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# Storage of wafer cookies: assessment by destructive, spectroscopic, and hyperspectral methods

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# 8 Abstract

Wafer cookies combine two or more layers of wafer sheets with intermediate layers of cream filling 9 and later coating with chocolate. During storage, wafer cookie quality, especially in terms of 10 mechanical properties, is mainly affected by moisture migration from the cream or chocolate and 11 moisture absorption from air. This study aimed to assess the storage of wafer cookies by destructive 12 13 (water activity, mechanical properties, and sensory acceptance) and non-destructive methods (image analysis, NIR spectroscopy and hyperspectral imaging HSI). Furthermore, two packaging types were 14 considered. Samples were stored at 18°C (RH=50%) and analysed after 2, 4, 5, 6, 7 and 8 months. 15 Good linear relations ( $R^2$  up to 0.84) were found between water activity and mechanical parameters, 16 confirming the dependence between textural aspects and water content. By adding a multi-material 17 18 packaging layer, the shelf life significantly increased in terms of sensory acceptance (crispness). No significant differences were found between the surface colour parameter (white index) attributable to 19 fat bloom formation. PCA results of NIR and HSI spectra showed a clear separation between samples 20 21 acquired at time 0 and those analysed during storage that was related with the packaging type and storage time. PLS models developed to estimate the storage time showed R<sup>2</sup> ranging from 0.926 22 (RMSECV=0.63 months) to 0.960 (RMSECV=0.52 months), while the water activity ranged from 23 0.858 to 0.928 (RMSECV=0.02). The PLS models based on HSI spectra were used to obtain 24 predictive images of water activity or storage time. 25

<sup>7</sup> 

27 Keywords: wafer, hyperspectral imaging, NIR, storage, packaging.

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## 29 **1. Introduction**

Wafer cookies are the result of combining two or more layers of low sugar wafer sheets with 30 intermediate layers of cream filling and later coating with chocolate (Dogan, 2006; Tiefenbacher, 31 2017). Between packaging and consumption, and thus during storage, the quality of wafer cookies is 32 33 mainly affected by absorption or moisture shifting. Two potential main sources of moisture absorbed by the wafer can be identified: moisture migration from cream filling or enrobing and moisture 34 sorption from humid air. In the first case, the wafer sheet conditioning (maturing) until reaching the 35 36 cream and enrobing water activities can significantly reduce the migration. Instead, moisture migration from air during storage is observed when the moisture barrier of the packaging film is not 37 sufficient or sealing of packages is defective (Tiefenbacher, 2017). Wafer moisture modification can 38 39 directly compromise the product's textural parameters. The texture at first bite and how it breaks up and dissolves in the mouth are the main characteristics, and the crispness is considered a fundamental 40 textural attribute to consider during storage. Water activities of 0.45 and 0.59 are suggested as a 41 significant threshold to lose the wafer's characteristic texture properties (Martinez-Navarrete et al., 42 43 2004; Tiefenbacher, 2017). Other food quality parameters, such as oxidation and rancidity, are less 44 significant due to the progress in quality of ingredients and in packaging (Tiefenbacher, 2017). For wafer cookies coated with chocolate, it is important to consider surface colour changes due to the 45 presence of fat bloom. Fat bloom is considered a chocolate defect and is generally characterized by 46 47 the formation of a dull-white film on the chocolate's surface, negatively impacting quality (Gatti et al., 2021). The exact causes of blooming are still unknown, but improper tempering conditions and 48 49 temperature fluctuations during storage can promote fat migration through the chocolate's particle matrix with subsequent recrystallization on the surface (Aguilera and Briones, 2005). 50

Normally, water activity and textural parameters are determined by destructive methods. 52 53 (Mohammed et al., 2014, 2013) using uni-axial compression and three-point bending experiments on confectionery wafers to characterise their material behaviour. Concerning wafer sheets, relations 54 between mechanical parameters obtained by a three-point bend test (Force and the distance at the 55 fracture point) and water activity were investigated by (Martinez-Navarrete et al., 2004). Recently, 56 (Nasabi et al., 2021) evaluated the structural properties of wafer sheets made with various sources of 57 58 grains using a three-point bending probe. Based on our knowledge, no studies on the mechanical parameters of wafers during storage have been carried out. 59

