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Anti-tyrosinase and antioxidant activity of meroterpene bakuchiol from *Psoralea corylifolia* (L.)

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1 **Anti-Tyrosinase and Antioxidant Activity of Meroterpene Bakuchiol from *Psoralea***  
2 ***corylifolia* (L.)**

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4

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27 **Abstract**

28 Bakuchiol is gaining major interest for treatments against skin photoaging. The kinetics of mushroom  
29 tyrosinase inhibition by bakuchiol, by real-time oxygen sensing and UV-Vis monitoring (475nm),  
30 showed competitive inhibition with average  $K_i$  constant ( $\mu\text{M}$ ,  $30^\circ\text{C}$ , pH 6.8) of  $6.71\pm 1.23$  and  
31  $1.15\pm 0.34$  for monophenolase and diphenolase reactions respectively, with respective  $\text{IC}_{50}$   
32  $37.22\pm 5.18$  and  $6.91\pm 0.96$  ~ at 1 mM substrate, compared to kojic acid  $\text{IC}_{50}$   $34.02\pm 5.51$  and  
33  $16.86\pm 3.28$   $\mu\text{M}$ . Fluorescence quenching showed a single binding mode with formation constant  $K_a$   
34  $1.02\times 10^6 \text{ M}^{-1}$ . The antioxidant activity was studied by inhibited autoxidation of styrene and cumene  
35 (PhCl,  $30^\circ\text{C}$ ) affording inhibition constant  $k_{\text{inh}}=18.1\pm 6.6$  ( $10^4 \text{ M}^{-1} \text{ s}^{-1}$ ,  $30^\circ\text{C}$ ) and of MeLin in Triton™  
36 X-100 micelles giving  $k_{\text{inh}}=0.16\pm 0.03$  ( $10^4 \text{ M}^{-1} \text{ s}^{-1}$ ,  $37^\circ\text{C}$ ). Stoichiometric factor was  $1.9\pm 0.1$ . ReqEPR  
37 spectroscopy afforded the BDE(OH) as  $81.7\pm 0.1$  kcal/mol. Bakuchiol is a potent tyrosinase inhibitor  
38 with good antioxidant activity having major potential as natural food preservative against oxidation  
39 and food-browning.

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42 **Keywords:** bakuchiol; skin-whitening; melanin; food browning; antioxidant; peroxy radicals.

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47 **Compounds investigated in this study:**

48 (*S*)-Bakuchiol, CAS 10309-37-2 (PubChem CID: 5468522)

49 O-methylbakuchiol, CAS 10309-44-1 (PubChem CID: 14610678)

50 Kojic acid, CAS: 501-30-4 (PubChem CID: 3840)

51 Mushroom Tyrosinase (EC 1.14.18.1), CAS: 9002-10-2

52

## 53 **1. Introduction**

54 *Psoralea corylifolia* (L.) is an annual erect herb (30-180 cm in height) native of India and the  
55 subtropical regions, which has wide and long-standing use in Traditional Chinese Medicine and in  
56 Indian Ayurvedic medicine (Chopra, Dhingra & Dhar, 2013; Alam, Khan & Asad, 2018). The edible  
57 seeds (legumes) have the highest medicinal value for the content in bioactive phytochemicals  
58 including sterols, flavonoids, chalcones, psoralenes, terpenes and, most notably, the meroterpene  
59 bakuchiol (Figure 1) (Chopra et al., 2013), named after the Indian traditional name of the plant  
60 (bakuchi, or baguchi, or babchi).

61 Several studies have outlined important and diverse bioactivities of bakuchiol, such as  
62 antiinflammatory, antimicrobial, anticancer, estrogenic, protection from organ damage, from diabetes  
63 and from anxiety and neurological disorders (Chopra et al., 2013; Alam et al., 2018; Oh et al., 2010).  
64 However, the main interest in recent research has been polarized by the structural similarity with  
65 retinol (Vitamin A), which enables mimic bioactivity, particularly in dermatological applications  
66 (Krishna, Edachery & Athalathil, 2022), such as in anti-acne, anti-psoriasis and anti-age treatments  
67 (Chaudhuri & Bojanowski, 2014). Clinical investigations proved similar efficacy to retinol in topical  
68 skincare treatments against photoaging, accompanied by much lower side effects (Dhaliwal et al.,  
69 2019).

70 Such efficacy is in part attributed to a reported antioxidant activity (Dhaliwal et al., 2019; Haraguchi,  
71 Inoue, Tamura & Mizutani, 2000). The reactivity of bakuchiol with selected radicals was investigated  
72 and its ability to protect rat brain homogenates from autoxidation was shown using the TBARS assay  
73 (Adhikari et al., 2003); however, the absolute antioxidant activity and the trapping of most relevant  
74 alkylperoxyl radicals, which represent the main mechanism sustaining direct antioxidant activity was  
75 not determined, allowing no quantitative comparison with other antioxidants and no rational  
76 exploitation of its properties.

77 Interestingly, clinical investigation also outlined a skin depigmenting activity, which was judged not  
78 due to the most common mechanism, *i.e.* the inhibition of tyrosinase enzyme activity (West, Alabi &

79 Deng, 2021). Other studies attributed the skin depigmenting activity to reduction of pre-formed  
80 melanin (owing to the antioxidant activity), or to the blocking of  $\alpha$ -melanocyte-stimulating hormone  
81 activation, as well as to (not investigated) inhibition of tyrosinase (Dhaliwal et al., 2019). Inhibition  
82 of tyrosinase was shown using immobilized mushroom tyrosinase (mTYR) with an electrophoresis  
83 assay and it was also supported by molecular docking (Cheng & Chen, 2017); however, the reported  
84  $IC_{50}$  value of 100.30  $\mu$ M for inhibition of diphenolase activity, much higher than for reference  
85 inhibitor kojic acid (5.55  $\mu$ M) (Cheng & Chen, 2017), appears too high to justify the depigmenting  
86 efficacy outlined in clinical studies, leaving the matter essentially unsettled. Moreover, the inhibition  
87 mechanism and the Michaelis-Menten related constants, which are most relevant in quantifying  
88 enzyme inhibition, have never been determined.

89 Owing to the major importance of bakuchiol as emerging bioactive food component (Chopra et al.,  
90 2013; Alam et al. 2018; Chaudhuri & Bojanowski, 2014; Dhaliwal et al., 2019; West et al., 2021),  
91 and to the current high interest in plant-derived depigmenting compounds (Mahdavi,  
92 Mohammadsadeghi, Mohammadi, Saadati & Nikfard, 2022; Zhu et al., 2022; He, Fan, Liu, Li &  
93 Wang, 2021; Yang et al., 2021; Song, et al., 2021; Panzella & Napolitano, 2019), particularly for their  
94 efficacy in post-harvest food protection (Zhou et al., 2022), we set up to fill in such gap of knowledge.  
95 The kinetics of mTYR inhibition was investigated in depth, by exploiting our newly developed and  
96 validated method based on real-time oxygen sensing during tyrosinase reaction (Guo, Cariola, Matera,  
97 Gabbanini & Valgimigli, 2022), which we matched to the conventional spectrophotometric and  
98 spectrofluorometric approaches for enhanced reliability. Additionally, we investigated the  
99 antioxidant activity of bakuchiol by state-of-the-art inhibited autoxidation studies both in  
100 homogenous solution and in heterogeneous system (Amorati & Valgimigli, 2018; Guo, Baschieri,  
101 Amorati & Valgimigli, 2021; Guo et al., 2021b), and by electron paramagnetic resonance (EPR)  
102 (Amorati, Pedulli, Valgimigli, Johansson & Engman, 2010), so to complete the picture, affording the  
103 mechanism and absolute kinetics and thermodynamics of peroxy radical trapping (Valgimigli & Pratt,  
104 2015).

105 Our hypothesis was that bakuchiol's anti-tyrosinase potency is substantially higher than previously  
106 suggested and that the mechanism of its antioxidant activity would require significant revision.  
107 Our hypothesis was particularly that bakuchiol has a previously unrecognized great potential as  
108 natural food preservative, which stems from the combined abilities to protect from air oxidation and  
109 from enzymatic food browning.

110

## 111 **2. Materials and Methods**

### 112 *2.1 Materials*

113 (*S*)-(+)-Bakuchiol (4-[(3*S*,1*E*)-3-ethenyl-3,7-dimethylocta-1,6-dien-1-yl]phenol; 99%) was from  
114 Cymit Quimica (Barcelona, Spain). L-Tyrosine ( $\geq 98\%$ ), L-DOPA (3,4-dihydroxy-L-phenylalanine;  
115  $\geq 98\%$ ), kojic acid (5-hydroxy-2-hydroxymethyl-4H-pyranone;  $\geq 98.5\%$ ) and mushroom  
116 tyrosinase (mTYR; EC 1.14.18.1, activity = 3130 units/mg) were purchased from Sigma-Aldrich and  
117 used without further purification. Fresh mTYR solutions were prepared every day and tyrosinase  
118 activity was analysed spectrophotometrically to adjust solutions to fixed tyrosinase Sigma units for  
119 consistent results. Briefly, one Sigma unit corresponds to the amount that will cause an increase in  
120 absorbance at 280 nm of 0.001 per minute at pH 6.8 in a 3 mL reaction mixture containing L-tyrosine.  
121 Sigma units were used throughout this study. One Sigma unit corresponds to  $1.65 \times 10^{-4}$  international  
122 units (I.U.) for monophenolase activity and to  $2.24 \times 10^{-2}$  I.U. for diphenolase activity, as defined by  
123 Fenoll et al. (2002). AAPH (2,2'-azobis(2-methylpropionamide) dihydrochloride), methyl linoleate  
124 ( $\geq 98\%$ ) and Triton™ X-100, were used as received. AIBN (2,2'-Azobis(isobutyronitrile); 98%)  
125 was recrystallized from methanol, while 2,4,6-tri-*tert*-butylphenol (TBP, 98%) was recrystallized  
126 from hexane. Stock solutions of AAPH or AIBN in the desired solvents were prepared immediately  
127 prior to use and/or maintained for maximum 2h or 4h, respectively, at 4°C between subsequent uses,  
128 to avoid significant decomposition. Cumene (98%) and styrene ( $\geq 99\%$ ) were purified by double  
129 percolation through silica and activated basic alumina columns. Solvents and other chemicals were

130 of the highest grade commercially available (Sigma-Aldrich, Merck, VWR; Milan, Italy) and were  
131 used as received.

