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Relevant information will appear here if provided.

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Does your article include research that required ethical approval or permits?:
This article does not present research with ethical considerations

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It is a condition of publication that data, code and materials supporting your paper are made publicly available. Does your paper present new data?:
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All size and compositional data are attached in an excel file in the Supplement, plus source codes in R language

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A.T. and M.Z. designed the research, P.A., T.F., I.G., A.H., M.K., R.N., V.N. and D.S. collected the data, A.T. compiled and analyzed the data, and all authors discussed the results and contributed to the writing of the manuscript.

Title: Ecological regime shift preserved in the Anthropocene stratigraphic record

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SUMMARY

Paleoecological data are unique historical archives that extend back far beyond the last several decades of ecological observations. However, the fossil record of continental shelves has been perceived as too coarse and incomplete to detect processes occurring at decadal scales relevant to ecology and conservation. Here we show that the youngest (Anthropocene) fossil record on a continental shelf of the Adriatic Sea provides decadal-scale temporal resolution that is adequate for documenting an abrupt ecological shift affecting benthic communities during the 20th century. The magnitude and the duration of the 20th century shift in body size of a dominant bivalve species (*Corbula gibba*) is unprecedented given that this species was consistently small throughout the Holocene in the whole northern Adriatic Sea. The size shift coincided with compositional change of the benthic community, with the median per-assemblage abundance of *C. gibba* increasing from ~25% to ~70% in the late 20th century, and occurred at sites that experienced at least one hypoxic event per decade in the 20th century. This regime shift, which coincided with mass mortality of competitors and predators associated with higher frequency of seasonal hypoxic events, may reflect ecological release. The observed body size shift is coupled with a decline in the depth and rate of bioturbational mixing. This decline in burrowing benthic organisms resulted in the improved stratigraphic resolution of fossil assemblages, making it possible to detect sub-centennial ecological changes in the stratigraphic record on continental shelves.

Significance statement

The stratigraphic records of deep-time ecosystem perturbations are not equivalent to chronological records of Anthropocene ecological collapses because these two types of archives differ in stratigraphic completeness and time averaging. Although conservation paleobiology approaches identify past baselines and detect differences between the Holocene

and present-day communities, it remains unclear if Holocene-Anthropocene stratigraphic records can inform us about rates of ecological change. We show that the 20th century stratigraphic record of molluscan assemblages in cores in the Adriatic Sea uniquely detects an abrupt, decadal-scale regime shift in size structure and species composition of molluscan assemblages that has no precedents in the Holocene record. This decadal-scale resolution was made possible by intensification of hypoxia that not only led to a competitive and predatory release but also reduced bioturbation and thus enhanced temporal resolution of the stratigraphic record. We highlight a dichotomy in the resolution of the fossil record between background regimes with low incidence of major ecosystem perturbations with highly time-averaged fossil assemblages and disturbance or extinction regimes such as Anthropocene when limited bioturbation supresses time averaging.

1. Introduction

Although high-resolution time series based on monitoring of living assemblages can directly detect the dynamics of marine ecosystem responses to stressors (1-5), their duration is typically decadal (6-7). Therefore, they might not detect former baseline states or discriminate short-term fluctuations from sustained regime shifts. In contrast, surface and subsurface stratigraphic records that capture longer durations led to unique discoveries of ecosystem shifts driven by pollution, eutrophication or overfishing that occurred over the past centuries or millennia (8-12). These shifts can be comparable in magnitude to ecological crises that occurred during the mass extinctions when deoxygenation and warming also significantly contributed to the demise of ecosystems (13-15). However, determining whether the ecological changes were gradual or abrupt on the basis of the stratigraphic record is hindered by hiatuses (induced by erosion and non-deposition) and by time averaging (mixing of non-contemporaneous generations) (16-17), unless bioturbation is limited and erosion is rare or episodic as in lacustrine or anoxic environments (18-20). As a result, benthic fossil assemblages from continental shelves – settings that provide the bulk of the deep-time paleontological data on ecological dynamics – are incomplete and temporally mixed over 10^3-10^4-year time scales (21-22). On one hand, both the hiatuses and the time averaging of bioturbated sediments depress the magnitude of ecological change *over a given timespan* (23-25). On the other hand, hiatuses can generate apparently abrupt shifts in the magnitude of ecological change over *a given stratigraphic distance* even in the absence of truly abrupt regime shifts, confounding assessments of ecological turnover on the basis of stratigraphic records (24-26).

The Holocene cores recording anthropogenic impacts provide a unique testing opportunity to assess whether the response of marine ecosystems exposed to disturbance can be resolved from stratigraphic records. Here, absolute dating of shells embedded in sediment

cores allows us to directly compare *chronological* (i.e., ages of fossils in time series do not depend on their stratigraphic position, here partitioned into 5-year age cohorts) and *stratigraphic* records (i.e., ages of fossils refer to the mean age of a sedimentary layer in which they are embedded). We test whether the responses of benthic communities to eutrophication and hypoxic events that intensified in the Adriatic Sea (figure 1A) during the late 20th century left high-resolution signatures in the Anthropocene stratigraphic record (informally denoting here the 20th and 21st centuries) (1) by assessing chronologic and stratigraphic changes in mean and maximum body size of an opportunistic and hypoxia-tolerant bivalve (*Corbula gibba*) in sediment cores and (2) by comparing molluscan species composition between Holocene and Anthropocene assemblages. We suggest that bioturbated sediment cores can generate high-resolution windows into ecological dynamics induced by disturbances such as oxygen depletion that subsequently limit sediment mixing.

We focus on body size because this attribute tracks ecosystem changes during natural (27) and anthropogenic disturbances of ecosystems (28-29) and also predicts present-day extinction threat of marine molluscs (30). We combine body size estimates based on valve length measurements of 20,774 specimens of *C. gibba* collected with cores split into ~5-10 cm-thick increments and 14 surface death assemblages with formerly-published estimates of time averaging based on radiocarbon-calibrated amino acid racemization (figure 2, see electronic supplementary material, ESM). First, we identify the number and timing of abrupt shifts in the mean and the 95th percentile log-length in chronological and stratigraphic records with the threshold regression (31). Second, we test whether models that allow for abrupt shifts in size have higher support than models with stasis or trends (32) and assess their sensitivity to time averaging. Third, we assess whether these shifts covary with independent estimates of changes in bottom-water oxygen concentrations and whether they are associated with compositional changes in molluscan communities.

