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**Trait Emotional Intelligence and Draw-A-Person Emotional Indicators: A First Study on 8-
Year-Old Italian Children**

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Trait Emotional Intelligence and Draw-A-Person Emotional Indicators: A First Study on 8-Year-

Old Italian Children

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Abstract

Scholars have shown the link between trait emotional intelligence (EI) and psychological health in adults, as well as in children, together with a strong association of the construct with expression of emotions, which may be well represented by children's drawings. This work focuses on the effects of trait EI on Koppitz's emotional indicators in the Draw-a-Person (DAP) test, a projective drawing task that is often used in psychological assessments of children to develop hypotheses about the subject's cognitive, developmental, and emotional functioning, as well as personality style. Given the link between a child's graphic activity and the expression of emotions, we assume that trait EI can be a reliable predictor of emotional expression revealed by the DAP test, over and above personality traits. A self-report form to assess trait EI, a personality questionnaire, and the DAP test were administered to a sample of 82 Italian children (51.2% females; $Mage = 8.11$; $SD = 0.35$). Data from hierarchical regression analysis suggest a predictive significant effect of trait EI on emotional indicators in children's drawings ($\beta = .36$, $p < .05$). Future investigations should replicate these results in larger samples and in cross-cultural settings. Notwithstanding these limitations, this work may provide a springboard for developing new lines of research on the influence of trait EI on children's drawings, considering the internal representation related to emotional expression to be paramount. Moreover, our results may have practical implications, particularly with respect to programs and policies addressing the prevention of emotional distress in children.

Keywords: trait emotional intelligence, Draw-a-Person test, childhood, emotional expression, psychological well-being

39 Trait Emotional Intelligence and Draw-A-Person Emotional Indicators: A First Study on 8-Year-
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240 Old Italian Children
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441 Emotional intelligence (EI), the latest theoretical outcome of the emotion–reason debate,
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742 is defined in broad terms as the competence of individuals to recognize their own emotions and
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943 those of others, discern between different emotional conditions and label them appropriately, use
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1244 emotional information to address thinking and behaviour, and regulate emotions to adapt to
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1445 environments or achieve their goals (Andrew, 2008). EI also reflects the ability to join
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1646 intelligence, empathy, and emotions to improve thoughts and understanding of interpersonal
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1947 dynamics (Mayer, 2008). From this point of view, EI represents an expression of the progressive
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2148 emphasis of the scientific literature on the significance of emotion-related competencies or
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2449 dispositions in successful adaptation.

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2650 Scholars have categorized several models of EI (ability, trait, and mixed-models) that
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2951 have led to the development of many instruments for the assessment of the construct. Two main
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3152 constructs of EI should be distinguished based on the measurement method used in the
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3353 operationalization process (self-report or maximum-performance): trait and ability EI (see
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35
3654 Petrides & Furnham, 2000, 2001, 2003). Trait EI (or trait emotional self-efficacy) concerns
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3855 emotion-related dispositions and self-perceptions measured via self-report, whereas ability EI (or
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4156 cognitive–emotional ability) concerns emotion-related cognitive abilities that ought to be
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4357 measured via maximum-performance tests. The conceptual differences between the two
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4658 constructs (see Petrides, Furnham, & Frederickson, 2004) are directly reflected in empirical
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4859 findings, which reveal very low, often nonsignificant, correlations between measures of trait and
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5160 ability EI, thereby supporting an explicit distinction between the constructs (Petrides, Furnham,
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5361 & Mavroveli, 2007).

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5562 Despite the current debate on the consensus and controversies in relation to some main
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5863 concerns of EI research (i.e., conceptualization, assessment, and applications; Zeidner, Roberts,
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6064 & Matthews, 2008), EI remains an important construct to investigate, especially among young
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65 people, due its potential to predict social (e.g., Zeidner & Matthews, 2016), educational (e.g.,
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266 Fernandez-Berrocal & Ruiz, 2008; Mancini et al., 2017), health care (e.g., Martins, Ramalho, &
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467 Morin, 2010), and clinical (e.g., Resurrección, Salguero, & Ruiz-Aranda, 2014) criteria.
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6 768 **Trait Emotional Intelligence**

