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Antibacterial and antioxidant activities for natural and synthetic dual-active compounds

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A B S T R A C T

Antimicrobial resistance is widely recognized as a grave threat to global health in the 21st century, since the past decades have seen a dramatic increase in human-pathogenic bacteria that are resistant to one or multiple antibiotics. New antimicrobial agents are urgently required, particularly in the treatment of chronic infections such as cystic fibrosis, often associated with persistent colonization by drug-resistant pathogens and epithelial damage by pulmonary oxidative stress. In such events, it would be favourable to find agents that could have antioxidant and antibacterial activities combined in one molecule. The discovery of compounds that can show a dual-target activity considerably increased in the last years, reflecting the growing confidence that this new approach could lead to better therapeutic solutions for complex multigenic diseases. The aim of this review is to report those natural and synthetic compounds displaying significant antioxidant and antibacterial activities. In recent years there has been a growing attention on plant-derived antimicrobials as an alternative to antibiotics, for their efficacy and low tendency in developing bacterial resistance. Moreover, it was found that some natural products could enhance the activity of common antibiotics displaying a synergistic effect. We then report some selected synthetic compounds with an in-built capacity to act on two targets or with the combination in a single structure of two pharmacophores with antioxidant and antibacterial activities. Recent literature instances were screened and the most promising examples of dual-active antibacterial-antioxidant molecules were highlighted.

Keywords:

Antimicrobial resistance
Antibacterial
Antioxidant
Natural products
Polyphenols
Lactams
Dual target compounds
Multigenic diseases

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1. Introduction

Over the last 20 years, the phenomenon of antibacterial resistance has been raising dangerous levels in all parts of the world. Whereas antibiotic resistance was once largely confined to hospitals and long-term care facilities, it has now emerged in community settings and represents one of the most pressing global public health concerns. New resistance mechanisms are emerging and spreading globally, threatening our ability to treat common infectious diseases. In extreme cases, multidrug-resistant bacteria are no longer susceptible to any of the licensed antibacterial agents and we are going to move toward a “post-antibiotic” era in which common infections and minor injuries cannot be healed. The World Health Organization (WHO) has identified antimicrobial resistance as one of the greatest threats to human health and has adopted a global action plan [1] that outlines specific objectives: to increase the awareness of the problem with effective communication and education; to strengthen the knowledge on the mechanisms and on the spread of resistance; to decrease the incidence of infections; and to optimize the use of antimicrobial agents, with particular attention being given to increasing investments in the development of new antimicrobial agents. The European Commission adopted in 2017 a dedicated action plan against antimicrobial resistance (AMR) [2]. This action boosted research, development and innovation which should provide novel solutions and tools to prevent and treat infectious diseases, improve diagnosis, and control the spread of AMR. The proposed AMR research strategy covers the full “One Health” spectrum, addressing human and animal health as well as the role of the environment and taking into account the priorities set out in the above mentioned WHO global action plan on AMR [1].

It was reported that oxidative stress could contribute to the selection of resistant bacterial strains since reactive oxygen species (ROS) revealed to be an essential driving force [3–5]. The involvement of oxidative stress in the mechanism of antibiotic-mediated cell death is unclear and subject to debate [6]. It has been shown that under aerobic conditions bactericidal antibiotics with specific targets in bacterial cells stimulate the production of harmful reactive oxygen species (ROS), which contribute to killing by these drugs [7,8]. On the contrary, several research groups provided convincing arguments against the ROS-mediated killing of bacteria by antibiotics [9,10]. With regard to antibiotic-induced ROS formation and its role in bacterial resistance, a number of studies have attempted to resolve the role of ROS and oxidative stress response in cell killing following drug treatments [11]. One of bacteria survival strategies is the ability to form biofilms and thus sessile biofilm communities. It was recently reported that oxidative stress could contribute to the phenomenon of pro-biofilm variants selection and H₂O₂-resistance since ROS revealed to be an essential driving force for the selection of variants of *Pseudomonas aeruginosa* strains [4]. This evidence was also recently confirmed by clinical evaluations in patients affected by diabetes and/or related cardiovascular diseases, becoming more susceptible to bacterial infections (nosocomial infections and infections related to specific diseases) and less reactive to pharmacological treatments [3].

Oxidative stress is generally considered the starting point for the onset of several diseases (i.e. tissues chronic inflammation, cancer) [12] and undoubtedly one of the major pathophysiological hallmarks of severe obstructive lung diseases, including chronic obstructive pulmonary disease and cystic fibrosis (CF) [13]. In CF, a severe genetic disease, the presence of oxidative stress is due to an increased production of ROS and to an impaired antioxidant status [14] that particularly arise during chronic pulmonary infections. Lungs in CF patients are exposed to a vicious cycle of infection, inflammation, and obstruction. Interrupting this cycle with innovative agents might slow the disease progression, improve the quality of life, and could delay respiratory failure.

The above-described phenomena point to the need for new therapeutic strategies in targeting anti-oxidant pathways together with new antibacterial agents able to fight chronic infections caused by multidrug resistant bacterial strains, and dual-target molecules could give a successful answer.

Bacterial contaminations or detrimental oxidative effects are critical issues also for materials and aqueous solutions in several fields (i.e. medical, food, cosmetics) and represent an important task for public health conservation. Today, additives and preventive measures of hygiene have been adopted to fight against pathogenic bacteria, but the development of antimicrobial compounds that can selectively act as food preservatives without increasing AMR should be of the utmost importance [15]. Apart from bacterial deterioration, the oxidation of fatty acids by radical species is one of the most important factors leading to food degeneration. The demand of new antioxidant agents has been increasing because of the long-term safety and a negative consumer perception of synthetic antioxidants as butylhydroxyanisole, BHA, and butylhydroxytoluene, BHT, which showed toxic and carcinogenic side effects in animal models [16]. The discovery of compounds that can have both antimicrobial and antioxidant activities with no toxic effects on health is therefore highly awaited.

2. Natural products with dual antibacterial and antioxidant activities

Natural products have been playing an important role in drug discovery, even in the area of infectious diseases [17]. Natural antimicrobial agents can be obtained from different sources including plants, animals, bacteria, algae, and fungi, but there has been an increased interest in plant-derived antimicrobials as an alternative to the common antibiotics [18,19]. In addition to their efficacy, a significant advantage would be that bacteria should be less prone to develop resistance because natural compounds could be able to concurrently address more than one bacterial target. Moreover, certain plant-derived antimicrobials are labeled as “Generally Recognized as Safe” (GRAS), with a “greener” image that would be more acceptable to consumers [20]. All these factors suggest that plant-based antimicrobials could have a significant value in healthcare and market since they match the increasing demand for greener products by consumers, thus supporting the value of the research of new potential biopharmaceutical products [21]. However, there has been limited research related to the

structure-activity relationships (SAR) for these plant-derived compounds, and the importance of the chemical composition of plant extracts related to the antimicrobial activity is still not well understood [22].

An important property of some natural products is to increase the efficacy of common antibiotics in several ways, such as on enhancing the membrane permeability, on inhibiting the synthesis of enzymes, or on blocking biochemical reactions. However, the synergistic effect of these combinations in comparison with standard drugs alone has not been yet evaluated by clinical studies. There are many examples of mono- and multi-extract combinations which exhibit synergistic effect based on multi-target mechanisms of action [23]. Moreover, the potentiating capacity of natural products on the anti-biofilm effect of antimicrobial compounds opens the possibility for a combined antimicrobial therapy [24]. Thus, the search for substances of natural origin for the development of new antibacterial drugs remains an important strategy in the fight against bacterial resistance [25].

In this section, we reviewed those natural molecules that have both antioxidant and antibacterial activities with significant potencies, whereas complex natural extracts were not covered. Compounds acting as enhancers of the effect of classical antibiotics, or as disrupters of bacterial biofilm were also considered and particular attention has been paid to recent literature.

