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Characterization of 'Olivastro di Bucchianico cv' extra virgin olive oils and its recognition by HS-GC-IMS

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Maria Gabriella Di Serio, Lucia Giansante, Paolo Del Re, Luciano Pollastri, Filippo Panni, Enrico Valli, Luciana Di Giacinto

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**Characterization of "Olivastro di Bucchianico cv" extra
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3 **1 Characterization of “Olivastro di Bucchianico cv” extra virgin olive oils and its**
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6 **2 recognition by HS-GC-IMS**

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9 **3 Running Title: Cv Olivastro di Bucchianico characterization**

10
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33
34 **20 ABSTRACT**

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37 **21 Background**

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39 **22 Single cultivar** “Olivastro di Bucchianico” extra virgin olive **oil is** obtained from olives cultivated
40
41
42 **23 in a narrow** area of the Abruzzo region, Italy. **This cultivar is mostly** present in the municipality
43
44
45 **24 of Bucchianico and in some neighbouring municipalities in the province of Chieti. There is** very
46
47 **25 little research in the** literature describing the morphological and chemical characteristics of
48
49
50 **26 this cultivar.**

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52
53
54 **28 Results**

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56
57 **29 A morphological characterization of the plant and the fruit was carried out. In addition, we**
58
59 **30 characterized the** chemical, physical-chemical and sensory **properties of the extra virgin olive**
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3 31 oil. The following analyses were conducted: free acidity, peroxide value, UV
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5
6 32 spectrophotometric indices, contents in fatty acid ethyl esters, waxes, tocopherols, fatty acids,
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8 33 triglycerides, sterols, alcohols, phenolic substances, volatile compounds and sensory profile.
9
10 34 The analysis of the volatile compounds was performed using a HS-GC-IMS instrument
11
12
13 35 connected to a nitrogen generator for carrier/drift gas production.
14
15
16 36

17 37 Conclusion

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19
20 38 The results of the chemical analyses showed good levels of nutraceutical components in the
21
22 39 oils, which were found to be organoleptically well balanced with medium values of fruity, bitter
23
24
25 40 and pungent. The HS-GC-IMS method based on the analysis of 15 volatile molecules might be
26
27
28 41 a useful tool for a chemometric discrimination of the varietal origin for the oils under
29
30 42 investigation.
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33 43

34
35 44 **Keywords:** *Olea europaea L.*, single cultivar, characterization, sensory profile, volatile
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37 45 compounds, chemometric analysis
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47 INTRODUCTION

48 The olive tree (*Olea europaea L.*) is the oldest fruit tree species present in the regions
49 surrounding the Mediterranean and, thanks to its nutritional properties and its high economic
50 value, is rapidly expanding into new areas of cultivation.

51 The high environmental variability of the Italian territory allows the presence of many cultivars
52 of olive trees, with an estimated number of about 800 cultivars spread throughout the
53 country.^{1,2} Most probably, this number is even greater because there are many local varieties
54 about which little information is available. The enhancement and preservation of such a great

germplasm was very important in order to contain genetic erosion and diversify production on the territory with single cultivar Extra Virgin Olive Oils (EVOOs).³⁻⁷ It has been widely demonstrated that a regular consumption of extra virgin olive oil prevents many diseases, not only due to its fatty acid composition abundant of monounsaturated fatty acids (MUFA), but also to minor components with health-related properties that can be defined as nutraceuticals: phenolic compounds, tocopherols, sterols.⁸⁻¹¹ The concentration of these compounds is variable and strongly influenced by many factors, such as cultivars, pedo-climatic environment, cultivation techniques, time and harvesting system, extraction technology.¹²⁻¹⁴ Several studies have been carried out to correlate the chemical composition of olive oil with its geographical origin.^{3, 4, 15} At the same time, identifying the olive germplasm is a complex task, given the lack of references and the existence of numerous cases of synonymy and homonymy for the same cultivars. To preserve this genetic diversity within the European Union, EVOOs have been “linked” to their territory of origin through the establishment of standardized protocols of various types, such as PDO (Protected Designations of Origin), PGI (Protected Geographical Indications) and, lastly, TAF (Traditional Agricultural Food Products). In this framework, the production of single EVOO cultivars with relative high consumption and market relevance is crucial for the protection of the typical cultivar of a specific area.

Even if for some traits influenced by external factors, the first and principal step for the study of the genetic diversity within a cultivated plant species was finding morphological descriptors, as they represent the phenological traits normally used in a taxonomic classification.^{6,16} The study and recovery of minor cultivars existing in specific cultivation areas is very interesting and could be a resource to expand the range of products offered to consumers. These cultivars are linked to specific environmental conditions, together with the continuous extraction

79 technology, which has a strong influence on the chemical characteristics, oxidative stability
80 and organoleptic characteristics of extra virgin olive oils.^{17,18}

81 To support the organoleptic determination of virgin olive oils by panel test, it has been
82 recently proposed an interesting analytical approach which is based on the determination of
83 volatile compounds using HS-GC-IMS (Gas Chromatography-Ion Mobility Spectrometry). This
84 method delivers a fingerprint of the aroma which can, then be used to discriminate samples
85 with respect to their quality grade in a relatively simple, fast, and economical way.^{19,20}

86 The objective of this work was to analytically study the native Olivastro di Bucchianico cultivar
87 from a very narrow area of Abruzzo, Italy. Indeed, there is very little research in the literature
88 describing the morphological and chemical characteristics of this cultivar.^{2,21,22} Hence, the aim
89 of this work was i) to perform a morphological study of this underexploited local cultivar and
90 a chemical characterization of the produced extra virgin olive oils, ii) to use the HS-GC-IMS
91 technique for varietal traceability.

