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Growth, plasma biochemistry and immune-related gene expression of European sea bass (*Dicentrarchus labrax*) fed bioactive peptides from farmed salmon by-products

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25 **Growth, plasma biochemistry and immune-related gene expression of European sea bass**
26 **(*Dicentrarchus labrax*) fed bioactive peptides from farmed salmon by-products**

27 Luca Parma^{a*}, Serena Busti^a, Sara Ciulli^a, Enrico Volpe^a, Francesca Errani^a, Åge Oterhals^b, Odd
28 Helge Romarheim^b, Tone Aspevik^b, Francesco Dondi^a, Pier Paolo Gatta^a, Alessio Bonaldo^a

29 ^aDepartment of Veterinary Medical Sciences, University of Bologna, Via Tolara di Sopra 50, 40064
30 Ozzano Emilia, Bologna, Italy

31 ^bNofima, the Norwegian Institute of Food Fisheries and Aquaculture Research, 5141 Fyllingsdalen,
32 Norway.

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34 *Corresponding author: Luca Parma, Department of Veterinary Medical Sciences, University of
35 Bologna, Viale Vespucci 2, 47042 Cesenatico, FC, Italy.

36 E-mail address: luca.parma@unibo.it

37

38 **Abstract**

39 The effect of bioactive peptides (BPs) derived from farmed Atlantic salmon (*Salmo salar*) by-
40 products on growth, blood biochemistry and immune response was tested in European sea bass
41 (*Dicentrarchus labrax*). Three diets with different levels of BPs (0% BP0, 5% BP5, 10% BP10) in
42 substitution for fish meal (FM) were administered to triplicate fish groups over 58 days. At the end
43 of the trial, fish were subjected to suboptimal environmental conditions (high water temperature, low
44 oxygen) for 7 days. No significant differences ($p>0.05$) were observed in final body weight, specific
45 growth rate, feed intake, and feed conversion while lipid efficiency was higher ($p<0.05$) in BP10. At
46 the end of the growth trial, plasma profile remarked previous studies on this species; however
47 cholesterol was higher in BP5 while glucose decreased with increasing BP content. In addition, a
48 reduction in plasma total protein, cholesterol, high-density lipoprotein and triglycerides after
49 environmental stressful conditions was observed only in BP5 supporting a better lipid utilization for
50 energy purposes as a strategy to counteract high energy demand periods. The immune gene analysis

51 showed in BP5 a reduction of the pro-inflammatory interleukin 1 β (IL-1 β), IL-8, and a significant
52 increase in the expression of the anti-inflammatory interleukin-10; on the contrary, BP10 led to an
53 increase in the expression of IL-1 β , and IL-8. In conclusion, data suggest that BPs from salmon by-
54 products have a promising implication as circular and functional ingredients for European sea bass
55 diets. In addition to being a valid alternative ingredient to fishmeal in terms of acceptability and
56 growth, it could enhance physiological mechanisms related to lipid metabolism and immune
57 response.

58

59 **Keywords:** European sea bass, fish protein hydrolysate, growth, plasma biochemistry, immune
60 response

61

62 **1. Introduction**

63 Aquaculture is the fastest growing animal production sector and is currently about to play a key
64 role as primary protein production for food security worldwide (FAO 2018, 2020). However,
65 recognizing the capacity of aquaculture for further growth, but also the enormity of the environmental
66 challenges the sector must face, the aquaculture sector is now challenging the needs of high-quality
67 circular feed ingredients to reduce its dependence from wild-marine and land-based vegetable
68 resources (Woodgate et al., 2022). In addition, in order to reduce the pressure of chemical treatments,
69 to alleviate stressful management practices and to counteract negative climate change effects on
70 animal welfare, the application of functional feed with immune stimulant effects are key topics of
71 aquaculture research (Dawood et al., 2018).

72 Fish by-products are all raw materials (an average of 50% of the whole fish) edible or inedible
73 generated during fish processing, and include heads, (containing the gills), trimmings (containing
74 muscle, bone and skin), mince, frames, and viscera (liver, kidney and roe) (Gao et al., 2021). The
75 increase in farmed fish production is creating increasing amounts of by-products from fish processing
76 waste, and among the currently farmed species the salmon industry generates one of the largest

77 portions of fish processed globally (Idowu et al., 2019). Salmon leftovers have low market values and
78 are usually utilized as fertilizer or wasted even if they contain a considerable amount (15-60%) of
79 high value protein. Fish protein may be a suitable substrate to produce hydrolysates and bioactive
80 peptides, but only recently has this been evaluated in salmon waste (Idowu et al., 2019). Fish
81 hydrolysates have an excellent nutritional composition, favourable amino acid profiles, and beneficial
82 biological activities such as antihypertensive, antioxidative, antimicrobial and anti-inflammatory
83 activity making them suitable ingredients for functional human food and animal feed application (Nag
84 et al., 2022). Previous studies have demonstrated the beneficial role of the application of fish protein
85 hydrolysate (FPH) in fish nutrition as reviewed by Siddik et al. (2020). Positive effects are related to
86 the improvement of zootechnical fish performance such as feed intake, feed utilization and growth,
87 while other effect account for several beneficial health aspects stimulating various haematological
88 and immunological parameters and improving fish immunity and disease resistance (Siddik et al.,
89 2020). European sea bass is one of the major farmed species for the Mediterranean aquaculture
90 industry. In the past two decades its carnivorous habits have led the feed industry and academics to
91 search extensively for alternative high-value protein sources to replace fishmeal (FM). Most of the
92 studies have been carried out using plant sources (i.e. soy products) demonstrating great potential for
93 an almost total FM replacement (Kousoulaki et al., 2015; Bonvini et al., 2018a, 2018b; Torrecillas et
94 al., 2017; Parma et al., 2019). However, when included at a very high dietary level, plant ingredients
95 seem to affect immune and stress response and the general state of health, especially during stressful
96 husbandry or unfavourable environmental conditions (Montero et al., 2003; Machado et al., 2019;
97 Pelusio et al., 2022). Among Mediterranean fish, this species is particularly vulnerable to farming
98 stress such as chasing and confining (Samaras et al., 2018a; Serradell et al., 2020; Pelusio et al.,
99 2022). High water temperature and low oxygen conditions have also been related to altered stress
100 response in European sea bass, to change in antioxidant status, and to inducing inflammatory process
101 at gut mucosal level (Samaras et al. 2016, 2018b; Busti et al., 2020a). Recently, the utilization of
102 protein hydrolysates manufactured from aquaculture by-products (shrimp and tilapia) have shown

