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THESE WERE THE DAYS OF OUR LIVES! A SELF-ENHANCEMENT MODEL OF REVISIT INTENTION FOR WARFARE HERITAGE TOURISM

Abstract

This paper addresses revisiting intention in warfare heritage tourism. Building on drivers related to the psychology of the tourists, it develops and tests a moderated mediation model accounting for self-enhancement, engagement, sense of belonging, and revisit intention. Two studies explore the relationships among these constructs, sampling tourists visiting contemporary warfare heritage sites (Cold War military installations). The results show that the sense of belonging mediates the self-enhancement–revisit intention relationship and that engagement moderates the mediation. Finally, results show that the relationships among the considered constructs do not change for tourists living in the former western or eastern blocks and for tourists born before, during, or after the Cold War era.

Keywords: Warfare heritage tourism; Self-enhancement; Engagement; Sense of belonging; Revisit intention.

1. Introduction

Earlier studies in tourism have documented the importance of revisiting intention to the destination's success (e.g., Um et al., 2006). However, research is ongoing on heritage tourism, as it is polymorphous, and its implications vary among heritage destinations. Thus, recent literature calls to address warfare heritage tourism settings and understand the tourist's experience by taking a psychological perspective (Scarpi & Raggiotto, 2023).

In particular, warfare tourism experiences hold deep meaningfulness for visitors, related to remembrance and commemoration of intense past events (Gieling & Ong, 2016). Visiting warfare tourism sites allows individuals to confront history and memory directly, leveraging compelling meanings such as peace and solidarity (Williams et al., 2023), and could significantly contribute to constructing and improving the self (Driessen, 2022; Hosseini et al., 2022). Accordingly, the present research aims to study tourists' revisit intention in warfare heritage sites and does so from the perspective of self-enhancement theory in psychology.

Self-enhancement is the feeling of coming closer to an ideal self (Raggiotto & Scarpi, 2021), personal growth (Laing & Frost, 2017; Skandalis et al., 2023) that illustrates a person's desire to look for events that strengthen or enhance one's sense of self (Wien & Olsen, 2014). In this vein, scholars in psychology have already addressed the drivers of self-enhancement (e.g., Emmons, 1996; Tedeschi & Calhoun, 2004) and settled that self-enhancement can be driven in warfare heritage tourism by a desire for self-exploration (Mowatt & Chancellor, 2011; Winter, 2011), self-understanding (Upton et al., 2018), self-growth (Lee, 2016; Fallon & Robinson, 2017), and a need for reflection (Gieling & Ong, 2016; Scarpi & Raggiotto, 2023).

Instead, assessing (and quantifying) the consequences of self-enhancement holds paramount importance in the domain of warfare heritage tourism, for several reasons. Firstly, by

focusing on self-enhancement outcomes, researchers and practitioners gain valuable insights into tourists' behavioral intentions and decision-making processes within this unique tourism context. Exploring how self-enhancement influences revisit intention, emotional engagement, and attachment to warfare heritage places provides useful knowledge for destination management strategies, marketing initiatives, and visitor experience enhancement. Moreover, delving into the consequences of self-enhancement sheds light on the transformative effects of warfare heritage tourism on individuals' sense of identity, belonging, and emotional connection to historical narratives. By examining these consequences, researchers can inform sustainable tourism practices that foster meaningful and responsible visitor engagements with warfare heritage sites, ensuring their preservation and continued relevance for future generations.

Therefore, the present research builds on the connection between warfare heritage tourism and self-enhancement, assessing how it affects and interplays with tourists' sense of belonging, emotional engagement, and revisit intention. Specifically, this research addresses self-enhancement in contemporary heritage sites of the Cold War. It advances a conceptual model of moderated mediation for revisiting intention addressing tourists' feelings of self-enhancement, with the sense of belonging as a mediator and engagement with the history of the place as a moderator.

The results corroborate the conceptual model and show that self-enhancement also occurs in warfare heritage settings, drives a sense of belonging, especially when tourists feel emotional engagement with the warfare heritage context, and ultimately determines revisit intention. Furthermore, we find that the relationships do not vary between tourists who directly experienced the historical period embodied by the heritage site versus those who did not, nor due to the tourists' provenance. We conclude by discussing the theoretical and managerial implications of the findings.

2. Theoretical background

2.1 Self-enhancement theory

The self-enhancement theory posits the existence of a fundamental human need to have a positive self-image (Kwang & Swann, 2010). Building upon its long-standing tradition recognizing the existence of a fundamental human need for protecting and improving the self, the psychology literature established self-enhancement as a central goal of human existence (Swann et al., 1989); notably, self-enhancement theory goes further, suggesting that self-enhancement motives work as a continuous push to extend personal limits to grow as a person and entails strong, symbolic meanings of identity construction and, particularly, of personal growth (Allman et al., 2009; Raggiotto & Scarpi, 2022).