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969 As mentioned above, among the different theoretical models, the approach developed by
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1170 Petrides and Furnham (2000, 2001) aimed at systematizing the conceptualization of trait EI: the
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1471 operationalization of EI as a personality trait, which has emerged as the dominant approach to
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1672 the study of EI. According to Petrides Pita and Kokkinaki (2007), trait EI is a constellation of
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1973 emotional self-perceptions located at the lower levels of personality. Overall, this definition
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2174 basically states that trait EI concerns how people perceive their own emotional and social
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2475 effectiveness and that the trait EI sampling domain aims to provide comprehensive coverage of
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2676 the emotion-related aspects of personality. This definition of EI involves behavioural
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2877 dispositions and self-perceived emotional abilities and is evaluated by self-report. Moreover, trait
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3178 EI theory is consistent with established individual differences theories: It lies wholly outside the
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3379 realm of cognitive ability and can be integrated into hierarchical models of personality. Namely,
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3680 trait EI should be investigated within a personality framework (Petrides & Furnham, 2001).
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3881 Indeed, trait emotional self-efficacy is explicitly conceptualized as a personality trait, and
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4182 therefore, trait EI is expected to be part of the major personality taxonomies, such as the Big Five
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4383 (Costa & McCrae, 1992), rather than distinct and independent of them (see Andrei, Mancini,
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4584 Baldaro, Trombini, & Agnoli, 2014; Pérez-González & Sanchez-Ruiz, 2014). The Big Five
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4885 personality traits is a model based on common language descriptors of personality and therefore
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5086 suggests five broad dimensions commonly defined as Neuroticism, Extraversion, Openness to
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5387 Experience, Agreeableness, and Conscientiousness. Under each global factor, there are a number
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5588 of correlated and more specific primary factors (Goldberg, 1993). Findings to date suggest that
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5889 individual differences in trait EI are a reliable predictor of human behaviour throughout a
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6090 lifetime. Petrides et al. (2016) provided a comprehensive overview of research findings relating
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91 to trait EI. The main part of the findings indicate that trait EI is beneficial in various domains,
92 such as clinical, health, social, educational, and organizational (Schutte & Malouff, 2016).

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493 **Trait Emotional Intelligence in Children**

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94 In line with related research on adults, trait EI has also been studied in childhood, through
8 the use of the TEIQue-Children Form (TEIQue-CF), the only instrument based on a sampling
995 domain that has been specifically developed for children aged between 8 and 12 years
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96 (Mavroveli, Petrides, Shove, & Whitehead, 2008). The TEIQue-CF comprises 75 items,
97 clustered into 9 distinct facets, and rated on a 5-point scale (e.g., “Usually, I’m in a bad mood”
98 and “If someone makes me angry, I tell them”). Research involving children has pointed out that
99 trait EI appears to be an important predictor of health-related outcomes (such as well-being and
100 social interactions) throughout development (Andrei et al., 2014). For instance, high levels of
101 trait EI are associated with fewer somatic complaints in children (e.g., Jellesma, Rieffe, Meerum
102 Terwogt, & Westenberg, 2011). Moreover, trait EI is highly impaired in children with attention
103 deficit hyperactivity disorder (Abo Elella et al., 2017). Most research involving pupils has been
104 carried out in schools, with results showing that individual differences in trait EI may be relevant
105 to a positive adaptation within the scholastic context, with particular implications for
106 socioemotional competence and behaviour (Frederikson, Petrides, & Simmonds, 2012). For
107 instance, Petrides, Frederickson, and Furnham (2004) demonstrated that pupils with high trait EI
108 were less likely to be expelled from school and to have had unauthorized absences. Additionally,
109 it seems that peer nominations for prosocial behaviours are associated with high trait EI, as
110 assessed by the TEIQue-CF (Mavroveli, Petrides, Sangareau, & Furnham, 2009). Self-reported
111 data revealed that higher scores on the TEIQue are negatively related to bullying behaviours
112 (Mavroveli & Sanchez-Ruiz, 2011), victimization (Kokkinos & Kipritsi, 2012), and fewer
113 behavioural difficulties more generally (Poulou, 2014). The scientific literature shows that
114 individual differences in trait EI may influence academic achievement. Even though a univocal
115 and direct pattern of association between the TEIQue scores and school performance has not

117 always been proved (Agnoli et al., 2012; Hansenne & Legrand, 2012; Mavroveli et al., 2009;
118 Mavroveli et al., 2011), trait EI could serve as a moderating factor between intelligence and
119 scholastic achievement.