2.1. Polyphenolic compounds

Plants produce a vast repertoire of secondary metabolites such as essential oils, alkaloids, terpenoids, phenolics and peptides in their normal metabolic pathways. These metabolites play a major role in protecting plants from microbial infections, pests, and UV radiations while attracting pollinators and dispersing seeds-animals.

Antimicrobial properties of some essential oils (EOs) are well known and are mainly attributed to the presence of terpenes, terpenoids, and aromatic compounds [26,27]. On the other hand, several essential oils also display good antioxidant properties which play a pivotal role in their biological activities [28]. The complex bioactive composition of essential oils interacts with multiple bacterial cellular targets instead of displaying a particular single mode of action, thus inhibiting pathogens from acquiring resistance [29].

Essential oils are complex volatile mixtures which consist of about 20–60 compounds in various concentrations where two or three major components are present at relatively high concentrations (20–70%) compared to the others. Although the biological properties of EOs are found to be closely related with the major components, essential oils exert greater antibacterial activity compared to the major components alone. It was supposed that the function of the main compounds might be regulated by other minor ones which could have a potentiating synergistic effect [30].

Among several plant-derived substances, polyphenolic compounds have great structural diversity and variations in chemical composition, and thus differ in their antibacterial effectiveness against pathogenic microorganisms [31]. The most widely occurring plant phenolic compounds include phenolic acids, flavonoids, tannins, lignans, and terpenes [32].

Bioactive monoterpenes, such as thymol and carvacrol, found mainly in thyme and oregano essential oil, and phenylpropanoids such as eugenol found mainly in clove essential oil, indicated substantial antimicrobial activities against both Gram-positive and Gram-negative bacteria (Fig. 1). Lambert and colleagues [33] reported that carvacrol and thymol possess the ability to disintegrate the outer membrane of Gram-negative bacteria and to disrupt the cell membrane of Gram-positive bacteria, thus counteracting the

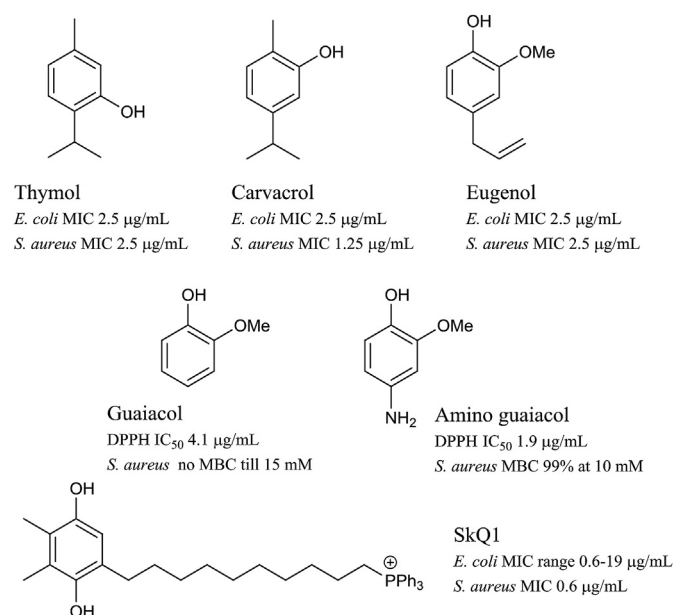


Fig. 1. Selected examples of natural phenols and a synthetic variant.

‘reduced membrane permeability’ mechanism employed by multidrug-resistant strains. Thymol, carvacrol and eugenol are used as antiseptics in medicine, agriculture, cosmetics and in the food industry. Using simple synthetic approaches, a variety of biologically active derivatives of thymol, carvacrol and eugenol was recently discussed with respect to their biological activities especially as antibacterial [34] and antioxidant agents [35]. As a general observation, for most of the plant-derived phenolics and flavonoids the antibacterial potency could be in some cases considered modest (MIC values of 100–1000 µg/mL in susceptibility tests against bacteria) compared to that exhibited by the commonly used antimicrobial drugs which are more than hundred-folds stronger, with MIC in the range of 0.01–10 µg/mL.

Martins et al. [36] provided a critical review on some aspects related with the *in vivo* antioxidant activity of phenolic extracts and plant-derived compounds, because of a poor consideration of biochemical, metabolic and other physiological parameters. Not only natural but also synthetic antioxidants suffer from numerous biochemical reactions along ingestion, digestion and absorption by the organism. For this reason, the effective bioavailability of antioxidants is not clearly defined: while many are ingested on their active form, others need to be metabolized to be biologically active, or could even become inactive. Furthermore, the co-ingestion of other nutrients, endogenous factors, and inter- and intra-individual variations, affect their bioavailability in relation to the ingested dose [37]. This fact explains why some plant species and even some isolated compounds did not evidence *in vitro* positive effects, but a strong antioxidant potential was observed when *in vivo* studies were carried out, and vice versa.

Many comparative studies reported that phenolic compounds have very interesting biological properties and are very active molecules compared to other natural products, but on the other hand they could display some drawbacks such as possible allergic issues and a likely hydrophobic character [38]. An alternative could be the incorporation of active phenols within a polymeric structure, in many cases polysaccharides since they are natural, biocompatible, and biodegradable [39]. Moreover, these natural polymers present interesting viscosity and/or gelling properties with several possible applications also in food and cosmetic

industries. As an example, Liu et al. [40] synthesized a polymer using an acrylamide monomer derived from the natural compound guaiacol which possesses interesting antibacterial, antifungal, and antioxidant properties (Fig. 1). The new polymers were highly effective against the adhesion of bacteria and prevented the formation of biofilm in strains of *Bacillus subtilis*. As a recent example, aminoguaiacol was chemically grafted onto the polysaccharide carboxymethyl pullulan, and antibacterial and antioxidant tests indicated that the new polymer was an active system with combined properties: against *S. aureus* displayed 93% growth inhibition at 25 g/L of polymer; scavenging activity against DPPH radical was found 13–179 µg/mL (IC₅₀ range) [41].

Compound SkQ1 is an interesting synthetic polyphenol which combines a 1,4-dihydroxybenzene with a triphenylphosphonium cationic head able to target mitochondria (Fig. 1). It was initially studied to release kidney damages in bacterial pyelonephritis by reducing mitochondrial ROS [42]. Plotnikov et al. showed that SkQ1 has a higher antioxidant potency than Trolox (a water-soluble analog of Vitamin E commonly used as reference standard for antioxidant potency measurements). In the context of acute infections, a therapeutic potential of SkQ1 as a mitochondrial antioxidant was then suggested. More recently, SkQ1 was also recognized as an effective antibacterial agent against *S. aureus*, *B. subtilis*, *E. coli*, and *Mycobacterium* sp. (see Fig. 1 for selected MIC data) [43]. The mechanism of the bactericidal action of SkQ1 could be ascribed to its ability to decrease the bacterial membrane potential. Considering the association of the antibacterial activity with the antioxidant one, SkQ1 can be really considered a new type of dual-acting “hybrid” antibiotic.

2.2. Vanillin and derivatives

Vanillin (4-hydroxy-3-methoxybenzaldehyde) is a phenolic aldehyde used as flavoring agent in foods (Fig. 2). It accumulates in the pods of the orchid *Vanilla planifolia* as a glycoside, glucovanillin, which is considered an antimicrobial and antioxidant agent. Vanillin itself has a very low antibacterial activity, but some derivatives showed an interesting potency. It was reported that some vanillin-imines (Fig. 2) are active against *E. coli* with MIC 0.28 µg/mL [44]; antioxidant and antimicrobial activities were observed for some vanillin derived piperidin-4-one oxime esters (Fig. 2) and the preponderant effect of the aryl-ester substituents on the biological activity was demonstrated [45]. The antioxidant activity was improved by aryl fragments such as 3,4,5-trihydroxy-phenyl group (DPPH IC₅₀ 10 µM), whereas the best antibacterial activity was reported for 4-F or 4-Cl-phenyl derivatives (inhibition zone 13 mm at 500 µg/mL for *S. aureus*, *E. coli*, and *P. aeruginosa*) [45].

