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Atmospheric plasma assisted PLA/microfibrillated cellulose (MFC) multilayer biocomposite for sustainable barrier application

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1 Atmospheric plasma assisted PLA/Microfibrillated cellulose (MFC) multilayer

2 biocomposite for sustainable barrier application

3	Çağlar Meriçer, ¹ Matteo Minelli, ^{1,2} Maria G. De Angelis, ^{1,2} Marco Giacinti Baschetti, ^{*1,2}				
4	Augusto Stancampiano ² , Romolo Laurita, ^{2,3} Matteo Gherardi, ^{2,3} Vittorio Colombo, ^{2,3} Jon Trifol, ⁴				
5	Peter Szabo, ⁴ Tom Lindström ⁵				
6					
7	¹ DICAM – Dipartimento di Ingegneria Civile, Chimica, Ambientale e dei Materiali, Alma Mater				
8	Studiorum –University of Bologna, Italy				
9	² CIRI-MAM – Centro Interdipartimentale per la Ricerca Industriale, Meccanica Avanzata e				
10	Materiali, Alma Mater Studiorum –University of Bologna, Italy				
11	³ DIN – Dipartimento di Ingegneria Industriale, Alma Mater Studiorum –University of Bologna				
12	⁴ Danish Polymer Centre, Department of Chemical and Biochemical Engineering, Technical				
13	University of Denmark, Denmark				
14	⁵ Innventia AB, Stockholm, Sweden				
15					
16					
17	Corresponding author				
18	Marco Giacinti Baschetti				
19	Tel. +39 51 2090408				
20	Fax. +39 51 6347788				
21	e-mail: marco.giacinti@unibo.it				
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23	Highlights:				
24	• MFC/PLA bilayer films are fabricated as biorenewable barrier solution for packaging.				
25	• Atmospheric plasma activation guarantees the effectiveness of coating process.				

• MFC coatings improve significantly the mechanical and barrier performances of PLA.

27 ABSTRACT

28 Fully bio-based and biodegradable materials, such as polylactic acid (PLA) and microfibrillated 29 cellulose (MFC), are considered in order to produce a completely renewable packaging solution 30 for oxygen barrier applications, even at medium-high relative humidity (R.H.). Thin layers of 31 MFC were coated on different PLA substrates by activating film surface with an atmospheric 32 plasma treatment, leading to the fabrication of robust and transparent multilayer composite films, 33 which were then characterized by different experimental techniques. UV transmission 34 measurements confirmed the transparency of multilayer films (60% of UV transmission rate), 35 while SEM micrographs showed the presence of a continuous, dense and defect free layer of 36 MFC on PLA surface. Concerning the mechanical behavior of the samples, tensile tests revealed 37 that the multilayer films significantly improved the stress at break value of neat PLA. Moreover, 38 the oxygen barrier properties of the multilayer films were improved more than one order of 39 magnitude compared to neat PLA film at 35°C and 0% R.H. and the permeability values are 40 maintained up to 60% R.H.. The obtained materials therefore showed interesting properties for 41 their possible use in barrier packaging applications as fully biodegradable solution, coupling two 42 primarily incompatible matrices in a multilayer film with no need of any solvent or chemical.

43

44 Keywords:

45 Nanocellulose, polylactic acid, atmospheric plasma, multilayer film, barrier properties

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48

49 **1. INTRODUCTION**

50 Plastics derived from fossil fuels have been the commodity materials in the packaging industry 51 during last few decades and this trend has been increasing steadily mainly due to their feasibility 52 in terms of cost and manufacturing processes. (Plastics Europe, 2015) On the other hand, limited 53 recycling rates and waste-disposal problems associated with traditional plastic materials led to serious environmental issues. (Mohanty et al., 2002). The latest data show that the packaging 54 industry accounts for nearly 40% of plastics usage in the world (Plastics Europe, 2015). Hence, 55 56 due to increasing environmental concerns and end-of-life cycles of commodity packaging 57 materials, over the last decade the research in developing eco-friendly and biodegradable 58 polymer solutions has reached its peak in packaging and other sectors. (Petersen et al., 1999; van 59 Tuil et al., 2000; Siracusa et al., 2008)

Bio-based materials can be divided into three main groups, according to the classification based on their source: polymers derived directly from natural materials (starch, cellulose, chitosan), synthesized from bio-derived monomers (polylactide - PLA, bio-polyethylene - PE etc.) and produced by living organisms such as microorganisms or bacteria (poly hydroxyl alkanoates - PHAs, bacterial cellulose) (Tharanathan, 2003; Klemm et al., 2006; Siró and Plackett, 2010; Vieira et al., 2011; Johansson et al., 2012).

