

# Quantitative bounds in the central limit theorem for $m$ -dependent random variables

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**Abstract.** For each  $n \geq 1$ , let  $X_{n,1}, \dots, X_{n,N_n}$  be real random variables and  $S_n = \sum_{i=1}^{N_n} X_{n,i}$ . Let  $m_n \geq 1$  be an integer. Suppose  $(X_{n,1}, \dots, X_{n,N_n})$  is  $m_n$ -dependent,  $E(X_{ni}) = 0$ ,  $E(X_{ni}^2) < \infty$  and  $\sigma_n^2 := E(S_n^2) > 0$  for all  $n$  and  $i$ . Then,

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq 30 \{c^{1/3} + 12 U_n(c/2)^{1/2}\} \quad \text{for all } n \geq 1 \text{ and } c > 0,$$

where  $d_W$  is Wasserstein distance,  $Z$  a standard normal random variable and

$$U_n(c) = \frac{m_n}{\sigma_n^2} \sum_{i=1}^{N_n} E\left[X_{n,i}^2 1\{|X_{n,i}| > c \sigma_n / m_n\}\right].$$

Among other things, this estimate of  $d_W(S_n/\sigma_n, Z)$  yields a similar estimate of  $d_{TV}(S_n/\sigma_n, Z)$  where  $d_{TV}$  is total variation distance.

## 1. Introduction

Central limit theorems (CLTs) for  $m$ -dependent random variables have a long history. Pioneering results, for a fixed  $m$ , were given by [Hoeffding and Robbins \(1948\)](#) and [Diananda \(1955\)](#) (for  $m$ -dependent sequences), and [Orey \(1958\)](#) (more generally, and also for triangular arrays). These results were then extended to the case of increasing  $m = m_n$ ; see e.g. [Bergström \(1970\)](#), [Berk \(1973\)](#), [Rio \(1995\)](#), [Romano and Wolf \(2000\)](#), and [Utev \(1990a,b\)](#).

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*Received by the editors August 23rd, 2022; accepted December 27th, 2023.*

2020 *Mathematics Subject Classification.* 60F05.

*Key words and phrases.* Central limit theorem; Lindeberg condition;  $m$ -dependent random variables; Quantitative bound; Total variation distance; Wasserstein distance.

SJ supported by the Knut and Alice Wallenberg Foundation.

Obviously, CLTs for  $m$ -dependent random variables are often corollaries of more general results obtained under mixing conditions. A number of CLTs under mixing conditions are actually available. Without any claim of being exhaustive, we mention [Bradley \(2007\)](#), [Dedecker et al. \(2022\)](#), [Peligrad \(1996\)](#), [Rio \(1995\)](#), [Utev \(1990a,b\)](#) and references therein. However, mixing conditions are not directly related to our purposes (as stated below) and they will not be discussed further.

This paper deals with an  $(m_n)$ -dependent array of random variables, where  $(m_n)$  is any sequence of integers, and provides an upper bound for the Wasserstein distance between the standard normal law and the distribution of the normalized partial sums. A related bound for the total variation distance is obtained as well. To be more precise, we need some notation.

For each  $n \geq 1$ , let  $1 \leq m_n \leq N_n$  be integers,  $(X_{n,1}, \dots, X_{n,N_n})$  a collection of real random variables, and

$$S_n = \sum_{i=1}^{N_n} X_{n,i}.$$

Suppose

$$(X_{n,1}, \dots, X_{n,N_n}) \text{ is } m_n\text{-dependent for every } n, \quad (1.1)$$

$$E(X_{ni}) = 0, \quad E(X_{ni}^2) < \infty, \quad \sigma_n^2 := E(S_n^2) > 0 \quad \text{for all } n \text{ and } i, \quad (1.2)$$

and define

$$U_n(c) = \frac{m_n}{\sigma_n^2} \sum_{i=1}^{N_n} E \left[ X_{n,i}^2 \mathbf{1} \{ |X_{n,i}| > c \sigma_n / m_n \} \right] \quad \text{for all } c > 0.$$

Our main result ([Theorem 3.1](#)) is that

$$d_W \left( \frac{S_n}{\sigma_n}, Z \right) \leq 30 \{ c^{1/3} + 12 U_n(c/2)^{1/2} \} \quad \text{for all } n \geq 1 \text{ and } c > 0, \quad (1.3)$$

where  $d_W$  is Wasserstein distance and  $Z$  a standard normal random variable.

Inequality [\(1.3\)](#) provides a quantitative estimate of  $d_W(S_n/\sigma_n, Z)$ . The connections between [\(1.3\)](#) and other analogous results are discussed in [Remark 3.9](#) and [Section 4](#). To our knowledge, however, no similar estimate of  $d_W(S_n/\sigma_n, Z)$  is available under conditions [\(1.1\)](#)–[\(1.2\)](#) only. In addition, inequality [\(1.3\)](#) implies the following useful result:

*Theorem 1.1* ([Utev \(1990a,b\)](#)).  $S_n/\sigma_n \xrightarrow{\text{dist}} Z$  provided conditions [\(1.1\)](#)–[\(1.2\)](#) hold and  $U_n(c) \rightarrow 0$  for every  $c > 0$ .

Based on inequality [\(1.3\)](#), we also obtain quantitative bounds for  $d_K(S_n/\sigma_n, Z)$  and  $d_{TV}(S_n/\sigma_n, Z)$ , where  $d_K$  and  $d_{TV}$  are Kolmogorov distance and total variation distance, respectively. As to  $d_K$ , it suffices to recall that

$$d_K \left( \frac{S_n}{\sigma_n}, Z \right) \leq 2 \sqrt{d_W \left( \frac{S_n}{\sigma_n}, Z \right)};$$

see [Lemma 2.1](#). To estimate  $d_{TV}$ , define

$$l_n = 2 \int_0^\infty t |\phi_n(t)| dt$$

where  $\phi_n$  is the characteristic function of  $S_n/\sigma_n$ . By a result in [Pratelli and Rigo \(2018\)](#) (see [Theorem 2.2](#) below),

$$d_{TV} \left( \frac{S_n}{\sigma_n}, Z \right) \leq 2 d_W \left( \frac{S_n}{\sigma_n}, Z \right)^{1/2} + l_n^{2/3} d_W \left( \frac{S_n}{\sigma_n}, Z \right)^{1/3}.$$

Hence,  $d_{TV}(S_n/\sigma_n, Z)$  can be upper bounded via inequality (1.3). For instance, in addition to (1.1)–(1.2), suppose  $X_{ni} \in L_\infty$  for all  $n$  and  $i$  and define

$$c_n = \frac{2m_n}{\sigma_n} \max_i \|X_{ni}\|_\infty.$$

On noting that  $U_n(c_n/2) = 0$ , one obtains

$$d_{TV}\left(\frac{S_n}{\sigma_n}, Z\right) \leq \sqrt{120} c_n^{1/6} + 30^{1/3} l_n^{2/3} c_n^{1/9}.$$

The rest of this paper is organized as follows. Section 2 just recalls some definitions and known results, Section 3 is devoted to proving inequality (1.3), while Section 4 investigates  $d_{TV}(S_n/\sigma_n, Z)$  and the convergence rate provided by (1.3). Section 5 contains some examples that illustrate the main results. Section 6 ends the paper with an extension that does not require  $(m_n)$ -dependence (but uses some other conditions).

The numerical constants in our results are obviously not best possible; we have not tried to optimize them. More important are the powers,  $c^{1/3}$  and  $U_n(c/2)^{1/2}$  in (1.3) and similar powers in other results; we do not believe that these are optimal. This is discussed in Section 4. How far (1.3) can be improved, however, is essentially an open problem.

## 2. Preliminaries

The same notation as in Section 1 is adopted in the sequel. It is implicitly assumed that, for each  $n \geq 1$ , the variables  $(X_{ni} : 1 \leq i \leq N_n)$  are defined on the same probability space (which may depend on  $n$ ).

Let  $k \geq 0$  be an integer. A (finite or infinite) sequence  $(Y_i)$  of random variables is  $k$ -dependent if  $(Y_i : i \leq j)$  is independent of  $(Y_i : i > j + k)$  for every  $j$ . In particular, 0-dependent is the same as independent. Given a sequence  $(k_n)$  of non-negative integers, an array  $(Y_{ni} : n \geq 1, 1 \leq i \leq N_n)$  is said to be  $(k_n)$ -dependent if  $(Y_{ni} : 1 \leq i \leq N_n)$  is  $k_n$ -dependent for every  $n$ .

Let  $X$  and  $Y$  be real random variables. Three well known distances between their probability distributions are Wasserstein's, Kolmogorov's and total variation. Kolmogorov distance and total variation distance are, respectively,

$$d_K(X, Y) = \sup_{t \in \mathbb{R}} |P(X \leq t) - P(Y \leq t)| \quad \text{and}$$

$$d_{TV}(X, Y) = \sup_{A \in \mathcal{B}(\mathbb{R})} |P(X \in A) - P(Y \in A)|.$$

Under the assumption  $E|X| + E|Y| < \infty$ , Wasserstein distance is

$$d_W(X, Y) = \inf_{U \sim X, V \sim Y} E|U - V|$$

where inf is over the real random variables  $U$  and  $V$ , defined on the same probability space, such that  $U \sim X$  and  $V \sim Y$ . Equivalently,

$$d_W(X, Y) = \int_{-\infty}^{\infty} |P(X \leq t) - P(Y \leq t)| dt = \sup_f |Ef(X) - Ef(Y)|$$

where sup is over the 1-Lipschitz functions  $f : \mathbb{R} \rightarrow \mathbb{R}$ . The next lemma is certainly known, but we give a proof since we do not know of any reference for the first claims.

