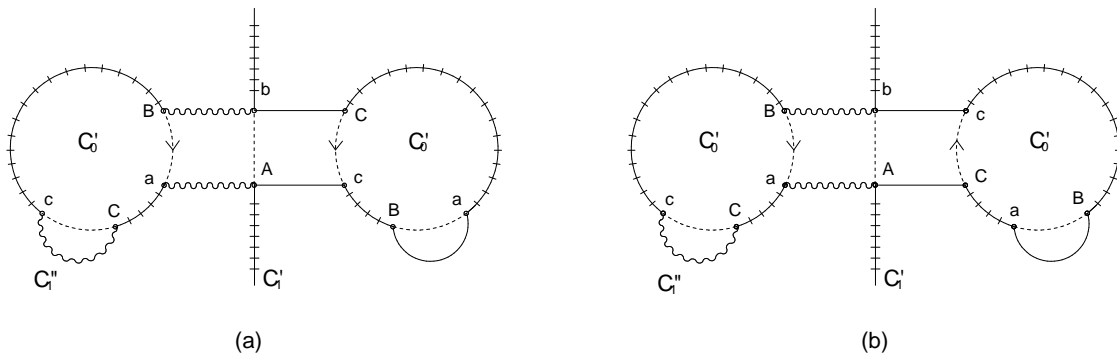


Figure 2: (a) \mathcal{D}_1 : generalized Heegaard diagram of M_{Γ_1} (b) \mathcal{D}'_1 : generalized Heegaard diagram of $M_{\Gamma'_1}$

The following result shows that 4-colored graphs are a representation tool for all compact 3-manifolds without spherical boundary components.

Proposition 1 *Any compact connected 3-manifold M without spherical boundary components can be represented by a 4-colored graph.*

Proof. Let us consider a handle decomposition of M : the union of the 0-handles and 1-handles gives a genus g handlebody H_g , which can be either orientable or non-orientable. Let D_0, \dots, D_g be a system of $g + 1$ pairwise disjoint disks properly embedded in H_g , such that, by cutting along them, H_g splits into two balls B' and B'' . If $C'_i = \partial D_i$, for $i = 0, \dots, g$, then $\mathcal{C}' = \{C'_0, \dots, C'_g\}$ is a system of curves on $\Sigma_g = \partial H_g$.² Let C''_j , for $j = 1, \dots, m$, be the attaching circles of the 2-handles. $\mathcal{C}'' = \{C''_1, \dots, C''_m\}$ is a system of curves on Σ_g , too. Possibly by adding a trivial 2-handle, we can suppose that $m > 0$. Moreover, up to isotopy we can always suppose that each curve of \mathcal{C}'' intersects transversally the curves of \mathcal{C}' ; the graph $\tilde{\Gamma} = \mathcal{C}' \cup \mathcal{C}''$ is connected and cellularly embedded in Σ_g (i.e., the regions of the embedding are disks). Now, let us take a set $\{N_1, \dots, N_m\}$ of pairwise disjoint regular (closed) neighborhoods in Σ_g of all curves of \mathcal{C}'' , such that ∂N_j intersects transversally the curves of \mathcal{C}' in such a way that any component of $N_j \cap \mathcal{C}'$ contains exactly one point of $\mathcal{C}' \cap \mathcal{C}''$. So, $\mathcal{C} = \{\partial N_1, \dots, \partial N_m\}$ is a system of $2m$ curves on Σ_g , and the graph $\Gamma = \mathcal{C}' \cup \mathcal{C}$ is a finite connected 4-regular graph embedded on Σ_g . Let us color the arcs of Γ in the following way: the arcs of the curves of \mathcal{C} are colored by 2 if they belong to $\partial B'$ and by 3 if they belong to $\partial B''$. Furthermore, we color the arcs of the curves of \mathcal{C}' by 0 if they belong to some N_j and by 1 otherwise. It is easy to see that the resulting coloration is proper, and the 3-manifold M_Γ associated to Γ via the previous construction is homeomorphic to M . ■

Some properties of the manifold M_Γ correspond to properties of the representing graph Γ . For example:

Proposition 2 *M_Γ is orientable if and only if Γ is bipartite.*

Proof. Of course M_Γ is orientable if and only if $S_{i,j}$ is orientable, for arbitrarily fixed $i, j \in \Delta$, since M_Γ is obtained from $S_{i,j} \times I$ by adding 2-handles and possibly 3-handles. First of all let $S_{i,j}$ be orientable, and consider the induced orientation on its 2-cells, which are disks bounded by $\{l, m\}$ -residues, with $l \in \{i, j\}$ and $m \in \{h, k\} = \Delta - \{i, j\}$. These orientations defines for each $v \in V(\Gamma)$ a cyclic permutation of Δ which is $\sigma = (i h j k)$ or its inverse, corresponding to the local orientation induced on the vertices. Since permutations of adjacent vertices are inverse each other, the graph Γ cannot have odd cycles and therefore it is bipartite. Viceversa, let us suppose that Γ is bipartite. Then $V(\Gamma) = V' \cup V''$, where $V', V'' \neq \emptyset$ and $V' \cap V'' = \emptyset$, such that any $e \in E(\Gamma)$ connects a vertex of V' with a vertex of V'' . Let R be a 2-cell of $S_{i,j}$, and suppose its boundary is a $\{l, m\}$ -residue such that $m = \sigma(l)$. Then orient R in such a way that the induced orientation on its m -edges goes from vertices of V' to vertices of V'' . It is easy to see that the chosen orientations on the 2-cells of $S_{i,j}$ define a global orientation for the whole $S_{i,j}$. ■

Note that Propositions 1 and 2 are generalizations of analogous results obtained in [29], [33] and [4] for the closed case and different representation methods.

For $i, j \in \Delta$, with $i \neq j$, we denote by $g_{i,j}$ the number of $\{i, j\}$ -residues of Γ . Moreover, for each $c \in \Delta$, the number of 3-residues corresponding to the colors of $\hat{c} = \Delta - \{c\}$ will be denoted

²Note that $\Sigma_g = S_g$ in the orientable case and $\Sigma_g = S_{2g}$ in the non-orientable one.

by g_c . We say that Γ is c -contracted if either $g_c = 1$ or all \hat{c} -residue are singular. The graph is said to be *contracted* if it is c -contracted for all $c \in \Delta$. We will see in Section 3 that any 3-manifold can be represented by a contracted graph.

Moreover, boundary components of M_Γ correspond to colors c such that there exists at least a singular \hat{c} -residue. We call them *singular colors*. By the previous construction, which produces the graph Γ from a handle decomposition of the manifold M , it is always possible to represent a manifold by a 4-colored graph with at most one singular color. In fact, colors 2 and 3 are not singular by construction and color 0 is non-singular since $\hat{0}$ -residues are attaching boundaries of the 2-handles.

A vertex of Γ is called a *boundary vertex* if it belongs to at least one singular 3-residue, otherwise it is called *internal*. A boundary vertex is called of order k if it belongs to exactly k singular 3-residues. So $k \leq 4$ and, as a convention, an internal vertex is considered as a boundary vertex of order zero. Next section shows that any 3-manifold can be represented by a graph with at least one internal vertex and, when the boundary is not empty, it can also be represented by a graph with at least a boundary vertex of order one.

3 Moves

Given a 4-colored graph Γ , an h -dipole ($1 \leq h \leq 3$) involving colors $c_1, \dots, c_h \in \Delta$ is a subgraph θ of Γ consisting of two vertices v' and v'' joined by h edges, colored by c_1, \dots, c_h , such that v' and v'' belong to different $\widehat{\{c_1, \dots, c_h\}}$ -residues of Γ , where $\widehat{\{c_1, \dots, c_h\}} = \Delta - \{c_1, \dots, c_h\}$.