A synergistic effect of vanillin was observed when it was associated with some antibacterial drugs such as gentamicin and imipenem against strains of *S. aureus*, and *E. coli*, but not with norfloxacin, tetracycline, or erythromycin. On the other hand, with

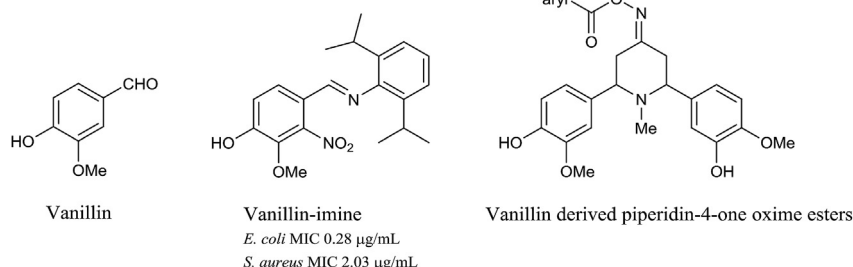


Fig. 2. Vanillin and selected derivatives.

P. aeruginosa the effect was found to be dependent on the drug: the association of vanillin with norfloxacin had a synergistic effect, tetracycline and erythromycin showed an antagonistic effect, whereas the activities of gentamicin and imipenem were not significantly altered by the combination [46].

2.3. Resveratrol

Resveratrol is a naturally occurring phytoalexin belonging to the stilbene family of phenolic compounds, present in over 100 medical and edible plants (Fig. 3). In particular, resveratrol is found in the skin and leaves of grapevine [47]. Phytoalexins are low molecular weight secondary metabolites produced by plants in response to adverse conditions such as biotic stress from bacteria, fungi, viruses, and abiotic stress from chemical treatments [48].

Resveratrol has been gaining considerable attention in the medical field due to its biological activities: it has been reported to exhibit antioxidant, cardioprotective, anti-diabetic, anticancer, and antiaging properties. The antioxidant potency was recently evaluated with different methods [49] and reported as TEAC (Trolox equivalent antioxidant capacity) as depicted in Fig. 3.

Foodborne pathogens have a significant health impact and the emergence of resistant strains due to the excessive use of antibiotics enhances the difficulty in effectively treating infections as a result of contaminated food. Resveratrol exhibits antibacterial activity against different foodborne pathogens including *Staphylococcus aureus*, *Bacillus cereus*, *Bacillus subtilis*, and *Listeria monocytogenes* (Gram-positive), *E. coli*, *Salmonella typhimurium*, *Vibrio cholera*, *Campylobacter jejuni*, *Campylobacter coli*, *Arcobacter butzleri*, and *Arcobacter cryaerophilus* (Gram-negative) [50]. In a study of Ma et al. [50], a better activity of resveratrol against Gram-positive bacteria compared to the Gram-negative was observed: the minimum inhibitory concentration (MIC) against Gram-negative ranged from 0.625 to 521 µg/mL while against Gram-positive bacteria ranged from 16.5 to 260 µg/mL. Paulo et al. [51] proposed that the difference in susceptibilities toward resveratrol might be attributed to the presence of a hydrophilic outer membrane in Gram-negative bacteria which is absent in Gram-positive. The outer membrane may act as a protective layer resisting the diffusion of hydrophobic molecules like resveratrol from penetrating the bacterial cell, thereby reducing the efficacy of the antibacterial action.

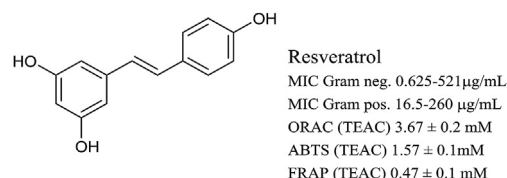


Fig. 3. Resveratrol and selected values of antioxidant and antibacterial activities.

Combinatorial therapy could be a strategy to address the differential susceptibility toward resveratrol as it could potentially enhance the efficacy of antimicrobials, and prevent the emergence of resistant strains. It was reported a synergistic activity of resveratrol and antibiotic drugs showing an improved antibacterial activity compared to the treatment with resveratrol or antibiotics alone [52]. The study revealed a synergism between resveratrol and ciprofloxacin, and an additive effect between resveratrol and cefotaxime against both Gram-negative or Gram-positive bacteria [52].

The exact mechanism of resveratrol activities against bacterial pathogens is still elusive. Nevertheless, several studies have reported some possible mechanisms of action which include DNA damage, cell division impairment, metabolic enzymes inhibition and oxidative membrane damage [53,54], thus strengthening the synergy of the antibacterial with the antioxidant activities. On the contrary, recent results highlighted the importance of possible antagonistic effects by co-administration of resveratrol with antimicrobial agents that have a ROS-mediated action, or in combination with a photodynamic therapy (visible radiation and methylene blue). As an example, it was observed that the antimicrobial potency of therapies with levofloxacin against planktonic *S. aureus* strains are significantly diminished in the presence of resveratrol [55]. It was also examined the possibility that resveratrol could interfere with antimicrobial lethality and the recovery of resistant bacterial mutants [56]. Resveratrol was added to cultures of *Escherichia coli* and *Staphylococcus aureus* that were then treated with antimicrobial as ciprofloxacin, kanamycin, or daptomycin, and assayed for bacterial survival. It was reported that sub-inhibitory concentrations of resveratrol promoted (2- to 6-fold) the recovery of rifampicin-resistant mutants and the suppression of antimicrobial lethality. Zhou et al. reported an enhancement of susceptibility to aminoglycoside antibiotics on recent clinical isolates of *P. aeruginosa* by co-administration of resveratrol [57]. *P. aeruginosa* bacteria cause severe infections with high morbidity and mortality, particularly in CF patients and intensive care unit patients [57]. Such infections are difficult to treat because of high levels of virulence factors and formation of biofilms. It was observed by SEM and fluorescence microscopy that resveratrol could modify the bacterial biofilm structure thus resulting in an increased efficacy in combination with gentamycin and amikacin [57].

Biofilms produced by pathogenic foodborne bacteria can cause serious health risks due to their inherent resistance to antimicrobial agents, to host defenses and external stresses which make them difficult to eradicate. Awareness of this impending risk spurred the search for alternative antimicrobial additives and natural plant-derivatives could be promising candidates because of their good acceptability and likely low toxicity levels since they have long been used in traditional medicines [58]. Differential activities of resveratrol in inhibiting the formation of biofilms and in eradicating the already formed ones were observed against specific foodborne pathogens. Previous works demonstrated that resveratrol appears effective in preventing biofilm diffusion by *S. aureus* [59,60], *L. monocytogenes* [61], *E. coli* O157:H7 [62], *Campylobacter* sp. [63] and *V. cholerae* [64]. Qin et al. [60] demonstrated that resveratrol caused 39.85% inhibition of methicillin-resistant *S. aureus* (MRSA) biofilm formation at 100 µg/mL and 23.42% removal of a preformed biofilm at 150 µg/mL.

2.4. Curcumins

Curcumin is a yellow-orange hydrophobic compound extracted from *Curcuma longa* and widely used by oriental cultures. It displays good tolerability and safety profiles and discloses numerous biological properties [65,66], including anti-inflammatory and

antioxidant activities [67–69] (Fig. 4). Overall curcumin and analogs have long been known to be antimicrobial agents against both Gram-positive and Gram-negative bacteria, and have been used also as a preservative [70,71]. The antimicrobial mechanism of curcumin involves the interaction with the protein FtsZ essential as cell division initiating agent in bacteria [72], and experimental data support that the methoxy- and hydroxyl groups are directly involved in the antimicrobial activity.

Notwithstanding its considerable biological properties, curcumin exhibits a number of drawbacks: low solubility in water and deterioration at neutral to basic pH conditions; moreover, it is also found to be photosensitive and requires careful handling. Several formulation strategies like nanoparticles, liposomes, complexation with phospholipids and cyclodextrins, solid dispersions and nano-formulations are being developed to improve physico-chemical properties of curcumin and its bioavailability [73,74].