*Lemma 2.1.* Suppose  $EX^2 \leq 1$ ,  $EY^2 \leq 1$  and  $EY = 0$ . Then,

$$d_W(X, Y) \leq \sqrt{2},$$

$$d_W(X, Y) \leq 4\sqrt{d_K(X, Y)}.$$

If  $Y \sim N(0, 1)$ , we also have

$$d_K(X, Y) \leq 2 \sqrt{d_W(X, Y)}.$$

*Proof:* Take  $U$  independent of  $V$  with  $U \sim X$  and  $V \sim Y$ . Then,

$$d_W(X, Y) \leq E|U - V| \leq \{E((U - V)^2)\}^{1/2} \leq \sqrt{2}.$$

Moreover, for each  $c > 0$ ,

$$\begin{aligned} d_W(X, Y) &= \int_{-\infty}^{\infty} |P(X \leq t) - P(Y \leq t)| dt \\ &\leq 2c d_K(X, Y) + \int_c^{\infty} |P(X > t) - P(Y > t)| dt \\ &\quad + \int_c^{\infty} |P(-X > t) - P(-Y > t)| dt \\ &\leq 2c d_K(X, Y) + \int_c^{\infty} \{P(|X| > t) + P(|Y| > t)\} dt \\ &\leq 2c d_K(X, Y) + \int_c^{\infty} \frac{2}{t^2} dt = 2c d_K(X, Y) + \frac{2}{c}. \end{aligned}$$

Hence, letting  $c = d_K(X, Y)^{-1/2}$ , one obtains  $d_W(X, Y) \leq 4 \sqrt{d_K(X, Y)}$ .

Finally, if  $Y \sim N(0, 1)$ , it is well known that  $d_K(X, Y) \leq 2 \sqrt{d_W(X, Y)}$ ; see e.g. [Chen et al. \(2011, Theorem 3.3\)](#).  $\square$

Finally, under some conditions,  $d_{TV}$  can be estimated through  $d_W$ . We report a result which allows this; in our setting we simply take  $V = 1$  below.

*Theorem 2.2* (A version of [Pratelli and Rigo \(2018, Theorem 1\)](#)). Let  $X_n, V, Z$  be real random variables, and suppose that  $Z \sim N(0, 1)$ ,  $V > 0$ ,  $EV^2 = EX_n^2 = 1$  for all  $n$ , and  $V$  is independent of  $Z$ . Let  $\phi_n$  be the characteristic function of  $X_n$ , and

$$l_n = 2 \int_0^{\infty} t |\phi_n(t)| dt.$$

Then,

$$d_{TV}(X_n, VZ) \leq \{1 + E(1/V)\} d_W(X_n, VZ)^{1/2} + l_n^{2/3} d_W(X_n, VZ)^{1/3}$$

for each  $n$ .

*Proof:* This is essentially a special case of [Pratelli and Rigo \(2018, Theorem 1\)](#), with  $\beta = 2$  and the constant  $k$  made explicit. Also, the assumption  $d_W(X_n, VZ) \rightarrow 0$  in [Pratelli and Rigo \(2018, Theorem 1\)](#) is not needed; we use instead  $d_W(X_n, VZ) \leq \sqrt{2}$  from [Lemma 2.1](#). Using this and  $EX_n^2 = 1$ , the various constants appearing in the proof can be explicitly evaluated. In fact, improving the argument in [Pratelli and Rigo \(2018\)](#) slightly by using  $P(|X_n| > t) \leq EX_n^2/t^2 = t^{-2}$ , and as just said using  $d_W(X_n, VZ) \leq \sqrt{2}$ , we can take  $k^* = 5 + 4\sqrt{2}$  in the proof. After simple calculations, this implies that the constant  $k$  in [Pratelli and Rigo \(2018\)](#) can be taken as

$$k = \frac{1}{2} \cdot \frac{3}{2} \cdot 2^{1/3} (5 + 4\sqrt{2})^{1/3} \pi^{-2/3} < 1.$$

$\square$

### 3. An upper bound for Wasserstein distance

As noted in Section 1, our main result is:

*Theorem 3.1.* Under conditions (1.1)–(1.2),

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq 30 \{c^{1/3} + 12 U_n(c/2)^{1/2}\}$$

for all  $n \geq 1$  and  $c > 0$ , where  $Z$  denotes a standard normal random variable.

Before proceeding, we note a simple special case for bounded random variables.

*Corollary 3.2.* Suppose that conditions (1.1)–(1.2) hold and

$$\max_i |X_{n,i}| \leq \sigma_n \gamma_n \quad \text{a.s. for some constants } \gamma_n. \quad (3.1)$$

Then,

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq 30 \cdot 2^{1/3} (m_n \gamma_n)^{1/3} \leq 40 (m_n \gamma_n)^{1/3},$$

where  $Z$  denotes a standard normal random variable.

*Proof:* Take  $c = 2m_n \gamma_n$  in Theorem 3.1 and note that  $U_n(c/2) = 0$ . □

In turn, Theorem 3.1 follows from the following result, which is a sharper version of the special case  $m_n = 1$ .

*Theorem 3.3.* Let  $X_1, \dots, X_N$  be real random variables and  $S = \sum_{i=1}^N X_i$ . Suppose  $(X_1, \dots, X_N)$  is 1-dependent and

$$E(X_i) = 0, \quad E(X_i^2) < \infty \text{ for all } i \text{ and } \sigma^2 := E(S^2) > 0.$$

Then,

$$d_W\left(\frac{S}{\sigma}, Z\right) \leq 30 \{c^{1/3} + 6 L(c)^{1/2}\} \quad \text{for all } c > 0,$$

where  $Z$  is a standard normal random variable and

$$L(c) = \frac{1}{\sigma^2} \sum_{i=1}^N E\left[X_i^2 1\{|X_i| > c\sigma\}\right].$$

To deduce Theorem 3.1 from Theorem 3.3, define  $M_n = \lceil N_n/m_n \rceil$ ,  $X_{n,i} = 0$  for  $i > N_n$ , and

$$Y_{n,i} = \sum_{j=(i-1)m_n+1}^{im_n} X_{n,j} \quad \text{for } i = 1, \dots, M_n.$$

Since  $(Y_{n,1}, \dots, Y_{n,M_n})$  is 1-dependent and  $\sum_i Y_{n,i} = \sum_i X_{n,i} = S_n$ , Theorem 3.3 implies

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq 30 \{c^{1/3} + 6 L_n(c)^{1/2}\} \quad (3.2)$$

where

$$L_n(c) = \frac{1}{\sigma_n^2} \sum_{i=1}^{M_n} E\left[Y_{n,i}^2 1\{|Y_{n,i}| > c\sigma_n\}\right].$$

Therefore, to obtain Theorem 3.1, it suffices to note the following inequality:

*Lemma 3.4.* With notations as above, for every  $c > 0$ ,

$$L_n(2c) \leq 4 U_n(c).$$

In the rest of this section, we prove Lemma 3.4 and Theorem 3.3. We also obtain a (very small) improvement of Utev's Theorem 1.1.

### 3.1. Proof of Lemma 3.4 and Utev's theorem.

*Proof of Lemma 3.4:* Fix  $c > 0$  and define

$$V_{n,i} = \sum_{j=(i-1)m_n+1}^{im_n} X_{n,j} 1\{|X_{n,j}| > c\sigma_n/m_n\}.$$

Since  $|Y_{n,i}| \leq |V_{n,i}| + c\sigma_n$ , one obtains

$$|Y_{n,i}| 1\{|Y_{n,i}| > 2c\sigma_n\} \leq (|V_{n,i}| + c\sigma_n) 1\{|V_{n,i}| > c\sigma_n\} \leq 2|V_{n,i}|.$$

Therefore,

$$\begin{aligned} \sigma_n^2 L_n(2c) &= \sum_{i=1}^{M_n} E[Y_{n,i}^2 1\{|Y_{n,i}| > 2c\sigma_n\}] \leq 4 \sum_{i=1}^{M_n} E(V_{n,i}^2) \\ &\leq 4m_n \sum_{i=1}^{M_n} \sum_{j=(i-1)m_n+1}^{im_n} E[X_{n,j}^2 1\{|X_{n,j}| > c\sigma_n/m_n\}] \\ &= 4m_n \sum_{i=1}^{N_n} E[X_{n,i}^2 1\{|X_{n,i}| > c\sigma_n/m_n\}] = 4\sigma_n^2 U_n(c). \end{aligned}$$

□

We also note that, because of (3.2), Theorem 3.3 implies:

*Corollary 3.5.*  $S_n/\sigma_n \xrightarrow{\text{dist}} Z$  if conditions (1.1)–(1.2) hold and  $L_n(c) \rightarrow 0$  for every  $c > 0$ .

Corollary 3.5 slightly improves Theorem 1.1. In fact,  $U_n(c) \rightarrow 0$  for all  $c > 0$  implies  $L_n(c) \rightarrow 0$  for all  $c > 0$ , because of Lemma 3.4, but the converse is not true.

