SUPPLEMENTARY MATERIAL

Current diagnostic and therapeutic practices in alopecia areata in two Mediterranean countries: a survey-based study.

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Supplementary materials

1 Gender Male Female 2 Age 20-29 30-39 40-49 50-59 60-69 **3** Working environment Private office Hospital Both 4. Years of practicing as a specialist <10 10-20 >20 5. Do you usually diagnose alopecia areata based on the history and clinical examination? Yes, almost always No, I usually use other diagnostic tools as well (dermatoscopy, trichorizogram, histological examination, etc.) 6. Do you usually do a biopsy to diagnose alopecia areata? Yes No 7. Do you usually do a trichorizogram to diagnose alopecia areata? Yes No 8. In patients with a clinical picture of alopecia areata, do you usually do a mycological test to rule out fungal infections? Yes, almost always No, almost never 9. In patients with newly diagnosed alopecia areata, do you request a laboratory test? Yes No Only if the patient is scheduled for systemic treatment 10. If you answered yes to the previous question, fill in which tests you choose as a routine check (multiple choice possible) CBC Renal function tests Liver function tests Electrolytes Thyroid function markers and antibodies ANA Anti-tissue transglutaminase (anti-tTG) and anti-endomysial-EMA antibodies Urine analysis

ASTO

Indicators of inflammation, such as ESR, CRP, etc Additional tests for autoimmune diseases or allergic diseases

11. Do you use dermatoscopy during the clinical examination of patients with hair diseases?

Yes No Sometimes 12. Do you use scoring scales to record the severity of the disease? Yes No 13. If you answered yes to the previous question, please select which score you use (multiple options possible) SALT SSA ALODEX AASI 14. Do you use scales/tools of psychosocial impact of the disease on patients' life, and/or other patient-reported outcomes? Yes No 15. If you answered yes to the previous question, please indicate which of the following scales/tools you use.

If you answered no, please ignore the question.

DLQI

Hairdex

PHQ 9

GAD 7

Other

16. During the clinical examination of patients with alopecia areata, to check the activity of the disease, which methods do you use (multiple choices possible)? Clinical overview only

Pull test

Pull test

Dermatoscopic examination (trichoscopy)

Trihorizontogram

Histology

17. Which of the following imaging modalities do you use to monitor your patients?

Clinical photos only

Clinical and dermatoscopic photos

I do not use any imaging method

18. In patients \geq 12 years old with limited (<50% loss) alopecia areata, which of the following is your first treatment option?

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCD, SADBE etc.)

Local irritants such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of steroids and cyclosporine Systemic administration of JAK inhibitors I do not apply any treatment Other **19. In patients ≥12 years old with limited (<50% loss) alopecia areata, if unresponsive to first treatment what is your second treatment option?**

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other

20. In patients \geq 12 years old, with limited (<50% loss) alopecia areata, in case of non-response to the second treatment what is your third treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment) **Topical** steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other

21. In children <12 years old with limited (<50% loss) alopecia areata, which of the following is your first treatment option? Topical steroids

Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other

22. In children <12 years old with limited (<50% loss) alopecia areata, in case of non-response to the first treatment, what is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment) **Topical** steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other

23. In children <12 years old with limited (<50% loss) alopecia areata, if unresponsive to second treatment, what is your third treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment) w Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment

Other

24. In alopecia areata of the beard, which of the following is your first treatment option?

Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other

25. In alopecia areata of the beard, after failure of the first treatment, which of the following is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment) w Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other 26. In alopecia areata of the beard, upon failure of the second treatment, which of the following is your third treatment option? (Ignore the question if in the previous one you answered that you do not apply any treatment) w **Topical** steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

27. In patients ≥ 12 years old with alopecia areata of the eyebrows, which of the following is your first treatment option?

Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other 28. In patients ≥ 12 years old with alopecia areata of the eyebrows, after failure of the first treatment, which of the following is your second treatment option? (Ignore the question if in the previous one you answered that you do not apply any treatment) Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other 29. In patients ≥ 12 years old with alopecia areata of the eyebrows, after failure of the second treatment, which of the following is your third treatment option? (Ignore the question if in the previous one you answered that you do not apply any treatment) Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment

Other

30. In children <12 years old with alopecia areata of the eyebrows, which of the following is your first treatment option?