The outcome some tourists seek, consciously or unconsciously, is self-enhancement, becoming more like the ideal version of oneself (Choi et al., 2020). In this vein, Brymer & Houge Mackenzie (2016) discovered that people use terms like ideal self, self-realization, and self-fulfillment to characterize experiences related to self-improvement. During these experiences, people picture themselves reaching their boundaries and pushing them forward (Shoham et al., 2000). Accordingly, the self-enhancement theory postulates that individuals strongly desire to increase the positivity of their self-views (Leary, 2007; Raggiotto & Scarpi, 2022). Thus, they constantly seek experiences that help them reach a better self (Allman et al., 2009).

2.2 Warfare heritage tourism and self-enhancement

Tourism experiences help individuals build, preserve, and create elements of their identities, which are psychological processes of one's self-enhancement (Causevic & Lynch, 2011; George & George, 2004). Accordingly, researchers indicate that expressing and enhancing the self is a key motive for individuals to pursue tourism (Boksberger et al., 2011).

Thus, tourism experiences can carry relevant symbolic meanings for individuals' self-construction (Laing & Frost, 2017; Skandalis et al., 2023), and motives related to the assessment and improvement of the self have been highlighted as powerful drivers of tourist behavior (Desforges, 2000) in a variety of contexts, ranging from sports tourism (Raggiotto & Scarpi, 2021) to luxury tourism (Seo et al., 2019).

Visiting contemporary heritage sites is highly symbolic and entails meanings related to self-enhancement (Gieling & Ong, 2016). Unlike traditional heritage tourism, which may focus on celebrations or cultural festivities, warfare heritage tourism takes a reflective approach: it looks into the tragedies of conflict, giving tourists an exceptional chance to commemorate and remember (Hosseini et al., 2022). The social meaning of warfare heritage encompasses various dimensions influencing how societies perceive, interpret, and engage with their past military experiences and artifacts.

Warfare heritage is critical in shaping a nation's historical memory and collective identity. It helps people understand and relate to a country's past, emphasizing heroic narratives, sacrifices, and struggles that have contributed to national identity. Preserving and showcasing warfare heritage through museums, monuments, or educational programs fosters a deeper understanding of the consequences of conflict, promotes peace and diplomacy, and raises questions about the ethics of warfare, the impact on civilians, and the changing perceptions of violence and conflict resolution throughout history. It prompts discussions on international law, human rights, and the moral dimensions of armed conflicts and helps to promote peace, reconciliation, and a better understanding of our collective history.

Warfare heritage tourism experiences might become part of one's life story (Poria et al., 2006): a major motivation for tourists' engagement in warfare heritage tourism relates to reinforcing the individual self (Fallon & Robinson, 2017). For instance, war tourism is central to developing self-identity processes (Hosseini et al., 2022), self-understanding (Winter, 2011), and self-exploration (Mowatt & Chancellor, 2011). Similarly, in their study on war heritage tourism, Upton et al. (2018) emphasize how the close contact between tourists and war heritage triggered deep processes of self-reflection. Moreover, Gieling & Ong (2016) report that war heritage experiences contribute to an individual's identity. Warfare heritage tourism involves engaging with historical narratives and sites inherently imbued with bravery, sacrifice, and resilience themes. Visitors to warfare heritage sites often encounter stories of individuals who faced extraordinary challenges and made significant sacrifices during times of conflict. This immersion in the historical narratives of armed conflict offers a distinct opportunity for individuals to derive feelings of self-enhancement.

Thus, warfare heritage tourism can trigger profound psychological processes of forming and negotiating the self (Lee, 2016), potentially leading to intellectual and social growth. Furthermore, stories of resilience and heroism in the face of past horrors can foster an uplifting sense and boost feelings of self-enhancement by association with historical figures or narratives highlighting human strength and virtue. So, warfare tourism can emphasize positive aspects of heritage, such as achievements, cultural contributions, or heroical figures (Gieling & Ong, 2016), positively inspiring visitors and leading to self-enhancement.

In summary, warfare tourism significantly contributes to the processes of construction of the self by confronting individuals with a tangible history of the tragedies of war (Driessen, 2022) and leveraging compelling meanings such as peace, memory, and identity (Brown & Arriaza, 2018; Williams et al., 2023). Overall, the experience of warfare tourism contributes to the development of the self (e.g., Brown & Arriaza-Ibarra, 2018; Driessen, 2022).

2.3 From self-enhancement to revisit intention

The uniqueness of warfare heritage tourism's potential for self-enhancement lies in the emotional and identity-related significance of the historical narratives encountered at these sites (Mowatt & Chancellor, 2011). Specifically, the link between self-enhancement and revisit intention in warfare heritage tourism can be understood through the psychological mechanism underlying individuals' desire to repeat an activity to bolster their self-esteem. Warfare heritage tourism allows visitors to engage with historical narratives imbued with bravery, sacrifice, and resilience themes. As individuals immerse themselves in these narratives and connect emotionally with the stories of those who participated in past conflicts, they may experience feelings of enhanced self-esteem. This sense of self-enhancement arises from recognizing shared values and identities with the individuals who shaped the course of history and from acknowledging one's ability to engage with and understand complex historical events.