**Example 3.6.** ( $L_n(c) \rightarrow 0$  does not imply  $U_n(c) \rightarrow 0$ ). Let  $(V_n : n \geq 1)$  be an i.i.d. sequence of real random variables such that  $V_1$  is absolutely continuous with density  $f(x) = (3/2)x^{-4}1_{[1,\infty)}(|x|)$ . Let  $m_n$  and  $t_n$  be positive integers such that  $m_n \rightarrow \infty$ . Define  $N_n = m_n(t_n + 1)$  and

$$X_{n,i} = V_i \text{ if } 1 \leq i \leq m_n t_n \quad \text{and} \quad X_{n,i} = V_{m_n t_n + 1} \text{ if } m_n t_n < i \leq m_n(t_n + 1).$$

Define also

$$T_n = \frac{\sum_{j=1}^{m_n} V_j}{\sqrt{m_n}}.$$

Then,  $EV_1^2 = 3$ ,  $\sigma_n^2 = 3(m_n t_n + m_n^2)$  and

$$\begin{aligned} L_n(c) &= \frac{1}{\sigma_n^2} \sum_{i=1}^{M_n} E[Y_{n,i}^2 1\{|Y_{n,i}| > c\sigma_n\}] \leq \frac{1}{\sigma_n^2} \sum_{i=1}^{t_n} E[Y_{n,i}^2 1\{|Y_{n,i}| > c\sigma_n\}] + \frac{3m_n^2}{\sigma_n^2} \\ &= \frac{m_n t_n}{\sigma_n^2} E[T_n^2 1\{|T_n| > c\sigma_n/\sqrt{m_n}\}] + \frac{3m_n^2}{\sigma_n^2}. \end{aligned}$$

If  $m_n = o(t_n)$ , then  $m_n^2/\sigma_n^2 \rightarrow 0$ ,  $m_n t_n/\sigma_n^2 \rightarrow 1/3$  and  $\sigma_n/\sqrt{m_n} \rightarrow \infty$ . Moreover, the sequence  $(T_n^2)$  is uniformly integrable (since  $T_n \xrightarrow{\text{dist}} N(0, 3)$  with (trivial) convergence of second moments). Hence, if  $m_n = o(t_n)$ , one obtains, for every  $c > 0$ ,

$$\limsup_n L_n(c) \leq \frac{1}{3} \limsup_n E[T_n^2 1\{|T_n| > c\sigma_n/\sqrt{m_n}\}] = 0.$$

However,

$$\begin{aligned} U_n(c) &= \frac{m_n}{\sigma_n^2} \sum_{i=1}^{N_n} E[X_{n,i}^2 1\{|X_{n,i}| > c\sigma_n/m_n\}] = \frac{m_n N_n}{\sigma_n^2} E[V_1^2 1\{|V_1| > c\sigma_n/m_n\}] \\ &= \frac{3m_n N_n}{\sigma_n^2} \int_{c\sigma_n/m_n}^{\infty} x^{-2} dx = \frac{3N_n}{c\sigma_n^2} \frac{m_n^2}{\sigma_n} \geq \frac{3t_n m_n^3}{c(6m_n t_n)^{3/2}} \end{aligned}$$

for each  $n$  such that  $c\sigma_n/m_n \geq 1$  and  $m_n \leq t_n$ . Therefore,  $L_n(c) \rightarrow 0$  and  $U_n(c) \rightarrow \infty$  for all  $c > 0$  whenever  $m_n = o(t_n)$  and  $t_n = o(m_n^3)$ . This happens, for instance, if  $m_n \rightarrow \infty$  and  $t_n = m_n^2$ .

**3.2. Proof of Theorem 3.3.** Our proof of Theorem 3.3 requires three lemmas. A result by Röllin (2018) plays a crucial role in one of them (Lemma 3.8).

In this subsection,  $X_1, \dots, X_N$  are real random variables and  $S = \sum_{i=1}^N X_i$ . We assume that  $(X_1, \dots, X_N)$  is 1-dependent and

$$E(X_i) = 0, \quad E(X_i^2) < \infty \text{ for all } i \text{ and } \sigma^2 := E(S^2) > 0.$$

Moreover,  $Z$  is a standard normal random variable *independent of*  $(X_1, \dots, X_N)$ .

For each  $i = 1, \dots, N$ , define

$$Y_i = X_i - E(X_i | \mathcal{F}_{i-1}) + E(X_{i+1} | \mathcal{F}_i)$$

where  $\mathcal{F}_0$  is the trivial  $\sigma$ -field,  $\mathcal{F}_i = \sigma(X_1, \dots, X_i)$  and  $X_{N+1} = 0$ . Then,

$$E(Y_i | \mathcal{F}_{i-1}) = 0 \text{ for all } i \text{ and } \sum_{i=1}^N Y_i = \sum_{i=1}^N X_i = S \text{ a.s.}$$

*Lemma 3.7.* Let  $\gamma > 0$  be a constant and  $V^2 = \sum_{i=1}^N E(Y_i^2 | \mathcal{F}_{i-1})$ . Then,

$$E\left\{\left(\frac{V^2}{\sigma^2} - 1\right)^2\right\} \leq 16\gamma^2$$

provided  $\max_i |X_i| \leq \sigma\gamma/3$  a.s.

*Proof:* First note that

$$\sigma^2 = E(S^2) = E\left\{\left(\sum_{i=1}^N Y_i\right)^2\right\} = \sum_{i=1}^N E(Y_i^2) = E\left(\sum_{i=1}^N Y_i^2\right).$$

Moreover, since  $\max_i |Y_i| \leq \gamma\sigma$  a.s., one obtains

$$\sum_{i=1}^N E(Y_i^4) \leq \gamma^2 \sigma^2 \sum_{i=1}^N E(Y_i^2) = \gamma^2 \sigma^4.$$

Therefore,

$$\begin{aligned}
E\left\{\left(\frac{V^2}{\sigma^2} - 1\right)^2\right\} &\leq \frac{2}{\sigma^4} \left\{ E\left[\left(\sum_{i=1}^N (E(Y_i^2 | \mathcal{F}_{i-1}) - Y_i^2)\right)^2\right] + \text{Var}\left(\sum_{i=1}^N Y_i^2\right) \right\} \\
&= \frac{2}{\sigma^4} \left\{ \sum_{i=1}^N E\left(Y_i^4 - E(Y_i^2 | \mathcal{F}_{i-1})^2\right) + \sum_{i=1}^N \text{Var}(Y_i^2) \right. \\
&\quad \left. + 2 \sum_{1 \leq i < j \leq N} \text{Cov}(Y_i^2, Y_j^2) \right\} \\
&\leq \frac{4}{\sigma^4} \left\{ \sum_{i=1}^N E(Y_i^4) + \sum_{1 \leq i < j \leq N} \text{Cov}(Y_i^2, Y_j^2) \right\} \\
&\leq 4\gamma^2 + \frac{4}{\sigma^4} \sum_{1 \leq i < j \leq N} \text{Cov}(Y_i^2, Y_j^2).
\end{aligned}$$

To estimate the covariance part, define

$$Q_i = Y_i^2 - E(Y_i^2) \quad \text{and} \quad T_i = \sum_{k=1}^i Y_k = \sum_{k=1}^i X_k + E(X_{i+1} | \mathcal{F}_i).$$

For each fixed  $1 \leq i < N$ , since  $(T_1, \dots, T_N)$  is a martingale,

$$\begin{aligned}
\sum_{j>i} \text{Cov}(Y_i^2, Y_j^2) &= \sum_{j>i} E(Q_i Y_j^2) = E\left\{Q_i \sum_{j>i} Y_j^2\right\} = E\left\{Q_i (T_N - T_i)^2\right\} \\
&= E\left\{Q_i (T_N - T_{i+1})^2\right\} + E(Q_i Y_{i+1}^2) \\
&\leq E\left\{Q_i (T_N - T_{i+1})^2\right\} + E(Y_i^4) + E(Y_{i+1}^4).
\end{aligned}$$

Finally, since  $(X_1, \dots, X_N)$  is 1-dependent,  $EQ_i = 0$  and  $EX_j = 0$ ,

$$\begin{aligned}
E\left\{Q_i (T_N - T_{i+1})^2\right\} &= E\left\{Q_i \left(\sum_{k=i+2}^N X_k - E(X_{i+2} | \mathcal{F}_{i+1})\right)^2\right\} \\
&= E\left\{Q_i \left(E(X_{i+2} | \mathcal{F}_{i+1})^2 - 2X_{i+2} E(X_{i+2} | \mathcal{F}_{i+1})\right)\right\} \\
&= -E\left\{Q_i E(X_{i+2} | \mathcal{F}_{i+1})^2\right\} \\
&\leq E(Y_i^2) E\left\{E(X_{i+2} | \mathcal{F}_{i+1})^2\right\} \leq \gamma^2 \sigma^2 E(Y_i^2).
\end{aligned}$$

To sum up,

$$E\left\{\left(\frac{V^2}{\sigma^2} - 1\right)^2\right\} \leq 4\gamma^2 + \frac{4}{\sigma^4} \sum_{i=1}^{N-1} \left(E(Y_i^4) + E(Y_{i+1}^4) + \gamma^2 \sigma^2 E(Y_i^2)\right) \leq 16\gamma^2.$$

□

*Lemma 3.8.* If  $\max_i |X_i| \leq \sigma \gamma / 3$  a.s., then

$$d_W\left(\frac{S}{\sigma}, Z\right) \leq 15\gamma^{1/3}.$$

*Proof:* By Lemma 2.1,  $d_W(S/\sigma, Z) \leq \sqrt{2}$ . Hence, it can be assumed that  $\gamma \leq 1$ .