Considering non-destructive methods, several studies have reported successful application of near 60 61 infrared (NIR) spectroscopy for moisture and textural determination of intact bakery products as well 62 as their evolution during storage (Cevoli et al., 2015; Chakravartula et al., 2019; Sørensen, 2009; Xie et al., 2003). Furthermore, NIR spectroscopy was applied to quick identification of fat bloom in 63 64 chocolates after storage at inadequate temperatures of transportation and storage (Gatti et al., 2021). Hyperspectral imaging (HSI) is a technique that integrates spectroscopy and digital imaging to 65 simultaneously obtain a spectral and spatial three-dimensional data set (hypercube). Recently, HSI 66 has been applied to study the quality and safety attributes of food products as affected by processing 67 and storage (Andresen et al., 2013; Liu et al., 2015). Concerning storage of bakery products, 68 69 (Sricharoonratana et al., 2021) used the NIR-HSI (935-1720 nm) as a non-destructive method to determine the storage time of freshly baked cakes packed in a polystyrene plastic box. The predictive 70 images showed different colours based on their storage time (0-9 days) that was predicted by a partial 71 72 least square (PLS) model (R=0.835, RMSECV=1.242 day). (Lancelot et al., 2020) investigated the possibility of using NIR-HSI (950-2500 nm) to quantify the moisture content in two different 73 commercial biscuits stored at different levels of water content (from 0.114 to 0.907). Multi-linear 74 regression (MLR) was used to estimate the moisture content (2.54-23.18 %), reporting an R<sup>2</sup> higher 75 than 0.92. Using the MLR model, false colour images were proposed according to the water content. 76 77 (Whitworth et al., 2010) presented a spatial evaluation of the moisture distribution for baguette slices

(internal crumb) stored for 96 hours, obtained by applying a calibration modified PLS model to
hyperspectral images (950-2495 nm).

Research on the application of HSI on chocolate or cocoa-based products is scarce and no studies have assessed storage. Some studies have examined the authentication and the prediction of fermentation quality parameters of cocoa beans (Caporaso et al., 2018; Cruz-tirado et al., 2020). Only one investigation on chocolate has been carried out and used HSI (4000 to 675 cm<sup>-1</sup>) combined with multivariate curve resolution to analysis of the constituents of commercial chocolate samples (Zhang et al., 2015).

The aim of the present analysis was to study the storage of wafer cookies coated with chocolate using both destructive (wafer sheet water activity, mechanical properties, and sensory crispness acceptance) and non-destructive methods (image analysis, NIR spectroscopy and Vis/NIR-HSI). Furthermore, two different types of packaging were considered.

90

#### 91 2. Materials and Methods

# 92 **2.1 Samples**

The samples examined were vanilla cream-filled wafers (three layers) covered by a thin layer of dark 93 chocolate of about 0.6 mm. The products were supplied by Babbi GROUP SpA. Italy immediately 94 95 after production. The ingredients of all components (wafer sheet, cream, and chocolate) are reported in Table 1. Half of the samples (n=144) were packaged using the standard packaging (S) adopted by 96 the company, while the other half (n=144) were vacuum-packed (V) adding a multi-material 97 98 packaging layer (PET and aluminium). The list of the packaging materials is reported in Table 2. Subsequently, samples were stored at 18°C and relative humidity of 50 % for 8 months. Twenty-four 99 100 samples for each packaging type were collected and analysed after 2, 4, 5, 6, 7 and 8 months of storage. Twelve of these for each storage time were subjected to destructive analysis, while the 101 102 remaining 12 to non-destructive analysis.

### 104 **2.2 Destructive analysis**

#### 105 *2.2.1 Mechanical properties*

A three-point bending test was used to evaluate the mechanical properties of samples according to (Tiefenbacher, 2017) that suggested this test for cream-filled sugar wafer cookies. Measurements were made on 12 samples for each storage time and packaging using a texture analyser (Zwick Roell 500N) equipped with a load cell of 100 N. The sample was placed on two holders fixed at 35 mm distance, while a parallelepiped (6x6x50 mm) was used as probe. The probe moved down for 20 mm at a speed of 1.5 mm/s.

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#### 113 *2.2.2 Water activity*

The water activity (Aqualab Pawkit, water activity meter, Decagon Devices) was measured on the internal wafer sheets collected from each sample (12 samples for each storage time and packaging type). Before proceeding with the analysis, the cream and chocolate were removed.