Synergistic combinations of curcumin and the aminoglycoside antibiotic Amikacin induced a reduction in microbial aggregates of clinical isolates of *Mycobacterium abscessus* and a substantial loss in cell viability [75]. Moreover, disruption of biofilms was the main detected effect with curcumin thus supporting a previous evidence that curcumin could be a potential breaker of antibiotic resistance.

The design and synthesis of new curcumin derivatives has been growing in recent years, and a series of pyrazole-curcumin bis-acetamides were obtained with good antioxidant, anti-inflammatory, and antibacterial activities [76]. Emam et al. recently reported the synthesis of a novel series of curcuminoid analogs [77] to be evaluated in their antioxidant and antibacterial properties: the majority of the tested compounds showed good inhibitory effects on Gram-positive bacteria (*Bacillus subtilis* and *Staphylococcus aureus*), stronger than those found for Gram-negative pathogens (*Escherichia coli* and *Pseudomonas aeruginosa*), together with a significant antioxidant ability to scavenge free radicals. A promising candidate with a hydrazine-thione moiety is depicted in Fig. 4.

2.5. Hydroxycinnamic acids and chlorogenic acids

Cinnamic acids (CADs) exhibit a wide range of biological activities, such as scavengers of free radicals, antioxidants, protecting agents against ultraviolet radiation, antibacterial and antiviral compounds. Hydroxycinnamic acids and their derivatives are widely distributed in cereals, legumes, oilseeds, fruits, and vegetables. The most common hydroxycinnamic acids include coumaric, caffeic, ferulic, and sinapic acids [78] (Fig. 5). Among others, ferulic acid is particularly abundant in fruits and vegetables and over the past years, several studies have demonstrated its action as a potent antioxidant by scavenging free radicals and enhancing the cell stress response [79–81]. Relying on the antibacterial activity, a significant potency was restricted to some CADs derivatives [82,83] such as esters [81] or amides [84]. Rosmarinic acid (RA) is an example of a natural ester of CADs showing modest antibacterial potency but high antioxidant and anticancer activities (Fig. 5) [85]. As an example of saturated derivatives, phloretin and its glucoside phloridzin, isolated from *Golden Delicious* pomace, showed interesting combined antibacterial and antioxidant activities [86].

A further development consisted in uploading cinnamic acids on natural polysaccharides such as chitosan [87]. Unfortunately, the conjugate CADs-chitosan showed lower values of antioxidant activity (DPPH IC₅₀ in the range 135–230 µg/mL) than CADs alone (data in Fig. 5). Considering the antibacterial activity against *S. aureus* strains and foodborne pathogens, some interesting excerpt data of CADs-chitosan conjugates are: MRSA MIC range 32–128 µg/mL, MSSA MIC range 16–64 µg/mL, and *Bacillus subtilis* MIC range 2–64 µg/mL.

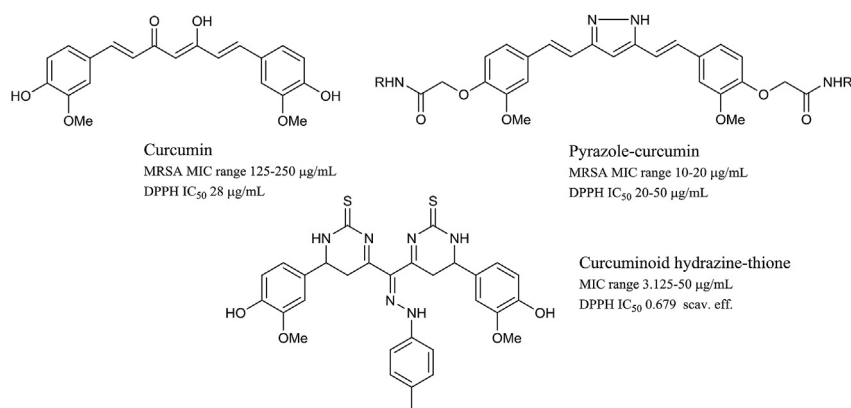


Fig. 4. Curcumin and curcuminoid derivatives.

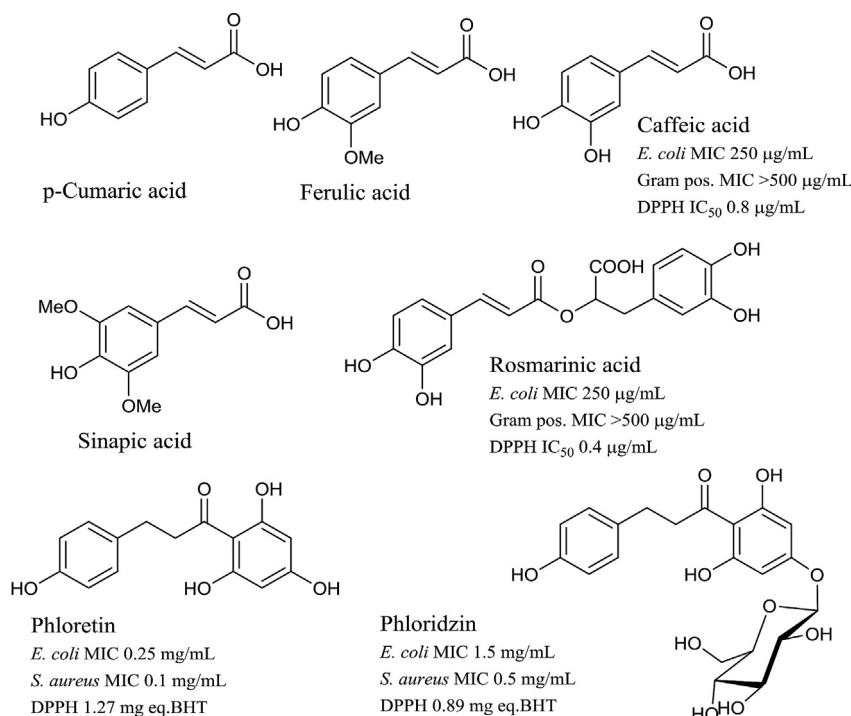


Fig. 5. Selected natural cinnamic acids and derivatives.

The term 'chlorogenic acids' (CGAs) or acylquinic acids encompasses a large group of naturally-occurring compounds that are mainly synthesized in planta by esterification of hydroxycinnamic acids with 1*L*-(–)-quinic acid (Fig. 6). Subgroups of acylquinic acids are constituted by several regio-isomers that are defined by the number and identity of the constituent hydroxycinnamic acid [88] (Fig. 6). Many plants produce acylquinic acids in which esterification occurs at positions 3, 4 and 5 of the quinic acid moiety and multiple isomers usually co-exist, but chlorogenic acid is one of the most abundant among caffeoylquinic acid isomers.

Acylquinic acids are widespread dietary components being found, for instance, in coffee, cherries, blueberries, aubergines, apples, oregano, spearmint, chicory and sunflower seeds. Coffee beverages, rather than fruits and vegetables, are probably the main dietary source of CGAs for many people, being readily attained intakes of 1 g per day. Chlorogenic acids are important and biologically active dietary polyphenols, playing several important and therapeutic roles. Acyl-quinic acids are frequently referred to powerful antioxidants [89] and caffeoyl-quinic acids demonstrated

both inhibitory effects on carcinogenesis in the large intestine, liver, tongue, and protective effects against oxidative stress *in vivo* [90]. Other important biological activities were reported as hepato-protective, cardio-protective, anti-inflammatory, antipyretic, neuroprotective, anti-obesity, antiviral, anti-microbial, anti-hypertension, free radicals scavenger, and central nervous system (CNS) stimulator [88,90]. In addition, CGAs could modulate lipid and glucose metabolism in both genetically and healthy metabolic-related disorders [91]. CGA displays also various antimicrobial effects which makes it suitable as an ideal preservative and food additive. Studies have indicated that CGA has bactericidal effects against *Stenotrophomonas maltophilia* resistant to trimethoprim/sulfamethoxazole, *Klebsiella pneumoniae*, *Helicobacter pylori*, *Escherichia coli*, *Staphylococcus epidermidis*, and *Staphylococcus aureus* [88]. Fiamegos et al. [92] observed a potentiation of some common antibacterial agents against MRSA by 4,5-O-dicaffeoyl-quinic acid which, as an efflux pump inhibitor, possesses a potential capacity of targeting efflux systems in resistant bacteria.