Psychology scholars suggest that self-growth drives individuals to repeat activities that enhance their self-worth (Crocker & Park, 2004). Thus, tourists who derive feelings of self-enhancement from their warfare heritage tourism experience should be more likely to revisit the destination because revisiting the warfare heritage destination offers an opportunity for individuals to reaffirm and strengthen their sense of self-worth by reconnecting with the historical narratives that resonate with their identity and values.

Accordingly, we posit that warfare heritage tourists are inclined to revisit destinations where they have experienced a boost to their self-esteem through engagement with the historical narratives of armed conflict because warfare heritage tourism satisfies their psychological needs for reflection (Gieling & Ong, 2016; Scarpi & Raggiotto, 2023; Upton et al., 2018) and self-growth (Fallon & Robinson, 2017; Lee, 2016; Winter, 2011).

Hence, there should be a link between self-enhancement and revisit intention in warfare heritage tourism because of the emotional and identity-related experiences encountered at these sites. In particular, revisiting warfare heritage sites is driven by more than just personal enjoyment; a deep emotional and psychological attachment to the historical narratives and individuals involved drives it. This emotional and psychological connection is where feelings of self-enhancement originate, as individuals reaffirm their identity and values through engaging with historical events and fostering the psychological connection to the historical narratives of the sites. In this vein, recent literature suggests that the warfare heritage tourism experience might facilitate transformational processes centered on self-reflection and personal transformation (Weaver et al., 2018; Oren et al., 2021).

Therefore, while previous studies in other tourism contexts suggest the possibility of a relationship between self-enhancement and revisit intention, the unique context of warfare heritage tourism, due to its deep significance for the individual self, adds layers of emotional depth, personal connection and historical significance that distinguish it from other forms of tourism (Mowatt & Chancellor, 2011; Gieling & Ong, 2016; Oren et al., 2021).

Based on these considerations and the specific dynamics of warfare heritage tourism, we posit the following:

H.1: Self-enhancement positively impacts revisit intention to warfare heritage sites.

2.4 From self-enhancement to the sense of belonging

The sense of belonging encapsulates the emotional connection and identification a traveler cultivates with a destination (Hung et al., 2019; Jepson & Sharpley, 2015) and is regarded as the result of a sophisticated assembly of experiences, materials, and affective, social, and material resonances. (Raffaetà & Duff, 2013). In warfare heritage tourism, these psychological processes of connection, identification, and assemblage acquire an even deeper meaning (e.g., Dresler, 2024) because warfare heritage tourism, with its emphasis on sites imbued with the legacy of past battles and military struggles, offers a unique avenue for tourists to forge or reinforce a shared heritage tied to the visited site (Wood, 2020).

In this vein, past research suggests that tourism set in places that witnessed disastrous events (such as battles) in the past can trigger feelings of empathy and self-reflection in visitors, which, in turn, stimulate a sense of belongingness to a place (Zhang et al., 2023; Wang et al., 2024). This may manifest in personal memories or a collective identity intertwined with the historical narrative of the locale (Scarpi & Raggiotto, 2023). Recent research consistently reports that the symbolic significance of warfare heritage sites helps build social and individual identities and shared memories of the collective past (Dresler, 2024). Those experiences hold the potential to deepen tourists' sense of belonging not only to the visited site but also to the broader hosting destination (Wang et al., 2024).

Thus, the emotional resonance evoked by warfare heritage sites can catalyze the forging of deep-seated connections between visitors and the location (Gieling & Ong, 2016). Accordingly, recent studies in psychology advance the theoretical suggestion that a strong sense of belongingness can originate from feelings of self-enhancement (Mannarini et al., 2021), especially when those feelings originate from living an experience (Chen et al., 2022).

Based on these considerations, we propose that the feelings of self-enhancement evoked by visiting sites steeped in the history of armed conflict can catalyze a transformative process. And we advance that, rather than existing in isolation, these feelings have the potential to evolve into profound positive perceptions and associations with the place hosting such sites. Thus, we contend that the strength of such a connection is contingent upon the degree to which the visit contributes to one's sense of self-enhancement. Accordingly, our second hypothesis underscores the transformative potential of tourism experiences rooted in the historical legacies of armed conflict, wherein feelings of self-enhancement serve as catalysts for developing profound emotional and psychological connections between the visitors and the hosting destination. Accordingly:

H.2: Self-enhancement positively impacts the sense of belonging to warfare heritage sites.

2.5 The role of warfare heritage engagement

Engagement refers to the consumers' active, rather than passive, approach toward objects: it stands for the positive cognitive, emotional, and behavioral activity associated with or occurring during key consumer-brand encounters, increasing consumers' connectedness to brands and events (Hollebeek et al., 2014; Sprott et al., 2009).