117

## 118 *2.2.3 Sensory test*

The trained panel was composed of six people employed by the collaborating company. Each panellist evaluated texture at first bite assigning a score between 1 and 10 based on the crispness (a combination of the type of sound (i.e., short snapping and longer cracking sounds) and the force to bite and chew as perceived on first bite (Duizer and Winger, 2006)). According to the criteria adopted by the company, the acceptable limit of crispness was 6 (1 = not crisp - totally not acceptable, 10 = very crisp -totally acceptable).

125

# 126 2.2.4 Data analysis

Significant differences between means of the destructive parameters at different storage times, within
the same packaging type, were explored using ANOVA (post doc: Tukey's HSD, p-level < 0.05).</li>

129 Subsequently, possible statistical relations between parameters were investigated (Matlab2018a<sup>®</sup>).

#### 130 **2.3 Non-destructive analysis**

# 131 2.3.1 Image analysis

Colour surface evaluation was carried out using an electronic eye (visual analyser VA400 IRIS Alpha 132 M.O.S., France) composed of a chamber (420 x 560 mm), LED light system [98 CRI (colour 133 rendering index), D65 (light of a cloudy day at 12:00), 6700 °K (colour temperature)] and a CCD 134 camera (16 million colours). Light and camera were in the upper part of the system. The built-in zoom 135 136 was automatically calibrated by the software (E-Eye software Alpha-Soft, version 14.0). The analysis was set up with a resolution of 1214×911 pixels. Images were acquired by placing samples at 80 mm 137 from the camera. Raw images were processed in RGB scale and subsequently converted in CieL\*a\*b\* 138 scale. For each wafer image, the white background was automatically removed and the mean L\*, a\* 139 and b<sup>\*</sup> values were calculated considering the wafer region. Subsequently, the white index (WI) was 140 calculated, as reported by (Kumara et al., 2003; Popov-Raljić and Laličić-Petronijević, 2009): 141

142 
$$WI = 100 - \left[ (100 - L^*)^2 + a^{*2} + b^{*2} \right]^{1/2}$$

143

#### 144 2.3.2 NIR spectroscopy

Samples were evaluated with an FT-NIR spectrophotometer (MATRIX  $^{TM}$  –F, Bruker Optics) in diffuse reflectance in the range from 833 to 2500 nm (8 cm<sup>-1</sup> resolution). Three scans were obtained by placing the optical fibre probe (IN 261, Bruker Optics, Mass., USA) in direct contact with the product surface at three different points. The background was acquired by placing the probe in a support covered made of spectralone and subsequently subtracted from each spectrum. The mean spectrum of the three acquisitions was calculated and used for chemometric elaboration.

The first part of the spectra until 1000 nm was deleted as it contains no useful chemical information, but only instrumental noise. Subsequently, absorbance data were normalised using the Standard Normal Variate (SNV) technique. To remove both additive and multiplicative effects, spectra were treated by applying the first Savitzky–Golay derivative (D1) and then mean cantered (MC). PCA analysis was used as an explorative technique to group samples as a function of packaging type and storage time. Subsequently, PLS models were developed to estimate the storage time and water activity considering the samples together and split by type of packaging. The models were validated by the venetian blind cross-validation method (segments: 10), while the permutation test was used to evaluate the model robustness and significance. To avoid the model over-fitting, the optimal number of latent variables (LV) were chosen by detecting the global minimum of root mean square error in cross validation (RMSECV).

162 The data elaboration was carried out by using PLS Toolbox for Matlab $2018a^{\text{\$}}$ .

163

164 2.3.3 Hyperspectral imaging

A push-broom linear array hyperspectral camera working from 400 to 1000 nm for a total of 272 165 bands (Nano-Hyperspec VNIR, Headwall Photonics, Inc., Fitchburg, MA, USA) and characterised 166 by a spatial resolution of 640 points was adopted to acquire HS images. The camera was equipped 167 with a focal lens of 17 mm, and was installed with the optical axis perpendicular to the underlying 168 conveyor belt (speed of 8 mm/s) at a height of 540 mm. Two halogen lamps (120 W), inclined by 169 15°, were installed at about 320 mm from the conveyor belt plane. Ambient light was isolated using 170 a specific box. The sensor exposure time and frame period were set at 30 ms. The white and dark 171 172 reference reflectance spectra were obtained by acquiring a high-reflectance matte white panel (R<sub>w</sub>) and covering the camera lens with its  $cup(R_d)$ , respectively. Each sample was scanned longitudinally 173 to obtain the raw reflectance spectrum (R<sub>r</sub>). The calibrated reflectance (R<sub>c</sub>) was subsequently 174 calculated: 175

176 
$$R_c = \frac{R_r - R_d}{R_w - R_d}$$

The region of interest (ROI) was selected by the k-means clustering method (Euclidean distance),
performed using 3 clusters (figure 1) [cluster 1: background to be discarded (light grey); cluster 2:

sample shadow (dark grey); cluster 3: ROI (black)]. For each sample, the ROI mean spectrum wascalculated and converted from reflectance to absorbance.

