

CARE Checklist of information to include when writing a case report



Topic	Item	Checklist item description	Reported on Line
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	0
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	0
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	7
	3b	Main symptoms and/or important clinical findings	2
	3c	The main diagnoses, therapeutic interventions, and outcomes	12
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	16
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	65
Patient Information	5a	De-identified patient specific information.	69
	5b	Primary concerns and symptoms of the patient	85
	5c	Medical, family, and psycho-social history including relevant genetic information	71
	5d	Relevant past interventions with outcomes	78-80
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	73
Timeline	7	Historical and current information from this episode of care organized as a timeline	86
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys)	96
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	93
	8c	Diagnosis (including other diagnoses considered)	93
	8d	Prognosis (such as staging in oncology) where applicable	116
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	109
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	111
	9c	Changes in therapeutic intervention (with rationale)	111
Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	112
	10b	Important follow-up diagnostic and other test results	114
	10c	Intervention adherence and tolerability (How was this assessed?)	112
	10d	Adverse and unanticipated events	112
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	154
	11b	Discussion of the relevant medical literature with references	139
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	164
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	164
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	153
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>