In the tourism literature, scholars have devoted considerable attention to engagement, considered a relevant predictor of tourists' attitudes, revisit intention (So et al., 2014), and attendance (Regan et al., 2012). In particular, past research in heritage tourism considers

engagement toward the historical period embodied by the heritage destination. This particular form of engagement is known as heritage engagement; it refers to consumers' desire to participate in the heritage of a brand (Balmer & Balmer, 2013) or place (Bryce et al., 2014). So, heritage tourism becomes a process and a consumable experience when there is engagement (Ashworth, 2014).

In particular, we focus on engagement in warfare heritage tourism, representing a distinct consumer interaction with historical periods and destinations associated with military conflicts. The uniqueness of engagement in warfare heritage tourism lies in the emotional complexity: Warfare heritage evokes a wide range of emotions, including patriotism, sorrow, pride, and reflection. Visitors may experience complex emotions as they engage with the historical narratives, artifacts, and landscapes associated with past conflicts. This emotional complexity sets warfare heritage engagement apart from engagement with other types of historical or cultural attractions and can blend uniquely with self-enhancement.

Furthermore, unlike generic heritage tourism, warfare heritage tourism often involves individuals connecting with their personal or familial histories. Visitors may seek out sites or exhibits related to specific battles, military units, or ancestors who participated in past conflicts. This personal connection adds a deeper layer of meaning to the engagement experience so warfare heritage engagement could foster a sense of personal relevance and connection to the historical narrative and visitors' sense of belonging. In addition, warfare heritage tourism forces visitors to confront past conflicts' moral and ethical dimensions. Visitors may grapple with questions of justice, sacrifice, and the human cost of war as they engage with exhibits or memorials commemorating military history. This moral and ethical dimension distinguishes warfare heritage engagement from engagement with other historical or cultural heritage types.

Finally, warfare heritage engagement, differently than other types of engagement in tourism, offers opportunities for reflection, and dialogue about the legacies and broader significance of past conflicts. This reflective process may shape individuals' responses to self-enhancement motives, influencing how self-enhancement impacts their sense of belonging within the wartime historical context.

In summary, the unique emotional and interpretive frameworks presented at warfare heritage sites may shape individuals' perceptions of self-enhancement and its relationship to belonging, thereby moderating the strength or direction of this relationship. Accordingly, we advance that:

H.3. Warfare heritage engagement moderates the relationship between self-enhancement and one's sense of belonging so that high levels of warfare heritage engagement increase the sense of belonging attributable to self-enhancement.

By considering engagement in warfare heritage tourism as a moderator, we explore how the unique characteristics of warfare heritage engagement interact with individual psychological processes, such as self-enhancement motives and a sense of belonging. This approach allows for a nuanced understanding of how engagement in warfare heritage tourism contexts influences the psychological mechanisms underlying visitors' experiences and behaviors.

2.6 From the sense of belonging to the intention to revisit warfare heritage sites
We advance that tourists' sense of belonging plays a pivotal role in shaping their intention to
revisit warfare heritage sites and that some reasons are unique to this type of tourism. Warfare
heritage sites are imbued with the historical legacies of armed conflicts: as visitors immerse

themselves in the narratives of courage, sacrifice, and resilience that define these landscapes, they develop a profound emotional connection to the stories of the past. This sense of belonging is not merely a fleeting sentiment but a deeply ingrained bond that intertwines their identity with the historical narratives of the site (Gieling & Ong, 2016).

Thus, in warfare heritage tourism, the significance of events allows individuals to imbue places with meaning and memories rooted in the historical narratives of armed conflict. Specifically, the process of bringing together individual and social experiences and affective resonances to give locations a personal meaning is particularly relevant in the context of warfare heritage tourism (Raffaetà & Duff, 2013), where tourists can construct and negotiate societal and individual identities, validate historical events, and foster memories of the past (Dresler, 2024). Unlike other tourism experiences, the sense of belonging in warfare heritage tourism represents a deeper, more enduring connection that transcends the mere enjoyment of the tourist experience (Gieling & Ong, 2016) as tourists connect emotionally with the stories and experiences of those who participated in the events. This sense of belonging emerges from the recognition of shared identity traits and values between the visitors and the historical narratives of the site, ultimately enabling individuals to see reflections of their own identity within the site (Hung et al., 2019; Laing, 2017).

Psychology theories support the notion that humans are inherently motivated to maintain connections with environments where they feel a sense of belonging, as it fulfills fundamental psychological needs for attachment and identity affirmation (Jetten et al., 2012; Baumeister& Leary, 2015). Set in the context of warfare heritage tourism, such consideration highlights that tourists' sense of belonging to the site represents a form of attachment to the historical narratives and the community of individuals who participated in the events. Furthermore, as individuals are driven by the desire to reconnect with the historical narratives that resonate with their identity and values (George & George, 2004), the sense of belonging could drive revisit intention through a desire to deepen one's understanding of the historical events, to pay respects to those who sacrificed, or to honor the legacy of the past.