120 **Children's Drawing as an Emotional Indicator**

121 These data highlight the strong relationship between trait EI and emotional regulation and
122 expression (Laborde, Lautenbach, Allen, Herbert, & Achtzehn, 2014), which in children are
123 areas closely related to health and psychological well-being. Emotional regulation, which refers
124 broadly to implementation of a conscious or unconscious aim to start, stop, or otherwise
125 modulate the trajectory of an emotion (Gross, 2015), is a crucial determinant of behaviour,
126 thought, and experience, mainly in children, in their different ways of expressing themselves.
127 Children frequently share their emotions through drawing, which, since the earliest
128 developments in psychology, has been considered a useful tool for understanding both the
129 child's intellectual maturation and personality. Because of the importance of graphic expression
130 in the child's daily life and its easy administration, psychologists have constructed graphical tests
131 as tools to gain knowledge of the child's emotional and interpersonal world. In particular, one of
132 the most significant is the test of the human person (Buck, 1948, 1981; Levy, 1950; Machover,
133 1953), which as a whole reflects the emotional experiences, self-esteem, organization, and self-
134 image of the individual, in light of the scientific status of projective techniques (Lilienfeld,
135 Wood, & Garb, 2000). Developed originally by Florence Goodenough in 1926, the Draw-a-
136 Person test (DAP test, or Goodenough–Harris Draw-a-Person test) is a projective drawing task
137 that is often used in psychological assessments of children. It has guidelines for assessing youths
138 from ages 6 to 17 (Scott, 1981). The test has been revised many times, with supplementary
139 measures for assessing intelligence (Weiner & Greene, 2008). Although there are a number of
140 variations, an individual is typically asked to draw a picture of a person, which is then evaluated
141 on a number of dimensions. Results are analysed to develop hypotheses about the subject's
142 cognitive, developmental, and emotional functioning, as well as personality style.

143 Since the DAP test was created, other researchers have developed personality or
144 cognitive tests using the child's drawing of the human figure. For instance, in 1949, Karen
145 Machover developed the first measure of figure drawing as a personality assessment with
146 the DAP test, using the tool to assess people of all ages. Machover (1949) used a qualitative
147 approach in her interpretation, considering individual drawing characteristics. Others (e.g., Buck,
148 1948) have suggested a more quantitative approach that can be more widely used by analysing
149 selected characteristics that are an index of deeper meanings (Murstein, 1965). In 1968, Koppitz
150 was the first to systematically examine the human figure drawings of children aged 5–12 years
151 for developmental and emotional signs and symbols, providing a new and different method for
152 the interpretation of the DAP test. Scoring for items considered “exceptional” and “expected”
153 based on age-related normative data, to arrive at a broad score of intellectual and emotional
154 functioning, she devised a list of emotional indicators such as size of figures, omission of body
155 parts, placement of the arms, inclusion of shading, asymmetry, transparency, and so on. The total
156 number of indicators is simply added up to provide a number that represents the likeliness of
157 disturbance, or which is thought to reveal a range of personality traits and reflect the emotional
158 maturity and psychological health of the child (for a content analysis of human figure drawings,
159 see Skybo, Ryan-Wenger, & Su, 2007). These were based originally on Machover (1953),
160 Hammer (1958), and Koppitz's (1968) own clinical experiences, albeit given a more empirical
161 basis (Thomas & Jolley, 1998). Total scores of emotional indicators were found to be higher in
162 clinical populations (Koppitz, 1968).