2. Methods

(a) Sediment cores, dating, and time averaging. Death assemblages of *Corbula gibba* were collected in Holocene cores and with Van Veen grabs in the northern Adriatic Sea. First, 1.5 m-long cores were collected at eight sites at water depths between 10 and 44 m (two sites at Po prodelta, two sites at Isonzo prodelta, two sites off Piran, and one site at Venice and Brijuni). Second, one 26 m-long Holocene section of S10 core was collected at the Po Plain (33). Third, Van Veen grabs (~upper 10 cm) were collected at 14 sites at Po prodelta (2 sites), in the Gulf of Venice (2 sites), off Rovinj (2 sites), and in the Bay of Panzano (Isonzo prodelta) in the northern Gulf of Trieste (8 sites) (figure S1). Estimates of increment ages, sedimentation rates, and time averaging of all cores based on ages (AAR calibrated by ^{14}C) of four targeted molluscan species were published in our previous studies (34-40). Time averaging corresponds to an inter-quartile age range in years (IQR) in ~10-30 cm-thick units on the basis of AAR calibrated by ^{14}C in four molluscan species (34-40). Net sedimentation rate was ~0.3 cm/y during the transgressive phase (TST) and 1-2 cm/y during the highstand phase (HST) at Po prodelta, 0.2-0.4 cm/y during the HST phase at Isonzo prodelta, and ~0.01 cm/y during the TST and HST phases off Istria and in the Gulf of Venice (36-40). The uppermost HST increments (corresponding to 20th century sediments) do not show any signs of increased or decreased sedimentation rate (36). The differences in net sedimentation rates translate to differences in IQR. First, highly time-averaged assemblages (IQR = ~1,000-2,000 years) occur in TST (S10, Venice, Piran, Brijuni) and HST increments (Venice, Piran, Brijuni), including mixtures of highstand and Anthropocene shells in topcore and surface assemblages at Rovinj, Venice, Piran, and Brijuni. Second, weakly time-averaged assemblages (IQR = ~10-200 years) occur in HST increments and Anthropocene increments at Po and Isonzo prodeltas. The cores with weakly time-averaged assemblages show a

139 significant upcore decline in IQR in the 20th century sediments at Po (from decadal to yearly
140 IQR) and Isonzo prodeltas (from centennial to decadal IQR, 36). This stratigraphic upcore
141 decline in IQR is driven by a decrease in the bioturbation depth and rate rather than by an
142 increase in sedimentation rate (36).
143
144 **(b) Size data.** We measured shell size with the length of right valves in 20,774 specimens of
145 *C. gibba*. *Chronological* analyses in body size are based on lengths of specimens from two Po
146 cores that were directly dated (36) and were partitioned into 5-year age cohorts (table S1-S2,
147 252 dated specimens at Po 3 and 243 dated specimens at Po 4, sample sizes of cohorts that
148 lived in the 19th and 20th century in other cores are low). *Stratigraphic* analyses of size
149 distributions are performed (1) at the scale of 5-10 cm-thick increments and (2) by pooling
150 these increments to 10-30 cm-thick units characterized by homogeneous sedimentologic
151 composition (72 samples in total) and at two spatial scales, including (1) pooling closely-
152 located sites to three localities (Po, Isonzo, Piran), and (2) at the scale of eight individual sites
153 (table S1, S3-S4). Size data are available in the electronic supplementary material.
154
155 **(c) Multivariate size analyses**. We assess whether size structure did undergo a shift in the
156 20th century to a new state, using principal coordinate analysis, with the Frechet distances
157 between 10-30 cm-thick increments, based on proportional abundances of 1 mm cohorts and
158 (figure S2A-B). The multivariate analyses are thus based on 72 samples (in analyses based on
159 all shells based on 20,774 specimens) and 66 samples (in analyses based on shells with
160 periostracum based on 13,985 specimens). They are assigned to four stratigraphic units,
161 including (1) TST (between 10-7 kyr ago), (2) HST (here, referring to increments deposited
162 prior to the late 20th century), (3) topcore samples with a strongly time-averaged mixture of
163 the HST and the 20th century sediments deposited under <0.01 cm/y (HST-Anthropocene),

and (4) the topcore samples at Po and Isonzo prodeltas deposited under >0.2 cm/y and corresponding to the late 20th century (Anthropocene). We use analogue matching analyses to assess whether Anthropocene assemblages extend beyond the variation defined by all Holocene (TST and HST) assemblages in terms of Frechet distances between the Holocene centroid and individual Anthropocene assemblages (41-44) and evaluate differences in size structure between four stratigraphic units with permutational multivariate analysis of variance (PERMANOVA, 45). To untangle these cohorts, we scored all shells in Van Veen grab samples on the basis of periostracum preservation. Periostracum is usually not preserved on shells older than 19th-20th century (figure S3).

(d) Detection of regime shifts and sensitivity to time averaging. We compare chronological and stratigraphic records in (i) the mean and (ii) the 95% percentile log-length. The mean length captures the central tendency across the whole size range of death assemblages, including juvenile specimens, whereas the 95% percentile length is informative about the size structure of adult individuals. We use three approaches to detect the regime shifts (i.e., a large, abrupt, and persistent shift in ecosystem structure), here approximated by shift in the size structure of one of the most abundant molluscan species). First, a threshold regression identifies abrupt shifts and their location in chronological or stratigraphic time series. We use an F statistic that evaluates whether the model with one shift explains significantly more than the model with just an intercept (31) and the adjusted R^2 to compare the threshold model with a simple linear model. Second, we fit chronological or stratigraphic time series of size to likelihood models of the unbiased random walk, stasis, and directional trends (32, 46-47). In total, the likelihood models discriminate among four modes (stasis, strict stasis, random walk, and directional models) and allow for one abrupt shift between them (nine models in total, we set the minimum segment length to 7 samples). The stasis model is considered as

uncorrelated, normally-distributed variation in size (either in the mean or in the 95th percentile log-length), with temporal variance ω around a stable long-term mean θ (48). Size is expected to converge immediately to θ from any precursor (ancestral) value. The variance ω is zero under the so-called strict stasis. Directional shift in body size models a size change for each time step on the basis of a normal distribution of size changes, with mean size change μ_s and a variance of size changes δ^2_s. A random walk is a special case of the directional model in which μ_s is equal to zero and the distribution of size changes is also normal, with variance also equal to δ^2_s. The punctuation model refers to one abrupt shift separated by two segments of stasis with θ_1 and θ_2 and a single ω, and is thus conceptually most comparable to the definition of the regime shift. We estimate the number and timing of shifts with threshold regression (figure S4-S6) and the support for nine models in (1) whole cores and (2) core subsets with HST and Anthropocene increments for both chronologic and stratigraphic series (table S3-S4). Third, we correlate the model support and ω with time averaging (IQR) for (1) the HST core subsets and (2) the core subsets with HST and Anthropocene increments.