Accordingly, we advance that, in warfare heritage sites, visitors seek to reconnect and establish a link with the stories that have become ingrained in their identity. The outcome of the significance-building process that tourists perform in warfare heritage sites is to catalyze the desire to revisit the sites. Thus:

H.4: Sense of belonging positively impacts revisit intention of warfare heritage sites.

This hypothesis underscores the transformative power of the sense of belonging in shaping tourists' behavioral intentions in warfare heritage sites, highlighting its role as a driving force behind the desire to revisit sites imbued with the historical legacies of armed conflict.

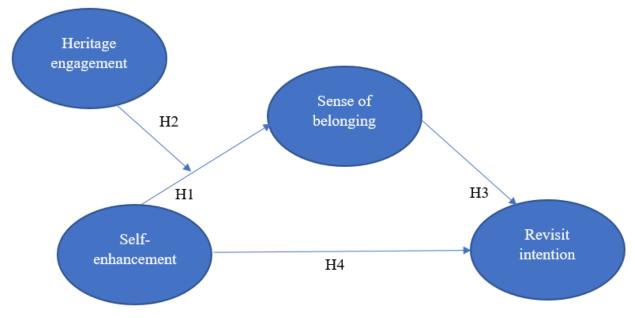
2.8 The conceptual model

Recent studies in tourism have called for addressing tourists' behavior from the perspective of tourists' psychology (Scarpi & Raggiotto, 2023). In this vein, our hypotheses link tourism literature on heritage to the psychological literature on self-enhancement theory. By doing so, we provide a psychology-based explanation for individuals' intention to revisit a heritage destination, using insights from psychology to understand better why such intention might develop.

Our conceptual model hypothesizes that feelings of self-enhancement developed during a tourism experience can activate other psychological processes related to a sense of belonging.

Furthermore, we posit that tourists' engagement with history strengthens the process through which self-enhancement leads to a sense of belonging. Finally, we posit that tourists' sense of belonging leads to the intention to visit the destination again. This set of relationships, formally advanced through four hypotheses, translates into the moderated mediation model shown in Figure 1.

Fig. 1. The conceptual model.



3 Study 1

3.8 Participants and measurements

A market research company provided a panel of 350 participants (mean age = 28.19; 36% females) who answered an online questionnaire. To qualify, participants had to have visited a local Cold War facility as tourists during their last vacation. We chose Cold War facilities as heritage tourism destinations because of their density, particularly in Europe, and historical significance. Furthermore, the Cold War refers to a recent past (1947-1991). By considering the Cold War heritage destinations, we can compare the perceptions of tourists who personally experienced the times celebrated by the heritage site and those who did not.

Furthermore, European countries tend to be relatively close to each other geographically. Hence, several countries of rivaling blocks were close (e.g., NATO Italy and communist Yugoslavia) or extremely close (e.g., the cities of Berlin, Germany, and Gorizia/Nova Gorica, Italy, were split into two halves). Such proximity made the Cold War an everyday reality for millions of people. It shaped the planning of cities (e.g., to account for military installments), people's jobs (as many works were related directly or indirectly to the presence of military personnel), and their shared fears of a possible invasion (e.g., the Stay-Behind intelligence program; Nuti & Riste, 2007). This allows for the comparison of tourists from one and the other block as a further possible insight into what other types of heritage sites might not offer.

The questionnaire was pretested with 40 respondents (not included in the analysis) to ensure the questions were clear. The questionnaire asked respondents about their self-enhancement (Shoham et al., 2000), sense of belonging (Hung et al., 2019), revisit intention (Jang and Namkung, 2009), and engagement (Sprott et al., 2009). Social desirability (Fischer &

Fick, 1993) was also measured to test for social desirability bias. The questionnaire items are reported in the Appendix (Table A.1).

All items were measured using a 7-point Likert scale. Finally, respondents reported their demographics, were thanked, and debriefed.

3.9 Model estimation procedure

Non-normality of data distribution emerged from the Shapiro-Wilk test. We, therefore, used structural equation modeling to test the hypotheses, using SPSS AMOS 25 and the asymptotically distribution-free estimation technique suitable for large, non-normally distributed samples (Byrne, 2013).

Sense of belonging was entered as a mediator of the relationship between selfenhancement and revisit intention; engagement in historical events was entered as a moderator of the left branch of the model.

Respondents' age, gender, and provenance were entered as covariates in the model. In particular, age was split age based on whether the respondents could have personal memories of the Cold War era, given that the Cold War era refers to the 1947-1991 period. Psychology scholars agree that explicit memories usually start around the 7th year (Peterson et al., 2005); we considered 1984 the birth cut-off year. Provenance was split between countries that belonged to the former Western and Eastern blocs.

