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Olive oil mixtures. Part two: Detection of soft deodorized oil in extra virgin olive oil through diacylglycerol determination. Relationship with free acidity

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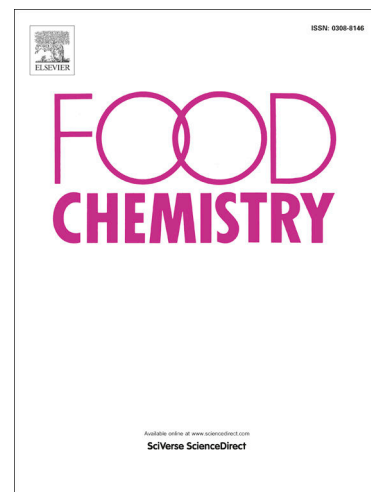
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1 Olive oil mixtures. Part two: Detection of soft deodorized oil in extra  
2 virgin olive oil through diacylglycerol determination. Relationship with  
3 free acidity.

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19  
20 ABSTRACT

21 The detection of soft deodorized olive oils in extra virgin olive oil (EVOO) has become a challenging  
22 task ever since it was demonstrated that: 1. The process does not form the typical refining markers,  
23 e.g. stigmastadienes, and 2. The determination of the fatty acid alkyl esters renders useful only when  
24 the deodorized matrix comes from oils with fermentative defects.

25 Recently researchers have developed strategies to detect such kind of blends, being one of them based  
26 on the fact that both diacylglycerol (DAG) and free fatty acids are not interdependent after mild  
27 refining activities.

28 Presently, we propose two factors to confirm the absence of soft deodorized oils in EVOO: R1 ( $10 \times$   
29  $\text{free acidity}/\text{DAG}_{\text{exp}} \geq 0.23$  and R2 ( $\text{DAG}_{\text{exp}} - \text{DAG}_{\text{theor}} < 0$ ), in genuine EVOO. We demonstrate  
30 that such approach is useful to detect the presence of soft deodorized olive oil when this is at least at  
31 30 % in the mixture.

32  
33 **Keywords:** Diacylglycerols, free acidity, OLEUM Project, olive oil fraud, olive oil illegal blends,  
34 soft deodorization.

35

36

37 **1. Introduction**

38 According to the International Olive Council (IOC) statistics, the European Union has risen  
39 as the most important producer and consumer of olive oil in the world since 1990. Besides, 25 other  
40 countries have produced olive oil in the last six campaigns whereas there are 32 countries that are  
41 olive oil consumers since season 2008/09 (IOC, 2019). This extended practice comes as a  
42 consequence of the oil's high reputation due to its unique sensory profile, and to the general  
43 understanding of its beneficial health properties. These remarks are enough to give us a glimpse of  
44 the economic importance of the olive oil trade worldwide and its attractiveness as target for fakes. In  
45 fact, the European Parliament pointed out that olive oil is included among foods most at risk of  
46 suffering fraudulent practices (European Parliament, 2014). The impact that this situation could have  
47 on consumer's confidence acted as a warning sign and the European Commission published a call on  
48 olive oil authentication (European Commission, 2014) from which the so called OLEUM Project  
49 emerged (Oleum, 2016).

50 In general terms, the assortment of analytical methods available to evaluate the authenticity  
51 of high quality olive oils (i.e. EVOO) and to detect the presence of adulterants that can devalue it  
52 is wide (Frankel, 2010). Such variability, the lack of normative harmonization among countries, the  
53 need of special training to perform the analysis, the disproportionate dependence on sophisticated  
54 statistical approaches, etc. create a number of opportunity windows for possible counterfeits.  
55 Besides, olive oil authentication itself has become one of the most defiant analytical problems at  
56 present, since the range of possible adulterants to be detected includes not only cheaper vegetable oils  
57 other than olive oil, but also olive by-product (pomace) oils and defective olive oils. In fact, when  
58 olive oil displays sensory defects can be the target of a series of fraudulent practices whose general  
59 goal is to mask such unpleasant flavor. In respect to this latter situation, one has to keep in mind the  
60 existence of sot deodorization. Whereas standard deodorization is carried out through pressurized  
61 steam-distillation at 180-250 °C for 30-180 minutes (Pérez-Camino, Cert, Romero-Segura, Cert-

62 (Trujillo, and Moreda, 2008), soft deodorization, preceded or not by chemical neutralization, passes  
63 at low temperature and the resulting oil is then blended with genuine EVOO. Such practice is difficult  
64 to detect due to: On the one hand, the fact that the soft deodorization conditions are tailored in such  
65 a way that the typical refining markers like stigmastadienes, produced by thermal dehydration of  
66 phytosterols (Paganuzzi, 1997; León-Camacho, Alvarez Serrano, and Graciani Constante, 2001), or  
67 conjugated polyunsaturated fatty acids (Saba, Mazzini, Raffaelli, Mattei, and Salvadori, 2005), are  
68 not conclusively detected. On the other hand, even if several analytical techniques have been  
69 developed ad hoc, such as the measure of the diacylglycerol (DAG) profile and content (Pérez-  
70 Camino, Moreda, and Cert, 2001) or the determination of the volatile pattern (Aparicio-Ruiz,  
71 Romero, García-González, Oliver-Pozo, and Aparicio, 2017), there are a number of out-of-range  
72 results that do not always have a unique origin. With the same means, also the determination of the  
73 content of fatty acid alkyl esters (FAAE) was proposed (Pérez-Camino et al., 2008). However, it was  
74 demonstrated that such parameter only evidenced the addition of soft deodorized oil when this had  
75 been extracted from fruits with fermentative defects (i.e. fusty, musty, and winey-vinegary),  
76 remaining unchanged in the cases of rancid (oxidized) oils or of oils obtained from frozen olives  
77 (Gómez-Coca, Moreda, and Pérez-Camino, 2012).