163 **Study Purpose**

164 The present study aimed to investigate the effect of trait EI, measured via the TEIQue-
165 CF, on the adequacy of emotional indicators in children's human figure drawings. The effect of
166 trait EI on the DAP test was examined in a sample of primary school children, considering both
167 the global construct's composite and the role of the five major personality traits from the Big
168 Five model. It was expected to find a positive effect of both the Big Five factors (Extraversion,

169 Agreeableness, Conscientiousness, Emotional instability, and Mind Openness) and trait EI on
170 children's human figure drawings. Specifically, it was assumed that the trait EI effect on
171 emotional indicators in the DAP test would explain this prediction above and beyond personality
172 traits, as measured by the Big Five Questionnaire (BFQ).

173 **Methods**

174 **Participants**

175 A convenience sample of 98 children (51.2% females, 48.8% males) participated in the
176 current study, conducted in an urban school district between May and June 2017. The
177 participants were recruited in a state primary school (third grade) in the town of Bologna (North
178 Italy). Participants came from predominantly, but not exclusively, White, middle-class
179 backgrounds. The ethnic composition of the sample was solely Italian. Pupils with special
180 educational needs ($n = 7$), those who spoke Italian as an additional language ($n = 8$), and children
181 with missing data ($n = 1$) were excluded from subsequent analyses. Complete data were available
182 for 82 pupils (42 females) ranging in age from 8 to 9 years old ($M = 8.11$; $SD = 0.35$).

183 **Measures**

184 The Big Five Questionnaire–Children (BFQ-C; Barbaranelli, Caprara, Rabasca, &
185 Pastorelli, 2002) is a 65-item questionnaire developed to measure the Big Five factors in children
186 and adolescents. Each Big Five factor was measured by means of 13 items for each of the five
187 dimensions of Energy (which resembles the dimension of Extraversion), Agreeableness,
188 Conscientiousness, Emotional Instability, and Openness. **The items are rated according to**
189 **occurrence frequency on a 5-point Likert-type scale, ranging from 1 (Almost never) to 5 (Almost**
190 **always).** Raw scores were transformed into T scores according to age normative tables (see
191 Barbaranelli et al., 2002). The reliability of the scales, calculated using Cronbach's alpha
192 coefficient, was found to comply with the standard criteria of acceptability (Pedhazur &
193 Pedhazur Schmelkin, 1991). In particular, they were: Energy = .66, Agreeableness = .78,
194 Conscientiousness = .75, Emotional Instability = .79, and Openness = .76.

195 The TEIQue-CF (Mavroveli et al., 2008) is a self-report inventory developed after a
196 content analysis of the literature on children's socioemotional development. The TEIQue-CF
197 comprises 75 short statements (e.g., "It's easy for me to show how I feel") responded to on a 5-
198 point Likert-type scale, ranging from *completely disagree* to *completely agree*. The English
199 version of the TEIQue-CF demonstrated satisfactory levels of internal consistency ($\alpha > .72$) and
200 temporal stability over a 3-month interval ($r = 0.79$; Mavroveli et al., 2011; Mavroveli et al.,
201 2008). In the present study, we used the Italian version of the TEIQue-CF (see Russo et al., 2012
202 for psychometric properties), prepared with a graphic layout appropriate to the respondents' age.
203 For each participant, a score for the global trait EI was computed. The Cronbach's alpha of the
204 global TEIQue-CF score was .84.

205 The DAP (Goodenough, 1926) is a projective drawing task that is often used in cognitive,
206 developmental, and emotional assessments of children. Test administration involves the
207 researcher requesting children to complete an individual drawing: The child is given an 8.5×11-
208 inch blank piece of paper and a No. 2 pencil and is instructed to "Draw one whole person. You
209 can draw any kind of person you want to draw, but not a stick figure" (Koppitz, 1984, p. 10). No
210 further instructions are given, and the child is free to make the drawing in whichever way he or
211 she would like, so there is no right or wrong type of drawing. While the test has no time limit,
212 children rarely take longer than about 10 or 15 minutes to complete the drawing. The test is
213 completely noninvasive and nonthreatening to the children, which is part of its appeal. Drawings
214 can be assessed for developmental level and evidence of emotional indicators. Original Koppitz
215 (1968) emotional indicator scores were considered. To evaluate these indicators, two
216 independent, experienced, and trained judges assessed each drawing through a
217 quantitative/qualitative scoring system. Specifically, in agreement with Koppitz (1968), 15
218 different aspects of the drawings (such as specific body parts, including presence or absence,
219 detail, and proportion) were considered for a total final score. The internal reliability was .61.

