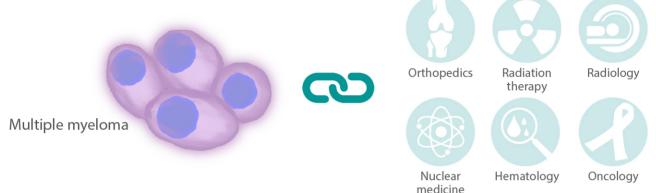
Diagnostic criteria for multiple myeloma recommended by the European Myeloma Network (EMN)

The diagnosis of multiple myeloma requires close collaboration between multiple disciplines



EMN Recommendations: diagnostic sites and tools

Bone marrow

- BM cytology and biopsy to confirm plasmacytosis and monoclonality
- Flow cytometry
- Cytogenetics
- Advanced techniques: GEP, NGS

Blood

- Blood count and blood smear
- Serum electrophoresis and IF
- Serum Free Light Chain
- Serum Immunoglobulin levels
- Renal and liver function tests
- Calcium
- Lactate dehydrogenase
- Albumin, β2-MG

Urine

- Urine sample to check for proteinuria and Bence-Jones
- 24 h urine collection

Imaging

- Low dose Whole-body CT
- PET/CT
 - Whole-body MRI

Prompt diagnosis and close follow-up of multiple myeloma patients remains highly relevant and contribute to better survival