181 Spectral bands between 400 and 450 nm were removed due to a low signal-to-noise ratio produced182 by the sensor.

The spectra were smoothed (Savitzky-Golay method; polynomial order: 2; smoothing points: 15) to 183 reduce noise from the spectra (Amigo et al., 2013), and subsequently pre-processed by SNV, D1 and 184 185 MC. AS for NIR spectroscopy, PCA analysis was used as an explorative technique to group samples as a function of packaging type and storage times, and the PLS models to estimate the storage time 186 and water activity considering together the samples and split by type of packaging. Predictive models 187 188 were validated by the venetian blind cross-validation method (segments: 10), and to avoid the model 189 over-fitting, the optimal number of latent variables (LV) were chosen by detecting the global minimum of root mean square error in cross validation (RMSECV). Permutation test was used to 190 191 evaluate the model robustness and significance. Finally, PLS models were used to obtain predictive spectral maps of water activity or storage time distribution. Results of the estimated value from the 192 models were interpolated in each pixel of the hyperspectral image. 193

194 The data elaboration was carried out by using PLS Toolbox and MIA Toolbox for Matlab2018a®.

195

#### 196 **3. Results**

The mean and standard deviation of the water activity of the wafer sheet measured during the storage 197 are reported in Table 3, for both the packaging type (standard: S, vacuum: V). A significant increase 198 199 was observed from 0 to 2 months of storage (passing from 0.27 to 0.38) after which the mean values remained constant until 5 (S) and 6 (V) months. Finally, the water activity increased reaching values 200 201 of 0.47 (S) and 0.42 (V) after 8 months of storage. For the same storage time, significant differences between the mean values of the two types of packaging were achieved starting from 6 months. To 202 avoid moisture migration from the cream during storage, the wafer sheets were conditioned until 203 204 reaching a water activity value near to that of the cream (0.26). Consequently, the increase in water

activity is probably due to ambient humidity. The primary packaging was not sealed, and consequently the first Aw increases (from 0.27 to 0.38), found for both packaging types, was likely due to the humidity present in the headspace of the second packaging.

From force-distance curves, the force (Fmax) and distance (D) at the first yield points were identified 208 and reported in Table 3 as a function of storage time and packaging type. An initial increase in both 209 mechanical parameters was observed passing from 0 to 2 months. These trends can be attributed to 210 211 the significant Aw increase (from 0.28 to 0.38), and reflect in an increase in sample deformability, which in turn increases its resistance to fracture. For both packaging types, from 2 to 6 months, no 212 significant differences were observed between the means, with limited variations in water activity 213 214 (from 0.38 to 0.40). After 6 months, the D parameter increased reflecting the progressive plasticising 215 effect of water in the product, becoming more deformable in line with the increase in water mobility associated with water interaction (Martinez-Navarrete et al., 2004). Good linear relations (S: R<sup>2</sup>=0.84; 216 217 V: R<sup>2</sup>=0.78) were found between water activity and mean values of D, confirming the dependence of 218 mechanical behaviour on the effect of the water on the water sheet (Tiefenbacher, 2017).

evaluated texture at first bite assigning a score between 1 and 10 based on the crispness (a
combination of the type of sound (i.e., short snapping and longer cracking sounds) and the force to
bite and chew as perceived on first bite (Duizer and Winger, 2006)). According to the criteria adopted
by the company, the

223 Sensory acceptance related to product crispness, was evaluated by six trained panellists. The scale ranged from 1 (not crisp - totally not acceptable) to 10 (very crisp -totally acceptable) and the 224 225 acceptable limit of crispness was 6. At lower values, the product is commercially unacceptable. The mean values, as a function of storage time and packaging type, are shown in Figure 2a. Sensory 226 227 acceptance related to crispness linearly decreased with storage time, which was more pronounced for samples stored in standard packaging (S=-0.6347; V=-0.2186). Furthermore, the acceptance of 228 samples packaged under vacuum did not reach the unacceptable level (6), while the samples in 229 standard packaging reached this level after 6/7 months. Accordingly, the shelf life of the products 230