93 MATERIALS AND METHODS

95 Morphological description

96 The Olivastro di Bucchianico olive cultivar can be mostly found in the municipality of
97 Bucchianico and neighbouring municipalities in the province of Chieti. Bucchianico is a small
98 town at an altitude of 330 m, located in the northern part of the provincial territory, close to
99 the seaside resorts of Chieti and Villamagna. Its territory is mainly composed of arable land,
100 but there is also a wide spread presence of olive groves and vineyards. The olive-growing area
101 has a temperate hillside climate with average temperatures around 6 °C in the winter and
102 around 23.5 °C in the summer and relatively abundant rainfall. The Olivastro di Bucchianico

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3 103 olive trees are characterized by an assurgent bearing, an average foliage and high vigour; the
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5 104 tree is of medium size and the fruiting branches have long internodes. The leaf is of a shiny
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8 105 dark green colour, it is wide and short and has no curvature of the blade. The drupe is
9
10 106 ellipsoidal with truncated base and sub-conical apex, of small to medium size ranging from
11
12
13 107 about 1.89 to about 2.31 g, with pulp in percentage varying from 77.4 to 82.7 %. The drupes
14
15 108 at the harvest, usually conducted in October, are never completely invaded, with prevalent
16
17
18 109 green and vinous red colours. The drupes show high detachment resistance. The productivity
19
20 110 of Olivastro di Bucchianico is medium-high but altering. These cultivars have a good resistance
21
22
23 111 to parasites, other than caries.²²

112 **Plant material**

113 The olive fruits were handpicked in perfect sanitary conditions at the green stage of ripening
114 in mid and late October and were stored in boxes and bins. The harvest was performed using
115 mechanical facilitators. Seven samples of EVOOs were produced through an extraction system
116 that used two and two half phase centrifugation. The processing temperature was lower than
117 25°C and the average crushing time lower than 45 minutes. The average oil yield was 15%. Up
118 until the analysis, the oil samples have been preserved at low temperature (15 – 18 °C) in dark-
119 green glass bottles without headspace.

120 **Methods**

121 We performed the following analyses on the samples of single cultivar EVOO "Olivastro di
122 Bucchianico": free acidity, peroxide value, UV spectrophotometric indices, fatty acid ethyl
123 esters (FAEEs), waxes, tocopherols, fatty acid and triglyceride composition, sterol composition
124 and erythrodiol and uvaol content, alcohols content, phenolic substances, volatile compounds,
125 and sensory. Duplicate analyses were performed on each sample.

126 **Analytical parameters**

Free acidity

The free fatty acid content was determined as the percentage of oleic acid, according to Annex II of the European Union Commission Regulation EEC/2568/91 and its subsequent amendments.²³

Peroxide value

The peroxide index was measured as milliequivalents of active oxygen per Kilogram of oil (i.e., meq O₂Kg⁻¹oil), as determined according to Annex III of the European Union Commission Regulation EEC/2568/91 and its subsequent amendments.²³

UV spectrophotometric indices

The UV absorption characteristics (K_{232} , K_{270} , ΔK) were determined according to Annex IX of EEC /2568/91 and its subsequent amendments.²³

Fatty acid ethyl esters and waxes content

Fatty acid ethyl esters (FAEEs) and waxes content were determined according to the method described in EEC/2568/91 and its subsequent amendments (Annex XX)²³. This procedure used the gas chromatography system (HRGC Mega 2 series 8560; Carlo Erba) equipped with a CP-Sil 5CB Low Bleed/MS (Varian, USA) fused silica capillary column (15m x 0.32 mm ID x 0.1 μ m film thickness). The oven temperature programme was 80°C for 1 min, then from 80° to 140°C at 20°C min⁻¹, then from 140°C to 340°C at 5°C min⁻¹, then held at 340°C for 20 min. The detector temperature was 350°C. Hydrogen was used as the carrier gas at a column head pressure of 80 kPa. The samples were applied by on-column injection.

Tocopherols

For the HPLC determination of the tocopherols²⁴, we prepared a solution of 1 g olive oil in 10 mL acetone and used α -Tocopherol (32 mg L⁻¹) as the external standard. The HPLC analysis was conducted using a high-resolution LC 200 liquid chromatograph equipped with a Series

1
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3 151 200 UV/Vis detector (Perkin Elmer, Waltham, Massachusetts, USA), a 7725 Rheodyne injector,
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6 152 a 20 μL sample loop, and a Totalchrom workstation for data acquisition (Perkin Elmer,
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8 153 Waltham, Massachusetts, USA). Separation on a Spherisorb ODS2 column (250 x 4.6 mm I.D.,
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10 154 5 μm ; Waters, Milford, MA, USA) was performed at 25 °C under a constant flow rate of 1 **mL**
11
12
13 155 **min⁻¹** with a mobile phase of 0.2% (v/v) H_3PO_4 in water/ methanol/ acetonitrile (2/49/49,
14
15 156 v/v/v). The eluted compounds were detected at 292 nm.