Among the different biomaterials, polylactide or polylactic acid (PLA) is a biodegradable bioplastic produced by the polymerization reaction of a naturally derived monomer (lactic acid), obtained from dextrose. Being renewable and biodegradable, it decomposes in the environment into carbon dioxide and water in the appropriate conditions, PLA is a suitable candidate for the replacement of petroleum based products (Jamshidian et al., 2010), and currently offers a strong alternative in the packaging industry, also due to its easy processability through conventional 72 methods such as melt processing (Drumright et al., 2000; Nakagaito et al., 2009). For these 73 reasons, PLA has been already applied in the industry for certain food products or goods, and is 74 currently widely investigated aiming at the improvement of some key properties such as 75 physical, mechanical and gas barrier properties in order to better compete with oil derived 76 plastics (Auras et al., 2003, 2006; de Azeredo, 2009; Drieskens et al., 2009; Svagan et al., 2012; 77 Guinault et al., 2012; Delpouve et al., 2012; Bai et al., 2014). In particular, the gas barrier ability 78 still needs to be enhanced in order to use PLA in barrier packaging applications, e.g. for sensitive 79 foods (Auras et al., 2006; de Azeredo, 2009; Drieskens et al., 2009). In this concern, several 80 studies investigated the gas permeability of PLA-based materials, with particular attention to 81 nanocomposites, prepared following different approaches such as melt extrusion, in situ 82 polymerization, and solvent casting, to mix the polymer with impermeable layered silicate clays 83 (Chang et al., 2003; Chowdhury, 2008; Picard et al., 2011; Svagan et al., 2012). However, due 84 to difficult exfoliation and orientation of nanoclays, the reduction in oxygen permeability is 85 somewhat limited around 60% (Chang et al., 2003; Chowdhury, 2008).

86 Recently, the development of nanometric sized cellulosic materials, known as 87 microfibrillated cellulose (MFC or NFC) (Herrick et al., 1983; Turbak et al., 1983; Klemm et al., 88 2006; Siró and Plackett, 2010) and nanowhiskers or nanocrystals, (Samir et al., 2005; Eichhorn, 89 2011) produced respectively by delamination of the fibers in a high pressure homogenization 90 process, and by acid hydrolysis to eliminate the amorphous regions of the fibrils, opened up new 91 possibilities for barrier packaging applications primarily due to the remarkable mechanical and 92 barrier properties of these new materials (Berglund, 2005; Samir et al., 2005; Fukuzumi et al., 93 2009; Henriksson et al., 2008; Syverud and Stenius, 2009; Sanchez-Garcia and Lagaron, 2010; 94 Lavoine et al., 2012; Belbekhouche et al., 2011).

95 Strong and stiff films of nanocellulose can be produced from highly diluted dispersion in 96 water by different methods (Yano, and Nakahara, 2004; Syverud and Stenius, 2009; Minelli et 97 al., 2010; Österberg et al., 2013), and MFC can also be used as reinforcement for 98 nanocomposites to improve the mechanical properties due to high aspect ratio of the microfibrils 99 (Zimmermann et al., 2004; Leitner et al., 2007; Svagan et al., 2007; Iwatake et al., 2008). 100 Moreover, cellulosic materials can be easily functionalized thanks to the high number of hydroxyl groups on the surface of microfibrils which create sites for chemical modifications 101 102 suitable to various applications (Andresen et al. 2007; Lu et al., 2008; Stenstad et al., 2008; 103 Siguera et al., 2009, Lavoine et al., 2014, Habibi, 2014).

104 MFC is a strong candidate for the fabrication of nanocomposites and coating formulations 105 for barrier packaging applications in view of its high crystalline content and the ability to form 106 dense interfibrillar network with hydrogen bonds, which eventually lead to excellent gas barrier 107 properties (Lavoine et al., 2012; Martínez-Sanz et al., 2013; Bardet et al., 2015, Rodionova et al., 108 2012). The oxygen permeability of 21 µm thick MFC films produced from bleached spruce sulfite pulp at 23 °C and 0% RH was reported as $1.9 \cdot 10^{-18}$ mol m/m² s Pa (Syverud and Stenius, 109 110 2009), comparable with well-known ultra-barrier polymers, e.g. polyvinyl alcohol, PVOH or 111 polyvinylidene chloride, PVdC (Lange and Wyser, 2003). The effect of pretreatments of the 112 cellulose fiber on the final MFC barrier performances has been also investigated, revealing that 113 O₂ permeability in enzymatically pretreated MFC is comparable if not slightly smaller than that in carboxymethylated MFC, being the values measured at 35°C as low as $2.6 \cdot 10^{-19}$ and $6.3 \cdot 10^{-19}$ 114 19 mol m/m² s Pa, for the two materials respectively (Minelli et al. 2010). 115

