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Redshift evolution of the H₂/H I mass ratio in galaxies

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ABSTRACT

In this paper, we present an attempt to estimate the redshift evolution of the molecular to neutral gas mass ratio within galaxies (at fixed stellar mass). For a sample of five nearby grand design spirals located on the main-sequence (MS) of star-forming galaxies, we exploit maps at 500 pc resolution of stellar mass and star formation rate (M_{\star} and SFR). For the same cells, we also have estimates of the neutral ($M_{\rm H\,I}$) and molecular ($M_{\rm H\,2}$) gas masses. To compute the redshift evolution, we exploit two relations: (i) one between the molecular-to-neutral mass ratio and the total gas mass ($M_{\rm gas}$), whose scatter shows a strong dependence with the distance from the spatially resolved MS, and (ii) the one between $\log(M_{\rm H\,2}/M_{\star})$ and $\log(M_{\rm H\,I}/M_{\star})$. For both methods, we and that $M_{\rm H\,2}/M_{\rm H\,I}$ within the optical radius slightly decreases with redshift, contrary to common expectations of galaxies becoming progressively more dominated by molecular hydrogen at high redshifts. We discuss possible implications of this trend on our understanding of the internal working of high-redshift galaxies.

Key words: galaxies: evolution – galaxies: spiral – galaxies: star formation.

1 INTRODUCTION

Our understanding of galaxy formation and evolution is strictly connected to the accretion of cold gas on galaxies across cosmic time: This gas coming from the cosmic web cools down to form atomic hydrogen (H_I) first, and then molecular hydrogen (H₂), that can eventually collapse under gravitational instability to form new stars. Feedback from star formation also plays a crucial role, as it is a necessary ingredient to ensure a low efficiency of the star formation process itself: without feedback the gas in a galaxy would be consumed almost completely over a free-fall time, turning most baryons into stars, as opposed to the ~ 10 per cent of baryons being locked into stars as actually observed in the local Universe (e.g. Bigiel et al. 2008; Krumholz, Dekel & McKee 2012; Hayward & Hopkins 2017). Feedback from star formation includes photodissociation of H₂ into H_I due to the radiation emitted by young stars (e.g. Allen, Heaton & Kaufman 2004; Sternberg et al. 2014). Therefore, H I is not only an intermediate gas phase towards star formation, but also one of its products, and it is key in establishing the self-regulating nature of the star formation process. Unfortunately, till now our knowledge of the HI content in individual galaxies is restricted to the low-redshift Universe, where H I is detected in emission via the 21-cm line. Several surveys have targeted H I in galaxies at z < 0.05: HIPASS (Meyer et al. 2004), ALFALFA (Giovanelli et al. 2005), xGASS (Catinella et al. 2018), HI-MaNGA (Masters et al. 2019). At higher redshift, the HIGHz survey (Catinella & Cortese 2015) targeted the H_I emission of massive galaxies at $z \sim 0.2$, while the CHILES survey pushed the limit of individual detections up to $z \sim 0.4$ (Fernández et al. 2016). At

even higher redshift our knowledge of H I content is entirely obtained by stacking analysis: Kanekar, Sethi & Dwarakanath (2016) at $z \sim 1.3$ and Chowdhury et al. (2020, C20 hereafter) at $z \sim 1$. Damped Ly α or Mg II absorption-line systems give us the chance to estimate the H I content at $z \gtrsim 1.5$, with the caveat that they trace H I located well outside the optical disc of galaxies, hence revealing little about what is going on inside their star-forming body.

Recently, in Morselli et al. (2020, M20 hereafter), we analyzed the H1 and H2 content of five nearby, grand-design, massive main-sequence (MS) galaxies on scales of $\sim\!500\,\mathrm{pc}$ and linked the availability of molecular and neutral hydrogen to the star formation rate (SFR) of each region. We found that H2/H1 increases with gas surface density, and at fixed total gas surface density it decreases (increases) for regions with a higher (lower) specific SFR (sSFR). In this paper we exploit tight correlations to estimate the evolution with redshift of the H2/H1 mass ratio within galaxies. It is generally assumed that this ratio increases with redshift, because galaxies are more gas rich and as the gas surface density increases, recombination is favoured. However, galaxies at high redshift are also more star forming, and higher levels of star formation favour photodissociation of the H2 molecule, hence it is not a priori obvious which trend would dominate over the other.