157 **Fatty acid composition**

158 Fatty acid composition was determined according to the method described in European Union
159 Commission Regulation EEC/2568/91 and its subsequent amendments (Annex X.B).²³ A gas
160 chromatography system was used (HRGC Mega 2 series 8560; Carlo Erba, Milan, Italy) that
161 was equipped with a SPTM -2380 (Supelco) fused silica capillary column (60 m x 0.32 mm ID x
162 0.2 μm film thickness). The oven temperature programme was: from 70 to 165°C at 20°C min⁻¹,
163 and hold at 165°C for 23 min, then from 165 to 200°C at 1.5°C min⁻¹, and hold at 200°C for 5
164 min, then from 200 to 220°C at 2°C min⁻¹, and hold at 220°C for 5 min. The detector
165 temperature was 230°C. Hydrogen was used as the carrier gas at a column head pressure of
166 60 kPa. The samples (0.4 μL) were injected on-column.

167 **Triglyceride composition**

168 Triglyceride composition were executed according to Annex XVIII of Regulation EEC 2568/91
169 and its subsequent amendments.²³ The HPLC analysis was conducted using a high-resolution
170 SpectraSystem P2000 liquid chromatograph equipped with a Shodex RI SE-61 Refractive Index
171 Detector, and a ERC-3312 Degasser (Thermo Fisher Scientific, Milan, Italy), a 7725 Rheodyne
172 injector, a 10 μL sample loop. Separation on a SuperSphere 100 column (250 x 4.6 mm I.D.,
173 4 μm ; Waters, Milford, MA, USA) was performed at 25 °C under a constant flow rate of 0.65
174 mL min⁻¹ with a mobile phase of 100% propionitrile.

175 **Sterol composition, erythrodiol and uvaol content and alcohols content**

176 Sterol profile and alcohols content were determined according to the EEC/2568/91 and its
177 subsequent amendments (Annexes V and XIX).²³ The olive oil, with added α -cholestanol and
178 1-eicosanol as internal standards, was saponified with 2 N potassium hydroxide in ethanolic
179 solution, then the unsaponifiables was extracted with ethyl ether. The fractions were
180 separated from the extract by thin-layer chromatography on a basic gel plate, than recovered
181 from the silica gel and transformed into trimethylsilyl ethers and analyzed by an HRGC 5160
182 Mega series (Perkin Elmer, Waltham, Massachusetts, USA) equipped with a Zebron
183 Phenomenex ZB-5 capillary column (30 m x 0.32 mm ID x 0.25 μ m film thickness). The gas
184 chromatographic conditions for sterols were: column temperature 265°C; hydrogen was used
185 as the carrier gas at a column head pressure of 50 kPa; split ratio 1:50 and substance amount
186 injected into the split system 1 μ L; injector and detector temperatures were 280°C and 290°C.
187 The gas chromatographic conditions for alcoholic fractions were: the initial isotherm was set
188 at 180°C for 8 min and then programmed at 5°C min⁻¹ to 265°C and a further 15 min at 265°C;
189 the injector and detector temperatures were 280°C and 290°C, respectively.

190 **Phenols composition**

191 The phenolic compounds were extracted from the olive oil employing to the following method:
192 a 500 μ L volume of internal standard solution (0.015 mg mL⁻¹) syringic acid in methanol) was
193 added to 2.500 g of oil sample. After removal of the methanol under reduced pressure at < 35
194 °C, the samples were dissolved in 6 mL hexane and loaded onto solid-phase extraction
195 columns (Discovery DSC-DIOL 500 mg, 3 mL; Supelco, Bellefonte, PA, USA), which were
196 previously conditioned with 6 mL methanol and 6 mL hexane. The samples were then washed
197 with 2 x 3 mL hexane and 4 mL hexane/ethyl acetate (90/10, v/v), and then eluted with 10 mL
198 methanol. After removal of the methanol in a rotary evaporator at a temperature < 35 °C, the

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3 199 dry residue was taken up with 1 mL methanol/water (1:1, v/v), filtered through a 0.45 µm
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5 200 PVDF membrane, and then injected into the HPLC system. The HPLC analysis of the phenolic
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7
8 201 extracts was carried out using a high-resolution LC 200 liquid chromatograph, which was
9
10 202 equipped with a Series 200 UV/Vis detector (Perkin Elmer, Waltham, Massachusetts, USA), a
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12
13 203 7725 Rheodyne injector, and a 20 µL sample loop, using a Totalchrom workstation for data
14
15 204 acquisition (Perkin Elmer, Waltham, Massachusetts, USA). Separation on a Spherisorb ODS2
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17
18 205 column (250 x 4.6 mm I.D., 5 µm; Waters, Milford, MA, USA) was performed at 25 °C and at a
19
20 206 constant flow rate of 1 mL min⁻¹, with mobile phase mixtures composed of A (0.2% [v/v] H₃PO₄
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22
23 207 in water), B (methanol) and C (acetonitrile), at the following ternary gradient program (as
24
25 208 A/B/C, v/v/v): 0 min, 96/2/2; 40 min, 50/25/25; 45 min, 40/30/30; 60 min, 0/50/50; 70 min,
26
27
28 209 0/50/50; 72 min, 96/2/2; 82 min, 96/2/2. The eluted compounds were detected at 280 nm.
29
30 210 Previously, 20 µL external calibration standard was injected into the HPLC system, to calculate
31
32 211 the response factors of syringic acid to tyrosol. Then, a volume of 20 µL per sample was
33
34 212 injected. Quantification of the phenolic compounds, expressed as tyrosol as reported in
35
36
37 213 COI/T.20/Doc No 29/2009²⁵, was performed according to the concentration of the internal
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39
40 214 standard and on the basis of the response factor of syringic acid to tyrosol.