103 promising results as FM replacement meeting optimal growth but also promoting metabolic pathways
104 related to immunity (Leduc et al., 2018). In addition, as future research, the authors suggested the
105 necessity of assessing hydrolysate performances in fish grown under more challenging conditions
106 such as low oxygen and high temperature. No study concerning the effect of farmed salmon bioactive
107 hydrolysate on zootechnical performance and resistance to stressful environmental conditions has
108 been tested on Mediterranean fish species. This study will thus explore the efficacy of bioactive
109 hydrolysate derived from farmed Atlantic salmon (*Salmo salar*) by-products to replace dietary FM in
110 European sea bass. Growth performance, plasma biochemistry, and immune-related gene expression
111 in animals reared under normal conditions and after high temperature and low oxygen exposure are
112 investigated.

113

114 **2. Materials and methods**

115

116 *2.1 Protein hydrolysate and experimental diet*

117 Atlantic salmon (*Salmo salar*) heads and backbones were purchased from Biomega (Øygarden,
118 Norway). Ground raw material was mixed with tap water (1:1) and heated to 50 °C and chymotrypsin
119 was added (0.1 % w/w; Enzyme Supplies, UK). Hydrolysis was run for 60 min before inactivation of
120 the enzyme activity at $T > 90$ °C for 10 min. The water phase (hydrolysate) was separated from the
121 lipid and bone phases and dried in a NIRO P-6.3 spray drier (GEA, Denmark) with inlet and outlet
122 temperature of 200 and 92°C, respectively, to a dry powder. Three isoproteic and isolipidic
123 experimental diets were produced by Nofima AS, Tromsø, Norway, with different inclusion levels of
124 bioactive peptide (BP): BP0 (control diet, 0% of BP), BP5 (5% of BP), and BP10 (10% of BP) to
125 replace an equal amount of FM. Diets were conditioned in an atmospheric double differential
126 preconditioner (Wenger Manufacturing Inc., Sabetha, KS) prior to extrusion on a TX-52 twin-screw
127 extruder (Wenger), and expanded over 2.5 mm dies to give 3.2 mm pellets. Pellets were dried in a
128 hot air dual layer carousel dryer (Model 200.2, Paul Klockner GmbH, Nistertal, Germany) at constant

129 air temperature and vacuum oil coated to reach the final lipid level. Total and free amino acid
130 composition, non-protein amino acid and molecular weight of BP are shown in Table 1. Dietary
131 ingredients and proximate composition are shown in Table 2.

132

133 *2.2 Fish and feeding trial*

134 The experiment was carried out at the Laboratory of Aquaculture, Department of Veterinary
135 Medical Sciences of the University of Bologna (Cesenatico, Italy). European sea bass specimens were
136 obtained from Italian hatcheries and adapted to the laboratory facilities for a week. Thereafter, 60 fish
137 (initial average weight: 73.0 ± 0.3 g) per tank were randomly distributed into nine 800 L square tanks
138 with a conical base. Each diet was administered to triplicate groups randomly assigned, over 58 days.
139 Tanks were provided with natural seawater and connected to a closed recirculation system (RAS).
140 (overall water volume: 15 m^3), RAS utilized and water flow rate according to Busti et al. (2020b).
141 Oxygen level was maintained at $8.0 \pm 1.0 \text{ mg L}^{-1}$ through a liquid oxygen system connected to a
142 software controller (B&G Sinergia snc, Chioggia, Italy); temperature was kept at $24 \pm 1.0 \text{ }^\circ\text{C}$ during
143 the entire trial, Salinity (25 g L^{-1}) was measured by a salt refractometer (106 ATC), photoperiod was
144 held constant at 12 h day through artificial light. Ammonia (total ammonia nitrogen $\leq 0.1 \text{ mg L}^{-1}$)
145 and nitrite ($\leq 0.2 \text{ mg L}^{-1}$) were spectrophotometrically monitored once a day (Spectroquant Nova
146 60, Merck, Lab business, Darmstadt, Germany), and sodium bicarbonate was added daily to keep pH
147 at 7.8–8.0. Feed was provided to satiation by oversupplying feed via automatic feeders by
148 approximately 10% of the daily ingested ration, twice a day: the first 60% of the daily ration was
149 administered at 0830 h and the remaining 40% at 1600 h for six days a week (Pelusio et al., 2022).
150 Each meal lasted 1 hour, after which the uneaten feed of each tank was gathered, dried overnight at
151 105°C , and weighed for overall calculation of feed eaten.

152

153 *2.3 Sub-optimal rearing conditions*

154 To explore the effect of BP during unfavorable rearing conditions, after the end of the growth trial,
155 fish were maintained at high temperature (30.5 ± 0.03 °C) and low oxygen (4.51 ± 0.39 mg L⁻¹, 64.6
156 $\pm 5.68\%$ saturation level) for 7 days while keeping the same feeding conditions. Specifically, the
157 temperature was increased at a rate of 2-degree day⁻¹ while oxygen concentration was decreased from
158 8.0 ± 1.0 mg L⁻¹, $105.0 \pm 1.0\%$ saturation level to 4.51 ± 0.39 mg L⁻¹, $64.6 \pm 5.68\%$ within 24 h.
159 Temperature and oxygen levels were constantly monitored through an automatic system regulated by
160 a software program (B&G Sinergia snc, Chioggia, Italy). The methodology was conducted according
161 to Busti et al. (2020a). Fish were daily monitored to check for any mortality.