Define

$$\begin{aligned}\tau &= \max\left\{m : 1 \leq m \leq N, \sum_{k=1}^m E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1}) \leq 1\right\}, \\ J_i &= 1\{\tau \geq i\} \frac{Y_i}{\sigma} + 1\{\tau = i-1\} \left(1 - \sum_{k=1}^{i-1} E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)^{1/2} Z \quad \text{for } i = 1, \dots, N, \\ J_{N+1} &= 1\{\tau = N\} \left(1 - \sum_{k=1}^N E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)^{1/2} Z.\end{aligned}$$

Since  $\tau$  is a stopping time,  $Z$  is independent of  $(X_1, \dots, X_N)$ , and  $E(Y_i \mid \mathcal{F}_{i-1}) = 0$ , one obtains

$$E(J_i \mid \mathcal{F}_{i-1}) = 0 \text{ for all } i \text{ and } \sum_{k=1}^{N+1} E(J_k^2 \mid \mathcal{F}_{k-1}) = 1 \text{ a.s.}$$

Therefore, for each  $a > 0$ , a result by [Röllin \(2018, Theorem 2.1\)](#) implies

$$d_W\left(\sum_{i=1}^{N+1} J_i, Z\right) \leq 2a + \frac{3}{a^2} \sum_{i=1}^{N+1} E|J_i|^3.$$

To estimate  $E|J_i|^3$  for  $i \leq N$ , note that  $E|Z|^3 \leq 2$  and  $(1/\sigma) \max_i |Y_i| \leq \gamma$  a.s. Therefore, for  $1 \leq i \leq N$ ,

$$\begin{aligned}E|J_i|^3 &= E\left\{1\{\tau \geq i\} \frac{|Y_i|^3}{\sigma^3}\right\} + E\left\{1\{\tau = i-1\} \left(1 - \sum_{k=1}^{i-1} E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)^{3/2} |Z|^3\right\} \\ &\leq \gamma E\left\{1\{\tau \geq i\} \frac{Y_i^2}{\sigma^2}\right\} \\ &\quad + E\left\{1\{\tau = i-1\} \left(1 - \sum_{k=1}^{i-1} E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)^{1/2}\right\} E|Z|^3 \\ &\leq \gamma E\left\{1\{\tau \geq i\} \frac{Y_i^2}{\sigma^2}\right\} \\ &\quad + 2 E\left\{1\{\tau = i-1\} \left(\sum_{k=1}^i E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1}) - \sum_{k=1}^{i-1} E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)^{1/2}\right\} \\ &= \gamma E\left\{1\{\tau \geq i\} \frac{Y_i^2}{\sigma^2}\right\} + 2 E\left\{1\{\tau = i-1\} E(Y_i^2/\sigma^2 \mid \mathcal{F}_{i-1})^{1/2}\right\} \\ &\leq \gamma E\left\{1\{\tau \geq i\} \frac{Y_i^2}{\sigma^2}\right\} + 2\gamma P(\tau = i-1).\end{aligned}$$

Hence,

$$\sum_{i=1}^N E|J_i|^3 \leq \gamma E\left[\sum_{i=1}^N \frac{Y_i^2}{\sigma^2}\right] + 2\gamma = 3\gamma.$$

Similarly,

$$\begin{aligned}
E|J_{N+1}|^3 &= E\left\{1\{\tau = N\} \left(1 - \sum_{k=1}^N E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)^{3/2}\right\} E|Z|^3 \\
&\leq 2 E\left\{1\{\tau = N\} \left(1 - \sum_{k=1}^N E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)\right\} \\
&\leq 2 E\left\{\left(1 - \sum_{k=1}^N E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})\right)^2\right\}^{1/2} \\
&= 2 E\left\{\left(1 - \frac{V^2}{\sigma^2}\right)^2\right\}^{1/2} \leq 8\gamma
\end{aligned}$$

where the last inequality is due to Lemma 3.7. It follows that

$$d_W\left(\sum_{i=1}^{N+1} J_i, Z\right) \leq 2a + \frac{3}{a^2}(3\gamma + 8\gamma) = 2a + \frac{33\gamma}{a^2},$$

for each  $a > 0$ . Choosing  $a = 3\gamma^{1/3}$ , this yields

$$d_W\left(\sum_{i=1}^{N+1} J_i, Z\right) \leq \left(6 + \frac{11}{3}\right)\gamma^{1/3} \leq 10\gamma^{1/3}.$$

Next, we estimate  $d_W(S/\sigma, \sum_{i=1}^N J_i)$ . To this end, we let

$$W_i = \sum_{k=1}^i E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1})$$

and we note that

$$\begin{aligned}
\frac{S}{\sigma} - \sum_{i=1}^N J_i &= \sum_{i=1}^N \left(\frac{Y_i}{\sigma} - J_i\right) = \sum_{i=1}^N 1\{\tau < i\} \left(\frac{Y_i}{\sigma} - J_i\right) \\
&= \sum_{i=1}^{N-1} 1\{\tau = i\} \left\{ \sum_{k=i+1}^N \frac{Y_k}{\sigma} - (1 - W_i)^{1/2} Z \right\}.
\end{aligned}$$

Therefore, recalling the definition of  $\tau$ ,

$$\begin{aligned} d_W\left(\frac{S}{\sigma}, \sum_{i=1}^N J_i\right)^2 &\leq \left(E\left|\frac{S}{\sigma} - \sum_{i=1}^N J_i\right|\right)^2 \leq E\left\{\left(\frac{S}{\sigma} - \sum_{i=1}^N J_i\right)^2\right\} \\ &= \sum_{i=1}^{N-1} E\left\{1\{\tau = i\} \left\{\sum_{k=i+1}^N \frac{Y_k}{\sigma} - (1 - W_i)^{1/2} Z\right\}^2\right\} \\ &= \sum_{i=1}^{N-1} E\left\{1\{\tau = i\} \left\{\sum_{k=i+1}^N E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1}) + 1 - W_i\right\}\right\} \\ &\leq \sum_{i=1}^{N-1} E\left\{1\{\tau = i\} \left\{\sum_{k=i+2}^N E(Y_k^2/\sigma^2 \mid \mathcal{F}_{k-1}) + 2E(Y_{i+1}^2/\sigma^2 \mid \mathcal{F}_i)\right\}\right\} \\ &\leq \sum_{i=1}^{N-1} E\left\{1\{\tau = i\} \left\{V^2/\sigma^2 - 1 + 2\gamma^2\right\}\right\} \leq E|V^2/\sigma^2 - 1| + 2\gamma^2 \\ &\leq 4\gamma + 2\gamma^2 \end{aligned}$$

where the last inequality is because of Lemma 3.7. Since we assumed  $\gamma \leq 1$ , we obtain

$$d_W\left(\frac{S}{\sigma}, \sum_{i=1}^N J_i\right) \leq \sqrt{6\gamma}.$$

Finally, using Lemma 3.7 again, one obtains

$$d_W\left(\sum_{i=1}^N J_i, \sum_{i=1}^{N+1} J_i\right) \leq E|J_{N+1}| \leq E\left\{\left|\frac{V^2}{\sigma^2} - 1\right|^{1/2}\right\} \leq E\left\{\left(\frac{V^2}{\sigma^2} - 1\right)^2\right\}^{1/4} \leq 2\sqrt{\gamma}.$$

Collecting all these facts together yields, using again  $\gamma \leq 1$ ,

$$\begin{aligned} d_W\left(\frac{S}{\sigma}, Z\right) &\leq d_W\left(\frac{S}{\sigma}, \sum_{i=1}^N J_i\right) + d_W\left(\sum_{i=1}^N J_i, \sum_{i=1}^{N+1} J_i\right) + d_W\left(\sum_{i=1}^{N+1} J_i, Z\right) \\ &\leq \sqrt{6\gamma} + 2\sqrt{\gamma} + 10\gamma^{1/3} \leq 15\gamma^{1/3}. \end{aligned}$$

This concludes the proof. □

**Remark 3.9.** If we do not care about the value of the constant in the estimate, the proof of Lemma 3.8 could be shortened by exploiting a result by Fan and Ma (2020); this result, however, does not provide explicit values of the majorizing constants. We also note that, under the conditions of Lemma 3.8, Heyde–Brown’s inequality (Heyde and Brown, 1970) yields

$$d_K\left(\frac{S}{\sigma}, Z\right) \leq b \left\{E\left(\left(\frac{V^2}{\sigma^2} - 1\right)^2\right) + \frac{1}{\sigma^4} \sum_{i=1}^N EY_i^4\right\}^{1/5}$$

for some constant  $b$  independent of  $N$ . By Lemmas 2.1 and 3.7, this implies

$$d_W\left(\frac{S}{\sigma}, Z\right) \leq 4\sqrt{d_K\left(\frac{S}{\sigma}, Z\right)} \leq 4\sqrt{b} \left\{16\gamma^2 + \frac{\gamma^2}{\sigma^2} \sum_{i=1}^N EY_i^2\right\}^{1/10} = 4\sqrt{b} 17^{1/10} \gamma^{1/5}.$$

Hence, in this case, Lemma 3.8 works better than Heyde–Brown’s inequality to estimate  $d_W(S/\sigma, Z)$ .