41 215 **Volatile compounds: HS-GC-IMS analysis**

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43
44 216 The analysis of the volatile compounds was performed using a HS-GC-IMS Flavourspec®
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46
47 217 instrument (G.A.S. Dortmund, Dortmund Germany) connected to a nitrogen generator for
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49
50 218 carrier/drift gas production (Microprogel, Pordenone, Italy). 2.0 g of each sample were
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52 219 weighted, in a 20 mL headspace glass vial and then hermetically closed with
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54 220 polytetrafluoroethylene septum (PTFE). The sample was incubated at 40 °C for 8 min and 100
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57 221 µL of the respective headspace was withdrawn using a heated 2.5 mL Hamilton syringe (80 °
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59
60 222 C) with a 51 mm needle, through an autosampler unit, HT2000H (HTA s.r.l., Brescia, Italy), and

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3 223 introduced in a splitless heated (80 °C) injector (2 mm ID, 6.5 mm OD × 78.5 mm fused quartz
4
5 224 glass). The carrier gas (nitrogen gas with inlet pressure of 4 bar) passed through the GC-IMS
6
7 225 injector transferring the sample into the GC column, using a flow ramp set as follows: the flow
8
9 226 was initially set at 2 mL min⁻¹ (default) for 2 min, then increased to 17 mL min⁻¹ for the next 8
10
11 227 min (70% of maximum flow) and maintained at this flow for another 20 min. Finally, the flow
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13 228 was reduced for the next 2 min to the predefined value (2 mL min⁻¹); end of the program was
14
15 229 set at 32 min. The analytes were separated in isothermal mode at 40 °C and introduced into
16
17 230 the ionization chamber of the IMS where the tritium source (5000 V) ionized compounds
18
19 231 eluting from the GC column and the ions reached the drift tube of the IMS through the shutter
20
21 232 grid. The drift tube was maintained at a constant temperature of 45 °C. The gas flow rate of
22
23 233 nitrogen introduced in the opposite direction of the sample into the IMS (drift gas) was 150
24
25 234 mL min⁻¹.²⁰

235 **Sensory profile**

236 The evaluation of the olive oils was performed under the conditions prescribed by the
237 European Union Commission Regulation EEC/2568/91 and its subsequent amendments
238 (Annex XII) by the CREA-Research Centre for Engineering and Agro-Food Processing of Pescara
239 Panel recognized by the International Olive Oil Council (IOC) and the Ministry of Agricultural,
240 Food and Forestry Policies (MiPAAF). Each taster in the panel smelled and tasted the oil under
241 consideration, according to the profile sheet of the Annex XII and to COI/T.20/DOC. 22 –
242 2005.²⁶ The following attributes were evaluated: fruity, pungent, bitter, aromatic herbs,
243 tomato, artichoke, almond and grass/leave. Each attribute was evaluated on a scale from 0.0
244 to 10.0 and statistically processed by calculation of the median. Confidence intervals were
245 constructed considering the attributes with a robust coefficient of variation of 20.0 % or less.

246 **Statistical analyses**

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3 247 For each sample, we obtained from the HS-GC-IMS analysis a heat map (3D chromatogram)
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6 248 from which it was, then, possible to extrapolate a data matrix. Afterwards, by processing this
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8 249 data matrix using the statistical software Unscrambler X, version 10.4, we are able to perform
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10 250 a PCA (Principal Component Analysis).

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15 252 **RESULTS AND DISCUSSION**16
17 253

18 254 Following the analyses of the quality indices (Table 1), all samples of "Olivastro di Bucchianico"
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21 255 were classified as EVOOs, according to the EC Regulation (EEC, 1991 and following
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23 256 amendments).

24
25 257 Free acidity of the samples was found in the range from 0.08 to 0.24 % of oleic acids, while
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27 258 peroxide values ranged from 6.2 to 8.8 meq O₂ kg⁻¹. The mean values of the specific extinction
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29 259 parameters K₂₃₂, K₂₇₀, and ΔK were respectively 1.66, 0.12 and -0.003; that is, within the EVOO
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31 260 limit according to the EC regulation. The FAEE content of 2.6 mg kg⁻¹ was well below the
32
33 261 established EU limit for EVOO (35 mg kg⁻¹). These fat-soluble compounds are a valuable
34
35 262 indicator of oil quality, as they are generated by improper agronomic and technological
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37 263 practices; in particular, by processes of fermentation and degradation.^{27,28} The waxes content
38
39 264 was low, with a range from 27 to 40 mg kg⁻¹, a typical feature of extra virgin olive oils. The
40
41 265 total tocopherols content was medium-high, around 264 mg kg⁻¹ (range 218-337 mg kg⁻¹). The
42
43 266 composition and content of these substances depend on several agronomic factors, such as,
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45 267 olive processing conditions and storage quality.²⁹⁻³² Extra virgin olive oil is one of the foods
46
47 268 richest in vitamin E (tocopherols), with the most representative α-tocopherol, which accounts
48
49 269 for about 90% of the total tocopherols with vitaminic and antioxidant actions.