(e) Covariates of size shifts. We assess the response of the mean and 95th percentile log-length to a hypothesized driver - yearly frequency of seasonal hypoxia (dissolved oxygen concentrations < 2 ml/L) on the basis of instrumental measurements performed between 1970-2010 - with the threshold regression and generalized additive models. Second, we compare the taxonomic composition of molluscan assemblages with TST and HST assemblages on one hand (deposited prior to the 20th century or during the earliest 20th century, 95 assemblages from the same cores used in analyses of shell size) with 54 Anthropocene death assemblages (late 20th century) and 223 Anthropocene living assemblages collected since 1980s on the other hand (Van Veen grab samples compiled from published sources). The Anthropocene data are based on multiple studies by various authors of soft-bottom habitats in the Po

prodelta and in the Gulf of Trieste between 10-30 m water depth (with sample size exceeding 30) and are thus standardized to genus level. The compositions of Anthropocene living assemblages are not affected by mixing and thus help constraining the compositional state of the latest 20th century communities. Compositional differences are analyzed with principal coordinate analysis, PERMANOVA (Bray-Curtis distances based on square-root transformed proportional abundances of genera), and with the analogue matching by evaluating whether Anthropocene assemblages extend beyond the variation defined by the Holocene assemblages (using Bray-Curtis distances between the Holocene centroid and individual Anthropocene assemblages, 41-45).

(f) Effects of time averaging on regime shifts in simulations. We investigate the effect of time averaging on the detection of the regime shift over a broad range of values, from 1 year up to 1,000 years in simulations. This range reflects the IQR values observed in the Adriatic Sea: time averaging varies by two orders of magnitude between the Po prodelta with decadal IQR, the Isonzo prodelta with centennial IQR, and sites off Istria with millennial IQR. We simulate the effects of time averaging (1) on the timing and the abruptness of shifts and (2) on the estimate of ω with two scenarios. In a first scenario, we assess the sensitivity of ω in a stasis model with $\theta_1 = 1$ in a Holocene-scale simulation with 10,000 years, varying true ω between 0.01 and 0.2 (values comparable to empirical estimates). In a second scenario, tailored to the past 200 years to capture sedimentation conditions at Po and Isonzo prodeltas, the abrupt increase in size from $\theta_1 = 1$ (2.7 mm) to $\theta_2 = 2$ (7.4 mm) occurs in 1950 and the true ω of non-averaged time series is set to 0.01. In this Anthropocene simulation, we assess what eco-evolutionary size models are best supported as time averaging increases. In both scenarios, we sample 50 individuals in each of the thirty increments (comparable to the number of increments and sample sizes in 1.5 m-long cores), and fit time-averaged time series

with the same methods as empirical time series. We repeat simulations 1,000 times, estimate means of ω in Holocene-scale simulations, and compute model-specific Akaike weights in Anthropocene simulations, with 95% confidence intervals.

3. Results

(a) Size shift in the northern Adriatic Sea

The size structure of *C. gibba* in Anthropocene assemblages (figure 1B) does not overlap with TST (10-7 kyr ago) and HST (~7 kyr ago up to the 19th century) assemblages in principal coordinate analysis (figure 1B, table S5-S6), and 50% of Anthropocene assemblages are farther from the Holocene centroid in terms of the Frechet distances than 97.5% of Holocene assemblages (figure 2A). TST and HST increments do not differ in size structure and are both characterized by right-skewed, thin-tailed distributions dominated by individuals < 5 mm (black histograms in figure 1A). Anthropocene assemblages (white histograms in figure 1A) from high-sedimentation sites (>0.2 cm/y) with centennial to decadal IQR at the Po and Isonzo prodeltas are characterized by bimodal distributions with abundant large individuals (> 10 mm). Low-sedimentation sites with millennial IQR generated by mixing of Anthropocene and HST assemblages in top-core increments are characterized by heavy-tailed distributions, with individuals > 5 mm being moderately frequent (figure 1A). The shift between the TST and HST assemblages on one hand and Anthropocene assemblages on the other hand is driven by the appearance of individuals > 10 mm. The mean and the 95th percentile log-length of *C. gibba* in death assemblages correlate positively with the 1970-2010 measurements of yearly frequency of seasonal hypoxia at 16 sites (Spearman $r = 0.91$, $p = 0.005$) and the 95th percentile log-length (Spearman $r = 0.82$, $p < 0.0001$). The 95th percentile log-length increases abruptly at 10% probability of yearly hypoxia (figure 2B), suggesting that the switch from the right-skewed to bimodal state occurs at low frequency of hypoxia.

(b) Compositional shift in the northern Adriatic Sea

The size shift coincides with a shift in the molluscan composition. The Bray-Curtis distances show that 82% of Anthropocene living assemblages are further from the Holocene centroid than 97.5% of individual Holocene assemblages (figure 2B). The HolocenIts abundance increases from ~20-30% (95% confidence intervals on the median value) in TST and HST increments to 50-60% in time-averaged death assemblages and to 63-75% in Anthropocene non-averaged living assemblages (figure 2C). The increase in abundance of *C. gibba* is compensated by the decline in abundance of commensals, predators and scavengers (figure S7). Principal coordinate analyses and PERMANOVA show that the overlap between Anthropocene living and death assemblages on one hand and Holocene assemblages on the other hand is negligible (figure 2E, table S5).

(c) Chronological and stratigraphic record of size shifts

Threshold regressions and model fitting show that chronological records in size at Po are best explained by an abrupt punctuational increase in the mean log-length (from $\theta_1 = 1.07$ to $\theta_2 = 1.53$, with $\omega = 0.007$) and in the 95th percentile log-length (from $\theta_1 = 1.6$ to $\theta_2 = 2.3$, with $\omega = 0.022$) that occurred within a single decade at ~1950 (figure 3A, 4A). This shift separates populations exhibiting stasis prior to (right-skewed distributions) and after 1950 (bimodal distributions). Stratigraphic records at sites with high sedimentation (> 0.2 cm/y) at Po and Isonzo also support a single abrupt shift both in the mean and the 95th percentile log-length (in the mid-20th century at 80-110 cm at Po and in the late 19th century at 30-35 cm at Isonzo, figure 3B, 4B). These shifts are best explained by the punctuation between two stasis segments or by the shift from stasis to random walk (figure 3B), and thus capture similar dynamics as the chronological records. In contrast, stratigraphic records at sites with slow