2 DATA: M_{\star} , SFR, H_2 , AND H I AT 500 PC RESOLUTION

The methodology to retrieve estimates of the stellar mass (M_{\star}) , SFR, H I mass $(M_{\rm H_1})$, and H₂ mass $(M_{\rm H_2})$ is detailed in Enia et al. (2020) and M20. Briefly, starting from the DustPedia archive (Davies et al. 2017; Clark et al. 2018), we built a sample of five nearby, face-on, grand design spiral galaxies with stellar mass in the range

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 $10^{10.2} - 10^{10.7} \,\mathrm{M}_{\odot}$, that lie on the MS relation at z = 0. These sources have been observed in at least 18 bands from the far-ultraviolet (FUV) to the far-infrared (FIR). We used the photometric data from FUV to FIR to run SED fitting with MAGPHYS (da Cunha, Charlot & Elbaz 2008) on cells of $500 \times 500 \,\mathrm{pc}^2$. We obtained the SFR as the sum of the un-obscured (SFR_{IIV}) and obscured (SFR_{IR}) contributions. To this aim, SFR_{IIV} and SFR_{IR} have been computed using the scaling relations of Bell & Kennicutt (2001) and Kennicutt (1998), respectively, where the UV and IR luminosities (L_{UV} and $L_{\rm IR}$) are evaluated from the best-fitting SED (see Enia et al. 2020). Finally, as these sources are included in the HERACLES (Leroy et al. 2009) and THINGS (Walter et al. 2008) surveys, they have been observed in CO(2-1) and H I at 21 cm. Hereafter, we make use of the H₂ estimated using $\alpha_{CO} = 4.3 \text{ M}_{\odot} (\text{K km s}^{-1}\text{pc}^2)^{-1} \text{ (e.g.}$ Bolatto, Wolfire & Leroy 2013). Details on how the H I and H₂ maps at 500 pc resolution were obtained can be found in M20, where the consistency of the results using a constant or metallicity-dependent α_{CO} is discussed.

3 THE H2/H1 MASS RATIO AT HIGH REDSHIFT

In this paper, we exploit local correlations observed at $500\,\mathrm{pc}$ resolution to estimate the redshift evolution of the $\mathrm{H_2/H\,I}$ ratio. An important caveat of this procedure is the validity on galactic scales of correlations observed on sub-galactic scales or, in other words, whether integrated quantities can be estimated from spatially resolved relations. In recent years, several studies have indeed revealed that the 'main' correlations involved in the star formation process, the MS of star-forming galaxies and the molecular gas main sequence (e.g. Lin et al. 2019) have very similar slopes when analyzed on sub-galactic or galactic scales (e.g. Hsieh et al. 2017; Cano-Díaz et al. 2019; Lin et al. 2019; Enia et al. 2020)

3.1 Method 1

To estimate the redshift evolution of $M_{\rm H_2}/M_{\rm H\,I}$ in MS galaxies, we proceed as follows. We define the variable Y as the log of $M_{\rm H_2}/M_{\rm H\,I}$ and express it as a function the total gas mass ($M_{\rm gas}=M_{\rm H_2}+M_{\rm H\,I}$) and SFR

$$Y = \log \frac{M_{\rm H_2}}{M_{\rm H_1}} = f(M_{\rm gas}, SFR). \tag{1}$$

It follows that

$$\frac{\mathrm{d}Y}{\mathrm{dlog}(1+z)} = m_1 \frac{\mathrm{dlog}M_{\mathrm{gas}}}{\mathrm{dlog}(1+z)} + m_2 \frac{\mathrm{dlog}(\mathrm{SFR})}{\mathrm{dlog}(1+z)},\tag{2}$$

where

$$\frac{\partial Y}{\partial \log M_{\rm gas}} \simeq m_1$$
 and $\frac{\partial Y}{\partial \log ({\rm SFR})} \simeq m_2$, (3)

with m_1 describing the conversion of H I into H₂ and m_2 the opposite conversion from H₂ to H I due to photodissociation.