3.4. Results: Questionnaire and scales

Following Kock (2015), we used SPSS's collinearity diagnostic to ensure that common method bias wasn't present. The VIF values ranged from 1.17 to 1.76, well below the cutoff of 3. Consequently, common method bias is not a concern in the model (Kock, 2015). Following Tussyadiah et al. (2018), we ran Harman's one-factor test, with the number of factors in an exploratory factor analysis constraining to one. The results show that a single factor could explain significantly less variance in the data and well below the recommended threshold of 50%. Social desirability was added to the model as a covariate. The coefficients exhibited non-significant results, with p-values ranging from .34 to .66, further diminishing concerns about social desirability bias (Holbrook & Krosnick, 2010).

Finally, Cronbach's alphas range between 72 and 94 were obtained using a CFA with AMOS 18 ($\chi^2/df < 3$; RMSEA = .07; CFI = .90), supporting the validity of the measures. The details are reported in the Appendix in Table A.1.

3.5.Results: Model estimation

The goodness-of-fit statistics show that the suggested model fits the data reasonably well (χ^2/df < 3; RMSEA = .07; p(RMSEA < 0.05) < 0.001; NNFI, CFI = .92). The path estimates show that revisit intention is driven by a sense of belonging (β = .35, p.<..001), which in turn stems from self-enhancement (β = .21, p = .004). This evidence supports H2 and H4. In particular, it proves that self-enhancement is a significant construct that helps predict tourists' behavior in heritage tourism. Furthermore, in line with our conceptualization, engagement exerts a significant moderation effect on the relationship between self-enhancement and the sense of belonging (β = 04, p = .03). This evidence supports H3.

Given the significant direct effect of self-enhancement on revisit intention (β = 26; p < .001), which supports H1, tourists' sense of belonging partially mediates the relationship between self-enhancement and revisit intention. Accordingly, high revisit intention emerged for

tourists who exhibited a high sense of belonging from feelings of self-enhancement, especially when they were highly engaged in the history of the place. In summary, these results extend previous studies on heritage tourism, taking the perspective of tourists' psychology and showing the relevance of developing feelings of self-enhancement as a driver of revisit intention.

Table A.2 in the appendix lists the structural model results graphically presented in Figure 4. Overall, the results from the model estimation support Hypotheses 1 through 4, showing that the sense of belonging mediates the relationship between experience self-enhancement and revisit intention. The results also show that heritage engagement moderates the relationship between self-enhancement and the sense of belonging. The highest revisit intention was observed for individuals who experienced self-enhancement, were engaged in the place's heritage, and developed a sense of belonging toward the location.

No significant effect emerged for age, gender, and provenance, as these covariates were not significant. This evidence further supports that the relationships evidenced by the model are generalizable and not due to a specific tourist group: the results are not affected by respondents having or lacking personal memories of the Cold War era or coming from former Eastern and Western Cold War blocs.

4. Study 2

4.1.Participants and Context

We carried out Study 2 to provide external validity and confirm the findings from Study 1. In Study 2, we administered the same questionnaire for Study 1 to 250 visitors at a former Cold War military base in Italy. The base was strategically important and responsible for defending the Italian skies from potential attacks from Warsaw Pact countries. The original military equipment is nowadays on display, as the base was restored and opened to the public as a Cold War museum to preserve the historical heritage and promote events related to the Cold War.

4.2.Results: scales and model estimation

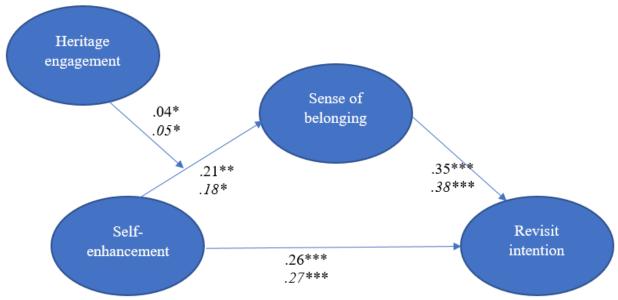
The validity of the measures is supported by Cronbach's alpha ranging between .75 and .93, and the results from the CFA analysis ($\chi^2/df < 3$; RMSEA = .07; CFI = .91). Details can be found in the Appendix (Tables A.1 and A.2). The goodness-of-fit statistics for the multiple moderated mediation model indicate a more than acceptable fit ($\chi^2/df < 3$; RMSEA = .07; p(RMSEA < 0.05) < 0.001; NNFI, CFI = .93). Results are shown in figure 4.

In detail, self-enhancement led to a sense of belonging (H2: β = .18, p = .03), which affected revisit intention (H4: β = .38; p.<..001). As in Study 2, engagement moderated the relationship between self-enhancement and sense of belonging (H3: β = .05, p = .03). Again, a significant direct effect emerged between self-enhancement and revisit intention (H1: β ₁ = .27; p < .001), supporting partial mediation.