By *cancelling θ from Γ* , we mean to remove θ and to paste together the hanging edges according to their colors, thus obtaining a new 4-colored graph Γ' . Conversely, Γ is said to be obtained from Γ' by *adding θ* . An h -dipole θ is called *proper* if and only if Γ and Γ' represent the same manifold.

Proposition 3 *An h -dipole θ of a 4-colored graph Γ is proper if and only if one of the following conditions holds:*

- $h > 1$;
- $h = 1$ and at least one of the \hat{c}_1 -residues containing v' and v'' is ordinary.

Proof. Let $\theta = \{v', v''\}$ be an h -dipole involving colors $\{c_1, \dots, c_h\}$.

If $h = 1$, let X' (resp. X'') be the \hat{c}_1 -residue of Γ containing v' (resp. v''). Cancelling θ corresponds to removing a tunnel T in M_Γ connecting the two surfaces represented by X' and X'' respectively. The boundary of the tunnel is a cylinder $\mathbf{S}^1 \times I$ composed by three bands $\alpha_1 \times I, \alpha_2 \times I, \alpha_3 \times I$, whose sides $P_1 \times I, P_2 \times I, P_3 \times I$ are portions of the d -edges ($d \in \hat{c}_1$) involved in the dipole. It is obvious that, if the \hat{c}_1 -residue containing a vertex of θ , say v' , is ordinary, then X' represents the boundary of a 3-ball and the cancellation of θ yields a new 4-colored graph still representing M_Γ .

If $h = 2$, then θ is a 2-component (i.e., a 2-cell) of the complex P_Γ which is a special spine of M_Γ ; then our claim follows from observing that the cancellation of θ is the inverse of the *lune move* defined by Matveev and Piergallini on spines of 3-manifolds (see [30] and [34]). Since θ is a dipole, the two $\widehat{\{c_1, c_2\}}$ -residues containing v' and v'' respectively are different 2-components of P_Γ , so the cancellation of θ transforms P_Γ into another special spine of M_Γ .

If $h = 3$, then there exist two proper 1-dipoles, both involving the only color of $\{\widehat{c_1, c_2, c_3}\}$, adjacent to v' and v'' respectively. The cancellation of θ is equivalent to the cancellation of one of these 1-dipoles. ■

As a consequence of the above proposition, we can obtain some useful properties.

Corollary 4 *Let M be a 3-manifold without spherical boundary components, then:*

- (i) M can be represented by a contracted 4-colored graph;
- (ii) M can be represented by a 4-colored graph with at least an internal vertex;
- (iii) M can be represented by a 4-colored graph with at least a boundary vertex of order one, if $\partial M \neq \emptyset$.

Proof. Let Γ be a 4-colored graph representing M .

(i) If Γ is not contracted with respect to a color $c \in \Delta$, then there exists a 1-dipole θ , involving color c , such that at least one of the two \hat{c} -residues containing v' and v'' is ordinary. Hence θ is proper and by cancelling it we obtain a new 4-colored graph which still represents M . A finite sequence of such cancellations of 1-dipoles obviously yields a contracted 4-colored graph representing M .

(ii, iii) If $\partial M = \emptyset$ there is nothing to prove. Let v be a boundary vertex with minimal order $k > 0$ and let $c \in \Delta$ be such that the \hat{c} -residue containing v is singular. By adding a 3-dipole along the c -edge containing v we obtain two new vertices, v' and v'' , which are both singular of order $k - 1$. In fact, the \hat{c} -residue containing them is obviously a 2-sphere, and for each $d \in \hat{c}$ any \hat{d} -residue containing them is singular if and only if the \hat{d} -residue containing v in Γ is singular. So by induction on k we can obtain an internal vertex (resp. a boundary vertex of order one) in not more than four steps (resp. three steps). ■

In the closed case all dipoles are proper and Casali proved in [5] that dipole moves are sufficient to connect different 4-colored graphs representing the same manifold. A similar fact is not generally true in our context; in fact dipole moves do not change the singular colors of the involved graph, and for any 3-manifold with disconnected boundary it is easy to find two different graphs representing it, the first one with only a singular color and the second one with (at least) two singular colors. In Section 7 another move will be introduced, the *bisection*, which changes the coloration but not the represented manifold. The problem whether, by adding bisection, it is possible to extend Casali's result, is currently under investigation.

The proof of Proposition 3, case $h = 1$, shows the effect of the cancellation of a non-proper 1-dipole. More precisely, we have the following result:

Proposition 5 *Given a 4-colored graph Γ , let t be a non-proper 1-dipole involving color c . If Γ' is the graph obtained from Γ by cancelling t , then $M_{\Gamma'}$ is the manifold obtained from M_{Γ} by removing a tunnel along t connecting the boundary components of M_{Γ} which correspond to the \hat{c} -residues involved in the dipole cancellation.*

4 Connected sums

Suppose that Γ' and Γ'' are two 4-colored graphs and let $v' \in V(\Gamma')$ and $v'' \in V(\Gamma'')$. We can construct a new 4-colored graph Γ , called the *connected sum* of Γ' and Γ'' along v' and v'' , and

denoted by $\Gamma = \Gamma'_{v'} \#_{v''} \Gamma''$, by removing the vertices v' and v'' and by welding the resulting hanging edges with the same color.

Obviously, the connected sum of two 4-colored graphs depends on the choice of the cancelled vertices. But when both vertices are internal or they are boundary vertices of the same order with respect to the same colors (the latter condition always holds, up to color permutation in one of the two graphs), then the connected sum of the graphs is strictly connected with the connected sum of the represented manifolds.

Proposition 6 *Let Γ', Γ'' be 4-colored graphs and $v' \in V(\Gamma'), v'' \in V(\Gamma'')$.*

- (i) *if v' and v'' are both internal vertices, then $M_{\Gamma'_{v'} \#_{v''} \Gamma''} = M_{\Gamma'} \# M_{\Gamma''}$;*
- (ii) *if v' and v'' are both boundary vertices of order one each belonging to a singular \hat{c} -residue, then $M_{\Gamma'_{v'} \#_{v''} \Gamma''} = M_{\Gamma'} \#_{\partial} M_{\Gamma''}$, where the boundary connected sum of the manifolds is performed along the boundaries corresponding to the singular residues.*

Proof. (i) Since V' and V'' are internal vertices we can perform the connected sum between $M_{\Gamma'}$ and $M_{\Gamma''}$ by erasing two balls $B' \subset M_{\Gamma'}$ and $B'' \subset M_{\Gamma''}$ containing only the vertices v' and v'' respectively and such that $L' = \partial B' \cap P_{\Gamma'}$ and $L'' = \partial B'' \cap P_{\Gamma''}$ are both homeomorphic to the 1-skeleton of a tetrahedron, where each edge belongs to a certain bicolored residue containing either v' or v'' . By gluing the two spheres $\partial B'$ and $\partial B''$ in such a way that L' is glued with L'' coherently with the above 2-residues, we obtain a 4-colored graph $\Gamma = \Gamma'_{v'} \#_{v''} \Gamma''$ embedded in $M_{\Gamma'} \# M_{\Gamma''}$, and representing it in accordance with the main construction.