PLA and MFC are very likely the two most promising bio-based materials for industrial application in the near future, and for this reason they were often combined to form new

118 generation of nanocomposites for different purposes (Iwatake et al., 2008; Suryanegara et al., 119 2009; Mathew et al., 2005, 2006; Oksman et al., 2006; Iwatake et al. 2008). Interestingly, highly 120 loaded nanocomposite films (up to 90 wt.% of MFC) have been obtained from an aqueous 121 suspension of MFC and PLA followed by hot pressing of the dried sheets, leading to a tensile 122 modulus that increases linearly with the MFC content, followed by strength and strain at fracture 123 (Nakagaito et al. 2009). Alternatively, Fukuzumi et al. (2009, 2013) used a different approach 124 and prepared TEMPO oxidized MFC thin coating (0.4 µm) on plasma-treated PLA film, leading 125 to a dramatic reduction of the oxygen transfer rate. Plasma treatment can indeed modify the 126 surface properties of PLA films, such as wettability, surface energy and chemical structure 127 (Vergne et al., 2011; Jordá-Vilaplana et al., 2014; Cools et al., 2015), enabling and the deposition 128 of thin coatings on the polymer surface and the consequent production of multilayer films 129 (Benetto et al., 2015).

Although significant efforts have been devoted to the fabrication of PLA/nanocellulose composite systems by dispersion of fibrils or crystals into the polymer matrix, very few works have focused on their assembly in layered structures, which in turn are clearly more industrially attractive, especially for packaging applications. The main limitation is indeed in the large incompatibility of the two phases, which can be overcame by chemical modification, surface treatments (Fukuzumi et al. 2009), or by means of specific deposition techniques (Aulin et al. 2013).

In the present study, a bilayer system is fabricated by coating a thin layer of MFC onto a plasma activated PLA substrate, obtaining a strong adhesion between two primarily incompatible layers. Mechanical, optical and transport properties of the multilayer films were analyzed with particular attention to the oxygen barrier, which was investigated in both dry and humidconditions, and compared with data for neat PLA and other current polymer commodities..

142

143 **2. Experimental**

- 144 2.1. Materials
- 145 *Microfibrillated cellulose (MFC)*

146 The neat MFC films and the coatings prepared in this work are obtained from aqueous 147 dispersions at about 2% by weight of solid contents, produced at Innventia AB (Stockholm, 148 Sweden). Two different MFC dispersions were used, often labeled as MFC generation 1 (MFC 149 G1) and MFC generation 2 (MFC G2), produced from cellulose pulp after identical mechanical 150 crushing in the high pressure homogenization step following different pretreatment procedures to 151 obtain an easier and energy efficient fibrillation process. In particular, MFC G1 is obtained by an 152 enzymatic pretreatment of the cellulose pulp, as described by Pääkkö et al. (2007), a 153 carboxymethylation process is used to fabricate MFC-G2, according to Wågberg et al. (2008). A 154 brief description of the preparation techniques of the MFC productions is here proposed, while 155 more detailed illustration of the method and the results of their physical and morphological 156 characterization are in the cited publications (Henriksson et al., 2007; Siró et al., 2011);

MFC G1 is produced from commercial bleached sulfite softwood pulp (Domsjö ECO Bright, Domsjö Fabriker AB, Sweden) consisting of 40% pine (Pinus sylvestris) and 60% spruce (Picea abies) with a hemicellulose content of 13.8% and a lignin content of 1%, whereas commercial sulfite softwood dissolving pulp (Domsjö Dissolving Plus, Domsjö Fabriker AB, Sweden), with 4.5% of hemicellulose and 0.6% of lignin content, has been used to obtain the final MFC G2 dispersion. 163 The fabrication of the pure MFC films is carried out by further diluting the dispersions 164 with deionized water in order to prepare a suspension that could be easily poured (1% of solid 165 content for MFC G1, and 0.67 for MFC G2), which is then vigorously stirred for about 3 h and 166 finally cast in glass Petri dishes placed under a clean hood at room temperature, until complete 167 solvent evaporation is attained.

168 Polylactic acid (PLA)

169 Two different types of PLA are used as substrate, in order to explore any possible 170 difference in the plasma activation process and in the final barrier properties; to this aim 171 amorphous (PLA-Am) and semi-crystalline PLA are accounted for.

Amorphous PLA films were produced by solvent casting, dissolving Natureworks (4060D) pellets in dichloromethane 5% wt., vigorously stirring the solution for about 3 h, and finally pouring it into glass Petri dish which was then placed in a clean hood at ambient conditions for 24 h, until the solvent was completely evaporated. The films obtained were then treated under vacuum at 50°C to ensure the complete solvent evaporation.