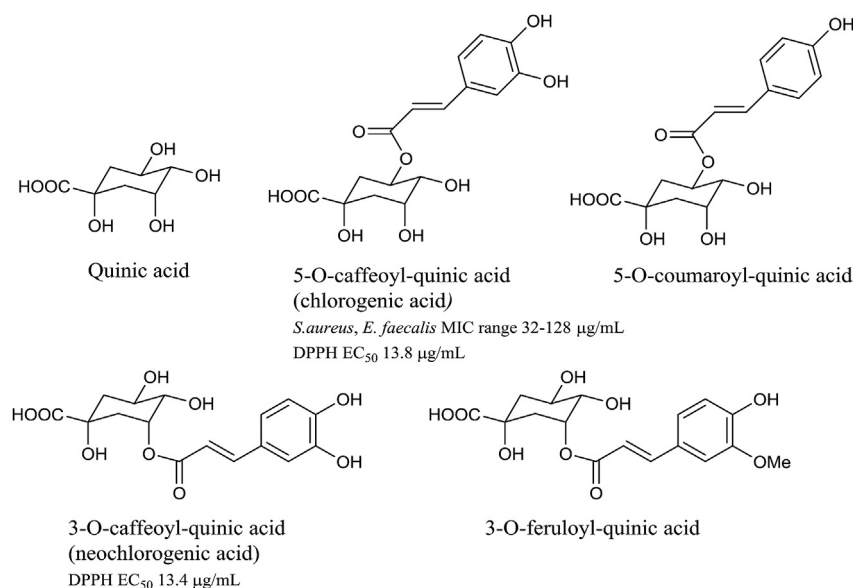


Fig. 6. Selected examples of chlorogenic acids.

2.6. Triterpenoid acids

Triterpenoids belong to terpenoids (also known as isoprenoids), the largest group of natural products [93]. These compounds consist of six isoprene units and can be isolated from many different plant sources. Betulin, betulinic acid and ursolic acid (triterpenoids) are found in fruits and have been reported to possess several pharmacological activities including antibacterial, antiviral, anti-HIV, antitumor and antioxidant. Oloyede et al. pointed to the involvement of ROS generation for inducing bacterial lethality with betulinic acid and ursolic acid [94] (Fig. 7). Ursolic acid is present in many medicinal plants, such as *Rosmarinus officinalis*, or in aerial parts of *Sambucus australis*, and it is isolated also from apple peeling. Its derivatives have been outlined as possessing antibacterial, antioxidant, anticancer, and anti-ulcer potentials [95–97]. The antibacterial properties of this pentacyclic triterpene and its analogs have been extensively studied and found to be related to their ability in enhancing bacterial susceptibility to antibiotics [97,98]. It was also demonstrated that ursolic acid, as resveratrol and curcumin, is able to inhibit MRSA biofilm production [60].

2.7. Coumarins

Coumarins comprise a very large class of compounds found throughout the plant kingdom. They are present at high levels in some essential oils, particularly cinnamon bark oil, cassia leaf oil and lavender oil, but also in fruits (e.g. bilberry, cloudberry), green

tea and other foods such as chicory [99,100]. Even if coumarin itself has a very low antibacterial activity, some derivatives as coumarinyl pyrazoles [101] and amino derivatives of 4-hydroxycoumarins [102] showed antioxidant and modest antibacterial activities (Fig. 8). The endophytic fungus *Alternaria* sp. Samif01 isolated from *Salvia miltiorrhiza* Bunge produced some bioactive compounds, including dibenzo- α -pyrones that could be considered a sort of benzocoumarins. Some of these isolated compounds showed a low antibacterial activity but appreciable antioxidant effects in hydroxyl radical assays [103].

2.8. Mollugin

Mollugin is one of the major chromenes isolated from *Rubiaceae* species such as *Putoria calabrica* and *Rubia cordifolia*, a medicinal plant used in China and India possessing anti-hemorrhage, anti-mutagenic, and antiviral activities and used for the treatment of a range of conditions including arthritis, rheumatism and menstrual pain. The natural compounds mollugin and furomollugin showed very poor or null antibacterial activity, whereas the acid of mollugin (Fig. 9) showed potency similar to ciprofloxacin [104]. Synthetic analogs of furomugillin bearing a dihydronaphtho-furan skeleton displayed equipotential activity against *E. coli* and *S. aureus* strains compared to the standard drug Ampicillin (MIC = 0.5–2 $\mu\text{g/mL}$) together with a potent antioxidant activity as DPPH scavengers (IC_{50} = 3.3–22.7 $\mu\text{g/mL}$) [104–106].

3. New dual active molecules by design and synthesis

Our understanding of the pathogenesis of diseases has advanced enormously in recent decades. However, many pathologies are multifactorial and cannot be treated acting on a single biological target, since they depend on multiple genetic factors, and sometimes also on environmental aspects. Drugs hitting a single target may be thus inadequate for the treatment of diseases like neuro-degenerative syndromes, diabetes, cardiovascular diseases, and cancer, which involve multiple pathogenic factors [107]. In order to gain multi-targeting in a single therapy solution, two approaches are possible: the selection of molecules with inbuilt capacity to act on two or more targets, and/or the combination of two or more

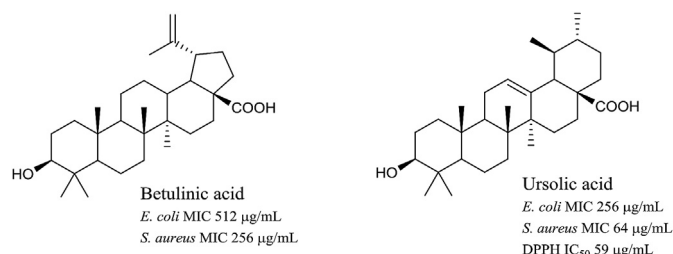


Fig. 7. Natural triterpenoids: betulinic and ursolic acids.

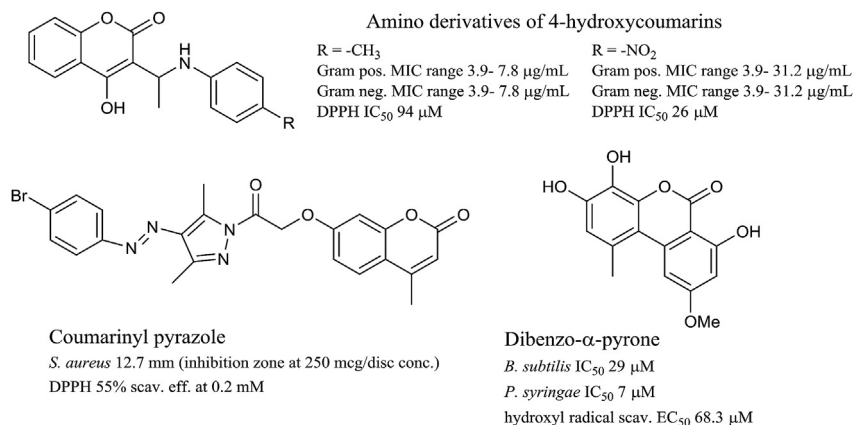


Fig. 8. Selected coumarin derivatives.