78 Taking into account this overview, the OLEUM Project's main course of action placed a focus  
79 on the development, validation and harmonization of reliable analytical methods and quality  
80 parameters that purposely address technical authenticity issues. In this way, part one centers on legal  
81 blends, i.e. on the verification of the percentage of olive oil in declared mixtures through the use of  
82 decisional trees built through the combination four analytical parameters (Gómez-Coca, Pérez-  
83 Camino, and Moreda, 2020), whereas this manuscript is particularly on the detection of illegal blends,  
84 i.e. of illicit processing (deodorization) in EVOO. With this assignment in mind, on the one hand the  
85 usefulness of the fatty acid ethyl ester (FAEE) determination to detect admixtures with soft  
86 deodorized olive oils obtained from oils with fermentative defects has been reviewed and the method  
87 improved; the manuscript is in preparation and we believe that its full content is not mandatory to

88 understand the present endeavor, however we have added some information about this as an small  
89 introduction in the Result and Discussion Section itself. On the other hand, here we have focused  
90 specifically on the utility of two new parameters (two factors) obtained as a result of combining the  
91 DAG concentration and the free acidity value of the samples under suspicious, to detect the presence  
92 of soft deodorized olive oil in genuine EVOO. We chose such approach following our trend of using  
93 well-known, widely established routine parameters, avoiding in this way more complicated strategies,  
94 e.g. chemometric methodologies, that although widely used in the field of olive oil authentication  
95 (Bosque-Sendra, Cuadros-Rodríguez, Ruiz-Samblás, and de la Mata, 2012; De la Mata, Domínguez-  
96 Vidal, Bosque-Sendra, Ruiz-Medina, Cuadros-Rodríguez, and Ayora-Cañada, 2012; Avramidou,  
97 Doullis, and Petrakis, 2018; Gertz, Matthäus and Willenberg, 2020), normally requires a more  
98 specific personnel training and laboratory equipment. Therefore, we hypothesize that, since there is  
99 a relationship between free acidity and DAG concentration (both of them come from triacylglyceride  
100 hydrolysis and/or biosynthesis), and that such relationship disappears once the oil has gone through  
101 a refining process (free fatty acids are removed during the deodorization step), it will be possible to  
102 detect the presence of soft deodorized oil in EVOO by using a mathematical combination of both  
103 measurements at least to a certain extent.

104

## 105 **2. Materials and methods**

### 106 *2.1 Analytical materials and reagents*

107 All reagents and solvents were of recognized analytical quality and the water used was  
108 ultrapure. Anhydrous pyridine (Py), chloroform (CHL), dichloromethane (DM), diethyl ether (DEE),  
109 hexamethyldisilazane (HMDS), hexane (Hex), methanol (MeOH), and trimethylchlorosilane (TMC)  
110 were purchased from VWR International, LLC (West Chester, Pennsylvania, USA). Phenolphthalein,  
111 potassium hydroxide (titrated 0.1 mol/L KOH ethanolic solution), the internal standard (IS) 1,3-  
112 dipalmitoyl-glycerol (1,3-PP), and the solid phase extraction (SPE) diol cartridges (3 mL) were  
113 obtained at Sigma-Aldrich (Merck KGaA, Darmstadt, Germany).

114

115 *2.2 Determination of free fatty acids*

116 The content of free fatty acids was expressed as free acidity and calculated as the percentage  
117 of oleic acid following the IOC Official Method, whose performance had been tested according to  
118 the corresponding collaborative tests (IOC, 2017a).

119

120 *2.3 Isolation of the diacylglycerol fraction*

121 We carried out the determination of the DAG content observing an already validated method  
122 (Pérez-Camino, Moreda, and Cert, 1996; ISO, 2009), although with some modifications. In short: we  
123 added 250  $\mu$ L IS solution (1 mg/mL in CHL) to 200  $\mu$ g oil and after evaporating the solvent, we re-  
124 dissolved the sample in 1 mL Hex. We conditioned the 3 mL SPE diol cartridge with 6 mL Hex and  
125 subsequently we charged the sample, prepared as described, onto the column. We carried out the first  
126 washing with 6 mL of a Hex:DM:DEE 89:10:1, v/v/v, mixture and discarded the eluate. Next, we  
127 eluted the DAG fraction with 4 mL of a CHL:MeOH 2:1, v/v, blend. We evaporated this fraction  
128 until dryness in a rotary evaporator under reduced pressure and then we added 250  $\mu$ L derivatization  
129 solution. Such solution consisted of a HMDS:TMC:anhydrous Py 3:1:9, v/v/v, mixture. We let it  
130 stand at room temperature for 20 min before taking it to the gas chromatograph.

131

132 *2.4 Instrumentation*

133 We analyzed the DAG as trimethylsilyl ethers by capillary column gas chromatography (GC)  
134 with a flame ionization detector (FID). We carried out these analysis with an Agilent 6890N Gas  
135 Chromatograph (Agilent Technologies, Santa Clara, California) equipped with an Agilent 7683B  
136 Automatic Liquid Sampler). For data acquisition we used the Agilent ChemStation for GC System  
137 program. The conditions for the GC assays were: RTX-65TG column (65% diphenyl-35%  
138 dimethylpolysiloxane; 30 m x 0.25 mm ID x 0.10  $\mu$ m film; Teknokroma, Sant Cugat del Vallés,  
139 Barcelona, Spain), 1.0  $\mu$ L injection volume (50:1 split injection), and hydrogen carrier gas at 15.6

140 psi. injector temperature: 300 °C; detector temperature: 350 °C. Oven temperature program: 270 °C;  
141 maintain for 4 min, heat at 1 °C/min to 295 °C; maintain for 1 min, heat at 10 °C/min to 325 °C;  
142 maintain 7 min; total run time 40 min.