(ii) With regard to the case of boundary connected sum, if the singular \hat{c} -residue containing v' (resp. v'') is the surface S' (resp. S''), then we can retract $S' \times I \subset M_{\Gamma'}$ to S' (resp. $S'' \times I \subset M_{\Gamma''}$ to S'') obtaining a new 3-manifold M' homeomorphic to $M_{\Gamma'}$ (resp. M'' homeomorphic to $M_{\Gamma''}$) such that $v' \in \partial M'$ (resp. $v'' \in \partial M''$). Now we can perform the boundary connected sum between M' and M'' by erasing two balls $B' \subset M'$ and $B'' \subset M''$ containing only the vertices v' and v'' respectively and such that $L' = \overline{\partial B' \cap \text{int}(M')} \cap P_{\Gamma'}$ (resp. $L'' = \overline{\partial B'' \cap \text{int}(M'')} \cap P_{\Gamma''}$) is homeomorphic to the 1-skeleton of a tetrahedron, with three edges belonging to $\partial M'$ (resp. $\partial M''$) and corresponding to a $\{i, c\}$ -residue, $i \in \hat{c}$, containing v' (resp. v''), and the other three edges not containing v' (resp. v'') and corresponding to the other $\{i, j\}$ -residues, $j \in \hat{c}$. By gluing the two emispheres $E' = \overline{\partial B' \cap \text{int}(M')}$ and $E'' = \overline{\partial B'' \cap \text{int}(M'')}$ in such a way that L' is glued with L'' coherently with the above 2-residues, we obtain a 4-colored graph $\Gamma = \Gamma'_{v'} \#_{v''} \Gamma''$ embedded in $M = M' \#_{\partial} M''$. By gluing $S \times I$ to the \hat{c} -residue $S = S' \# S''$ we obtain the manifold M_{Γ} which is obviously homeomorphic to M . ■

When the order of the boundary vertices involved in the connected sum is greater than one, more complicated topological facts occur. If M', M'' are two manifolds with at least two boundary components $B'_1, B'_2 \subset M'$ and $B''_1, B''_2 \subset M''$, we define the *double boundary connected sum* of M' and M'' as the manifold $M = M' \#_{\partial\partial} M''$ obtained by removing a tunnel from M' and M'' connecting B'_1 with B'_2 and B''_1 with B''_2 respectively, and adding a "holed" 1-handle $\mathbf{S}^1 \times I \times I$, in such a way that $\mathbf{S}^1 \times I \times \{0\}$ is attached to B'_1 and $\mathbf{S}^1 \times I \times \{1\}$ is attached to B''_1 as in Figure 3. An example of such operation is the double boundary connected sum of $S_{g'} \times I$ with $S_{g''} \times I$, performed by choosing $\{P'\} \times I$ and $\{P''\} \times I$ respectively as tunnels, for any $P' \in S_{g'}$ and $P'' \in S_{g''}$. It is easy to see that, if both $S_{g'}$ and $S_{g''}$ are orientable, the sum is homeomorphic to $S_{g'+g''} \times I$.

Of course, the double boundary connected sum in general depends on the choice of tunnels, but in the next proposition tunnels are trivial, and the sum is uniquely defined, up to homeomorphism.

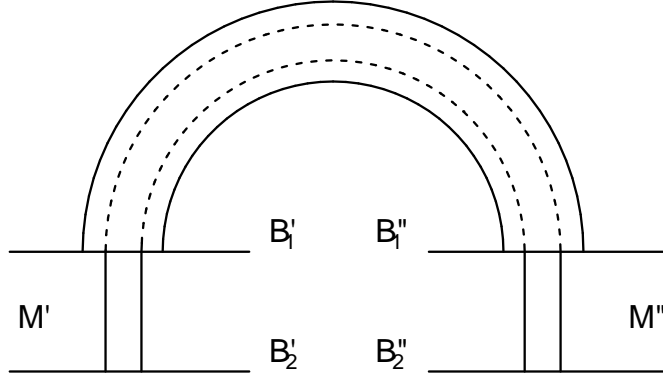


Figure 3: Double boundary connected sum

Proposition 7 *Let Γ', Γ'' be 4-colored graphs and $v' \in V(\Gamma'), v'' \in V(\Gamma'')$. If v' and v'' are both boundary vertices of order two such that they belong to a singular \hat{c} -residue and to a singular \hat{d} -residue, with $c \neq d$, then $M_{\Gamma', \#_{v''} \Gamma''} = M_{\Gamma'} \#_{\partial} M_{\Gamma''}$, where the double boundary connected sum of the manifolds is performed between the boundaries corresponding to the singular residues.*

Proof. Without loss of generality we can suppose $c = 0$ and $d = 1$. Add a 3-dipole to the 0-edge containing v' , as well as to the 0-edge containing v'' , obtaining two new 4-colored graphs called again Γ' and Γ'' . The new vertices $w', u' \in V(\Gamma')$ and $w'', u'' \in V(\Gamma'')$ are boundary vertices of order one. Performing $\Gamma'_{w'} \#_{w''} \Gamma''$ we obtain a graph Γ representing $M = M_{\Gamma'} \#_{\partial} M_{\Gamma''}$, where the boundary connected sum is made by connecting by a 1-handle Y the boundaries corresponding to the $\hat{1}$ -residues containing v' and v'' respectively. After that we remove the 3-dipole containing u' and u'' , obtaining a new graph Γ_1 still representing M . Now the vertices v' and v'' are boundary vertices of order two (with respect to colors 0 and 1), and they are connected by a 0-edge, which is a non-proper 1-dipole, and which is the core of the 1-handle Y . The result is achieved by applying Lemma 5, using as tunnel a regular neighborhood of $Y_1 \cup Y_2$, where $Y_1 = \{v'\} \times I \subset S_1 \times I$, $Y_2 = \{v''\} \times I \subset S_2 \times I$, where S_1 and S_2 are respectively the $\hat{0}$ -residue and $\hat{1}$ -residue containing v' (see Figure 3). ■

Remark 2 *Note that the graph Γ_1 appearing in the proof of the above proposition can be simply obtained directly from Γ' and Γ'' by "switching" the two 0-colored edges containing v' and v'' . More precisely, if we call \bar{v}' (resp. \bar{v}'') the vertex of Γ' (resp. Γ'') 0-adjacent to v' (resp. v''), we join v' with v'' and \bar{v}' with \bar{v}'' by a 0-colored edge. More generally, we can obtain a graph representing the boundary connected sum performed along the boundary components corresponding to two given \hat{c} -residues $X' \subset \Gamma'$ and $X'' \subset \Gamma''$, by switching two d -colored edges e' and e'' belonging to X' and X'' respectively and such that for each $i \notin \{c, d\}$, e' and e'' belong to ordinary \hat{i} -residues.*

5 Basic examples

Any color of a 4-colored graph Γ can be interpreted as a fixed point free involution on $V(\Gamma)$. When Γ is bipartite with vertex bipartition V' and V'' , a color $c \in \Delta$ can also be interpreted as

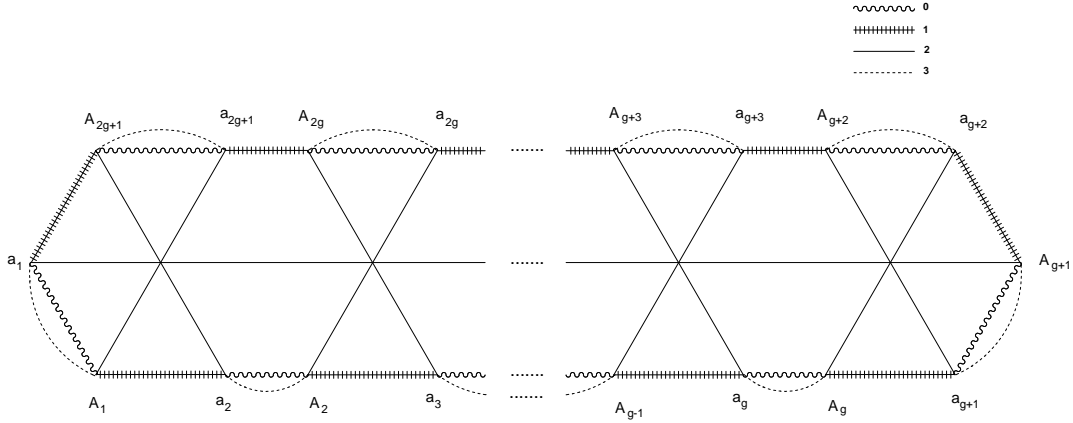


Figure 4: 4-colored graph representing $S_g \times I$, orientable case

a bijection $f_c : V' \rightarrow V''$, and the maps $\varphi_1 = f_1^{-1} \circ f_0$, $\varphi_2 = f_2^{-1} \circ f_0$ and $\varphi_3 = f_3^{-1} \circ f_0$ are permutations of V' which completely determine Γ , up to isomorphism.