### 132 2.2 Synthesis of (*S*)-(+)-Bakuchiol methyl ether

133 MeOBak ((*3S,1E*)-1-(3,7-dimethyl-3-vinylocta-1,6-dien-1-yl)-4-methoxybenzene) was prepared by  
134 cautious addition of 0.2 mmol of bakuchiol (in dry DMF) to a suspension of 1.4 eq. NaH in dry DMF  
135 at 0°C under N<sub>2</sub>. The mixture was stirred for 30 min while allowing to reach r.t., then MeI (1.4 eq)  
136 was added dropwise and the mixture was stirred for 4h at r.t. then quenched with brine and extracted  
137 with hexane. The dried (Na<sub>2</sub>SO<sub>4</sub>) extract was evaporated under vacuum do afford a yellowish oil  
138 which was purified by column chromatography on silica gel, eluting with hexane/EtOAc 95:5 (yield  
139 85%; purity 99% by GC-MS, see Appendix).

140 <sup>1</sup>H NMR (400 MHz; CDCl<sub>3</sub>) δ 7.30 (2H, d, *J* = 9 Hz), 6.80 (2H, d, *J* = 9 Hz), 6.30 (1H, d, *J* = 16  
141 Hz), 6.10 (1H, d, *J* = 16 Hz), 5.88 (1H, dd, *J* = 18, 11 Hz), 5.11 (1H, t, *J* = 7 Hz), 5.02 (2H, m), 3.80  
142 (3H, s, OCH<sub>3</sub>), 1.95 (2H, dt, *J* = 9, 8 Hz), 1.70 (3H, s), 1.57 (3H, s), 1.50 (2H, m), 1.20 (3H, s) ppm;  
143 in agreement with literature (Hu & Brenner-Moyer, 2022).

144 MS (EI<sup>+</sup>, 70 eV) *m/z*: 271 (2), 270 (M<sup>+</sup>, 10), 255 (3), 227 (10), 188 (17), 187 (100), 173 (10), 172  
145 (23), 159 (29), 158 (18), 144 (19), 135 (19), 121 (66), 93 (24), 91 (18), 83 (17), 79 (25), 69 (29), 55  
146 (39), 41 (69).

### 147 2.3 mTYR kinetic studies by UV-vis spectrophotometry

148 Kinetic evaluation of tyrosinase reaction with or without inhibitor was carried out using UV-Vis  
149 spectrophotometry similarly to previous methods (Copeland, 2000; Song et al., 2021; Yu & Fan,  
150 2021), following our recent protocol (Guo et al., 2022). Measurements were performed at 30°C in  
151 phosphate buffer (50 mM, pH 6.8) in polystyrene low-volume cuvettes (1.5 mL, *l* = 1 cm) with a  
152 double-beam spectrophotometer. L-Tyrosine and L-Dopa (5 levels, 0.125-2 mM) were used as the  
153 substrate of mushroom tyrosinase (mTYR, 0.5-5.0 U/ml) for monophenolase and diphenolase  
154 reactions, respectively. Bakuchiol (0 to 12 μM) and kojic acid (0 to 50 μM) were comparatively tested  
155 as inhibitors. Absorbance of dopachrome was measured at 475 nm for a time-period of 20 to 60 min



156 reading the solution against a reference cuvette containing all reaction components except the  
 157 substrate. Absorbance variation *vs* time at different substrate concentration allowed to obtain initial  
 158 velocity ( $V = \Delta A / \Delta \text{min}$ ) which was converted in  $\mu\text{M}/\text{min}$  according to Lambert-Beer law as follows:  
 159  $V (\mu\text{M}/\text{min}) = V (\Delta A / \Delta \text{min}) \times 10^6 / \epsilon_{\lambda_{\text{max}}} \times l$ . The molar extinction coefficient ( $\epsilon$ ) for dopachrome at  
 160  $\lambda_{\text{max}} = 475 \text{ nm}$  is  $3700 \text{ M}^{-1} \text{ cm}^{-1}$ . Michaelis-Menten parameters ( $K_m$  e  $V_{\text{max}}$ ) were obtained by  
 161 processing initial velocity *vs* substrate concentration data by nonlinear fitting to M-M equation (1),  
 162 using Sigmaplot 11.0 (Systat Software Inc., San Jose, California) (Guo et al., 2022). Linearized  
 163 Lineweaver-Burk equation (2) was used to identify the inhibition mode (Copeland, 2000). In both  
 164 equations,  $V$  indicates the measured initial rate of reaction,  $[S]$  is the initial substrate concentration,  
 165 while  $V_{\text{max}}$  and  $K_m$  are respectively the maximum reaction rate (at saturating substrate concentration)  
 166 and the M-M constant. (the substrate concentration yielding half-maximum reaction rate).<sup>†</sup>

167 
$$V = \frac{V_{\text{max}} [S]}{K_m + [S]} \quad (1)$$

168 
$$\frac{1}{V} = \frac{K_m}{V_{\text{max}} [S]} + \frac{1}{V_{\text{max}}} \quad (2)$$

169 *2.4 mTYR kinetic studies by oximetry*

170 Evaluation of tyrosinase monophenolase and diphenolase kinetics and inhibition by bakuchiol or  
 171 kojic acid was carried out by monitoring the oxygen consumption, at  $30^\circ\text{C}$ , by miniaturized oxygen  
 172 sensing apparatus, based on NIR (760-790 nm) fluorescence quenching, which has previously been  
 173 described in detail (Guo et al., 2022). The samples were contained in stirred 2.4 mL glass flasks,  
 174 immersed in a water bath. The oxygen consumption was recorded every second, and all reaction  
 175 components were maintained as those set for UV-vis spectrophotometry. The raw data collected  
 176 directly from the oxygen sensor is a percentage (P) of the saturating oxygen concentration in the  
 177 sample, corresponding to 0.236 mM at  $30^\circ\text{C}$  which reflects in the sensor reading as 20% ( $P_0$ ). Thus,  
 178 the oxygen concentration during the enzymatic oxidation of L-DOPA or L-tyrosine were converted  
 179 into mM by the equation:  $[\text{O}_2] (\text{mM}) = P \times 0.236 (\text{mM}) / 20\%$ . The initial rate of oxygen consumption  
 180 was obtained as ( $\Delta P$ ) *vs* time (in seconds) by regression of the initial data range of oxygen

181 consumption, and it was converted by equation:  $V (\mu\text{M}/\text{min}) = V (\Delta P/\Delta t) \times 0.236 \times 10^3 \times 60 / P_0$   
182 which was used for analysis by non-linear fitting to Michaelis-Menten kinetics (eq. 1). Previous  
183 studies indicate that the stoichiometry of  $\text{O}_2$  uptake / dopachrome formation is 1.5:1 and 1:1 for  
184 substrate L-tyrosine and L-DOPA, respectively (Guo et al. 2022), therefore the rate of  $\text{O}_2$  uptake  
185 recorded for monophenolase reaction was divided by 1.5.<sup>†</sup>

### 186 *2.5 Fluorescence quenching studies*

187 Fluorescence spectra arising from interactions between bakuchiol and tyrosinase were recorded by a  
188 fluorescence spectrometer (Horiba FluroMax-4) at r.t. similarly to literature (Yu & Fan, 2021). A 2.5  
189 mL solution of tyrosinase (20 U/mL) in 50 mM sodium phosphate buffer (pH 6.8) was placed in  
190 quartz cuvettes and a bakuchiol stock solution in methanol was added portionwise, for a total of 10  
191 additions, to obtain various concentration of bakuchiol in the solution, from 0 to 1.320  $\mu\text{M}$ . Each  
192 resultant solution was incubated for 1 min to equilibrate, before measurement. The excitation  
193 wavelength was set at 280 nm and the emission spectra were collected from 290 to 500 nm with  
194 excitation and emission slits kept at 5 nm.

### 195 *2.6 Autoxidation studies in homogenous solution*

196 Autoxidation experiments were performed in a two-channel oxygen uptake apparatus, based on a  
197 Validyne DP 15 differential pressure transducer built in our laboratory (Amorati, Pedulli &  
198 Valgimigli, 2011; Baschieri, et al., 2019; Amorati et al., 2016). In a typical experiment, an air-  
199 saturated solution of the oxidizable substrate containing AIBN (0.01-0.1M) was equilibrated at 30 °C  
200 with an identical reference solution containing excess 2,2,5,7,8-pentamethyl-6-hydroxychromane  
201 (PMHC, 25 mM). After equilibration, and when a constant  $\text{O}_2$  consumption was reached, a stock  
202 solution of the antioxidant (typically 1.0 mM in PhCl) was injected in the sample flask, so to reach  
203 the desired concentration in the range 1-20  $\mu\text{M}$  in the sample flask. The oxygen consumption in the  
204 sample was measured after calibration of the apparatus from the differential pressure recorded with  
205 time between the two channels. Initiation rates,  $R_i$ , were determined for each condition in preliminary

206 experiments by the inhibitor method (eq. 3), where  $\tau$  is the length of the inhibition period, using TOH  
 207 as a reference antioxidant (Guo et al., 2021a; Guo et al., 2021b).

208 The inhibition rate constant for peroxy radical trapping  $k_{inh}$  was obtained from oxygen consumption  
 209 plots by eqs. 4 or 5, where  $k_p$ , and  $2k_t$ , are the rate constants for chain propagation and termination of  
 210 the substrate,  $R_0$  and  $R_{inh}$  are respectively the rate of oxygen consumption ( $-d[O_2]/dt$ ) in the absence  
 211 and presence of the antioxidant, while  $n$  is the stoichiometric factor, *i.e.* the number of peroxy  
 212 radicals trapped by one molecule of antioxidant (Amorati & Valgimigli, 2018; Amorati et al., 2016).  
 213 Styrene ( $k_p = 41 \text{ M}^{-1}\text{s}^{-1}$ ;  $2k_t = 4.2 \times 10^7 \text{ M}^{-1}\text{s}^{-1}$ , at  $30^\circ\text{C}$ ) and cumene ( $k_p = 0.34 \text{ M}^{-1}\text{s}^{-1}$ ;  $2k_t = 4.5 \times 10^4 \text{ M}^{-1}\text{s}^{-1}$ , at  $30^\circ\text{C}$ ) were used as the oxidizable substrates (Amorati et al., 2011; Baschieri et al., 2019).

$$215 \quad \tau = \frac{n[Antiox.]}{R_i} \quad (3)$$

$$216 \quad -\frac{d[O_2]}{dt} = \frac{k_p[Substrate]R_i}{nk_{inh}[Antiox]} \quad (4)$$

$$217 \quad \frac{R_0}{R_{inh}} - \frac{R_{inh}}{R_0} = \frac{nk_{inh}[Antiox]}{\sqrt{2k_t R_i}} \quad (5)$$