220 Procedure

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221 The present research was approved by the Ethical Committee of the Department of
 222 Educational Sciences. The purpose of the study was presented to the school principals and
 223 teachers. Parents gave their written consent for the study, and children were freely allowed to
 224 participate in, or abstain from, the research. All measures were administered collectively within
 225 classrooms, at a time agreed on with the institute, by a specialized researcher and in compliance
 226 with the law on data privacy. Data collection occurred during class time: Children were first
 227 given the BFQ-C and, subsequently, the TEIQue-CF, after brief group guidelines were provided
 228 regarding the answer formats. Questionnaires were administered according to standard
 229 instructions as a group test and without any time limits. However, administration lasted between
 230 30 and 35 minutes. Finally, all participants were given the DAP test: All children filled out the
 231 drawing task individually, taking a maximum of 15 minutes.

Data Analyses

232 Statistical analyses were conducted using IBM SPSS Statistics for Windows, version 19.0
 233 (IBM Corp., Armonk, N.Y., USA). First, correlations were inspected in order to consider the
 234 relationships between all the variables. Then, to evaluate the contribution of trait EI in the
 235 prediction of emotional indicators, a stepwise hierarchical regression was performed with DAP
 236 scores as the dependent variable. The Big Five factors were entered at Step 1 and the trait EI at
 237 Step 2 to investigate the incremental validity of trait EI beyond the Big Five.

Results

238 Correlations between the key variables in the study are given in Table 1. Trait EI was
 239 related to all of the Big Five factors. In particular, trait EI was strongly related to
 240 Conscientiousness and Agreeableness and, in the opposite direction, to Emotional Instability.
 241 Significant positive associations also emerged between DAP emotional indicators and both trait
 242 EI and Conscientiousness, while no correlation occurred between DAP and the others four BFQ-
 243 C dimensions.

----- INSERT TABLE 1 HERE -----

247 Then, the regression effect of DAP on the relationship between trait EI and personality
 1 traits was analysed. Hierarchical regression analysis was computed, with DAP as the dependent
 248 variable and the Big Five factors (Step 1) and trait EI (Step 2) as the predictors. As shown in
 3
 249 Table 2, in Step 1, the only significant predictor was Conscientiousness ($\beta = .30, p < .05$). The
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 250 other factors were not significant. In Step 2, trait EI was a significant predictor ($\beta = .36, p < .05$),
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 251 and trait EI increased the proportion of variance explained. Moreover, the prediction effect of the
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 252 Big Five decreased and was no more significant when trait EI was entered into the model.
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154 ----- INSERT TABLE 2 HERE -----