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51
52 270 The fatty acid composition presented in Table 2 was also found to fall within the EU Regulation
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54 271 limits for olive oils. Oleic, palmitic, linoleic, and stearic acids were the most abundant

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2
3 272 compounds, with mean values of respectively 74.71%, 11.94%, 7.81 % and 3.02 %.³³ Olive oils
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5 273 are typically characterized by the following values: not less than 73% of oleic acid and not
6
7 274 more than 10% of linoleic acid, with an oleic/linoleic ratio > 7. We found high values of
8
9 275 monounsaturated fatty acids (Σ MUFAs) in the “Olivastro di Bucchianico” cultivar, with a mean
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11 276 of around 75.88%, a maximum value of 78.14%, and a minimum value of 73.82%. It is well
12
13 277 known that the oleic acid is extremely important for a healthy and balanced diet, as it induces
14
15 278 an increase in oxidative stability and antihypertensive activity, having low-density lipoprotein
16
17 279 (LDL) cholesterol-lowering effects.³⁴ In defining the nutritional properties and varietal
18
19 280 characterization of the EVOOs, it is also important to consider the MUFA/SFAs ratio, which for
20
21 281 the single cultivar under analysis was found to be at an average level of 4.82.³⁵ The
22
23 282 composition of triglycerides, useful for the characterization of a single cultivar, is reported in
24
25 283 Table 3. As it can be seen from this table, the most prevalent compounds were: PLP + OOO +
26
27 284 PoPP (42.48%), SOL + POO (23.61%) and OOL + LnPP (12.07%).
28
29 285 The sterols composition of “Olivastro di Bucchianico” is shown in Table 4. The most prevalent
30
31 286 sterols were: β -sitosterol (85.8%), Δ -5-avenasterol (6.5%) and campesterol (3.0%). The value
32
33 287 of apparent β -sitosterol, that is the sum of β -sitosterol and its four adjacent phytosterols
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35 288 (clerosterol, sitostanol, Δ -5-avenasterol and Δ -5,24-stigmastadienol), was 94.6% higher than
36
37 289 the EC established legal lower bounds. High levels of apparent β -sitosterol have a positive
38
39 290 effect on reducing total plasma cholesterol and LDL cholesterol.^{36,37} Also the total sterols
40
41 291 (1274 mg kg⁻¹) were higher than the lower limit established by the EC legislation (1000 mg
42
43 292 kg⁻¹). Sterols and triglycerides can mark the difference among various EVOOs.^{38,39} We have
44
45 293 determined (Table 5) the presence of both diterpenic alcohols (with 20 carbon atoms) and
46
47 294 tripterpenic alcohols (with 30 carbon atoms) in the unsaponifiable fraction of olive oil, which
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49 295 reaches up to 25-30%. Among the ones in the first category, the most represented variety was

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3 296 the phytol (318.4 mg kg⁻¹), partly coming from the degradation of the chlorophyll. The
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5 297 composition of the triterpenic fraction seems to be specific to the botanical family from which
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7
8 298 the oil is derived.⁴⁰ It is mainly composed of cycloartenol (380.4 mg kg⁻¹) and 24-methylen-
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10
11 299 cycloartanol (317.9 mg kg⁻¹) followed by β-amyrin + butyrospermol (90.2 mg kg⁻¹) and α-
12
13 300 amyrin (1.2 mg kg⁻¹). The alcoholic composition also includes citrostadienol (218.8 mg kg⁻¹), a
14
15 301 4-methylsterol, and total aliphatic alcohols whose content (140 mg kg⁻¹) is below the limit laid
16
17 302 down in the EU standard for EVOOs. In “Olivastro di Bucchianico” the most abundant phenols
18
19 303 (Table 6) are 3,4 DHPEA-EDA (76.3 mg kg⁻¹), p-HPEA-EDA (65.3 mg kg⁻¹), pinoresinol and 1-
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21 304 acetoxypinoresinol (58.9 mg kg⁻¹), 3,4-DHPEA-EA,H (37.8 mg kg⁻¹). Many studies report how
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23 305 derivatives of oleuropein and ligstroside, 3,4-DHPEA-EA and p-HPEA-EDA show antioxidant
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25 306 and health properties.^{41,42} Moreover, secoiridoids and lignans have effect on the bitter and
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27 307 pungent attributes in EVOOs.⁴³⁻⁴⁵ The total phenols content was medium (306 mg kg⁻¹).^{46,47} In
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29 308 Figure 1 it is reported the sensory profile of “Olivastro di Bucchianico” was reported. The
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31 309 profile was characterized by medium perceptions of fruity, with well-balanced notes of bitter
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33 310 and pungent. Medium notes of grass/leave and almond were present with mean values of
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35 311 respectively 2.2 and 3.0, while low notes of artichoke, aromatic herbs and tomato were found
36
37 312 whit mean values of respectively 2.2, 0.6 and 0.6.

313 In order to verify the discriminatory potential of the HS-GC-IMS method on EVOOs oils on the
314 basis of the cultivars they belong to, Olivastro di Bucchianico samples were analyzed together
315 with other single cultivar oils from Central and Southern Italy. In particular, 10 EVOOs derived
316 from Canino, Ogliarola, Coratina, Moraiolo and Peranzana cultivars (2 samples from each
317 cultivar) were subjected to the same HS-GC-IMS analysis as Olivastro. From the heat maps
318 obtained, we took into consideration only the 15 volatile compounds selected within the
319 European H2020 project OLEUM and commented in Valli et al., 2020. Their respective signals,

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2
3 320 present in the form of a monomer and/or a dimer in the chromatogram, were highlighted
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5 321 using VOCal software (Gesellschaft für Analytische Sensorsysteme mbH, G.A.S.; Dortmund,
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7 322 Germany). Using a specific function of this software, it was possible to export these results as
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9
10 323 a data matrix (Table 7 and Table 8), which was, then, used for the construction of a PCA. Figure
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12
13 324 3 shows the scores plot obtained from the PCA (explained variance PC1 and PC2: 70%).
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15 325 Although more samples would be required for a more robust level of discrimination, the PCA
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17 326 showed that the 7 Olivastro di Bucchianico EVOOs turned out to be separated from the other
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20 327 10 analyzed samples, showing a promising discrimination of this cultivar based on its volatile
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22 328 profile from the other varieties.
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330 CONCLUSIONS