Semi-crystalline PLA (Polybio 212) was a commercially available product obtained by
extrusion, and kindly provided by Coopbox S.p.A; the film has a thickness of 40 μm, a
crystalline fraction of about 18%, as obtained by DSC measurements.

180

181 2.2. Atmospheric Plasma treatment

PLA films were plasma treated by means of two different Dielectric Barrier Discharge (DBD)
sources, named planar-DBD and DBD-roller; during the treatment, PLA films were positioned in
the interelectrode gap on the grounded electrode of the DBD plasma sources.

185 The DBD-roller, whose details have been previously illustrated, (Boselli et al. 2012), was 186 specifically designed to enable a roll-to-roll continuous treatment of films. The plasma source 187 was operated in air driven by a high voltage generator (FID GmbH – FPG 20–1NMK), and the 188 treatment was performed using peak voltage (PV) of 20 kV and pulse repetition frequency (PRF) 189 of 330 Hz and was operated for 20 s. A planar-DBD source, also described in a previous work 190 (Boselli et al. 2013), was operated in air as well, driven by a high voltage generator (Trek model 191 30/20-H-CE), connected to a function generator (Stanford Research model DS335). The 192 operating parameter of the high voltage generator were set as follows: bipolar square-wave 193 having a PV of 12.7 kV and a PRF of 100 Hz. PLA films were treated for 5 minutes.

No bulky effect is expected to be produced by the plasma process, which is ultimately an almost purely superficial treatment: its penetration is indeed in the order of few hundreds of nanometers, not able to produce significant changes in the overall properties of the PLA film. In this respect, the gas transport properties of PLA films have been demonstrated to be practically unchanged by the plasma treatment (Boselli et al., 2013).

199

200 2.3 multilayer film preparation

PLA/MFC films are prepared by solvent casting of the MFC dispersion on top of a plasma treated PLA film conveniently located in a glassy Petri dish; alternatively adjustable casting knife technique was used on rectangular glass support (BYK-Gardner). Multilayer films are then obtained after the evaporation of water in a clean hood at ambient conditions for 2-3 days. The thicknesses of the films used in the different tests span from 10 to 60 microns (Table 1). They were obtained by controlling the exact amount of solution poured in the petri dish during casting procedure. The resulting thicknesses were then measured with a Mitutoyo micrometer (Mitutoyo Scandinavia AB, Väsby, Sweden) in 10 different spots, resulting deviation, on the single sample,
not exceeding 5 %.

It is noteworthy that the bilayer systems are obtained only after the plasma treatment of the PLA film surface. In absence of any activation, indeed, no adhesion at all could be achieved between coating and substrate.

213

Table 1. Bilayer films characterized in this study with their thicknesses and analyzing methods.

Film	Thickness range (µm)	
PLA	40	
PLA-Am	40-50	
MFC G1	9-32	
MFC G2	10-27	
PLA/MFC G1	40 + 10-17	
PLA/MFC G2	40 + 7-17	

215

216 2.4. Material characterization

217 Scanning electron microscope (SEM)

The materials were characterized by SEM on an FEI Quanta 200 ESEM FEG at 5 kV. SEM images were obtained in order to investigate the arrangement of the different layers in the bilayer structure. Indeed, MFC G1 and MFC G2 coatings on top of PLA substrates were expected to show a dense and continuous layer, as typically observed for self-standing nanocellulose films (Minelli et al. 2010).

223 Tensile tests

Tensile tests were carried out by means of an INSTRON 4301 apparatus (Instron Engineering Corporation, Canton, MA, USA) at a strain rate of 1 mm min⁻¹ for PLA-Am, MFC G2 and PLA/MFC G2 films, in order to inspect the stability of the coating application and to ensure that the adhesion between two layers is retained as well as the mechanical properties are preserved. Wide rectangular shaped specimens with a dimension of 50x10 mm were prepared for testing. The Young modulus was determined from the slope of the linear region of the stressstrain range (approximately between 1% and 6% of strain).

231 Optical properties

UV light transmissions of PLA-Am, MFC G1, MFC G2, PLA/MFC G1 and PLA/MFC G2
films were measured using a UV-Vis spectrometer (Polar Star Omega) in the range of 220 nm –
1000 nm by triplicate.