18 Discussion

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 2156 The aim of the present research was to analyse the effects of trait EI on the emotional
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 23 indicators of children's drawings in the DAP test. Given the link between children's graphic
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 25 activity and the expression of emotions, this work focused on the drawing test of the human
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 259 person as an expressive area intrinsically linked to personality and emotional domains, as
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 30 described by trait EI. As previously noted, trait EI is a constellation of emotional perceptions
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 32 assessed via questionnaires and rating scales (Petrides et al., 2007) and essentially concerns
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 34 people's perceptions of their emotional world. That is, the trait EI sampling domain aims to
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 36 provide comprehensive coverage of the emotion-related aspects, which integrates a range of
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 39 affective facets of personality. In line with research on adults (e.g., Petrides et al., 2007), data
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 41 from this study highlighted the associations between trait EI and the Big Five personality factors.
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 43 This result is part of the discussion, already widely reported in the literature, on the partial or
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 45 total overlapping of trait EI with personality. Indeed, a criticism levelled against the
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 47 conceptualization of EI as a personality trait is that it overlaps considerably with the higher order
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 49 personality dimensions and, therefore, has weak utility. In a recent meta-analysis (van der
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 51 Linden et al., 2018), findings suggest that the general factor of personality is a social
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 53 effectiveness factor very similar to trait EI. However, on the other hand, a systematic review and
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 55 meta-analysis of the incremental validity of trait EI as operationalized through the TEIQue
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273 (Andrei et al., 2016) showed that trait EI emerged as a statistically and practically significant
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274 incremental predictor of multiple psychological variables beyond the higher order personality
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475 dimensions (i.e., the Big Five) and specific individual difference variables (e.g., alexithymia and
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676 social desirability). In relating these concerns (which, however, refer to the adult population) to
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977 the data of the present study, it has to be noted that the overlap between the TEIQue and some
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1278 dimensions of the Big Five might influence the multicollinearity in the regression results.
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1479 However, data on this sample of children reveal a moderate and not a large or total correlation
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1680 between the two instruments, indicating that trait EI may be considered a distinct and compound
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1981 construct that lies at the lower levels of personality hierarchies (Petrides et al., 2016). Further
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2182 assessments of the predictive utility of the TEIQue-CF should consider children's populations.
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2483 The only significant correlation emerged between DAP score and Conscientiousness,
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2684 while the other BFQ dimensions were not significant. This result is partially surprising because it
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2885 was expected that the drawing of the human figure, alongside an ideal instrument for self-
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3186 expression, and of the emotional and relational area of the child, would also reveal information
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3387 about some of these personality features, and for this reason, it is used as projective drawing
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3688 technique in psychological assessments (Thomas & Jolley, 1998). A possible explanation is that
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3889 the setting of the test administration influenced the results to a certain extent in this respect.
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4190 Indeed, it is of great importance to consider the difference between clinical and educational
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4391 settings. In the clinical situation, the emotional relationship between the psychologist and the
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4592 young patient and the specific expectation of the latter to receive help could elicit more
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4893 information about the child's personality (such as Extroversion or Neuroticism) through the
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5194 drawing test. The DAP was applied here in a class-group administration, in the presence of
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5395 teachers, and for research purposes. Such school/research specificities can lead children to focus
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5596 on the executive aspects of the task and amplify its accuracy, with the intention of looking like
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5897 devoted and diligent pupils. In the school environment, it would be considered beneficial to have
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6098 high standards of study and behaviour; to be more organized, thorough, persistent, and
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299 meticulous; and to follow instructions correctly. Therefore, in contrast with the impact of other
300 personality traits, only Conscientiousness showed a significant and quite robust relationship.

301 The most relevant data of the present research seem to be that trait EI is positively related
302 with emotional indicators in the DAP test, a result that was confirmed by its predictive effect in
303 the hierarchical regression. Moreover, when trait EI was inserted in the regression analysis, the
304 effect of the Big Five was no longer significant. Even though the relatively low R^2 value should
305 lead to handling the results with caution, this result supports the hypothesis of the relationship
306 between trait EI and the emotional indicators of children's drawings, which is a research area not
307 yet studied in literature. In particular, the main hypothesis that the level of trait EI of a child and,
308 consequently, traits pertaining to the regulation and expression of emotions can affect his or her
309 way of representing the human figure in a drawing was confirmed. It is likely that trait EI acts as
310 a predisposing factor in the adaptability of emotional experiences expressed by children through
311 drawing. Thus, the DAP test could be an indirect (nonverbal) way of indicating the trait EI level.
312 It could be argued that the trait EI construct is so well founded that it can also be detected
313 through a graphical test. Moreover, drawing may facilitate young children's ability to talk about
314 their emotional experiences in both clinical and educational contexts (Gross & Hayne, 1998).
315 Indeed, children may be reluctant or may lack the vocabulary to talk about their emotional status.
316 Children's drawings offer a reliable projective tool that can be used to understand their feelings
317 and difficulties, and trait EI has emerged as an important protective factor in the processes of
318 resilience and adaptation (Keefer, Holden, & Parker, 2013).