143

## 144 2.5 Samples

145 Fera Science Ltd (Sand Hutton, York) provided the samples within the frame of the OLEUM  
146 Project. In July 2017 we got a set of 10 individual (not blended) oils (Table 1), mainly consisting of  
147 high fruitiness EVOO (EVOO\_H), highly suspected soft deodorization oil (DEO\_SUSP), and a series  
148 of flawed samples with specific sensory defects together with their soft deodorized counterparts:  
149 rancid olive oil (ROO), soft deodorized olive oil from ROO (ROO\_SD), fusty olive oil (FOO), soft  
150 deodorized olive oil from FOO (FOO\_SD), frostbitten olive oil (FBOO), soft deodorized olive oil  
151 from FBOO (FBOO\_SD), brine olive oil (BOO), and soft deodorized olive oil from BOO (BOO\_SD).  
152 Thereafter we prepared 16 blends (Table 2) according to the instructions depicted on the Project's  
153 analytical plan which consisted of binary mixtures of the EVOO\_H with each of the soft deodorized  
154 oils at 70:30, 60:40, 50:50, and 40:60 proportions.

155 One year later (June 2018) we got a new batch of 20 samples (Table 1) from Institut des Corps  
156 Gras (ITERG, Canéjan, France) consisting of high fruitiness EVOO (EVOO\_H-2), low fruitiness  
157 EVOO (EVOO\_L), and a new set of defective oils and their matching soft deodorized equivalents.  
158 The identities of these samples were: rancid olive oil (ROO-2), soft deodorized olive oil from ROO-  
159 2 (ROO-2\_SD), fusty olive oils (FOO-2 to FOO-5), soft deodorized olive oils from FOO-2 to FOO-  
160 5 (FOO-2\_SD to FOO-5), frostbitten olive oil (FBOO-2), soft deodorized olive oil from FBOO-2  
161 (FBOO-2\_SD), musty olive oils (MOO and MOO-2), soft deodorized olive oils from MOO and  
162 MOO-2 (MOO\_SD and MOO-2\_SD), winey olive oil (WOO), and soft deodorized olive oil from  
163 WOO (WOO\_SD).

164 Simultaneously, ITERG also sent a series of 38 binary blind samples (Table 3) containing  
165 either EVOO\_H-2 or EVOO\_L, mixed with one of the mentioned soft deodorized oils at 70:30, 50:50,



166 and 50:70 proportions. They revealed the actual composition of the mixtures (although not the  
167 deodorization conditions) once delivered our results.

168 All samples came with a headspace of nitrogen to maximize their stability and were stored at  
169 4 °C prior to their dispatch. Once in the laboratory we kept them in the dark and below 12 °C until we  
170 were prepared to perform the experimental work. We took them from the cold storage and let them  
171 equilibrate at least 6 hours before shaking then and opening the bottles to do the analyses.

172 We distributed the samples in groups of 6-8 and analyzed them accordingly. In each group we  
173 included two in-house, fully characterized, control samples (EVOO and lampante olive oil -LOO), in  
174 a way that when we had carried out all measurements, we had analyzed each reference at least ten  
175 times (i.e. there were ten folds for both, free acidity and DAG determinations). From these  
176 measurements we followed the performances of the methods and we calculated the related SD.

177

### 178 **3. Results and discussion.**

179 As it was pointed out above, there is a serious type of fraud in the market consisting of mixing  
180 EVOO with defective olive oil which had been deodorized beforehand under mild conditions. The  
181 exact deodorization settings are unknown on each case, but the fact of using low temperature and  
182 vacuum reduces the unattractive odor of poor quality oils and, at the same time, avoids the formation  
183 of the conventional refining markers (Paganuzzi, 1997; Saba et al., 2005). Therefore, when added to  
184 EVOO they cannot be detected with the methods presently included in the Official Regulations  
185 (European Commission, 1991; IOC, 2018a). However, this kind of practice is unable to eliminate the  
186 FAEE, which are in high quantities in certain flawed oils (Gómez-Coca, et al., 2012). Truly, the fact  
187 that the FAEE concentration could be out of the limits set for EVOO (European Commission, 2013;  
188 IOC, 2018a) just in the cases of olive oil with, originally, fermentative defects, made it to be  
189 considered as a quality indicator related to the sanitary conditions of the fruits and not as a purity  
190 parameter (Gómez-Coca, et al., 2012). Nevertheless, the official request on the determination of the

191 FAEE in order to classify oils before bottling them has drastically reduced the raw material that can  
192 be used to perform soft deodorization if one wants it to go unnoticed.

193 As far as the method itself is concern, the original proposal was based on the use of a 15 g  
194 silica gel column chromatography for the initial analyte isolation (IOC, 2017b), which made it  
195 solvent- and time-consuming. Even if the method was consequently optimized (IOC, 2012), in view  
196 of the market situation and following the project's guideline we considered it worth to be reviewed  
197 again. Therefore, we proposed a SPE protocol in which the need of solvents is much lower, which  
198 works with selective retention of impurities and that uses GC-FID for the final analysis. The in-house  
199 validation of the method has given promising results and, as we pointed out before, we will not show  
200 these data here since they are out of the scope of the present paper.

201 In any case, the truth of the matter is that the limitations of the FAEE as markers for the  
202 presence of soft deodorized oils in EVOO remain and therefore the need of new signals. So, the initial  
203 intention was to look for indicators produced during the preparation of soft deodorized oils, in  
204 concentrations below the LOD of the methods included in the Official Regulations (European  
205 Commission, 1991; IOC, 2018a) and the detection of those oils in EVOO.

206 According to our experience, the acidity value, the determination of the DAG content, and the  
207 relationship between them could be useful for intentions of the sort.