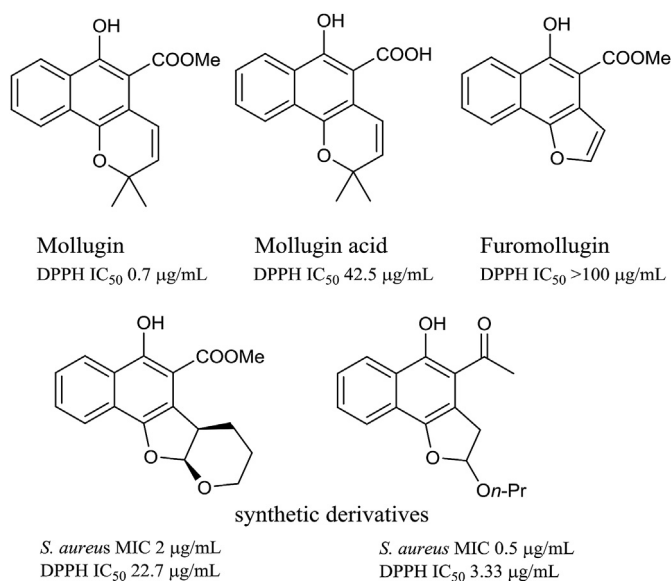


Fig. 9. Natural and synthetic mollugin.

pharmacophores in a single hybrid molecule obtained exclusively by design and synthesis [108]. Not surprisingly, the considerable number of multi-target derivatives described in the last ten years points out the growing confidence that this new approach could lead to better therapeutic solutions for Alzheimer, Cystic Fibrosis and other complex multigenic diseases [109].

This section focuses on some examples of synthetic compounds combining in one structure antioxidant and antibacterial activities as two synergistic pharmacological properties that could provide new promising leads useful in adverse clinical conditions.

3.1. Beta-lactam based compounds

A valuable contribution in design and synthesis of new multi-target compounds could arise in the development of dual-active molecules effective as antioxidant and antibacterial agents in the treatment of chronic infections such as those developed in cystic fibrosis patients. In these patients high levels of systemic oxidative stress have been documented over the years [110], possibly leading to airways inflammation and to a progressive epithelial tissue damage [111]. In infectious conditions, the production of reactive oxygen species by activated neutrophils represents an important

mechanism to kill bacteria but, whereas in healthy individuals it is properly counteracted by endogenous antioxidants agents [110], in CF patients the defense systems are ineffective and an increased production of ROS may be associated with cell dysfunctions and disease progression [14].

In this context, a series of new monocyclic beta-lactams were successfully realized. The molecular structure of the derivatives is characterized by the presence of an alkylidene carboxyl chain or an electron-withdrawing group at the C4 position of the ring, and *N*-unsubstituted and *N*-thiomethyl scaffolds were compared (Fig. 10) [112]. An early library of the beta-lactam compounds presented an acetoxy group in C4 and was armed with polyphenolic side chains in order to activate the antioxidant activity which was evaluated by Briggs –Rauscher and TEAC tests. Few polyphenolic beta-lactams were also submitted to cell testing for the inhibition of ROS production in myoblast H9c2 cells [113]. The heart shows indeed a higher susceptibility to oxidative stress than other organs, such as liver for instance, because of a lower activity of antioxidant enzymes. So, it should be hypothesized that the administration of dual-active agents could have a synergic effect in counteracting cardiac oxidative stress that is one of the main consequences of sepsis. The scope of the previously developed compounds was later on broadened by functionalizing the antibacterial-core structure with an alkylidene chain at the C4 position of the beta-lactam ring, and polyphenolic moieties from some plant-derived benzoic and cinnamic acids on the C3 position [114,115].

Concerning antibacterial activity, the 4-alkylidene-azetidinones show a significant potency against Gram-positive pathogens [116]. The enhanced activity could be due to the carbon-carbon double bond directly linked to the ring which confers indeed an increased aptitude toward ring-opening reactions by suitable bacterial enzymes. The specific design of the new derivatives arose from the observation that the 4-alkylidene function with a (*Z*) stereochemistry favors the biological activity if compared to (*E*) stereoisomers and that the presence of a benzyl ester strongly improved the potency compared to the ethyl ester or the carboxylic acid [112]. The combination of an *N*-SMe and an acetoxy group on the C4 position of the beta-lactam ring was found to enhance the potency against Gram-positive bacteria [112]. Derivatives with this structure were furthermore loaded on nanocrystals of hydroxyapatite for the obtainment of new functional biomaterials with enhanced antibacterial activity against resistant *Staphylococcus aureus* strains obtained from surgical bone biopsies [117].

In Fig. 10 are reported some examples of beta-lactams displaying the combined dual activity: in *N*-SMe-4-acetoxy beta-lactams **1a-c**, the phenolic residue on the hydroxyethyl-side chain allowed the

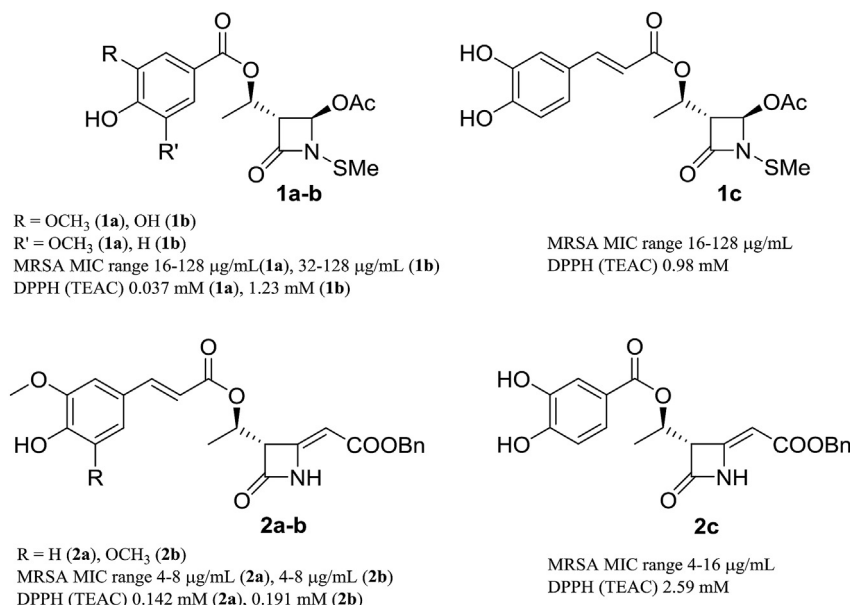


Fig. 10. New dual active beta-lactam derivatives by design and synthesis to have antibacterial and antioxidant activities.

antioxidant potency conjugated with encouraging antibacterial activities [114]. Coupling a phenolic ester with *N*-methylthio-4-alkylidene-beta-lactams resulted in inactivation [114], hence showing the need for an unsubstituted NH group on the beta-lactam ring.

As a general trend, to activate the antioxidant potency of the tested compounds to a significant extent, the presence of two or three phenolic OH groups is necessary, and the OH group on the C(3) of the phenyl ring considerably improved the activity [113]. It was found out that polyhydroxy-benzoates of beta-lactams presented a minor antioxidant activity if compared with simple polyhydroxy-benzoates methyl esters, probably due to steric hindrance [113]. Because of this issue, the linkage between the aromatic ring and the beta-lactam scaffold was extended by the insertion of a hydroxycinnamic moiety thus allowing a greater exposure of the phenolic OH residues that enhanced the antioxidant potency without affecting the antibacterial activity. As a result, some novel compounds (**2a-c**) with a better antibacterial activity against multidrug-resistant *S. aureus* strains from CF clinical isolates (MIC ranges from 4 to 16 µg/mL) and a considerable antioxidant potency have been achieved [115].