From Tacconi et al. (2018), we have that, at fixed stellar mass,

$$\frac{\text{dlog}M_{\text{H}_2}}{\text{dlog}(1+z)} = 2.6\tag{4}$$

which refers only to $M_{\rm H_2}$, not to $M_{\rm gas}$. For the redshift evolution of the SFR (at fixed stellar mass), we adopt the scaling from Speagle et al. (2014)

$$\frac{\text{dlogSFR}}{\text{dlog}(1+z)} = 3.5. \tag{5}$$

Therefore, equation (2) becomes

$$\frac{dY}{d\log(1+z)} = m_1 \frac{d\log M_{\text{gas}}}{d\log(1+z)} + 3.5m_2.$$
 (6)

As a next step, we need to derive $\frac{d\log M_{\rm gas}}{d\log(1+z)}$. Since, we have

$$\log M_{\rm H_{\rm I}} = \log M_{\rm H_2} - Y,\tag{7}$$

then

$$M_{\rm gas} = M_{\rm H_2} \times (1 + 10^{-Y}),$$
 (8)

and the derivative becomes

$$\frac{\text{dlog}M_{\text{gas}}}{\text{dlog}(1+z)} = \frac{\text{dlog}M_{\text{H}_2}}{\text{dlog}(1+z)} + \frac{\text{dlog}(1+10^{-Y})}{\text{dlog}(1+z)} =$$

$$2.6 - \left(1 + \frac{M_{\text{H}_2}}{M_{\text{H}_1}}\right)^{-1} \frac{\text{d}Y}{\text{dlog}(1+z)} \tag{9}$$

where the first derivative is given by equation (4). Therefore, using equations (9) and (6) becomes

$$\frac{\mathrm{d}Y}{\mathrm{dlog}(1+z)} = -m_1 \left(1 + \frac{M_{\text{H}_2}}{M_{\text{H}_1}}\right)^{-1} \frac{\mathrm{d}Y}{\mathrm{dlog}(1+z)} + 2.6m_1 + 3.5m_2 \tag{10}$$

Now we integrate the left- and right-hand sides of equation (10) between z=0 and z,

$$\int_0^z \left(1 + \frac{m_1}{1 + 10^Y} \right) dY = (2.6m_1 + 3.5m_2) \int_0^{\log(1+z)} d\log(1+z)$$
(11)

By solving the integrals of the left- and right-hand sides of equation (11), we get

$$(1+m_1)(Y_z-Y_0)+m_1(\log(1+10^{Y_0})-\log(1+10^{Y_z}))$$

= $(2.6m_1+3.5m_2)\log(1+z),$ (12)

where the subscript 0(z) refers to the values at redshift 0(z). Thus, this equation is meant to describe the redshift evolution of the H₂/H I mass ratio at fixed stellar mass. To proceed with the numerical solution of equation (12), we need the values of m_1 and m_2 that we obtain from fig. 8 of M20, reported here in the left-hand panel of Fig. 1. This figure shows how the ratio of molecular to atomic hydrogen varies as a function of the total gas surface density and distance from the spatially resolved MS relation, Δ_{MS} , which is defined as the difference between log(SFR) of a region and its MS value at the same stellar mass. Inside galaxies, the H₂/H₁ mass ratio is very strongly correlated with the total gas surface density and anticorrelated with the local SFR, as quantified by Δ_{MS} . In M20, we interpret this anticorrelation as evidence that the UV radiation from recently formed, massive stars has the effect of photodissociating molecular hydrogen, a manifestation of the self-regulating nature of the star formation process.