319 Research has suggested that children's drawings make connections that reveal the
320 children's inner mental world (Cox, 1993). In line with this, inadequate emotional indicators
321 may emerge as a consequence of emotional difficulties related to emotional disorders. Moreover,
322 the construct of trait EI is particularly useful in capturing individual differences in emotional
323 regulation (Mikolajczak, Nelis, Quoidbach, & Hansenne, 2008). This consideration also has a
324 practical implication. In particular, from a prevention and clinical perspective, screening children

325 via the DAP test for emotional deficits related to a lower level of trait EI could assist providers
326 (e.g., teachers and school psychologists) in recognizing individuals who are vulnerable to
327 psychological disorders and to arrange for early emotional support. Therefore, increasing our
328 awareness of the developmental dynamics of children's trait EI has important practical
329 implications, particularly with respect to programs and policies addressing children's emotional
330 well-being.

331 **Conclusions**

332 This work represents an initial investigation of the relationship between trait EI and
333 Koppitz's (1968) emotional indicators in children's drawings. However, the current research has
334 some limitations that should be addressed in future studies.

335 First of all, the results are limited with respect to the convenience sample and the
336 sociocultural context related to the school in which the survey was administered. For instance,
337 the results are based on a relatively small and non-representative sample of Italian children.
338 Because the current sample possibly influenced the generalisability of these findings, results
339 should be treated with caution, and careful reflection is needed in their interpretation. Moreover,
340 because children's drawings are partially reflective of their culture (La Voy et al., 2001), the
341 results of this study are not generalised to children in other countries having different ethnic,
342 social, and educational contexts. Future investigations should replicate these results in larger
343 samples and in cross-cultural settings. To our knowledge, there are no patterns in cross-cultural
344 studies, and more cultural research might identify emotional indicators that reflect true emotions
345 in children versus cultural norms (Skybo et al., 2007).

346 Second, our study relies on cross-sectional and self-reported data, which always have
347 critical issues in terms of accuracy. We cannot know, for example, how the dimensions we
348 investigated unfold and develop over time, or the degree to which children's perceptions of the
349 variables we measured are actually good reflections of their behaviours. Further studies would

350 benefit from examining this issue by means of longitudinal investigation designs, which would
351 help to shed new light on understanding the complexity of trait EI development.

352 Finally, the results of our work are necessarily limited to the instrument we chose. We are
353 aware that although human figure drawings are well known and widely used in children's
354 clinical investigations, as a screening or supplementary instrument during the diagnostic process,
355 there is controversial evidence for the reliability and validity of such assessments, so more
356 empirical data regarding the DAP test as a psychological measure is needed. However, the DAP
357 test can be influenced by children's emotional attitudes toward the topics depicted (Thomas &
358 Jolley, 1998). It should be noted that this work specifically focused on the link between trait EI
359 and Koppitz's (1968) emotional indicators emerging in the DAP test. Thus, we can derive some
360 useful and valid information from these drawings when rendered by children, especially when
361 the test is used along with other assessment tests, such as the TEIQue, but we should not rely on
362 it to make strong inferences about specific personality features.

363 Notwithstanding these limitations, which lead to viewing the present findings as
364 preliminary and interpreted with caution until they are replicated, the results of this research
365 provide important information for the study of trait EI during childhood, in particular for
366 scholars interested in exploring this construct using the DAP test. Human figure drawing is a
367 particularly useful assessment tool: It is quick, inexpensive, and nonthreatening to children.
368 Among its other advantages, it is easy to administer (only about 15–30 minutes plus a few
369 minutes of inquiry), helps children who are anxious when taking tests, and is relatively culture-
370 free. The use of a nonverbal, nonthreatening task to evaluate emotional indicators is supposed to
371 eliminate possible sources of bias by reducing variables such as primary language, verbal skills,
372 communication disabilities, and sensitivity to working under pressure, in an effort to understand
373 the causal nexus between trait EI and health-related criteria. Thus, school-based research could
374 benefit from graphic techniques as a tool of investigation less closely related to the clinical
375 setting.