208 Table 1 shows the data corresponding to all individual samples, including results on rancid,  
209 fusty, frostbitten, brine, musty and winey oil samples. Rancid samples (ROO notation) were from  
210 rancid olive oil batches, i.e., flavor oils which have experienced an intense process of oxidation; fusty  
211 oils (FOO notation) are oils whose distinctive flavor is extracted from olives piled under conditions  
212 that have allowed an advanced stage of anaerobic fermentation, whereas frostbitten oils (FBOO  
213 notation) are those whose characteristic flavor is due to their extraction from olives which have been  
214 wounded by frost while on the tree; brine oils (BOO notation) are oils extracted from olives which  
215 have been conserved in brine; musty olive oils (MOO notation) are oils whose characteristic flavor  
216 is obtained from fruit in which large numbers of fungi and yeast have developed as a result of its

217 being stored in humid conditions for a long time; finally, winery oils (WOO notation) have a certain  
218 essence reminiscent of wine (IOC, 2018b). Column 2 displays the free acidity values. The results for  
219 the in house control samples, EVOO and LOO, were  $0.22 \pm 0.007$  % and  $0.52 \pm 0.007$  %, respectively.  
220 These values were, within the error limits, identical to those obtained when characterizing those  
221 samples, which confirms the performance of the method. Hence, rounding off we estimated an SD  
222 applicable to each free acidity result of 0.01 %.

223       Regarding the samples themselves, except for ROO-2 and ROO-2\_SD, all of them showed  
224 acidity values well below the 0.8 % maximum limit established for EVOO when it is obtained from  
225 mature fruits (European Commission, 1991; IOC, 2018a). Besides, in 77 % of the cases under study  
226 the free acidity of the initial oil was slightly higher than that of its soft deodorized counterpart. Low  
227 acidity levels in soft deodorized oils point out that, beside mild deodorization also neutralization was  
228 carried out, as it is often the case with low quality virgin olive oils with sensory defects and high free  
229 acidity (Pérez-Camino et al., 2008). That made us think that the ROO-2\_SD sample had not been  
230 neutralized prior deodorization. Other authors observed this effect too (Bernardini, 1983; Hui, 1996;  
231 Bendini, Valli, Cerretani, Chiavaro, and Lercker, 2009; Caponio, Summo, Bilancia, Paradiso,  
232 Sikorska, and Gomes, 2011)

233       As far as DAG are concerned, they are found in edible vegetable oils in low amounts and can  
234 be formed either as intermediate products in the TAG biosynthesis (i.e. 1,2-DAG) or as result of  
235 acidic and enzymatic hydrolysis of the TAG (i.e. 1,3-DAG) during extraction, refining and storage  
236 (Pérez-Camino et al., 2001). So, at least initially knowledge of the overall quantity of DAG is of great  
237 interest for the evaluation of the oil quality and of the treatments to which the oil is subjected. We  
238 carried out such quantification starting with the separation of the polar fraction of the samples through  
239 SPE using a bonded diol phase and then analyzing the silyl derivatives by capillary GC on a high-  
240 polarity capillary column (see Section 2.4). We did not find any interferences by other components,  
241 neither isomerization by passing the DAG through the cartridge, as was to be expected (Pérez-Camino  
242 et al., 1996). The procedure was quick, straightforward, and reproducible, allowing the quantitation

243 of the DAG and their separation according to their carbon atom number, their isomeric structure (1,2-  
244 and 1,3-DAG) and the degree of unsaturation (Pérez-Camino et al., 1996).

245 Table 1 shows the results obtained on the DAG determination in the cases of the initial (non-  
246 mixed) oils. The results for the in house reference samples, EVOO and LOO, were  $10.09 \pm 0.60$  mg/g  
247 and  $14.90 \pm 0.56$  mg/g, respectively. These values were, within the error limits, identical to those  
248 obtained during the in-house characterization, which confirms the performance of our tests. Thus, we  
249 concluded that the SD applicable to each individual result would equal 0.60 mg/g.

250 From the findings on the initial samples (column 3) one observed that the effect of soft  
251 deodorization was erratic: On this particular set of samples it has no consequence in 46 % of the cases  
252 since the DAG contents in the initial oils against the contents of the soft deodorized counterparts  
253 remained the same within the error limits, whereas it decreased in 23 % of the samples, increasing in  
254 31 % of them. Nonetheless, researchers demonstrated long ago the dependence of the DAG  
255 composition and concentration on the characteristics of the raw oil (Pérez-Camino et al., 2001).  
256 Likewise, results on the DAG content in soft deodorized oil are very much bonded to the global  
257 deodorization conditions. Thus, there are authors that demonstrated that, when present, the alkaline  
258 neutralization of the oil drives to a decrease of the total DAG up to 10 % (Leone, Santoro, Liuzzi, La  
259 Notte, and Gambacorta, 1988), whereas others showed a total increase of about 10 % due to the TAG  
260 hydrolysis caused by the deodorization temperature. All in all, the unsuitability to use DAG  
261 themselves to detect soft deodorization is confirmed (Pérez-Camino et al., 2001). In our case the exact  
262 deodorization conditions were unknown, preventing us from going further in our conclusions.

263 We calculated the theoretical DAG concentration (column 4) for each of the samples  
264 according to the equation  $DAG_{\text{theor}} = 17.6 \times (\text{free acidity} - 0.10) + 10$ . The 17.6 constant value equaled  
265 the DAG concentration (mg/g) that would correspond to the 0.8 % acidity value (0.8 g free oleic acid  
266 in 100 g oil), assuming that: a) The free acidity increase comes only from the free fatty acids generated  
267 from the TAG hydrolysis to DAG (e.g. 1 mole triolein would be hydrolyzed into 1 mole free oleic  
268 acid (282.47 g) and 1 mole dioleoyl glycerol (620.99 g), therefore  $(620.99/282.47) \times 0.8 \times 10 = 17.6$ );

269 b) DAG are not further hydrolyzed to monoacylglycerides; c) Good quality oils obtained from mature  
270 olive fruits maintained a minimum acidity value and a minimum total DAG content around 0.10 %  
271 and 10 mg/g, respectively. Pérez-Camino and co-workers demonstrated the utility of such equation  
272 some years ago, although by then the free acidity limit for EVOO was 1 % (Pérez-Camino et al.,  
273 2001). In the present case we adapted the equation to take into account the 0.8 % current threshold  
274 (European Commission, 2013).