289 sedimentation (~0.01 cm/y) either detect a size decline between the TST and HST units or do
290 not show any shifts, and estimates of ω are smaller than at Po and Isonzo (figure 4C).
291 Although the signature of the size increase in the 20th century is lost at these sites, TST and
292 HST assemblages are consistently dominated by small-size individuals whereas the top-core
293 mixtures of highstand and Anthropocene shells averaged to millennia are heavy-tailed and
294 thus still detect the signature of the 20th century size increase (figure 1B). These heavy-tailed
295 assemblages become bimodal when old shells without the surficial periostracum layer are
296 excluded (figure S2-S3). Therefore, body size shifts during the Holocene until the 20th century
297 are of smaller magnitude than the size increase observed in the 20th century.
298 Although the Po and Isonzo records with the upcore transition from centennial to
299 decadal averaging in the 20th century deposits capture the abrupt increase in size relatively
300 well, size changes within HST increments at sites with millennial averaging are very muted
301 and support a single stasis model (figure 4A-B). This difference in the stratigraphic
302 expression of size pattern is confirmed by simulations of abrupt size-increase in 1950, which
303 predict that the punctuation is preserved when the magnitude of time averaging does not
304 exceed ~20-50 years (figure 4D-E). The variance (ω) in the mean and in the 95th percentile
305 log-length declines by two orders of magnitude with time averaging increasing from decadal
306 to millennial values, both in the empirical and simulated stratigraphic records (figure 4C, FF).
307 This effect pulls the size trajectory in the stratigraphic record towards stronger stasis and
308 towards very small ω at sites with slow sedimentation. The pull by time averaging is avoided
309 at Po and Isonzo because punctuations at these sites coincide with the upcore decline in time
310 averaging from 30 to ~15 years at Po and from 75 to ~10-20 years at Isonzo (figure 2). The
311 stratigraphic records at the Po and Isonzo prodeltas thus distinctly preserve the 20th century
312 shift (under high or moderate sediment accumulation rates) because IQRs of the late 20th
313 century assemblages are low. Under higher depth and rate of bioturbation that characterized

these environments prior to 1950s, multi-decadal time averaging strongly mutes the stratigraphic signal in size patterns even under relatively high sedimentation rates (figure 4D-E).

4. Discussion

The abrupt increase in size of *C. gibba* detected in the stratigraphic records from the Po and Isonzo prodeltas and the observation that large individuals are invariably rare in the pre-Anthropocene assemblages at sites with slow sedimentation demonstrate that the shift in maximum shell size from 5 to 10-15 mm occurred in the whole northern Adriatic Sea (figures 1A, 2A). The comparison of the Holocene with the late 20th century assemblages demonstrates that this change reflects community-wide shift because it was associated with a shift in genus-level molluscan composition (figure 2B), characterized by an increase in the dominance of *C. gibba* (figure 2C). Although *C. gibba* was a persistent subset of molluscan communities during the Holocene (49-50), it became dominant relative to other molluscan species in the 20th century. The bimodality of abundances prior to and after the transition in the 20th century (figure 2C) is a diagnostic attribute of abrupt ecological transitions (51). The intermediate position of Anthropocene death assemblages with *C. gibba* located between Holocene assemblages and Anthropocene living assemblages is probably driven by taphonomic inertia (mixing of Anthropocene shells with older shells of other species). Multiple lines of evidence indicate that the regime shift was determined by high frequency of seasonal hypoxia. First, the increase in size and dominance of *C. gibba* coincided with the late 20th century eutrophication that was coupled with an increase in the frequency of hypoxic events (36, 52). Although seasonal hypoxia occasionally affected benthic communities also prior to the 20th century, the recurrence of hypoxic events was less frequent (38). Second, assemblages that remained small-sized in the 20th century were located above the seasonal

thermocline at Isonzo prodelta and in the Gulf of Venice, and thus, were not affected by seasonal hypoxia. Third, both size indices increase with the relative frequency of seasonal hypoxia at 16 sites (figure 2B), and the abrupt increase in the 95th percentile log-length indicates that the shift between the two states follows a threshold-type dynamic and can already occur if seasonal hypoxia occurs in one year per decade. *C. gibba* was observed to grow rapidly to > 11 mm over two years in the aftermath of seasonal anoxia (53). Direct biological observations showed that seasonal mass mortalities in the Adriatic Sea negatively affected predators and substrate-destabilizing burrowers, including burrowing shrimps, echinoids, holothurians, predatory asteroids and muricid gastropods (54), in contrast to hypoxia-tolerant *C. gibba* (55-56). The recovery of these taxa in the wake of hypoxic events is delayed and occurs over several years (57), allowing *Corbula* dominance also in years without seasonal hypoxic events. The size and dominance increase following the shift to higher frequency might be hypothesized to be driven by the predatory and competitive release and by high tolerance of *C. gibba* to seasonal hypoxia (58). This release hypothesis is congruent with the decline in abundance of predatory gastropods observed here and with the 20th century decline in the depth of the surface mixed layer declined from several decimeters documented at Po and Isonzo prodeltas on the basis of higher preservation of flood layers, reduced mottling, and reduced time averaging (36).

Although low sedimentation rates that lead to multi-decadal or millennial time averaging will strongly reduce temporal variance in body size and will bias abrupt shifts towards gradual trends, relatively high sedimentation rates (> 0.2 cm/y) are also not sufficient for the preservation of high-resolution ecological dynamic in the fossil record if associated with bioturbation. However, the temporal association of the size and compositional changes in the molluscan community with the declining bioturbation indicates a common cause behind the regime shift and its preservation potential in the fossil record. We thus posit that the

preservation of abrupt regime shifts in the stratigraphic record is triggered by the pervasive ecosystem change of sufficient, decadal-scale duration that is associated with the decline in bioturbational mixing, especially in settings with high to moderate net accumulation rates and without long hiatuses. The Anthropocene regime shifts in the nature of macrobenthic communities in the northern Adriatic Sea are not only unprecedented relative to the Holocene history but are also sufficiently strong and temporally persistent so that they have the potential to be distinctly preserved in the stratigraphic record, paralleling Anthropocene shifts in geochemical and microbiotic proxies documented in marginal marine environments (59-60). We suggest that differences in the intensity of bioturbation between extinction regimes with limited bioturbation and background regimes with intense bioturbation can generate a dichotomy in the resolution of the marine fossil record on continental shelves. On one hand, the majority of the fossil record that formed in shelf ecosystems with intense bioturbation throughout most of the Holocene is probably averaged to centuries or millennia (61) and rich in gaps (62). On the other hand, the window for preservation of highly-resolved ecological dynamic on marine shelves probably opens in the aftermath of anthropogenic regime shifts on the present-day shelves and was probably open in the wake of major ecosystem perturbations in the past (63). The window for preservation is not equivalent to anoxic conditions that simply exclude burrowers but is rather determined by the recovery dynamic of burrowers in the aftermath of disturbances, e.g., by time to habitat recolonization from regions not affected by extinctions, by incumbency and by source-sink effects at ecological scales, or by time to speciation at evolutionary time scales.