162

163 *2.4 Sampling*

164 At the beginning and the end of the experiment, all the fish in each tank were anesthetized or
165 euthanised with tricaine methanesulfonate (MS-222) at 100 or 300 mg L⁻¹ and individually weighed.
166 Specific growth rate (SGR), feed intake (FI), and feed conversion ratio (FCR) were calculated. The
167 proximate composition of the carcasses was determined at the beginning of the trial on a pooled
168 sample of 10 fish and a pooled sample of 5 fish per tank at the end of the trial. Protein efficiency ratio
169 (PER), gross protein efficiency (GPE), lipid efficiency ratio (LER) and gross lipid efficiency (GLE)
170 were calculated. At the beginning (day 0, 9 fish in total), at the end of the feeding trial (T1, day 58, 3
171 fish per tank⁻¹), and after the high rearing temperature/low oxygen period (T2, 3 fish per tank⁻¹), liver
172 and distal intestine were sampled for cytokine gene expression. At T1 and T2, 5 fish per tank were
173 also sampled for plasma biochemistry analyses. At T1 tissues/organs from 3 fish per tank were
174 collected for analysis of somatic indexes.

175 All experimental procedures were evaluated by the Ethical-Scientific Committee for Animal
176 Experimentation of the University of Bologna in accordance with European directive 2010/63/UE on
177 the protection of animals used for scientific purposes (ID 113/2020-PR).

178

179 *2.5. Performance parameters calculation*

180 The formulae employed were as follows:

181 Specific growth rate (SGR) ($\% \text{ day}^{-1}$) = $100 * (\ln \text{ FBW} - \ln \text{ IBW}) / \text{days}$ (where FBW and IBW
182 represent the final and the initial body weights). Feed intake (FI) ($\% \text{ ABW}^{-1} \text{ day}^{-1}$) = $((100 * \text{total}$
183 $\text{ingestion}) / (\text{ABW}) / \text{days})$ (where average body weight, $\text{ABW} = (\text{IBW} + \text{FBW}) / 2$; Feed conversion
184 ratio (FCR) = $\text{feed intake} / \text{weight gain}$. Protein efficiency ratio (PER) = $\text{weight gain} / \text{protein intake}$.
185 Gross protein efficiency (GPE) (%) = $100 * [(\% \text{ final body protein} * \text{FBW}) - (\% \text{ initial body protein}$
186 $* \text{IBW})] / \text{total protein intake fish}$. Gross lipid efficiency (GLE) (%) = $100 * [(\% \text{ final body lipid} * \text{FBW}) - (\% \text{ initial body lipid} * \text{IBW})] / \text{total lipid intake fish}$. Lipid efficiency ratio (LER) = $\text{weight gain} / \text{lipid intake}$.

189

190 *2.6 Analytical methods*

191 Diets and whole body were analysed for proximate composition which were used for GPE and
192 GLE calculation. Moisture content was obtained by weight loss after drying samples in an oven 105
193 °C overnight. Crude protein was determined as total nitrogen ($\text{N} * 6.25$) after performing the Kjeldahl
194 method. Total lipids were determined according to Bligh and Dyer (1959) extraction method. Ash
195 content was estimated by incineration in a muffle oven at 450 °C overnight. Total amino acid
196 composition was measured by HPLC after hydrolysing in 6 N HCl for 22 h at 110 °C, using the
197 Waters Accq-Tag method and fluorescence detection with excitation/emission at 250/395 nm (Liu et
198 al., 1995). Free amino acids were measured by HPLC using Waters Pico-Tag method and UV-
199 detection at 254 nm (Bidlemeier et al., 1987).

200

201 *2.7 Plasma biochemistry*

202 Analyses of plasma were conducted according to Parma et al. (2020) on individual plasma aliquot
203 of 500 μL previously collected at T1 and T2. The measures of total protein (TP), urea, uric acid,
204 albumin (ALB), triglycerides (TRIG), cholesterol, high-density lipoprotein (HDL), glucose (GLU),
205 alkaline phosphatase (ALP), aspartate aminotransferase (AST), alanine, transaminase (ALT), creatine

206 kinase (CK), lactate dehydrogenase (LDH), creatinine, cortisol, calcium (Ca⁺²), sodium (Na⁺),
207 chloride (Cl), potassium (K⁺) phosphorus (P), magnesium (Mg), iron (Fe), lactate were performed by
208 automated analyzer (AU 480; 220 Olympus/Beckman Coulter, Brea, CA, United States) using
209 specific methods (Olympus system 221 reagent, OSR).

210

211 *2.8 Immunological analyses*

212 Immunological analyses were conducted as described in Busti et al. (2020a). Briefly, the total
213 RNA was extracted from 30 mg of tissue (liver and distal intestine) using the NucleoSpin RNA kit
214 (Macherey-Nagel) according to the manufacturer's instructions. The RNA was then back-transcribed
215 using GoScript Reverse Transcriptase (Promega) and the concentration of the obtained cDNA was
216 quantified using the Qubit fluorometer (ThermoFisher). Real time PCRs were conducted with the
217 ABI PRISM 7300 instrument (Applied Biosystems) using the BRYT Green GoTaq qPCR system
218 (Promega). The primers used for the amplification of the housekeeping gene (HK) and of the target
219 genes are reported respectively in Table 3. All samples were tested in triplicate. The expression of
220 the FER, HEP and C3 genes was measured in liver samples, while the expression of the IL-1 β , IL-8,
221 IL-10, IFN-1, Mx and TGF- β genes were measured in the bowel specimens. For each sample, the
222 gene expression was normalized towards the 18S rRNA gene (HK) and expressed as $2^{-\Delta\Delta C_t}$, where
223 the ΔC_t was obtained by subtracting the cycle threshold (Ct) of the 18S rRNA gene from the Ct value
224 of the target gene. Gene expression in the samples of treated and untreated subjects collected at times
225 T1 and T2 was expressed as a multiplicative factor relating to the samples collected at time zero (T0).