We estimate m_1 by fitting the relation between $\log(\mathrm{H_2/H\,I})$ and $\log\Sigma_{\mathrm{gas}}$ along the MS ($\Delta_{\mathrm{MS}}\sim0$): the best-fitting returns a slope of 1.49 (blue solid line in the left-hand panel of Fig. 1). To estimate m_2 , we calculate the slope of the $\log(\mathrm{H_2/H\,I})-\Delta_{\mathrm{MS}}$ relation at fixed $\log\Sigma_{\mathrm{gas}}$, considering a narrow range of $\log\Sigma_{\mathrm{gas}}$ values where data exist over the widest range of the $\mathrm{H_2/H\,I}$ mass ratio (the vertical grey region in the left-hand panel), hence offering the best possible estimate of this derivative. The best-fitting returns a slope of -1.55 (right-hand panel of Fig. 1). We adopt these two derivatives as proxies for m_1 and m_2 as defined by equations (3), based on the aforementioned similarity between the corresponding spatially resolved and

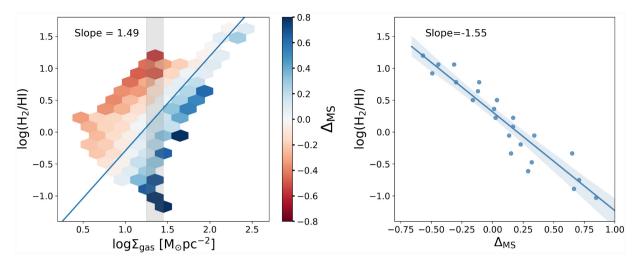


Figure 1. Left-hand panel: $\log(H_2/H_1) - \log \Sigma_{gas}$ plane, adapted from fig. 8 of M20. Each cell is colour-coded according to the average value of Δ_{MS} . The blue solid line is the best fit to the cells having an average value of Δ_{MS} in the range [-0.2,0.2]; the slope of this best fit is m_1 . The grey shaded area includes the values for which we compute Δ_{MS} as a function of H_2/H_1 ratio, as shown in the right-hand panel: the slope of the best fit (blue solid line) give us m_2 .

global relations. For simplicity, in the following, we assume $m_1 = 1.5$ and $m_2 = -1.5$, values which are perfectly consistent with the best-fitting ones. Under this assumption, equation (10) becomes

$$\frac{\mathrm{d}Y}{\mathrm{dlog}(1+z)} = -\frac{1.35}{1 + 1.5\left(1 + \frac{M_{\mathrm{H}_2}}{M_{\mathrm{H}_1}}\right)^{-1}} \quad . \tag{13}$$

equation (13) implies that the redshift derivative of Y is always negative, i.e. the phase equilibrium shifts in favour of H_I in high redshift galaxies. This comes from the SFR increasing with redshift faster than the molecular gas mass, see the above equations (4) and (5). Let us consider three limiting cases. If $M_{\rm H_2}$ largely dominates over $M_{\rm H_I}$, then the denominator in equation (13) is \sim 1 and the derivative is -1.35. If $M_{\rm H_I}$ largely dominates, the derivative becomes -0.54. Finally, if the two phases are nearly equal in mass the denominator is \sim 1.75 and the derivative becomes -0.77. So, the derivative will always be between -0.54 and -1.35.

However, an analytical solution of equation 12 is also possible, and it is shown in Fig. 2 (solid lines) for $m_1=1.5$, $m_2=-1.5$, and for $M_{\rm H_2,0}/M_{\rm H_1,0}=1/3$, 1, and 3, i.e. three typical values of the $\rm H_2/H\,I$ mass ratio within the optical radius of MS galaxies in the local Universe (Casasola et al. 2020). Galaxies that at z=0 are H I dominated, or in which the two phases are equal in mass, show just a mild evolution of $M_{\rm H_2}/M_{\rm H_1}$, implying that by $z\sim2$ H I still holds the majority share. However, galaxies that locally are $\rm H_2$ dominated will tend to show a slightly steeper evolution, to reach $M_{\rm H_2}/M_{\rm H_1}\sim1.2$ at z=2. We notice that lower values than 3.5 in equation (5) can be found in the literature: they would imply a flatter evolution of $M_{\rm H_2}/M_{\rm H_1}$ compared to our results.