Data access and availability

Original size data will be uploaded to Data Dryad.

Author contributions:

A.T. and M.Z. designed the research, P.G.A., T.F., I.G., A.H., M.K., R.N., V.N. and D.S. collected the data, A.T. compiled and analyzed the data, and all authors discussed the results and contributed to the writing of the manuscript.

Competing interests. We declare we have no competing interests.

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Electronic Supplementary Material includes details on data, methods, tables and figures.

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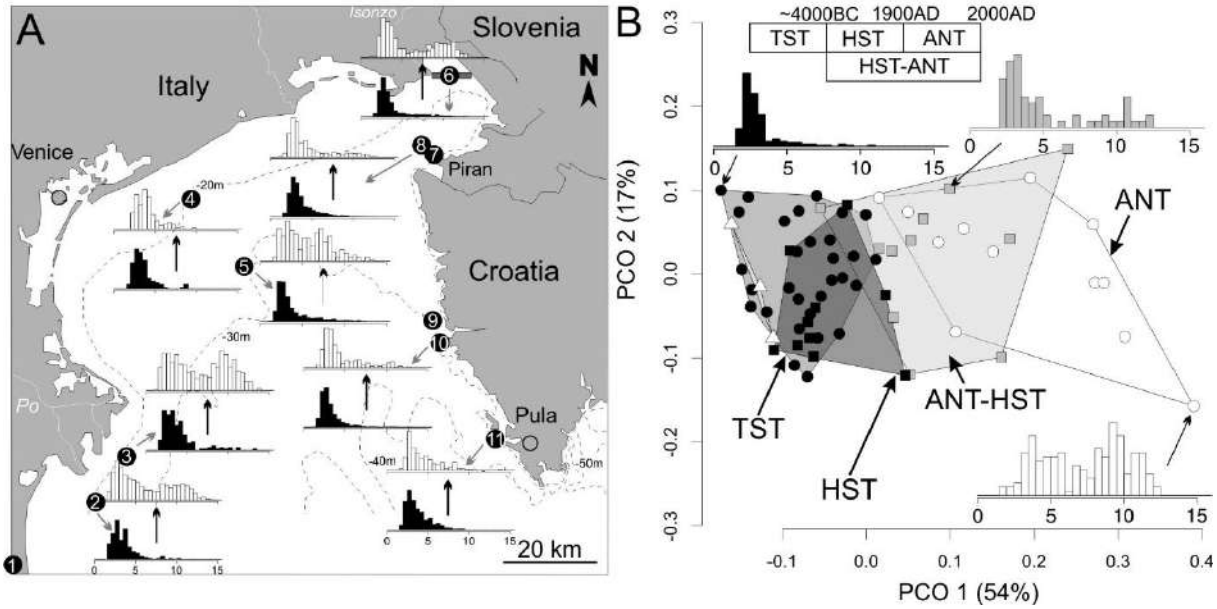
552 **Figure Legends**



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554 **Figure 1.** Size distributions of *C. gibba* in Holocene (TST and HST) and Anthropocene (20th
555 century) death assemblages in the northern Adriatic Sea (with the exception of three
556 Anthropocene sites from < 10 m depth, all sites are > 10 m deep). A. Holocene-Anthropocene
557 site pairs based on eight sites show that right-skewed and thin-tailed HST assemblages (black)
558 are replaced by bimodal (under low time averaging) or heavy-tailed (under high averaging)
559 Anthropocene assemblages (white). The labels summarize all stations analyzed in this study:
560 1 – Po Plain core S10, 2 – Po 4, 3 – Po 3, 4 – Venice, 5 – Station D in the Gulf of Venice, 6 –
561 Bay of Panzano transect, 7 – Piran 1, 8 – Piran 2, 9-10 – Rovinj 120 and 38, 11 – Brijuni. The
562 shift at sites with high time averaging (sites 5 and 10) is based on shells with (white) and
563 without (black) periostracum. B. The size structure of *C. gibba* differs between Holocene
564 (TST and HST) and Anthropocene (ANT) assemblages (at sites > 10 m water depth, white
565 circles) in principal coordinate analysis based on 10-30 cm-thick increments. The highstand-
566 Anthropocene (ANT-HST) assemblages at sites with high time averaging (> 10 m water
567 depth) are based on shells with periostracum (gray squares). Three Anthropocene assemblages
568 at < 10 m water depth are represented by white triangles.

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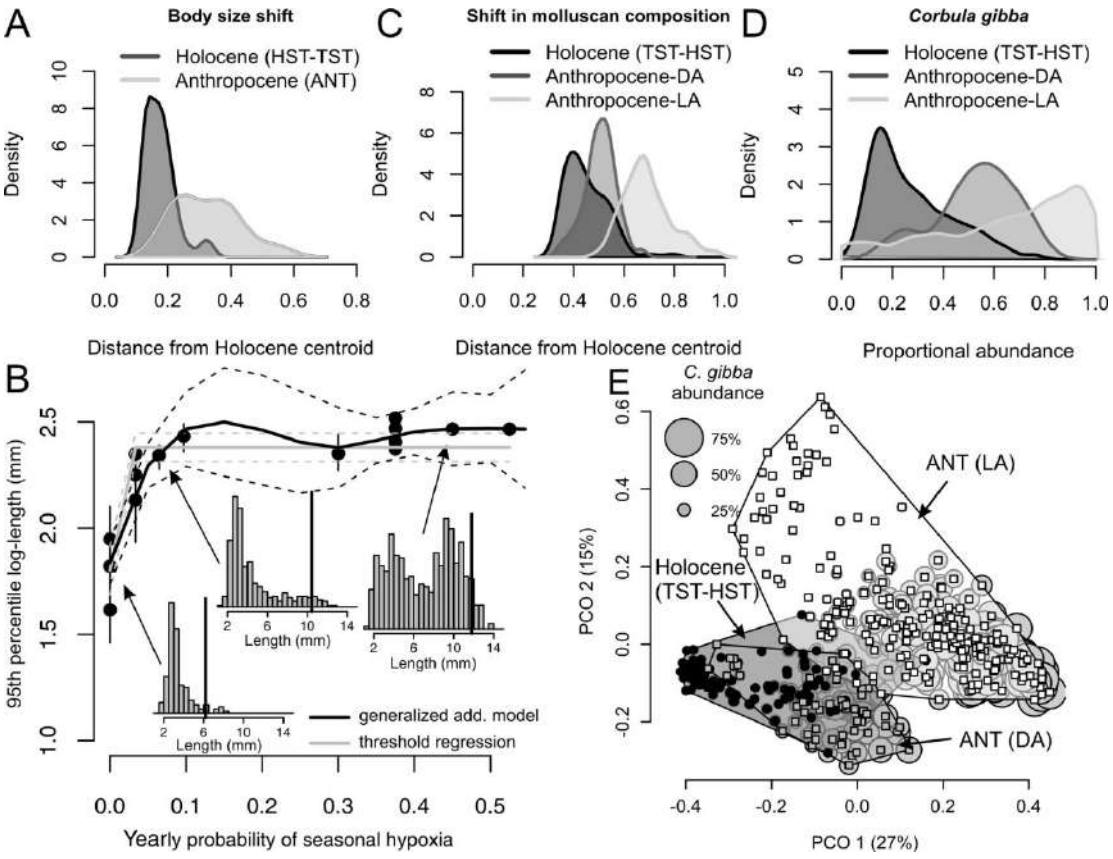