226

227 *2.9 Statistical analysis*

228 All data are presented as mean \pm standard deviation (SD). The tank was used as the experimental
229 unit for analyzing growth performance and nutritional indices. Individual fish were used for analyzing
230 somatic indices, plasma biochemistry and cytokine gene expression. At the end of the feeding trial
231 (T1, 58 days), data of growth performance, nutritional indices and somatic indices were analyzed by

232 a one-way analysis of variance (ANOVA) and in case of significance ($P < 0.05$) Tukey's post hoc test
233 was performed. In order to provide the effect of diets before and after the exposure to suboptimal
234 environmental condition, plasma biochemistry and cytokine gene expression results were analyzed
235 by a two-tier statistical approach analyzing first the data at T1 by one-way ANOVA and followed by
236 a two-way ANOVA considering sampling points and diets as factors. When statistically significant
237 differences were found among groups ($P < 0.05$), Tukey's post hoc test was performed to determine
238 differences among experimental groups. Prior to ANOVA analyses, all data were checked for
239 normality and homogeneity of variance by means of the Shapiro Wilk and Levene tests, respectively.
240 All the statistical analyses were conducted using GraphPad Prism and Statistical Package for Social
241 Science (SPSS) for Windows version 20.0.

242

243 **3. Results**

244 *3.1 Growth*

245 Results on growth performance are reported in Table 4. No significant differences among
246 treatments were observed for final body weight, weight gain, SGR, FI and FCR. Results on nutritional
247 and somatic indices are reported in Table 5. LER was higher in BP10 compared to the other treatments
248 while no significant differences were reported in the values of PER, GPE, GLE, HSI, VSI, MFI, K.

249

250 *3.2 Plasma biochemistry*

251 Plasma biochemistry results are summarized in Table 6. At the end of the growth trial (T1, one-
252 way ANOVA), cholesterol was higher in BP5 than BP0 and BP10. GLU was higher in BP0 than
253 BP10 while K was higher in BP5 than BP10. Plasma results in relation to dietary treatments and time
254 before and after stress (T1, T2) are also presented in Table 6 (Two-way ANOVA). TP displayed a
255 significant interaction with higher values in BP5 than BP0 at T1. Urea was affected by time with
256 higher values at T1 than T2. A significant time and interaction were observed for TRIG, resulting in
257 lower values at T2 than T1 only in BP5. GLU displayed significant diet effect with higher values in

258 BP0. Cholesterol displayed significant diet and interaction effect with higher values in BP5 compared
259 to BP10 and BP0 at T1. ALP, ALT, Creatine, Cl, Fe and Mg showed a significant time effect with
260 higher values at T2 than T1. Conversely, P was lower in T2 than T1. K showed both time and diet
261 effect; specifically, values were lower in BP10 compared to the other treatments and lower in T1 than
262 T2. Lactate was affected by diet with higher values in BP0.

263

264 3.3 Cytokine gene expression

265 Gene expression analysis is shown in Figure 1. At the end of the growth trial (T1, one-way
266 ANOVA), IL-1 β was higher in BP10 compared to BP0 and BP5 (Figure 1d). At the same time IL-8
267 was higher in BP10 than BP5 (Figure 1e) and IL-10 was higher in BP5 than BP0 (Figure 1f).

268 Gene expression results in relation to dietary treatments and time before and after stress (T1 vs
269 T2) are also presented in Figure 1 (Two-way ANOVA). IL-8, Mx protein, ferritin and C3 displayed
270 a significant time factor with lower values at T2 compared to T1 (Fig1 a, b, e, h). The effect of the
271 diet was instead significant only for the interleukin 1 β gene, showing in this case also an interaction
272 between time and diet. Specifically, at T1 interleukin 1 β was higher in BP10 than the other treatments
273 (Figure 1d).

274

275 4. Discussion

276 Several studies have assessed the possibility of replacing FM using FPH in a wide number of fish
277 species. Most of the FPH previously tested derived from wild caught fish species such as pollock,
278 tuna, herring and krill, others were obtained from cultured species such as carp, tilapia and shrimp,
279 while no data obtained from farmed salmon raw materials are available (Siddik et al., 2021). In the
280 present study, no significant differences were obtained among treatments in growth parameters
281 (FBW, SGR) and feed intake showing the possibility of almost totally replacing wild caught FM,
282 including BPs from salmon by-products in a plant-based diet. Dietary inclusion of FPH has been
283 recently shown to enhance fish growth in several species especially when included at moderate level

284 (5-10%) as partial FM replacement (Siddik et al., 2018, 2019; Leduc et al., 2018; Gisbert et al., 2021).
285 The increase in FI due to higher feed palatability together with the improved availability and
286 subsequent uptake of free amino acids or bioactive growth promoter compounds, is generally
287 recognized as responsible for growth enhancement. In the present study the absence of differences in
288 low FM diet compared to the control diet agree with previous studies on European sea bass juveniles
289 (2.2-13.3g) where dietary inclusion of 5% of hydrolysate from aquaculture by-product (tilapia and
290 shrimp, 50:50 mixture) in a 5% FM diet, restored growth performance to the same level as a 20 %
291 FM control diet (Leduc et al., 2018). Gisbert et al. (2018) did not find differences in growth
292 performance in specimens of European sea bass fed a 5% FM diet with krill hydrolysate against a
293 control FM diet (20 % FM). In turbot, Xu et al. (2016) observed similar growth in the FPH
294 supplemented group compared to the FPH free group. The authors hypothesized that the lack of
295 growth improvement was due to the lower level of FM used in that study (15 % FM) compared to
296 previous work, which may have masked the growth stimulating activity of FPH to some extent.
297 Concerning FCR in the present study no differences occurred suggesting similar digestibility and
298 utilization of BP compared to FM. However, bioactive peptide tends to increase lipid utilization, data
299 which are also partially supported by an increase of plasma cholesterol observed in BP5. Few studies
300 have assessed the effect of FPH on lipid metabolism and deposition in fish tissue. In turbot, Xu et al.
301 (2016) observed a decrease in lipid content at the increasing dietary FPH level in several exemplars
302 of fish tissue with a concomitant reduction of serum cholesterol and triglycerides. Lower plasma
303 triglycerides and cholesterol were also observed in barramundi, *Lates calcarifer* (Siddik et al., 2019).
304 On the contrary, in the same species different hydrolysate sources promoted the increase of plasma
305 cholesterol in comparison to a control diet (Chaklader et al., 2020). The role of FPH on lipid
306 metabolism is not fully clear; however previous authors suggested that FPH is reached in taurine,
307 carnitine and choline which may affect lipid metabolism (Chaklader et al., 2020). These hypotheses
308 agree with the present work where taurine and creatine were present in considerable amounts in the
309 BP tested. According to Martins et al. (2018) a minimum quantity of taurine is necessary for European