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332 332 The analytical study conducted in this paper on cv. Olivastro di Bucchianico EVOOs, which are
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334 333 obtained from olives cultivated in a small area of the Abruzzo region (Italy), highlighted its
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336 334 interesting compositional characteristics. The samples showed an average medium-high
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338 335 content of total tocopherols (264 mg kg⁻¹), high monounsaturated fatty acids values of around
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340 336 75.88%, and a good oleic/linoleic ratio (9.57). The average total phenols content was medium,
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342 337 at 306 mg kg⁻¹. The sensory profile of “Olivastro di Bucchianico” was characterized by medium
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344 338 perceptions of fruity, with well-balanced notes of bitter and pungent, accentuated hints of
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346 339 grass/leave and almond with mean values of respectively 2.2 and 3.0, and low intensity notes
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348 340 of artichoke, aromatic herbs and tomato. The research has also encompassed the analysis of
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350 341 volatile compounds using the HS-GC-IMS, in order to verify the discriminatory potential of this
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352 342 method in distinguishing different types of cultivar. In particular, Olivastro di Bucchianico cv
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354 343 EVOOs samples were analyzed in conjunction with other 10 single cultivars oils derived from
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3 344 Canino, Ogliarola, Coratina, Moraiolo and Peranzana cv. The chemometric analysis of the data
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5 345 makes it possible to separate the Olivastro di Bucchianico cv EVOOs from the others, thus
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8 346 resulting as a promising approach for their discrimination, even if more samples would be
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10 347 required to confirm it. This preliminary study puts in evidence the compositional
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12 348 characteristics of the single cultivar EVOOs under analysis, in order to propose a
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14 349 characterization study to the competent institutions. This contribution can also be valuable
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16 350 for the purpose of defining the specifications of PDOs, PGIs, PATs.
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25 353
26
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28
29 355 concession of the HS-GC-IMS instrument. The set-up of the HS-GC-IMS analytical method as
30
31 356 well as the selection of the 15 volatile compounds, was performed within the EU Horizon 2020
32
33 357 project “Advanced solutions for assuring the overall authenticity and quality of olive oil
34
35 358 (OLEUM) – Grant Agreement number: 635690”.

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13 508 **FIGURE LEGENDS**

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16 509 **Figure 1** Sensory profile of the EVOOs from Olivastro di Bucchianico cv

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18 510 **Figure 2** Scores plot obtained from the PCA

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24 512 **APPENDIX: ABBREVIATIONS USED**

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26 513 **EVOOs**, Extra Virgin Olive Oils, **FAEE**, Fatty Acid Ethyl Esters, **SFAs**, Saturated Fatty Acids,

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28 514 **MUFAs**, Monounsaturated Fatty Acids, **PUFAs**, Polyunsaturated Fatty Acids, **PCA**, Principal

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31 515 Component Analysis.
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Table 1. Qualitative characteristics of the EVOOs from Olivastro di Bucchianico cv.

Determinations:	Mean	Max	Min	S. D.
Free acidity (% oleic acid)	0.15	0.24	0.08	0.06
Peroxide value (meqO ₂ kg ⁻¹)	7.5	8.8	6.2	1.0
K ₂₃₂	1.66	1.98	1.44	0.17
K ₂₇₀	0.12	0.20	0.07	0.043
ΔK	-0.003	-0.002	-0.004	0.001
FAEE (mg kg ⁻¹)	2.6	4.3	0.1	1.7
Waxes (mg kg ⁻¹)	33	40	27	5
Tocopherols (mg kg ⁻¹)	264	337	218	47

S.D.: standard deviation

Table 2. Fatty acid composition of the EVOOs from Olivastro di Bucchianico cv.

Fatty acid composition (%):	Mean	Max	Min	S.D.
Myristic acid (C14:0)	0.01	0.01	0.00	0.004
Palmitic acid (C16:0)	11.94	14.14	10.89	1.30
Palmitoleic acid (C16:1)	0.71	1.00	0.52	0.19
Heptadecanoic acid (C17:0)	0.12	0.15	0.08	0.03
Heptadecenoic acid (C17:1)	0.18	0.26	0.12	0.04
Stearic acid (C18:0)	3.02	3.17	2.82	0.14
Oleic acid (C18:1)	74.71	77.12	72.46	1.66
Linoleic acid (C18:2)	7.81	8.32	6.63	0.60
Arachic acid (C20:0)	0.46	0.54	0.42	0.04
Linolenic acid (C18:3)	0.58	0.64	0.53	0.04
Eicosenoic acid (C20:1)	0.27	0.31	0.24	0.03
Behenic acid (C22:0)	0.11	0.19	0.06	0.04
Lignoceric acid (C24:0)	0.08	0.15	0.04	0.04
Oleic/linoleic	9.57	10.93	9.27	0.99
∑ SFAs	15.74	17.69	14.69	1.11
∑ MUFAs	75.88	78.14	73.82	1.51
∑ PUFAs	8.39	8.93	7.17	0.62
MUFAs/SFAs	4.82	5.03	4.42	0.42

SFAs: saturated fatty acids; MUFAs: monounsaturated fatty acids; PUFAs: polyunsaturated fatty acids; S.D.: standard deviation

Table 3. Triglycerides composition of the EVOOs from Olivastro di Bucchianico cv.