Overall, the findings from Study 2 support the theoretical model and hypotheses 1 through 4, providing external validity to the findings that emerged in Study 1. The findings from Study 2 are reported in Table A.2 in the appendix and presented graphically in Figure 4.

Overall, the findings converge with those from Study 1, providing more robustness and ecological validity from a second independent sample of tourists. The results of Study 1 and Study 2 are shown in Figure 4.

Fig.4. The model with estimates



Note: Study 1, N = 350; Study 2 (*Italics*) N = 250. * = p < .05; ** = p < .01; *** = p < .001

As in Study 1, neither age, gender, or provenance emerged as significant covariates.

5. Discussion

Heritage survives in the cultural landscape thanks to many dismissed sites, some of which were only officially revealed, opened, or discovered in recent years. Several Cold War facilities, for instance, were secret military installations until the early 1990s; Pompeii excavations have brought to light new boroughs of the Roman city, etc. Heritage sites are increasingly being converted into cataloged touristic attractions (e.g., coldwarsites.net lists those in Europe) and represent a form of fast-growing local tourism that is becoming particularly relevant (Financial Review, 2020).

5.1.Theoretical contribution

The present research examines warfare heritage tourism from the theoretical standpoint of self-enhancement theory. By offering a more psychological perspective of visitor behavior at heritage sites, focusing on their feelings and inner drivers, this research extends the current knowledge of heritage tourism. In particular, it extends the literature on the psychological mechanisms through which war heritage tourism affects the development of the self. On the one hand, the results of the present study support the relevance of war heritage tourism in the psychological construction processes of the self. However, on the other hand, they advance extant knowledge by connecting heritage tourism with self-enhancement theory and focusing on the consequences, rather than the antecedents, of self-enhancement feelings in tourists. Instead, extant studies largely focus on the implications of war heritage tourism, such as its contribution to developing the national identity, Gieling & Ong, 2016; Packer et al., 2019), or on the reasons why warfare heritage helps identity construction (Driessen, 2022; Hosseini et al., 2022; Upton et al., 2018), rather than its consequences on revisit intention and place belongingness. In addition, the present research is among the few providing insights backed by empirical evidence on contemporary heritage

tourism, for which, so far, the literature has mostly provided conceptual and qualitative accounts (e.g., Williams et al., 2023; Earl & Hall, 2023).

In addition, the present research provides some comparisons based on tourists' direct and indirect experiences of the warfare events being remembered in the tourist site and whose side of the war today's visitors were in the time of war. This approach is novel in warfare heritage literature. It sheds new light, showing that tourists' experience visiting a warfare heritage site does not differ due to tourists' age or provenance, meaning it is up to practitioners to shape, select, and manage prospective tourists' motivations.

This evidence sheds new light on the psychological mechanism through which self-enhancement leads to a sense of belonging and develops into a revisit intention. In particular, it allows one to read previous findings in warfare heritage literature from a new perspective: self-understanding (Winter, 2011), self-exploration (Mowatt & Chancellor, 2011), self-reflection (Upton et al., 2018), and self-growth (Lee, 2016) all refer to internal factors compelling individuals to seek personal development and growth through their visit: self-enhancement. Our results strengthen the idea that warfare heritage sites can offer historical insights and enhance visitors' self-enhancement through intellectual, emotional, and moral growth. Moreover, our findings advance that, contemplating their thoughts, emotions, and experiences during the visit, tourists engage more in-depth with the historical context, empathize with past events, cultivate engagement, and reflect on the consequences of warfare.

5.2. Managerial contribution

Our findings suggest that revisit intention can be activated through drivers related to the self and the self in connection with the place. According to our results, self-enhancement, belonging, and engagement trigger positive outcomes such as revisiting intention. For instance, real-life experiences that reinforce sites and artifacts (like memorabilia or documents) might strengthen tourist engagement with historical heritage, stimulate tourists' feelings of self-enhancement, and cultivate stronger psychological bonds with the place and its people.

Thus, practitioners should help tourists reach a sense of self-enhancement and develop compelling relationships with the place to obtain a loyal customer base. They could do so by helping tourists engage with the location's history. For instance, managers could provide videos, movies, posters, military uniforms, etc., to enhance visitors' emotional connection. Engagement and the sense of belonging might also be bolstered by providing information, readings, examples, and old newspapers and using innovations such as augmented reality and virtual reality to foster greater interaction between the visitors and the site. These elements could also help enhance the likelihood that tourists' prevailing motivations are internal rather than external, which our results show to strengthen further the paths leading to revisit intention. Overall, the results of this research may suggest to practitioners that, to harness the engagement of tourists, it may be crucial to make them feel part of something bigger (i.e., a place, a community, a shared heritage). According to recent data, it is something that tourists expect and look for and will likely shape the industry's future (World Economic Forum, 2022).