235 Gas permeation apparatus

236 Gas permeation experiments were carried out in two different apparatuses, namely dry and 237 humid permeation systems, already described in previous studies (Minelli et al. 2008, 2010). 238 Both pieces of equipment exploit a standard barometric technique for the evaluation of the 239 permeate flux from the measure of a pressure increase in a closed downstream compartment, 240 whose volume has been previously calibrated (ASTM Standard D 1434). Humid gas tests were 241 carried out conveniently pre-equilibrating the sample at the desired humidity by exposing both 242 sides of the film to pure water vapor at controlled pressure (corresponding to the target activity). 243 Therefore, when one side of the sample is fed by a humidified O_2 stream at the same RH of the 244 preequilibration step, the water has the same chemical potential in both upstream and 245 downstream compartment and only oxygen permeates through (Minelli et al., 2008; Ansaloni et al., 2014). Thus, at steady state conditions Eq. 1 provides the required expression for 246 247 permeability:

248
$$P = O.T.R. \cdot \delta = \left(\frac{dp}{dt}\right)_{t \to \infty} \cdot \frac{V}{R \cdot T \cdot A} \cdot \frac{\delta}{\Delta p}$$
(1)

being V the downstream volume (23 cm³), A the permeation area (9.6 cm²), δ the sample

thickness, and Δp the pressure difference across the film (about 1 bar), whereas O.T.R. is the

oxygen transmission rate. The uncertainty in the permeation measurement can be estimated

253

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250

251

252

3. Results and discussion

within $\pm 10\%$ of the reported values.

255 PLA/MFC multilayer films obtained after plasma treatment are robust, stable and resistent 256 even after the successive cycles of permeability tests at various relative humidity conditions. 257 Indeed a remarkable adhesion is achieved between the two layers, and the coating cannot be 258 peeled off even after bending or stretching the multilayer samples in atmospheric air; the sample 259 is also able to resist to exposure to saturated water environment before each permeation test in 260 the conditioning step. Interestingly, no aging effect has been observed; the two layers of the 261 MFC/PLA samples, stored in standard room conditions of temperature and relative humidity, are 262 still well attached after in almost one year after their preparation.

The effective adhesion is obtained for MFC types produced both with enzymatic pretreatment (G1) and carboxymethylation pretreatment (G2), and on top of all PLA substrates investigated (semicrystalline or amorphous polylactide). The multilayer films were then tested in order to investigate the structural stability and their performances, and the results are presented in the following sections.

268

269 *3.1. SEM images*

270 SEM micrographs of the cross section of PLA/MFC G1 and PLA/MFC G2 multilayer 271 films are shown in Fig. 1a-d below, with two different magnifications for each sample. A dense 272 and continuous layer of MFC coating is clearly visible in all figures, similarly to the SEM 273 micrographs already reported for self-standing MFC films (Minelli et al. 2010); the apparent 274 thickness obtained from the images is in the range of 3-10 and 4-13 µm for MFC G1 and G2, 275 respectively, thus only slightly lower than the values measured by the digital micrometer. Small 276 defects around the edges of the samples can be attributed to the cutting procedure, performed 277 after freezing the sample in liquid nitrogen, which was required for cross section SEM analysis.

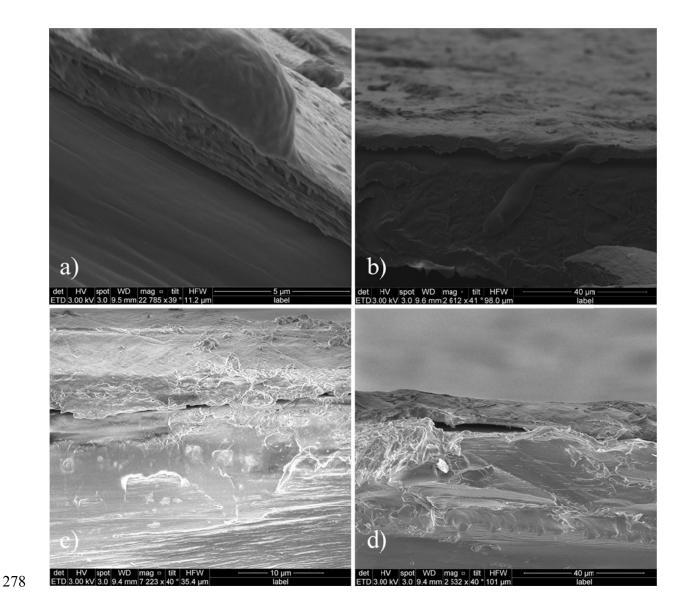
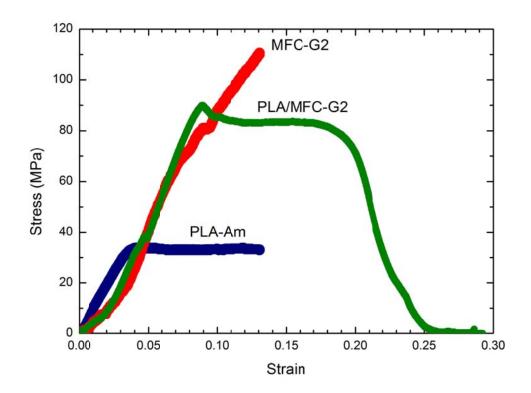


Fig. 1. SEM micrographs of PLA/MFC G1 (a, b) and PLA/MFC G2 films (c, d)