275 In addition to the three parameters estimated above, we calculated two factors: the free  
276 acidity/DAG<sub>exp</sub> ratio (units handling made us multiply by 10) and the difference between  
277 experimental and theoretical DAG values. We called these factors R1 and R2, respectively, and for a  
278 matter of fact we decided to treat them as non-dimensional. From Table 1 (columns 5-6) it was evident  
279 that: a) For genuine, high quality olive oils,  $R1 \geq 0.23$  whereas  $R2 < 0$ . b) R1 for soft deodorized  
280 olive oils and defective oils was normally lower than that for EVOO; in fact, it was below 0.23 in 92  
281 % of the cases. Parallely,  $R2 > 0$  in defective and soft deodorized oils.

282 Obviously, the high value for the R1 factor in the case of ROO-2 was due to its elevated free  
283 acidity. However, the fact that for ROO-2\_SD R1 was above 0.23 supported our hypothesis on the  
284 non-neutralization of such oils during the deodorization procedure.

285 Table 2 shows the corresponding results in the cases of the blends of EVOO with four  
286 distinctive soft deodorized olive oils obtained from oils with sensory defects (i.e. our own laboratory  
287 mixtures prepared with DEO\_SUSP, ROO\_SD, FOO\_SD, and BOO\_SD), each of them at four  
288 different proportions (i.e. EVOO was present at 40, 50, 60, or 70 %). Observing the data, it was  
289 evident that the R1 factor was below 0.23 in all samples, and that R2 was positive in 69 % of the  
290 cases. Therefore, we concluded that the application of R1 and R2 simultaneously allowed to evidence  
291 the presence of soft deodorized oil in EVOO when the former one was at least at 30 %. Other  
292 approaches have been developed to identify soft deodorized oil in this kind of blends: Some authors  
293 could only detected if it was at least at 50 % (Aparicio et al., 2017), although others obtained

294 promising preliminary results applying (less straightforward) chemometric tools on samples mixed  
295 at 30 % (Caponio et al., 2011).

296 Additionally, in order to verify the utility of this method we tested it in 38 blind mixtures  
297 containing soft deodorized oil at 30, 50, or 70 %. Results are shown in Table 3. The identity,  
298 composition and possible adulteration of these samples were initially unknown and they were  
299 disclosed after the analysis. As one can observe, applying the R1 and R2 we could unequivocally  
300 assert that something was amiss in all of them because even if R1 was below 0.23 in 'just' 87 % of  
301 the cases, R2 was above zero in all of them. The fact that a so-called 'genuine EVOO' displayed R1  
302  $< 0.23$  and/or R2  $> 0$ , clearly indicated the presence of soft deodorized oil in our blind samples at a  
303 certain proportion which at least would be of 30 %. Interestingly, the blends for which the R1 factor  
304 was above 0.23, were those in which the ROO-2\_SD sample was utilized, supporting our hypothesis  
305 that that was a sample which has not been neutralized prior deodorization. In any case, R2 evidenced  
306 the illegality and confirms the fact that the application of both factors is a must if one wants to detect  
307 this kind of fraud.

308 It is a fact that other authors have proposed interesting approaches through which lower  
309 percentages (20 %) of soft deodorized olive oils might be detected. Such is the case of Gerzt and  
310 colleagues (Gertz, Matthäus, and Willenberg, 2020) who developed a statistical model based on  
311 twelve analytical parameters to verify the authenticity of EVOO, including that mixed with soft  
312 deodorized oil. The results are different equations combining the analyzed parameters, which can be  
313 either determined by the Official Methods or by NIR. According to the authors, one of the advantages  
314 of this approach lies on the fact of considering those parameters in parallel, whereas the Official  
315 Method (European Commission, 2013) does it consecutively. Besides they also claim that twelve  
316 parameter combined in a mathematical formula are not so effortlessly deceived. This is indeed a good  
317 approach, but we do not agree completely with the author's points of view. On the first place, the  
318 European Commission specifies that an oil has to comply with *all* parameters listed in the Regulation,  
319 regardless the order of determination, but that each parameter is a must. That means that more than

320 twenty parameters have to be tested and all those results considered *globally* in a way that not even  
321 one can be left aside before declaring an oil, e.g., extra virgin (European Commission, 2013).

322 On a second place the authors propose the use of NIR instead of the Official Methods in order  
323 to determine those parameters. We cannot agree with this approach since this is not a validated  
324 strategy and, as the authors point out, ‘NIR spectra are generated by an optical measuring system,  
325 which differs from manufacturer to manufacturer in the geometry of the measuring cell and the optics,  
326 the scanning process and the processing of data from other units. Therefore, it is nearly impossible to  
327 transfer methods that have been developed on one specific instrument to a unit of another  
328 manufacturer’, what means that is it very difficult to compare results from one laboratory to another,  
329 something that does not happen with the Official Methods.

330 Finally it catches our attention the fact that Gertz and colleagues deodorized EVOO instead  
331 of real defective oils to prove their approach (i.e., to demonstrate they can detect soft deodorized olive  
332 oil in EVOO being the former at 20 %). We think that this is important because soft deodorization  
333 conditions are always unknown and at the same time adapted to the characteristics of the raw matter,  
334 what mean that having actual defective oils is important to mimic any process and therefore to  
335 determine how much soft deodorized oil can be detected in a fraudulent mixture.

336

### 337 **Conclusions**

338 Fraud detection in olive oil remains a critical point. Many researchers from the field are not really  
339 conscious of the possibilities that analytical methods offer on this matter and rely too much on  
340 complex statistical tactics, requiring the analysis of a very large number of samples to obtain usually  
341 only qualitative or semiquantitative results (Frankel, 2010). In this work we use an innovative approach  
342 consisting of the combination of just two routine, easy to perform, parameters -free acidity and DAG  
343 content- to detect the presence of soft deodorized oil in EVOO.