Recall  $L(c)$  defined in Theorem 3.3.

*Lemma 3.10.* Letting  $\sigma_c^2 = \text{Var}\left(\sum_{i=1}^N \frac{X_i}{\sigma} 1_{\{|X_i| \leq c\sigma\}}\right)$ , we have

$$|\sigma_c - 1| \leq |\sigma_c^2 - 1| \leq 13L(c) \quad \text{for all } c > 0.$$

*Proof:* Fix  $c > 0$  and define

$$A_i = \{|X_i| > c\sigma\}, \quad T_i = \frac{X_i}{\sigma} 1_{A_i} - E\left(\frac{X_i}{\sigma} 1_{A_i}\right), \quad V_i = \frac{X_i}{\sigma} 1_{A_i^c} - E\left(\frac{X_i}{\sigma} 1_{A_i^c}\right).$$

On noting that  $\sigma_c^2 = \text{Var}\left(\sum_{i=1}^N V_i\right)$ , one obtains

$$1 = \text{Var}\left(\sum_{i=1}^N (T_i + V_i)\right) = \text{Var}\left(\sum_{i=1}^N T_i\right) + \sigma_c^2 + 2 \text{Cov}\left(\sum_{i=1}^N T_i, \sum_{i=1}^N V_i\right).$$

Since  $(X_1, \dots, X_N)$  is 1-dependent, it follows that

$$\begin{aligned} |\sigma_c^2 - 1| &\leq \text{Var}\left(\sum_{i=1}^N T_i\right) + 2 \left| \text{Cov}\left(\sum_{i=1}^N T_i, \sum_{i=1}^N V_i\right) \right| \\ &= \text{Var}\left(\sum_{i=1}^N T_i\right) + 2 \left| \sum_{i=1}^N \text{Cov}(T_i, V_i) \right. \\ &\quad \left. + \sum_{i=1}^{N-1} \text{Cov}(T_i, V_{i+1}) + \sum_{i=2}^N \text{Cov}(T_i, V_{i-1}) \right|. \end{aligned}$$

Moreover,

$$\begin{aligned} \text{Var}\left(\sum_{i=1}^N T_i\right) &= \sum_{i=1}^N \text{Var}(T_i) + 2 \sum_{i=1}^{N-1} \text{Cov}(T_i, T_{i+1}) \\ &\leq \sum_{i=1}^N \text{Var}(T_i) + \sum_{i=1}^{N-1} \left(\text{Var}(T_i) + \text{Var}(T_{i+1})\right) \leq 3L(c). \end{aligned} \tag{3.3}$$

Similarly,

$$\text{Cov}(T_i, V_i) = -E\left(\frac{X_i}{\sigma} 1_{A_i}\right) E\left(\frac{X_i}{\sigma} 1_{A_i^c}\right) = E\left(\frac{X_i}{\sigma} 1_{A_i}\right)^2 \leq E\left(\frac{X_i^2}{\sigma^2} 1_{A_i}\right)$$

and

$$\begin{aligned} \left| \text{Cov}(T_i, V_{i-1}) \right| &\leq E\left(\frac{|X_i X_{i-1}|}{\sigma^2} 1_{A_i} 1_{A_{i-1}^c}\right) + E\left(\frac{|X_i|}{\sigma} 1_{A_i}\right) E\left(\frac{|X_{i-1}|}{\sigma} 1_{A_{i-1}^c}\right) \\ &\leq 2c E\left(\frac{|X_i|}{\sigma} 1_{A_i}\right) \leq 2E\left(\frac{X_i^2}{\sigma^2} 1_{A_i}\right) \end{aligned}$$

where the last inequality is because

$$\frac{c|X_i|}{\sigma} 1_{A_i} \leq \frac{X_i^2}{\sigma^2} 1_{A_i}.$$

By the same argument,  $\left| \text{Cov}(T_i, V_{i+1}) \right| \leq 2\sigma^{-2} E(X_i^2 1_{A_i})$ . Collecting all these facts together, one finally obtains

$$|\sigma_c^2 - 1| \leq 3L(c) + 10 \sum_{i=1}^N E\left(\frac{X_i^2}{\sigma^2} 1_{A_i}\right) = 13L(c).$$

This completes the proof, since obviously  $|\sigma_c - 1| \leq |\sigma_c^2 - 1|$ .  $\square$

Having proved the previous lemmas, we are now ready to attack Theorem 3.3.

*Proof of Theorem 3.3:* Fix  $c > 0$ . We have to show that

$$d_W\left(\frac{S}{\sigma}, Z\right) \leq 30 \{c^{1/3} + 6L(c)^{1/2}\}.$$

Since  $d_W(S/\sigma, Z) \leq \sqrt{2}$ , this inequality is trivially true if  $L(c) \geq 1/100$  or if  $c \geq 1$ . Hence, it can be assumed  $L(c) < 1/100$  and  $c < 1$ . Then, Lemma 3.10 implies  $\sigma_c > 0$ .

Define  $T_i$  and  $V_i$  as in the proof of Lemma 3.10. Then  $|V_i| \leq 2c$  for every  $i$ , and thus  $(V_1, \dots, V_N)$  satisfies the conditions of Lemma 3.8 with  $\sigma$  replaced by  $\sigma_c$  and  $\gamma = 6c/\sigma_c$ . Hence,

$$d_W\left(\frac{\sum_{i=1}^N V_i}{\sigma_c}, Z\right) \leq 15 (6c/\sigma_c)^{1/3}.$$

Now, recall from (3.3) that  $\text{Var}(\sum_{i=1}^N T_i) \leq 3L(c)$ . Hence, using Lemma 3.10 again, and the assumptions  $L(c) < 1$  and  $c < 1$ ,

$$\begin{aligned} d_W\left(\frac{S}{\sigma}, Z\right) &\leq d_W\left(\frac{S}{\sigma}, \sum_{i=1}^N V_i\right) + d_W\left(\sum_{i=1}^N V_i, \sigma_c Z\right) + d_W(\sigma_c Z, Z) \\ &\leq E\left|\frac{S}{\sigma} - \sum_{i=1}^N V_i\right| + \sigma_c d_W\left(\frac{\sum_{i=1}^N V_i}{\sigma_c}, Z\right) + |\sigma_c - 1| \\ &\leq \sqrt{\text{Var}\left(\sum_{i=1}^N T_i\right) + 15(6c\sigma_c^2)^{1/3} + 13L(c)} \\ &\leq \sqrt{3L(c)} + 15(6c)^{1/3}(1 + 13L(c))^{2/3} + 13L(c) \\ &\leq (\sqrt{3} + 13)L(c)^{1/2} + 15(6c)^{1/3}\left(1 + (13L(c))^{2/3}\right) \\ &\leq 15(6c)^{1/3} + \left(\sqrt{3} + 13 + 15 \cdot 6^{1/3} \cdot (13)^{2/3}\right)L(c)^{1/2} \\ &\leq 30c^{1/3} + 170L(c)^{1/2}. \end{aligned}$$

This concludes the proof of Theorem 3.3.  $\square$

#### 4. Total variation distance and rate of convergence

Theorems 2.2 and 3.1 immediately imply the following result.

*Theorem 4.1.* Let  $\phi_n$  be the characteristic function of  $S_n/\sigma_n$  and

$$l_n = 2 \int_0^\infty t |\phi_n(t)| dt.$$

If conditions (1.1)–(1.2) hold, then

$$d_{TV}\left(\frac{S_n}{\sigma_n}, Z\right) \leq \sqrt{120} \left\{c^{1/3} + 12U_n(c/2)^{1/2}\right\}^{1/2} + 30^{1/3} l_n^{2/3} \left\{c^{1/3} + 12U_n(c/2)^{1/2}\right\}^{1/3}$$

for all  $n \geq 1$  and  $c > 0$ , where  $Z$  is a standard normal random variable.

*Proof:* First apply Theorem 2.2, with  $V = 1$  and  $X_n = \frac{S_n}{\sigma_n}$ , and then use Theorem 3.1.  $\square$

Obviously, Theorem 4.1 is non-trivial only if  $l_n < \infty$ . In this case, the probability distribution of  $S_n$  is absolutely continuous. An useful special case is when conditions (1.1)–(1.2) hold together with (3.1) (as in Corollary 3.2). Then, by taking  $c = 2m_n\gamma_n$  so that  $U_n(c/2) = 0$ , Theorem 4.1 yields

$$d_{TV}\left(\frac{S_n}{\sigma_n}, Z\right) \leq \sqrt{120} (2m_n\gamma_n)^{1/6} + 30^{1/3} l_n^{2/3} (2m_n\gamma_n)^{1/9}.$$

Sometimes, this inequality allows to obtain a CLT in total variation distance; see Example 5.1 below.

We next discuss the convergence rate provided by Theorem 3.1 and we compare it with some existing results.