packaged in standard conditions defined by the company is 6 months. Relations between sensory 231 232 acceptances and water activities (Figure 2b) or mechanical parameters D (Figure 2c) were investigated. In both cases (Aw and D), stronger linear relations were found considering the samples 233 packaged under vacuum ( $R^2=0.82$  and 0.91), probably due to a more accentuated linearity between 234 acceptance and storage time. The acceptance limit (6) corresponds to a wafer sheet water activity of 235 about 0.44. This Aw value is in agreement with those (0.40-0.45) reported by (Tiefenbacher, 2017) 236 regarding the limit to define "good" and "compromised" wafers in terms of sensory (textural) 237 properties. 238

Chocolate colour changes, mainly related to fat bloom, were evaluated considering the WI as reported 239 240 by other studies (Kumara et al., 2003; Popov-Raljić and Laličić-Petronijević, 2009). Bloom can appear in either a uniform white film or as spots randomly placed on the chocolate surface. 241 Consequently, mean WI values calculated on the entire top surface of the wafers were considered. 242 243 Means and standard deviations obtained considering 12 samples for each storage time and packaging type are reported in Table 3. These values are in the same range as those reported in several studies 244 on dark chocolate (Popov-Raljić and Laličić-Petronijević, 2009). No significant differences were 245 found between the mean values with the same packaging time, and between the two different 246 packages for the same storage times. Very restricted variations of mean values were observed, passing 247 248 from 31.9 to 32.8. This confirms that there was no evident fat bloom formation during storage due to 249 improper temperature or temperature fluctuations during storage.

Figure 4 shows the NIR spectra of all samples from 833 to 2200 nm. The range from 2200 to 2500 nm was removed due to instrumental noise. Two spectral pre-treatments were reported, SNV (Figure 3a) and first derivative (Figure 3b). Considering that the penetration depth of NIR radiation in food is approximately 1 mm (Almeida et al., 2006; Huang et al., 2016), the spectra are mainly affected by the dark chocolate (thickness of 0.6 mm). However, there may also be an influence on the wafer sheet composition. Cocoa butter is the main ingredient in chocolate, although it also contains sugar and cocoa mass. These ingredients contribute to the spectral signals because of the presence of peptide

and covalent bonds, proteins, carbohydrates and lipids (Gatti et al., 2021; Giovenzana et al., 2015; 257 258 Moros et al., 2007). For all samples, it is possible to identify peaks to around 1730, and 1760 nm which match the C-H bonds in CH<sub>2</sub> groups (cocoa butter). Fatty acids and esters can be associated 259 with absorption bands at 1180, 1215, 2145 and 2190 nm, and amide II and amide III at 2010 and 2050 260 261 nm, respectively (small amount of protein). Moreover, spectra show peaks at 1440 nm and 2080 nm corresponding to O-H absorbance in sugar. The small amount of water, mainly present in the wafer 262 263 sheet, could be identified at around 1930 nm. Consequently, according to the increases in water activity, especially from 0 to 2 months of storage, notable differences were found in the spectral range 264 from 1900 to 2000 nm between the samples analysed at time 0 (black lines) and during storage (grey 265 lines). 266

267 PCA analysis was used as an explorative technique to group samples as a function of packaging type and storage time. The score plot obtained considering all samples in the spectral range from 1000 to 268 269 2200 nm is shown in Figure 4a. A clear separation between samples acquired at time 0 (black squares) and those analysed during storage (grey symbols) was mainly observed along PC2 (12.25 %). 270 Samples stored in standard (S) and vacuum (V) packaging can be grouped considering the PC1 and 271 PC2. Evaluating the X-loading plot (Figure 4b), it was possible to assert that the discrimination along 272 273 the PC2 is due to the NIR region from 1850 to 2000 due to the significant increase in water content 274 from 0 to 2 months of storage.

Considering only the samples analysed during storage (from 2 to 8 months), three additional PCA 275 were developed for both (Figure 5a) and single (Figure 5b and 5c) packaging types. The score plots 276 277 showed notable sample distributions along PC1 according to storage time, passing from 2 to 8 months. This behaviour was more pronounced for samples stored in standard packaging, which is probably 278 279 due to the greater increase in water activity. Also, in this case the highest X variable variances associated with the highest X-loadings were observed in the range from 1800 to 2000 nm (water 280 281 band). Changes in the spectral ranges characteristic of fats were not observed, thus confirming that there was no fat bloom formation in chocolates (Gatti et al., 2021) as deduced by the colour analysis. 282

PLS models were developed to estimate the storage time and water activity from NIR data considering the spectral range from 1000 to 2200 nm. The results, in terms of determination coefficient (R<sup>2</sup>) and root mean square error (RMSE), are reported in Table 4. The model's robustness, according to the number of selected latent variables (LVs), was evaluated with a permutation test. *P*-values lower than 0.05 were obtained for cross-validation by employing a randomization t-test, thus confirming the significance of the original models at a 95% confidence level.