Triglycerides composition (%):	Mean	Max	Min	S.D.
LLL	0.08	0.17	0.03	0.06
OLLn+PoLL	0.14	0.27	0.08	0.07
PLLn	0.06	0.07	0.02	0.02
OLL	1.50	1.65	1.12	0.19
OOLn+PoOL	1.18	1.33	1.08	0.09
PLL+PoPoO	0.49	0.63	0.28	0.12
POLn+PPoPo+PPoL	0.61	0.75	0.52	0.07
OOL+LnPP	12.07	13.00	11.14	0.64
PoOO	1.10	1.65	0.69	0.39
SLL+PLO	5.61	6.45	4.49	0.71
PoOP+SPoL+SOLn+SPoPo	0.70	0.98	0.53	0.18
PLP+OOO+PoPP	42.48	46.38	39.35	2.77
SOL+POO	23.61	25.33	22.31	1.23
POP	3.88	5.01	3.29	0.67
SOO	5.21	5.72	4.76	0.43
POS+SLS	1.28	1.52	1.18	0.11

P: palmitic; Po: palmitoleic; S: stearic; O: oleic; L: linoleic acids; Ln: linolenic acid.
S.D.: standard deviation

Table 4. Sterol composition and erythrodiol and uvaol content of the EVOOs from Olivastro di Bucchianico cv.

Determinations:	Mean	Max	Min	S.D.
Sterol composition (%):				
Colesterol	0.2	0.4	0.1	0.1
Campesterol	3.0	3.2	2.9	0.1
Campestanol	0.0	0.1	0.0	0.0
Stigmasterol	0.7	0.8	0.6	0.1
Δ -7-Campesterol	0.1	0.1	0.0	0.0
Δ -5.23-Stigmastadienol	0.0	0.1	0.0	0.0
Clerosterol	0.6	0.8	0.4	0.2
β -Sitosterol	85.8	88.5	80.3	3.0
Sitostanol	1.0	1.1	0.7	0.1
Δ -5-Avenasterol	6.5	11.5	3.7	2.9
Δ -5.24-Stigmastadienol	0.8	1.0	0.6	0.2
Δ -7-Stigmastenol	0.5	0.8	0.3	0.2
Δ -7-Avenasterol	0.8	1.1	0.7	0.1
Apparent β -Sitosterol	94.6	95.0	94.3	0.2
Total sterols (mg kg⁻¹)	1274	1409	1099	128
Erythrodiol +Uvaol (%)	1.48	1.98	1.01	0.35

S.D.: standard deviation

Table 5. Alcoholic content of EVOOs from Olivastro di Bucchianico cv.

Determinations:	Mean	Max	Min	S.D.
Alcohols content (mg kg⁻¹):				
Phytol	318.4	418.8	205.3	85.5
Geranylgeraniol	14.5	19.6	10.4	2.9
1-Docosanol (C22)	5.2	6.9	3.9	1.2
1-Tetracosanol (C24)	22.1	27.8	16.1	5.1
1-Hexacosanol (C26)	66.7	84.3	50.1	16.0
1-Octacosanol (C28)	28.1	41.4	20.1	8.4
β -Amyrin + Butyrospermol	90.2	127.3	55.2	29.9
α -Amyrin	1.2	3.5	0.1	1.2
Cycloartenol	380.4	516.2	200.5	128.3
24-Methylen-cycloartanol	317.9	420.9	168.8	114.6
Citrostadienol	218.8	289.9	145.4	55.8
Total aliphatic alcohols (mg kg⁻¹)	140	187	94	39

S.D.: standard deviation

Table 6. Phenols content of EVOOs from Olivastro di Bucchianico cv.

Phenols content (mg kg ⁻¹ of tyrosol):	Mean	Max	Min	S.D.
3,4-DHPEA	1.0	1.9	0.3	0.6
p-HPEA	2.4	5.5	0.0	2.4
Vanillic acid	1.2	3.2	0.4	1.2
Vanillin	2.0	2.7	1.0	0.6
p-Coumaric acid	1.7	1.9	1.5	0.2
Hydroxytyrosyl acetate	0.4	0.7	0.0	0.3
Ferulic acid	3.0	8.4	0.6	3.2
o-Coumaric acid	0.1	0.2	0.0	0.1
3,4-DHPEA-EDA ox	0.0	0.0	0.0	0.0
3,4-DHPEA-EDA	76.3	203.2	24.8	74.2
3,4-DHPEA-EA	23.8	46.9	6.8	17.2
Tyrosyl acetate	0.6	1.0	0.3	0.3
p-HPEA-EDA ox	15.2	25.2	6.5	7.6
p-HPEA-EDA	65.3	130.1	37.8	37.6
Pinoresinol, 1-acetoxypinoresinol	58.9	73.3	52.3	9.5
Cinnamic acid	3.5	5.1	1.8	1.4
p-HPEA EA	0.8	1.5	0.0	0.7
3,4-DHPEA-EDA, -EA, -H ox	0.8	1.2	0.5	0.3
Luteolin	3.1	4.9	2.4	1.0
3,4-DHPEA-EA, -H	37.8	73.7	19.2	21.1
p-HPEA-EA, -H ox	5.8	9.4	2.8	2.4
Apigenin	1.0	1.4	0.2	0.5
Methyl-luteolin	8.2	14.5	5.1	3.7
p-HPEA-EA, -H	4.1	7.6	1.9	2.6
Total phenols	306	535	182	135

S.D.: standard deviation

Table 7. Data matrix used to build the PCA. The values (mV) represents the intensity of the dimer signals of each volatile compounds present in the heat maps for each samples.