A first remark is that Theorem 3.1 is calibrated to the dependence case, and that it is not optimal in the independence case. To see this, it suffices to recall that we assume  $m_n \geq 1$  for all  $n$ . If  $X_{n1}, \dots, X_{nN_n}$  are independent, the best one can do is to let  $m_n = 1$ , but this choice of  $m_n$  is not efficient as is shown by the following example.

**Example 4.2.** Suppose  $X_{n1}, \dots, X_{nN_n}$  are independent and conditions (1.2) and (3.1) hold. Define  $m_n = 1$  for all  $n$ . Then,  $U_n(\gamma_n) = 0$  and Theorem 3.1 (or Corollary 3.2) yields  $d_W(S_n/\sigma_n, Z) \leq 30(2\gamma_n)^{1/3}$ . However, the Bikelis nonuniform inequality yields

$$\left|P(S_n/\sigma_n \leq t) - P(Z \leq t)\right| \leq \frac{b}{(1+|t|)^3} \sum_{i=1}^{N_n} E\left\{\frac{|X_{n,i}|^3}{\sigma_n^3}\right\} \leq \frac{b\gamma_n}{(1+|t|)^3}$$

for all  $t \in \mathbb{R}$  and some universal constant  $b$ ; see e.g. DasGupta (2008, p. 659). Hence,

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) = \int_{-\infty}^{\infty} |P(S_n/\sigma_n \leq t) - P(Z \leq t)| dt \leq \int_{-\infty}^{\infty} \frac{b\gamma_n}{(1+|t|)^3} dt = b\gamma_n.$$

Leaving independence aside, a recent result to be mentioned is Dedecker et al. (2022, Corollary 4.3). This result applies to sequences of random variables and requires a certain mixing condition (denoted by  $(H_1)$ ) which is automatically true when  $m_n = m$  for all  $n$ . In this case, under conditions (1.2) and (3.1), one obtains

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq b\gamma_n \left(1 + c_n \log(1 + c_n \sigma_n^2)\right) \tag{4.1}$$

where  $b$  and  $c_n$  are suitable constants with  $b$  independent of  $n$ . Among other conditions, the  $c_n$  must satisfy

$$c_n \sigma_n^2 \geq \sum_{i=1}^{N_n} EX_{n,i}^2.$$

Inequality (4.1) is actually sharp. However, if compared with Theorem 3.1, it has three drawbacks. First, unlike Theorem 3.1, it requires condition (3.1). Secondly, the mixing condition  $(H_1)$  is not easily verified unless  $m_n = m$  for all  $n$ . Thirdly, as seen in the next example, even if (3.1) holds and  $m_n = m$  for all  $n$ , it may be that

$$\gamma_n \rightarrow 0 \quad \text{but} \quad \gamma_n c_n \log(1 + c_n \sigma_n^2) \rightarrow \infty \quad \text{as } n \rightarrow \infty.$$

In such situations, Theorem 3.1 works while inequality (4.1) does not.

**Example 4.3.** Let  $(a_n)$  be a sequence of numbers in  $(0, 1)$  such that  $\lim_n a_n = 0$ . Let  $(T_i : i \geq 0)$  and  $(V_{n,i} : n \geq 1, 1 \leq i \leq n)$  be two independent collections of real random variables. Suppose  $(T_i)$  is i.i.d. with  $P(T_0 = \pm 1) = 1/2$  and  $V_{n,1}, \dots, V_{n,n}$  are i.i.d. with  $V_{n,1}$  uniformly distributed on the set  $(-1, -1 + a_n) \cup (1 - a_n, 1)$ .

Fix a constant  $\alpha \in (0, 1/3)$  and define  $N_n = n$  and

$$X_{n,i} = n^{-1/2}V_{n,i} + n^{-\alpha}(T_i - T_{i-1})$$

for  $i = 1, \dots, n$ . The array  $(X_{n,i})$  is centered and 1-dependent (namely,  $m_n = 1$  for all  $n$ ). In addition,  $S_n = n^{-1/2} \sum_{i=1}^n V_{n,i} + n^{-\alpha}(T_n - T_0)$  and

$$\sigma_n^2 = EV_{n,1}^2 + 2n^{-2\alpha}, \quad \sum_{i=1}^n EX_{n,i}^2 = EV_{n,1}^2 + 2n^{1-2\alpha}.$$

Since  $\lim_n \sigma_n^2 = \lim_n EV_{n,1}^2 = 1$ , one obtains

$$\max_i \frac{|X_{n,i}|}{\sigma_n} \leq \frac{n^{-1/2} + 2n^{-\alpha}}{\sigma_n} \leq \frac{3n^{-\alpha}}{\sigma_n} < 4n^{-\alpha} \quad \text{for large } n.$$

Hence, for large  $n$ , condition (3.1) holds with  $\gamma_n = 4n^{-\alpha}$ . Consequently, Corollary 3.2 yields

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq 60n^{-\alpha/3} \quad \text{for large } n.$$

However,

$$\begin{aligned} 4n^{-\alpha} c_n \log(1 + c_n \sigma_n^2) &\geq 4n^{-\alpha} \frac{1}{\sigma_n^2} \sum_{i=1}^n EX_{n,i}^2 \log\left(1 + \sum_{i=1}^n EX_{n,i}^2\right) \\ &\geq 4(1 - 2\alpha) \frac{n^{1-3\alpha}}{\sigma_n^2} \log n \rightarrow \infty. \end{aligned}$$

In addition to [Dedecker et al. \(2022, Corollary 4.3\)](#), there are some other estimates of  $d_W(S_n/\sigma_n, Z)$ . Without any claim of exhaustivity, we mention [Fan and Ma \(2020\)](#), [Röllin \(2018\)](#) and [Van Dung et al. \(2014\)](#) (Röllin's result has been used for proving Lemma 3.8). There are also a number of estimates of  $d_K(S_n/\sigma_n, Z)$  which, through Lemma 2.1, can be turned into upper bounds for  $d_W(S_n/\sigma_n, Z)$ ; see [Dedecker et al. \(2022\)](#), [Fan and Ma \(2020\)](#) and references therein. However, to our knowledge, none of these estimates implies Theorem 3.1. Typically, they require further conditions (in addition to (1.1)–(1.2)) and/or they yield a worse convergence rate; see e.g. Remark 3.9 and Example 4.3. This is the current state of the art. Our conjecture is that, under conditions (1.1)–(1.2) and possibly (3.1), the rate of Theorem 3.1 can be improved. To this end, one possibility could be using an upper bound provided by [Haeusler and Joos \(1988\)](#) in the martingale CLT. Whether the rate of Theorem 3.1 can be improved, however, is currently an *open problem*.

## 5. Further examples and applications

To illustrate the results above, we give some applications of Theorems 3.1 and 4.1. As usual,  $Z$  denotes a standard normal random variable. We begin with a CLT in total variation distance.

**Example 5.1.** Let  $(X_{n,i})$  and  $(V_{n,i})$  be as in Example 4.3. Denote by  $\psi_n$  the characteristic function of  $\sum_{i=1}^n V_{n,i}$ . Then, for each  $t \in \mathbb{R}$ ,

$$\begin{aligned} \psi_n(t) &= \left( \frac{1}{a_n} \int_{1-a_n}^1 \cos(tx) dx \right)^n \quad \text{and} \\ |\phi_n(t)| &\leq \left| \psi_n[t(n\sigma_n^2)^{-1/2}] \right| = \left| \frac{1}{a_n} \int_{1-a_n}^1 \cos[t(n\sigma_n^2)^{-1/2}x] dx \right|^n. \end{aligned}$$

After some algebra (we omit the explicit calculations) it can be shown that

$$l_n = 2 \int_0^\infty t |\phi_n(t)| dt \leq b a_n^{-2}$$

for some constant  $b$  independent of  $n$ . Recalling that  $m_n = 1$  and  $\gamma_n = 4n^{-\alpha}$  for large  $n$  (see Example 4.3), Theorem 4.1 yields (taking again  $c = 2m_n\gamma_n = 8n^{-\alpha}$ )

$$\begin{aligned} d_{TV}\left(\frac{S_n}{\sigma_n}, Z\right) &\leq \sqrt{120} (2m_n\gamma_n)^{1/6} + 30^{1/3} l_n^{2/3} (2m_n\gamma_n)^{1/9} \\ &\leq \sqrt{120} 8^{1/6} n^{-\alpha/6} + 30^{1/3} b^{2/3} 8^{1/9} \left(a_n^4 n^{\alpha/3}\right)^{-1/3} \end{aligned}$$

for large  $n$ . Therefore, the probability distribution of  $S_n/\sigma_n$  converges to the standard normal law, in total variation distance, provided  $a_n^4 n^{\alpha/3} \rightarrow \infty$ .

The next two examples are connected to the Breuer-Major theorem (henceforth, BMT); see Breuer and Major (1983). In both the examples,  $g : \mathbb{R} \rightarrow \mathbb{R}$  is a Borel function with Hermite degree  $d \geq 1$ . This means that  $E(g^2(Z)) < \infty$  with a series expansion of the type

$$g = \sum_{j=d}^{\infty} c_j H_j, \quad c_d \neq 0,$$

where  $H_j$  is the Hermite polynomial of degree  $j$ .