344 In this preliminary research (we are aware that the number of samples must be increased for future  
345 endeavors), beyond getting a new marker for soft deodorization detection, we hypothesized and



346 corroborated that the calculation of two new factors ( $R_1$  and  $R_2$ ), estimated from the free acidity  
347 value and the DAG concentration will make possible the detection of at least 30 % soft deodorized  
348 oil in EVOO. We advise the calculation of these two factors as regular practice for both food control  
349 laboratories and oil industries working either as intermediates or as final bottlers, in order to force  
350 fraudsters to be more demanding with the quality of the 'soft deodorized-to-be' raw material. In this  
351 way, fraud will not be worth the trouble.

352 According to our results,  $R_1$  must be at least 0.23 if we are handling high quality virgin olive oils (i.e.  
353 EVOO), whereas for soft deodorized olive oils, defective oils, and blends of EVOO with the former  
354 ones it will normally lie below such value. Similarly,  $R_2$  will be over 0 in soft deodorized oils,  
355 defective oils, and adulterated EVOO, and close to or below 0 in EVOO.

356 Further research will focus on lowering that 30 % limit for soft deodorized oil and on studying the  
357 performance of this approach when applied to a wider variety of EVOO (e.g. EVOO in which the  
358 acidity values ranged from 0.4 to 0.8). We would like to point out that this limit works for oils that  
359 have been soft deodorized under certain conditions. Soft deodorization conditions are always  
360 unknown and tailored according to the quality of the raw matter, therefore the detection limits may  
361 vary accordingly.

362

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375

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458 CI-MS and CI-MS/MS, a possible marker for adulteration by addition of deodorized olive oil. *Journal*  
459 *of Agricultural and Food Chemistry*, 53, 4867-4872.

460 Table 1. Free acidity values (percentage in oleic acid), together with the experimental and theoretical diacylglycerol concentrations ( $DAG_{exp}$  and  $DAG_{theor}$ , respectively) of the not  
 461 blended oils: High fruitiness extra virgin olive oil (EVOO\_H and EVOO\_H-2), low fruitiness extra virgin olive oil (EVOO\_L), highly suspected soft deodorization oil (DEO\_SUSP),  
 462 rancid olive oil (ROO and ROO-2), soft deodorized olive oil from rancid olive oil (ROO\_SD and ROO-2\_SD), fusty olive oil (FOO, and FOO-2 to FOO-5), soft deodorized olive oil  
 463 from fusty olive oil (FOO\_SD, and FOO-2\_SD to FOO-5\_SD), frostbitten olive oil (FBOO and FBOO-2), soft deodorized olive oil from frostbitten olive oil (FBOO\_SD and FBOO-  
 464 2\_SD), brine olive oil (BOO), soft deodorized olive oil from brine olive oil (BOO\_SD), musty olive oil (MOO and MOO-2), soft deodorized olive oil from musty olive oil (MOO\_SD  
 465 and MOO-2\_SD), winy olive oil (WOO), and soft deodorized olive oil from winy olive oil (WOO\_SD). Factors R1 and R2 have also been calculated.

Sample <sup>a</sup>	Free Acidity, % <sup>b</sup>	$DAG_{exp}$ , mg/g <sup>c</sup>	$DAG_{theor}$ , mg/g <sup>d</sup>	R1 <sup>e</sup>	R2 <sup>f</sup>
EVOO_H	0.28	9.65	13.17	0.29	-3.52
EVOO_H-2	0.33	13.20	14.05	0.25	-0.85
EVOO_L	0.23	10.10	12.29	0.23	-2.19
<b>DEO_SUSP</b>	<b>0.14</b>	<b>14.41</b>	<b>10.70</b>	<b>0.10</b>	<b>3.71</b>
ROO	0.38	22.12	14.93	0.17	7.19
<b>ROO_SD</b>	<b>0.32</b>	<b>21.64</b>	<b>13.87</b>	<b>0.15</b>	<b>7.77</b>
ROO-2	1.01	29.20	26.02	0.35	3.18
<b>ROO-2_SD</b>	<b>0.93</b>	<b>28.70</b>	<b>24.61</b>	<b>0.32</b>	<b>4.09</b>
FOO	0.54	31.06	17.74	0.17	13.32
<b>FOO_SD</b>	<b>0.49</b>	<b>30.88</b>	<b>16.86</b>	<b>0.16</b>	<b>14.02</b>
FOO-2	0.28	13.80	13.17	0.20	0.63
<b>FOO-2_SD</b>	<b>0.28</b>	<b>14.40</b>	<b>13.17</b>	<b>0.19</b>	<b>1.23</b>
FOO-3	0.52	25.50	17.39	0.20	8.11
<b>FOO-3_SD</b>	<b>0.42</b>	<b>22.10</b>	<b>15.63</b>	<b>0.19</b>	<b>6.47</b>
FOO-4	0.53	25.90	17.57	0.20	8.33
<b>FOO-4_SD</b>	<b>0.45</b>	<b>25.20</b>	<b>16.16</b>	<b>0.18</b>	<b>9.04</b>
FOO-5	0.31	15.90	13.70	0.19	2.20
<b>FOO-5_SD</b>	<b>0.28</b>	<b>15.60</b>	<b>13.17</b>	<b>0.18</b>	<b>2.43</b>