. R<sup>2</sup> (cross-validation) from 0.926 (RMSECV=0.63 months) to 0.960 (RMSECV=0.52 months) and
from 0.858 (RMSECV=0.02) to 0.924 (RMSECV=0.02) were achieved for storage time and water
activity, respectively. In general, the best performances were obtained for storage time and
considering separately the samples stored in standard and vacuum packaging.

Figure 6 shows the mean Vis/NIR spectra (calculate considering the ROI of the hyperspectral images) of all samples in the wavelength range from 450 to 1000 nm. Two spectral pre-treatments were reported, namely SNV (Figure 7a) and D1 (Figure 7b). The absorbance spectra are similar to those reported by (Fernandes et al., 2018; Millar and Hall, 2005) for dark chocolate and cocoa samples, respectively. As expected, the highest absorbances were observed in the VIS range, until 700 nm, due to the sample's dark colour. The first derivative allowed to emphasise the presence of peaks and highlight differences between the spectra.

300 The PCA score plot obtained considering all samples in the spectral range from 450 to 1000 nm is shown in Figure 7a. A clear separation between samples acquired at time 0 (black squares) and those 301 analysed during storage (grey symbols) was observed along PC1 (56.59 %) and PC2 (23.92 %). The 302 303 X-loading plot (Figure 7b) suggests that the discrimination might be attributed to the Vis absorption region, especially around 500 and 650 nm which is associated with blue and red colours, respectively. 304 305 These two bands were also proposed by (Fernandes et al., 2018) as absorption maxima of cocoa beans in the Vis/NIR range. Sample discrimination was not observed according to the packaging type and 306 307 storage time. Subsequently, only the NIR range (700-1000 nm) and samples analysed during the 308 storage (from 2 to 8 months) were considered. The PCA score plot showed sample distributions along PC2 according to the storage time, passing from 2 to 8 months, for both packaging types (Figure 8).
As for the NIR spectroscopy results, the discrimination was more pronounced for samples stored in
standard packaging.

As for NIR data, PLS models were developed to estimate the storage time and water activity. 312 Considering the PCA results, only the spectral range from 7000 to 1000 nm was taken into account. 313 The results, in terms of R<sup>2</sup>, RMSE and number of LV (model robustness tested by permutation test 314 with p < 0.05) are reported in Table 4. R<sup>2</sup> (cross-validation) from 0.931 (RMSECV=0.62 months) to 315 0.956 (RMSECV=0.55 months) and from 0.869 (RMSECV=0.02) to 0.928 (RMSECV=0.02) were 316 obtained for storage time and water activity, respectively. The best performances were obtained for 317 318 the storage time considering separately the samples stored in standard and vacuum packaging. Very similar PLS results were achieved for both spectroscopic techniques. 319

The calibration PLS models were used to obtain predictive spectral images based on their water 320 321 activity or storage time. In particular, the water activity or storage time spatial distribution was achieved by interpolating the results of the estimated value from the models in each pixel of the 322 hyperspectral image. The prediction maps of three representative samples (samples stored in standard 323 packaging) are shown in Figure 9. The colour bar (from blue to yellow) indicates the scale of the 324 325 reference values (water activity from 0.2 to 0.5; storage time from -1 to 10 months). For both 326 references values, the spatial distributions are in alignment with the measured values. The mean predicted water activity was 0.27 (A), 0.40 (B) and 0.46 (C), while for the storage time was 0.2 (A), 327 3.9 (B) and 7.6 (C) months. The non-homogeneous colour distribution suggests that there was a 328 329 spectral variation as a function of the pixel position. This is probably due to the product surface heterogeneity related to the wafer texture, and a possible non-uniform distribution of the chocolate 330 layer, affecting the physical and chemical properties of each pixel (Chen et al., 2021). 331