## 218 2.7 Autoxidation studies in aqueous micelles

219 Measurement were performed as previously described (Konopko & Litwinienko, 2022), with  
 220 modifications. In a typical experiment, 2.5 mL of air-saturated buffered (PBS, 50 mM, pH 7.4)  
 221 aqueous dispersion of MeLin (final concentration 2.74 mM) in Triton™ X-100 (final concentration  
 222 8 mM) micelles were prepared by vortex mixing, then adding a freshly prepared stock solution of  
 223 AAPH (final concentration 5 mM), immediately followed by addition 4-16  $\mu\text{L}$  of a (0.5-1 mM) stock  
 224 solution of the antioxidant in acetonitrile (final concentration of 2-8  $\mu\text{M}$ ) at room temperature. After  
 225 brief additional vortex stirring (5-10 sec.) the mixture used to fill in a sealed 2.4 mL glass vial  
 226 provided with a PTFE-coated stirring bar. The sample was equilibrated at  $37^\circ\text{C}$  in a thermostatted  
 227 bath equipped with a sealed magnetic stirrer and  $O_2$  consumption was recorded. Oxygen  
 228 concentration was monitored with the same equipment described for mTYR kinetics and data were  
 229 similarly treated by the equation:  $V \text{ (M/s)} = V \text{ (}\Delta P/\Delta t) \times 0.210 \times 10^{-3} / P_0$ , where  $P_0$  is the initial 20%

230 O<sub>2</sub> saturation reading that corresponds to 0.210 mM at 37°C. Oxygen consumption in the presence of  
231 the antioxidant was compared with that recorded with identical reference mixtures lacking the  
232 antioxidant. The inhibition rate constant was obtained from oxygen consumption plots by eqs. 3-5,  
233 as described for autoxidation studies in homogenous solution, using  $k_p = 36 \text{ M}^{-1}\text{s}^{-1}$  for MeLin in  
234 micelles (Konopko & Litwinienko, 2022).

### 235 *2.8 EPR measurements*

236 Deoxygenated *tert*-butylbenzene solutions containing the phenols (0.01-0.001 M) and di-*tert*-butyl  
237 peroxide (10% v/v) were sealed under nitrogen in a suprasil quartz EPR tube. The sample was inserted  
238 in the thermostatted (30°C) cavity of an X-band EPR spectrometer and photolyzed with a mercury-  
239 xenon lamp (240-400 nm, max 4500 mW/cm<sup>2</sup>). Spectra were recorded with the following settings:  
240 modulation amplitude 0.1-1 Gauss, sweep width 60 Gauss, modulation frequency 100 kHz, frequency  
241 9.76 GHz, sweep time 60s, microwave power 0.1-1 mW. Measured *g*-factors, were corrected with  
242 respect to that of the perylene radical cation in concentrated H<sub>2</sub>SO<sub>4</sub> ( $g = 2.00258$ ) (Amorati et al.,  
243 2011; Valgimigli et al., 2000). When using mixtures of TBP and bakuchiol in ReqEPR experiments,  
244 the molar ratio of the two equilibrating radicals was obtained from the EPR spectra and used to  
245 determine the equilibrium constant,  $K_{eq}$  (Johansson et al. 2010; McGrath, Garrett, Valgimigli & Pratt,  
246 2010). Different irradiation power levels (20% to 100%) and different ratios of the two phenols were  
247 tested to guarantee that the two species where at the equilibrium (Amorati et al., 2010). Spectral  
248 parameters and relative radical concentrations were determined by comparison of the digitized  
249 experimental spectra with computer simulated ones, as previously described (Amorati et al., 2010;  
250 Amorati et al., 2011; Brigati, Lucarini, Mugnaini, & Pedulli, 2002).

### 251 *2.9 Statistical analysis*

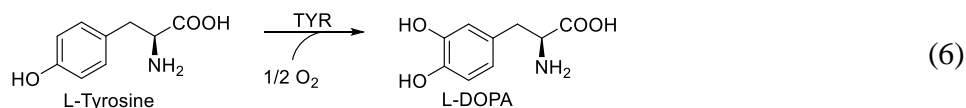
252 Each measurement was performed at least in triplicate. Values of  $V_{max}$  and  $V_{max}^{app}$ , and of  $K_m$  and  
253  $K_m^{app}$  in the absence and presence of inhibitors were determined from non-linear regression of M-M  
254 plots based on 5-6 concentrations of the substrate, which were analysed by Shapiro-Wilk Test with  
255 significance set at  $P \leq 0.05$ . Results are expressed as regression value  $\pm$  standard error.

256

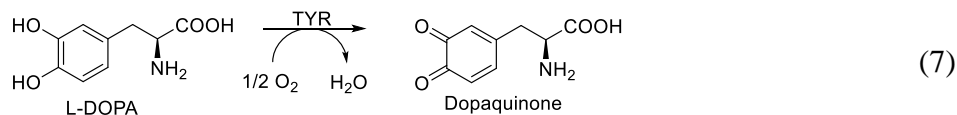
### 257 3. Results

#### 258 3.1 Kinetics of mTYR inhibition

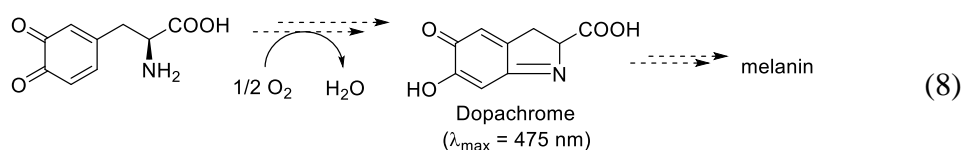
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261



262 The kinetics of monophenolase and diphenolase reactions of mTYR were studied at 30°C (pH 6.8)  
263 by monitoring the oxygen consumption, respectively during the oxidation of L-tyrosine to L-Dopa  
264 (6) or of L-Dopa to dopaquinone (DQ) (7), and recording the initial rate as a function of the  
265 concentration of the substrate, to afford the typical Michaelis-Menten (M-M) hyperbolic curve (eq.1)  
266 (Guo et al., 2022). At each concentration of substrate, the reaction was performed under identical  
267 settings either in the absence of inhibitors or in the presence of different concentrations of bakuchiol,  
268 clearly showing significant inhibition already in the low micromolar range (Figure 2). Kinetic  
269 analysis was performed by non-linear fitting to M-M equation (eq. 1, Figure 2A,C) while the  
270 linearized double reciprocal Lineweaver-Burk (L-B) plot (eq. 2, Figure 2B,D) was used to identify  
271 the inhibition mode. This approach was found to offer higher accuracy than obtaining the relevant  
272 kinetic parameters ( $V_{\max}$  and  $K_m$ ) from the intercepts using Lineweaver-Burk plots (Guo et al., 2022;  
273 Copeland, 2000).

274 Concerning the inhibition mode, both for monophenolase and diphenolase reactions, regression lines  
275 in L-B plots obtained at different concentration of inhibitor crossed at (or in close proximity to) the  
276 Y axis Figure 2B,D), implying a constant value of  $V_{\max}$  – the maximum rate of enzyme reaction at  
277 saturating substrate concentration – on increasing the concentration of the inhibitor, which is

278 indicative of a reversible competitive inhibition (Copeland, 2000). Competitive inhibition is  
279 confirmed by analysis of  $V_{\max}$  and  $K_m$  values obtained by fitting M-M curves (Figure 2A, C), collected  
280 in Table 1. While  $V_{\max}$  remains constant within experimental error, the M-M constant  $K_m$  – the  
281 concentration of substrate required to produce half-maximum reaction rate – increases linearly with  
282 the concentration of the inhibitors (Guo et al., 2022; Copeland, 2000). Confirmation of this behavior,  
283 typical of competitive inhibitors, is given by the secondary M-M plots of  $K_m$  vs [bakuchiol] (Figures  
284 S4, S5 in Appendix).

285 To further confirm the above findings, the reactions were also investigated in parallel by the  
286 conventional spectrophotometric approach, monitoring the formation of dopachrome at 475 nm (6-  
287 8), under otherways identical settings. Results (Figure S2, S3 in Appendix) were in excellent  
288 agreement and the corresponding  $V_{\max}$  and  $K_m$  are compared to those obtained by oxygen sensing in  
289 Table 1. Average inhibition constant  $K_i$  – the dissociation constant of the enzyme-inhibitor complex  
290 – was  $6.71 \pm 1.23 \mu\text{M}$  for monophenolase and  $1.15 \pm 0.34 \mu\text{M}$  for diphenolase reactions. Such low  
291 values indicate high inhibition potency and should be compared with the higher  $K_i$  values of 10.91  
292  $\mu\text{M}$  and 9.91  $\mu\text{M}$  previously measured under similar settings for reference inhibitor kojic acid (Guo  
293 et al., 2022).

294

### 295 *3.2 IC<sub>50</sub> values for mTYR inhibition by bakuchiol*

296 Although  $K_i$  is the most reliable parameter to quantify and compare the potency of enzyme inhibitors,  
297 as it does not depend on enzyme and substrate concentrations (Copeland, 2000), it is most common  
298 in the literature to find activity quantified by the  $\text{IC}_{50}$  values: the concentration of the inhibitor  
299 affording 50% reduction of the enzyme reaction rate. Hence  $\text{IC}_{50}$  values for bakuchiol were measured  
300 by comparing the rate of reaction at fixed enzyme activity in the absence ( $V_0$ ) and presence ( $V_i$ ) of  
301 increasing inhibitor concentration [I], according to Langmuir equation (9) (Guo et al., 2022; Copeland,  
302 2000).

303

$$\frac{V_I}{V_0} = \frac{1}{1 + \frac{[I]}{IC_{50}}} \quad (9)$$

304 The resulting values obtained both by O<sub>2</sub> uptake and by spectrophotometry are given in the Appendix  
 305 (Tables S1, S2) and, as expected (Copeland, 2000), they grow linearly with the concentration of  
 306 substrate. While this somewhat limits their usefulness, comparison among inhibitors is possible by  
 307 referring to similar settings, *e.g.* to a standard 1 mM substrate concentration.

308 Our values for monophenolase and diphenolase reaction, averaged between O<sub>2</sub> uptake and  
 309 spectrophotometry, were  $37.22 \pm 5.18 \mu\text{M}$  and  $6.76 \pm 0.73$ , respectively (Table 1). Reference kojic  
 310 acid was investigated for comparison, affording  $34.02 \pm 5.51 \mu\text{M}$  and  $16.86 \pm 3.28 \mu\text{M}$ , at 1 mM L-  
 311 tyrosine and L-DOPA, respectively, in excellent agreement with previous studies by our group (Guo  
 312 et al., 2022),<sup>22</sup> and by others (He et al., 2021).