3.2. Quinolines and dihydroquinolines

Heterocyclic compounds containing quinoline nucleus are known to possess diverse pharmacological properties such as antioxidant, antibacterial, antiviral, antitumor and anti-inflammatory [118–123]. In 2009 it was reported [124] a new class of 2-mercapto/2-selenobenzo[h]quinoline-3-carbaldehydes (**3a-b**) as dual-active compounds. These molecules have a quinoline ring system and an intramolecularly stabilized organoselenium or sulfur residue, recently discovered as playing an important role in the catalytic antioxidant activity [125]. Since it has been suggested that quinolines can also prevent free radical production in Fenton reaction [126] and react with free radicals in order to protect DNA from oxidative damage, antibacterial and antioxidant potentials of the newly designed scaffolds were evaluated. They resulted in the strong antioxidants in scavenging tests against various *in vitro* antioxidant systems (scavenging effect over superoxide

anion, hydrogen peroxide and DPPH). In antibacterial assays against six different pathogens, the more significant MIC value was obtained for Gram-positive *S. aureus* and *Streptococcus pyogenes* bacterial strains (Fig. 11). Furthermore, wound healing and DNA binding activities were also studied, ranking these derivatives as interesting antibacterials, antioxidants, and wound healing agents.

In this contest, it is worth mentioning also a new series of *N,N'*-dialkyl substituted-1,4'-diaz-flavonium bromides containing quinoline nucleus [127]. *N*-Alkyl and *N,N'*-dialkyl derivatives of diazflavones have been reported to have antimicrobial and antibacterial activities [124]. This new class turned out to be active against six different bacterial strains and in particular a single derivative displayed a similar high potency against both Gram positive and Gram negative *S. aureus* and *Pseudomonas aeruginosa* with a MIC value of 7.8 µg/mL (Fig. 11). Also antioxidant activities in DPPH scavenging tests were remarkable. As a general structure-activity relationship, both biological potencies decreased with longer alkyl chain length on the nitrogen atoms, with the best candidate of the series (**4a**) bearing a hexyl residue.

3.3. Piperidine-hydrazides

The piperidin-4-one nucleus cover a special place in medicinal chemistry, representing a widely present substructure in natural alkaloids. It exhibits a broad spectrum of biological activities, ranging from antibacterial to anticancer. Furthermore, many researchers have focused on modifying the piperidin-4-one

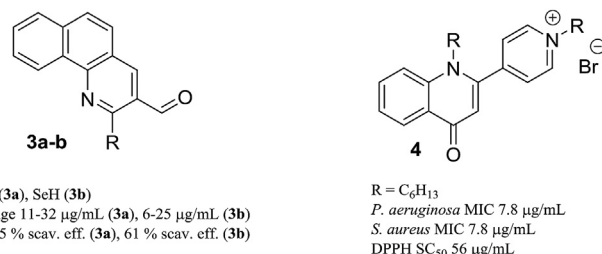
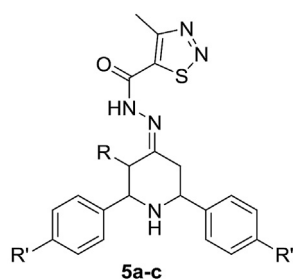


Fig. 11. Dual active quinoline and dihydroquinoline derivatives.

pharmacophore in order to obtain better biological properties [129–131]. In particular, the addition of a hydrazide into the piperidin-4-one scaffold to produce the corresponding hydrazones resulted in compounds with promising antioxidant, anticancer, antifungal, and antimicrobial activities [128]. Hydrazide/hydrazone derivatives, in fact, received particular attention in medicinal chemistry field as a result of their effective contribution to antimicrobial, antitubercular, and anticonvulsant properties [130,131–134]. Among the newly synthesized library, those derivatives possessing *p*-fluoro substituents at aryl ring in the piperidine moiety (Fig. 12, **5a–b**) displayed enhanced inhibitory effects against different bacterial strains (*B. subtilis*, *P. aeruginosa*, *K. pneumoniae*, *S. aureus*, and *E. coli*) with MIC values range of 3.12–25 µg/mL. The same derivatives exhibited also a considerable antioxidant potency in scavenging tests (DPPH, ABTS, hydroxyl, nitric oxide, and superoxide). In the series, compounds possessing electron-donating substituents at the para position of the phenyl ring showed better radical scavenging effects compared to those possessing electron-withdrawing halogen atoms, despite a decreased antibacterial potency (**5c**).

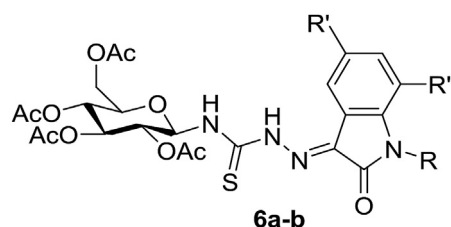
3.4. Isatin-thiosemicarbazones

Thiosemicarbazones possess various biological activities, including antituberculosis, antimicrobial, antibacterial, anticancer, antifungal, and antioxidant [135–141]. Thiosemicarbazone compounds with an isatin moiety display also other types of biological properties, such as antiviral, antibacterial, anticancer, anticonvulsant and antidepressant activity [142–144]. As an example, methisazone was described as one of the first clinically used synthetic antiviral agent for treatment of smallpox [140]. Moreover, thiosemicarbazone derivatives containing monosaccharide moieties have shown a remarkable antimicrobial and antioxidant activities both *in vivo* and *in vitro* [140,141]. According to this, a new class of thiosemicarbazones containing simultaneously monosaccharide and isatin moieties has been reported [145] and evaluated against *in vitro* antibacterial and *in vivo* antioxidant activities (Fig. 13). For Gram-positive bacteria (*B. subtilis*, *S. aureus* and *S. epidermidis*), thiosemicarbazones with halogen substituents had the higher inhibition ability with MIC range values of 1.56–6.25 µg/mL (**6a**). For Gram-negative bacteria instead (*Enterobacter* spp., *E. coli*, *P. aeruginosa* and *K. pneumoniae*), derivatives having alkyl substituents at the *N*-position exhibited the strongest activity (MIC = 12.5 µg/mL, **6b**). In the *in vivo* antioxidant assays, most of the compounds of the library displayed an extremely considerable activity, higher than the standard resveratrol, showing a significant elevation of free radical scavenging enzyme activities such as superoxide dismutases (SOD), catalase and glutathione peroxidase.



R = CH₃ (**5a**), CH₂CH₃ (**5b–5c**)
R' = F (**5a–b**), OCH₃ (**5c**)
MIC range 3.12–6.25 µg/mL (**5a**), 6.25–25 µg/mL (**5b**), 50–100 µg/mL (**5c**)
DPPH IC₅₀ 11.82 µg/mL (**5a**), 12.87 µg/mL (**5b**), 3.03 µg/mL (**5c**)

Fig. 12. Dual-active piperidone-hydrazides.



R = H (**6a**), *n*-Bu (**6b**)
R' = Br (**6a**), H (**6b**)
MIC Gram neg. 12.5 µg/mL (**6b**)
MIC Gram pos. 1.56 µg/mL (**6a**)
SOD 10.89 unit/mg protein (**6a**), 9.89 unit/mg protein (**6b**)

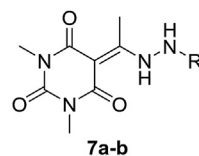
Fig. 13. Dual active isatin-thiosemicarbazones.

3.5. Barbiturates

Barbiturates and thiobarbiturates are well-known compounds since the commercialization of benzodiazepines in the 1960s [146], but more recently this class of compounds attracted attention to medicinal chemists due to the discovery of a wide panel of biological activities as enzyme inhibitors (xanthine oxidase), as well as antibacterial, anticancer, antiangiogenic, antifungal, and antioxidant agents [147–152], most of them associated to several structural changes at diverse positions. Therefore, in search for new active compounds with these scaffolds, it was described the synthesis and the *in vitro* biological evaluation of some new 1,3,5-trisubstituted barbiturates and thiobarbiturates where position 5 was functionalized with methylene, benzylidene and methyl moieties [153] (Fig. 14). These very recent derivatives were evaluated as xanthine oxidase inhibitors, as antibacterial agents against several Gram-positive and Gram-negative strains and as antioxidant compounds in standard DPPH radical scavenging tests. Among these, 5-hydrazinylethylidenepyrimidines showed a radical scavenging ability superior to the one observed with Trolox (**7a–b**). In addition, these pyrimidines exhibited a relevant and selective antibacterial activity, (in particular molecule **7b** bearing a *p*-nitrophenyl moiety bound to the hydrazine group), against *A. baumannii*, a carbapenem-resistant Gram-negative bacteria pointed out from the World Health Organization as one of the critical pathogens in priority list for the development of new antibacterial agents [154].