Of course, the notion that tourists' sense of belonging and engagement are crucial for tourism is not new. However, Cold War tourism differs as practitioners may count on a potential key resource unavailable in other heritage tourism settings, like historical re-enactments. That is, living people who directly experienced the Cold War events and many of its well-preserved artifacts. For example, consider former military bases that hosted missile batteries during the Cold War. Several local people served as military personnel in these bases, which held a key

strategic role in some countries within the NATO defense system. These people, now retired, still represent a unique source of living memories, having witnessed secret military procedures or simply everyday life protocols during the Cold War. As such, they can contribute to developing a sense of belonging (e.g., providing relatable memories) and help tourists immerse themselves in the period. In conjunction with popular movies, books, and video games set during the Cold War, these witnesses can help enhance visitors' engagement with the historical period and sense of belonging to the destination, further contributing to revisit intention.

Finally, the touristic conversion of heritage sites may represent important opportunities for sustaining proximity tourism, helping reposition destinations toward more feasible models of touristic development. In particular, heritage destinations could cushion tourism operators in the short term and serve as a vital resource in the long run. In this vein, ensuring the cooperation of national authorities might be highly beneficial to engagement in heritage sites. For instance, the former underground headquarters of NATO Land Forces Southern Europe in Italy is being transformed into a tourist attraction.

6. Limitations and future research

In this study, we addressed traditional heritage tourism in settings where official touristic activities are carried out based on structured programs of recovery and touristic conversions of sites. Notably, about 5% of our respondents visited sites that have not been officially opened to the public.

Typically, such sites are still under formal military control but are no longer on active duty and are officially inaccessible, having been abandoned for decades. This small percentage of our sample reveals a possible limitation of our study as we needed to account for an unconventional form of tourism like urban exploration. Urban exploration activities seek to locate, explore, and record abandoned and restricted structures of contemporary society (Bennett, 2011). Dismissed sites are popular among urban explorers, with some specifically focusing on exploring abandoned structures (Bennett, 2011). Hence, further research on heritage tourism might maintain the same self-enhancement perspective of our study to explore the perspective of urban explorers, albeit with the application of different theoretical lenses (concerning voluntary risk-taking behaviors).

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| Tuble 11.1. Questionnane tems | Cronbach alpha | |
|--|----------------|------------|
| | S 1 | S 2 |
| REVISIT INTENTION (Jang and Namkung, 2009) | .72 | .75 |
| 1. I would like to come back to [Tourism Destination X] in the future. | | |
| 2. I plan to revisit this heritage tourism destination in the future. | | |
| 3. I would recommend this heritage tourism destination to my friends or | | |
| others. | | |
| SENSE OF BELONGING (Hung et al., 2019) | .86 | .85 |
| 1. I feel a strong sense of belonging to [Tourism Destination X]. | | |
| 2. I feel I am a member of [Tourism Destination X]'s community. | | |
| 3. I feel other [Tourism Destination X] community members are my close | | |
| friends. | | |
| 4. I feel I belong to this place. | | |
| ENGAGEMENT (Sprott et al., 2009) | .94 | .93 |
| 1. I have a special bond with the history of [Tourism Destination X]. | | |
| 2. I consider [Tourism Destination X]'s history to be a part of myself. | | |
| 3. I feel as if I have a close personal connection with [Tourism Destination | | |
| X]'s history | | |
| 4. I can identify with [Tourism Destination X]'s history. | | |
| SELF-ENHANCEMENT (Shoham et al., 2000) | .89 | .88 |
| 1. I am a better person than I was when I came to this place. | | |
| 2. I think more highly of me since I came to this place. | | |
| 3. This place has changed my perspective | | |
| 4. Visiting this place helps me become better. | | |

Table A.2. Structural equation modeling results.

| Hypothesis | Path | Study | Estimate (SE) | p |
|------------|--|------------|---------------|---------|
| H2 | Self-enhancement → Sense of belonging | S 1 | 0.21 (0.07) | = 0.004 |
| | | <i>S</i> 2 | 0.18 (0.08) | = 0.03 |
| Н3 | Moderation1 by Heritage engagement | S 1 | 0.04 (0.02) | = 0.03 |
| | | <i>S</i> 2 | 0.05 (0.02) | = 0.03 |
| H4 | Sense of belonging → Revisit intention | S 1 | 0.35 (0.07) | < 0.001 |
| | | <i>S</i> 2 | 0.38 (0.08) | < 0.001 |
| H1 | Self-enhancement → Revisit intention | S 1 | 0.26 (0.06) | < 0.001 |
| | | S2 | 0.27(0.07) | < 0.001 |

Study 1: Fit: $\chi^2/df < 3$; RMSEA = 0.07; p(RMSEA < 0.05) < 0.001; NNFI, CFI = 0.92. Study 2: Fit: $\chi^2/df < 3$; RMSEA = .07; p(RMSEA < 0.05) < 0.001; NNFI, CFI = 0.93.