313

### 314 3.3 Fluorescence quenching study

315 The quenching of intrinsic tryptophan fluorescence of mTYR by inhibitors is often investigated to  
 316 confirm the nature of enzyme-inhibitor interaction (Yu & Fan, 2021). To this end, the fluorescence  
 317 of mTYR in 50 mM phosphate buffer (pH 6.8) in the range 290-500 nm ( $\lambda_{\text{max}}$  338 nm) upon excitation  
 318 at 280 nm was recorded either in the absence of inhibitor ( $F_0$ ) and in the presence of growing  
 319 concentration of bakuchiol (Figure 2E), in the absence of substrate. On increasing the concentration  
 320 of bakuchiol fluorescence intensity ( $F$ ) progressively decreased, without significant shifting of the  
 321 band maxima, indicating no major change in the conformation of the protein (Yu & Fan, 2021). Stern-  
 322 Volmer plot (eq.10), relating the relative fluorescence intensity to the concentration of a quencher  
 323  $[Q]$ , was used to analyze the quenching type, either static or dynamic.

$$F_0/F = 1 + k_q\tau_0[Q] = 1 + K_{SV}[Q] \quad (10)$$

325 In eq. 10 and  $k_q$  and  $K_{SV}$  are respectively the quenching rate constant and the Stern-Volmer constant,  
 326 while  $\tau_0$  ( $=10^{-8}$  s) is the typical lifetime of the fluorophore in the absence of the quencher (Mátyus,  
 327 Szöllösi & Jenei, 2006). Figure 2F shows that the plot was linear only at low quencher concentration,

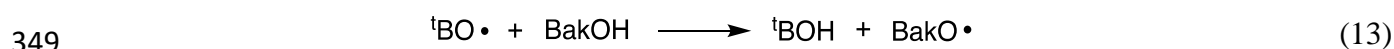
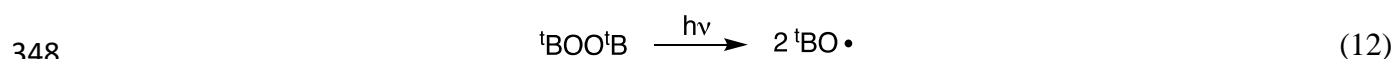
328 while it shows upward curvature for higher Bak levels. This behavior is often encountered in case of  
 329 static quenching, *i.e.* when the protein and the quencher form a non-emitting stable complex (Mátyus  
 330 et al., 2006). The  $K_{SV}$  and  $k_q$  constants determined by fitting the plot in the linear region afforded  $K_{SV}$   
 331  $= 4.32 \times 10^5 \text{ M}^{-1}$  and  $k_p = 4.32 \times 10^{13} \text{ M}^{-1}\text{s}^{-1}$ . The bimolecular quenching rate constant  $k_p$  for bakuchiol  
 332 is much greater than the maximum scatter collision quenching constant of dynamic quenchers with  
 333 proteins, ( $2.0 \times 10^{10} \text{ M}^{-1}\text{s}^{-1}$ ), which indicates that the static quenching mechanism is dominating,  
 334 implying the formation of a stable complex with mTYR (Yu & Fan, 2021). Dominance of the static  
 335 quenching mechanism is also confirmed by fitting the data to the modified Stern-Volmer plot for  
 336 static quenching (see Figure S6 in Appendix) (Yu & Fan, 2021; Mátyus et al., 2006). The apparent  
 337 binding constant ( $K_a$ ) and the number of binding sites ( $n$ ) for complex formation between bakuchiol  
 338 and mTYR were obtained by processing fluorescence data with eq. 11 (Figure 2G) (Yu & Fan, 2021).  
 339 Results were  $n = 1.06$  and  $K_a = 1.02 \times 10^6 \text{ M}^{-1}$  indicating a single binding site and high affinity of  
 340 complex formation, fully consistent with the results of enzyme inhibition.

$$341 \quad \text{Log} [(F_0 - F)/F] = \text{Log}K_a + n\text{Log}[Q] \quad (11)$$

342

### 343 *3.4 EPR and ReqEPR spectroscopy of bakuchiol phenoxyl radical*

344 Reaction of the O-H group with oxidizing or chain-carrying radicals to afford the corresponding  
 345 stabilized phenoxyl radical is the key process sustaining the activity of phenolic antioxidants  
 346 (Valgimigli & Pratt, 2015), hence we investigated the phenoxyl radical stability to shed more light  
 347 on the antioxidant mechanism of bakuchiol.

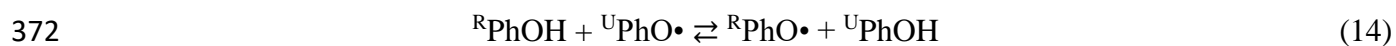


350 Photolysis of di-*tert*-butylperoxide in the presence of bakuchiol in the cavity of the EPR spectrometer  
 351 generated alkoxy radicals that were trapped forming bakuchiol phenoxyl radical (eqs. 12,13), which  
 352 was identified by its spectrum, reported here for the first time (Figure 3A). It showed large hyperfine  
 353 splitting constants (hfsc / Gauss, Table 2) due to coupling with the two *ortho* hydrogens (6.67 G) and



354 with the *para* -CH= (7.05 G), and lower values for coupling with the hydrogen in vinylic position  
 355 (3.27 G) and with the hydrogens in *meta*-position (1.94 G) in line with structurally related radicals  
 356 (Amorati et al., 2010; Brigati et al., 2002; Amorati, Ferroni, Pedulli & Valgimigli, 2003). Accordingly,  
 357 the *g*-factor = 2.0041 was typical of phenoxyl radicals and indicative of C/O coupling.

358 Since the reactivity of phenols like bakuchiol with radicals, hence the antioxidant activity, is dictated  
 359 by the bond dissociation enthalpy (BDE) of the O-H group, we measured it by the ReqEPR technique  
 360 (Johansson et al., 2010; Brigati et al., 2002), which consists in photolyzing the unknown phenol  
 361 (<sup>U</sup>PhOH = bakuchiol) in mixture with a reference phenol (<sup>R</sup>PhOH) whose BDE(OH) is known, so to  
 362 establish their equilibration (eq. 14). Measurement of the corresponding equilibrium constant (eq. 15)  
 363 is achieved by numerical simulation of the EPR spectrum obtained from the mixture, due to  
 364 superimposition of the EPR signals of the two radicals, which affords their relative ratio (Figure 3B).  
 365 This affords the  $\Delta H$  of the reaction via eq. 16 under the reasonable assumption that the entropy change  
 366 is negligible ( $\Delta H \approx \Delta G$ ) (Brigati et al., 2022). Using 2,4,6-tri-*tert*-butylphenol (TBP) as the reference,  
 367 the BDE(OH) of bakuchiol was determined (eq. 17) as 81.7±0.1 kcal/mol (Table 2), which well  
 368 justifies its good antioxidant activity (*vide infra*). Interestingly, this value is similar to that of the  
 369 weakest OH group in (structurally related) resveratrol which, although not experimentally known,  
 370 can be estimated as ~ 81.4 Kcal/mol by averaging the calculated (DFT) value (80.2 Kcal/mol) and  
 371 the empirical value obtained by the group additivity rule (82.6 Kcal/mol) (Amorati et al., 2003).



373 
$$K_{eq} = \frac{[{}^U\text{PhOH}]}{[{}^R\text{PhOH}]} \times \frac{[{}^R\text{PhO}\cdot]}{[{}^U\text{PhO}\cdot]} \quad (15)$$

374 
$$\Delta G^\circ = \Delta H^\circ - T\Delta S^\circ = -RT\ln K_{eq} \quad (16)$$

375 
$$\text{BDE}({}^U\text{PhOH}) = \text{BDE}({}^R\text{PhOH}) - \Delta H^\circ \quad (17)$$

376

### 377 3.5 Antioxidant activity of bakuchiol in solution and in micelles

378 The antioxidant activity of bakuchiol was investigated by monitoring oxygen consumption during the

379 controlled inhibited autoxidation of reference substrates, which is the golden standard in antioxidant  
380 testing (Amorati & Valgimigli, 2018; Guo et al., 2021a; Guo et al., 2021b; Baschieri et al., 2019;  
381 Amorati et al., 2016), both in homogenous organic solution and in heterogenous micellar system.  
382 In organic solution (PhCl, 30°C) we studied the inhibited autoxidation of two well established  
383 oxidizable substrate, styrene and cumene, having largely different oxidation rates ( $k_p$  at 30°C is 41  
384 and  $0.34 \text{ M}^{-1}\text{s}^{-1}$ , respectively) thereby affording complementary information (Baschieri et al., 2019).  
385 In the autoxidation of styrene initiated by AIBN, bakuchiol produced a slow-down of the oxidation,  
386 without a detectable inhibition period, which was observed instead for reference antioxidant  $\alpha$ -  
387 tocopherol (TOH), as shown in Figure 4A. This is due to the major difference in concentration  
388 between the oxidizable substrate and the antioxidant (six orders of magnitude), which severely  
389 challenges the apparent performance of the antioxidant. Analysis of the oxygen uptake plots by eq. 5  
390 afforded the inhibition rate constant – the rate constant for trapping alkylperoxyl radicals –  $k_{inh}$  of  
391  $2.20 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$  (Table 2), which was about one order of magnitude lower than that of TOH ( $k_{inh} =$   
392  $3.2 \times 10^6 \text{ M}^{-1}\text{s}^{-1}$ ), nature's premiere lipid soluble antioxidant. The absence of a distinct inhibition  
393 period did not produce information on the stoichiometric factor  $n$ , i.e. the number of peroxyl radicals  
394 trapped by one molecule of antioxidant. This however was obtained by studying the inhibited  
395 autoxidation of cumene. Owing to the lower  $k_p$ , cumene gave clear inhibition periods in the presence  
396 of micromolar bakuchiol, which were proportional to its concentration (Figure 4B), allowing to  
397 determine  $n$  as  $1.9 \pm 0.1$ , which is the typical value ( $n = 2$ ) expected for a monophenolic antioxidant.  
398 The inhibition constant  $k_{inh} = 1.42 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$  is in good agreement with that measured with styrene,  
399 despite the lower oxidative chain length during inhibition (Table 2).<sup>§</sup> The resulting averaged (styrene  
400 and cumene) value for  $k_{inh}$  of bakuchiol in PhCl solution was  $1.8 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$ . This value, although  
401 lower than reference TOH, is identical within experimental error to that of well-established  
402 antioxidant resveratrol ( $2.0 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$  at 30°C (Amorati et al., 2003)).  
403 The antioxidant activity in heterogenous systems was investigated using the autoxidation of methyl  
404 linoleate (MeLin, 2.74 mM) in Triton™ X-100 micelles (8 mM) initiated by water soluble AAPH at

405 37°C, which is a well-validated kinetic model (Konopko & Litwinienko, 2022). Results summarized  
406 in Figure 4C show that bakuchiol gave distinct inhibition of the autoxidation, whose duration was  
407 proportional to its concentration. Comparison with TOH showed almost identical duration of the  
408 inhibition which afforded (eq. 3) the stoichiometric factor as  $n = 1.9 \pm 0.1$ , in accordance with the  
409 value recorded in organic solution.