5.1 4-colored graphs representing $S_g \times I$

Let S_g be a closed orientable (resp. non-orientable) surface of genus g and let Γ be the 4-colored bipartite (resp. non-bipartite) graph with $p = 2(2g + 1)$ (resp. $p = 2(g + 1)$) vertices obtained from the standard 3-colored graph representing S_g described in [23], by adding 3-edges parallel (i.e. having the same endpoints) to the 0-edges (see Figures 4 and 5).

Note that the singular colors of Γ are 0 and 3, while 1 and 2 are not singular. Moreover, Γ is contracted.

Let us consider the generalized Heegaard diagram for M_Γ associated to Γ and the pair $\{0, 2\}$. The Euler characteristic of the Heegaard surface $S_{0,2}$ can be computed via the cellular decomposition induced by Γ on it. More precisely, we have:

$$\chi(S_{0,2}) = p - 2p + g_{0,1} + g_{1,2} + g_{2,3} + g_{0,3} = -p + 1 + 1 + 1 + \frac{p}{2} = 3 - \frac{p}{2}.$$

Hence, $S_{0,2}$ has genus g and therefore it is homeomorphic to S_g .

The system of curves \mathcal{C}' (resp. \mathcal{C}'') on $S_{0,2}$ consisting of the $\{0, 2\}$ -residues (resp. $\{1, 3\}$ -residues) contains a single curve l (resp. l'), and it is neither proper nor reduced. In fact, l (resp. l') bounds a disk on $S_{0,2}$; therefore it can be removed from \mathcal{C}' (resp. \mathcal{C}'') without changing the related compression body, which is homeomorphic to $S_g \times I$. As a consequence, we obtain a

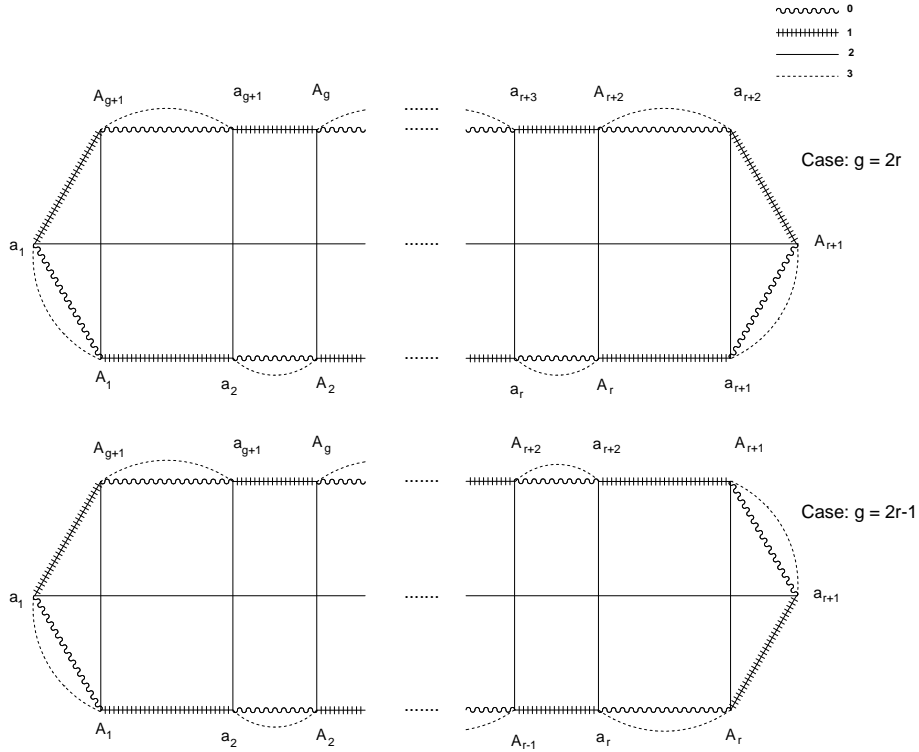


Figure 5: 4-colored graph representing $S_g \times I$, non-orientable case

reduced generalized Heegaard diagram for M_Γ , where both systems of curves on $S_{0,2}$ are empty. Hence Γ represents $S_g \times I$.

Note that the above 4-colored graph for the case $g > 1$ can be also obtained from the one representing $S_1 \times I$ by performing iterated connected sums of this graph with itself, which correspond to double boundary connected sums as described in the previous section.

5.2 4-colored graphs representing handlebodies

A representation of the genus g handlebody H_g can be easily obtained starting from the one of H_1 given in Section 2 and then performing boundary connected sums.

In the orientable case, we start with the solid torus H_1 , which can be represented by the bipartite 4-colored graph Γ_1 depicted in Figure 1: it has 6 vertices a, b, c, A, B, C and its coloring can be described by $f_0(x) = X$, and the three permutations of $\{a, b, c\}$: $\varphi_1 = (abc)$, $\varphi_2 = (acb)$ and $\varphi_3 = (ab)$. All vertices of Γ_1 are boundary vertices of order one, corresponding to a singular $\hat{3}$ -residue, which is a torus.

By performing the connected sum of two copies of Γ_1 along any pair of vertices, we obtain a bipartite graph Γ_2 representing H_2 with 10 vertices $a, b, c, d, e, A, B, C, D, E$ and defined by the permutations $\varphi_1 = (abcde)$, $\varphi_2 = (aedbc)$ and $\varphi_3 = (abc)$ (see Figure 6).

In order to get a 4-colored graph representing H_g , we iterate the boundary connected sum, taking care, for each $i = 2, \dots, g-1$, to perform it with respect to the vertex a of Γ_1 and the “rightmost” vertex of Γ_i . As a consequence we obtain (see Figure 7):