Figure 2. The size and compositional regime shift between Holocene and Anthropocene assemblages and the effect of oxygen concentrations on shell size of *C. gibba*. A. Overlap in size structure between Holocene and Anthropocene assemblages: density kernels show that the Frechet distances from the Holocene centroid to Anthropocene assemblages (light gray) exceed those between Holocene assemblages and the Holocene centroid (dark gray). B. The nonlinear increase in the 95th percentile log-length of *C. gibba* in death assemblages (based on specimens with periostracum only) to the yearly frequency of seasonal hypoxia (based on data measured in 1970-2010) can occur if a seasonal hypoxic event occurs at least once during ten years. C. Compositional overlap between Holocene and Anthropocene assemblages: density kernels show that the Bray-Curtis distances from the Holocene centroid to Anthropocene (ANT) living assemblages (LA, light gray) are larger than those among the Holocene assemblages (dim gray). Anthropocene death assemblages (DA, dark gray) have intermediate position. D. The bimodal distribution of *C. gibba* abundance, with <20% in HST assemblages, 60% in Anthropocene death assemblages, >80% in living assemblages. E. Genus-level compositional separation between Holocene (TST and HST), Anthropocene death assemblages, and Anthropocene living assemblages in principal coordinate analysis. The size of the bubble plots is scaled to abundance of *C. gibba*.

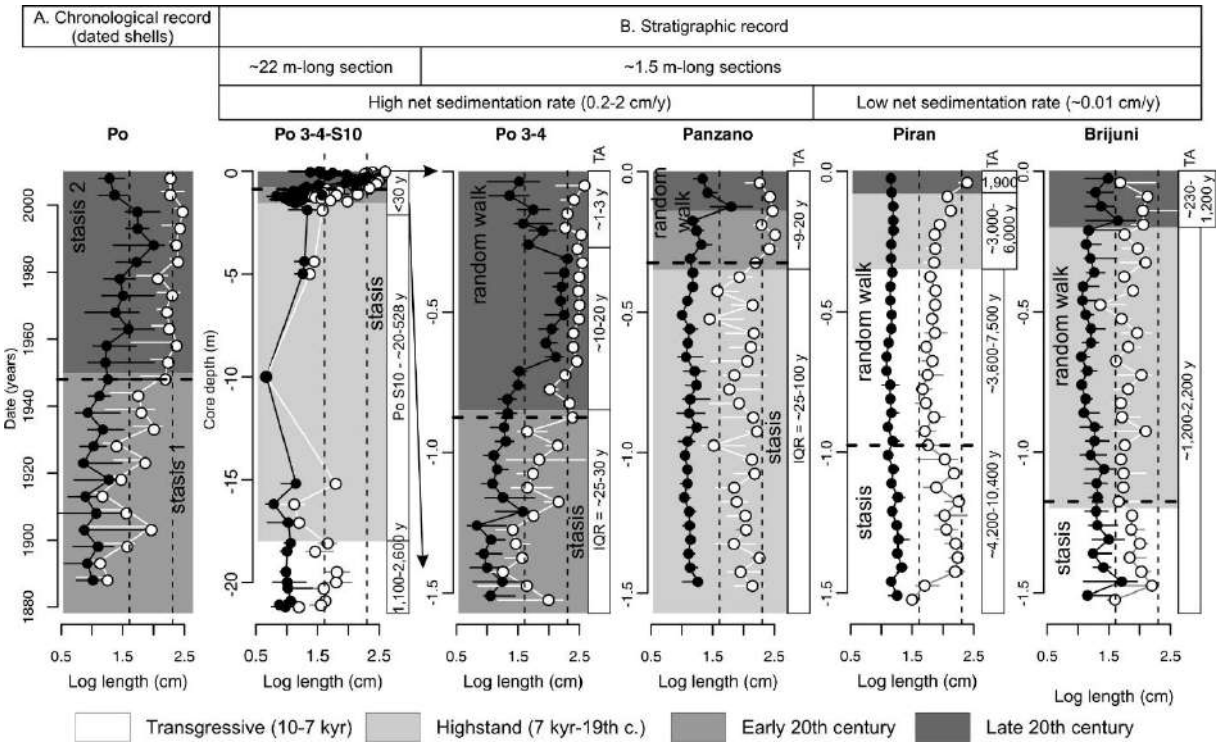


Figure 3. Chronological and stratigraphic records in the mean (black points) and the 95th percentile log-length (white points) of *Corbula gibba* and the corresponding likelihood models for temporal changes in the 95th percentile log-length. The punctuational shift in shell size in the chronological record either translates to stratigraphic punctuation at sites with relatively high sedimentation (at Po and Isonzo with reduced bioturbation) or to strongly muted stratigraphic records at sites with very slow sedimentation (at Piran and Brijuni). The chronological record is based on dated shells partitioned into 5-year cohorts at Po (A). The stratigraphic records are based on 5-10 cm-thick increments at five sites (B). The 1.5 m-long core capturing the last ~150 years (Po 3 and Po 4) is shown separately and together with the S10 core, which extends the record to the onset of the Holocene transgression. Thin vertical dashed lines demarcate the length at 5 and 10 mm. Error bars refer to 95% bootstrapped confidence intervals. Time averaging (TA) refers to the interquartile age range in years.