410 The inhibition constant was obtained from the slope of the inhibited period by eq. 4, as  $k_{\text{inh}} = (1.6 \pm$   
411  $0.3) \times 10^3 \text{ M}^{-1}\text{s}^{-1}$  (Table 2). For comparison, reference TOH under the same experimental settings  
412 afforded  $k_{\text{inh}} = (1.5 \pm 0.2) \times 10^4 \text{ M}^{-1}\text{s}^{-1}$  in good agreement with literature using the same kinetic model  
413 (Konopko & Litwinienko, 2022). As also found in homogenous solution, bakuchiol traps peroxy  
414 radical in micelles about one order of magnitude slower than TOH; however, it is interesting to note  
415 that its antioxidant activity in micelles is almost identical to that recently reported for resveratrol ( $1.5$   
416  $\times 10^3 \text{ M}^{-1}\text{s}^{-1}$  at 37° pH 7 (Konopko & Litwinienko, 2022)).

417

### 418 *3.6 Antioxidant activity of bakuchiol O-methyl derivative MeOBak*

419 Since a previous study suggested that bakuchiol antioxidant activity is due only in part to the phenolic  
420 -OH group, while the terpenic chain in 4-position also contributes by trapping radicals (Adhikari et  
421 al., 2003), we synthesized the protected MeOBak derivative by O-methylation of bakuchiol, and  
422 tested it as an antioxidant in parallel autoxidation studies, using the oxidation of styrene in PhCl  
423 solution and of MeLin in Triton™ X-100 micelles as model systems.

424 When tested under experimental settings identical to those used of native Bak, MeOBac showed no  
425 inhibition of the autoxidation of styrene (Figure 4A): similarly, no protection was observed in the  
426 autoxidation of MeLin in micelles, where oxygen consumption plots recorded in the presence of  
427 MeOBak were hardly distinguishable from those obtained without antioxidant (Figure 4C). This  
428 allowed to exclude any direct involvement of the terpene chain in the antioxidant activity of bakuchiol  
429 under our experimental settings (*vide infra*).

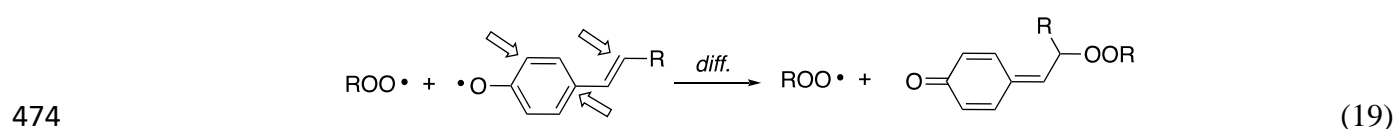
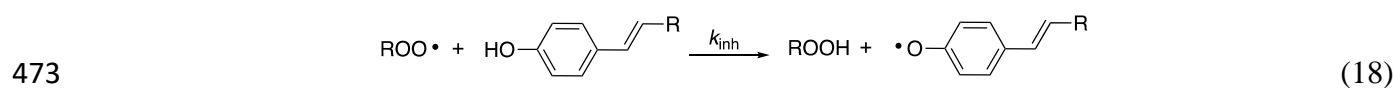
430

#### 431 **4. Discussion**

432 Kinetic studies on tyrosinase inhibition performed in parallel both by real time O<sub>2</sub> sensing and by  
433 spectrophotometric monitoring of dopachrome afforded superimposable results which support each-  
434 other and demonstrate major inhibition efficacy by bakuchiol, already in the low micromolar range,  
435 at variance with a previous report that indicated very modest inhibition, even at concentration of 1  
436 mg/mL (West et al., 2021). Inhibition is competitive both for monophenolase and diphenolase  
437 reaction, with M-M related inhibition constant  $K_i$  of  $6.71 \pm 1.23 \mu\text{M}$  and  $1.15 \pm 0.34 \mu\text{M}$ , respectively,  
438 indicating higher inhibition potency for diphenolase reaction – it should be recalled that lower values  
439 indicate higher activity.  $K_i$  values measured in kinetic studies, which represent the dissociation  
440 constant of the enzyme-inhibitor complex, are fully consistent with the  $K_a$  value of  $1.02 \times 10^6 \text{ M}^{-1}$   
441 determined by fluorescence quenching, which represents the apparent formation constant for such  
442 complex. Interestingly,  $K_i$  values are lower than those we previously measured for reference inhibitor  
443 kojic acid ( $10.91 \mu\text{M}$  and  $9.91 \mu\text{M}$  for monophenolase and diphenolase inhibition respectively) (Guo  
444 et al., 2022), indicating higher bioactivity of bakuchiol.

445 Although less robust in quantifying inhibition potency, owing to their dependence on substrate and  
446 enzyme concentration, IC<sub>50</sub> values also support high anti-tyrosinase activity of bakuchiol. Values  
447 measured by O<sub>2</sub> sensing ranged 12-33  $\mu\text{M}$  for monophenolase inhibition and 2-18  $\mu\text{M}$  for diphenolase  
448 inhibition in the tested concentration range (see Appendix), while values obtained by  
449 spectrophotometry nicely matched the above (see Appendix). Taking 1 mM substrate as reference  
450 setting for comparison and using averaged results from O<sub>2</sub> sensing and spectrophotometry, IC<sub>50</sub>  
451 values measured here for kojic acid indicate similar activity for monophenolase inhibition ( $34.02 \mu\text{M}$   
452 vs  $37.22 \mu\text{M}$ ), while for diphenolase inhibition bakuchiol (IC<sub>50</sub> =  $6.76 \mu\text{M}$ ) was sensibly more  
453 effective than kojic acid (IC<sub>50</sub> =  $16.86 \mu\text{M}$ ). This is at variance with a previous study reporting IC<sub>50</sub>  
454 values of bakuchiol 18-folds higher than kojic acid for diphenolase inhibition (Cheng & Chen, 2017),  
455 and proves a sensibly higher anti-tyrosinase activity of bakuchiol than previously expected.

456 It was recently shown by Kang et al. (2020). that a phytoextract of *P. corylifolia* containing 77%  
 457 bakuchiol reduced melanin biosynthesis in normal human epidermal melanocytes and the activity  
 458 was attributed to reduction of tyrosinase enzyme expression and to reduction of TRP-1, TRP-2 and  
 459 SOX-9 supporting proteins in melanocytes, without significant toxicity. The study showed also a  
 460 downregulation of melanocyte dendrites formation, necessary to the transfer of melanosomes to  
 461 neighboring keratinocytes. Our current data highlight an additional complementary mechanism for  
 462 the depigmenting activity outlined in that (Kang et al., 2020) and other studies (Dhaliwal et al., 2019;  
 463 West et al., 2021): the potent inhibition of tyrosinase reaction. This hopefully completes the picture  
 464 allowing full rationalization of bakuchiol's depigmenting activity. Most important, it opens to new  
 465 applications of bakuchiol based on its interference with tyrosinase chemistry (*vide infra*).  
 466 Being a phenolic compound, the antioxidant activity of bakuchiol is expectedly dictated by its ability  
 467 to quench chain-carrying peroxy radicals to the corresponding hydroperoxide, by formal H-atom  
 468 transfer from the phenolic OH (18) (Amorati & Valgimigli, 2018). Inhibited autoxidation studies  
 469 indicated a stoichiometric factor  $n \sim 2$  ( $1.9 \pm 0.1$ ) both in organic solution and in aqueous micelles;  
 470 therefore, a second peroxy radical is trapped by the resulting phenoxyl radical, most typically by  
 471 addition to the aromatic ring in conjugated positions (arrows in eq. 19) (Valgimigli & Pratt, 2015),  
 472 or possibly by styryl-type addition (19).



475 Wherever the second ROO• trapping occurs, it is not regulating the antioxidant activity, which is  
 476 dictated by rate-determining reaction 18 (Amorati & Valgimigli, 2018). Since the BDE(OH) of the  
 477 alkylhydroperoxides is 88.6 kcal/mol (Amorati et al., 2011; Amorati, Menichetti, Mileo, Pedulli &  
 478 Viglianisi, 2009), our present measurement of the BDE(OH) of bakuchiol by ReqEPR as 81.7

479 kcal/mol affords the  $\Delta H^\circ$  of reaction 18 as -6.9 kcal/mol, which justifies bakuchiol's efficient trapping  
480 of ROO• radicals ( $k_{\text{inh}} = 1.8 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$  in PhCl solution at 30°C).

481 Indeed, the BDE(OH) value of bakuchiol can be correlated to its reactivity via linear Evans-Polanyi  
482 relationships between  $\log(k_{\text{inh}})$  and BDE(OH), which are well established for phenolic antioxidants  
483 (Amorati, et al., 2009). When such a plot is built for differently substituted phenols using literature  
484 data in apolar organic solution (Johansson et al., 2010; Amorati, et al., 2009), parallel correlations  
485 lines are observed depending on the steric hindrance in *ortho*-position to the reactive OH group  
486 (Figure 4D). It should be noted that bakuchiol perfectly fits in the correlation line for phenols lacking  
487 *ortho* substituents, implying that its reactivity with peroxy radicals stems entirely from reaction of  
488 the phenolic OH group, while the terpenoid chain would influence its reactivity only due to its  
489 electronic properties, *i.e.* by stabilizing the phenoxyl radical and lowering the BDE(OH).