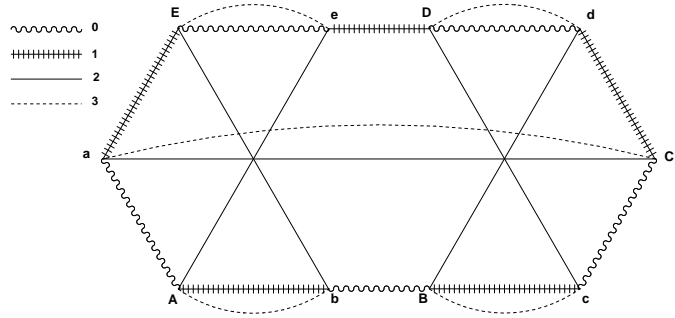


Figure 6: 4-colored graph representing H_2 , orientable case

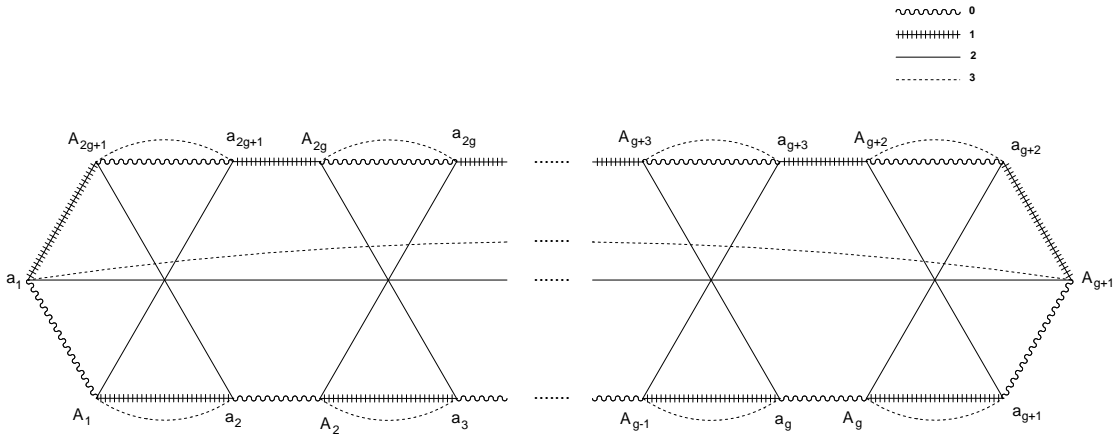


Figure 7: 4-colored graph representing H_g , orientable case

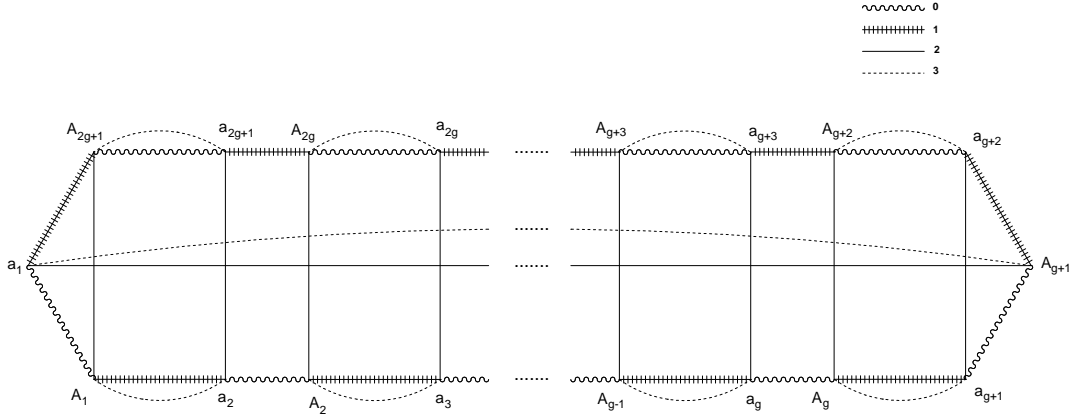


Figure 9: 4-colored graph representing H_g , non-orientable case

from P_Γ by adding to P_Γ 3-balls and pieces which are retractable to P_Γ . Therefore, the computation of $\pi_1(M_\Gamma)$ is a routine algebraic topology exercise: a finite presentation has generators corresponding to edges which are not in a fixed spanning tree of Γ and relators corresponding to all 2-residues of Γ .

In several cases the group can be obtained by selecting a particular class of edges and 2-residues, as follows. Let $c \in \Delta$ be any color, we define the c -group of Γ as the group $\pi(\Gamma, c)$ generated by all c -edges (with a fixed arbitrary orientation) and whose relators correspond to all $\{i, c\}$ -residues, for each $i \in \hat{c}$. Just give an orientation to any involved 2-residue, choose a starting vertex and follow the cycle according to orientation. The relator is obtained by taking the c -edges of the cycle in the order they are reached in the path and with the exponent $+1$ or -1 according to whether the orientation of the edge is coherent or not with the one of the cycle.

In general $\pi(\Gamma, c)$ depends on c , but when c is a non-singular color, the group is strictly connected with the fundamental group of M_Γ (see [29] and [24] for the case of closed manifolds).

Proposition 10 *Let Γ be a 4-colored graph, and c be a non-singular color for Γ . Then $\pi_1(M_\Gamma)$ is a quotient of $\pi(\Gamma, c)$, obtained by adding to the relators a minimal set of c -edges which connect $\Gamma_{\hat{c}}$.*

Proof. The group $\pi_1(M_\Gamma) = \pi_1(P_\Gamma)$ is isomorphic to the fundamental group of the space X obtained by adding to P_Γ only the 3-balls corresponding to the \hat{c} -residues. The space X has the same homotopy type of a 2-complex with 0-cells corresponding to the \hat{c} -residues, 1-cells corresponding to the c -edges of Γ and 2-cells corresponding to the $\{c, i\}$ -residues of Γ , for $i \in \hat{c}$. So the result is straightforward. ■

Corollary 11 *Let Γ be a 4-colored graph, and c be a non-singular color for Γ such that $g_c = 1$, then $\pi_1(M_\Gamma) \cong \pi(\Gamma, c)$.*

7 Generalized regular genus

A cellular embedding of a 4-colored graph Γ into a closed surface S is called *regular* if there exists a cyclic permutation $\varepsilon = (\varepsilon_0 \varepsilon_1 \varepsilon_2 \varepsilon_3)$ of Δ such that any region of the embedding is bounded by a $\{\varepsilon_i, \varepsilon_{i+1}\}$ -residue of Γ , for $i \in \mathbb{Z}_4$.

We recall the following result from [21]:

Proposition 12 *Let Γ be a bipartite (resp. non-bipartite) 4-colored graph. Then:*

(i) *for any cyclic permutation ε of Δ , the graph Γ regularly embeds into a closed orientable (resp. non-orientable) surface S_ε of Euler characteristic*

$$\chi(S_\varepsilon) = \sum_{i \in \mathbb{Z}_4} g_{\varepsilon_i, \varepsilon_{i+1}} - p,$$

where p is the number of vertices of Γ ;

(ii) *up to equivalence there exist exactly three regular embeddings of Γ into closed orientable (resp. non-orientable) surfaces, one for each cyclic permutation of Δ , up to inversion, and there exist no regular embeddings of Γ into non-orientable (resp. orientable) surfaces.*

We denote by $\rho(\Gamma)$ the minimum genus of S_ε among all cyclic permutations ε of Δ .

Definition 1 Given a compact 3-manifold M , the *generalized regular genus* of M is:

$$\overline{\mathcal{G}}(M) = \min \{ \rho(\Gamma) \mid \Gamma \text{ represents } M \}.$$

As observed in Remark 1, any 4-colored graph defines three generalized Heegaard splittings of the represented 3-manifold, which are induced by the choice of two colors of Δ . Since any two colors $i, j \in \Delta$ define (up to inversion) a cyclic permutation of Δ where they are non-consecutive, the following relation between regular embeddings of Γ and generalized Heegaard splittings of M_Γ can be established.