310 sea bass, its function related to the production of bile salts and consequent effect in enhancing lipid
311 metabolism (availability and absorption) (Li et al., 2022).

312 Blood biochemistry profile is commonly utilized as a valuable tool for determining fish health in
313 response to a novel dietary ingredient or under stressful environmental conditions (Peres et al., 2014;
314 Parma et al., 2020; Pelusio et al., 2022). In general plasma profile confirms previous studies on this
315 species fed FM as a reference protein source (Peres et al., 2014; Bonvini et al., 2018b; Pelusio et al.,
316 2022) except for triglycerides which were considerably higher than in previous observation. At the
317 end of the growth trial (T1) FPH did not affect most of the plasma parameters considered except
318 cholesterol, potassium and glucose. The decrease of glucose at increasing FPH has been previously
319 observed in barramundi and red sea bream (*Pagrus major*) fed FPH at 10-20% and 3%, respectively
320 (Khosravi et al., 2015; Siddik et al., 2018). In this context, Siddik et al. (2019) postulated a bioactive
321 effect of FPH modulating insulin secretion and positively affecting fish welfare.

322 The exposure to low oxygen and high temperature modified several plasma parameters including
323 urea, triglycerides, ALP, ALT, Creatinine, Cl, K, P, Mg and Fe, and different patterns were observed
324 in relation to dietary treatments. Specifically, a reduction in TP, cholesterol, HDL and triglycerides
325 after environmentally stressful conditions were observed only in BP5 as shown by a significant time
326 x diet interaction. No studies concerning the effect of dietary FPH in this species exposed to high
327 temperature and low oxygen are reported; however this data may suggest a different response to
328 stressful conditions in relation to a different FPH inclusion level. In fact a reduction of these
329 metabolites in BP5 may indicate a better utilization of lipids for energy purposes as a strategy to
330 counteract high energy demand periods. Fish protein hydrolysates are known for their potential
331 immune-modulating effect as reviewed by Siddik et al. (2021). However, to the best of our knowledge
332 no studies reporting the effect from salmon by-products in Mediterranean species are available. Under
333 current experimental conditions the increase of pro-inflammatory cytokines IL-1B and IL-8 were
334 observed only at 10% BP inclusion. In general, the increase of BP content agrees with previous
335 observation in *Lates Calcarifer* (Siddik et al., 2020). The authors reported in fact an enhancement of

336 mRNA expression level of pro-inflammatory cytokines (IL-1 β , TNF- α) in the distal intestine when
337 tuna hydrolysate was included at 6% in fermented poultry by-product meal based-diet. However, the
338 increase of pro-inflammatory cytokines in the intestinal mucosa in absence of immune stimulant
339 could also indicate the activation of an inflammatory process at intestinal level in response to the
340 higher BP dose tested since these cytokines are known to be up-regulated during infective and
341 inflaming reactions. Concerning anti-inflammatory response, IL-10 was significantly up-regulated at
342 BP5 compared to control while this effect was not statistically significant at BP10. Anti-inflammatory
343 cytokines such as IL-10 and TGF- β are essential for a balanced inflammatory response aimed to clear
344 an infection without excessive host damage (Secombe et al., 2016). These cytokines are known to
345 antagonise the effect of pro-inflammatory cytokines playing multiple homeostatic roles during the
346 resolution of inflammatory events and immunoregulatory processes (Rebl and Goldammer, 2018).
347 Furthermore, a beneficial local effect on intestinal epithelial integrity associated with the increase of
348 anti-inflammatory cytokines was pointed out (Al-Sadi et al., 2009). Previous studies using in vitro
349 and in vivo models for evaluating the functional proprieties of fish hydrolysates showed an anti-
350 inflammatory effect of hydrolysates (Ahn et al., 2012; Giannetto et al., 2020; Gisbert et al., 2021).
351 Similarly, in our study an anti-inflammatory effect was indicated for salmon hydrolysates in European
352 sea bass in the form of an up-regulation of the anti-inflammatory IL-10 cytokine suggesting their
353 beneficial effect. This anti-inflammatory effect at BP5 is strengthened by a slight down-regulation of
354 pro-inflammatory cytokines. However, the hydrolysate effect seems to be affected by dose, as the
355 anti-inflammatory effect manifested at BP5 was not present at the higher BP dose tested.

356

357 **5. Conclusion**

358 Dietary inclusion levels of 5 and 10% of BP derived from farmed Atlantic salmon by-products did
359 not affect feed intake and growth in European sea bass, showing the possibility of almost totally
360 replacing wild caught FM in a plant-based diet. However, BP enhanced lipid efficiency, an effect that
361 could be related to the content of taurine and creatinine. Although most of the plasma profile were

362 not affected by BP, after the exposure to high temperature and low oxygen a reduction in plasma total
363 protein, cholesterol, high-density lipoprotein and triglycerides was observed only in BP5 supporting
364 a better lipid utilization for energy purposes as a strategy to counteract high energy demand periods.
365 In addition, intestinal IL-10 was significantly up-regulated only at BP5 supporting a better
366 immunoregulatory processes at mucosal level under this treatment. Overall, data suggest that BP from
367 salmon by-products have a promising implication as circular and functional ingredients for European
368 sea bass diet. In addition to being a valid alternative ingredient to fishmeal in terms of acceptability
369 and growth, it could enhance physiological mechanisms related to lipid metabolism and immune
370 response.