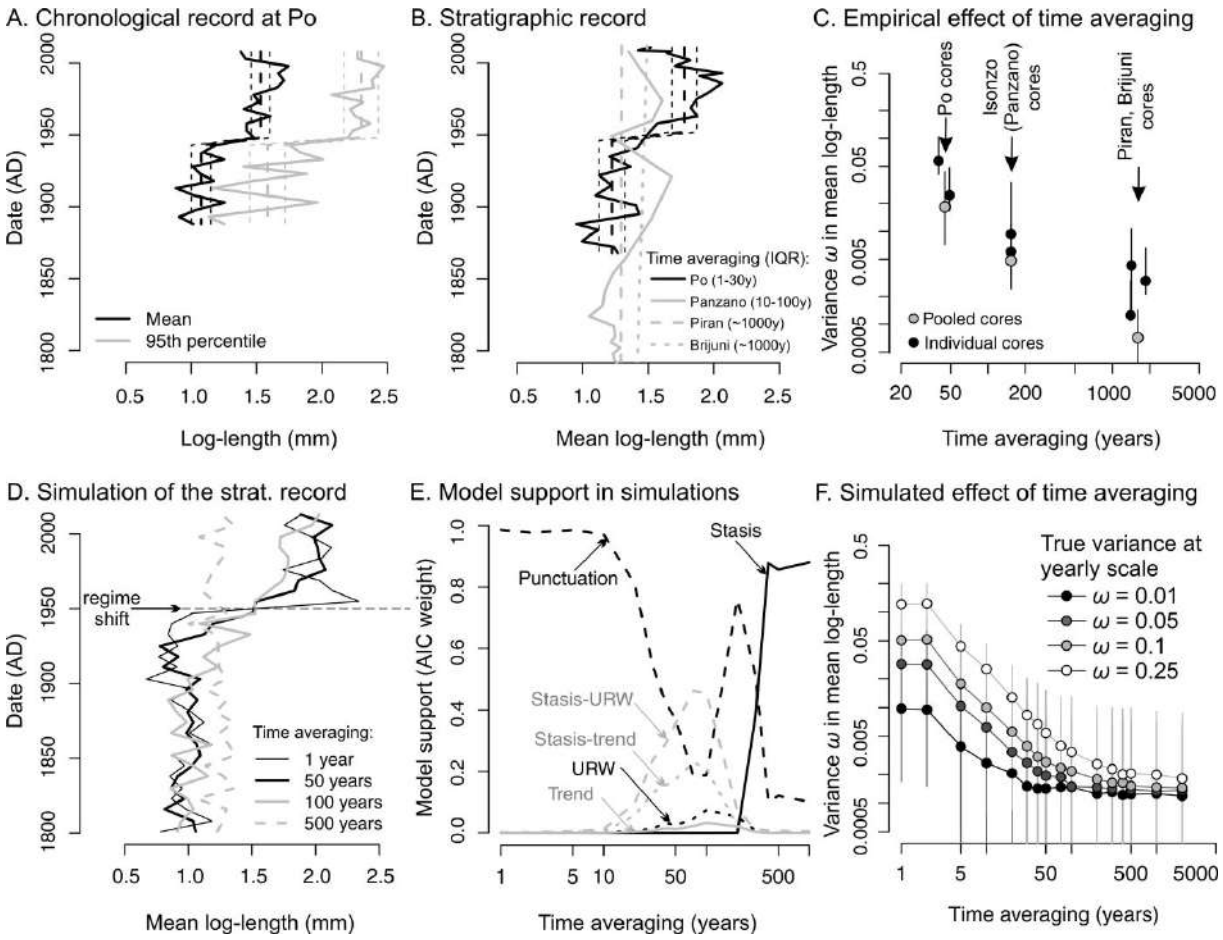
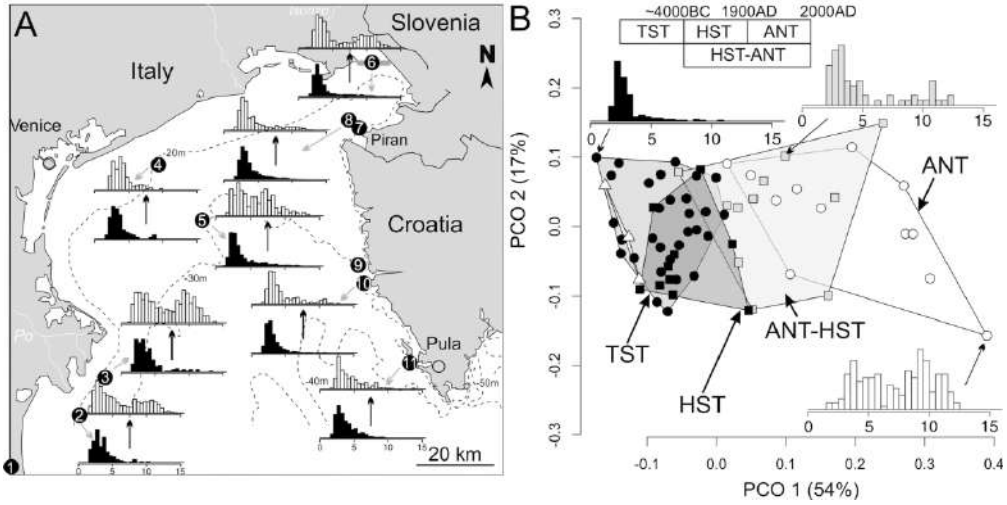


Figure 4. The sensitivity of size shifts to empirical and simulated time averaging. A. The chronological record demonstrates a punctuation in the mean and 95th percentile log-length at Po in the middle of the 20th century. B. The stratigraphic records in the mean log-length at four sites differing in time averaging (IQR in brackets). The black dashed line in A-B is the fit for the Po prodelta based on the threshold regression. C. The negative relationship between time averaging and the variance in mean log-length (ω) observed in the HST increments. ω (with 95% confidence intervals) was estimated at seven sites (two cores at Po, Isonzo, Piran, and one core at Brijuni) and in three pooled cores (Po, Isonzo, Piran). D. Stratigraphic records of the regime shift in the mean log-length occurring in 1950 AD simulated with four levels of time averaging. The thin solid black line refers to one example of non-averaged trajectory (1 year) and the thick solid black lines refer to time-averaged trajectories. E. Based on D, the punctuation is supported at decadal averaging, random-walks and directional trends at 50-200 years, and stasis at > 200 years. F. The negative relationship between time averaging and ω predicted in Holocene-scale simulations.