281 *3.2. Mechanical properties*

The tensile tests carried out on PLA-Am, MFC G2 and PLA/MFC G2 multilayer films provided the values of strain at break, stress at break and Young modulus, which are reported in Table 2, while the stress-strain curves are illustrated in Fig. 2. Interestingly, the results show that the MFC coating improved appreciably the Young modulus and stress at break values of neat PLA, reaching the characteristic values of neat MFC, with no failure of the bilayer system. The
values of stress at break and Young's modulus obtained for pure PLA are lower than the usual
literature values, likely in view of some experimental error produced by the absence of an
extensiometer, although the observed behavior is the same reported from other authors(see e.g.
Renouf-Glauser et al., 2005).

291



292

Fig. 2. Stress-strain curves for amorphous PLA-Am, self-standing MFC-G2 film, and PLA/MFC
 G2 bilayer film

295

Table 2. Mechanical properties of the films investigated in this study.

Film	Stress at break (MPa)	Strain at break (%)	Young's modulus (GPa)
PLA-Am	36 ± 4	19 ± 7	0.7 ± 0.2

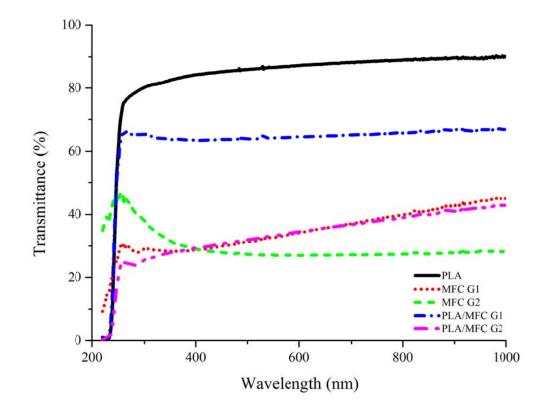
MFC	CG2	94 ± 16	10 ± 3	1.0 ± 0.1
PLA/M	FC G2	86 ± 1	-	1.12 ± 0.01

The results from mechanical tests confirmed the strong adhesion between PLA substrate 298 299 and the dense MFC layer, which was able to prevent any delamination before the ultimate stress 300 of the single MFC layer is reached. The mechanical properties of MFC G2 are comparable with 301 those reported in a previous study (Plackett et al. 2010) for the same material except Young's 302 modulus, which is lower in this study likely due to different casting procedures, which produced 303 different packing of nanofiber networks. The testing procedure and setup, as well as the 304 preparation protocol of MFC films are indeed the main causes of the literature data variability, 305 which affect MFC mechanical properties (Svagan et al., 2007; Henriksson and Berglund, 2007; 306 Henriksson et al., 2008).

307

308 *3.3. Optical properties*

309 Fig. 3 illustrates the UV transmittance spectra of PLA, MFC G1, MFC G2, PLA/MFC G1 310 and PLA/MFC G2 films, revealing that the transmittance at 600 nm (center of visible light 311 spectrum) is about 87, 34, 27, 64 and 34%, respectively. PLA is practically transparent (almost 312 90% of transmittance), while MFC is typically opaque, and its effect on the overall behavior is 313 clearly apparent. As one can see, the difference in the opacity of the two types of MFC (in the 314 self standing films) is definitely not significant, as also reported in a previous work (Plackett et 315 al., 2010). It is noteworthy, however, that PLA/MFC G1 sample showed satisfying transparency 316 of 64% compared to PLA/MFC G2, even though its MFC layer was slightly thicker (about 17 317 μm for MFC G1 coating, and about 10 μm for the MFC G2 one).



319

Fig. 3. UV light transmission of the films investigated in this study

320

321 *3.4. Barrier properties*

322 The dry oxygen permeability of PLA, PLA-Am, MFC G2 and PLA/MFC G2 films was 323 measured in the dry permeation apparatus in temperature range of 25-45 °C, and the results are 324 illustrated in Fig. 4. Results confirm that the increased crystallinity improves the barrier 325 properties of PLA as the amorphous PLA has higher oxygen permeability compared to semi-326 crystalline PLA used in this study (18% cristallinity). Same measurements were carried out for 327 neat MFC G2 and PLA/MFC G2 films in the same temperature range, and the improvement in 328 oxygen barrier with the addition of an MFC G2 coating is more than one order of magnitude 329 compared to what has been found for neat PLA. Moreover, the adhesion between two layers was

still stable as the bilayer film performed well within the temperature range investigated under dryoxygen permeation measurements.