Samples	Ethyl acetate	Ethyl propanoate	3-methyl-1-butanol	Propanoic acid	(<i>E,E</i>)-2,4-hexadienal	(<i>E</i>)-2-heptenal	6-methyl-5-hepten-2-one	Ethanol	Acetic acid	Hexanal	(<i>E</i>)-2-hexenal	1-hexanol	1-octen-3-ol	(<i>Z</i>)-3-hexenyl acetate	Nonanal
C1	203.7	331.4	229.2	397.7	377.4	396.3	419.4	548.9	333.2	800.5	845.0	395.1	399.8	401.0	376.4
C2	336.1	325.9	229.2	567.7	384.0	396.3	433.4	431.6	345.6	924.1	1000.0	389.1	392.2	406.7	376.4
CR1	493.4	314.8	284.5	549.8	357.5	354.9	440.4	1000.0	388.8	951.1	871.1	353.2	376.8	344.5	339.4
CR2	434.8	602.0	221.3	447.0	350.9	343.1	454.4	852.5	444.3	1000.0	869.2	347.2	369.1	344.5	333.2
M1	527.7	314.8	245.0	676.8	364.1	354.9	447.4	681.8	499.8	595.9	801.4	353.2	384.5	344.5	345.6
M2	450.7	309.3	237.1	570.8	364.1	354.9	433.4	612.8	351.7	577.9	717.3	347.2	376.8	350.2	345.6
O1	455.9	336.9	272.7	784.9	377.4	396.3	419.4	647.5	432.0	888.0	818.5	395.1	376.8	406.7	376.4
O2	462.3	325.9	260.8	568.7	384.0	396.3	433.4	653.0	413.5	898.3	820.9	395.1	384.5	395.4	376.4
OL1	809.5	331.4	229.2	745.0	377.4	408.2	412.4	281.7	407.3	508.4	801.0	389.1	376.8	395.4	388.8
OL2	1000.0	458.4	347.8	1000.0	523.0	573.8	496.3	673.1	549.2	279.3	942.0	568.7	446.0	593.1	555.4
OL3	768.9	314.8	715.3	978.0	364.1	349.0	398.5	592.3	450.5	360.4	355.5	359.2	384.5	355.8	357.9
OL4	779.9	314.8	446.6	929.7	364.1	354.9	405.5	615.2	456.6	818.5	550.2	359.2	392.2	350.2	357.9
OL5	777.3	309.3	656.0	967.5	364.1	360.8	405.5	468.1	382.6	388.7	385.1	353.2	376.8	355.8	345.6
OL6	806.3	314.8	407.0	827.9	364.1	354.9	426.4	719.3	555.4	598.5	734.4	359.2	392.2	350.2	345.6
OL7	816.4	314.8	565.1	995.8	357.5	360.8	426.4	195.0	357.9	455.6	639.0	359.2	384.5	350.2	351.7
P1	683.9	353.5	237.1	369.4	397.2	408.2	433.4	443.4	382.6	741.3	945.1	395.1	384.5	406.7	388.8
P2	333.0	336.9	233.2	244.5	377.4	402.2	405.5	256.1	382.6	854.6	423.3	401.1	399.8	418.0	382.6

Table 8. Data matrix used to build the PCA. The values (mV) represents the intensity of the monomer signals of each volatile compounds present in the heat maps for each samples.

Samples	(<i>E</i>)-2-heptenal_M	(<i>E,E</i>)-2,4-hexadienal_M	Ethyl acetate_M	Ethyl propanoate_M	3-methyl-1-butanol_M	(<i>Z</i>)-3-hexenyl acetate_M	Hexanal_M	(<i>E</i>)-2-hexenal_M	1-hexanol_M	Acetic acid_M
C1	382.2	387.9	374.4	351.4	146.4	368.7	977.9	878.3	280.7	263.9
C2	374.9	395.4	421.7	375.6	191.8	368.7	985.7	879.1	280.7	265.2
CR1	360.2	402.8	615.4	393.8	501.0	354.5	975.7	864.2	285.6	353.6
CR2	367.5	387.9	343.8	351.4	278.4	354.5	1000.0	865.0	280.7	399.7
M1	367.5	387.9	494.9	339.3	387.6	368.7	847.7	861.1	270.9	389.2
M2	374.9	380.5	410.6	351.4	346.4	368.7	801.3	862.6	270.9	331.1
O1	382.2	387.9	863.8	454.4	443.3	375.8	986.8	873.6	290.6	827.2
O2	389.6	395.4	684.0	393.8	362.9	368.7	968.0	871.3	315.2	1000.0
OL1	382.2	402.8	532.9	351.4	177.3	375.8	835.5	876.8	334.9	476.3
OL2	470.4	462.5	918.4	563.5	459.8	489.2	681.0	1000.0	645.2	773.1
OL3	374.9	395.4	528.3	393.8	983.5	382.8	716.3	821.0	295.5	497.4
OL4	374.9	402.8	832.3	490.8	732.0	368.7	933.8	859.5	310.3	547.5
OL5	374.9	395.4	628.4	399.9	1000.0	375.8	732.9	830.5	354.6	558.0
OL6	374.9	402.8	790.5	339.3	688.7	368.7	802.4	859.5	330.0	753.3
OL7	374.9	380.5	1000.0	357.5	913.4	368.7	742.8	863.4	270.9	409.0
P1	389.6	402.8	532.0	363.5	146.4	382.8	854.3	873.6	275.8	325.9
P2	374.9	402.8	420.8	357.5	127.8	368.7	875.3	861.1	265.9	298.2

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