Proposition 13 *Given a 4-colored graph Γ , for each unordered pair $\{\varepsilon, \varepsilon^{-1}\}$, where $\varepsilon = (\varepsilon_0 \varepsilon_1 \varepsilon_2 \varepsilon_3)$ is a cyclic permutation of Δ , there exists a generalized Heegaard splitting $(S_\varepsilon, K'_\varepsilon, K''_\varepsilon)$ of M_Γ , such that Γ regularly embeds into S_ε and K'_ε (resp. K''_ε) is obtained from $S_\varepsilon \times I$ by attaching 2-handles on $S_\varepsilon \times \{0\}$ (resp. on $S_\varepsilon \times \{1\}$) along the $\{\varepsilon_0, \varepsilon_2\}$ -residues (resp. $\{\varepsilon_1, \varepsilon_3\}$ -residues). Moreover, $(S_\varepsilon, K'_\varepsilon, K''_\varepsilon)$ is a Heegaard splitting (i.e. at least one of K'_ε or K''_ε is a handlebody) if and only if there are two non-singular colors which are non-consecutive in ε .*

As a consequence we have:

Corollary 14 *If M is any compact 3-manifold, then $\overline{\mathcal{H}}(M) \leq \overline{\mathcal{G}}(M)$.*

Let us denote by $\mathcal{G}(M)$ the minimum $\rho(\Gamma)$ where Γ is taken among all 4-colored graphs representing M and having at most one singular color. It is proved in [15] and [13] that $\mathcal{G}(M)$ coincides with the *regular genus* of M , as originally defined by Gagliardi³, and that the regular genus equals the Heegaard genus (resp. is twice the Heegaard genus) of an orientable (resp. non-orientable) 3-manifold.

Obviously $\overline{\mathcal{G}}(M) \leq \mathcal{G}(M)$ and there exist 3-manifolds for which the strict inequality holds, as proved in the following proposition.

Proposition 15 *Let S_g be a closed surface of genus g , then*

$$\overline{\mathcal{G}}(S_g \times I) = g < \mathcal{G}(S_g \times I) = 2g.$$

Proof. The regular genus of $S_g \times I$ has been proved to be $2g$ in [3]. In order to prove the first equality, let Γ be the graph described in Section 5.1 as representing $S_g \times I$ (see Figure 4 or 5, according to the orientability of S_g). The genus g Heegaard surface $S_{0,2}$ described in Section 5.1, is precisely the surface S_ε (with $\varepsilon = (0 \ 1 \ 2 \ 3)$) into which Γ regularly embeds. Hence $\overline{\mathcal{G}}(S_g \times I) \leq g$. On the other hand, by Remark 3 below, we have $\overline{\mathcal{G}}(S_g \times I) \geq g$. This completes the proof. ■

However, if M has connected boundary, then it follows easily from the construction in Section 2 that $\overline{\mathcal{G}}(M) = \mathcal{G}(M)$. More generally, we can state:

Proposition 16 *For each compact 3-manifold M , we have*

$$\overline{\mathcal{G}}(M) = \min \{ \rho(\Gamma) \mid \Gamma \text{ represents } M \text{ and has at most two singular colors} \}.$$

The result is a direct consequence of Lemma 17 below. In order to prove it, we first introduce a suitable transformation on 4-colored graphs (see [20]).

Given $a, b \in \Delta$, let X be a \hat{a} -residue, with $V(X) = \{v_1, \dots, v_r\}$, and $b \in \hat{a}$. A *bisection of type (a, b)* on X is a transformation of Γ producing a new 4-colored graph $\bar{\Gamma}$ in the following way (see Figure 10 for a local picture around a vertex of X):

- add to $V(\Gamma)$ a set $\bar{V}(X) = \{\bar{v}_1, \dots, \bar{v}_r\}$ in bijective correspondence with $V(X)$;
- for each $i \in \Delta - \{a, b\}$, add a i -colored edge between two vertices of $\bar{V}(X)$ if and only if the corresponding vertices of $V(X)$ are i -adjacent;
- substitute all b -colored edges of X by a -colored edges with the same endpoints;
- for each $j = 1, \dots, r$, add a b -colored edge between v_j and \bar{v}_j .

Lemma 17 *Let Γ be a 4-colored graph representing a compact 3-manifold M , then there exists a 4-colored graph Γ' representing M , having at most two singular colors and such that $\rho(\Gamma) = \rho(\Gamma')$.*

³Gagliardi's definition of regular genus of a 3-manifold with non-empty boundary was given in [22] through a representation of the manifold by means of 4-colored graphs regular with respect to color 3 (i.e., obtained from a 4-colored graph by deleting some 3-edges). In fact, an analog of Proposition 12 holds for these graphs, by a suitable adaptation of the concept of regular embedding into surfaces with boundary.

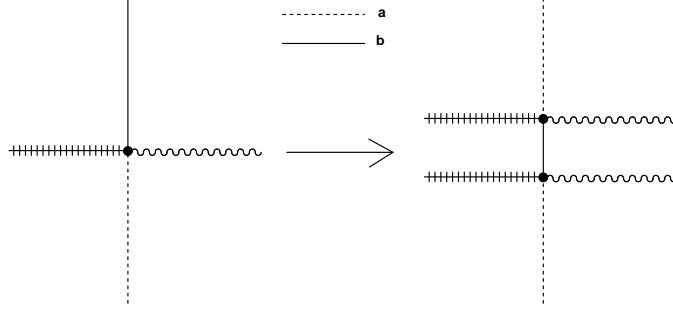


Figure 10: A bisection of type (a, b)

Proof. Suppose that Γ has more than two singular colors, and let ε be a cyclic permutation of Δ such that the surface S_ε where Γ regularly embeds has genus $\rho(\Gamma)$. Let X be a singular \hat{a} -residue of Γ and $\bar{\Gamma}$ the graph obtained by performing a bisection of type (a, b) on X , where $b \in \hat{a}$ is a color which is not consecutive to a in ε . It is easy to see that $\bar{\Gamma}$ has one more singular \hat{b} -residue (which is isomorphic to X) and one less singular \hat{a} -residue than Γ , while the number of singular residues of the other two colors does not change. An easy computation shows that the embedding surface of $\bar{\Gamma}$ with respect to ε has still genus $\rho(\Gamma)$.

On the other hand, if we compare the generalized Heegaard splittings associated to ε of Γ and $\bar{\Gamma}$ respectively, we see that the systems of curves defined by the $\{a, b\}$ -residues are the same, while the system of curves defined by the $\{c, d\}$ -residues in $\bar{\Gamma}$, where $\{c, d\} = \Delta - \{a, b\}$, is obtained by simply doubling the corresponding system for Γ . Hence $\bar{\Gamma}$ still represents M . By performing bisections of type (a, b) on all singular \hat{a} -residues of Γ , we obtain a 4-colored graph Γ'' representing M , having the same genus as Γ and such that color a is not singular. Finally, by performing bisections of type (c, d) on all singular \hat{c} -residues of Γ'' , the required 4-colored graph Γ' is obtained. ■

Remark 3 Given a compact 3-manifold M with h boundary components B_1, \dots, B_h , let g_i be the genus of B_i if it is orientable and half of its genus otherwise. It is known from [22] that $\mathcal{G}(M) \geq \sum_{i=1}^h g_i$ (resp. $\mathcal{G}(M) \geq 2 \cdot \sum_{i=1}^h g_i$) if M is orientable (resp. non-orientable). Example 5.1 shows that this inequality does not hold for the generalized regular genus. However, by Proposition 13, we can state

$$\bar{\mathcal{G}}(M) \geq \min\{\max\{\sum_{i \in I'} g_i, \sum_{j \in I''} g_j\} \mid I', I'' \subseteq \{1, \dots, h\}, I' \cup I'' = \{1, \dots, h\}, \\ I' \cap I'' = \emptyset\}$$

(resp.

$$\bar{\mathcal{G}}(M) \geq 2 \cdot \min\{\max\{\sum_{i \in I'} g_i, \sum_{j \in I''} g_j\} \mid I', I'' \subseteq \{1, \dots, h\}, I' \cup I'' = \{1, \dots, h\}, \\ I' \cap I'' = \emptyset\}).$$

8 Complexity

The (*Matveev*) *complexity* $c(M)$ of a compact 3-manifold M was defined in [31] as the minimal number of true vertices of an almost simple spine of M . In this section we will define a concept of complexity starting from generalized Heegaard splittings/diagrams of compact 3-manifolds, which will turn out to be an upper bound for the value of Matveev complexity.