Interestingly, the O₂ permeability in MFC films increases significantly at increasing
 temperature, appreciably more than in pure PLA films, following an Arrhenius relationship:

334
$$P = P_0 \cdot \exp\left(-\frac{E_P}{RT}\right)$$
(2)

This indicates a larger activation energy of the gas transport process for MFC films, and consequently for PLA/MFC multilayer systems. The calculated values of activation energy of permeation are 19.6 and 15.7 kJ/mol for amorphous and semicristalline PLA, respectively, while the value of 41.8 kJ/mol is obtained for MFC self-standing films.

339 The barrier performances of the bilayer film were also evaluated in humid conditions, 340 relevant in the packaging sector, and in view of the very hydrophilic nature of cellulosic 341 materials. As already mentioned, the MFC coatings are firmly attached to the PLA substrates and 342 no delamination is observed even in highly humid environments. Oxygen permeability at various 343 humidity contents was then measured in PLA/MFC G1 and PLA/MFC G2 films, and successive 344 experiments at increasing and decreasing trends of R.H. were carried out in order to investigate if 345 any structural changes are induced in the multilayer materials, which might reduce the barrier 346 ability. Fig. 5 shows the oxygen permeability obtained behavior at 35 °C in PLA/MFC G1 and 347 PLA/MFC G2 films with respect to water activity (R.H.).

348

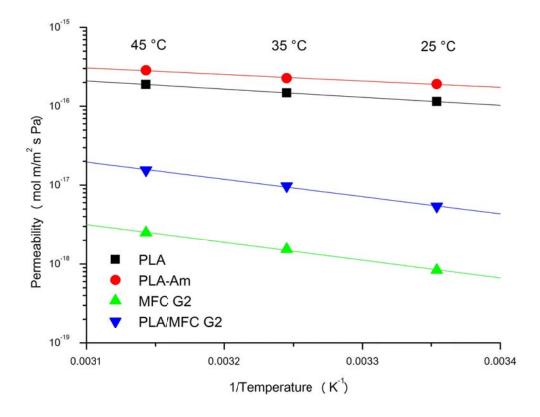


Fig. 4. Oxygen permeability of PLA films (semi-crystalline or amorphous) as well as self standing MFC or PLA/MFC G2 multilayer films at different temperatures (25-45 °C), in dry
 conditions (R.H. = 0).

354 The values reported in the figure represent effective values of permeability of the bilayer 355 materials, as they are obtained dividing the OTR for the total coating thickness. As one can see, 356 the addition of a thin MFC layer produced remarkable enhancement of the barrier effect, which 357 is preserved up to 60% of R.H.. The sharp raise of permeability at higher water activities (for 358 both MFC G1 and MFC G2) is mainly due to the large water sorption in the MFC layer and the 359 consequent swelling, which loosened of the original barrier properties. The ultimate oxygen 360 permeability at 90% R.H. reached the value of pure PLA, indicating that, in such conditions, 361 there is no more barrier effect provided by the MFC coating.

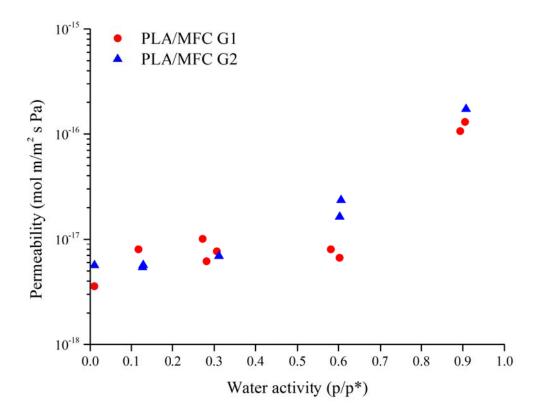




Fig. 5. Humid oxygen permeation for PLA/MFC G1 and PLA/MFC G2 films at 35 °C

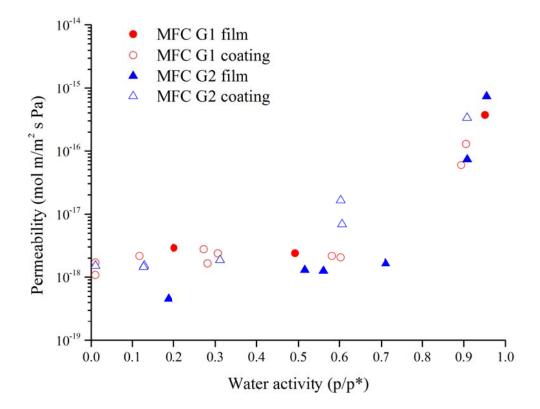
364

365 It is noteworthy that data in Figure 4 has been retrieved in many successive cycles of R.H. 366 increasing and decreasing ramps, and the bilayer films demonstrated to withstand different 367 humidity conditions without showing any aging in terms of barrier properties or loss of adhesion. 368 Based on the OTR data of the bilayer system, and the knowledge of PLA permeability the sole 369 performance of the coating layer of MFC can be evaluated by means of series resistance formula:

370
$$\frac{1}{(OTR)_{ML}} = \frac{1}{(OTR)_{PLA}} + \frac{1}{(OTR)_{MFC}} = \frac{\delta_{PLA}}{P_{PLA}} + \frac{\delta_{MFC}}{P_{MFC}}$$
 (3)

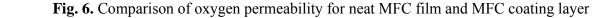
$$371 \qquad P_{MFC} = \delta_{MFC} \left[\frac{1}{(OTR)_{ML}} - \frac{\delta_{PLA}}{P_{PLA}} \right]^{-1} \tag{4}$$

Fig. 6 compares the oxygen permeability of self-standing MFC films measured at 35 °C to those of the coating layer in the bilayer film, as determined by Eq. 3, in order to analyze the coating performances. As one can see, the behavior of MFC coatings is quite similar to that in the selfstanding films and only small differences are visible, indicating that a dense and homogeneous coating layer has been obtained with no apparent defect, in agreement with what already suggested by mechanical tests and SEM images.

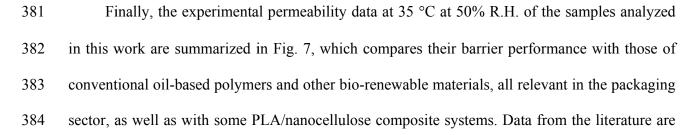




379

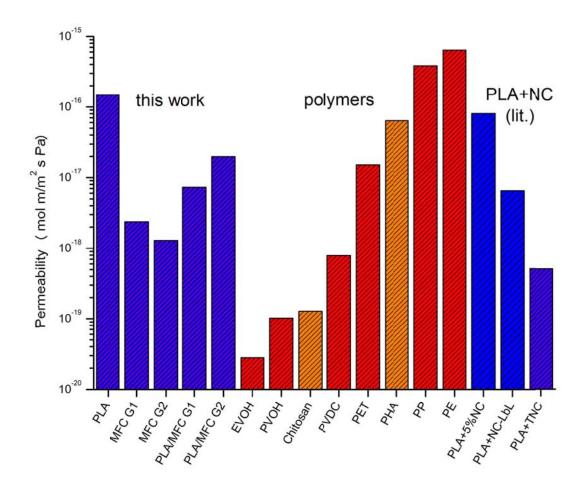


380



obtained at 23 °C and 50% R.H. (Butler et al., 1996; van Tuil et al. 2000; Lange and Wyser,
2003; Aulin et al., 2013; Fortunati et al., 2012; Fukuzumi et al., 2013); however as one can see,
PLA/MFC bilayer films are able to provide, even at higher temperature and in a humid
environment (50% R.H.), a remarkable barrier effect toward oxygen, comparable or better to
most of the conventional and renewable polymer materials.

390



391

Fig. 7. Comparison of the oxygen permeabilities at (50% RH) obtained on the samples prepared
in this work, with those of common polymers. (Butler et al., 1996; van Tuil et al. 2000; Lange
and Wyser, 2003; Aulin et al., 2013; Fortunati et al., 2012; Fukuzumi et al., 2013)

395

396 4. Conclusions

397 In the present study, a fully biodegradable and biorenewable multilayer film has been 398 developed coupling, by means of an environmental friendly method needing no additional 399 chemicals, two primarily incompatible polymeric materials. A MFC coating was indeed 400 deposited onto a plasma activated PLA substrate, aiming at the fabrication of an oxygen barrier 401 and water resistant solution for barrier packaging applications. The atmospheric plasma surface 402 activation of the PLA substrate promoted a strong adhesion between two layers, as observed by 403 SEM micrographs and by mechanical analysis, which revealed an improved behavior of the PLA 404 film in presence of the MFC coating.

The plasma assisted methodology, indeed, offers a sustainable tool for the fabrication of effective and stable barrier coatings on biopolymer substrates, and the presented DBD-roller plasma source has the potential for the scale up and the integration in "in-line" procedures for industrial production of multilayer films.

The oxygen permeability of bilayer films in dry conditions showed a remarkable barrier effect produced by the addition of the MFC coating on PLA substrate. As a decrease of the O.T.R. of about one order of magnitude was indeed observed that interestingly was preserved also in humid environments (up to about 60% RH at least), as revealed by the investigation of the gas permeability at various water activities. The oxygen permeability of present materials then resulted to be much lower than most of the conventional oil-based and novel bio-based barrier solutions at 50% R.H.

The calculation of the coating permeability (from series resistance expression) and its comparison with pure MFC permeability data revealed very similar results for MFC coating or self-standing films, confirming the a dense and stable thin top layer is achieved without any cracks or detachment from PLA substrate.

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