3.2 Method 2

With the data for the five galaxies in the sample of M20, we analyse how $M_{\rm H{\scriptscriptstyle 1}}$ and $M_{\rm H{\scriptscriptstyle 2}}$ are linked on scales of 500 pc. We observe a slightly superlinear correlation between $\log(M_{\rm H{\scriptscriptstyle 1}}/M_{\star})$ and $\log(M_{\rm H{\scriptscriptstyle 2}}/M_{\star})$, characterized by a slope of 1.13, a Spearman coefficient of 0.62 and p-value \sim 0:

$$\log \frac{M_{\rm H_1}}{M_{\star}} \propto 1.13 \log \frac{M_{\rm H_2}}{M_{\star}},\tag{14}$$

and the correlation is shown in Fig. 3. We note that one of our

five galaxies, NGC 5194 (M51), has a significantly flatter slope and smaller Spearman coefficient, and interestingly is the only galaxy in the sample to be experiencing an interaction (with M51b) as well as the only one to have T-type = 4 (while the rest of the galaxies have T-type between 5.2 and 5.9). We decided to keep NGC 5194 in our sample for consistency with Method 1, but noting that the slope for the remaining four galaxies is slightly steeper (1.24). This correlation gives us the possibility to estimate the evolution of $M_{\rm H\textsc{i}}/M_{\star}$ with z just by considering the evolution of the molecular gas (at fixed stellar mass), expressed in equation (4). Hence, equation (14) becomes

$$\frac{M_{\rm H\,{\sc i}}}{M_{\star}} \propto \left(\frac{M_{\rm H_2}}{M_{\star}}\right)^{1.13} \propto (1+z)^{1.13 \times 2.6}$$
 (15)

and thus

$$\frac{M_{\rm H_2}}{M_{\rm H_I}} \propto (1+z)^{2.6} \times (1+z)^{-2.94} \propto (1+z)^{-0.34}.$$
 (16)

The trend expressed by equation (16) is shown in Fig. 2 (dashed lines) for the three values of $M_{\rm H_2}/M_{\rm H_1}$ at z=0 used in Method 1: 1/3, 1, and 3. The two methods appear to give basically consistent results, with only a modest evolution of $M_{\rm H_2}/M_{\rm H_1}$ with redshift in favour of H I, which is more pronounced in Method 1 (we note that a steeper slope than the one expressed in equation (15) would increase the consistency between the two methods). This agreement may not be surprising, as the two methods are in fact more similar than they appear. Indeed, in Method 1 the effect of the SFR on $M_{\rm H_2}/M_{\rm H_1}$ is treated explicitly, whereas in Method 2 it is implicit in the $M_{\rm H_2}-M_{\rm H_1}$ correlation.

4 DISCUSSION

4.1 Comparison with other estimates of the H I content of high-redshift galaxies

We compare these trends with the recent detection of H I in emission in $z\sim 1$ galaxies, obtained by C20 via stacking analysis over 7653 star-forming galaxies. They find that in their sample, with a mean stellar mass of $9.4\times 10^9\,{\rm M}_\odot$, the mean H I mass is $1.19\times 10^{10}\,{\rm M}_\odot$. To compute the mean H₂/H I mass ratio in the galaxies observed by C20, we proceed as follows. We consider the mean molecular-

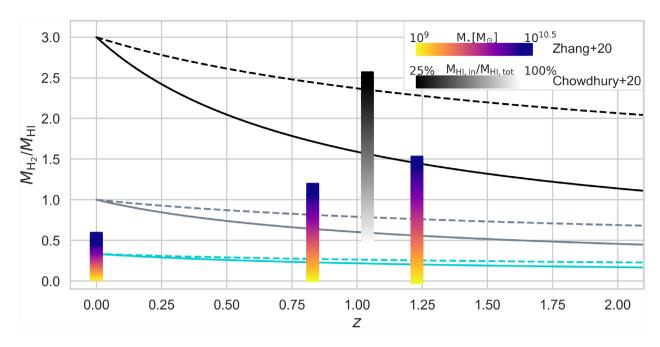


Figure 2. Redshift evolution at fixed stellar mass of the H_2/H_1 mass ratio, obtained applying Method 1 (solid lines) and Method 2 (dashed lines), for three different values of $(M_{H_2}/M_{H_1})_{z=0} = 1/3$ (turquoise), 1 (grey), and 3 (black). The values obtain from the H_I detection of C20 at z = 1.04 are marked with the white-to-black coloured bar, with the gradient indicating variations of the fraction of H_I inside the optical radius. The values estimated from the correlations of Zhang et al. (2020) at z = 0, 0.83, and 1.23 are indicated with the yellow-to-purple coloured bar, with the gradient indicating the variations in stellar mass.