466

467 Table 1 (cont.)

FBOO	0.45	20.91	16.16	0.21	4.75
<b>FBOO_SD</b>	<b>0.39</b>	<b>25.81</b>	<b>15.10</b>	<b>0.15</b>	<b>10.71</b>
FBOO-2	0.38	20.50	14.93	0.19	5.57
<b>FBOO-2_SD</b>	<b>0.33</b>	<b>17.50</b>	<b>14.05</b>	<b>0.19</b>	<b>3.45</b>
BOO	0.22	15.81	12.11	0.14	3.70
<b>BOO_SD</b>	<b>0.28</b>	<b>18.42</b>	<b>13.17</b>	<b>0.15</b>	<b>5.25</b>
MOO	0.40	20.50	15.28	0.20	5.22
<b>MOO_SD</b>	<b>0.34</b>	<b>17.80</b>	<b>14.22</b>	<b>0.19</b>	<b>3.58</b>
MOO-2	0.86	42.10	23.38	0.20	18.72
<b>MOO-2_SD</b>	<b>0.83</b>	<b>43.00</b>	<b>22.85</b>	<b>0.19</b>	<b>20.15</b>
WOO	0.30	14.80	13.52	0.20	1.28
<b>WOO_SD</b>	<b>0.31</b>	<b>16.30</b>	<b>13.70</b>	<b>0.19</b>	<b>2.60</b>

468 <sup>a</sup>Bolds are used to emphasize (suspected) soft deodorized oils. <sup>b</sup>The standard deviation applicable to each individual result equals  $\pm 0.01\%$  and is the result of eleven individual  
469 measurement of two in-house references. <sup>c</sup>The standard deviation applicable to each individual result equals  $\pm 0.60$  mg/g and is the result of eleven individual measurement of two in-  
470 house references. <sup>d</sup> $\text{DAG}_{\text{theor}} = 17.6 \times (\text{free acidity} - 0.10) + 10$ . <sup>e</sup> $\text{R1} = 10 \times (\text{free acidity}/\text{DAG}_{\text{exp}})$ . <sup>f</sup> $\text{R2} = \text{DAG}_{\text{exp}} - \text{DAG}_{\text{theor}}$

471

472 Table 2. Free acidity values expressed as percentage in oleic acid, together with the experimental and theoretical diacylglycerol concentrations (DAG<sub>exp</sub> and DAG<sub>theor</sub>, respectively),  
 473 of the blends under study: high fruitiness extra virgin olive oil (EVOO\_H), highly suspected soft deodorization oil (DEO\_SUSP), soft deodorized olive oil from rancid olive oil  
 474 (ROO\_SD), soft deodorized olive oil from fusty olive oil (FOO\_SD), and soft deodorized olive oil from brine olive oil (BOO\_SD). Factors R1 and R2 have also been calculated.

Defective oil	% EVOO_H	% Soft deodorized oil <sup>a</sup>	Free Acidity, % <sup>b</sup>	DAG <sub>exp</sub> , mg/g <sup>c</sup>	DAG <sub>theor</sub> , mg/g <sup>d</sup>	R1 <sup>e</sup>	R2 <sup>f</sup>
DEO_SUSP	70	30	0.24	11.08	12.46	0.21	-1.38
	60	40	0.22	11.55	12.11	0.19	-0.56
	<b>50</b>	<b>50</b>	<b>0.21</b>	<b>12.03</b>	<b>11.94</b>	<b>0.17</b>	<b>0.09</b>
	<b>40</b>	<b>60</b>	<b>0.20</b>	<b>12.51</b>	<b>11.76</b>	<b>0.16</b>	<b>0.75</b>
ROO_SD	70	30	0.29	13.25	13.34	0.22	-0.09
	60	40	0.30	14.45	13.52	0.21	0.93
	<b>50</b>	<b>50</b>	<b>0.30</b>	<b>15.65</b>	<b>13.52</b>	<b>0.19</b>	<b>2.13</b>
	<b>40</b>	<b>60</b>	<b>0.30</b>	<b>16.84</b>	<b>13.52</b>	<b>0.18</b>	<b>3.32</b>
FOO_SD	70	30	0.34	16.02	14.22	0.21	1.80
	60	40	0.36	18.14	14.58	0.20	3.56
	<b>50</b>	<b>50</b>	<b>0.39</b>	<b>20.27</b>	<b>15.10</b>	<b>0.19</b>	<b>5.17</b>
	<b>40</b>	<b>60</b>	<b>0.41</b>	<b>22.39</b>	<b>15.46</b>	<b>0.18</b>	<b>6.93</b>
BOO_SD	70	30	0.28	12.28	13.17	0.22	-0.89
	60	40	0.28	13.16	13.17	0.21	-0.01
	<b>50</b>	<b>50</b>	<b>0.28</b>	<b>14.04</b>	<b>13.17</b>	<b>0.20</b>	<b>0.87</b>
	<b>40</b>	<b>60</b>	<b>0.28</b>	<b>14.91</b>	<b>13.17</b>	<b>0.19</b>	<b>1.74</b>

475 <sup>a</sup>Bolds are used to emphasize mixtures with at least 50 % soft deodorized oils. <sup>b</sup>The standard deviation applicable to each individual result equals ±0.01 % and is the result of eleven  
 476 individual measurement of two in-house references. <sup>c</sup>The standard deviation applicable to each individual result equals ±0.60 mg/g and is the result of eleven individual measurement  
 477 of two in-house references <sup>d</sup>DAG<sub>theor</sub> = 17.6 x (free acidity – 0.10) + 10. <sup>e</sup>R1 = 10 x (free acidity/DAG<sub>exp</sub>). <sup>f</sup>R2 = DAG<sub>exp</sub> - DAG<sub>theor</sub>

478

Table 3. Free acidity values expressed as percentage in oleic acid, together with the experimental and theoretical diacylglycerol concentrations ( $\text{DAG}_{\text{exp}}$  and  $\text{DAG}_{\text{theor}}$ , respectively), of blind mixtures (#1-#38), together with their actual composition: low fruitiness extra virgin olive oil (EVOO\_L), high fruitiness extra virgin olive oil (EVOO\_H-2), soft deodorized olive oil from musty olive oil (MOO\_SD), soft deodorized olive oil from frost-bitten olive oil (FBOO-2\_SD), soft deodorized olive oil from rancid olive oil (ROO-2\_SD), soft deodorized olive oil from fusty olive oil (FOO-2\_SD to FOO-5\_SD). Factors R1 and R2 have also been calculated.