371

372 **Declaration of Competing Interest**

373 The authors declare that they have no known competing financial interests or personal
374 relationships that could have appeared to influence the work reported in this paper

375

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Table 1. Amino acid composition, g/100g (total, free and non-protein) and molecular weight distribution (%) of the bioactive peptide obtained from salmon raw material

<i>Proximate composition, %</i>		
Dry matter	98.3	
Crude Protein	82.3	
Fat	11.2	
Ash	6.3	
<i>Amino acid, g/100g</i>	<i>Total amino acid</i>	<i>Free amino acid</i>
Aspartic acid	6.5	0.15
Glutamic acid	9.4	0.47
Hydroxyproline	1.8	0.02
Serine	3.2	0.13
Glycine	7.6	0.21
Histidine	1.7	0.18
Arginine	4.7	0.85
Threonine	3.0	0.17
Alanine	4.9	0.4
Proline	4.1	0.05
Tyrosine	2.0	0.32
Valine	3.2	0.26
Methionine	2.1	0.18
Isoleucine	2.7	0.19
Leucine	4.6	0.56
Phenylalanine	2.6	0.36
Lysine	5.4	0.9
Asparagine	n.d.	0.02
Glutamine	n.d.	0.02
Tryptophan	n.d.	0.08
<u>Cysteine</u>	<u>n.d.</u>	< 0.01
Creatinine	0.60	n.d.
β -alanine	0.15	n.d.
Taurine	0.56	n.d.
4-aminobutanoic acid	<0.01	n.d.
Citrulline	0.01	n.d.
Carnosine	<0.01	n.d.
<i>Molecular weight distribution (Da), %</i>		
> 20000	0.1	
20000-15000	<0.1	
15000-10000	0.1	
10000-8000	0.2	
8000-6000	0.9	
6000-4000	3.9	
4000-2000	16.5	
2000-1000	24.3	
1000-500	19.4	
500-200	13.9	
< 200	20.7	

N.d.: not determined

Table 2. Ingredients and proximate composition of the three experimental diets

	<i>Experimental Diets</i>		
	BP0	BP5	BP10
<i>Ingredients, %</i>			
Salmon bioactive peptides	0.00	5.00	10.00
Fish meal	15.00	10.00	5.00
Soybean meal	15.00	15.00	15.00
Wheat	15.28	16.02	16.87
Wheat gluten	12.20	11.30	10.30
Corn gluten	8.00	8.00	8.00
Soy protein concentrate	5.40	5.40	5.40
Fish oil	10.00	9.90	9.80
Rapeseed oil	5.00	5.00	5.00
Horse beans	10.00	10.00	10.00
Lecithin from rapeseed	1.00	1.00	1.00
*Vitamin premix	0.50	0.50	0.50
*Mineral premix	0.50	0.50	0.50
Monosodiumphosphate	3.00	3.00	3.00
L-Lysine	0.40	0.40	0.40
DL-Methionin	0.05	0.05	0.05
Water adjustment	-1.33	-1.07	-0.82
<i>Proximate composition, %</i>			
Moisture	6.41	6.46	6.57
Protein	39.90	39.50	39.22
Lipids	19.20	18.75	18.04
Ash	6.79	6.29	5.73
*Vitamins and mineral premix (IU or mg kg ⁻¹ diet): vitamin A: 3000IU; vitamin D3: 3800 IU; vitamin E: 300 mg; vitamin K3: 30 mg; vitamin B1: 30 mg; vitamin B2: 45 mg; vitamin B6: 38 mg; vitamin B12: 0.08 mg; niacin: 300 mg; Ca-D-pantonat: 90 mg; biotin: 1.5 mg; folic acid: 15 mg; vitamin C: 300 mg; Fe: 60 mg; Mn: 30 mg; Zn:130 mg; Cu: 6 mg; I: 5 mg; Co: 0.05 mg; Se: 0.3 mg.			

Table 3. Primers used for the amplification of immune-related genes

Gene	Abbreviation	GenBank ID	Primer sequence (5'-3')	References
18s rRNA	18S	AM490061	AGGGTGTGGCAGACGTTAC CTTCTGCCTGTTGAGGAACC	Sepulcre et al., 2007
Interleuchin 1 β	IL-1 β	AJ311925	ATCTGGAGGTGGTGGACAAA AGGGTGCTGATGTTCAAACC	Sepulcre et al., 2007
Interleuchin 8	IL-8	AM490063	GTCTGAGAAGCCTGGGAGTG GCAATGGGAGTTAGCAGGAA	Sepulcre et al., 2007
Interleuchin 10	IL-10	DQ821114	CGACCAGCTCAAGAGTGATG AGAGGCTGCATGGTTTCTGT	Sepulcre et al., 2007
Transforming growth factor β	TGF- β	AM421619	GACCTGGGATGGAAGTGGAT CAGCTGCTCCACCTTGTGTTG	Faliex et al., 2008
Mx protein	Mx	AM228977, HQ237501, AY424961	GAAGAAGGGCTACATGATCGTC CCGTCATTGTAGAGAGTGTGGA	Chaves-Pozo et al, 2012
Interferon I α	IFN-I	AM765847	GGCTCTACTGGATACGATGGCT CTCCCATGATGCAGAGCTGTG	Scapigliati et al., 2010
Ferritin	FER	NP_001117129, P49946, AAB34575	ATGCACAAGCTCTGCTCTGA TTTGCCCAAGGTGTGTTTAT	Sarropoulou et al., 2009
Hepcidin	HEP	DQ131605	CCAGTCACTGAGGTGCAAGA TCAGAACCTGCAGCAGACAC	Sarropoulou et al. 2009; Rodrigues et al., 2006
Complement C3	C3	DN832026	TATGCCCTTCTTGCTCTGGT GCCTGAGTTGATCCATAGCC	Bado-Nilles et al., 2011

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Table 4. Growth performance of *Dicentrarchus labrax* fed the experimental diets overall 58 days.