Let us consider a non-reduced system of curves \mathcal{C} on a surface S_g , and let $G(\mathcal{C})$ be the graph which is dual to the one determined by \mathcal{C} on S_g (i.e., the vertex-set of $G(\mathcal{C})$ is in one-to-one correspondence with $V(\mathcal{C})$ and the edges correspond to curves of \mathcal{C}). Denote by $V^+(\mathcal{C})$ the set of vertices of $G(\mathcal{C})$ corresponding to the components with positive genus. Now let T be a subgraph of $G(\mathcal{C})$ satisfying the following conditions:

- (i) T contains all vertices of $G(\mathcal{C})$,
- (ii) if $V^+(\mathcal{C}) = \emptyset$ then T is a tree of $G(\mathcal{C})$,
- (iii) if $V^+(\mathcal{C}) \neq \emptyset$ then each connected component of T is a tree containing exactly one vertex of $V^+(\mathcal{C})$;

and let $\mathcal{A}(\mathcal{C})$ be the set of all such subgraphs of $G(\mathcal{C})$. Observe that any choice of an element $T \in \mathcal{A}(\mathcal{C})$ yields a reduced system on S_g obtained by removing from \mathcal{C} the curves corresponding to the edges of T (i.e., removing complementary 2- and 3-handles from the complex).

Let $\mathcal{D} = (S_g, \mathcal{C}', \mathcal{C}'')$ be a generalized Heegaard diagram of a compact 3-manifold M without spherical boundary components. If at least one of the two systems of curves is non-reduced, we can associate to \mathcal{D} several reduced diagrams, still representing M , obtained by reducing both systems of curves. For a reduced generalized diagram $\tilde{\mathcal{D}} = (S_g, \tilde{\mathcal{C}}', \tilde{\mathcal{C}}'')$, we call *singular vertices* of $\tilde{\mathcal{D}}$ the points of $\tilde{\mathcal{C}}' \cap \tilde{\mathcal{C}}''$ and denote their number by $n(\tilde{\mathcal{D}})$. Moreover, we call a *region* of $\tilde{\mathcal{D}}$ any connected component \mathcal{R} of $S_g - (\tilde{\mathcal{C}}' \cup \tilde{\mathcal{C}}'')$ and denote by $n(\mathcal{R})$ the number of singular vertices belonging to its boundary.

The *modified Heegaard complexity* $\tilde{c}(\tilde{\mathcal{D}})$ of $\tilde{\mathcal{D}}$ is:

$$\tilde{c}(\tilde{\mathcal{D}}) = \begin{cases} n(\tilde{\mathcal{D}}) - \max\{n(\mathcal{R}) \mid \mathcal{R} \text{ is a region of } \tilde{\mathcal{D}}\} & \text{if either } \tilde{\mathcal{C}}' \text{ or } \tilde{\mathcal{C}}'' \text{ is proper} \\ n(\tilde{\mathcal{D}}) & \text{otherwise} \end{cases}.$$

Then we define the *modified Heegaard complexity* of a compact 3-manifold M as:

$$\tilde{c}(M) = \min \{ \tilde{c}(\tilde{\mathcal{D}}) \mid \tilde{\mathcal{D}} \text{ is a generalized reduced Heegaard diagram of } M \}.$$

In [12] modified Heegaard complexity was originally defined by means of (non-generalized) Heegaard splittings and in that setting it was proved to be an upper bound for the value of Matveev complexity.

We can now generalize that result.

Proposition 18 *For each compact 3-manifold without spherical boundary components M , we have*

$$\tilde{c}(M) \leq c(M).$$

Proof. Let $\tilde{\mathcal{D}} = (S_g, \tilde{\mathcal{C}}', \tilde{\mathcal{C}}'')$ be a reduced generalized Heegaard diagram for M such that $\tilde{c}(\tilde{\mathcal{D}}) = \tilde{c}(M)$. If $\tilde{\mathcal{D}}$ is a Heegaard diagram, i.e. one of the two systems of curves is proper, the statement was already proved in [12, Proposition 2.3]. Suppose that neither $\tilde{\mathcal{C}}'$ nor $\tilde{\mathcal{C}}''$ are proper. Let P be the 2-complex obtained by attaching to S_g the 2-cells which are the cores of the 2-handles corresponding to $\tilde{\mathcal{C}}'$ and $\tilde{\mathcal{C}}''$. Then $M - P$ collapses to ∂M , i.e. P is a spine of M . Moreover, P is special and its true vertices are exactly the singular vertices of $\tilde{\mathcal{D}}$. Hence, $\tilde{c}(\tilde{\mathcal{D}}) \leq c(M)$. ■

We recall that any 4-colored graph Γ representing a compact 3-manifold defines three generalized (non-reduced) Heegaard diagrams. Therefore, by reducing the diagrams as described above, we can compute their modified Heegaard complexity and thus get upper bounds for Matveev complexity of the represented manifold.

Observe that, for any closed 3-manifold M , the complexity $\tilde{c}(M)$ is always realized by a Heegaard diagram associated to a 4-colored graph representing M , as proved in [10] (see also [6] and [8]).

9 Computational results

The combinatorial nature of colored graphs makes them particularly suitable for computer manipulation. In particular, it is possible to generate catalogues of 4-colored graphs for increasing number of vertices, in order to analyze the represented compact 3-manifolds. In this context, we can obtain interesting manifolds even with a low number of vertices.

By the results of Section 3, without loss of generality we can restrict the catalogues to contracted graphs with no 2-dipoles. Therefore, given a positive integer p , the catalogue of contracted 4-colored graphs with $2p$ vertices and no 2-dipoles is generated algorithmically in the following way. First of all the set $\mathcal{S}^{(2p)}$ of all (possibly disconnected) 3-colored graphs Γ with $2p$ vertices, such that either Γ is connected or each connected component of Γ represents a surface of positive genus is constructed. After that, the 3-edges are added to each graph of $\mathcal{S}^{(2p)}$ in all possible ways which give rise to a contract 4-colored graph without 2-dipoles. Moreover, since the Euler characteristic of the represented manifold can be easily computed directly through the graph, we can drop closed manifolds, since they have been already catalogued (see [2], [7] and also [1]).

A 4-colored graph Γ is called m -bipartite if all r -residues are bipartite, for any $r \leq m \leq 4$, and there exists a non-bipartite $(m + 1)$ -residue when $m < 4$. Obviously any Γ is at least 2-bipartite. Note that, by construction and by Proposition 2, Γ is 4-bipartite (resp. 3-bipartite) if and only if M_Γ is orientable (resp. non-orientable with orientable boundary). The *code* of a m -bipartite 4-colored graph Γ with $2p$ vertices is a “string” of length $(7 - m)p$ which completely describes both combinatorial structure and coloration of Γ (see also [11]). The importance of the code as a tool for representing 4-colored graphs relies on the following result:

Proposition 19 ([11]) *Two 4-colored graphs are color-isomorphic if and only if they have the same code.*

As a consequence, by representing each colored graph by its code, we can produce catalogues containing only graphs which are pairwise not color-isomorphic.

The following table shows the output data, up to 12 vertices, of a C++ program implementing the generating algorithm.

Table 1: Catalogues up to 12 vertices.