490 Our findings are at variance with a previous study which attributed part of the antioxidant activity of  
491 bakuchiol to the terpenoid chain (Adhikari, et al., 2003). This conclusion was drawn mainly for the  
492 finding that the O-methylated derivative (MeOBak) reacted with thiyl radicals (by H-abstraction in  
493 the allyl positions) forming detectable transient species. However, it should be noted that the reaction  
494 of the side chain with some radical does not imply its antioxidant action. Indeed, the formed C-  
495 centered radical (R•) would rapidly react with oxygen forming an alkylperoxy radical ROO• that  
496 likely propagates the oxidative chain (Amorati & Valgimigli, 2018). As a proof of concept, we  
497 prepared MeOBak and tested it as an antioxidant both in the autoxidation of styrene in solution and  
498 of MeLin in micelles. Our results indicated no antioxidant activity of MeOBak in both systems under  
499 our testing conditions, confirming that the antioxidant activity of bakuchiol stems entirely from the  
500 phenolic OH, while the side chain would contribute by increasing its reactivity. However, it is  
501 possible that at much higher concentration and depending on the exact experimental settings, the  
502 terpenic chain would have chain termination-enhancing behavior, and show some minor antioxidant  
503 activity via a different mechanism we previously disclosed for non-phenolic terpenoids like linalool  
504 (Baschieri, Ajvazi, Tonfack, Valgimigli, & Amorati, 2017).

505 The lower antioxidant activity of bakuchiol in micelles compared to apolar organic solution ( $k_{inh}$  of  
506  $1.6 \times 10^3 \text{ M}^{-1}\text{s}^{-1}$  vs  $1.8 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$ ) follows the well-known behavior of any phenolic antioxidant and  
507 it pairs with a similar reduction in activity of reference TOH ( $k_{inh}$  from  $3.2 \times 10^6 \text{ M}^{-1}\text{s}^{-1}$  to  $1.5 \times 10^4$   
508  $\text{M}^{-1}\text{s}^{-1}$ ). It is partly due to H-bonding of the phenolic OH group at the water-lipid interface and partly  
509 due to rate-limiting exchange of radicals and antioxidants among micellar particles (Amorati et al.,  
510 2016).

511 It is interesting to note that, both in apolar organic solution and in aqueous micelles, the antioxidant  
512 activity of bakuchiol perfectly matches that of well-established antioxidant resveratrol, which boosts  
513 the interest for the potential applications of bakuchiol.

514 The co-existence of good antioxidant activity and high tyrosinase inhibiting activity fully justifies the  
515 interest for bakuchiol in topical skin-care treatments, *e.g.* against photoaging (Chaudhuri et al., 2014;  
516 Dhaliwal et al., 2019; West et al. 2021; Mahdavi et al., 2022; Zhu et al., 2022), which meets a growing  
517 demand for plant-derived compounds with such bioactivity (Panzella & Napolitano, 2019).

518 Most interestingly, our results also suggest a previously overlooked potential of bakuchiol: its use as  
519 natural food preservative. Not only bakuchiol outperforms reference kojic acid as tyrosinase inhibitor,  
520 it also outperforms by over one order of magnitude the efficacy in peroxy radical trapping of  
521 ubiquitous food preservative butylated hydroxytoluene (BHT,  $k_{inh} \sim 1 \times 10^4 \text{ M}^{-1}\text{s}^{-1}$  at  $30^\circ\text{C}$  in PhCl)  
522 (Amorati et al., 2003), promising much improved protection against oxidative damage combined with  
523 excellent protection from enzymatic food-browning.

524

## 525 **5. Conclusions**

526 This study addresses for the first time on quantitative grounds the kinetics of tyrosinase inhibition  
527 and of peroxy radical trapping by bakuchiol, highlighting anti-tyrosinase activity significantly higher  
528 than previously expected, with competitive mechanism both toward monophenolase and diphenolase  
529 reactions and  $K_i$  values of  $6.71 \pm 1.23 \text{ }\mu\text{M}$  and  $1.15 \pm 0.34 \text{ }\mu\text{M}$  respectively. These values are  
530 significantly lower than the values for reference kojic acid implying higher potency, confirmed also

531 by the measured IC<sub>50</sub> values (1 mM substrate) of 37.22 μM, and 6.76 μM for monophenolase and  
532 diphenolase inhibition by bakuchiol vs 34.02 μM and 16.86 μM for kojic acid. This verifies our initial  
533 hypothesis. At the same time, the rate constant of peroxy radical trapping  $k_{inh}$  of  $1.8 \times 10^5 \text{ M}^{-1}\text{s}^{-1}$   
534 (PhCl solution) and the corresponding value in aqueous micelles are indistinguishable from those of  
535 well-established antioxidant resveratrol (Konopko & Litwinienko, 2022) and over 10-folds larger  
536 than those of ubiquitous food preservative BHT (Amorati et al., 2003). They stem entirely from the  
537 phenolic function and justify the interest for this food-borne molecule. While our quantitative data  
538 help rationalize the activity shown in skin-care treatments (Dhaliwal et al., 2019; West et al. 2021;),  
539 the combination of such two properties (anti-tyrosinase and antioxidant) offers full rational for a  
540 previously overlooked application as natural food preservative, potentially able to contrast food  
541 spoilage arising both from air oxidation and from enzymatic browning, which are regarded in the  
542 food industry as the main undesired events in post-harvest processing and preservation of fresh food  
543 (Mahdavi et al., 2022). The lack of significant toxicity arising from previous studies (Dhaliwal et al.,  
544 2019; Kang et al., 2020) and the reported antimicrobial/antifungal activities (Alam et al., 2018) make  
545 this phytochemical even more interesting in this regard. Thus, our current results call for further  
546 research to fully explore the previously overlooked potential of bakuchiol in the food industry.

547

#### 548 **Abbreviations**

549 AAPH, 2,2'-azobis(2-amidinopropane) dihydrochloride; AIBN, 2,2'-azobis(isobutyronitrile); Bak,  
550 bakuchiol; L-DOPA, levo-dihydroxyphenylalanine; MeLin, methyl linoleate; mTYR, mushroom  
551 tyrosinase; OSS, oxidative stress status; ROS, reactive oxygen species; SOX9, 9<sup>th</sup> transcription factor  
552 of the Sry high-mobility-group-box family; TBP, 2,4,6-tri-*tert*-butylphenol; α-TOH, alpha-  
553 tocopherol; TRP-1, tyrosinase related protein 1; TRP-2, tyrosinase related protein 2; TYR, tyrosinase.

554

#### 555 **Declaration of interest**

556 The authors declare no competing financial interest.



557 **Acknowledgments**

558 We thank Marco Lucarini for access to EPR simulation software and Riccardo Amorati for helpful  
559 discussion.

560 **Funding Sources**

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562 **Appendix A. Supplementary data**

563 GC-MS analysis of bakuchiol and MeOBak, kinetic plots of tyrosinase inhibition monitored by  
564 spectrophotometry, tables of IC<sub>50</sub> values of bakuchiol, additional plots of fluorescence quenching  
565 and additional ReqEPR spectra, oxygen uptake during enzymatic vs. spontaneous oxidation of  
566 Dopa.

567 **Notes**

568 † DOPA in aqueous solution undergoes spontaneous autocatalytic oxidation (Roginsky, Barsukova,  
569 Bruchelt, & Stegmann, 1997); however, this was estimated to account for less than 2% of our  
570 measured rates of mTYR-catalyzed reaction, having non-significant influence on the reported  
571 kinetics (see Appendix, Figure S8).

572 § In cumene TOH produced complete inhibition (not shown) *i.e.* the chain length  $\nu_{inh}$  was close to 1,  
573 therefore it was used as a reference only for measuring the rate of initiation  $R_i$  via eq 3.

574

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700

701 **Table 1.** Kinetic parameters of tyrosinase inhibition by bakuchiol at 30°C (pH = 6.8). Kinetic data  
 702 were obtained by non-linear fitting of M-M plots at different bakuchiol concentrations, by O<sub>2</sub>  
 703 sensing and UV-Vis spectrophotometry.<sup>a</sup>

| <b>Monophenolase (substrate = L-tyrosine)</b>     |                              |  |                            |                                    |  |
|---|------------------------------|--|----------------------------|------------------------------------|--|
| O <sub>2</sub> Uptake                             |                              |  |                            |                                    |  |
| Bakuchiol<br>( $\mu\text{M}$ )                    | $K_m$ or $K_m^{app}$<br>(mM) | $V_m$ or $V_m^{app}$<br>( $\mu\text{M}/\text{min}$ ) | $K_I$<br>( $\mu\text{M}$ ) | Average $K_I$<br>( $\mu\text{M}$ ) | $IC_{50}$<br>( $\mu\text{M}$ )<br>1 mM substr. |
| 0   | 0.19 ± 0.02                  | 4.20 ± 0.10  | -                          |                                    |  |
| 1   | 0.21 ± 0.01                  | 3.98 ± 0.25  | 8.04                       |                                    |  |
| 2   | 0.26 ± 0.03                  | 3.96 ± 0.05  | 5.80                       | 6.93<br>±0.93                      | 33.35<br>±3.41                                 |
| 4   | 0.30 ± 0.02                  | 4.02 ± 0.10  | 7.11                       |                                    |  |
| 8   | 0.41 ± 0.04                  | 4.00 ± 0.17  | 6.76                       |                                    |  |
| UV-Vis Spectrophotometry (dopachrome formation)   |                              |  |                            |                                    |  |
| Bakuchiol<br>( $\mu\text{M}$ )                    | $K_m$ or $K_m^{app}$<br>(mM) | $V_m$ or $V_m^{app}$<br>( $\mu\text{M}/\text{min}$ ) | $K_I$<br>( $\mu\text{M}$ ) | Average $K_I$<br>( $\mu\text{M}$ ) | $IC_{50}$<br>( $\mu\text{M}$ )<br>1 mM substr. |
| 0   | 0.19 ± 0.02                  | 4.11 ± 0.14  | -                          |                                    |  |
| 1   | 0.22 ± 0.02                  | 4.13 ± 0.16  | 5.92                       | 6.49<br>±0.58                      | 41.09<br>±3.12                                 |
| 4   | 0.30 ± 0.01                  | 4.12 ± 0.07  | 6.48                       |                                    |  |
| 8   | 0.40 ± 0.03                  | 4.16 ± 0.13  | 7.07                       |                                    |  |
| <b>Averaged values (O<sub>2</sub> and UV-Vis)</b> |                              |  |                            | 6.71 ± 1.23                        | 37.22 ± 5.18                                   |
| <b>Diphenolase (substrate = L-DOPA)</b>           |                              |  |                            |                                    |  |
| O <sub>2</sub> Uptake                             |                              |  |                            |                                    |  |
| Bakuchiol<br>( $\mu\text{M}$ )                    | $K_m$ or $K_m^{app}$<br>(mM) | $V_m$ or $V_m^{app}$<br>( $\mu\text{M}/\text{min}$ ) | $K_I$<br>( $\mu\text{M}$ ) | Average $K_I$<br>( $\mu\text{M}$ ) | $IC_{50}$<br>( $\mu\text{M}$ )<br>1 mM substr. |
| 0   | 0.20 ± 0.01                  | 9.84 ± 0.07  | -                          |                                    |  |
| 0.5   | 0.32 ± 0.02                  | 9.73 ± 0.17  | 0.81                       |                                    |  |
| 1   | 0.38 ± 0.02                  | 9.62 ± 0.16  | 1.07                       | 1.16<br>±0.28                      | 7.06<br>±0.42                                  |
| 2   | 0.49 ± 0.03                  | 9.75 ± 0.20  | 1.33                       |                                    |  |
| 4   | 0.75 ± 0.09                  | 9.82 ± 0.42  | 1.44                       |                                    |  |
| UV-Vis Spectrophotometry (dopachrome formation)   |                              |  |                            |                                    |  |
| Bakuchiol<br>( $\mu\text{M}$ )                    | $K_m$ or $K_m^{app}$<br>(mM) | $V_m$ or $V_m^{app}$<br>( $\mu\text{M}/\text{min}$ ) | $K_I$<br>( $\mu\text{M}$ ) | Average $K_I$<br>( $\mu\text{M}$ ) | $IC_{50}$<br>( $\mu\text{M}$ )<br>1 mM substr. |
| 0   | 0.20 ± 0.02                  | 10.26 ± 0.25   | -                          |                                    |  |
| 0.5   | 0.30 ± 0.03                  | 9.98 ± 0.24  | 1.03                       | 1.13<br>±0.12                      | 6.76<br>±0.73                                  |
| 1   | 0.36 ± 0.05                  | 10.12 ± 0.38   | 1.26                       |                                    |  |
| 2   | 0.56 ± 0.09                  | 9.73 ± 0.51  | 1.11                       |                                    |  |
| <b>Averaged values (O<sub>2</sub> and UV-Vis)</b> |                              |  |                            | 1.15 ± 0.34                        | 6.91 ± 0.96                                    |