	<i>Experimental diets</i>			<i>p-value</i>
	BP0	BP5	BP10	
IBW(g)	73.2 ± 0.57	73.3 ± 1.61	73.3 ± 0.33	0.999
FBW(g)	145.1 ± 1.76	147.1 ± 3.79	149.2 ± 2.65	0.271
Weight gain(g)	71.8 ± 2.33	73.8 ± 2.29	75.9 ± 2.32	0.996
SGR	1.18 ± 0.03	1.20 ± 0.01	1.23 ± 0.02	0.146
FI	1.47 ± 0.06	1.53 ± 0.01	1.53 ± 0.02	0.112
FCR	1.30 ± 0.03	1.33 ± 0.02	1.31 ± 0.02	0.291

Values are indicated as mean (n=3) ± SD.

FBW= Final body weight

IBW= Initial body weight

SGR (% day⁻¹) (Specific growth rate) = 100 * (ln FBW - ln IBW) / days

FCR feed conversion rate = feed intake (g)/weight gain (g).

FI (% ABW⁻¹ day⁻¹) (Feed intake) = ((100 * total ingestion) / (ABW))/days

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14**Table 5.** Nutritional and somatic indices of European sea bass fed experimental diets over 58 days.

	BP0	BP5	BP10	<i>p-value</i>
<i>Nutritional indices</i>				
PER	1.94 ± 0.04	1.91 ± 0.02	1.96 ± 0.04	0.394
GPE	34.0 ± 1.81	34.3 ± 1.04	35.1 ± 0.71	0.587
LER	4.03 ± 0.08 ^a	4.03 ± 0.04 ^a	4.25 ± 0.08 ^b	0.013
GLE	88.2 ± 5.67	93.4 ± 2.39	103.8 ± 12.4	0.128
<i>Somatic indices</i>				
HSI	2.66 ± 0.26	2.78 ± 0.40	2.53 ± 0.35	0.365
MFI	6.42 ± 1.33	6.64 ± 1.46	6.55 ± 1.87	0.954
VSI	12.2 ± 1.05	12.6 ± 1.57	12.3 ± 1.74	0.839
K	1.24 ± 0.06	1.25 ± 0.05	1.25 ± 0.08	0.832

Data are given as the mean (n=3 for nutritional indices; n=9 for somatic indices) ± SD PER = Protein efficiency ratio = weight gain/protein intake; Gross protein efficiency (GPE, %) = 100*[(% final body protein*FBW) - (%initial body protein*IBW)]/total protein intake fish; Gross lipid efficiency (GLE, %) = 100*[(% final body lipid*FBW) - (%initial body lipid*IBW)]/total lipid intake fish; Lipid efficiency ratio (LER) = weight gain/lipid intake; Hepatosomatic index (HSI, %) = 100*(liver weight/FBW); Mesenteric Fat Index (MFI, %) = 100*(mesenteric fat weight/FBW); Viscerosomatic index (VSI, %) = 100*(viscera weight/FBW); Fulton's condition factor (K) = 100*(FBW/length³). SD = Standard deviation.

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25**Table 6** Plasma biochemistry values for European sea bass fed the experimental diets and exposed to high temperature and low oxygen.