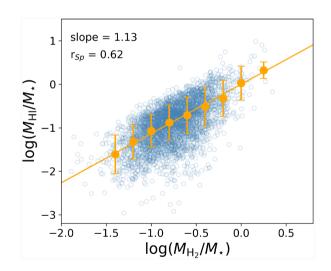


Figure 3. Correlation between $\log(M_{\rm H{\sc i}}/M_{\star})$ and $\log(M_{\rm H{\sc i}}/M_{\star})$ at 500 pc resolution, for the five galaxies of M20. The best-fitting correlation (solid orange line) has a slope of 1.13 and a Spearman coefficient of 0.62.

to-stellar mass ratio in the local Universe for galaxies with $M_{\star} \sim 10^{10} \, \mathrm{M}_{\odot}$ to be ~ 0.1 (e.g. Casasola et al. 2020; Hunt et al. 2020). Thus, the mean molecular gas mass of galaxies having a mean stellar mass of $9.4 \times 10^9 \, \mathrm{M}_{\odot}$ is $\sim 9.4 \times 10^8 \, \mathrm{M}_{\odot}$. By applying the scaling from Tacconi et al. (2018), expressed by equation (4), the expected mean $M_{\mathrm{H}_{2}}$ in z=1 galaxies turns out to be $\sim 5 \times 7 \cdot 10^9 \, \mathrm{M}_{\odot}$, hence

$$\left(\frac{M_{\rm H_2}}{M_{\rm H_1}}\right)_{z=1} = \frac{5.7 \times 10^9}{1.19 \times 10^{10}} = 0.48.$$
(17)

This value is obtained assuming that the H I detected by C20 ($M_{\rm H\,I_{00}}$) lies completely within the optical radius (R_{25}) of the galaxies in the sample (i.e. $f_{\rm R25} = \frac{M_{\rm H\,I_{R25}}}{M_{\rm H\,I_{001}}} = 1$, with $M_{\rm H\,I_{R25}}$ the H I mass within R_{25}).

The average beam of the observations described in C20 is between 30 and 60 kpc, thus it is likely that a certain fraction of the observed H I lies outside the optical radius, resulting in an underestimation of the H₂/H I mass ratio within the optical radius. The white-to-black bar in Fig. 2 represents the estimate of $M_{\rm H_2}/M_{\rm H_1}$ at z=1, assuming that C20 have sampled a fraction of H I inside the optical radius, varying from 100 per cent (white) to 25 per cent (black). In particular, we find that $M_{\rm H_1} > M_{\rm H_2}$ at $z \sim 1$ for $f_{\rm R25} > 0.4$. For $f_{\rm R25} < 0.4$, a value consistent with the z=0 estimate of Hunt et al. (2020) of galaxies having on average 30 per cent of their total H I inside the optical radius, we get $M_{\rm H_2} > M_{\rm H_1}$ at $z \sim 1$, but even when this fraction is only 20 per cent, $M_{\rm H_2}$ is only a factor of 2 higher than $M_{\rm H_1}$.

In Fig. 2, we also include, with yellow-to-purple vertical bars, the recent estimates of $M_{\rm H\,I}$ obtained by Zhang et al. (2020) from the local correlations between $\log\frac{M_{\rm H\,I}}{M_{\star}}$ and the (NUV-r) colour, which is a proxy for the sSFR. We report their results at three different redshifts: z=0, 0.83, and 1.23. As above, we use the evolution of $M_{\rm H_2}$ with redshift as given by equation (4) to estimate $M_{\rm H_2}$ at the three redshifts, while $M_{\rm H\,I}$ is obtained for M_{\star} varying between $10^9~\rm M_{\odot}$ (in yellow in Fig. 2) and $10^{10.5}~\rm M_{\odot}$ (in purple in Fig. 2). It is worth noting that the H I estimates used in Zhang et al. (2020) do not refer to values within the optical radius; this is clear at z=0, where the estimates of $M_{\rm H_2}/M_{\rm H\,I}$ are significantly smaller than those of Casasola et al. (2020) computed within the optical radius.