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

31. In children <12 years old with alopecia areata of the eyebrows, after failure of the first treatment, which of the following is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

32. In children <12 years old with alopecia areata of the eyebrows, after failure of the second treatment, which of the following is your third treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc
Combination of local irritant with local immunotherapy
Combination of topical irritant or topical immunotherapy with topical steroid
Systemic administration of cyclosporine
Systemic administration of steroids
Combination of systemic administration of cyclosporine and steroids
Systemic administration of JAK inhibitors
I do not apply any other treatment
Other
33 In adult patients with Ophiosis which of the following is your first treatment

33. In adult patients with Ophiosis, which of the following is your first treatment option?

Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other

34. In adult patients with ophiasis, after failure of the first treatment, which of the following is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment) **Topical** steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other 35. In adult patients with ophilasis, upon failure of the second treatment, which of the following is your third treatment option? (Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other **36.** In children <12 years old with Ophiosis, which of the following is your first treatment option? Topical steroids

Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment Other **37.** In children <12 years old with Ophiosis, upon failure of the first treatment, which of the following is your second treatment option? (Ignore the question if in the previous one you answered that you do not apply any treatment) Topical steroids Topical calcineurin inhibitors Intralesional steroid injection Combination of topical steroid with topical calcineurin inhibitor Local immunotherapy (DPCP, SADBE etc.) Local irritants, such as anthralin, dithranol etc Combination of local irritant with local immunotherapy Combination of topical irritant or topical immunotherapy with topical steroid Systemic administration of cyclosporine Systemic administration of steroids Combination of systemic administration of cyclosporine and steroids Systemic administration of JAK inhibitors I do not apply any other treatment

Other

38. In children <12 years old with Ophiosis, upon failure of the second treatment, which of the following is your third treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

39. In patients \geq 12 years old with alopecia areata (totalis) which of the following is your first treatment option?

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

40. In patients \geq 12 years old with alopecia areata (totalis), after failure of the first treatment, which of the following is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

Other

41. In patients ≥ 12 years old with alopecia areata (totalis), after failure of the second treatment, which of the following is your third treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

42. In children <12 years old with alopecia areata (totalis), which of the following is your first treatment option?

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

43. In children <12 years old with extensive alopecia areata (totalis), after failure of the first treatment, which of the following is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

44. In children <12 years old with extensive alopecia areata (totalis), upon failure of the second treatment, which of the following is your third treatment option? (Ignore the question if in the previous one you answered that you do not apply any

treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

45. In patients ≥12 years old with alopecia areata extensive involving all hairy areas (universalis), which of the following is your first treatment option?

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

46. In patients ≥ 12 years old with widespread alopecia areata with involvement of all hairy areas (universalis), after failure of the first treatment, which of the following is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

47. In patients ≥ 12 years old with widespread alopecia areata with involvement of all hairy areas (universalis), after failure of the second treatment, which of the following is your third treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

48. In children <12 years old with widespread alopecia areata involving all hairy areas (universalis), which of the following is your first treatment option?

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

49. In children <12 years old with widespread alopecia areata with involvement of all hairy areas (universalis), after failure of the first treatment, which of the following is your second treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other

50. In children <12 years old with widespread alopecia areata with involvement of all hairy areas (universalis), after failure of the second treatment, which of the following is your third treatment option?

(Ignore the question if in the previous one you answered that you do not apply any treatment)

Topical steroids

Topical calcineurin inhibitors

Intralesional steroid injection

Combination of topical steroid with topical calcineurin inhibitor

Local immunotherapy (DPCP, SADBE etc.)

Local irritants, such as anthralin, dithranol etc

Combination of local irritant with local immunotherapy

Combination of topical irritant or topical immunotherapy with topical steroid

Systemic administration of cyclosporine

Systemic administration of steroids

Combination of systemic administration of cyclosporine and steroids

Systemic administration of JAK inhibitors

I do not apply any other treatment

Other