**Example 5.2.** There is recently a certain interest on the asymptotic behavior of

$$Q_n = \frac{\sum_{i=0}^{n-1} g(Y_i)}{\sqrt{\text{Var}\left[\sum_{i=0}^{n-1} g(Y_i)\right]}}$$

where  $(Y_n : n \geq 0)$  is a stationary Gaussian sequence of standard normal random variables; see e.g. Campese et al. (2020), Nourdin and Nualart (2020) and references therein. Because of BMT,  $Q_n \xrightarrow{\text{dist}} Z$  provided  $\sum_n |E(Y_n Y_0)|^d < \infty$  (recall that  $d \geq 1$  is the Hermite degree of  $g$ ). To obtain a quantitative estimate of  $d_W(Q_n, Z)$ , some further conditions are needed. Essentially,  $g$  must belong to a suitable Sobolev space.

At the price of assuming  $(m_n)$ -dependence, Theorem 3.1 allows to improve BMT. Among other things, the stationarity assumption is dropped, sequences are replaced by arrays, and the conditions on  $g$  are much more general.

For each  $n \geq 1$ , suppose

$$\begin{aligned} (X_{n,1}, \dots, X_{n,N_n}) \text{ is Gaussian, } \quad X_{n,i} &\sim \mathcal{N}(0, 1) \text{ for all } i, \\ \text{and } E(X_{n,i} X_{n,j}) &= 0 \text{ whenever } |i - j| > m_n. \end{aligned}$$

Moreover, fix any Borel function  $g_n : \mathbb{R} \rightarrow \mathbb{R}$  such that  $E(g_n(Z)) = 0$  and  $E(g_n^2(Z)) < \infty$  and suppose

$$\sigma_n^2 := \text{Var}\left[\sum_{i=1}^{N_n} g_i(X_{n,i})\right] > 0.$$

Then, Theorem 3.1 yields

$$d_W(Q_n^*, Z) \leq 30 c^{1/3} + \frac{360 \sqrt{m_n}}{\sigma_n} \left( \sum_{i=1}^{N_n} E\left[g_i^2(Z) 1\{|g_i(Z)| > c \sigma_n / 2 m_n\}\right] \right)^{1/2}$$

for all  $n \geq 1$  and  $c > 0$ , where

$$Q_n^* = \frac{1}{\sigma_n} \sum_{i=1}^{N_n} g_i(X_{n,i}).$$



This upper bound is effective if the sequence  $(g_n^2(Z) : n \geq 1)$  is uniformly integrable. Note also that, if  $g_n(Z) \in L_\infty$  for all  $n$ , Corollary 3.2 yields

$$d_W(Q_n^*, Z) \leq 40 \left( \frac{m_n}{\sigma_n} \max_{1 \leq i \leq N_n} \|g_i(Z)\|_\infty \right)^{1/3}.$$

**Example 5.3.** Let  $Y = (Y_t : t \geq 0)$  be a real cadlag process. To begin with, suppose  $Y$  is stationary, Gaussian,  $Y_0 \sim \mathcal{N}(0, 1)$ , and define

$$Z_\epsilon(t) = \sqrt{\epsilon} \int_0^{t/\epsilon} g(Y_s) ds \quad \text{for all } \epsilon > 0 \text{ and } t \geq 0.$$

If  $\int |E(Y_t Y_0)|^d dt < \infty$  then, as  $\epsilon \rightarrow 0$ , the finite dimensional distributions of  $Z_\epsilon$  converge weakly to those of  $\sigma W$ , where  $\sigma$  is an explicit constant and  $W$  a standard Brownian motion. This is BMT in continuous-time. By a result in Campese et al. (2020), if  $E(|g(Z)|^p) < \infty$  for some  $p > 2$ , one also obtains  $Z_\epsilon \xrightarrow{dist} \sigma W$  in the space  $C([0, \infty), \mathbb{R})$  (equipped with the topology of uniform convergence on compacta).

Next, suppose  $Y$  is a Levy process. Let  $f : \mathbb{R} \rightarrow \mathbb{R}$  be a continuous function and  $\lambda : (0, \infty) \rightarrow (0, \infty)$  a non-increasing function such that

$$a := \sup |f| < \infty \quad \text{and} \quad b := \sup \lambda < \infty.$$

Roughly speaking,  $\lambda$  should be regarded as a delay in observing  $Y$ . Given  $\epsilon > 0$  and  $s \geq \lambda(\epsilon)$ , the actual value of  $Y$  at time  $s - \lambda(\epsilon)$  is not  $Y_{s-\lambda(\epsilon)}$  but  $Y_s$ . Hence,  $Y_s - Y_{s-\lambda(\epsilon)}$  may be seen as an observation error. Let

$$Z_\epsilon^*(t) = \sqrt{\epsilon} \int_0^{t/\epsilon} f(Y_s - Y_{(s-\lambda(\epsilon))^+}) ds.$$

In order to apply Theorem 3.1 to  $Z_\epsilon^*$ , fix  $t > 0$  and define

$$n_\epsilon(t) = \left\lfloor \frac{t}{\epsilon \lambda(\epsilon)} \right\rfloor - 1 \quad \text{and} \quad I_t = \{ \epsilon > 0 : n_\epsilon(t) \geq 1 \}.$$

For  $\epsilon \in I_t$  and  $i \geq 1$ , define also

$$X_{\epsilon,i} = \sqrt{\epsilon} \int_{i\lambda(\epsilon)}^{(i+1)\lambda(\epsilon)} f(Y_s - Y_{s-\lambda(\epsilon)}) ds, \quad V_\epsilon(t) = \sum_{i=1}^{n_\epsilon(t)} X_{\epsilon,i}, \quad \sigma_\epsilon^2(t) = E(V_\epsilon^2(t)).$$

Assume  $E[f(Y_{\lambda(\epsilon)})] = 0$  (for example, this holds if  $f$  is odd and  $Y_{\lambda(\epsilon)}$  is symmetric), and also  $\sigma_\epsilon^2(t) > 0$  for  $\epsilon \in I_t$ . Then,  $E[f(Y_s - Y_{s-\lambda(\epsilon)})] = E[f(Y_{\lambda(\epsilon)})] = 0$  for  $s \geq \lambda(\epsilon)$ , so that  $E(X_{\epsilon,i}) = 0$ , and since the array

$$(X_{\epsilon,i} : \epsilon \in I_t, i = 1, \dots, n_\epsilon(t))$$

is 1-dependent, Theorem 3.1 yields, for any  $c > 0$ ,

$$d_W \left( \frac{V_\epsilon(t)}{\sigma_\epsilon(t)}, Z \right) \leq 30 c^{1/3} + 360 \sqrt{\frac{n_\epsilon(t)}{\sigma_\epsilon^2(t)} E[X_{\epsilon,1}^2 1\{|X_{\epsilon,1}| > c \sigma_\epsilon(t)/2\}]}.$$

Moreover, since  $|X_{\epsilon,i}| \leq a b \sqrt{\epsilon}$ , Corollary 3.2 yields

$$d_W \left( \frac{V_\epsilon(t)}{\sigma_\epsilon(t)}, Z \right) \leq 40 \left( \frac{a b \sqrt{\epsilon}}{\sigma_\epsilon(t)} \right)^{1/3}.$$

Since  $f$  is continuous and the  $Y$ -paths are cadlag, one also obtains

$$\lim_{\epsilon \rightarrow 0} \sigma_\epsilon^2(t) = \lim_{\epsilon \rightarrow 0} \left\{ n_\epsilon(t) E(X_{\epsilon,1}^2) + 2(n_\epsilon(t) - 1) E(X_{\epsilon,1} X_{\epsilon,2}) \right\} = \frac{tr}{b}$$

where

$$r = E \left[ \left( \int_b^{2b} f(Y_s - Y_{s-b}) ds \right)^2 \right] + 2 E \left[ \int_b^{2b} f(Y_s - Y_{s-b}) ds \int_{2b}^{3b} f(Y_s - Y_{s-b}) ds \right].$$

Hence, if  $r > 0$ , then  $\lim_{\epsilon \rightarrow 0} d_W \left( \frac{V_\epsilon(t)}{\sigma_\epsilon(t)}, Z \right) = 0$ . Since

$$\left| Z_\epsilon^*(t) - V_\epsilon(t) \right| \leq 2ab\sqrt{\epsilon}, \tag{5.1}$$

it follows that

$$Z_\epsilon^*(t) \xrightarrow{\text{dist}} \sqrt{\frac{tr}{b}} Z \sim \sqrt{\frac{r}{b}} W_t, \quad \text{as } \epsilon \rightarrow 0,$$

where  $W$  is a standard Brownian motion. Moreover, with exactly the same argument, one also obtains

$$(Z_\epsilon^*(t_1), \dots, Z_\epsilon^*(t_k)) \xrightarrow{\text{dist}} \sqrt{\frac{r}{b}} (W_{t_1}, \dots, W_{t_k}) \tag{5.2}$$

for all  $k \geq 1$  and all  $0 \leq t_1 < t_2 < \dots < t_k$ . Finally,

$$Z_\epsilon^* \xrightarrow{\text{dist}} \sqrt{\frac{r}{b}} W \quad \text{in the space } C([0, \infty), \mathbb{R}). \tag{5.3}$$

We just give a sketch of the proof of (5.3). Let  $D$  be the space of real cadlag functions on  $[0, \infty)$  endowed with the Skorohod topology. First, one proves that

$$E[(V_\epsilon(s) - V_\epsilon(t))^4] \leq \alpha \epsilon^2 \left( \lfloor \frac{t}{\epsilon\lambda(\epsilon)} \rfloor - \lfloor \frac{s}{\epsilon\lambda(\epsilon)} \rfloor \right)^2$$

for all  $0 \leq s < t$ , all  $\epsilon > 0$ , and some constant  $\alpha$ . Based on [Nourdin and Nualart \(2020, Lemma 3.1\)](#), this and the finite-dimensional convergence following from (5.1) and (5.2) imply  $V_\epsilon \xrightarrow{\text{dist}} \sqrt{\frac{r}{b}} W$  in the space  $D$ . Because of (5.1), one also obtains  $Z_\epsilon^* \xrightarrow{\text{dist}} \sqrt{\frac{r}{b}} W$  in the space  $D$ . Finally, (5.3) follows since  $Z_\epsilon^*$  and  $\sqrt{\frac{r}{b}} W$  have continuous paths.