Mixture number	Mixture composition		% EVOO	% Soft deodorized oil	Acidity, % <sup>a</sup>	$\text{DAG}_{\text{exp}}$ , mg/g <sup>b</sup>	$\text{DAG}_{\text{theor}}$ , mg/g <sup>c</sup>	R1 <sup>d</sup>	R2 <sup>e</sup>
#1	EVOO_L	MOO_SD	30	70	0.33	18.70	14.05	0.18	4.65
#2	EVOO_L	MOO_SD	50	50	0.34	17.60	14.22	0.19	3.38
#3	EVOO_L	MOO_SD	70	30	0.35	19.40	14.40	0.18	5.00
#4	EVOO_H-2	MOO_SD	30	70	0.31	17.80	13.70	0.17	4.10
#5	EVOO_H-2	MOO_SD	50	50	0.28	18.50	13.17	0.15	5.33
#6	EVOO_H	MOO_SD	70	30	0.25	14.30	12.64	0.17	1.66
#7	EVOO_L	FBOO-2_SD	30	70	0.31	16.00	13.70	0.19	2.30
#8	EVOO_L	FBOO-2_SD	50	50	0.32	16.90	13.87	0.19	3.03
#9	EVOO_L	FBOO-2_SD	70	30	0.31	16.10	13.70	0.19	2.40
#10	EVOO_H-2	FBOO-2_SD	30	70	0.28	14.90	13.17	0.19	1.73
#11	EVOO_H-2	FBOO-2_SD	50	50	0.31	16.20	13.70	0.19	2.50
#12	EVOO_H	FBOO-2_SD	70	30	0.28	16.50	13.17	0.17	3.33
#13	EVOO_L	ROO-2_SD	30	70	0.78	24.70	21.97	0.32	2.73
#14	EVOO_L	ROO-2_SD	50	50	0.73	26.80	21.09	0.27	5.71
#15	EVOO_L	ROO-2_SD	70	30	0.69	26.40	20.38	0.26	6.02
#16	EVOO_H-2	ROO-2_SD	30	70	0.71	21.10	20.74	0.34	0.36
#17	EVOO_H-2	ROO-2_SD	50	50	0.62	21.50	19.15	0.29	2.35



Table 3 (cont.)

#18	EVOO_L	FOO-2_SD	30	70	0.30	15.70	13.52	0.19	2.18
#19	EVOO_L	FOO-2_SD	50	50	0.27	14.00	12.99	0.19	1.01
#20	EVOO_H-2	FOO-2_SD	30	70	0.25	14.10	12.64	0.18	1.46
#21	EVOO_H-2	FOO-2_SD	50	50	0.25	13.50	12.64	0.19	0.86
#22	EVOO_H-2	FOO-2_SD	70	30	0.22	13.20	12.11	0.17	1.09
#23	EVOO_L	FOO-3_SD	30	70	0.38	17.70	14.93	0.21	2.77
#24	EVOO_L	FOO-3_SD	50	50	0.36	19.70	14.58	0.18	5.12
#25	EVOO_L	FOO-3_SD	70	30	0.36	16.80	14.58	0.21	2.22
#26	EVOO_H-2	FOO-3_SD	30	70	0.42	19.10	15.63	0.22	3.47
#27	EVOO_H-2	FOO-3_SD	50	50	0.34	15.90	14.22	0.21	1.68
#28	EVOO_H	FOO-3_SD	70	30	0.28	14.50	13.17	0.19	1.33
#29	EVOO_L	FOO-4_SD	30	70	0.38	18.20	14.93	0.21	3.27
#30	EVOO_L	FOO-4_SD	50	50	0.31	15.90	13.70	0.19	2.20
#31	EVOO_L	FOO-4_SD	70	30	0.27	15.70	12.99	0.17	2.71
#32	EVOO_H-2	FOO-4_SD	30	70	0.36	19.60	14.58	0.18	5.02
#33	EVOO_H-2	FOO-4_SD	50	50	0.29	15.50	13.34	0.19	2.16
#34	EVOO_L	FOO-5_SD	30	70	0.34	16.20	14.22	0.21	1.98
#35	EVOO_L	FOO-5_SD	50	50	0.31	14.80	13.70	0.21	1.10
#36	EVOO_L	FOO-5_SD	70	30	0.28	14.40	13.17	0.19	1.23
#37	EVOO_H-2	FOO-5_SD	30	70	0.33	16.00	14.05	0.21	1.95
#38	EVOO_H-2	FOO-5_SD	50	50	0.28	14.70	13.17	0.19	1.53

<sup>a</sup>The standard deviation applicable to each individual result equals  $\pm 0.01$  % and is the result of eleven individual measurement of two in-house references. <sup>b</sup>The standard deviation

applicable to each individual result equals  $\pm 0.60$  mg/g and is the result of eleven individual measurement of two in-house references. <sup>c</sup>DAG<sub>theor</sub> =  $17.6 \times (\text{free acidity} - 0.10) + 10$ .

<sup>d</sup>R1 =  $10 \times (\text{free acidity}/\text{DAG}_{\text{exp}})$ . <sup>e</sup>R2 =  $\text{DAG}_{\text{exp}} - \text{DAG}_{\text{theor}}$

## Highlights

1. Soft deodorized oils can be detected in mixtures with olive oil.
2. The diacylglycerol-free fatty acid relationship breaks after mild refining activities
3. Diacylglycerols and free acidity detect 30 % soft deodorized oils in olive oil blends.
4. Soft deodorized oil:EVOO 30:70 (w/w) blends uncovered.

Journal Pre-proofs

**CRedit author statement**

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