3.6. Indolophanes and 3-substituted indoles

It is well known that the indole moiety is a bioactive nucleus present in diverse natural products [155,156]. Even if indole-based cyclophanes are not so frequently reported [157], these systems are encountering attention during recent times due to their biological applications. Furthermore, *N*-arylindoles represent an important class of pharmacophores with a wide variety of bioactivities, such as antiestrogenic, analgesic, antiallergy, cyclooxygenase (COX)-1



R = C₆H₅ (**7a**), 4-NO₂C₆H₄ (**7b**)
A. baumannii MIC 25 mg/mL (**7a**), 12.5 mg/mL (**7b**)
DPPH IC₅₀ 22.6 scav. eff. (**7a**), 23.9 scav. eff. (**7b**)

Fig. 14. Dual active barbiturates.

inhibitory, and anti-HIV-1 activity [158–162]. Rajakumar et al. reported in 2014 some novel ethylenophanes which were tested for *in vitro* antioxidant and antibacterial activities [163]. Among these compounds, a derivative in particular (**8**) exhibited antibacterial *versus* Gram-positive and Gram-negative, and antioxidant properties similar to that of reference compounds such as streptomycin and ascorbic acid respectively (Fig. 15), resulting in a potential lead for the development of drugs with an interesting dual-activity.

A recent work by Sharma et al. [164] reported on the *in vitro* antioxidant, antibacterial, and antibiofilm properties of combined molecules including indole and 2-naphthol scaffolds. A series of diverse 3-naphthylindoles was obtained and most of the derivatives showed strong antioxidant properties in DPPH scavenging tests and an interesting antibacterial activity against common bacterial pathogens. Two of the more potent compounds exhibiting a potent dual-activity (**9a-b**) are reported in Fig. 15.

3.7. Triazoles

Even though 1,2,3-triazoles are not found in nature, there is evidence that synthetic molecules based on this moiety exhibited various biological activities, such as antifungal [165], antimicrobial [166], antiviral [167], and anti-tuberculosis [168]. Very recently, a series of new triazole-chalcones was obtained and further functionalized at the unsaturated carbonyl segment into various heterocyclic compounds as isoxazolines, pyrazoles, pyrimidines, and cyanopyridines [169]. The novel derivatives were screened for the antibacterial activity against *Pseudomonas aeruginosa*, *E. coli*, *S. aureus* and *Bacillus subtilis* and assayed in DPPH radical scavenging tests for evaluating the antioxidant potency. Within the modified compounds, only that presenting a pyrimidine (**10**) scaffold showed a discrete dual-activity, in particular, it disclosed a promising free radical scavenging ability and a good antibacterial activity, more potent towards Gram-positive bacteria i.e. *Bacillus subtilis* (Fig. 16).

In another recent work, Srinivas et al. [170] designed some 1,4-disubstituted 1,2,3-triazoles combined with a 2*H*-chromene-3-tetrazole scaffold (Fig. 16, **11**). 2*H*-chromene system occupies a unique position in natural and synthetic compounds, for the antimicrobial [171], anti-inflammatory [172], antimalarial [173], and anticancer properties [174]. The novel 2*H*-chromene-3-tetrazole derivatives were screened for *in vitro* antioxidant activity using DPPH radical, H₂O₂ scavenging, and iron chelating methods and also evaluated for *in vitro* antibacterial activities against *E. coli* and *S. aureus* bacterial strains. From the biological assays, compound **11** having unsubstituted benzyl group in the triazole fragment emerged for its potent antibacterial activity with a MIC value lower than the standard Ciprofloxacin and a considerable DPPH radical scavenging activity (Fig. 16).

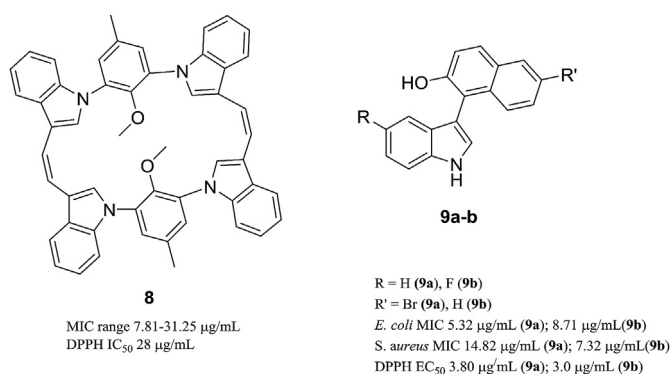


Fig. 15. Dual active indolophanes and 3-naphthylindoles.

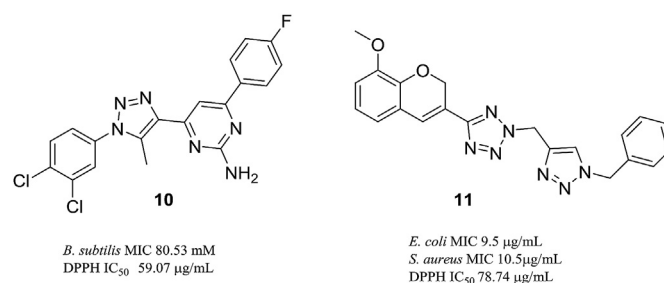


Fig. 16. Dual active triazoles.

4. Conclusions

The continued emergence of single and multiple antibiotic-resistant bacterial strains is one of the most important societal issues today. With the globally escalating incidence of multi-drugs infections, especially those caused by methicillin- and carbapenem-resistant superbugs, there is a need to restock our antibiotic arsenal and stay ahead of these pathogens.

It was reported that oxidative stress could contribute to the selection of resistant bacterial strains, since ROS revealed to be an essential driving force [3–5], even if the involvement of oxidative stress in the mechanism of antibiotic-mediated cell death is unclear and subject to debate [6]. In this context, molecules that combine two activities in the same structure, the antibacterial and the antioxidant, could be a possible answer to the urgent need for new antibacterial agents.

Structural diversity is a striking feature of natural products accounting for their lasting importance in drug discovery. Several plant-derived products, especially the class of phenols or polyphenols, show the two coupled antibacterial and antioxidant activities. Despite a high level of antioxidant potency, the antibacterial activity is sometimes modest; nevertheless, synergistic effects were observed when some natural phenols were associated with common antimicrobial drugs thus exhibiting an improved antibacterial activity. Moreover, the potentiating capacity of some natural compounds due to the anti-biofilm effect could also contribute in eradicating bacterial colonies. These properties could markedly take part in diminishing virulence for bacterial contamination or detrimental oxidative effects of materials and aqueous solutions in several fields such as the medical, food, and cosmetic industries.

Close to natural products, some selected examples of new compounds obtained by design and synthesis with an in-built capacity to act as antioxidants and antibacterials were reported. Some molecules present a combination of two pharmacophores built on the same structure which account for both the activities, as in the case of monocyclic beta-lactams bearing on a side chain a natural polyphenol moiety. This approach led to the development of molecular hybrids by fusing different biologically active agents into one molecule with the hope of retaining the biological actions of the constituent fragments [175]. The hypothesis of dual-active hybrids integrates the working concept of suppressing drug resistance evolution by presenting a molecular agent (instead of two) with a single pharmacokinetic profile. Moreover the integration of two pharmacophores in one molecule to get dual active agents may enhance the efficacy or even impart a new mechanism of action to the resulting hybrid agent. Hybridization of synthetic scaffolds with natural antioxidant components for generating new active molecules might be the future of antibacterial drug discovery combating drug-resistant pathogens.

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