704 <sup>a</sup>  $V_{\text{max}}$  and  $K_m$  or  $V_{\text{max}}^{app}$  and  $K_m^{app}$  refer to not inhibited and inhibited assays, respectively. <sup>†</sup>

705 **Table 2.** EPR spectral parameters of bakuchiol phenoxyl radical, BDE(OH) determined by ReqEPR  
 706 radical equilibration at 30°C in *tert*-butyl-benzene (n = 10), rate constants for trapping peroxy  
 707 radicals ( $k_{inh}$ ) and stoichiometric factor ( $n$ ) measured in the autoxidation of styrene and cumene in  
 708 homogenous solution (PhCl, 30°C), and of MeLin dispersed in Triton X-100 micelles (37°C), all  
 709 inhibited by bakuchiol.

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*Thermodynamics of the -OH group*

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| Radical | hfsc / Gauss <sup>a</sup>  | <i>g</i> -factor |
|---------|--|------------------|
| Bak(•)  | 6.67 (2H <sub>ortho</sub> ); 1.94 (2H <sub>meta</sub> ); 7.05 (H <sub>para</sub> ); 3.27 (H <sub>vinyl</sub> ) | 2.0041           |
| TBP(•)  | 1.77 (2H <sub>meta</sub> ); 0.18 (18H)   | 2.0046           |

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| <sup>U</sup> PhOH | <sup>R</sup> PhOH | $K_{eq}$     | BDE (Kcal/mol) |
|-------------------|-------------------|--------------|----------------|
| Bak               | TBP               | 14.25 ± 2.07 | 81.7 ± 0.1     |

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*Kinetics of ROO• trapping*

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| Substrate (medium)         | $k_{inh}$ (10 <sup>4</sup> M <sup>-1</sup> s <sup>-1</sup> ) | $n$ <sup>b</sup> | $\nu_{inh}$ <sup>c</sup> |
|----------------------------|--|------------------|--------------------------|
| Styrene (solution)         | 22.0 ± 3.0   | n.d.             | 172                      |
| Cumene (solution)          | 14.2 ± 2.2   | 1.9 ± 0.1        | 7.5                      |
| <i>Average in solution</i> | 18.1 ± 6.6   | 1.9 ± 0.1        |                          |
| MeLin (micelles)           | 0.16 ± 0.03  | 1.9 ± 0.1        | 10.6                     |

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710 <sup>a</sup> Hyperfine splitting constants in Gauss (= 0.1 Tesla). <sup>b</sup> Stoichiometric factor = number of peroxy  
 711 radical trapped by one molecule of antioxidant. <sup>c</sup> Kinetic chain length  $\nu_{inh} = R_{inh}/R$

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727 FIGURE CAPTIONS

728 **Figure 1.** Structure of investigated bakuchiol and the methyl ether compared to retinol.

729

730 **Figure 2.** (A-C) Kinetics of mTYR reaction (30°C, pH 6.8) monitored by O<sub>2</sub> uptake, inhibited by  
731 bakuchiol, for (A, B) monophenolase reaction (substrate = L-Tyrosine; mTYR 1.6 U/mL) and (C, D)  
732 diphenolase reaction (substrate = L-DOPA, mTYR 0.8 U/mL). Graphs represent Michaelis-Menten  
733 hyperbolic plots (A, C) and Lineweaver-Burk linear plots (B, D) of the same experiments. (E-G)  
734 Fluorescence emission spectra of mTYR (20 U/mL) in the absence (a) and the presence (b-k) of  
735 increasing concentration of bakuchiol up to 1.320 μM (E), the corresponding Stern-Volmer plot (F),  
736 and the log-log plot (eq. 11) relating fluorescence quenching to the number of binding sites ( $n$ ) and  
737 complex formation constant  $K_a$  (G).

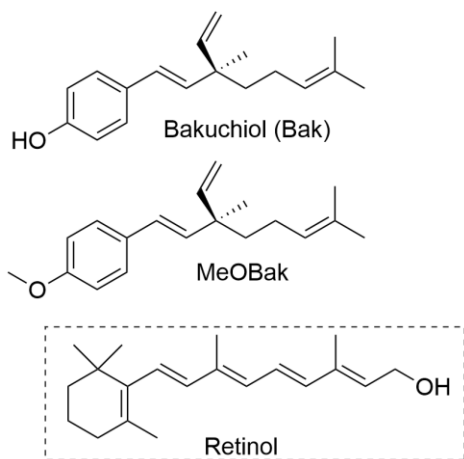
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739 **Figure 3.** EPR (X-band) spectrum recorded by photolyzing in the cavity of the spectrometer (in *tert*-  
740 butylbenzene/<sup>h</sup>BOO<sup>h</sup>B 9:1, at 30°C): (A) bakuchiol, (B) a mixture of bakuchiol and TBP 20:1.  
741 Simulations were obtained by Monte Carlo method using the parameters in Table 2. The spectral lines  
742 due to TBP• radical are indicated by an arrow (B): the resulting radical ratio was 1.26:1 (Bak•/TBP•).

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744 **Figure 4.** Oxygen consumption plots recorded during the autoxidation of 4.3 M styrene in PhCl (A),  
745 and 3.6 M cumene in PhCl (B), both initiated by AIBN (0.05 M) at 30°C, or of 2.74 mM MeLin in 8  
746 mM Triton™ X-100 micelles initiated by 5 mM AAPH at 37°C, pH 7 (C), without inhibitors (dashed  
747 line) or in the presence of bakuchiol, or MeOBak, or TOH, as indicated. Thin lines represent the  
748 regression of the inhibited periods. In panel (D) Evans-Polanyi correlation of the rate constant  $k_{inh}$  (at  
749 30°C) for trapping ROO• radicals by phenols with 2,6 (*ortho*) substituents of different size vs their  
750 BDE(OH). The data point of bakuchiol is indicated by a full star (★).

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752

753 **Figure 1.** Structures of investigated bakuchiol and the methyl ether compared to retinol.