While our two methods and the one of Zhang et al. (2020) yield similar results (in that they suggest a non-vanishing H_I contribution at high redshift), it is worth recapping the underlying physical motivations of each of them. Method 1 is built on the observed scaling of the $M_{\rm H_2}/M_{\star}$ ratio with redshift, equation (4), and attempts to include the effect of photodissociation of the H₂ molecules by young stars. Method 2 assumes that the local correlation between $M_{\rm H_2}$ and $M_{\rm H_1}$ holds at all redshifts, and the rationale of it is that if galaxies have more H₂ they must have also more H_I, which is the necessary step to form H₂. The method of Zhang et al. (2020)

assumes that the local correlation between $M_{\rm H\,I}$ and the ultraviolet-optical colour (an SFR proxy) holds also at all redshifts: as the SFR increases with redshift, so has to do $M_{\rm H\,I}$ as well. We notice that only our two methods use the observed increasing trend with redshift of the $\rm H_2$ to stellar mass ratio.

4.2 Implications and conclusions

All the above results rely on extrapolations from local trends that may or may not hold when applying them to high redshift, thus at this stage, we consider the results tentative. Yet, in all methods the $\rm H_2/H\,I$ mass ratio is expected to decrease with redshift, contrary to the notion that it would increase, with $\rm H_2$ dominating at high redshift. Thus, these results suggest that $\rm H\,I$ cannot be neglected at high redshift and we discuss below some implications for our understanding of high-redshift galaxies.

The first one concerns star formation, namely the gas depletion time $M_{\rm gas}/{\rm SFR}$ and the star formation efficiency (SFE). For lack of direct evidence on the H I mass, the H₂ mass has been generally used as a proxy for the total gas mass. If our projections are correct, and if some (if not all) of the H I observed within the optical disc of galaxies comes from H₂ photodissociation, then the total gas depletion time should be at least a factor of \sim 2 longer than previously estimated (e.g. Scoville et al. 2017; Tacconi et al. 2018). In the end, the H I to H₂ to stars conversion is not a one-way process inside galaxies, but rather a cycle in which part of the H₂ in converted back into H I. Thus, the total gas depletion time is a more informative quantity compared to the molecular gas depletion time.

The second implication concerns the contribution of H1 to the total baryonic mass inside the stellar disc of high-redshift galaxies. Even when ignoring H1, spatially resolved dynamical studies have shown that $z\sim 2$ galaxies are strongly baryon dominated inside their effective radius (Genzel et al. 2017, 2020). If the mass of H1 is comparable to that of H2, as it is at $z\sim 0$, then these galaxies may turn out even more baryon dominated than estimated thus far. Similarly, a higher gas fraction due to the addition of the H1 component would lower the Toomre parameter, making discs more prone to clump formation instabilities.

For a direct assessment of the H I content of star-forming galaxies at high redshifts, we will have to wait for the planned surveys with the Square Kilometer Array (SKA). Indeed, ultradeep SKA1 surveys may probe massive galaxies (with $M_{\rm H\,I}\gtrsim 10^{10}~\rm M_\odot$) up to $z\lesssim 1.7$ (Blyth et al. 2015), or even beyond via stacking. Strawman H I surveys with SKA1 foresee two medium-/high-redshift surveys (Blyth et al. 2015): a deep survey (150 deg²) that will detect the mentioned amount of H I up to $z\sim 0.7$ and an ultradeep survey (2 deg²) that will reach $z\sim 1.7$. These observations should be amply sufficient to check the extent to which our projections are correct.

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DATA AVAILABILITY

The derived data underlying this paper will be shared on a reasonable request to the corresponding author.

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