$2p$	2	4	6	8	10	12
$C^{(2p)}$	0	0	2	4	57	902
$\tilde{C}^{(2p)}$	0	1	6	90	3967	395877
$C_t^{(2p)}/C_c^{(2p)}$	0/0	0/0	1/1	0/0	0/5	26/28
$\tilde{C}_t^{(2p)}/\tilde{C}_c^{(2p)}$	0/0	0/0	0/1	0/0	0/10	24/73

$C^{(2p)}$ (resp. $\tilde{C}^{(2p)}$) denotes the catalogue of bipartite (resp. 2-bipartite) contracted 4-colored graphs with $2p$ vertices and no 2-dipoles.

$C_c^{(2p)}$ (resp. $\tilde{C}_c^{(2p)}$) denotes the subset of $C^{(2p)}$ (resp. $\tilde{C}^{(2p)}$) consisting of the graphs with connected boundary and $C_t^{(2p)}$ (resp. $\tilde{C}_t^{(2p)}$) denotes the subset of $C_c^{(2p)}$ (resp. $\tilde{C}_c^{(2p)}$) consisting of those graphs having toric boundary. Each row of the table shows the cardinality of the corresponding set.

With regard to the classification of the manifolds represented by the above graphs, we state some results concerning cases with few number of vertices.

Proposition 20 *There exist exactly seven non-closed compact non-orientable 3-manifolds without spherical boundary components, which can be represented by a 4-colored graph of order ≤ 6 .*

Proof. The unique element of $\tilde{C}^{(4)}$ is the graph already described in Section 5 representing $\mathbf{RP}^2 \times I$. The six elements of $\tilde{C}^{(6)}$ have all distinct boundaries, which are also different from $\mathbf{RP}^2 \cup \mathbf{RP}^2 \cong \partial(\mathbf{RP}^2 \times I)$.

More precisely, one of the graphs in $\tilde{C}^{(6)}$ represents the genus one non-orientable handlebody (see Section 5.2) and the other five have the following boundaries:

- four Klein bottles;
- two Klein bottles;
- one Klein bottle and two projective planes;
- one torus, one Klein bottle and two projective planes;
- four projective planes.

■

Proposition 21 *There exist exactly five non-closed compact orientable 3-manifolds without spherical boundary components, which can be represented by a 4-colored graph of order ≤ 8 .*

Proof. The two elements of $C^{(6)}$ are the graphs already described in Section 5 representing $\mathbf{S}^1 \times \mathbf{S}^1 \times I$ and the genus one orientable handlebody H_1 respectively.

We list below the four elements of $C^{(8)}$ by means of their codes. The vertex-set is $\{a, b, c, d, A, B, C, D\}$ and the coloration is defined by $f_0(x) = X$ and $f_i(x) = Y$ ($0 < i \leq 3$), where x is the j -th letter of the alphabet and Y is the $(4(i-1) + j)$ -th letter in the string of the code ($1 \leq j \leq 4$).

$$\begin{aligned}\Gamma_1 &: DABCCDABBCDA \\ \Gamma_2 &: DABCDCABCADB \\ \Gamma_3 &: DABCDCABCBD A \\ \Gamma_4 &: DABCDCABCDBA\end{aligned}$$

The graphs Γ_1 and Γ_3 (resp. Γ_2 and Γ_4) have both boundary consisting of four (resp. three) tori.

The fundamental groups of M_{Γ_1} and M_{Γ_3} admit the following presentations:

$$\begin{aligned}\pi_1(M_{\Gamma_1}) &= \langle x_1, x_2, x_3, x_4 \mid x_1x_2x_1^{-1}x_2^{-1}, x_3x_4x_3^{-1}x_4^{-1}, x_3x_2x_4x_1x_3^{-1}x_2^{-1}x_4^{-1}x_1^{-1} \rangle, \\ \pi_1(M_{\Gamma_3}) &= \langle x_1, x_2, x_3, x_4 \mid x_1x_2x_1^{-1}x_2^{-1}, x_3x_4x_3^{-1}x_4^{-1}, x_2x_4x_2^{-1}x_4^{-1} \rangle.\end{aligned}$$

Since the two groups have different number of subgroups with index ≤ 6 , as checked by GAP program [35], the manifolds represented by Γ_1 and Γ_3 are distinct.

With regard to the manifolds represented by Γ_2 and Γ_4 (see Figure 11), by choosing color 0, which is the only non-singular color of these graphs, it is easy to see that both fundamental groups admit the presentation

$$\langle x, y, z \mid xz = zx, yz = zy \rangle,$$

and hence they are isomorphic to $(\mathbb{Z} * \mathbb{Z}) \times \mathbb{Z}$.

Since the above group is not a free product, the manifolds M_{Γ_2} and M_{Γ_4} are irreducible. A compact, orientable, irreducible 3-manifold with toroidal boundary whose fundamental group is a (non-trivial) direct product is homeomorphic to a trivial bundle over \mathbf{S}^1 , where the fiber is a compact surface (see [16], [26] and also [25]). Therefore, in our case, we have $M_{\Gamma_2} \cong M_{\Gamma_4} \cong \mathbf{S}^1 \times F$, where F is \mathbf{S}^2 with the interior of three disjoint disks deleted. ■

As it is clear from Table 1, the number of generated graphs quickly increases with the number of vertices and becomes very large even in the initial segment of the catalogues. However, Table 1 also shows that numbers are much smaller in the case of connected boundary, especially if it is toric.

Therefore, as further development, we have restricted our attention to the study of orientable manifolds with (possibly disconnected) toric boundary. In a forthcoming paper ([14]), we have completed the classification of the manifolds involved in Proposition 21: all of them turn out to be complement of knots or links in \mathbf{S}^3 . In particular, the two elements of $C^{(6)}$ represent the complements of the Hopf link and the trivial knot, while the manifolds $M_{\Gamma_1}, M_{\Gamma_2}, M_{\Gamma_3}$ of the above proposition are complements of the links L8n7, L6n1 and L8n8 respectively (notations are according to Thistlethwaite Link Table).

Acknowledgement. Work performed under the auspices of the G.N.S.A.G.A. of I.N.d.A.M. (Italy) and financially supported by M.I.U.R. of Italy, University of Modena and Reggio Emilia and University of Bologna, funds for selected research topics.

We would like to thank the referee for his helpful comments and suggestions.

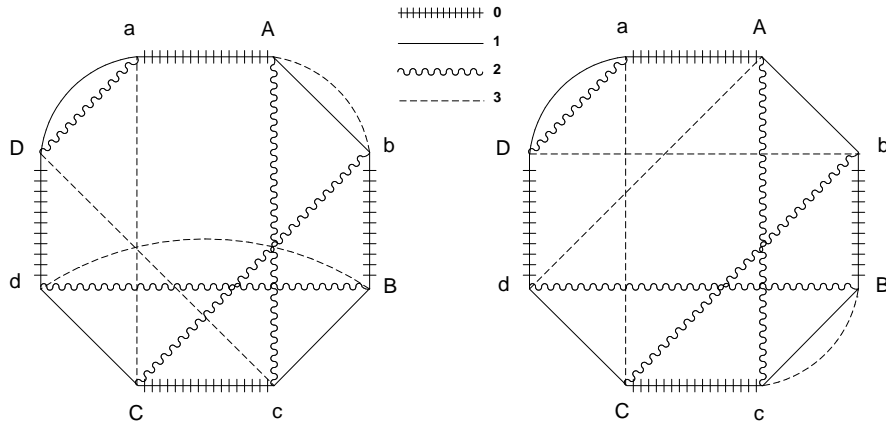


Figure 11: Two non-isomorphic graphs representing the product of \mathbf{S}^1 with the 3-punctured sphere

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