376 Moreover, the results presented in this article have some relevant implications for school
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377 psychologists and educational practice, which should be noted. In view of data highlighting that
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478 trait EI, connected to adequate emotional expression and regulation, is an important resource and
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379 a protective factor for psychological health, pupil assessment programs, as well as school
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380 psychology services, should therefore include this dimension in their action routines. In addition,
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381 it would be important to inform and train teachers on the formal and content aspects of children's
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1482 drawings to enable them to provide graphic techniques as an educational strategy (e.g., group
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1683 and laboratory activities using the DAP test), aimed at increasing pupils' EI and to support
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384 positive social relations in the class.
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2185 Much remains unknown about the developmental dynamics of children's subjective trait
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386 EI self-concepts, an area that is gaining increasing relevance for psychological well-being. The
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2687 current study contributes to the efforts on the programs that best support positive emotional
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388 development in children.
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544 Table 1. *Correlations between BFQ personality dimensions, trait EI and DAP test.*

	Measures	M	DS	1	2	3	4	5	6	7
1	1 BFQE	43.91	8.59	–						
2	2 BFQA	55.51	9.00	.33**	–					
3	3 BFQC	53.74	7.61	.27**	.35**	–				
4	4 BFQI	45.98	10.37	.04	-.40***	-.21*	–			
5	5 BFQM	47.20	7.85	.24*	.11	.32**	.03	–		
6	6 TEI	3.65	0.33	.30**	.44***	.46***	-.49***	.27**	–	
7	7 DAP	9.89	2.29	.13	.06	.29**	-.05	.06	.32**	–

10 Note. BFQE = Energy/Extraversion; BFQA = Agreeableness; BFQC = Conscientiousness; BFQI =
 11 Emotional Instability; BFQM = Mind Openness; TEI = trait EI global score; DAP = drawing emotional
 12 indicators.
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14 *** $p < .001$. ** $p < .01$. * $p < .05$
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Table 2. Hierarchical Regression Analysis on BFQ-C and TEIQue-CF.

	BFQ TEI	
	Step 1	Step 2
BFQ-E	.08	.01
BFQ-A	-.07	-.11
BFQ-C	.30*	.22
BFQ-I	-.01	.14
BFQ-M	-.04	-.10
TEI	–	.36**
R^2	.09	.16
ΔR^2	–	.07**
F	1.53	2.45*

Note. BFQE = Energy/Extraversion; BFQA = Agreeableness; BFQC = Conscientiousness; BFQI = Emotional Instability; BFQM = Mind Openness; TEI = trait EI global score.

*** $p < .001$. ** $p < .01$. * $p < .05$

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Ref.: Ms. No. ISCI-D-18-00019 Child Indicators Research

Saturday, September 1, 2018

Dear Editor,

I am enclosing a revised version of the manuscript entitled “**Trait Emotional Intelligence and Draw-A-Person emotional indicators: A first study on Italian 8 years old children**” to be considered for publication in Child Indicators Research.

The manuscript is 25 pages long and includes 2 Tables. The total length of the manuscript is 6516 words (including References and Tables).

Minor revisions required by the Reviewer #1 are yellow-highlighted in the manuscript.

I wish to thank the Editor-in-Chief for the very thorough and prompt review process.

Thanks in advance for your kind attention,

Giacomo Mancini

Reply to Reviewers' comments:

I wish to thank the Reviewers for suggestions and comments to the paper.

Reviewer #1:

The authors have improved the manuscript. However, there are some considerations:

- In instruments, what is the scale that measures The Big Five Questionnaire-Children?

Author: I have added the required measurement scale in the 'Measures' section.

- Regarding results, as there is almost no relation among DAP and FBQ dimensions, I believe that authors should inform this evidence after the phrase: "Significant positive associations also emerged between DAP emotional indicators and both Conscientiousness and trait EI" in the 'Results' section.

Author: I have included the required evidence in the 'Results' section at the point indicated by the Referee.

- Tables 1 and 2 are presented twice.

Author: Perhaps an additional file was accidentally attached to the submission. In the current version of the manuscript the references of the tables ("INSERT TABLE 1/2 HERE") are indicated in the text (pages 10 and 11) and the whole tables are reported only once on the last two pages (24 and 25).

I hope the authors find the comments helpful in the revision of this paper.

Author: Thank you for the helpful comments.

Reviewer #3:

The revised paper 'Trait Emotional Intelligence and Draw-A-Person Emotional Indicators: A First Study on 8-Year- 10 Old Italian Children' deals with an interesting topic.

I found the revised version of the paper well-structured and sufficiently clearly written.

Author: Thank you.