332

#### 333 Conclusions

The storage of wafer cookies packaged with two different packaging was assessed using destructive 334 335 (water activity, mechanical properties, and sensory acceptance) and non-destructive methods (image analysis, NIR spectroscopy and hyperspectral imaging). Good linear relations were found between 336 water activity and mechanical parameters, confirming that changes in wafer moisture can directly 337 compromise the product's textural parameters. A correspondence between sensory acceptance limit 338 (6) and the water activity value of 0.44 was found. Other studies defined this water activity value as 339 the limit to describe "good" and "compromised" wafers, in terms of sensory (textural) properties. The 340 packaging characterised by the addition of a multi-material layer significantly affected the product's 341 342 shelf-life in terms of sensory acceptance. The surface colour (white index) was not changed, 343 confirming there was no evident fat bloom formation during storage due to improper temperature or temperature fluctuations. NIR spectroscopy and hyperspectral imaging allowed to determine the 344 storage time and water activity in real-time and in a non-destructive manner, and to detect differences 345 346 according to the type of packaging. Furthermore, hyperspectral imaging permitted visualization of the spatial distribution of the water activity and storage time. 347

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438 **Figure captions** 

- Figure 1. Selection of the region of interest (ROI) by k-means clustering (cluster 1: background;
  cluster 2: sample shadow; cluster 3: ROI)
- 442 Figure 2. Sensory acceptance as a function of storage time (a), water activity (b) and distance (D)
- 443 mechanical parameter (c). S: standard packaging, V: vacuum packaging.
- **Figure 3.** NIR spectra: a) Standard Normal Variate (SNV) pre-processing; b) first derivative (D1)
- 445 pre-processing (S: standard packaging, V: vacuum packaging; t0: initial storage time).
- 446 Figure 4. Results of the PCA model developed considering all NIR spectra (from 1000 to 2200 nm,
- 447 SNV+D1+MC pre-processing): a) score plot (PC1 vs PC2), b) X-loadings of the first two component.
- 448 (S: standard packaging, V: vacuum packaging; t0: initial storage time).
- 449 Figure 5: Score plots (sample vs PC1) of the PCA models developed considering only the NIR spectra
- 450 (from 1000 to 2200 nm, SNV+D1+MC pre-processing) of samples analysed during storage (from 2
- to 8 months): a) samples stored in standard and vacuum packaging; b) samples stored in standard
- 452 packaging; c) samples stored in vacuum packaging
- 453 Figure 6: Vis/NIR HSI spectra: a) Standard Normal Variate (SNV) pre-processing; b) first derivative
- 454 (D1) pre-processing (S: standard packaging, V: vacuum packaging.).
- 455 Figure 7. Results of the PCA models developed considering all Vis/NIR HSI spectra (from 500 to
- 456 1000 nm; SNV+D1+MC pre-processing): a) score plot (PC1 vs PC2), b) X-loadings of the first two
- 457 component. (S: standard packaging, V: vacuum packaging; t0: initial storage time).
- Figure 8. Score plot (PC2) of the PCA model developed considering only the vis/NIR HSI spectra
  (from 700 to 1000 nm, SNV+D1+MC pre-processing) of samples analysed during storage (from 2 to
  8 months).
- Figure 9. Prediction maps of water activity and storage time of three representative wafer cookies
  stored in standard packaging (A=0 months, B=4 months; C=8 months).
- 463



465 Fig.1





471 Fig.3





474 Fig.4



477 Fig.5





480 Fig.6





483 Fig.7





# **Table 1:** Wafer cookie ingredients

Wafer sheet (15.6%)	Wheat flour, potato starch, coconut oil, skimmed milk powder, sugar, soy whole flour, emulsifier: soy lecithin; egg yolk powder, raising agents: sodium carbonates, diphosphates; salt.
Vanilla cream (58.1%)	Coconut oil, sugar, dextrose, Skimmed milk powder, soy whole flour, salt, flavourings, Bourbon vanilla pod extract.
Chocolate enrobing (26.3%)	Cocoa paste, sugar, cocoa butter, emulsifier: soy lecithin; vanilla extract.