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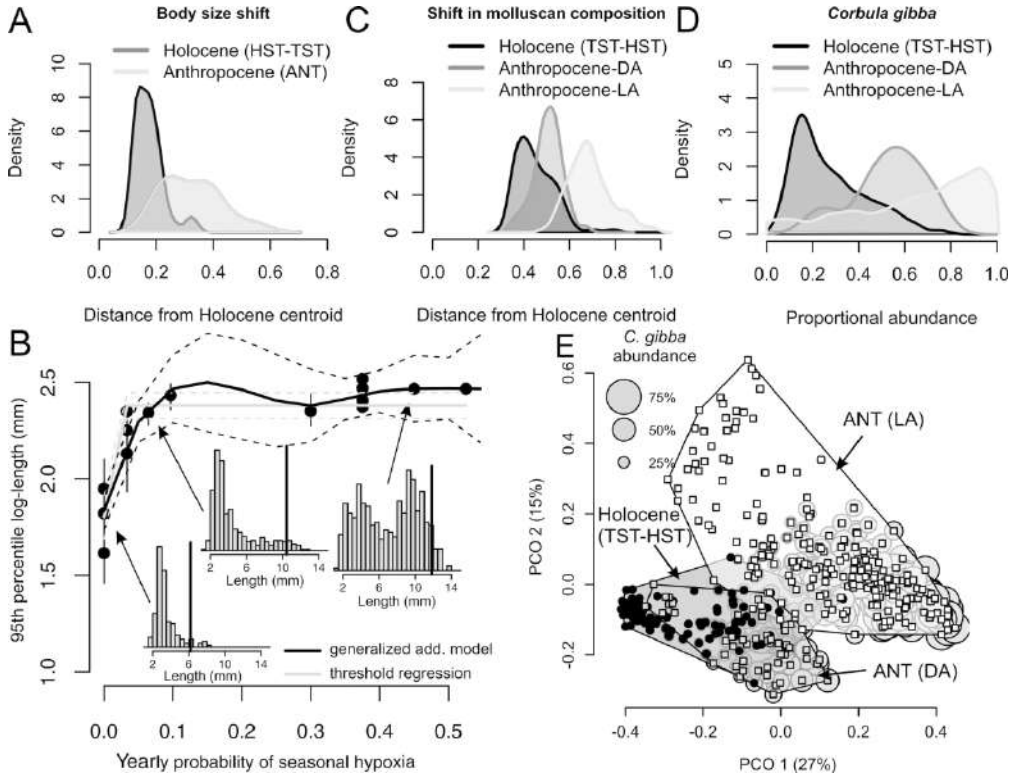

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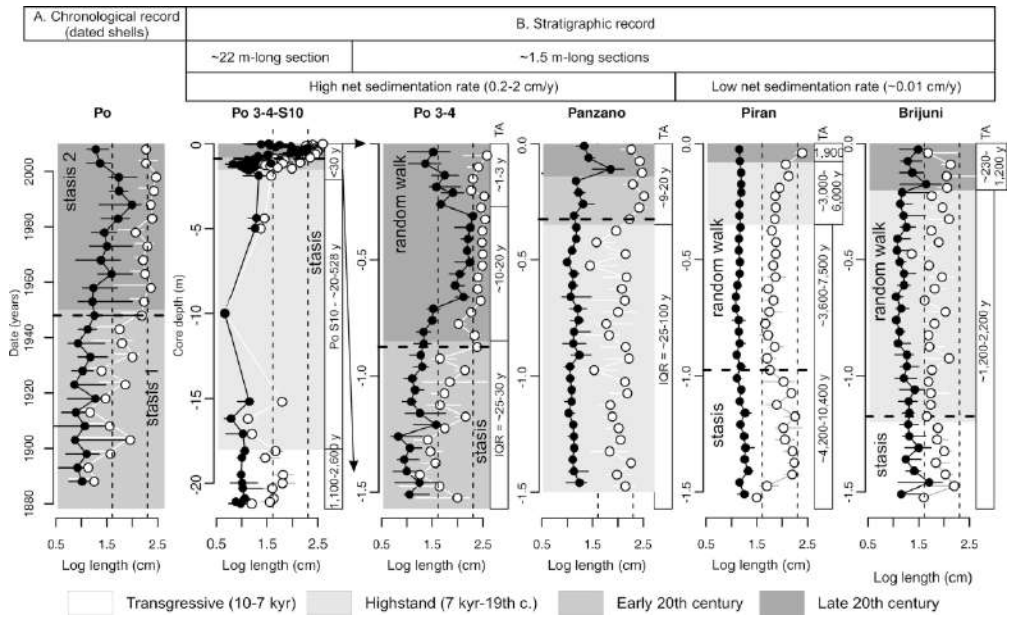

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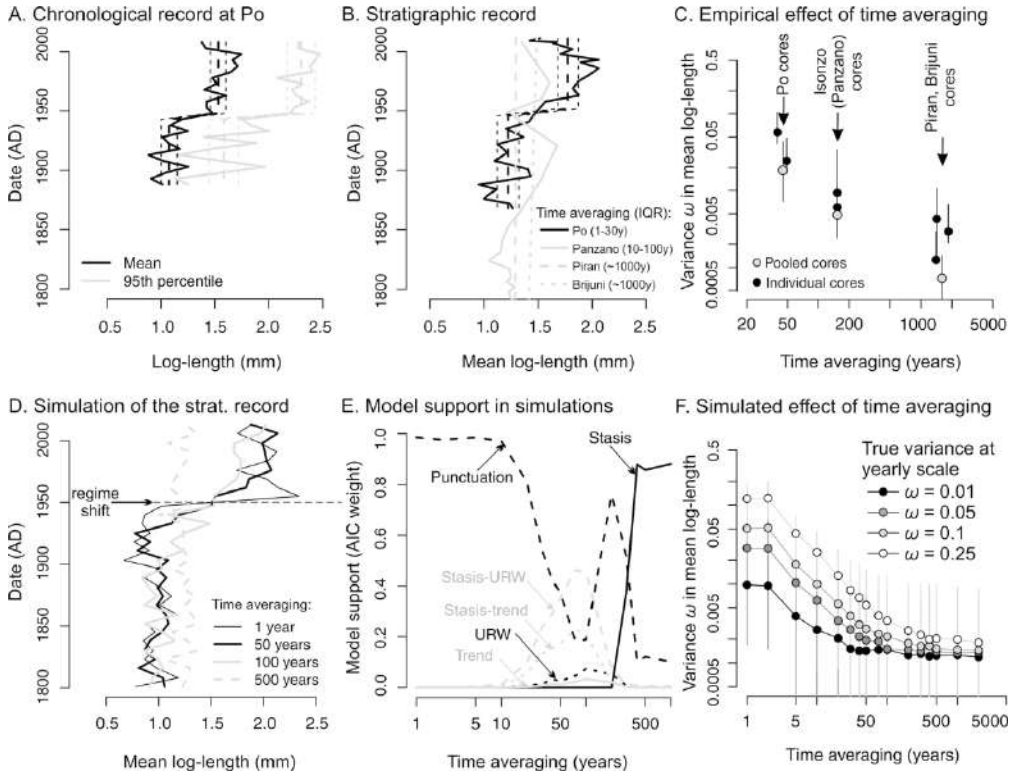

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