Analytes	Time	BP0	BP5	BP10	Two-way ANOVA			One-way ANOVA
					Diet	Time	Interaction	
TP (g dL ⁻¹)	T1	4.3 ± 0.4#	4.8 ± 0.4 [†]	4.6 ± 0.7 ^{#†}	0.9749	0.6559	0.0091	0.088
	T2	4.7 ± 0.4	4.3 ± 0.4	4.7 ± 0.4				
Urea (mg/dL)	T1	8.61 ± 1.49	9.01 ± 1.82	9.68 ± 1.66	0.233	< 0.001 (B/A)	0.430	0.174
	T2	5.47 ± 1.16	5.28 ± 1.80	5.59 ± 0.88				
Uric acid (mg dL ⁻¹)	T1	0.12 ± 0.07	0.11 ± 0.10	0.13 ± 0.10	0.460	0.07	0.559	0.915
	T2	0.27 ± 0.39	0.13 ± 0.11	0.22 ± 0.22				
ALB (g dL ⁻¹)	T1	1.15 ± 0.17	1.27 ± 0.18	1.19 ± 0.20	0.932	0.245	0.194	0.350
	T2	1.20 ± 0.17	1.11 ± 0.13	1.15 ± 0.25				
TRIG (mg dL ⁻¹)	T1	1442.2 ± 250	1620.1 ± 225 ^b	1364.8 ± 47	0.7434	0.0008 (A/B)	0.0457	0.241
	T2	1142.0 ± 325.9	1105.0 ± 311.8 ^a	1340.2 ± 220.3				
Cholesterol (mg dL ⁻¹)	T1	153.9 ± 28.9#	212.5 ± 27.8 [†]	154.4 ± 48.7#	0.049	0.319	0.001	0.0020 (A/B/A)
	T2	179.2 ± 32.9	173.5 ± 35.7	194.3 ± 25.2				
HDL (mg dL ⁻¹)	T1	44.4 ± 11.4	55.5 ± 13.9	47.2 ± 13.1	0.651	0.045	0.023	0.147
	T2	55.8 ± 10.3	49.7 ± 9.8	59.0 ± 11.7				
GLU (mg dL ⁻¹)	T1	155.4 ± 50.9 [†]	139.4 ± 31 ^{#†}	114.5 ± 18.3 [#]	0.0101	0.0884	0.0771	0.015 (B/AB/A)
	T2	151.8 ± 25.2	165.2 ± 42.8	154.8 ± 35.1				
ALP (U L ⁻¹)	T1	77.8 ± 11.5	90.5 ± 21.2	82.9 ± 16.3	0.1595	0.008 (A/B)	0.7434	0.233
	T2	91.9 ± 15.1	97.3 ± 15.9	93.0 ± 14.6				
AST (U L ⁻¹)	T1	68.1 ± 56.7	176.8 ± 178	144.8 ± 96.7	0.055	0.494	0.1505	0.151
	T2	149.6 ± 70.5	188.4 ± 119.2	104.4 ± 42.6				
ALT (U L ⁻¹)	T1	4.45 ± 5.15	7.40 ± 5.08	8.64 ± 7.00	0.126	0.034 (A/B)	0.126	0.226
	T2	8.54 ± 3.67	12.6 ± 7.68	8.17 ± 4.47				
CK (U L ⁻¹)	T1	986 ± 1166	1037 ± 914	1593 ± 912	0.451	0.140	0.1719	0.376
	T2	2182 ± 1199	1277 ± 940	1487 ± 1552				
LDH (U L ⁻¹)	T1	111 ± 163	139 ± 140	121 ± 108	0.627	0.849	0.587	0.897
	T2	140 ± 71.7	127.6 ± 48.4	88.5 ± 39.5				
Creatinine (mg dL ⁻¹)	T1	0.2 ± 0.06	0.2 ± 0.1	0.2 ± 0.07	0.413	0.0031 (A/B)	0.6009	0.446
	T2	0.3 ± 0.03	0.3 ± 0.03	0.3 ± 0.06				
Cortisol (µg dL ⁻¹)	T1	14.4 ± 7.64	8.3 ± 2.6	16.9 ± 9.3	0.431	0.12	0.3663	0.156
	T2	10.6 ± 6.8	11.0 ± 6.2	13.0 ± 7.2				
Ca ⁺² (mg dL ⁻¹)	T1	13.1 ± 0.35	13.5 ± 0.50 ^b	13.1 ± 1.25	0.395	0.487	0.021	0.40
	T2	13.4 ± 0.69	12.7 ± 0.55 ^a	13.3 ± 0.33				
Na ⁺ (mEq L ⁻¹)	T1	182.4 ± 4.70	185.1 ± 7.7	184.0 ± 6.01	0.160	0.861	0.437	0.703
	T2	180.4 ± 16.5	189.0 ± 13.3	182.6 ± 2.93				
Cl (mEq L ⁻¹)	T1	149.6 ± 4.15	151.7 ± 7.02 ^a	149.2 ± 3.32	0.065	0.0053 (A/B)	0.347	0.495
	T2	151.8 ± 13.2	160.3 ± 11.5 ^b	154.1 ± 2.53				
K ⁺ (mEq L ⁻¹)	T1	3.98 ± 0.60 ^a	4.65 ± 0.76	3.85 ± 0.95	0.0004(B/B/A)	0.0001	0.419	0.043 (AB/B/A)
	T2	5.04 ± 0.71 ^b	5.30 ± 0.57	4.39 ± 0.68				
P (mg dL ⁻¹)	T1	11.5 ± 0.92	11.3 ± 1.12	11.6 ± 1.88	0.595	0.0001 (B/A)	0.814	0.936
	T2	9.0 ± 1.03	8.8 ± 0.66	8.4 ± 0.75				
Mg (mg dL ⁻¹)	T1	2.98 ± 0.40 ^a	3.23 ± 0.52	3.16 ± 0.34	0.234	0.0001 (A/B)	0.397	0.391
	T2	3.70 ± 0.51 ^b	3.68 ± 0.56	3.98 ± 0.44				
Fe (µg dL ⁻¹)	T1	86.2 ± 23.4	82.4 ± 23.9	85.9 ± 24.7	0.350	< 0.0001 (A/B)	0.540	0.923
	T2	162.5 ± 60.6	143.3 ± 38.4	171.5 ± 34.6				
Lactate (mmol L ⁻¹)	T1	69.3 ± 16.3	60.0 ± 9.17	60.0 ± 16.9	0.036(B/A/A)	0.410	0.380	0.322
	T2	69.2 ± 10.3	59.2 ± 9.64	69.0 ± 8.66				

Data are given as the mean (n = 15 diet⁻¹) ± standard deviation SD. The uppercase letters in the parenthesis represent significant differences in two-way ANOVA or one-way ANOVA. In the two-way ANOVA, the sets of letters in a parenthesis correspond to the time (T1/T2) or diet (BP0/BP5/BP10) groups, respectively, and data value corresponding to "A" are lower than those corresponding to "B." Different symbols stand for significant differences among dietary treatments for the same time while lowercase letters stand for significant differences between times for the same diet. BP0 = 0 g kg⁻¹ bioactive peptide (BP); BP5 = 50 g kg⁻¹BP; BP10 = 100 g kg⁻¹ BP. T1, time point before suboptimal environmental condition; (T2); time point after 7 days exposure to high temperature and low oxygen. TP, total protein; ALB, albumin; TRIG, triglycerides; HDL, high-density lipoprotein; GLU, glucose; ALP, alkaline phosphatase; AST, aspartate aminotransferase; ALT, alanine transaminase; CK, creatine kinase; LDH, lactate dehydrogenase; Ca⁺², calcium; Na⁺ sodium; Cl, chloride; K⁺, potassium; P, inorganic phosphorus; Mg, magnesium; Fe, iron.

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Figure 1. Gene expression observed in sea bass specimens under normal rearing conditions (T1) and after suboptimal rearing conditions (T2). Lowercase letters stand for significant differences in the one-way ANOVA analyses. In the two-way ANOVA, the sets of letters in a parenthesis correspond to the time (T1/T2) or diet (BP0/BP5/BP10) groups, respectively, and data value corresponding to “A” are lower than those corresponding to “B.” Different symbols stand for significant differences among dietary treatments for the same time.