Packaging I	Packaging II	Packaging III		
1) Multimaterial: wax paper	3) Calendered PVC film (300	6) Multimaterial: PET (12 $\mu$ m),		
(5 $\mu$ m) and aluminum (10	$\mu(\mathbf{n})$	aluminium (8 $\mu$ m) and PE (110 $\mu$ m).		
μm	4) Paper box (weight 400 gsm)			
2) Paper	5) POF shrink film (19 µm)			

Packaging	Storage time (months)	Aw		F max	F max (N)		D (N/mm)		WI	
	0	0.27 <sup>a</sup>	(0.01)	50.63 <sup>a</sup>	(8.45)	1.09 <sup>a</sup>	(0.12)	32.06 <sup>a</sup>	(0.59	
	2	0.38 <sup>b</sup>	(0.01)	68.86 <sup>b</sup>	(7.89)	1.29 <sup>b</sup>	(0.13)	32.55ª	(0.45	
	4	0.39 <sup>b</sup>	(0.01)	68.19 <sup>b</sup>	(12.18)	1.35 <sup>b</sup>	(0.15)	32.45ª	(0.34	
S	5	0.39 <sup>b</sup>	(0.01)	59.60 <sup>a,b</sup>	(8.71)	1.38 <sup>b</sup>	(0.12)	32.82ª	(0.44	
	6	0.41 <sup>c</sup>	(0.01)	65.15 <sup>a,b</sup>	(9.46)	1.30 <sup>b</sup>	(0.15)	32.18ª	(0.29	
	7	0.43 <sup>d</sup>	(0.01)	67.26 <sup>b</sup>	(9.27)	1.56 <sup>c</sup>	(0.15)	31.96ª	(0.53	
	8	0.47 <sup>e</sup>	(0.01)	57.16 <sup>a</sup>	(7.16)	1.55 <sup>c</sup>	(0.14)	32.38ª	(0.46	
	0	0.27ª	(0.01)	50.63ª	(8.45)	1.09 <sup>a</sup>	(0.12)	32.06ª	(0.59	
	2	0.36 <sup>b</sup>	(0.01)	68.05 <sup>b</sup>	(6.23)	1.39 <sup>b</sup>	(0.11)	32.24ª	(0.46	
	4	0.38 <sup>b</sup>	(0.01)	59.12a <sup>a,b</sup>	(10.29)	1.42 <sup>b</sup>	(0.15)	32.79ª	(0.35	
V	5	0.38 <sup>b</sup>	(0.01)	61.74 <sup>a,b</sup>	(9.85)	1.30 <sup>b</sup>	(0.11)	32.65ª	(0.45	
	6	0.38 <sup>b</sup>	(0.01)	71.35 <sup>b</sup>	(9.40)	1.31 <sup>b</sup>	(0.12)	32.42ª	(0.32	
	7	0.40 <sup>c</sup>	(0.01)	69.33 <sup>b</sup>	(8.12)	1.56 <sup>c</sup>	(0.13)	32.63 <sup>a</sup>	(0.37	
	8	0.42 <sup>d</sup>	(0.01)	51.10 <sup>a</sup>	(7.39)	1.58 <sup>c</sup>	(0.12)	32.01ª	(0.45	

**Table 3**: Means and standard deviations (in brackets) of water activity (Aw), mechanical parameters
(Fmax and D) and white index (WI) evaluated during the storage.

*Note: S: standard packaging; V: vacuum packaging. Within the same type of packaging (S or V), means with the same letters are not significant different (p<0.05)* 

Table 4: Results of the PLS models developed to estimate the storage time and water activity from
 NIR spectroscopy and Vis/NIR HIS data.

	Demonster	Commiss	LV	Calibration		Cross-validation	
	Parameter	Samples		$\mathbb{R}^2$	RMSEC	$\mathbb{R}^2$	RMSECV
NIR spectroscopy	Storage time (0-8 months)	S	10	0.989	0.26	0.958	0.53
		V	11	0.987	0.29	0.960	0.52
		S+V	12	0.956	0.49	0.926	0.63
	Water activity	S (0.27-0.47)	7	0.951	0.01	0.924	0.02
		V (0.27-0.42)	7	0.922	0.01	0.878	0.02
		S+V (0.27-0.47)	7	0.887	0.02	0.858	0.02
Vis/NIR HSI	Storage time (0-8 months)	S	10	0.957	0.54	0.955	0.56
		V	11	0.956	0.42	0.956	0.55
		S+V	12	0.931	0.57	0.931	0.62
	Water activity	S (0.27-0.47)	4	0.936	0.01	0.928	0.02
		V (0.27-0.42)	7	0.905	0.01	0.876	0.02
		S+V (0.27-0.47)	8	0.884	0.02	0.869	0.02

Note: S: standard packaging; V: vacuum packaging; LV: latent variable; R<sup>2</sup>: determination coefficient; RMSE: root
 mean square error.

507