Our last example may be useful as regards the CLT for high dimensional data.

**Example 5.4.** For  $i = 1, \dots, N$ , let

$$X_i = (X_{i,1}, \dots, X_{i,p})$$

be a  $p$ -dimensional random vector. Suppose:

- (i) The vectors  $X_1, \dots, X_N$  are  $m$ -dependent and  $X_{i,j} \in L_\infty$  for all  $i, j$ ;
- (ii)  $E(X_{i,j}) = 0$  and  $E(X_{i,j}X_{h,k}) = 0$  for all  $i, j, h, k$  with  $j \neq k$ ;
- (iii)  $\sigma_j^2 = E[(\sum_{i=1}^N X_{i,j})^2] > 0$  for all  $j = 1, \dots, p$ .

Define

$$Y = \sum_{i=1}^N \sum_{j=1}^p \frac{a_j X_{i,j}}{\sigma_j},$$

where the  $a_j$  are constants satisfying  $\sum_{j=1}^p a_j^2 = 1$ , and note that  $\text{Var}(Y) = 1$ . Upper bounds for  $d_W(Y, Z)$  allow to estimate the goodness of the normal approximation for the distribution of  $Y$ . For instance, they are involved in the study of the dependence graph of high-dimensional time series; see [Chang et al. \(2024\)](#) and references therein. Under conditions (i)-(iii), Corollary 3.2 yields

$$d_W(Y, Z) \leq 40 \left( m \sqrt{p} \max_{i,j} \frac{\|X_{i,j}\|_\infty}{\sigma_j} \right)^{1/3}.$$

This can be compared to the related estimate in [Chang et al. \(2024, Corollary 1\)](#) (which is for the Kolmogorov distance, and among other differences includes a different power  $m^{2/3}$ ).

### 6. Final comment: beyond $(m_n)$ -dependence

We close with a result which enlarges the scope of Theorem 3.1. It is motivated by the following (natural) question. Let  $(X_{n,i})$  be an arbitrary array of real random variables. Under what conditions  $(X_{n,i})$  can be approximated by a  $(m_n)$ -dependent array? Sometimes, this approximation is possible. As suggested by an anonymous referee, for instance, it is actually possible if  $(X_{n,i})$  satisfies a suitable mixing condition or some form of physical dependence. Generally, however, the approximation of  $(X_{n,i})$  by a  $(m_n)$ -dependent array requires strong conditions. Therefore, we focus on a related problem, that is, we look for a version of Theorem 3.1 where  $(X_{n,i})$  is not required to be  $(m_n)$ -dependent. To this end, we need some notation. Define

$$W_{n,i} = E(X_{n,i} + X_{n,i+1} \mid \mathcal{F}_{n,i}) - E(X_{n,i} + X_{n,i+1} \mid \mathcal{F}_{n,i-1})$$

where  $\mathcal{F}_{n,i} = \sigma(X_{n,1}, \dots, X_{n,i})$  and  $\mathcal{F}_{n,0}$  is the trivial  $\sigma$ -field. Define also

$$\gamma_n = \frac{1}{\sigma_n} \max_i \|X_{n,i}\|_\infty, \quad a_n^2 = E\left[\left(\sum_{i=2}^{N_n} E(X_{n,i} \mid \mathcal{F}_{n,i-2})\right)^2\right], \quad w_n^2 = \sum_{i=1}^{N_n-1} E(W_{n,i}^2).$$

*Proposition 6.1.* Suppose:

- $(X_{n,i})$  satisfies condition (1.2) and  $X_{n,i} \in L_\infty$  for all  $n$  and  $i$ ;
- There are constants  $\alpha$  and  $\beta$  such that

$$\sigma_n \leq \alpha w_n \quad \text{and} \quad \left| \sum_{1 \leq i < j < N_n} \text{Cov}(W_{n,i}^2, W_{n,j}^2) \right| \leq \beta \gamma_n^2 \sigma_n^4$$

for all  $n \geq 1$ . Then, there is a constant  $q$  (independent of  $n$ ) such that

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq q \left(\frac{a_n}{\sigma_n} + \gamma_n^{1/3}\right) \quad \text{for all } n \geq 1.$$

*Proof:* Letting

$$A_n = \sum_{i=2}^{N_n} E(X_{n,i} \mid \mathcal{F}_{n,i-2}), \quad W_n = \sum_{i=1}^{N_n-1} W_{n,i}, \quad L_n = X_{n,N_n} - E(X_{n,N_n} \mid \mathcal{F}_{n,N_n-1}),$$

one obtains

$$S_n = A_n + W_n + L_n.$$

Note also that  $(W_{n,i} : 1 \leq i < N_n)$  is a martingale difference sequence, and thus

$$E(W_n^2) = w_n^2.$$

Hence,

$$\begin{aligned} d_W\left(\frac{S_n}{\sigma_n}, Z\right) &\leq d_W\left(\frac{S_n}{\sigma_n}, \frac{A_n + W_n}{\sigma_n}\right) + d_W\left(\frac{A_n + W_n}{\sigma_n}, \frac{W_n}{\sigma_n}\right) + d_W\left(\frac{W_n}{\sigma_n}, \frac{W_n}{w_n}\right) + d_W\left(\frac{W_n}{w_n}, Z\right) \\ &\leq 2\gamma_n + \frac{a_n}{\sigma_n} + \left|1 - \frac{w_n}{\sigma_n}\right| + d_W\left(\frac{W_n}{w_n}, Z\right). \end{aligned}$$

Since  $(W_{n,i} : 1 \leq i < N_n)$  is a martingale difference sequence and

$$\max_i |W_{n,i}| \leq 4 \max_i \|X_{n,i}\|_\infty \leq 4\sigma_n \gamma_n \leq 4\alpha w_n \gamma_n \quad \text{a.s.},$$

the arguments of Lemmas 3.7 and 3.8 can be applied to  $Y_i = W_{n,i}$  (with  $\sigma_n$  replaced by  $w_n$ ). Therefore,  $d_W\left(\frac{W_n}{w_n}, Z\right) \leq q^* \gamma_n^{1/3}$  for some constant  $q^*$  that depends on  $\alpha$  and  $\beta$  (but nothing else).

In addition,

$$\begin{aligned} \left|1 - \frac{w_n^2}{\sigma_n^2}\right| &= \frac{1}{\sigma_n^2} \left|E[(A_n + W_n + L_n)^2] - E(W_n^2)\right| \\ &= \frac{1}{\sigma_n^2} \left|E[(A_n + L_n)^2] + 2E[W_n(A_n + L_n)]\right| \\ &\leq \frac{2}{\sigma_n^2} \left\{E(A_n^2) + E(L_n^2) + w_n\sqrt{E(A_n^2)} + w_n\sqrt{E(L_n^2)}\right\} \\ &= \frac{2}{\sigma_n^2} \left\{a_n^2 + E(L_n^2) + w_n(a_n + \sqrt{E(L_n^2)})\right\}, \end{aligned}$$

so that

$$\left|1 - \frac{w_n}{\sigma_n}\right| = \frac{\left|1 - \frac{w_n^2}{\sigma_n^2}\right|}{1 + \frac{w_n}{\sigma_n}} \leq 2 \left(\frac{a_n^2}{\sigma_n^2} + \frac{a_n}{\sigma_n} + 4\gamma_n^2 + 2\gamma_n\right).$$

Collecting all these facts together,

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq 3\frac{a_n}{\sigma_n} + 2\frac{a_n^2}{\sigma_n^2} + 8\gamma_n^2 + 6\gamma_n + q^*\gamma_n^{1/3}.$$

Hence, with  $q = 14 + q^*$ , if  $\frac{a_n}{\sigma_n} \leq 1$  and  $\gamma_n \leq 1$ , one obtains

$$d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq 5\frac{a_n}{\sigma_n} + (14 + q^*)\gamma_n^{1/3} \leq q\left(\frac{a_n}{\sigma_n} + \gamma_n^{1/3}\right), \quad (6.1)$$

and otherwise (6.1) is trivial since  $d_W\left(\frac{S_n}{\sigma_n}, Z\right) \leq \sqrt{2}$  by Lemma 2.1.  $\square$

It is worth noting that Proposition 6.1 deviates from some analogous results available in the literature (such as Cuny and Merlevède (2015) and Shao (1993)) for it does not require either stationarity-mixing assumptions or martingale assumptions. Furthermore, Proposition 6.1 provides a quantitative bound as well.

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