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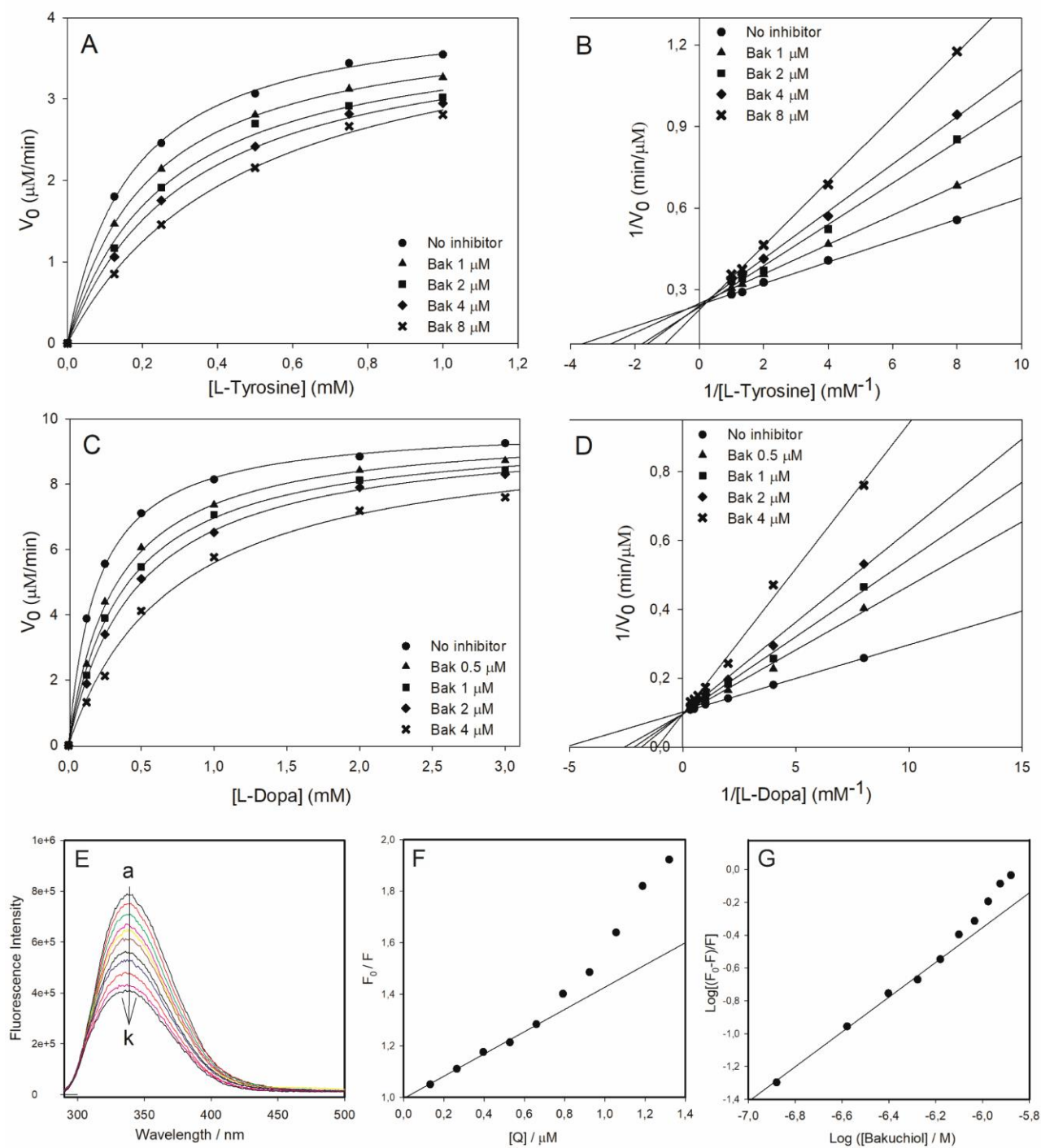
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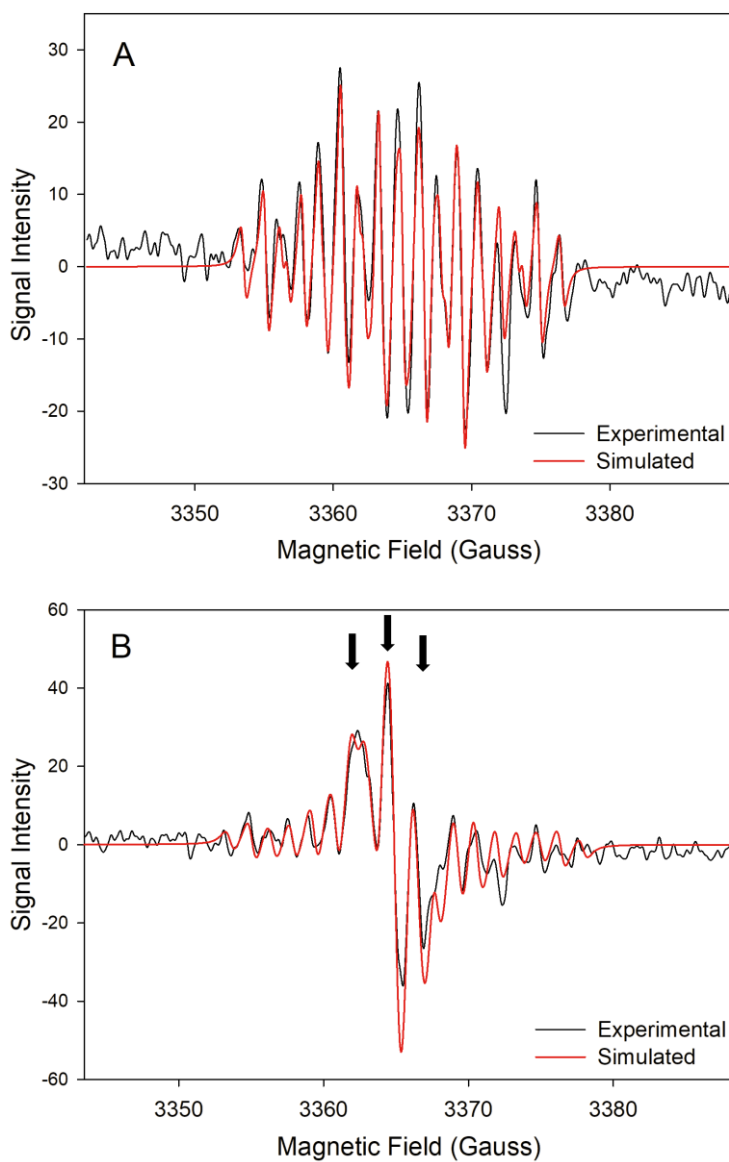
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**Figure 2.** (A-C) Kinetics of mTYR reaction (30°C, pH 6.8) monitored by O<sub>2</sub> uptake, inhibited by bakuchiol, for (A, B) monophenolase reaction (substrate = L-Tyrosine; mTYR 1.6 U/mL) and (C, D) diphenolase reaction (substrate = L-DOPA, mTYR 0.8 U/mL). Graphs represent Michaelis-Menten hyperbolic plots (A, C) and Lineweaver-Burk linear plots (B, D) of the same experiments. (E-G) Fluorescence emission spectra of mTYR (20 U/mL) in the absence (a) and the presence (b-k) of increasing concentration of bakuchiol up to 1.320  $\mu\text{M}$  (E), the corresponding Stern-Volmer plot (F), and the log-log plot (eq. 11) relating fluorescence quenching to the number of binding sites ( $n$ ) and complex formation constant  $K_a$  (G).

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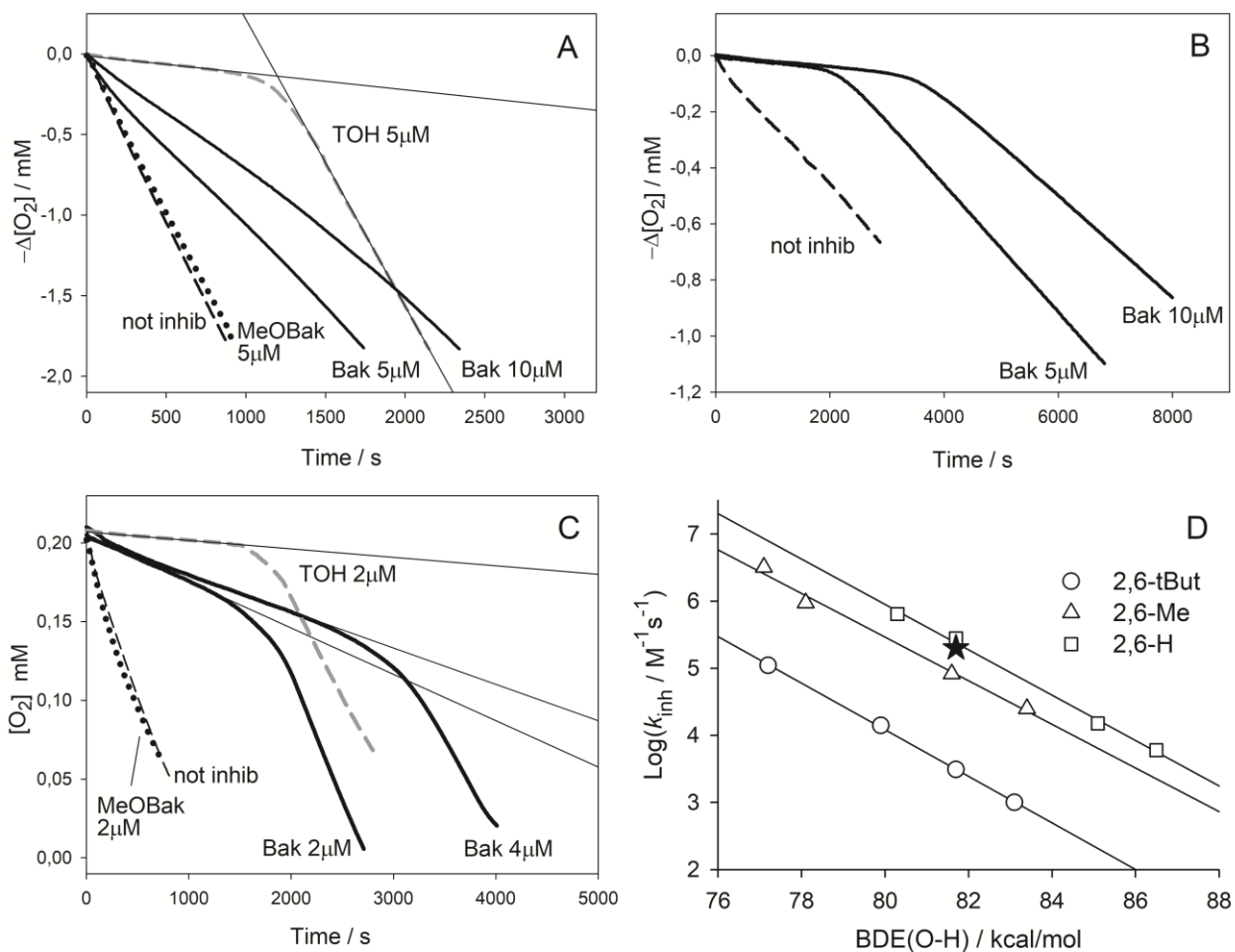
790 **Figure 3.** EPR (X-band) spectrum recorded by photolyzing in the cavity of the spectrometer (in *tert*-  
 791 butylbenzene/<sup>t</sup>BOO<sup>t</sup>B 9:1, at 30°C): (A) bakuchiol, (B) a mixture of bakuchiol and TBP 20:1.  
 792 Simulations were obtained by Monte Carlo method using the parameters in Table 2. The spectral lines  
 793 due to TBP• radical are indicated by an arrow (B): the resulting radical ratio was 1.26:1 (Bak•/TBP•).

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799 **Figure 4.** Oxygen consumption plots recorded during the autoxidation of 4.3 M styrene in PhCl (A),  
 800 and 3.6 M cumene in PhCl (B), both initiated by AIBN (0.05 M) at 30°C, or of 2.74 mM MeLin in 8  
 801 mM Triton X-100 micelles initiated by 5 mM AAPH at 37°C, pH 7 (C), without inhibitors (dashed  
 802 line) or in the presence of bakuchiol, or MeOBak, or TOH as indicated. Thin lines represent the  
 803 regression of the inhibited periods. In panel (D) Evans-Polanyi correlation of the rate constant  $k_{\text{inh}}$  (at  
 804 30°C) for trapping ROO• radicals by phenols with 2,6 (*ortho*) substituents of different size vs their  
 805 BDE(OH). The data point of bakuchiol is indicated by a full star (★).

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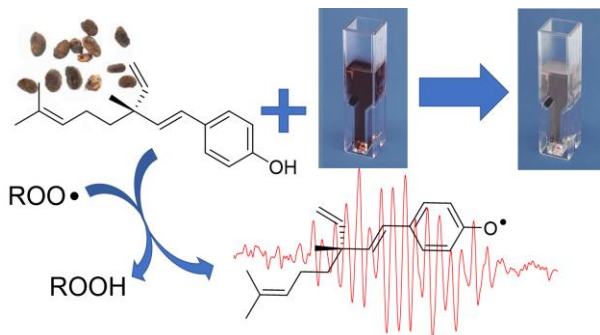
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# Graphical abstract

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